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- 1 Exploring pathways to late-Holocene increased surface wetness in subarctic peatlands of
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23 ABSTRACT

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25 The poor fens of the Laforge region, northeastern Canada, have developed under 26 subarctic conditions. They are characterized by a microtopography of large pools and 27 low, narrow strings. Paleorecords suggest some of these systems were once 28 ombrotrophic and relatively dry. Taking account of their current ecoclimatic position, we 29 aimed to explore the possible pathways towards the current wet state, a process 30 referred to as 'aqualysis'. We combined paleoecological methods applied to a peat core 31 with conceptual modelling to identify factors that might plausibly explain aqualysis. 32 Reconstructions showed the Abeille peatland became minerotrophic with high water tables between 2400 and 2100 cal yr BP. Conceptual modelling, supported by 33 34 simulations using the numerical DigiBog model, allowed us to identify the effects of 35 cooling and increased precipitation on productivity, decay, peat hydraulic conductivity 36 and vertical peat accumulation. Both cooling and increased precipitation were required 37 for aqualysis to occur and for wet surface conditions to persist to the present day. 38 Increased recharge from the catchment, which also restricted drainage from the 39 peatland center laterally, was likely critical for the development of minerotrophic 40 conditions. The scenario of cooling and wetting in these peatlands is supported by 41 available paleoclimate records for eastern Canada.

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Keywords: fen, minerotrophy, testate amoeba, DigiBog, water table, Neoglacial,
aqualysis, accumulation

46 INTRODUCTION

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48 Linkages between peatland water tables and climate variability have been studied in a 49 wide range of northern peatlands (e.g. Arlen-Pouliot and Payette, 2015; Booth and Jackson, 2003; Magnan and Garneau, 2014; Marcisz et al., 2015; Sillasoo et al., 2007; 50 51 Swindles et al., 2010; Väliranta et al., 2007; van Bellen et al., 2011; van Geel and 52 Renssen, 1998). Past studies have identified the climate variables that explain the 53 variability in reconstructed water-table level at decadal timescales in various climatic 54 settings (Booth, 2010; Charman et al., 2009; Schoning et al., 2005). For instance, in 55 western Europe, these variations in water-table position are best explained by summer 56 water deficit (precipitation minus evapotranspiration), which was driven mostly by 57 variations in precipitation (Charman et al., 2009), whereas in continental North America, they are best correlated to precipitation-driven drought intensity (Booth, 2010). 58 59 Information on peatland water-table dynamics at decadal to millennial timescales can 60 be obtained using peat cores (e.g. Lamentowicz et al., 2015; Mauguoy et al., 2008). 61 Quantified at such timescales, water-table levels are generally expressed with the 62 peatland surface as the reference height. Using the peatland surface as a reference 63 height implies a high interdependence between water-table dynamics and peat accumulation, and a strong feedback effect has been established between these 64 65 processes in contemporary process-based studies (Belyea and Clymo, 2001; Bridgham et 66 al., 2008). Interactions between peat accumulation and reconstructed water tables suggest the existence of various pathways towards changes that may hinder the interpretation of proxy records in terms of climate change (Morris et al., 2015b; Swindles et al., 2012). Experimental studies (e.g. Bridgham et al., 2008) and peatland development models, such as DigiBog (Baird et al., 2012; Morris et al., 2012) and the Holocene Peat Model (HPM) (Frolking et al., 2010), show the importance of both autogenic and external factors (e.g. climate) as controls on peat accumulation.

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74 The subarctic patterned fens of the Laforge region in northern Quebec, Canada, are 75 characterized by a structure of alternating strings and pools, with pools occupying up to 76 half of the surface (Arlen-Pouliot and Payette, 2015; Cliche Trudeau et al., 2012; White 77 and Payette, 2016). Similar surface patterning has been found to be dominant in 78 peatlands within a ~200 000-km² region in eastern Canada, from the southern limit of 79 the permafrost boundary towards northern and eastern Labrador (Foster et al., 1988a). At a global scale, patterned fens are characteristic of the northernmost section of the 80 81 boreal region corresponding to a distinct bioclimatic zonation over the northern 82 hemisphere (Payette and Rochefort, 2001) and similar ecosystems have been documented in Sweden (Foster and Fritz, 1987; Sjors, 1983) and Finland (Ruuhijärvi, 83 84 1983). The general abundance of pools and the short growing season contribute to 85 emissions of methane, and in some years, net emissions of carbon, as carbon dioxide, to the atmosphere (Cliche Trudeau et al., 2012, 2014; Rinne et al., 2007). Stratigraphical 86 87 analyses of multiple peat cores collected in three subarctic patterned fens in northern 88 Quebec showed that peat accumulation initiated under relatively dry and ombrotrophic 89 conditions from ~6500 cal yr BP (Garneau et al., 2017) and converged to near-surface 90 water tables between 4000 and 2000 cal yr BP in an initial shift (Figure 1; van Bellen et 91 al., 2013). A second wet shift was registered during the Little Ice Age (van Bellen et al., 92 2013). The widespread, regional water-table rise, causing tree mortality, pool expansion 93 and physical degradation of strings, has been referred to as 'aqualysis' (Dissanska et al., 94 2009; Tardif et al., 2009; White and Payette, 2016). Aqualysis may be driven by an 95 increase in precipitation that exceeds any loss via evapotranspiration or liquid flow, until 96 a new, relatively stable state is reached. In an attempt to identify the driving factors that 97 influenced this increased surface wetness, we considered possible pathways towards 98 aqualysis, as found in the Abeille peatland (van Bellen et al., 2013), in the Laforge region 99 of Quebec, using a conceptual modelling approach.

