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1 **Sex-Specific Effects of Maternal and Postweaning High-Fat Diet on Skeletal Muscle**  
2 **Mitochondrial Respiration**

3

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5

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17

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26 **Abstract**

27 Exposure to maternal over-nutrition in utero is linked with developmental programming of  
28 obesity, metabolic syndrome, and cardiovascular disease in offspring, which may be  
29 exacerbated by postnatal high-fat diet. Skeletal muscle mitochondrial function contributes to  
30 substrate metabolism, and is impaired in metabolic disease. We examined muscle  
31 mitochondrial respiration in male and female mice exposed to maternal high-fat (HF) diet in  
32 utero, followed by postweaning HF diet until middle-age. After in utero exposure to maternal  
33 control (Con) or HF diet (45% kcal fat; 39.4% lard, 5.5% soybean oil), offspring were weaned to  
34 Con or HF, creating four groups: Con/Con (male/female, n=8/8), Con/HF (m/f, n=7/4), HF/Con  
35 (m/f, n=9/6), HF/HF (m/f, n=4/4). Oxidative phosphorylation (OXPHOS) and electron transfer  
36 system (ETS) capacity were measured in permeabilized gastrocnemius bundles. Maternal HF  
37 diet increased fasting glucose and lean body mass in males, and body fat percentage in both  
38 sexes ( $p \leq 0.05$ ). Maximal ADP-stimulated respiration (complex I OXPHOS) was decreased by  
39 maternal HF diet in female offspring (-21%,  $p=0.053$ ), but not in male (-0%,  $p > 0.05$ ). Sexually  
40 divergent responses were exacerbated in offspring weaned to HF diet. In females, OXPHOS  
41 capacity was lower (-28%,  $p=0.041$ ) when weaned to high-fat (HF/HF) vs. control diet (HF/Con).  
42 In males, OXPHOS (+33%,  $p=0.009$ ) and ETS (+42%,  $p=0.016$ ) capacity increased. Our data  
43 suggest that maternal lard-based HF diet, rich in saturated fat, affects offspring skeletal muscle  
44 respiration in a sex-dependent manner, and these differences are exacerbated by HF diet in  
45 adulthood.

46

47 **Keywords:** fetal programming, developmental programming, oxidative phosphorylation,  
48 respirometry, sexual dimorphism

49

## 50 **Introduction**

51           The worldwide prevalence of obesity has nearly doubled since 1980 <sup>1</sup>, making it a global  
52 public health concern. Among the world's obese adults, women account for a greater proportion  
53 of cases (15% vs. 11% in men) <sup>1</sup> and this trend is projected to continue <sup>2,3</sup>. In the United  
54 States, one-third of adult women are obese <sup>4</sup> and approximately one in five women are obese  
55 during pregnancy <sup>5</sup>. Obesity at conception and throughout pregnancy not only increases the  
56 risk of adverse events during labor and delivery <sup>6</sup>, but also programs long-term consequences  
57 on offspring health <sup>7,8</sup>. The developmental programming hypothesis proposes that the  
58 intrauterine environment modulates fetal development, thereby affecting offspring healthspan <sup>9</sup>.  
59 In animal models and human studies, in utero exposure to maternal over-nutrition is linked to a  
60 greater propensity for obesity, metabolic syndrome, and cardiovascular disease in the offspring  
61 <sup>10-13</sup>. Rodent studies also demonstrate that exposure to a high-fat diet during postweaning  
62 exacerbates these programmed disease phenotypes <sup>11, 14-16</sup>.

63           A primary feature of metabolic disease is impairment of mitochondrial function. The  
64 extent to which maternal obesity programs offspring mitochondrial function has been studied in  
65 several tissues important to fetal growth, reproduction, and metabolism including the placenta <sup>17-</sup>  
66 <sup>19</sup>, ovaries <sup>20</sup>, heart <sup>14,21</sup>, liver <sup>22</sup>, and skeletal muscle <sup>23,24</sup>. Skeletal muscle, comprising the  
67 majority of body mass in healthy adults and the tissue compartment with the widest span of  
68 metabolic activity, is a key contributor to substrate metabolism. When challenged with a high-fat  
69 diet, healthy skeletal muscle will preferentially oxidize fatty acids <sup>25</sup>. Adaptation to lipid overload  
70 through enhanced oxidation minimizes lipid peroxidation and accumulation of ectopic lipids  
71 within muscle, which interfere with insulin signaling and mitochondrial function <sup>26</sup>. The flexibility  
72 that enables this adaptation to substrate availability is mediated to a significant degree by  
73 mitochondria <sup>27</sup>. Specifically, skeletal muscles expressing high mitochondrial oxidative capacity,  
74 as seen in physically active or endurance trained individuals, are associated with an enhanced

75 ability to increase lipid oxidation use when challenged by lipid overload<sup>28</sup>. In offspring of obese  
76 mothers on the other hand, maternal programming of metabolic disease can be passed through  
77 aberrant oocyte mitochondria, to express in muscles across at least 3 generations<sup>29</sup>. Muscle  
78 protein expression of respiratory chain complexes I-V are lower in offspring of mothers fed a  
79 high-fat diet, and bioinformatics revealed downregulation of pathways associated with oxidative  
80 phosphorylation (OXPHOS), electron transport system (ETS), and ATP synthesis<sup>24, 30</sup>. Under  
81 these conditions, it is a strong possibility that OXPHOS capacity could be compromised.  
82 However, there is limited data on the impact of maternal obesity and postnatal diet on skeletal  
83 muscle mitochondrial function. We are aware of only a single report that examined maternal  
84 and postweaning high-fat diet effects on in situ muscle mitochondrial respiration<sup>31</sup>, which found  
85 no effect of maternal diet in male offspring at postnatal day 70. However, the impact on offspring  
86 of either sex exposed to longer-term high-fat diet was not explored.

