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**Differential patterns of inhibition of the sugar transporters GLUT2, GLUT5 and GLUT7
by flavonoids**

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Contribution of authors:

JSG: Performed all experimental work, planned and designed research, analysed data.

JDL: Provided expertise and advice on *X. laevis* oocyte microinjection.

ST: Provided cell culture expertise and optimized conditions for quantitative Western blotting.

AK: Planning of research, radiochemistry expertise, and advice on experimental work.

GW: Supervised, planned and designed research.

Writing of paper: First draft written by JSG. All authors have contributed, read and agreed to the contents of the manuscript.

Abbreviations:

GLUT2: solute carrier family 2, member 2 (SLC2A2), human

GLUT5: solute carrier family 2, member 5 (SLC2A5), human

GLUT7: solute carrier family 2, member 7 (SLC2A7), human

SGLT1: Sodium-dependent sodium-glucose cotransporter 1

EGCG: (-)-epigallocatechin-gallate

IVT: in vitro transcription

ddPCR: digital droplet polymerase chain reaction

FBS: fetal bovine serum

DAPI: 4',6-diamidino-2-phenylindole

WGA: Wheat Germ Agglutinin

1 **ABSTRACT**

2 Only limited data are available on the inhibition of the sugar transporter GLUT5 by flavonoids
3 or other classes of bioactives. Intestinal GLUT7 is poorly characterised and no information
4 exists concerning its inhibition. We aimed to study the expression of GLUT7 in Caco-2/TC7
5 intestinal cells, and evaluate inhibition of glucose transport by GLUT2 and GLUT7, and of
6 fructose transport by GLUT2, GLUT5 and GLUT7, by flavonoids. Differentiated Caco-2/TC7
7 cell monolayers were used to investigate GLUT7 expression, as well as biotinylation and
8 immunofluorescence to assess GLUT7 location. For mechanistic sugar transport studies, *X.*
9 *laevis* oocytes were injected with individual mRNA, and GLUT protein expression on oocyte
10 membranes was confirmed. Oocytes were incubated with D-[¹⁴C(U)]-glucose or D-[¹⁴C(U)]-
11 fructose in the presence of flavonoids, and uptake was estimated by liquid scintillation counting.
12 In differentiated Caco-2/TC7 cell monolayers, GLUT7 was mostly expressed apically. When
13 applied apically, or to both compartments, sorbitol, galactose, L-glucose or sucrose did not
14 affect GLUT7 mRNA expression. Fructose applied to both sides increased GLUT7 mRNA
15 (13%, $p \leq 0.001$) and total GLUT7 protein (2.7-fold, $p \leq 0.05$), while the ratio between apical,
16 basolateral and total GLUT7 protein was unchanged. In the *X. laevis* oocyte model, GLUT2-
17 mediated glucose and fructose transport were inhibited by quercetin, (-)-epigallocatechin
18 gallate (EGCG) and apigenin, GLUT5-mediated fructose transport was inhibited by apigenin
19 and EGCG, but not by quercetin, and GLUT7-mediated uptake of both glucose and fructose
20 was inhibited by apigenin, but not by quercetin nor EGCG. Expression of GLUT7 was
21 increased by fructose, but only when applied to Caco-2/TC7 cells both apically and
22 basolaterally. Since GLUT2, GLUT5 and GLUT7 show different patterns of inhibition by the
23 tested flavonoids, we suggest that they have the potential to be used as investigational tools to
24 distinguish sugar transporter activity in different biological settings.

