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**21 ABSTRACT**

22 1. The aim of this study was to evaluate the effects of phytase and xylanase and their  
23 interaction on laying hen performance, egg quality, phosphorus digestibility, phytate breakdown,  
24 volatile fatty acid (VFA) production and peptide YY concentration.

25 2. Two hundred and forty hens were allocated to cages at 22 weeks of age based on a 3 x 2  
26 arrangement with phytase (0, 300 or 1500 FTU/kg) and xylanase (0 vs. 12 000 BXU/kg) as  
27 factors.

28 3. Phytase increased hen-day production ( $P < 0.05$ ), daily egg mass ( $P < 0.05$ ), and phosphorus  
29 digestibility with increasing levels of phytase ( $P < 0.001$ ). Phytase fed at 1500 FTU/kg reduced  
30 IP6 and IP5 and increased myo-inositol concentration in gizzard digesta ( $P < 0.05$ ). Phytase fed  
31 at 300 FTU/kg reduced IP6 in ileal digesta ( $P < 0.05$ ); however IP6 and IP5 were further reduced  
32 and myo-inositol increased when phytase was added at 1500 FTU/ kg ( $P < 0.05$ ).

33 4. Xylanase improved feed efficiency when phytase was fed at 300 FTU/kg ( $P < 0.05$ ). In the  
34 absence of phytase, xylanase reduced DM and Ca digestibilities ( $P < 0.05$ ).

35 5. Neither phytase nor xylanase had an effect on peptide YY or caecal VFA concentrations.

36

**37 KEYWORDS**

38 Digestibility; Egg Production; Laying hens; Phosphorus; Phytase; Xylanase

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40

41

## 42 **Introduction**

43 Exogenous enzymes are added to monogastric animal diets in order to increase nutrient  
44 availability from feed, improving feed efficiency and reducing feed costs. Non-starch  
45 polysaccharides (NSP) such as arabinoxylans (the major form of NSP in wheat-barley based  
46 diets) possess anti-nutritional properties (Lazaro et al. 2003; Mathlouthi et al. 2002) and high  
47 levels of intake increase digesta viscosity and reduce nutrient digestibility through encapsulation  
48 (Kim et al. 2005; Zhang et al. 2014). Wheat is also a poor source of available phosphorus (P)  
49 due to high levels of phytate (Hídvégi and Lásztity 2003). Phytate (myo-inositol hexaphosphate,  
50 IP6) P is poorly available for digestion and absorption by monogastric animals. Phytate is also  
51 an anti-nutrient which chelates with cations, forming insoluble phytate complexes, reducing  
52 nutrient utilisation (Vohra et al. 1965; Selle et al. 2009). The addition of enzymes such as  
53 phytase and xylanase to wheat based diets can help to increase nutrient availability.

54 Exogenous phytases are now routinely added to low P diets in order to degrade dietary phytate  
55 improving phytate P bioavailability and reducing P excretion. The standard inclusion level of  
56 exogenous phytase added to most pig and poultry diets is 500 FTU/kg with the exception of  
57 layer diets where the standard inclusion level of exogenous phytase is 300 FTU/kg (Dersjant-Li et  
58 al. 2015). Recently there has been increased interest in including phytase at levels higher than  
59 standard inclusion (super-dosing) due to associated improvements in performance beyond that  
60 of an animal fed a P adequate control diet (Santos et al. 2014; Manobhavan et al. 2016;  
61 Cowieson et al. 2011). This increase in performance is thought to be due to greater phytate  
62 degradation, increasing myo-inositol release and reducing the anti-nutritional effects of phytate  
63 (Dersjant-Li et al. 2015; Adeola and Cowieson 2011).