87         Recently, sex has received renewed attention as a biological variable of importance<sup>32</sup>.  
88 Evidence suggests that the programming effect of maternal obesity on cardiovascular  
89 impairments in the offspring depends on sex<sup>33</sup>. Given that inheritance of the mitochondrial  
90 genome is exclusively via the female parent, maternal mitochondrial dysfunction may translate  
91 to programmed alteration in mitochondrial ETS expression<sup>24, 29</sup> or mitochondrial function. We  
92 therefore aimed to evaluate skeletal muscle mitochondrial function in male and female mice  
93 born to high-fat fed dams and then weaned to a high-fat diet into middle-age.

94

## 95 **Methods**

### 96 Animals and design

97         This investigation was a sub-study of a larger experiment on the effects of maternal diet  
98 and postweaning on obesity in male and female mice. Female C57BL/6J weanling mice from

99 Jackson Laboratory were fed either a high-fat diet (HF, 45% kcal fat; 39.4% lard, 5.5% soybean  
100 oil; Research Diet D12451; N=12) or a control diet (Con, 10% kcal fat, D12450H; N=12) (Fig. 1).  
101 The nutrient composition of the diets is shown in Table 1. The HF diet contains lard rich in  
102 saturated fat to promote obesity and metabolic disease. At 11 weeks of age when mating  
103 occurred, HF females were significantly heavier than control females (HF  $25.0 \pm 1.5$  vs. Con  
104  $19.1 \pm 1.1$  g,  $p \leq 0.05$ ). Pregnancy was confirmed in N=10 HF females and N=12 control females.  
105 The respective diets were maintained during pregnancy and lactation. Following spontaneous  
106 delivery, litter size was standardized to 3 males and 3 females (to normalize nursing). At 3  
107 weeks of age, 1 male and 1 female per litter were weaned to a HF diet and 2 males and 2  
108 females to a control diet, resulting in four study groups based on maternal/offspring diet:  
109 Con/Con, Con/HF, HF/Con, HF/HF (Fig. 1). At 3 weeks of age, male and female offspring of HF  
110 dams had an average  $\sim 3$  g/d greater food intake than offspring of Con dams; this increased to  
111  $\sim 5$  g/d greater food intake at 1 year. At one-year of age, 1 male and 1 female offspring from  
112 each litter were euthanized by isoflurane overdose. Body composition and fasting glucose was  
113 assessed in N=6 from each group. All mitochondrial function assays were performed within 4  
114 hours of euthanasia, leaving 4-8 viable muscle samples in each group at the time of assay.  
115 One male Con/Con mouse was not assessed due to disease, and two other mice (one HF/Con  
116 male and one HF/Con female) were excluded due to quality control of the mitochondrial  
117 preparation.

118 Following removal of the vital organs, hindlimb skeletal muscles were isolated and the  
119 medial gastrocnemius placed immediately into ice-cold preservation buffer (BIOPS: 2.77 mM  
120  $\text{CaK}_2\text{EGTA}$ , 7.23 mM  $\text{K}_2\text{EGTA}$ , 5.77 mM  $\text{Na}_2\text{ATP}$ , 6.56 mM  $\text{MgCl}_2 \cdot 6\text{H}_2\text{O}$ , 20 mM Taurine, 15  
121 mM  $\text{Na}_2\text{PCr}$ , 20 mM Imidazole, 0.5 mM DTT, 50 mM MES hydrate) for in situ analysis of  
122 mitochondrial function. This muscle contains a mixed fiber type composition and has been  
123 previously used to investigate mitochondrial respiratory function in mouse studies of HF diet and

124 metabolic disease<sup>34</sup>. All procedures were approved by the Animal Care and Use Committee at  
125 Los Angeles Biomedical Research Institute at Harbor-UCLA Medical Center.

### 126 Body composition

127 Body composition was assessed under anesthesia (ketamine 100 mg/kg body mass and  
128 xylazine 10 mg/kg body mass) in 1-year old offspring by dual x-ray absorptiometry (DXA, QDR  
129 4500A, Hologic, Bedford, MA). Body mass, lean body mass, and body fat was determined  
130 using small animal software program. Each scan lasted approximately one minute.

### 131 Fasting blood glucose

132 After an overnight fast, blood was collected from 1-year old offspring at sacrifice via  
133 cardiac puncture and blood glucose was measured using a Hemocue B-glucose analyzer  
134 (HemoCue Inc., Mission Viejo, CA).

### 135 Mitochondrial respiration

136 Mitochondrial respiration was measured in a total of 110 fiber bundles from the medial  
137 gastrocnemius at 37°C in the oxygen concentration range of 550-350 nmol/ml using high-  
138 resolution respirometry (O2k, Oroboros, AT). After isolation from the hindlimb, the medial  
139 gastrocnemius was placed in a petri dish containing ice-cold BIOPS media and mechanically  
140 separated into duplicate fiber bundles (~4-6 mg each) using sharp forceps under a dissecting  
141 microscope. Fiber bundles were then permeabilized in BIOPS containing saponin (50 µg/ml) for  
142 20 min and subsequently washed in respiration medium (MiR05) on ice for 10 min (MiR05: 0.5  
143 mM EGTA, 3 mM MgCl<sub>2</sub>, 60 mM K-lactobionate, 20 mM taurine, 10 mM KH<sub>2</sub>PO<sub>4</sub>, 20 mM  
144 HEPES, 110 mM Sucrose, and 1g/l BSA, pH 7.1). After washing, samples were blotted dry on  
145 filter paper and weighed before being placed into the respirometer chambers. OXPHOS and  
146 electron transport system (ETS) capacity were assessed using a substrate-uncoupler-inhibitor-  
147 titration protocol<sup>35</sup> that consisted of the following sequential injections at saturating