25

26 Key words: polyphenols; *Xenopus laevis* oocytes; sugar transporters; flavonoids; Caco-2 cells

27

28

29 **1. INTRODUCTION**

30 GLUT proteins are members of the SLC2 family and transport monosaccharides and polyols
31 across eukaryotic cell membranes by a facilitative mechanism but with different affinity and
32 specificity. Intestinal glucose absorption across the apical membrane involves both sodium-
33 glucose cotransporter 1 (SGLT1) and GLUT2 [1, 2], while transport of glucose to the blood is
34 catalysed by GLUT2 on the basolateral membrane [3]. In the presence of high glucose
35 concentrations, transport is mediated primarily by GLUT2 rather than SGLT1, through
36 trafficking of additional GLUT2 to the apical surface [4, 5]. This mechanism is supported by
37 evidence showing, for example, that GLUT2 is localised to the apical membrane in rat
38 intestinal models with elevated sugar concentrations [6]. Fructose uptake in the gut is primarily
39 mediated by GLUT5 which recognizes all forms of the sugar [7-9]. Secondary fructose
40 transport is facilitated by GLUT2, which is able to recognize fructose in its furanose form [10],
41 and is responsible for transporting absorbed fructose across the basolateral membrane of
42 enterocytes and into the blood [11]. GLUT7 is expressed in the intestine and very few other
43 tissues, and is the closest relative to GLUT5, sharing 53% sequence homology and 68% amino
44 acid identity [12, 13]. GLUT7 has a notably high affinity for both glucose and fructose (< 0.5
45 mM), and due to high levels of expression in the ileum, may be responsible for sugar uptake at
46 the end of a meal, when sugar concentrations gradually decrease [14-16]. Although there is still
47 controversy about the ability of GLUT7 to transport sugars [17, 18], two studies on expression
48 of human GLUT7 in *X. laevis* oocytes reported that this protein was able to transport fructose
49 and glucose, but not galactose [12, 15]. It has been hypothesised that a conserved motif, present
50 in the sequences of GLUT2, GLUT5 and GLUT7, is responsible for their ability to transport
51 fructose [18-20].

52

53 Many flavonoids have been shown to inhibit GLUT2, including tiliroside, myricetin, phloretin,
54 EGCG and apigenin [21] [22] [23] [24]. Quercetin is also a potent inhibitor of both glucose
55 and fructose uptake by GLUT2, through binding to a non-sugar binding site [23] [25]. Unlike
56 GLUT2, inhibition of GLUT5 sugar uptake has only been shown for a limited number of
57 flavonoids: (–)-epicatechin-gallate (ECG) and (–)-epigallocatechin-gallate (EGCG) [26]. The
58 sugar analogue L-sorbose-Bn-OZO also inhibits GLUT5, and contains a bulky benzyl group
59 thought to bind to a position out of the binding site. The oxygen molecule in the OZO moiety
60 increases hydrogen interactions with the protein, allowing for tighter binding [8]. No inhibitors
61 of GLUT7 of any type have yet been reported, and, in fact, even the ability of GLUT7 to
62 transport sugars has been questioned [17, 18].

63

64 **2. MATERIALS AND METHODS**

65 **2.1 Chemicals**

66 D-[¹⁴C(U)]-glucose was from Perkin Elmer (Boston, USA), D-[¹⁴C(U)]-fructose was from
67 Hartmann Analytic (Braunschweig, Germany), and D-fructose, D-glucose and Glutamax™
68 were from Thermo Fisher Scientific (Paisley, UK). Dulbeccos's modified Eagle's Medium,
69 fetal bovine serum (FBS), non-essential amino acids, penicillin, protease inhibitor cocktail and
70 streptomycin were from Sigma-Aldrich, UK. L-sorbose-Bn-OZO was kindly provided by
71 Professor Arnaud Tatibouet, Université d'Orléans, France.

72

73 **2.2 Cell culture**

74 Caco-2/TC7 cells at passage number 30 and kindly donated by Dr M. Rousset (U178 INSERM,
75 Villejuif, France), were routinely cultured in 25 mM glucose Dulbeccos's modified Eagle's
76 Medium supplemented with 20% (v/v) fetal bovine serum (FBS), 2% (v/v) Glutamax™, 2%
77 (v/v) non-essential amino acids, 100 U/mL penicillin and 0.1 mg/mL streptomycin at 37 °C

78 with 10% CO₂ in a humidified atmosphere. Cells were used between passage numbers 30 and
79 40.