100

101 Pool formation in peatlands may be explained by a range of factors. Studies on basin 102 geomorphology attributed an important effect of mineral substrate on pool distribution 103 (Comas et al., 2011). Belyea and Lancaster (2002) showed the influence of peatland 104 slope and patterns of water flow on pool formation and distribution, suggesting that 105 pool size was related to pool age. Additional, autogenic mechanisms have been 106 proposed to explain pool development: hollows may degrade and form pools due to 107 differential peat accumulation between hummocks and hollows, which exacerbates 108 initial, small microtopographical gradients (Foster et al., 1988b; Ohlson and Økland, 109 1998). Patterns of pool distribution and relationships with geomorphological variables 110 have been explored specifically in the Laforge region (White and Payette, 2016) where 111 pool presence and formation appeared to be positively related to peatland surface 112 slope, size of the watershed and peat deposit thickness. White and Payette (2016) suggested that, in addition to geomorphological and topographical factors, climate 113 114 change may affect the water supply to these peatlands and contribute to ponding and 115 pool expansion. Besides an initial large-scale surface wetting in the Laforge region that 116 initiated around 4200 cal yr BP (Garneau et al., 2017; van Bellen et al., 2013), pool 117 expansion was reported during the Little Ice Age as evidenced by tree-ring dating of tree 118 mortality (Arlen-Pouliot and Payette, 2015).

119

120 Although the presence and development of peatland pools may be explained by a range 121 of geomorphological, hydrological and biological forcings, and feedbacks among these, 122 the timing of the regional water-table rise after 4200 cal yr BP in the Laforge region 123 (Figure 1; Garneau et al., 2017; van Bellen et al., 2013) suggests a common, external forcing. The late-Holocene cooling, or Neoglacial, characterized by gradually declining 124 125 summer insolation (Berger and Loutre, 1991) and colder conditions (Viau and Gajewski, 126 2009; Viau et al., 2006), has been identified as the main climatic period influencing 127 peatland dynamics in eastern Canada and this forcing was, therefore, considered as an 128 explanation for aqualysis.

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In this paper, we aimed to explore the possible pathways towards peatland aqualysis
under changing climate conditions. To do so, we combined existing reconstructions from
Abeille peatland, located in the Laforge region (van Bellen et al., 2013), new paleodata

133 from these sites, and conceptual modelling. We developed six conceptual 134 ecohydrological models, or scenarios, to investigate the factors that might explain 135 sustained pool expansion, and used numerical experiments with a peatland 136 development model to indicate, in broad terms, the explanatory power of these 137 scenarios. Finally, we used the detailed reconstructions and information on the regional 138 climate and environmental history as established by earlier studies to help identify the 139 most plausible explanation for aqualysis.

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142 STUDY REGION

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144 Located in the Laforge region of subarctic Quebec, the Abeille peatland (54.11°N, 145 72.50°W) is an oligotrophic fen that covers an area of 3.5 ha. The region belongs to the Picea mariana-dominated lichen woodland zone, near the boreal-tundra ecotone 146 147 (Figure 2). Extensive anthropic activity in this region did not start until the second half of the 20th century, with the development of the infrastructures associated with 148 149 hydroelectricity facilities. Peatlands in this region generally do not exceed a few 150 hectares as they are confined to topographic depressions in the Precambrian shield, 151 which restrict lateral expansion. During the 1971-2012 period, the regional mean annual 152 temperature was -3.6°C and the mean annual precipitation was 748 mm, of which 468 mm fell during the growing season, defined as the period with daily average 153 temperatures > 0°C (Natural Resources Canada's interpolated gridded datasets; 154

155 Hopkinson et al., 2011; Hutchinson et al., 2009; McKenney et al., 2011). The Laforge 156 region experiences relatively wet and cold conditions which define the current northern 157 bioclimatic limit of ombrotrophic peatlands (Figure 2). Despite mean annual temperatures well below 0°C, no clear signs of permafrost have yet been found in this 158 159 region. Currently, average snowfall attains 280 mm as water equivalent, which 160 represents ~120 cm of snow cover. This relatively high amount of snowfall insulates the 161 surface from frost penetration (Zoltai, 1995), which probably explains the current 162 absence of permafrost.