148 concentrations: 1) 2 mM malate, 10 mM glutamate, and 2.5 mM ADP to achieve maximal ADP-  
149 stimulated respiration from maximal electron flux through complex I i.e. complex I OXPHOS; 2)  
150 10 mM succinate to saturate complex II and achieve maximal convergent electron flux through  
151 both complexes I and II i.e. OXPHOS capacity or complex I+II OXPHOS; 3) 10  $\mu$ M cytochrome  
152 c to assess the integrity of the outer mitochondrial membrane i.e. quality of sample preparation  
153 (duplicate samples were rejected when OXPHOS increased by >15% during this step<sup>36</sup>; a total  
154 of 2 duplicate samples were rejected); 4) 2.5  $\mu$ M oligomycin to inhibit ATP synthase and  
155 evaluate non-phosphorylating LEAK respiration in the presence of high adenylates ( $L_{Omy}$ ); 5) 0.5  
156  $\mu$ M carbonylcyanide p-trifluoromethoxy-phenylhydrazone (FCCP) to assess ETS capacity; 6)  
157 0.5  $\mu$ M rotenone to inhibit complex I and calculate the complex I contribution to ETS capacity;  
158 and 7) 2.5  $\mu$ M Antimycin A to inhibit complex III and obtain residual oxygen consumption (non-  
159 mitochondrial respiration). Oxygen concentration in the respirometer chambers was maintained  
160 within the linear calibrated range (550-350 nmol/ml) using injections of 100% O<sub>2</sub> as necessary.

161 Oxygen flux for each respiratory state was expressed relative to sample weight and  
162 corrected by subtracting the residual O<sub>2</sub> consumption. Oxygen fluxes from each duplicate  
163 measurement were averaged and used for subsequent analysis. To determine the fraction of  
164 OXPHOS capacity serving LEAK respiration, the O<sub>2</sub> flux after oligomycin injection ( $L_{Omy}$ ; step 4)  
165 was divided by complex I+II OXPHOS (step 2). To calculate the contribution of complex I to  
166 maximal ETS flux, O<sub>2</sub> flux after rotenone injection (step 6) was subtracted from the maximum  
167 uncoupled respiration induced by FCCP (step 5). To calculate complex I supported ETS flux as  
168 a fraction of ETS capacity, oxidation after rotenone injection (step 6) was divided by maximum  
169 uncoupled oxidation (step 5) and subtracted from one.

#### 170 Statistical analysis

171 Data are presented as mean  $\pm$  SE. Differences were determined for each sex  
172 separately using 2-way ANOVA with factors of maternal diet (control, high-fat) and offspring

173 postweaning diet (control, high-fat). Significant interactions were followed-up with Tukey's HSD  
174 or t-test. Pearson's correlation coefficient ( $r$ ) was determined for selected variables.

175

## 176 **Results**

### 177 Phenotype of male and female offspring

178 The characteristics of 1-year old offspring are shown in Table 2. Male and female  
179 offspring of HF diet fed dams had greater body weight, increased adiposity, and lower lean  
180 mass compared to offspring of control-fed dams (main effect of maternal diet,  $p \leq 0.05$ ).  
181 Postweaning HF diet had a similar effect (main effect of postweaning diet,  $p \leq 0.05$ ). Maternal  
182 HF diet resulted in a greater fasting glucose in male offspring (main effect of maternal diet  
183  $p \leq 0.05$ ), while postweaning HF diet increased fasting glucose in both male and female offspring  
184 (main effect of postweaning diet  $p \leq 0.05$ ). Maternal diet did not affect gastrocnemius or soleus  
185 weight ( $p > 0.05$ ), but postweaning HF diet increased gastrocnemius in males (main effect of  
186 postweaning diet  $p \leq 0.05$ ) and tended to reduce it in females ( $p = 0.069$ ) (Table 3).

### 187 Maternal HF diet impaired muscle mitochondrial function in female but not male offspring

188 There tended to be a main effect of maternal diet in female, but not male offspring, with  
189 ~20% lower ADP-stimulated respiration (complex I OXPHOS) ( $p = 0.053$ ) in female offspring of  
190 HF dams compared with offspring of Con dams (Fig. 2A). Complex I+II OXPHOS and maximal  
191 ETS capacity were also ~20% lower in female offspring of HF dams, although this did not reach  
192 significance ( $p = 0.101-0.129$ ) (Fig. 2A). In male offspring, mitochondrial respiration was not  
193 affected by maternal diet (Fig. 2B). In males, postweaning HF diet increased maximal complex I  
194 OXPHOS (+33%), complex I+II OXPHOS (+33%), and ETS capacity (+42%) independently of  
195 maternal diet (main effects of postweaning diet  $p \leq 0.05$ ) (Fig. 2B).

196 Gastrocnemius weight correlated significantly with complex I+II OXPHOS ( $r=0.454$ ,  
197  $p=0.030$ ) and ETS capacity ( $r=0.471$ ,  $p=0.023$ ) in females, but there were no associations  
198 between mitochondrial function and gastrocnemius weight in males.

199 Combined maternal and postweaning HF diet impaired muscle mitochondrial function in female  
200 but not male offspring

201 Initial analyses revealed maternal diet to affect respiration in female but not male  
202 offspring. Therefore, follow-up 2-way ANOVAs were conducted on the respiration data within  
203 each maternal diet condition (maternal control, maternal high-fat) using sex and postweaning  
204 diet as factors. Interactions of postweaning diet and sex were not significant within the maternal  
205 control diet condition ( $p>0.05$ ), but were significant for maternal HF diet ( $p\leq 0.05$ ). Complex I  
206 OXPHOS was greater in HF/Con females vs. HF/Con males (+28%,  $p=0.046$ ) (Fig. 2A, B).  
207 Postweaning HF diet resulted in lower complex I OXPHOS in female offspring of HF dams  
208 (HF/HF vs. HF/Con, -28%,  $p=0.041$ ), but did not affect complex I OXPHOS in males (HF/HF vs.  
209 HF/Con, +27%,  $p=0.110$ ) (Fig. 2A, B). Together, complex I OXPHOS tended to be lower in  
210 HF/HF females compared to HF/HF males (-27%,  $p=0.081$ ). Similar patterns were seen in for  
211 complex I+II OXPHOS and ETS capacity, although these did not consistently reach statistical  
212 significance ( $p=0.035$  and  $p=0.110$  respectively). The post hoc removal of a single outlier in the  
213 Con/HF female group increased the occurrence of statistical significance in these other  
214 respiratory states. Nonetheless, complex I+II OXPHOS tended to be greater in HF/Con females  
215 vs. HF/Con males (+29%,  $p=0.052$ ) (Fig. 2A, B). Complex I+II OXPHOS tended to be less in  
216 female HF/HF vs. HF/Con (-24%,  $p=0.084$ ) but was not different in male HF/HF vs. HF/Con  
217 (+25%,  $p=0.144$ ) (Fig. 2A, B). There were no significant interaction or main effects for ETS  
218 capacity ( $p>0.05$ ) (Fig. 2A, B).