80

81 **2.3 Gene expression analysis using digital droplet PCR**

82 Caco-2/TC7 cells were seeded on 6-well Transwell plates (0.4 μm pore size, polycarbonate,
83 Corning, UK) at a density of $6 \times 10^4 \text{ cm}^{-2}$ and maintained for 21 d in the conditions indicated
84 above. After 7 d post-seeding and up to 21 d cells were grown in asymmetric conditions, with
85 FBS included only in the medium added to the basolateral side of each well. Throughout the
86 differentiation period (7-21 d), cells were grown in the standard glucose medium or in medium
87 supplemented with 25 mM of one of the following sugars; fructose, sorbitol, galactose, L-
88 glucose and sucrose on apical side only, or on both apical and basolateral sides. At day 21 cells
89 were lifted and mRNA was extracted using the Aurum Total RNA Mini Kit (Bio-Rad, UK),
90 following manufacturer's instructions. Reverse transcription of RNA to cDNA was performed
91 with a high capacity RNA to cDNA kit (Applied Biosystems, Life Technologies, USA).
92 Droplet digital PCR (ddPCR) was used to quantitatively determine gene expression using
93 TaqMan duplexed FAM/VIC assays in a QX100 system (Bio-Rad), as previously described
94 [27]. Triplicate reactions of 20 μL stock sample solution were prepared by adding 8 μL total
95 transcribed nucleic acids (5 ng) diluted with MilliQ water, 1 μL GLUT7 (SLC2A7) FAMTM-
96 labelled TaqMan primer (Hs01013553_m1, Thermo Fisher Scientific, UK) and 10 μL of
97 ddPCR Supermix for Probes (Bio-Rad). In addition, 1 μL VICTM-labelled probe for TBP
98 (TATA box binding protein, Hs00427620_m1) (Thermo Fisher Scientific, UK) was added to
99 final sample solution to act as a reference. All data were analysed with the QuantaSoft software
100 (Kosice, Slovakia). Concentrations of target and reference cDNA (Tata Binding Box Protein
101 1, TBP) measured as copies/μL are presented as a ratio.

102

103 **2.4 Protein expression analysis by cell surface biotinylation**

104 Cell surface biotinylation was performed using the Pierce Cell Surface Protein Isolation Kit
105 (89881, Thermo Fisher Scientific, UK) according to the manufacturer's instructions. Briefly,
106 cells were washed twice with ice cold phosphate buffered saline with calcium chloride and
107 magnesium chloride (PBS+) (D1283, Sigma-Aldrich, UK) before incubation with 0.25 mg/ml
108 Sulfo-NHS-SS-Biotin for 30 min, on ice, on a low speed shaker. Quenching solution was added
109 to each well, and cells were washed twice with Tris buffered saline (TBS) buffer (1706435,
110 Bio-Rad, UK). Cells were scraped and lysed on ice for 30 min in 60 mM octylglucoside/150
111 mM NaCl/20 mM Tris solution (pH 7.4), containing protease inhibitors. Following
112 centrifugation at 14,000 g for 5 min supernatant was transferred into a new tube and protein
113 concentration for each cell lysate was determined with a ND100 Nanodrop spectrophotometer
114 (Thermo Fisher Scientific, UK). NeutrAvidin Agarose beads in Pierce Spin Columns (Thermo
115 Fisher Scientific, UK) were washed twice with TBS and lysis buffer. Lysates were added to
116 the filter columns at comparable protein concentrations, and incubated at room temperature on
117 a rotator at low speed for 1 h. Filter columns were washed twice with TBS and then treated
118 with Rapid PNGase F (P0710S, New England Biolabs, USA) for 15 min at 37 °C to remove
119 N-glycosylation. Biotinylated membrane fractions were eluted with SDS-PAGE buffer
120 containing 0.5 M dithiothreitol following a 20 min incubation at 37 °C..