64 Xylanase is a NSP degrading enzyme which works by breaking down long-chain arabinoxylans  
65 into small-chain xylo-oligomers, releasing nutrients for digestion by the animal and by reducing

66 digesta viscosity associated with high arabinoxylan intake (Masey O'Neill et al. 2014; Zhang et  
67 al. 2014). It has also been suggested the addition of xylanase generates oligosaccharide  
68 production that is fermented and increases volatile fatty acid (VFA) production thereby  
69 stimulating the release of peptide YY (Singh et al. 2012; Keenan et al. 2012). Peptide YY is a  
70 hormone produced primarily by endocrine cells in the ileum and colon and is a mediator of the  
71 ileal brake mechanism, inhibiting gastric emptying and increasing gastric digestion of nutrients  
72 (Allen et al. 1984) with a consequential improvement in performance. Courtin et al., (2008)  
73 found that xylanase results in the production of oligosaccharides which have been shown to  
74 have a prebiotic effect in chickens (De Maesschalck et al. 2015) and increase VFA production  
75 (Goodlad et al. 1987).

76 The use of phytase and xylanase in pig and broiler diets has received a lot of attention; however  
77 there is limited data available with regards to layer diets. The addition of both phytase and  
78 xylanase may produce complimentary effects as the increased retention time resulting from the  
79 release of peptide YY with xylanase inclusion should allow phytase to be more effective and  
80 increase the level of breakdown of phytate. Silversides et al. (2006) studied the interaction  
81 between phytase and xylanase in wheat based diets fed to laying hens. They found that enzyme  
82 addition had limited effects on production performance when added to P-deficient diets;  
83 however phytase increased egg weight in the presence of supplementary xylanase, but had no  
84 effect when added alone, suggesting an interaction between the two enzymes.

85 The objectives of this study were to evaluate the effects of phytase and xylanase and their  
86 interaction on laying hen performance, egg quality, P digestibility, phytate breakdown, VFA  
87 production and blood concentration of peptide YY.

88

89 **Materials and methods**

## 90 **Animals**

91 This study was conducted at the University of Leeds, Spen farm and received ethical approval  
92 from the University of Leeds Animal Welfare and Ethical Review Committee. A total of 240  
93 Bovans Brown hens were used starting the experiment at 22 weeks of age ( $1.8 \pm 0.02$  kg). Hens  
94 remained on trial for 24 weeks. Hens were allocated to 60 enriched colony cages (63 x 73 cm)  
95 with 4 birds per cage creating 10 replicates per treatment. The health status of the birds was  
96 checked daily. The temperature was maintained at 21°C with controlled ventilation. The lighting  
97 regime was set so that hens had 16 hours of light and 8 hours of dark per day.

98

## 99 **Experimental design**

100 This trial design was a 3 x 2 arrangement with phytase (0, 300 or 1500 FTU/kg Quantum Blue)  
101 and xylanase (0 vs. 12 000 BXU/kg Econase XT) as factors. The xylanase was beta 1-4, endo-  
102 xylanase (Econase® XT, AB Vista, Marlborough, Wiltshire, UK). The phytase was an E.coli 6-  
103 phytase (AB Vista, Marlborough, Wiltshire, UK). Diets were wheat/barley based and formulated  
104 to meet or exceed the nutrient requirements of laying hens according to Bovans Brown Nutrition  
105 Management Guide except for P, Ca and Na (300 FTU phytase matrix applied). Hens had ad  
106 libitum access to feed and water at all times. The second phase diets fed from 34 to 46 weeks  
107 of age included titanium dioxide (TiO<sub>2</sub>) at 4 g/kg as a marker to determine nutrient utilisation.  
108 The diet composition is shown in Tables 1 and 2. Feed was analysed for gross energy, crude  
109 protein, lysine, crude fibre, ether extract, phosphorus and calcium (Sciantec Analytical Services  
110 Ltd. Stockbridge Technology Centre, Selby, UK). Diets were also analysed for phytase activity  
111 by an ELISA method, using Quantiplate Kits for Quantum Blue as supplied by Envirologix  
112 (Enzyme Services & Consultancy, Innovation & Technology Centre, Ystrad Mynach, UK) and

113 xylanase activity by ELISA method using Quantiplate Kits for Econase XT (Enzyme Services &  
114 Consultancy, Innovation & Technology Centre, Ystrad Mynach, UK).