219 Postweaning HF diet increased LEAK respiration and complex I supported ETS capacity in male  
220 offspring

221 Oligomycin-induced LEAK respiration ( $L_{Omy}$ ) was greater with postweaning HF diet in  
222 male offspring only (+43%, main effect of postweaning diet,  $p=0.003$ ) (Fig. 3A). LEAK  
223 respiration expressed as a fraction of OXPHOS ( $L_{Omy}/OXPHOS$ ) tended to be greater with  
224 postweaning HF diet in male offspring (+9%, main effect of postweaning diet,  $p=0.071$ ). On the  
225 other hand  $L_{Omy}$  was  $54.8 \pm 12.7$   $\text{pmol} \cdot \text{s}^{-1} \cdot \text{mg}^{-1}$  in female Con/Con and lower in HF/Con and  
226 HF/HF (Fig. 3A), but not different across conditions as a fraction of OXPHOS (Fig. 3B). The  
227 contribution of complex I to maximum ETS capacity was increased by postweaning HF diet in  
228 male offspring only (+49%, main effect of postweaning diet  $p=0.003$ ) (Fig. 4A). Within the  
229 maternal HF diet condition, there was a tendency for an interaction between sex and  
230 postweaning diet ( $p=0.057$ ) on complex I supported ETS capacity (a decrease in oxidation in  
231 females and an increase in males with postweaning HF diet) in a similar pattern to that  
232 observed in complex I OXPHOS (Fig. 4A). When normalized to ETS capacity, there were no  
233 differences in complex I supported OXPHOS among all groups (Fig. 4B).

234

## 235 Discussion

236 We report that maternal HF diet resulted in lower rates of mitochondrial respiration in  
237 skeletal muscle of female but not of male offspring. The degree of respiratory impairment was  
238 consistent across a range of respiratory states: maximal complex I OXPHOS, complex I+II  
239 OXPHOS, and ETS capacity were each ~20% less in female offspring of high-fat-fed vs.  
240 control-fed dams. This was exacerbated by a postweaning HF diet maintained into adulthood  
241 (at 1 year), where postweaning HF diet resulted in further decline in muscle OXPHOS and ETS  
242 capacity in females, but increased these variables in males. These findings suggest that  
243 maternal and postweaning high-fat diet differentially affect muscle mitochondrial respiration in  
244 male and female offspring.

245           Some precedence for sexually dimorphic effects of developmental programming on  
246 mitochondrial function exists in the literature. Saben et al. showed that female mice fed a high  
247 fat and high sucrose diet gave birth to offspring that developed abnormal muscle mitochondrial  
248 morphology, a deranged ratio of the mitochondrial dynamic proteins Drp-1 and Opa-1 and  
249 reduced expression of ETS complex proteins <sup>29</sup>. The effect on mitochondrial dynamic proteins  
250 could be detected in the oocytes of the female F1 and F2 generation offspring, suggesting that  
251 the maternal derangement could be passed down the germline. On the other hand, Shelley et  
252 al. <sup>37</sup> showed no effect of maternal HF diet on respiratory chain enzyme activity in female  
253 offspring. The difference may be that their study did not exacerbate the mitochondrial  
254 dysfunction by long-term postweaning HF diet, as our study did. Further, our significant positive  
255 correlations between gastrocnemius mass and muscle respiration in the females suggest that  
256 loss of muscle mass in female HF fed offspring might be associated with an energetic  
257 impairment. A similar association was not observed in male muscles. Together these data  
258 suggest that maternal HF diet results in sexually dimorphic mitochondrial programming, which  
259 becomes most apparent when muscle is challenged by HF diet well into middle age.

260           The absence of a maternal HF diet effect on muscle respiration in male offspring was  
261 somewhat surprising. Previous investigations that focused on skeletal muscle mitochondria  
262 were conducted almost exclusively in male offspring <sup>23, 24, 30, 31, 38</sup>. Several genes and proteins  
263 regulating mitochondrial health (e.g. impaired mitochondrial dynamics, decreased PGC-1 $\alpha$ ,  
264 reduced complex I-V) were differentially expressed in males after in utero exposure to maternal  
265 high-fat diet <sup>23, 24, 30</sup>. These modifications strongly point to a corresponding alteration of  
266 mitochondrial function; however, our data do not support this inference, as muscle respiration in  
267 male offspring was affected principally by postweaning HF diet alone, at least when indexed to  
268 muscle mass rather than a marker of mitochondrial mass.

269           Although proton leak contributes to the inefficiency of OXPHOS by uncoupling oxidation  
270 from ATP production, dissipation of the proton gradient provides protection against oxidative  
271 stress generated as byproducts of oxidative metabolism <sup>39</sup>. High LEAK respiration may be a  
272 compensatory adaptation to alleviate increased production of reactive oxygen species or  
273 oxidative stress. LEAK respiration was not altered by maternal diet in offspring of either sex, but  
274 was increased with weaning HF diet in male offspring only, suggesting a possible protective  
275 response to oxidative stress. In females, however, the absolute rate of LEAK respiration was  
276 high even in controls, which may reduce the capacity for compensation to oxidative stress by  
277 uncoupling, and increase oxidative damage of mitochondrial membranes, proteins and/or  
278 mtDNA, and ultimately reduce respiratory capacity. These suggestions remain to be verified.