121

122 **2.5 Immunofluorescence staining**

123 Caco-2/TC7 cells were seeded at a density of 6×10^4 cm² on Millicell cell culture inserts (12-
124 well, PET 0.4 mm pore size, Millipore) and maintained as described above for 21 d. Cells were
125 fixed with 4% para-formaldehyde in phosphate buffered saline (PBS) and incubated with 5
126 µg/mL Fluorescein labelled Wheat Germ Agglutinin (WGA) (FI-1021, Vector Laboratories,
127 Peterborough, UK) for 10 min at 37 °C. Cells were then washed three times with PBS+ and

128 permeabilised with 0.1% Triton-X100 for 20 min at room temperature before incubation with
129 GLUT7 primary antibody (NBP1-81821, Novus Biologicals, USA) at a 1:50 dilution for 1 h at
130 room temperature. After three washes with PBS, cells were incubated with Cy3-conjugated
131 AffiniPure donkey anti-rabbit IgG (711-165-152, Jackson ImmunoResearch, USA) secondary
132 antibody at a dilution of 1:300. Cells were washed three times with PBS, stained with 2 µg/mL
133 4',6-diamidino-2-phenylindole (DAPI) for 5 min, rinsed with water, and mounted onto
134 microscopy slides using ProLong Gold antifade reagent mounting medium (Thermo Fisher
135 Scientific, UK). Images were obtained with a Zeiss LSM 700 Inverted Confocal Microscope
136 using the 63x lens objective. Cells imaged without WGA were permeabilized once fixed and
137 processed for imaging in the same way as described above, with the exception that Alexa Fluor
138 488-conjugated AffiniPure donkey anti-rabbit IgG (711-545-152, Jackson ImmunoResearch,
139 USA), at a dilution of 1:300, was used in the secondary antibody incubation step.

140

141 **2.6 Protein expression analysis in Caco-2/TC7 cells by automated western blotting**

142 Expression of membrane-localised GLUT7 after biotinylation was determined using automated
143 capillary Western blotting (WES, ProteinSimple, Bio-Techne, UK). Cell lysates were treated
144 with Rapid PNGase F for 15 min prior to the denaturation step (37 °C, 15 min). GLUT7
145 antibody (NBP1-81821, Novus Biologicals, USA) was diluted 1:10 and Na⁺/K⁺ ATPase
146 (#3010, New England Biolabs Ltd, UK) diluted 1:100 was used as a loading control. Optimal
147 loading concentration for the cell lysate samples was 0.4 mg of total protein/mL. The
148 membrane fraction of biotinylated samples was analysed without dilution.

149

150

151 **2.7 Isolation of mRNA encoding GLUT2, GLUT5 and GLUT7 genes**

152 Human GLUT2 and GLUT5 mRNA were obtained following methods previously described
153 [22]. Human GLUT7 mRNA was prepared from GLUT7pGEM-HE plasmid, kindly supplied
154 by Debbie O'Neill of Prof. Chris Cheeseman's group (Department of Physiology, Alberta
155 University, Canada). The plasmid was linearized with NheI (R6501, Promega, WI, USA)
156 before being added to the T7 polymerase mMESSAGE mMACHINE® (AM1344, Ambion,
157 Applied Biosystems, UK) in vitro transcription kit to produce capped RNA products.

158

159 **2.8 Preparation of *Xenopus laevis* oocytes for microinjections**

160 *X. laevis* oocytes were isolated and microinjected as described previously [22]. Following
161 microinjections, oocytes were kept at 18 °C in ND96-ACT medium for 24 h (GLUT5-injected
162 oocytes), 48 h (GLUT2-injected oocytes) or 120 h (GLUT7-injected oocytes) before
163 experiments were carried out.