115

## 116 **Measurements**

117 Hen body weight was recorded at the beginning and on the final day of the trial. Weekly feed  
118 intake and egg production per cage were recorded. Egg quality was determined at the end of  
119 the trial using eggs collected per cage over 3 consecutive days. Egg quality variables included  
120 whole egg weight, shell weight, shell thickness, shell strength, yolk weight, and yolk colour. The  
121 height and the weight of the albumen was also measured in order to calculate haugh units.  
122 Each egg was individually weighed and shell strength was determined using an Egg Force  
123 Reader (Orka Food Technology Ltd, Ramat HaSharon, Israel). Albumen height was measured  
124 using a Baxlo micrometer (Baxlo Precision, Barcelona, Spain). Yolk colour was measured using  
125 a yolk colour fan chart (DSM YolkFan™). Egg shells and egg yolks were individually weighed.  
126 Egg shells were dried at 100 °C for 24 hours and shell thickness was measured at three points  
127 on the midline.

128 At the end of the trial (46 weeks of age) 2 birds per cage were killed by a schedule I method  
129 (cervical dislocation and exsanguination). Blood was collected from the carotid artery into  
130 heparinised tubes. The blood was centrifuged at 2 000 x g, 4 °C for 15 minutes. Plasma  
131 samples were stored at -20 °C prior to analysis of peptide YY concentration using a commercial  
132 Chicken Peptide YY ELISA kit (CUSABIO, Wuhan, Hubei Province, China, CSB-EL019128CH).  
133 Immediately after blood collection the digestive tract of each hen was removed and digesta  
134 samples were collected from the proventriculus/gizzard, ileum (from the meckel's diverticulum to  
135 the ileo-caecal junction) and the caeca. Contents from the proventriculus and the gizzard for  
136 each bird were removed and mixed and the pH of the digesta were measured using a FC202D  
137 pH electrode for measurements in semi-solids (HI99161, Hanna Instruments, Woonsocket, RI).

138 The digesta sample from the ileum was mixed and the pH was measured as above. The  
139 contents from both the caeca were mixed and the pH was measured as above. The digesta  
140 samples were then frozen at -80 °C for subsequent analysis.

141 Feed and digesta samples were freeze-dried and finely ground before undergoing wet ash  
142 sample preparation (method 975.03 AOAC 2012) for analysis of TiO<sub>2</sub> (Short et al. 1996). Briefly,  
143 samples were ashed for 13 hours at 580°C and then dissolved in 7.4M sulphuric acid. The  
144 contents were then filtered (Whatman 541) using distilled water. Hydrogen peroxide was then  
145 added and the colour intensity measured at 405nm. Ileal digestibility values for dry matter (DM),  
146 calcium (Ca), magnesium (Mg), P, and potassium (K) were calculated using TiO<sub>2</sub> as a marker.  
147 Ileal digesta samples were ashed at 550 °C for 16 hours and digested in 5M HCl. Dry matter  
148 analysis of samples was performed after oven drying the samples at 102 °C for 24  
149 hours. Minerals were determined by means of inductively coupled plasma optical emission  
150 spectroscopy (ICP–OES) (Thermo Scientific iCAP 7400). Quantification of IP<sub>3-6</sub> in the  
151 proventriculus/gizzard and ileal digesta was performed using HPIC with post column  
152 derivitization and UV detection at 290 nm. HPLC with pulsed amperometric detection was used  
153 to determine concentrations of myo-inositol.

154 Caecal contents were analysed for VFA concentrations (acetate, propionate, butyrate) using  
155 gas chromatography (Varian 3400). Caproic acid was used as the internal standard and helium  
156 was used as the carrier gas. The Schutte (1992) method was used for analysis with some  
157 modifications. For analysis 2 g of the caecal contents was centrifuged at 15 000 x g for 10  
158 minutes and 0.5 ml of supernatant acidified with 50 µl phosphoric acid (850 ml/l). Following this  
159 0.3 ml of the internal standard was added. Distilled water was then added to obtain a final  
160 volume of 1 ml and 0.5 ml of this sample was transferred to an ultra-filtrate Eppendorf (Amicon  
161 0.5ml 10K; MerckMillipore, Darmstadt, Germany) and centrifuged at 14000 x g for 20 minutes  
162 and the final solution was injected into the column of the gas-liquid chromatograph.