279           Our data showed that additive postweaning HF diet increased fasting glucose in both  
280 males and females, though the effect appeared more marked in males. Notably, the increase in  
281 percentage body fat is greater in the females, suggesting that perhaps there is less glucose  
282 uptake by adipose tissue in males than females. A dyshomeostasis in female triglyceride  
283 handling may help explain the reduced mitochondrial function in female muscle, as the ability to  
284 adapt to lipid overload through enhanced oxidation minimizes lipid peroxidation and the  
285 accumulation of ectopic lipids, which interfere with mitochondrial function <sup>26</sup>. Therefore, females  
286 appeared to better regulate glucose, perhaps at the expense of lipid metabolism in contrast to  
287 males where lipid control appears preferred. This may help explain increased plasma glucose  
288 concentration in males and provide evidence for programming of metabolic dysfunction despite  
289 unaffected muscle respiration. Further work is needed to explore these suggestions.

290           In human studies, insulin sensitivity is reduced in post-pubertal males, but increased in  
291 females <sup>40</sup>. Circulating estradiol concentration has been implicated in mediating this effect <sup>41-43</sup>,  
292 and is subject to programming by maternal obesity <sup>44</sup>. In addition, prandial and postprandial fat  
293 oxidation is lower in young women compared to men <sup>45, 46</sup>, whereas this is reversed during

294 physical activity<sup>47</sup>. Thus, whether the programmed loss of mitochondrial respiration that we  
295 found in the female offspring obese dams can be ameliorated by offspring exercise is a key  
296 future step to better understand these sexually dimorphic findings.

297 Our use of a lard-based HF diet to induce obesity merits further discussion as dietary  
298 lipid composition can generate diverse metabolic effects with implications for human health. For  
299 instance, short-term (8 weeks) HF diet based on either lard (enriched in saturated fat) or corn oil  
300 (concentrated in omega-6 polyunsaturated fatty acids) results in similar weight gain and insulin  
301 resistance but lard-based HF diet causes greater fatty liver and increased enzyme activity of  
302 stearyl-CoA desaturase-1<sup>48</sup>. Although we did not examine the liver, hepatic mitochondrial  
303 dysfunction is an important feature of fatty liver, and could be subject to maternal programming  
304 and weaning diet effects in the offspring.

305 In this study we aimed to minimize the impact of litter specific effects by using only one  
306 offspring of each sex per litter. In addition, mitochondrial function assays require viable tissue,  
307 with viability being maintained for ~8-10 hours after euthanasia. These experimental constraints,  
308 limited the number of animals and muscles available for study, and some groups suffer from a  
309 low number of samples (e.g. n=4 in 3 of the 8 experimental conditions). Although posthoc  
310 analysis reveals low statistical power (1- $\beta$ ) for interactions between maternal and postweaning  
311 diet (ranging 0.20-0.45), we note that the primary conclusion of sexually dimorphic responses in  
312 mitochondrial variables in maternal HF diet groups carries an observed power of 0.70-0.80.

313 In summary, maternal and postweaning high-fat diet differentially affected mitochondrial  
314 respiration in skeletal muscle of male and female offspring. Females exposed to a high-fat diet  
315 in utero had greater adiposity and lower muscle respiratory capacity; effects that were  
316 exacerbated by continuing HF diet exposure for 1 year postweaning. In contrast, muscle  
317 respiration in male offspring was not affected by maternal HF diet, and was actually greater  
318 when weaned to a HF diet. Unlike females, there was an increase in relative LEAK respiration

319 with postweaning HF diet, consistent with the proposal that male offspring compensated for the  
320 effects of high-fat overload via mitochondrial uncoupling (possibly to alleviate oxidative stress).  
321 Overall, the most deleterious effects on muscle mitochondrial function occurred in female mice  
322 exposed to maternal and postweaning high-fat diet.

323

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### 332 **Conflicts of Interest**

333 The authors declare no conflicts of interest

### 334 **Ethical Standards**

335 The authors assert that all procedures contributing to this work comply with the ethical  
336 standards of the relevant national guides on the care and use of laboratory animals (Animal  
337 Welfare Act, USDA), and has been approved by the institutional committee at Los Angeles  
338 Biomedical Research Institute at Harbor-UCLA Medical Center.

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467

468 **Table 1.** Nutrient composition of diets.

	Purified Diet D12450H (10% kcal fat)	Purified Diet D12451 (45% kcal fat)
<b>Nutrients (%)</b>		
Carbohydrate	70	35
Protein	20	20
Fat	10	45
<b>Fat Type</b>		
Lard	4.4	39.4
Soybean oil	2.4	5.5

469 Nutrient values are percentage per 100g food and fat type is percentage of total kcal.

470

471

472 **Table 2.** Phenotype of one-year old male and female offspring.

	Male				Female			
	Con/Con	Con/HF	HF/Con	HF/HF	Con/Con	Con/HF	HF/Con	HF/HF
<b>Body weight (g)</b>	39.7±2.4	53.8±2.0 <sup>#</sup>	54.6±1.7 <sup>*</sup>	60.0±1.7 <sup>**</sup>	30.4±1.5	44.4±1.2 <sup>#</sup>	42.5±3.3 <sup>*</sup>	62.1±1.8 <sup>**</sup>
<b>Lean body weight (g)</b>	23.0±0.6	24.9±0.3 <sup>#</sup>	23.5±0.5 <sup>*</sup>	26.2±0.4 <sup>**</sup>	17.7±0.3	16.1±0.4	18.2±0.3	18.5±0.6
<b>Lean body weight (%)</b>	59.9±2.8	50.6±2.2 <sup>#</sup>	46.2±1.6 <sup>*</sup>	41.1±2.3 <sup>**</sup>	57.7±1.6	36.9±2.8 <sup>#</sup>	48.9±1.6 <sup>*</sup>	32.9±1.5 <sup>**</sup>
<b>Body fat (%)</b>	37.7±2.9	47.4±2.3 <sup>#</sup>	51.8±1.7 <sup>*</sup>	56.1±2.3 <sup>**</sup>	39.8±1.7	60.8±2.9 <sup>#</sup>	48.7±1.5 <sup>*</sup>	65.9±1.4 <sup>**</sup>
<b>Fasting glucose (mg/dl)</b>	124±7.1	179±7.3 <sup>#</sup>	186±7.3 <sup>*</sup>	212±7.8 <sup>**</sup>	123±5.8	134±5.3 <sup>#</sup>	128±5.6	141±5.5 <sup>#</sup>