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165 METHODS

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167 Conceptual models may be defined as simplified theoretical representations of a system and of the links and feedbacks between the system's main components (Robinson, 168 169 2008). They are often seen as a first stage in describing the system of interest and the 170 main factors that may affect the system, and usually provide the basis for more formal, 171 quantitative, i.e. mathematical or numerical, models. We developed six conceptual 172 models (hereafter referred to as 'scenarios') describing potential conditions for 173 aqualysis in an attempt to identify the conditions necessary for this change. Currently, 174 there are insufficient data to apply numerical models to the site, but we used the 175 numerical DigiBog model (e.g. Morris et al., 2015b) as an exploratory tool to help 176 identify and assess our scenarios; therefore, we used a novel combination of the

177	conceptual and numerical modelling approaches. The six scenarios were identified from
178	multiple runs of the DigiBog model in which we looked at how changes in net rainfall
179	(precipitation-evapotranspiration), temperature, and exchange of water between the
180	peatland and the surrounding catchment affect peatland function. Changes in both net
181	rainfall and temperature have likely been implicated in aqualysis (van Bellen et al.,
182	2013). More detail on our model runs, including the rationale for looking at changes in
183	climatic wetness and temperature, is provided below (see 'Developing conceptual
184	models to explain aqualysis using DigiBog as an exploratory tool'). Before that, we
185	provide more information on DigiBog and explain what is known about the site from the
186	paleorecord.

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189 DigiBog

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191 DigiBog is an ecohydrological model based on mathematical representations of 192 feedbacks between ecological processes, such as plant organic matter production, and 193 hydrological processes, such as water flow through the peat. The model is useful in 194 indicating how a peatland might respond over decadal to millennial timescales to 195 changes in, for instance, climate, and, because of its mathematical basis, allows a more 196 formal (quantitative) assessment of such responses than is possible in conceptual 197 models. We used DigiBog to create a hypothetical peatland with general properties 198 similar to those of Abeille peatland. The hypothetical peatland was simulated first under

constant climate conditions. We then considered whether changes in (i) climatic
wetness, (ii) temperature, and (iii) inputs of water from surrounding hillslopes could
plausibly explain aqualysis in the hypothetical peatland.

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203 DigiBog simulates peatland development over timescales of decades to millennia. It 204 takes account of organic matter production by peatland plants, peat decay and the 205 hydrological dynamics of the system. As well as modelling the change in peat thickness, 206 it simulates peatland water-table dynamics and the changing properties, i.e. the degree 207 of decomposition and permeability, of the peat. The recent versions of DigiBog are fully 208 transient; the water table may constantly vary, as may rates of organic matter 209 production and decay (Morris et al., 2015b; Young et al., 2017). In these recent editions, 210 both productivity and decay vary with temperature as well as with peat wetness. For the 211 exploratory modelling of a hypothetical peatland we used the latest 1-D version 212 reported in Morris et al. (2015b). Although the model cannot currently simulate pool 213 development, it can simulate shifts in water tables relative to the surface and can help 214 identify the conditions needed to cause long-lasting wet shifts consistent with aqualysis.

215

In DigiBog rates of organic matter production increase with temperature and peak for water-table depths of 20-40 cm (Belyea and Clymo, 2001). For water tables closer to the peatland surface (depths of 0-20 cm) and for deeper water tables (depths > 45 cm), plant productivity is lower. Organic matter production parameters can be set to give plausible thicknesses of peat for a study site. Peat decay in the model is simulated using 221 an exponential decay model, which removes a given proportion of peat from each 222 annual cohort per unit of time. Decay rates are modified by temperature, using a Q_{10} 223 function, and vary according to the position of the water table; i.e. the presence of oxic 224 or anoxic conditions. In addition, a recalcitrance effect on rates of decay is included 225 (Morris et al., 2015b). The resulting peat profile is composed of annual cohorts of peat. 226 Lateral water flow from the column of peat representing the center of the peatland (in 227 the 1-D version of the model) depends on the permeability of the peat and on the 228 difference in the height of the water table between the center of the peatland and its 229 margin. Peat permeability is dynamic and varies in each peat cohort according to the 230 degree of decomposition; the permeability declines as the peat becomes more 231 decomposed. In the model, the relationship between permeability and decomposition is 232 one of the feedbacks between ecological processes, such as decay, and physical 233 processes, such as water flow. Permeability affects water-table position, which 234 determines the relative proportion of oxic and anoxic decay and also the rate of organic 235 matter production.

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237 Reconstructions from peat cores

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Aqualysis is a widespread, regional phenomenon, the timing of which was established using five peat cores sampled in lawns of three peatlands in the Laforge region (van Bellen et al., 2013). Based on the premise that changes in water-table levels in hollows coincide with those in adjacent lawns, we assumed the reconstructions from peat cores 243 extracted from lawns reliably reflect the water-table dynamics in hollows. To help 244 interpret the scenarios (conceptual models) describing potential conditions for aqualysis, we combined the initial reconstruction of Abeille peatland development from 245 van Bellen et al. (2013) with new core data on peat bulk density, humification, plant 246 247 productivity and charcoal abundance, as well as reconstructions of carbon (C) 248 accumulation rates. The new, detailed record from the Abeille-5 core was considered a 249 benchmark for the Laforge region and was therefore used to interpret the possible 250 pathways towards aqualysis.