163

## 164 **Statistical analysis**

165 Data was analysed for main effects and their interaction over the 24 week period by ANOVA  
166 according to a general linear model procedure (IBM SPSS version 20). The model included the  
167 main effects of phytase and xylanase and their interaction. Differences were classed as  
168 significant if  $P < 0.05$ . Tukey's post-hoc test was used to separate treatment means where  
169 significant differences were detected. Performance data were analysed using cage as the  
170 experimental unit. The individual bird was the experimental unit for blood, digestibility, and VFA  
171 analysis.

172

## 173 **Results**

174 Diet analysis is shown in tables 1 and 2. Analysed values of the experimental diets were similar  
175 to calculated values except for calcium which was higher than expected. The addition of phytase  
176 and/or xylanase had no effect on overall weight gain. The addition of phytase increased hen-day  
177 production ( $P < 0.05$ ) irrespective of phytase level. The addition of phytase also increased daily  
178 egg mass ( $P < 0.05$ ) and again this improvement was observed at both phytase levels with no  
179 additional benefit at the super-dose level. A phytase x xylanase interaction was observed for FCR  
180 ( $P < 0.05$ ) with xylanase improving feed efficiency when phytase was fed at 300 FTU/kg (Table  
181 3). Neither the addition of phytase or xylanase had an effect on egg quality parameters at the end  
182 of the trial (Table 4). The addition of xylanase tended ( $P = 0.064$ ) to reduce ileal pH at 24 weeks  
183 (7.45 vs. 7.28). Plasma peptide YY concentration was not affected by phytase (107.2, 102.0 and  
184  $105.1 \pm 5.12$  pg/ml for 0, 300 and 1500 FTU/kg phytase respectively) or xylanase (102.6 and  
185  $106.9 \pm 4.35$  pg/ml for 0 and 12 000 BXU/kg xylanase respectively) supplementation.

186 Phytase addition increased P digestibility at 300 FTU/kg and further increased digestibility at  
187 1500 FTU/kg phytase ( $P < 0.001$ ; Table 5). A phytase x xylanase interaction was observed for  
188 DM and Ca digestibility. The addition of xylanase in the absence of phytase reduced DM and Ca  
189 digestibility ( $P < 0.05$ ). Neither phytase nor xylanase had an effect on K digestibility. Phytase  
190 addition tended to increase Mg digestibility ( $P = 0.061$ ).

191 Concentrations of IP<sub>(3-6)</sub> and myo-inositol in gizzard and ileal digesta are shown in Table 6.  
192 Phytase at 1500 FTU/kg significantly reduced IP6 and IP5 ( $P < 0.05$ ;  $P < 0.05$ ) and increased  
193 myo-inositol concentrations ( $P < 0.05$ ) in gizzard digesta. In ileal digesta, phytase reduced IP6  
194 at both 300 FTU/kg ( $P < 0.001$ ) and 1500 FTU/kg ( $P < 0.001$ ), with levels at 1500 FTU/kg  
195 phytase being significantly lower than at 300 FTU/kg phytase. Phytase at 1500 FTU/kg also  
196 reduced IP5 ( $P < 0.05$ ) and increased myo-inositol concentrations ( $P < 0.001$ ) in ileal digesta.  
197 Neither phytase nor xylanase had an effect on VFA concentrations in caecal contents at the end  
198 of the trial (Table 7).

199

## 200 **Discussion**

201 The addition of 300 or 1500 FTU/kg phytase increased hen-day production and daily egg mass;  
202 however there was no difference between the two levels. This suggests that 300 FTU/kg  
203 phytase was enough to meet the P requirements for optimal production of these hens. This is in  
204 accordance with EFSA (2013) that found the addition of phytase to laying hen diets increased  
205 laying rate and egg mass when compared to birds fed a negative control diet, however  
206 performance between birds fed 150 FTU/kg and 1200 FTU/kg phytase were similar. A phytase  
207 x xylanase interaction was observed for FCR. The improvement in FCR with xylanase addition  
208 at 300 FTU/kg phytase may be due to an increase in substrate availability for degradation by  
209 phytase as xylanase has been shown in vitro to increase aleurone cell wall permeability,

