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**Article:**

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**Table 1. Baseline Characteristics of Study Participants**

<b>Demographic &amp; Clinical Characteristics</b>	<b>Proportion or Mean (SD)</b>
Age in years (mean, SD)	42.17 (10.78)
Duration in years (mean, SD)	2.89 (3.06)
Gender (n, %)	
Male	61 (61%)
Female	39 (39%)
Traumatic (%)	
None	57 (58%)
Motor vehicle collision	12 (12%)
Fall	4 (4%)
Sports	9 (9%)
Work-related	17 (17%)
Active Duty (%)	75 (75%)
Opioid Use (n, %)	
None	81 (81%)
< 60 oral morphine equivalents/ day	17 (17%)
≥ 60 oral morphine equivalents/ day	2 (2%)
Smoker (n, %)	17 (17%)
Co-Existing Psychiatric Condition (n, %)	
None	66 (66%)
Mood disorder	3 (3%)
Anxiety disorder	6 (6%)
Other <sup>1</sup>	8 (8%)
Multiple	17 (17%)
Obesity (n, %) <sup>2</sup>	21 (21%)
Pain radiation below elbow (n, %)	46 (46%)
Neck disability index score (mean, SD)	36.23 (15.13)
Baseline numerical rating scale neck pain score (mean, SD)	5.28 (1.73)
Baseline numerical rating scale arm pain score (mean, SD) <sup>3</sup>	5.26 (2.13)
painDETECT score (mean, SD)	12.10 (7.33)
s-LANSS score (mean, SD)	9.42 (6.29)

1. Includes attention deficit disorder, substance abuse, personality disorders, etc.

2. Body mass index  $\geq$  30

3. Includes only individuals with arm pain.