251

252 The chronology for the Abeille-5 core was based on accelerator mass spectrometry ¹⁴C 253 dating, which included six samples, and ²¹⁰Pb dating using α -spectrometry. The 254 previously published chronology of the core (van Bellen et al., 2013) was updated using 255 Bacon in R (Blaauw and Christen, 2011; R Core Team, 2016), applied to the original dates 256 (all details of sample composition and raw data in van Bellen et al., 2013). The 257 ecohydrological reconstructions were based on plant macrofossil and testate amoeba 258 records. Past water-table positions were inferred from testate amoeba assemblages 259 using the transfer function of Lamarre et al. (2013) and expressed as a depth below the 260 surface of the peatland, with positive values representing water table levels below the 261 peat surface. Peat bulk density and loss-on-ignition were quantified using 1-cm³ 262 subsamples (Dean, 1974), which allowed, when combined with the chronologies, for the 263 calculation of C accumulation rates. Charcoal fragments larger than 1 mm were counted using 3-cm³ subsamples and expressed as an influx (# of pieces yr⁻¹). Because of the size 264

265 of the charcoal fragments, resulting records were assumed to represent local (peat) fire 266 incidence, yet a minor contribution from the watershed could not be excluded. Peat 267 humification, interpreted as an approximation of the amount of organic matter lost 268 through decay, was quantified using the protocol of Blackford and Chambers (1993). 269 Raw transmissivity values were detrended for the catotelm section only, because the 270 acrotelm is still subjected to oxic decay rates, the limit of which was identified using the 271 age-depth model. The humification residuals were interpreted as a measure of the state 272 of decay. An index for plant productivity was calculated by subtracting the humification 273 values from the C accumulation rate values after rescaling both records to z-scores.

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275 Late-Holocene development of Abeille-5

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The age-depth model of Abeille-5 showed that vertical accumulation rates were generally low and declined gradually during the late-Holocene (Figure 3). No major hiatus associated with peat erosion or major or recurrent burning could be identified. Due to the high-resolution dating using ²¹⁰Pb, age control was highest for the nearsurface section. C accumulation rates were highest at the base of the sequence, with values between 15 and 20 g m⁻² yr⁻¹, declining to 8-15 g m⁻² yr⁻¹ between 80 cm depth and the top of the catotelm (Figure 3).

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The lower section of the record contained woody peat with occasional *Sphagnum fuscum* and a high charcoal influx suggesting repeated fires (98-78 cm depth; 3690-2940 287 cal yr BP). Testate amoeba and plant macrofossil records indicated an initial sharp 288 increase in water-table levels between 3200 and 2800 cal yr BP (period A; Figure 4). 289 During this period, ligneous vegetation was gradually replaced by S. fuscum and fires 290 likely became less prevalent, while C accumulation rates declined. As humification 291 values, and therefore decay loss, were relatively stable, the decrease in C accumulation 292 rates may be the result of declining organic matter production. The reconstructed 293 wetter conditions only lasted a few centuries as surface wetness decreased again 294 around 2700 cal yr BP. A second period of increasing water-table levels occurred around 295 2400 cal yr BP, reaching the surface around 2100 cal yr BP (period B; Figure 4) and remaining close to or above the surface until the second half of the 20th century. This 296 297 period was characterized initially by low peat humification and by the presence of 298 Sphagnum majus, which is a species characteristic of hollows and pools (Laine et al., 299 2009). In contrast with period A, water tables remained close to the surface for the 300 following centuries. After 1500 cal yr BP, S. majus was replaced by herbaceous species. 301 The disappearance of Sphagnum coincided with increasing peat humification and 302 decreasing productivity as suggested by the productivity index (Figure 4). Lowest C accumulation rates of 9 g m⁻² yr⁻¹ and low productivity indices occurred after 900 cal yr 303 304 BP, when local vegetation remained dominated by herbaceous species and water tables 305 persisted near the peatland surface. Between 2000 and 600 cal yr BP, local mineral 306 influx rose gradually as indicated by the ash influx reconstruction (Figure 4), attaining 2 g m⁻² yr⁻¹. This trend, together with the abundance of *Sphagnum subsecundum*, 307 308 minerotrophic mosses and herbaceous plants, suggests that the last 2000 years have been characterized by a degree of minerotrophy (van Bellen et al., 2013). A sharp increase in mineral influx up to 29 g m⁻² yr⁻¹ was recorded during the second half of the 20th century, associated with the start of anthropic activity in the region. Hence, the paleoecological record shows two specific episodes of increasing water-table levels which may be evaluated in terms of climate change and through use of conceptual models based on exploratory DigiBog simulations.