210 increasing the availability of phytate for degradation (Parkkonen et al. 1997) rather than an  
211 increase in retention time as plasma peptide YY concentration was not affected by xylanase in  
212 the current study. An improvement in FCR with xylanase addition was not seen when phytase  
213 was added at 1500 FTU/kg phytase. Super-dose levels of phytase are receiving more and more  
214 attention as high levels of phytase liberate more available P, energy and amino acids  
215 (Cowieson, Wilcock, and Bedford 2011), increase mineral bioavailability (Kies et al. 2006),  
216 reduce phytate, thus reducing its anti-nutritional effect and increase myo-inositol (Lee and  
217 Bedford 2016; Woyengo, Weihrauch, and Nyachoti 2012) which has been shown to have  
218 numerous beneficial effects (Zyla et al. 2004; Cowieson et al. 2013). Feed conversion ratio was  
219 low and similar for super-dose levels of phytase irrespective of xylanase level suggesting that  
220 the super-dose level improved feed efficiency, thus there was no further scope for improvement  
221 with the addition of xylanase. Work by Lee et al. (2017) found that 1500 FTU/ kg phytase  
222 reduced FCR by 4 points when added to medium and high P broiler diets and suggested that  
223 FCR is the most sensitive parameter to super-dosing.

224 Neither the addition of phytase or xylanase had an effect on egg quality parameters which was  
225 surprising as previous studies have found that the addition of phytase improves egg quality with  
226 regards to egg shell strength and thickness due to an increase in P and Ca availability (Lim et  
227 al. 2003; Englmaierová et al. 2017). The lack of response in the current study may be due to the  
228 higher analysed Ca than intended providing the bird with sufficient calcium for eggshell  
229 formation and thus improving Ca availability would have no further benefit. The addition of  
230 xylanase tended to reduce ileal pH. Changes in pH may be due to modification of the intestinal  
231 microflora as a result of enzyme supplementation. Sheng et al. (2013) found that the addition of  
232 xylanase reduced ileal pH in broiler chickens. They measured *Lactobacillus* concentrations in  
233 rectal digesta which was increased with the addition of xylanase suggesting the lower pH level  
234 was due to increased microflora proliferation and fermentation. An increase in gut fermentation

235 is thought to release peptide YY, slowing gut transit time and enhancing gastric digestion of  
236 nutrients (Keenan et al. 2012), however plasma peptide YY concentration was not affected by  
237 xylanase supplementation in this study. Masey O'Neill et al. (2014) investigated the effects of  
238 xylanase addition to broiler diets on performance, nutrient digestibility and caecal VFA content.  
239 They found that xylanase supplementation at 6 000 and 32 000 BXU/ kg improved FCR and  
240 nutrient digestibility. They also found that the addition of xylanase increased caecal VFA content  
241 suggesting the products from enzyme hydrolysis have a prebiotic role. However VFA production  
242 was not influenced by the addition of xylanase in the current experiment which may suggest that  
243 the fermentation of fibre was already optimised in the gut and thus there was no benefit in  
244 adding xylanase.

245 The addition of 300 FTU/kg phytase to layer hen diets increased P digestibility and this was  
246 further improved with the addition of 1500 FTU/ kg phytase increasing P availability contributing  
247 to an increase in hen-day production and daily egg mass. However performance was improved  
248 with the addition of phytase to a similar level for both 300 and 1500 FTU/kg phytase suggesting,  
249 as mentioned above, addition of 300 FTU/kg phytase was enough to meet hen P requirements  
250 for performance. A phytase x xylanase interaction was observed for DM and Ca digestibility as  
251 the addition of xylanase to diets with 0 FTU/ kg phytase reduced DM and Ca digestibility.

252 Xylanase is a NSP degrading enzyme which breaks down long-chain arabinoxylans into small-  
253 chain xylo-oligomers and thus should reduce digesta viscosity and increase nutrient digestion  
254 (Masey O'Neill, Smith, and Bedford 2014; Zhang et al. 2014). However it has been suggested  
255 that xylanase has a quadratic response on digesta viscosity as the addition of high levels of  
256 NSP enzymes can actually increase digesta viscosity (Passos et al. 2015; Yi et al. 2013). This  
257 increase in viscosity is thought to be due to the enzyme breaking down insoluble NSP into  
258 soluble NSP increasing the water holding capacity of the digesta (Yi et al. 2013; Passos et al.  
259 2015; Choct et al. 2004). The addition of xylanase had no effect on digestibility when phytase