473 After in utero exposure to maternal control (Con) or high-fat (HF) diet, offspring were weaned to Con or HF, creating four study groups:  
 474 Con/Con, Con/HF, HF/Con, HF/HF. Six males and 6 females were measured from 6 separate litters per group. Data was analyzed by  
 475 2-way ANOVA (maternal diet x postweaning diet). \*p≤0.05 main effect of maternal diet, maternal HF vs. maternal Con. #p≤0.05 main  
 476 effect of postweaning diet, postweaning HF vs. postweaning Con.

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479

480 **Table 3.** Muscle weights of one-year old male and female offspring.

	Male				Female			
	Con/Con	Con/HF	HF/Con	HF/HF	Con/Con	Con/HF	HF/Con	HF/HF
<b>Gastrocnemius (mg)</b>	127.3±3.0	138.8±1.2 <sup>#</sup>	133.8±1.5	140.6±3.3 <sup>#</sup>	107.7±2.8	99.3±5.6 <sup>^</sup>	108.9±1.9	104.3±3.7 <sup>^</sup>
<b>Soleus (mg)</b>	7.9±0.3	8.6±0.5	8.7±0.3	8.6±0.3	6.6±0.3	7.0±0.7	6.4±0.2	6.9±0.4

481 After in utero exposure to maternal control (Con) or high-fat (HF) diet, offspring were weaned to Con or HF, creating four groups for  
 482 each sex: Con/Con (male n=8, female n=8), Con/HF (male n=7, female n=4), HF/Con (male n=9, female n=6), HF/HF (male n=4,  
 483 female n=4). Muscle weights were averaged from both hindlimbs. Data was analyzed by 2-way ANOVA (maternal diet x postweaning  
 484 diet). <sup>#</sup>p≤0.05 and <sup>^</sup>p=0.069 main effect of postweaning diet, postweaning HF vs. postweaning Con.

485

486

487 **Figure Legends**

488

489 **Figure 1.** Overview of experiment. Con, control diet. HF, high-fat diet.490 **Figure 2.** Mitochondrial respiration in the medial gastrocnemius of one-year old female (A) and

491 male (B) offspring. After in utero exposure to maternal control (Con) or high-fat (HF) diet,

492 offspring were weaned to Con or HF, creating four groups for each sex: Con/Con (male n=8,

493 female n=8), Con/HF (male n=7, female n=4), HF/Con (male n=9, female n=6), HF/HF (male

494 n=4, female n=4). Maximal ADP-stimulated respiration (CI OXPHOS). Maximal convergent

495 electron flux (Complex I+II OXPHOS). Maximal electron transfer system capacity (ETS). Values

496 are mean  $\pm$  SE. Differences initially determined for each sex separately by 2-way ANOVA

497 with factors of maternal diet (control, high-fat) and offspring postweaning diet (control, high-fat).

498 Initial analyses revealed maternal diet to affect respiration in female but not male offspring.

499 Follow-up 2-way ANOVAs were then conducted separately on the respiration data for each

500 maternal diet condition (control, high-fat) using sex and postweaning diet as factors. \* Main

501 effect ( $p \leq 0.05$ ) of maternal diet in female offspring. # Main effect ( $p \leq 0.05$ ) of weaning diet in male502 offspring. <sup>a</sup>  $p \leq 0.05$  vs. HF/Con males. <sup>b</sup>  $p \leq 0.05$  vs. HF/HF within sex. <sup>c</sup>  $p = 0.081$  vs. HF/HF503 males. <sup>d</sup>  $p = 0.084$  vs. HF/HF within sex. Numbers within each bar indicates the n for that group.504 **Figure 3.** Non-phosphorylating LEAK respiration induced by the ATP synthase inhibitor505 oligomycin ( $L_{Omy}$ ) (A), and  $L_{Omy}$  expressed as a fraction of maximum oxidative phosphorylation506 (OXPHOS) capacity ( $L_{Omy}/OXPHOS$ ) (B) in one-year old offspring. The four offspring groups for

507 each sex were based on maternal control (Con) or high-fat (HF) diet, and postweaning Con or

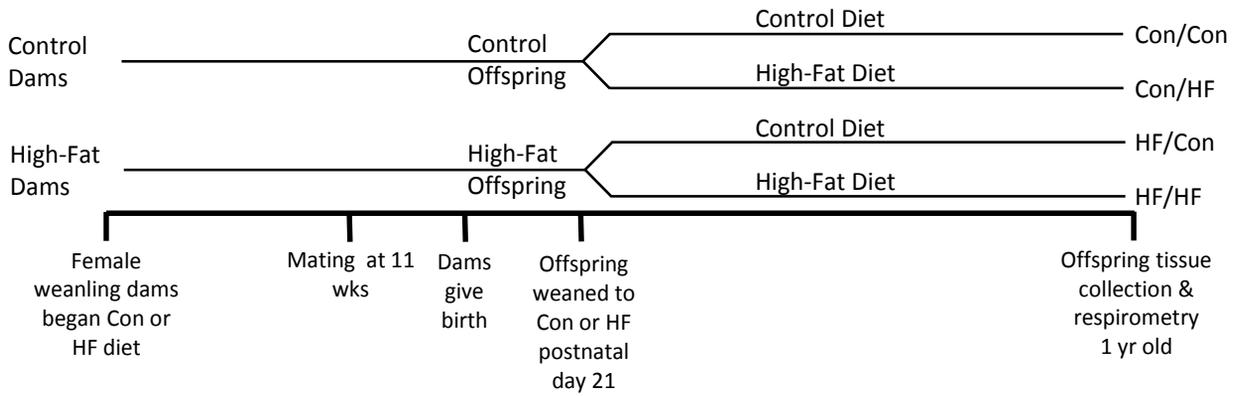
508 HF: Con/Con (male n=8, female n=8), Con/HF (male n=7, female n=4), HF/Con (male n=9,