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316 The detailed record from Abeille-5 confirms the previously reconstructed trend found in 317 the minerotrophic peatlands of the Laforge region. Some of these ecosystems initially 318 developed under ombrotrophic conditions, with water tables 10-20 cm below the 319 surface, followed by a prolonged period of high water-table levels near the surface of 320 the peat (Figure 1; van Bellen et al., 2013) which clearly exceeded the ecological 321 resilience of the ecosystem (sensu Holling, 1996). Located at the northern biogeographic 322 limit of ombrotrophic peatlands (Payette and Rochefort, 2001), the Laforge region 323 peatlands have accumulated \leq 150 cm of peat in more than 6500 years (Garneau et al., 324 2017; van Bellen et al., 2013), which implies that rates of organic matter production only 325 marginally exceeded those of decay. Unlike temperate peatlands, which are sensitive to 326 droughts, the ecohydrology of these subarctic peatlands in a relatively humid climate 327 may be influenced primarily by temperature (Charman, 2007; Morris et al., 2015b) and 328 the relatively short growing season likely limits plant productivity and thus peat 329 accumulation (cf. Bartsch and Moore, 1985; Loisel et al., 2012).

330

332 Developing conceptual models to explain aqualysis using DigiBog as an exploratory tool333

334 As noted above, we used DigiBog as an exploratory tool to help identify possible routes 335 to aqualysis. It is important to stress that DigiBog was not applied directly to the study 336 site; there is not enough known about the site for such an application. The use of 337 DigiBog here should not be seen as a site-specific application of the model for which 338 model-data (from cores) comparisons could be made. We used DigiBog instead to 'grow' 339 a plausible ombrotrophic peatland under a constant climate, i.e. with a similar central 340 peat thickness to the site prior to the onset of aqualysis. We then considered what 341 factors might cause aqualysis: changes in peatland organic matter production and rates 342 of peat decay, brought about by climatic cooling, an increase in climatic wetness, and 343 changes in lateral water exchanges between the peatland and surrounding hillslopes.

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345 An increase in climatic wetness might be expected to increase surface wetness. 346 However, as suggested by Swindles et al. (2012) and Morris et al. (2015b), such changes 347 may be relatively short-lived – perhaps no more than several centuries in duration – 348 because of negative feedbacks within the ecosystem: increased organic matter 349 production may allow the peatland surface to rise so that the original depth of the 350 water table, relative to the peatland surface, is restored. Morris et al. (2015b) showed 351 that changes in temperature in combination with changes in climatic wetness can cause 352 much longer-lived changes in the state of a peatland. For instance, if the increase in 353 climatic wetness is accompanied by climatic cooling, such as that associated with the 354 Neoglacial period, lower growing season temperatures may suppress organic matter 355 production. In this case, the peatland surface does not increase in height and, instead, 356 stays close to the water table. Cooling will also suppress decay rates; therefore, for 357 overall rates of peatland growth to be curbed, organic matter production rates must be 358 lowered more than peat decay rates. Given the geomorphological setting of the Laforge 359 peatlands, characterized by landscape depressions surrounded by hillslopes, we also 360 considered the possibility that a general raising of hillslope water tables caused either (i) 361 water levels at the peatland margin to increase, limiting lateral water loss from the 362 peatland center, or (ii) minerotrophic water to enter the base of the peatland via 363 groundwater seepage or inflow from slopes. Wetter hillslopes may also have caused 364 occasional flow of minerotrophic surface water into the peatland, perhaps during 365 periods of sustained high precipitation. Including this aspect in the scenarios was also 366 motivated by the slightly minerotrophic conditions reconstructed for the last 2000 years 367 (van Bellen et al., 2013), which suggest that nutrients were able to enter the ecosystem. 368

In addition to a baseline setting (scenario 1), which represented a stable climate throughout peatland development, five scenarios were explored using DigiBog (Figure 5). Scenarios 2 to 6 all included a step-like, but persistent 20% increase in net precipitation, starting 2500 years after peatland initiation. Scenarios 3 and 5 were also characterized by a step-like, persisting drop in temperature (of 0.6°C) which caused a reduction in productivity of ~17% and a reduction in decay of ~4%, whereas a stronger 375 temperature drop (of 1°C), causing a reduction in productivity of ~28% and a reduction 376 in decay of ~9%, was included in scenario 6. Scenario 4 presumed a stable temperature, 377 but included groundwater seepage or increased hillslope runoff from the catchment to 378 the peatland edge. This simulation was performed by reducing the rate of subsurface 379 water flow from the peatland center to the margin by 30% after 2500 years. Finally, 380 scenario 5 also included this effect of reduced lateral flow or increased catchment 381 contribution; the difference between scenarios 4 and 5 being the drop in temperature 382 that caused a reduction in productivity of ~17% and a reduction in decay of ~4%. This 383 cooling effect was included in scenario 5, but not in scenario 4 (Figure 5).