260 was added at 300 or 1500 FTU/ kg. This result is difficult to explain; however phytase has been  
261 shown to have an effect on digesta viscosity in broiler chickens. Wu et al. (2004) found that  
262 when xylanase (1000 units/kg) alone and xylanase (1000 units/kg) and phytase (500 U/ kg)  
263 together were added to wheat—soy based diets, digesta viscosity was reduced in all sections of  
264 the intestine. When phytase was added alone, digesta viscosity was reduced in the duodenum  
265 and ileum, but not in the jejunum. In contrast Juanpere et al. (2005) found that the addition of  
266 500 U/ kg phytase to maize based diets increased digesta viscosity in broilers.

267 Information on IP6 degradation in the proventriculus/gizzard is relatively scarce compared to the  
268 ileum. The IP6 data in the current study shows that the super-dose level of phytase had an  
269 additional benefit on phytate hydrolysis, reducing IP6 in the proventriculus/gizzard and ileum  
270 below that of the levels found when 300 FTU/ kg phytase was added to the diet; however IP6  
271 concentrations remained relatively high. The addition of 1500 FTU/kg phytase to layer diets  
272 reduced IP6 concentration in the proventriculus/gizzard by 67% when compared to 0 FTU/kg  
273 which is in contrast to Walk et al. (2014) who found that IP6 concentration was 98% lower with  
274 the inclusion of 500 FTU/kg phytase to broiler diets deficient in aP (0.15%) and Ca  
275 (0.16%). They were unable to detectable IP6 levels with the inclusion of 1,000 or 1,500 FTU/kg.  
276 Beeson et al. (2017) found IP6 concentration was reduced by 85% when 1500 FTU/kg was  
277 added to a broiler diet deficient in aP (0.15%) and Ca (0.16%). In the current study, the 1500  
278 FTU/kg level of phytase did not significantly improve performance above the standard inclusion  
279 level (300 FTU/kg). The fact that the concentrations of IP6 in the gizzard and the ileum at 1500  
280 FTU/kg were still relatively high suggests that some of the benefits of "super-dosing" due to  
281 near complete phytate destruction may have been missed in this study due to either insufficient  
282 phytase or diet interference with the activity of the phytase. The considerably higher analysed  
283 Ca than intended may have reduced the efficacy of phytase as high Ca:P ratios have been  
284 shown to compromise IP6 hydrolysis due to formation of Ca-phytate complexes (Selle et al.

285 2009; Amerah et al. 2014) highlighting the importance of measuring IP6 data with regards to  
286 how successful the phytase was in the role of super-dosing.

287 The addition of 1500 FTU/ kg phytase to layer diets increased myo-inositol in both the  
288 proventriculus/gizzard and the ileum. Studies in broilers have shown that the addition of myo-  
289 inositol to diets increases bird performance (Zyla et al. 2004; Cowieson et al. 2013; Farhadi et  
290 al. 2017). Farhadi et al. (2017) found that the addition of myo-inositol to P deficient broiler diets  
291 improved weight gain and feed efficiency so that performance was similar to birds fed a positive  
292 control diet. Cowieson et al. (2013) found that the addition of myo-inositol to broiler diets  
293 improved feed efficiency during the finisher phase but they found that the addition of myo-  
294 inositol during the starter phase had a negative effect on feed efficiency. The increase in myo-  
295 inositol with the addition of 1500 FTU/kg phytase suggest that super-dose levels of phytase and  
296 related improvements in performance such as the improvement in FCR with or without xylanase  
297 are associated with phytate destruction (Walk et al. 2014).

## 298 **Conclusion**

299 In conclusion, phytase consistently improved egg production, improved P digestibility and at  
300 super-dose levels increased the breakdown of phytate in laying hens fed wheat/barley based  
301 diets. Xylanase alone had a limited effect on laying hen performance, but did reduce DM and Ca  
302 digestibility when added to diets without phytase. There was evidence of interactions between  
303 phytase and xylanase with xylanase improving FCR when conventional levels (300 FTU/kg  
304 phytase) of phytase were used; however this was not associated with an increase peptide YY  
305 production.

306

307

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