164

165 **2.9 Specificity of mRNA products**

166 Plasmids were specifically designed to ensure that the protein coding sequence of both GLUT2
167 and GLUT5 were placed in between the SP6 promoter and a unique restriction enzyme site.
168 The GLUT7 gene coding region was placed between the T7 promoter and a specific restriction
169 enzyme site in the provided GLUT7pGEM-HE plasmid. To determine mRNA quality and
170 specificity, samples obtained from the in vitro transcription (IVT) steps were run on a
171 formaldehyde RNA denaturing gel to confirm the size of the mRNA products.

172

173 **2.10 Protein expression analysis in *X. laevis* oocytes by automated western blotting**

174 Membranes from oocytes microinjected with protein mRNA or water were extracted following
175 post-microinjection incubation (24 h for GLUT5, 48 h for GLUT2, or 120 h for GLUT7). For
176 GLUT2 and GLUT7, times were chosen based on published literature [12, 23]. For GLUT5, a
177 preliminary analysis of expression in oocytes was carried out between 1-5 days post micro-
178 injection, which indicated highest expression at day 1. Expression of human GLUT2, GLUT5
179 and GLUT7 in *Xenopus laevis* oocyte membranes was determined by automated capillary
180 western blotting according to manufacturer's instructions, as previously described [28], with
181 the exception of the sample denaturing conditions (37 °C for 15 min). Membrane extracts of
182 GLUT2- and GLUT7-injected oocytes were treated with Rapid PNGase F (New England
183 Biolabs, USA) for 15 min prior to the denaturation step. GLUT2 (ab95256, Abcam, UK) and
184 GLUT5 antibodies (sc271055, Santa Cruz Biotechnology, USA) were diluted 1:50. Optimal
185 loading concentration for GLUT2 and GLUT5 oocyte membrane samples was 0.4 mg/mL and
186 0.2 mg/mL respectively. GLUT7 antibody was diluted 1:10. Membrane extracts of GLUT7-
187 expressing oocytes were used undiluted.

188

189 **2.11 Glucose and fructose uptake by oocytes expressing GLUT2, GLUT5 or GLUT7**

190 Following microinjection with protein mRNA or water, *Xenopus laevis* oocytes were incubated
191 in 100 µM 0.5 µCi/mL D-[¹⁴C(U)]-glucose (GLUT2, GLUT7) or D-[¹⁴C(U)]-fructose
192 (GLUT2, GLUT5 and GLUT7). Incubations were carried out at 25 °C for 5, 15 or 30 min. To
193 terminate the incubation, oocytes were washed with ice cold 100 µM sugar solution and
194 homogenised in 0.3 M sucrose containing 10 mM sodium phosphate and a protease inhibitor
195 mixture. Where possible, time points were chosen to best reflect the linear portion of the uptake
196 against time curve. Either 3 oocytes (GLUT2 and GLUT5) or 10 oocytes (GLUT7) were
197 homogenised together. In order to separate the yolk and pellet cell debris, the homogenized

198 samples were centrifuged at 3,000 g for 15 min at 4 °C. The supernatant was centrifuged at
199 48,000 g for 1 h at 4 °C to pellet the membranes, which were re-suspended in the same solution
200 used for the homogenisation step and stored at –20 °C until protein expression analysis. The
201 supernatant of the second centrifugation step was added to a vial containing 5 ml of scintillation
202 fluid and radioactivity was measured using a Packard Tri-Carb 1900 TR Liquid Scintillation
203 Counter. Samples not used for protein analysis were homogenised and directly assessed by
204 scintillation counting as neither the yolk or cell debris interfered with measurements, as
205 determined in preliminary tests.

206

207 **2.12 Statistics**

208 Oocyte sugar uptake experiments involved six replicates of 3 oocytes, or three replicates of 10
209 oocytes, per individual condition. Importantly, water-injected control oocytes were used in
210 every experiment and for each and every individual condition. Each data point represents the
211 mean of all replicates \pm SEM, normalized to the mean of respective controls, except when
212 controls are included in the figures. Two tailed homoscedastic Student's t-test was used to test
213 significance, as previously reported [19]. IC₅₀ values were the average concentration of the
214 replicate determinations of the added compound at which the uptake of sugar by each replicate
215 was decreased by 50%. For protein and gene expression in Caco-2/TC7 cells, each data point
216 represents the mean of three biological replicates, and three technical replicates in gene
217 expression assays, \pm SEM. Cells cultured in standard glucose medium were used as controls
218 for all experiments. Data from biological replicates were combined by normalizing each
219 individual experiment to the control and ANOVA was performed to determine statistical
220 differences. Two tailed homoscedastic Student's t-test was used to test significance.