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385

386 RESULTS

387

In the DigiBog simulations of the hypothetical peatland, the different scenarios had 388 389 distinct effects on peatland water tables (Figure 5). Under scenario 1, the water-table 390 level relative to the peatland surface remained more or less stable for the entire 5500-391 year period considered. Scenario 2, which contained an increase in net precipitation of 392 20%, triggered a short-lived increase in water-table height, but not enough to create 393 surface inundation. When a drop in temperature was added under scenario 3, causing a 394 reduction in productivity of ~17% and a reduction in decay of ~4%, surface wetting was 395 achieved and persisted ~1500 years after the initial climatic shift until the present-day. 396 The importance of such a cold shift for persisting aqualysis was underlined by scenario 4: the combination of restricted lateral water flow and an increase in precipitation alone
did not lead to aqualysis as the simulated peatland showed a homeostatic response to
these hydrological shifts. Indeed, when the cold shift was added (scenario 5), aqualysis
was relatively rapid and persisted for millennia. Finally, scenario 6 also led to aqualysis,
but the shift took ~600 years to be completed.

402

403 These scenarios suggest that a net reduction in rates of peat accumulation, caused by a 404 reduction in temperature depressing organic matter production more than decay, was 405 needed for aqualysis. In this situation, peat permeability declines as the slowly 406 accumulating peat decays, so that the water table catches up, or keeps pace with the 407 rising peat surface and aqualysis occurs. However, under scenario 3, the transition from 408 a dry to a wet state was very slow, with the shift from relatively deep water tables to 409 water tables at the peatland surface taking more than 1000 years. When the 410 temperature effect on net peat accumulation was accompanied by an increase in net 411 rainfall and increased flow from neighbouring hillslopes, rapid and persistent wetting of 412 the peatland occurred. In this scenario, the additional increase in wetness caused by the 413 contribution from the watershed produced a greater decline in organic matter 414 production, i.e. an even greater decline in net peat accumulation, so that the water 415 tables rose even more rapidly relative to the peatland surface.

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418 DISCUSSION

420 Laforge peatland ecohydrology and Neoglacial climate reconstructions

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422 Comparing the scenarios with the paleorecord from Abeille peatland, it appears that 423 period A (Figure 6) corresponds broadly with scenario 4, which was defined by an 424 increase in precipitation of 20% and a reduced lateral water flow. The reconstructed 425 homeostatic response that follows the increase in water-table level may be more likely 426 to occur when shifts in precipitation are of relatively minor intensity, as the peatland's 427 internal dynamics, including changes in decomposition, production and hydraulic 428 properties, show resilience through a negative feedback mechanism (Morris et al., 429 2015b).

430

431 The conceptual model based on scenario 5 suggests the shift registered around 2100 cal 432 yr BP (period B; Figure 6) was forced by an increase in precipitation, a reduction of 433 temperature, a reduced water flow towards the margin and some flow of mineral water 434 from the hillslopes into the peatland. Scenario 5 suggests all these changes were 435 required for aqualysis. Aqualysis also occurred in scenario 6, yet cooling and a wet shift 436 alone fail to explain the transition to partial minerotrophic conditions. Scenario 5 is 437 therefore the more plausible of the two as an explanation of aqualysis and the 438 establishment of poor fen conditions at Abeille.

439

440 Although we note above the temperature drops associated with the declines in organic 441 matter production and decay rates, these should not be over-interpreted. Based on multi-annual measurements of Sphagnum growth in a wide range of peatlands, Moore 442 (1989) reported an average decrease in net primary productivity (NPP) of 17.2 g m⁻² yr⁻¹ 443 for a 1°C decrease in mean annual temperature ($r^2 = 0.31$), with lawns and hollows 444 445 slightly more sensitive than hummocks. The dataset used by Moore (1989) included 446 subarctic fens near Schefferville, ~350 km east of the Laforge region, and the hydrologic 447 setting of the measured microforms was found to be important in explaining intra-site 448 differences in annual NPP. Annual NPP for lawns and hummocks in these poor fens was in the order of 70-80 g m⁻² yr⁻¹ for Sphagnum, 30 g m⁻² yr⁻¹ for sedges and 40 g m⁻² yr⁻¹ 449 for shrubs (Bartsch and Moore, 1985; Moore, 1989). Combining the NPP sensitivity 450 451 values (Moore, 1989) with these annual NPP values suggests our assumption of a 1°C 452 decrease in temperature causing a productivity reduction of 28% may not be unrealistic. 453 No data is available on decay sensitivity to annual-scale temperature variations for these 454 sites. It appears reasonable to expect productivity and decay to be affected to some 455 degree by temperature; hence, their consideration in scenarios 3, 5, and 6. For a similar 456 reason to the interpretation of temperature changes used in the model, we do not 457 report on absolute water levels relative to the surface in the Results. The DigiBog output 458 simply shows whether the water table was relatively deep, or close to the peat surface. 459 As noted earlier, DigiBog is used here to help gauge what factors or combination of 460 factors may be required to cause persistent shifts in the surface wetness of the peatland 461 such as that at Abeille.

463

464 Paleoecological evidence in support of scenario 5 as the explanation of aqualysis

465

The output of the various scenarios suggest specific changes that were likely necessary for aqualysis to occur. Now we consider how the suggested cooling, wetting and decreased runoff may be translated into peatland processes, taking account of the bioclimatic position of the Abeille peatland and the regional geomorphology.