509 female n=6), HF/HF (male n=4, female n=4). Values are mean  $\pm$  SE. Mean differences were

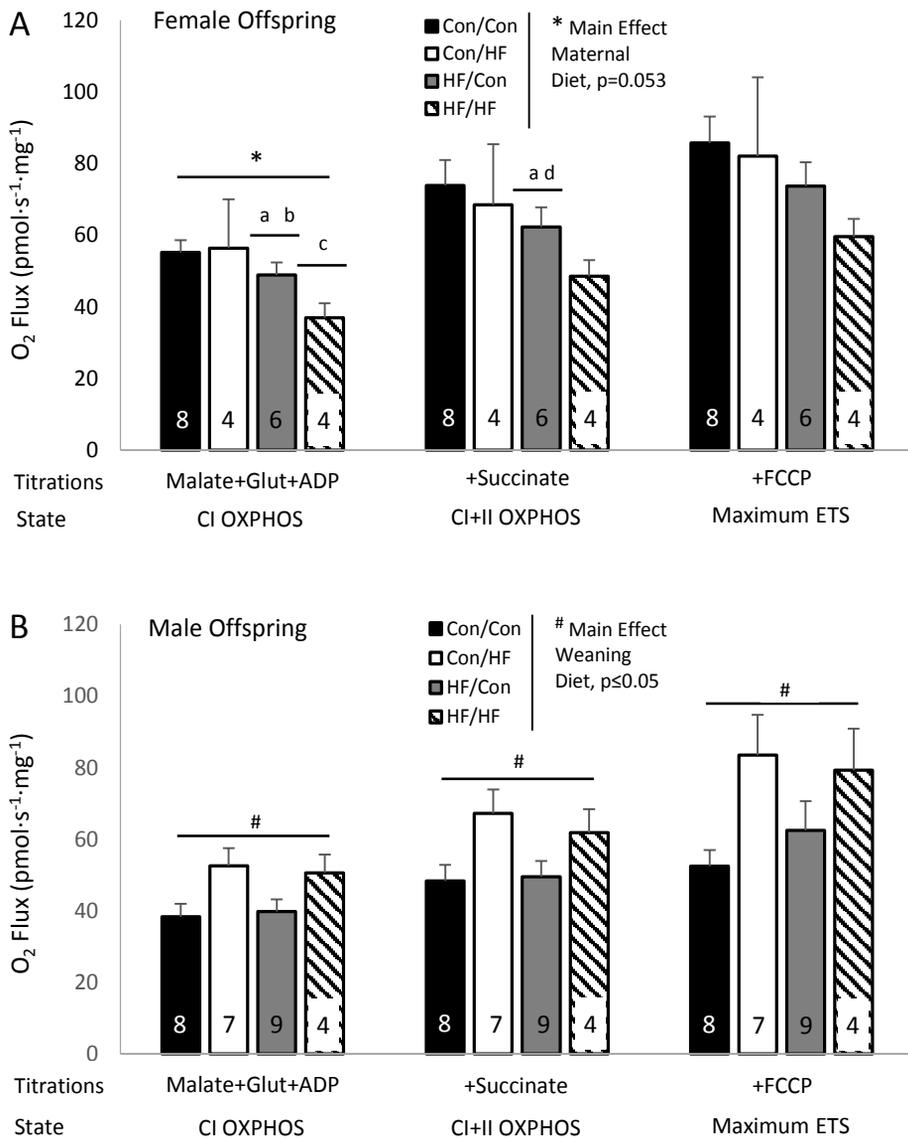
510 determined for each sex separately using 2-way ANOVA with factors of maternal diet (control,

511 high-fat) and offspring postweaning diet (control, high-fat). Numbers within each bar indicates  
512 the n for that group.