221

222

223 3. RESULTS

224 3.1 Localisation of GLUT7 on Caco-2/TC7 cellular membranes by immunostaining

225 GLUT7 mRNA was expressed at higher levels in the Caco-2/TC7 clone compared to parental
226 Caco-2 cells (259 ± 77 cf 87 ± 8 copies/ng of cDNA), and so the former was used for
227 subsequent experiments. Immunostaining with anti-GLUT7 primary antibody showed
228 GLUT7 protein localization (green or red fluorescence) mainly on the apical membrane
229 (figure 1), with less on the lateral membrane, and very little on the basal membrane. The
230 possibility of GLUT7 being expressed on the apical brush border membrane, due to the high
231 sequence similarity with GLUT5, has been previously proposed [15] [12]. In addition,
232 immunohistochemical analyses localized rat GLUT7 to the apical membrane of small
233 intestinal epithelial cells [15].

234

235 3.2 Modulation of expression of GLUT7 in Caco-2/TC7 cells

236 Expression of GLUT7 in Caco-2/TC7 cells grown in media supplemented with fructose,
237 sorbitol, galactose, L-glucose or sucrose on the apical side during the cell differentiation period
238 (7-21 d) remained unchanged when compared to the glucose control (figure 2 A). In
239 comparison, in cells grown in media supplemented with fructose (but not the other sugars) on
240 both apical and basolateral sides showed a small but significant increase (13%, $p \leq 0.001$) in
241 GLUT7 mRNA expression was noted when compared to glucose control (figure 2 B). In Caco-
242 2/TC7 cells GLUT7 was readily detected as a single band of 49 kDa, following treatment with
243 PNGase, and could be analysed in the same capillary with $\text{Na}^+\text{K}^+\text{ATPase}$, with both proteins
244 showing a linear response with increasing protein concentration (figure 2 C and D). GLUT7
245 protein expression in cell lysates, normalized to $\text{Na}^+\text{K}^+\text{ATPase}$ [29], increased 2.7-fold ($p \leq$
246 0.05) (figure 2 E), however, this did not change the ratio between apical and total, nor
247 basolateral and total, GLUT7 protein, as assessed by biotinylation (figure 2 F). The expression

248 of GLUT7 on the apical surface of differentiated Caco-2/TC7 cell monolayers makes the model
249 amenable to flavonoid inhibition. The flavonoids EGCG, apigenin and quercetin can attenuate
250 transport of glucose and fructose across differentiated Caco-2 and Caco-2/TC7 cell monolayers
251 [22] [24], but these cells, as for the intestine in vivo, express a variety of GLUT and other sugar
252 transporters, which makes the determination of the role of individual transporters difficult. We
253 therefore used the *Xenopus laevis* expression system to elucidate effects of flavonoid inhibitors
254 on individual functional GLUTs.

255

256 **3.3 GLUT protein expression in *Xenopus laevis* oocyte membranes and transport of** 257 **sugars**