470

471 Reconstructed annual precipitation and average July temperatures for northern Quebec, 472 using pollen data (Viau and Gajewski, 2009), show no clear shift at the onset of 473 agualysis, which occurred at Abeille around 2400-2100 cal yr BP, but they do indicate an 474 increase in precipitation and a decrease in temperature around 2000 cal yr BP, which 475 falls within the 95% confidence interval of the Abeille-5 age-depth model (Figures 3 and 476 6). Garneau et al. (2017) reconstructed pool formation in the Laforge region between 477 4200 and 2500 cal yr BP by dating peat horizons underneath the pools, but suggested the obtained ages may have been somewhat overestimated due to ongoing 478 479 decomposition as pools deepen (Karofeld and Tõnisson, 2014). Other studies from 480 northern Quebec suggest permafrost aggradation and a slowdown in C accumulation 481 started in subarctic peatlands around 2000 cal yr BP (Allard and Seguin, 1987; Bhiry and Robert, 2006; Lamarre et al., 2012), which corroborates our scenario of cooling and the 482 483 minimal age for aqualysis to occur.

485 The humification record of Abeille-5 shows a decrease in peat humification between 486 2090 and 1910 cal yr BP, with minimal values at 1910 cal yr BP (Figure 6). However, the 487 timing of the events that generated this humification record may be delayed, due to 488 secondary decomposition of peat in the zone where the water table fluctuates (Morris 489 et al., 2015b). In this case of a decrease in humification, the apparent timing of the wet 490 shift from the humification data is later than the *actual* timing of the event. A lagged 491 limited humification, possibly driven by a wet shift around 2000 cal yr BP, coincides with 492 the appearance of *S. majus*, which may be more resistant to decay than the herbaceous 493 vegetation that it replaced (Scheffer et al., 2001). The rates of C accumulation during 494 this period remained relatively stable; the combination of decreasing humification and 495 these stable C accumulation rates suggests that productivity likely declined. This trend is 496 in agreement with the cold shift and its effect on organic matter production that the 497 exploratory modelling suggests is necessary for aqualysis to occur. In the remainder of 498 the late-Holocene, C accumulation rates were stable, but relatively low: the cold climate 499 and wet conditions likely limited decay, but probably more importantly, productivity.

500

In the conceptual models, rapid, persistent aqualysis was only achieved when a reduced flow towards the margins was included. This effect may also be interpreted as representing a flow into the peatland of water from the bounding slopes. Although DigiBog cannot currently simulate water quality effects on peatland processes, we estimate such an input would likely have had a positive effect on decay rates, 506 countering to some extent the effects of reduced temperature. Such an increase in 507 nutrient availability and increased decay would have caused a lower permeability of the 508 peat that resulted from this decay. The lower permeability would have further impeded 509 water flow from the center of the peatland towards the margins (Hoag and Price, 1995) 510 and possibly accentuated a water-table rise both in the center and at the margins of the 511 peatland (Morris et al., 2015a).

512

513 An enhanced minerotrophic input, which was suggested by paleoecological methods, 514 may have been the result of an increase in precipitation, combined with a decrease in 515 evapotranspiration both in the peatland and in the surrounding forest, together 516 contributing to increasing recharge in the catchment (Figure 5). Catchment recharge can 517 also be highly sensitive to the composition and density of the vegetation cover. 518 Neoglacial forest opening was reconstructed in subarctic Quebec, likely driven by an 519 intensification of fire regimes and slow, cold-limited post-fire regeneration (Asselin and 520 Payette, 2005; Payette and Gagnon, 1985). If this phenomenon were extended to the 521 Laforge region, a resulting sparse vegetation on hillslopes and cooler conditions may 522 have allowed for enhanced water storage in the watershed as evapotranspiration was 523 reduced. As a result, inflow towards the peatland may have further increased. Our 524 charcoal influx record showed high values between 3700 and 3100 cal yr BP, when the 525 peatland was ombrotrophic and dominated by stands of *Picea* and *S. fuscum* (Figures 4 526 and 6), but an absence after 2400 cal yr BP. Both the trend in the record and the size of 527 the charcoal fragments quantified (>1 mm) suggest peatland burning was more 528 important before 3100 cal yr BP, yet this may be mostly a local (peatland) effect, driven 529 by a peatland vegetation cover initially dominated by a presence of *Picea*; inferences on 530 the fire frequency at the scale of the catchment or beyond are therefore uncertain. The gradually increasing mineral influx during the last 2000 years, attaining ~2 g m⁻² yr⁻¹ at 531 532 200 cal yr BP (Figure 4), likely reflects enhanced mineral input at the watershed scale or 533 reduced peat accumulation, because an estimate of dust influx in an ombrotrophic 534 complex ~350 km west of this region showed no clear late-Holocene trend (Pratte et al., 535 2017).