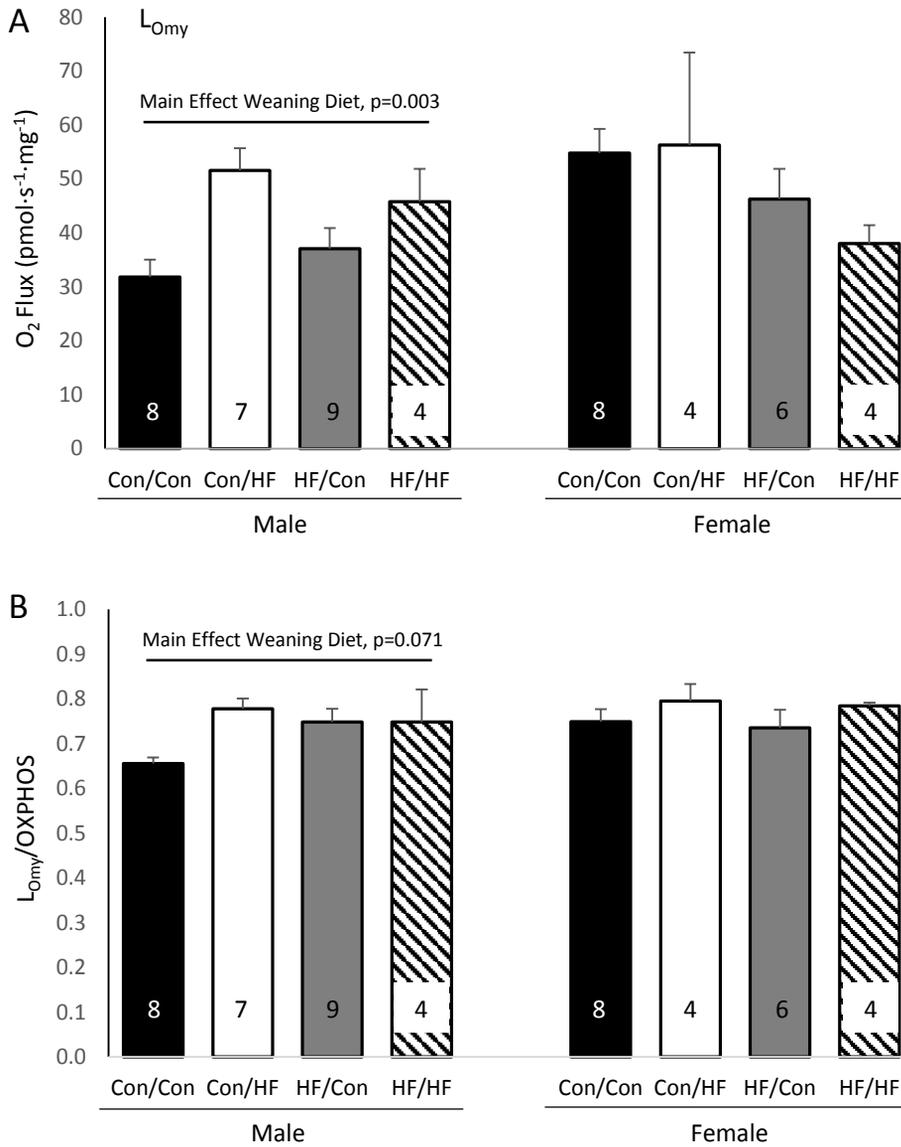
513 **Figure 4.** Contribution of complex I to electron transfer system capacity (Complex I ETS; A).  
514 Complex I ETS was also expressed relative to maximum ETS obtained by titration with FCCP  
515 (B). The four offspring groups for each sex were based on maternal control (Con) or high-fat  
516 (HF) diet, and postweaning Con or HF: Con/Con (male n=8, female n=8), Con/HF (male n=7,  
517 female n=4), HF/Con (male n=9, female n=6), HF/HF (male n=4, female n=4). Values are  
518 mean  $\pm$  SE. Mean differences were determined for each sex separately using 2-way ANOVA  
519 with factors of maternal diet (control, high-fat) and offspring postweaning diet (control, high-fat).  
520 Numbers within each bar indicates the n for that group.



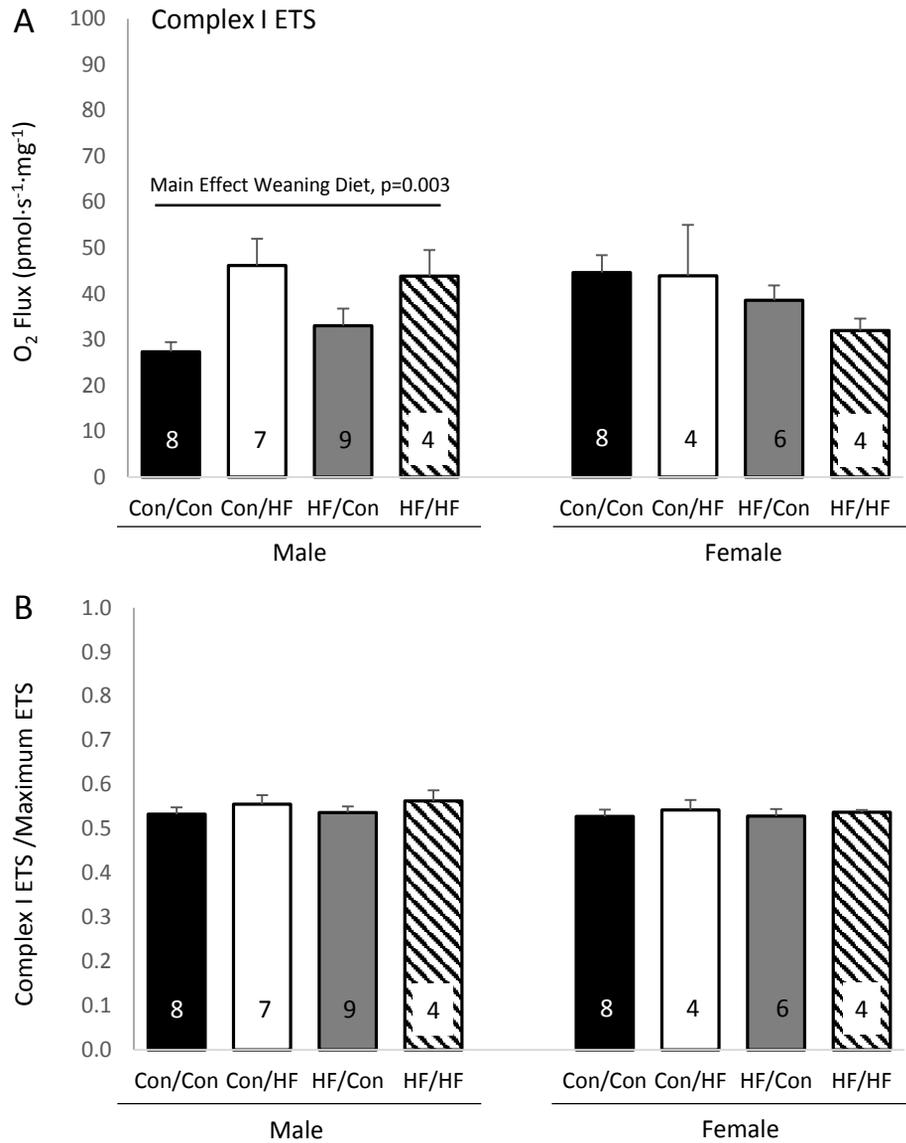
**Figure 1.**



**Figure 2.**



**Figure 3.**



**Figure 4.**