258 We expressed human GLUT2, GLUT5 and GLUT7 in *X. laevis* oocytes. Sizes of injected
259 mRNA encoding for each GLUT were confirmed by analyses on an RNA formaldehyde gel.
260 After injection and incubation to allow for protein synthesis, GLUT2 or GLUT5 proteins were
261 clearly detected in membrane extracts of oocytes injected with mRNA, but not of water-
262 injected controls (figure 3 A, B, D and E). The predicted M_r of human GLUT7 is 55.7 kDa,
263 with an N-glycosylation site at residue 57. A band of $M_r = 59$ kDa was observed after
264 expression of GLUT7 in oocytes, together with a dominant non-specific band derived from the
265 oocyte membrane (figure 3). After removal of N-glycans by PNGase, the 59 kDa band shifted
266 to a lower molecular weight, consistent with removal of N-glycosylation (figure 3 C and F).
267 Furthermore, oocytes expressing GLUT2 and GLUT7 were able to take up D-[$^{14}\text{C}(\text{U})$]-glucose,
268 and those expressing GLUT5 and GLUT7 could take up D-[$^{14}\text{C}(\text{U})$]-fructose. L-sorbose-Bn-
269 OZO, reported to inhibit GLUT5 [8], inhibited GLUT5-mediated fructose uptake by more than
270 50%, $p \leq 0.01$ (figure 4 A). GLUT2-mediated glucose uptake was inhibited by both
271 cytochalasin B (70% inhibition at 100 μM , $p \leq 0.0001$) and phloretin (81 % inhibition at 100
272 μM , $p \leq 0.0001$) as expected (figure 4 B). To date, there have been no accounts of GLUT7

273 inhibitors, with compounds such as phloretin and cytochalasin B having no impact on glucose
274 uptake by this transporter (figure 4 C), as previously demonstrated [12]. Based on the protein
275 data, we predict that GLUT7 protein was expressed at a lower level compared to GLUT2 and
276 GLUT5.

277

278 **3.4 Inhibition of glucose and fructose transport in *Xenopus laevis* oocytes expressing**

279 **GLUT2**

280 EGCG and apigenin dose-dependently inhibited GLUT2, decreasing uptake of both D-
281 [¹⁴C(U)]-glucose and of D-[¹⁴C(U)]-fructose (figure 5 A, B; Table 1). Quercetin was also a
282 potent inhibitor, as previously reported [23] (figure 5 C).

283

284 **3.5 Inhibition of fructose transport in *Xenopus laevis* oocytes expressing GLUT5**

285 EGCG and apigenin inhibited uptake of 0.1 mM D-[¹⁴C(U)]-fructose into oocytes expressing
286 GLUT5 (figure 6 A and B; Table 1). Quercetin did not have any significant effect on fructose
287 uptake by GLUT5 at any of the concentrations tested (figure 6 C), as previously reported [23].

288

289 **3.6 Inhibition of glucose and fructose transport in *Xenopus laevis* oocytes expressing**

290 **GLUT7**

291 Uptake of D-[¹⁴C(U)]-glucose and D-[¹⁴C(U)]-fructose by GLUT7-expressing oocytes was
292 unchanged in the presence of EGCG even at high concentrations (figure 7 A). Apigenin
293 significantly, and concentration-dependently, inhibited GLUT7-mediated D-[¹⁴C(U)]-fructose
294 uptake (Table 1). GLUT7-mediated D-[¹⁴C(U)]-glucose uptake was also significantly inhibited
295 by apigenin, (figure 7 B; Table 1). There was no significant change in D-[¹⁴C(U)]-fructose or
296 D-[¹⁴C(U)]-glucose uptake by GLUT7-expressing oocytes in the presence of quercetin up to
297 100 μM (figure 7 C).

