Figure 1. Flow chart of study inclusion and exclusion process

|  |
| --- |
| Records identified through search, *K* = 3011 |
|  |  |  |  |
| Full-text articles assessed for eligibility, *K* = 138 |
|  |  |  |  |
| Studies included total, *K*  = 27 | Full-text articles excluded, *K* = 111 |
| meta-analysis, *k* = 11narrative synthesis, *k* = 12meta-analysis & narrative synthesis; *k =* 4 | design, *k =* 8intervention, *k =* 38participants, *k =* 14 outcomes, *k =* 45publication status, *k =* 6 |