536

537 Our conceptual modelling suggests that, besides shifts in temperature and precipitation, 538 aqualysis may have been caused by an increase in surface and groundwater inflow, 539 driven by an increase in precipitation but combined with the opening of the forest 540 cover. The latter trend was possibly influenced by an intensified fire regime, which reduced regeneration (Figure 7). The importance of processes at the scale of the 541 542 catchment for aqualysis is supported by the positive relationship between degree of aqualysis and catchment area, explained by a higher potential water supply (White and 543 544 Payette, 2016). The current influence of catchment drainage was also indicated by a 545 measured sustained positive hydraulic gradient between upland forest and the Abeille 546 peatland (Carrer et al., 2015). The relatively permeable fluvioglacial sediments 547 underlying and surrounding the peatland may also have facilitated aquifer flow towards 548 the ecosystem (Reeve et al., 2000), contributing to the rise in water tables.

549

551 Implications and recommendations

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553 Our results suggest that subarctic poor fens are sensitive to climatic variability and may 554 therefore be useful archives of climate change, but also that hydrological processes at 555 the scale of the watershed may need to be considered while interpreting paleorecords. 556 They also underline the importance of modelling for evaluating ecosystem sensitivity to 557 environmental change. We showed that, for ecosystems located at the bioclimatic limit 558 of ombrotrophic peatlands, the specific sensitivity to climatic cooling and wetting, 559 increased water flow and mineral input may determine whether the ecosystem is vulnerable to aqualysis. We suggest future studies in these types of ecosystems consider 560 561 climate effects on hydrology beyond the peatland ecosystem itself, i.e. at the scale of 562 the catchment.

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565 CONCLUSION
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The conceptual models, applied to a subarctic fen and in part evaluated using DigiBog, suggest that the ecosystem shift from a treed, ombrotrophic *Picea-Sphagnum* bog to a poor minerotrophic state with abundant pools likely occurred under cooler and wetter climatic conditions, combined with an enhanced water flow from the catchment towards the peatland. The various scenarios included in this study allowed us to identify 572 the cold shift as being essential for a relatively rapid and persisting aqualysis to occur. 573 This cooling likely caused a reduction in organic matter production that exceeded the 574 negative effect on decay rates, which therefore resulted in a decrease in vertical 575 accumulation rates. Enhanced input of minerotrophic water would have been necessary 576 to explain the increase in minerotrophy during the late-Holocene. The conceptual 577 models suggest that climatic forcing was essential for aqualysis to occur, but the 578 catchment topography of the Laforge region likely contributed to the potential for 579 aqualysis.

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581

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583

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- 785

787 FIGURE CAPTIONS

788

Figure 1: Laforge peatland reconstructed water tables since 4000 cal yr BP, pooled in
200-year bins. Boxes represent medians, upper and lower quartiles and outliers.

791

792 Figure 2: Bioclimatic positioning of patterned fens and documented aqualyzed peatland 793 regions. Left: position of the Laforge region, Monts Otish region (1), Plateau du lac du 794 Sable region (2) and the Foster et al. (1988b) patterned fen region within the Quebec 795 'climate space', as defined by annual precipitation and growing season cumulative 796 shortwave radiation values. Each point represents a spatial unit for which climate data 797 were available, with points marked according to the vegetation distribution from 798 Payette and Rochefort (2001). Right: location of the patterned fen regions in Quebec. 799 The approximate southern limit of peatland permafrost features (palsas) is based on 800 Payette and Rochefort (2001).

801

Figure 3: Age-depth model, C density and C accumulation rate reconstruction for Abeille-5. The apparent increase in vertical accumulation near the surface represents the acrotelm, characterized by ongoing oxic decay.

805

Figure 4: Variations in testate amoeba assemblages, inferred water-table depths, mainplant macrofossils and peat physical characteristics along the Abeille-5 core. Period A

represents an initial, non-persisting increase in water-table levels while period B shows
a persisting water-table rise (aqualysis) with testate amoeba assemblages and plant
macrofossils suggesting surface inundation.

811

Figure 5: Conceptual model scenarios, DigiBog output and visual representation of ecosystem processes. The ecosystem dynamics resulting from model output, shown at the right, were not specifically modelled but represent interpretations of the trends. For instance, the '+' sign indicates increased minerotrophy from enhanced catchment water inflow in scenarios 4 and 5. This inflow was not explicitly modelled but was represented by a reduced lateral loss of water from the peatland.

818

Figure 6: Ecohydrological, C accumulation rate, charcoal influx, *P. mariana* needle abundance and humification records from Abeille peatland combined with climate reconstructions from northern Quebec (Viau and Gajewski, 2009). Temperature and precipitation records are expressed as anomalies. Climate reconstructions were obtained from Viau and Gajewski (2009) and the precipitation–temperature residuals of z-scores were recalculated from their published records.

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Figure 7: Processes contributing to aqualysis. Inflow from the catchment to the peatland margin, also impeding drainage from the center to the margin of the peatland, may have contributed to the increase in minerotrophy and aqualysis.