298

299

300 4. DISCUSSION

301 Sugar transporters have multiple functions in cells, and only some transport glucose across
302 membranes [30-32]. The role of GLUT7, predominantly expressed in the intestine, is still
303 controversial and its physiological function remains unclear [30]. As the closest related protein
304 to GLUT5, GLUT7 is also proposed to be a fructose transporter [15, 33]. Nevertheless,
305 contradictory data on the capability of GLUT7 to transport fructose and glucose have been
306 reported [12, 17, 18], and no inhibitors are known. Our data clearly demonstrates that GLUT7
307 expressed in oocytes is able to transport both glucose and fructose, in agreement with other
308 data on microinjected GLUT7-expressing oocytes [12]. However, this is in contrast to the work
309 of one group where sugar uptake by oocytes expressing GLUT7 could not be detected [17, 18].
310 If we closely examine the methodology, several major differences become apparent to the work
311 described here: we injected almost 4-fold higher amount of RNA, and we also used water-
312 injected oocytes as blanks, rather than non-injected oocytes. Water injection provides a control
313 for the microinjection procedure, which leads to a development of the pigmented ring scar
314 caused by the micropipette prick and can affect the membrane permeability [34]. Low amounts
315 of sugar are able to influx through this scar on the oocyte surface, as determined by
316 radioactivity measurements of water-injected oocytes versus non-injected oocytes, the latter
317 producing radioactivity counts equivalent to background levels. To account for the amount of
318 uptake caused by the scar produced during microinjection, as well as any change in membrane
319 permeability from the contents of each compound, all uptake data presented here was
320 normalized to control water-injected oocytes that were exposed to the same conditions as
321 mRNA-injected oocytes. Moreover, we tested the protein expression and sugar uptake in
322 GLUT7 microinjected oocytes over several days post-injection and found that a longer
323 incubation time of 5 d was essential to result in stable expression. It is notable that, in our
324 hands, the GLUT7-catalysed sugar transport showed more variation between experiments

325 compared to GLUT2 and GLUT5, but the reason for this is not clear. Furthermore, in support
326 of GLUT7 activity, we observed no inhibition by phloretin nor cytochalasin B, in agreement
327 with previous observations [12]. By confirming that fructose is, in fact, transported by GLUT7,
328 our results also fit with the hypothesis that a conserved isoleucine-containing motif present in
329 GLUT2, GLUT5 and GLUT7 may be essential for the transport of fructose [19]. Consistent
330 with potential involvement in sugar transport across the membrane, immunostaining showed
331 that GLUT7 transporter protein is primarily localized to the apical membrane of differentiated
332 Caco-2/TC7 monolayers, with less GLUT7 present on the basal side.

333

334 It would be anticipated that expression of sugar transporters could be modulated by sugars, and
335 as an example, expression of both GLUT2 and GLUT5 was increased in the presence of glucose
336 and fructose, respectively [35, 36]. Here we found that only apical and basolateral fructose,
337 and not the other sugars tested, induced both GLUT7 mRNA and total protein in differentiated
338 Caco-2/TC7 cells. The increased protein concentration in the cell did not change the ratio
339 between surface-expressed and total protein, implying that the increase was due to more protein
340 synthesis or less degradation, and not enhanced trafficking per se.

341

342 Having confirmed that GLUT7 can transport fructose and glucose, we then tested if it could be
343 inhibited by flavonoids. We show for the first time that apigenin, but not EGCG nor quercetin,
344 was an effective inhibitor of GLUT7 glucose and fructose transport. In comparison, GLUT2
345 was inhibited by all three flavonoids tested, and the extent of inhibition by quercetin was
346 comparable to that previously reported [23]. For GLUT5, EGCG and apigenin were effective
347 inhibitors, but quercetin was not. The lack of inhibition by quercetin and inhibition by EGCG
348 are in agreement with other studies on GLUT5 [23, 26]. Since the oocyte model indicates
349 interaction with the expressed protein, then we would expect that all of the observed inhibition

350 reactions are due to direct binding of the flavonoid to the sugar transporter. Some flavonoids
351 are able to inhibit other GLUTs, and, for example, EGCG inhibits GLUT1 and SGLT1 [24,
352 26], and quercetin inhibits the “class 1” transporters GLUT1, 2 and 4 [23, 37, 38]. Based on
353 the previous observations and the data presented here, it is suggested that flavonoids have the
354 potential to modulate glucose transport by inhibition of GLUT transporters, and that the
355 specificity of inhibition could be exploited in mechanistic studies to examine the role of sugar
356 transporters in cells.

357

358 **Acknowledgments**

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Table 1. Summary of data on inhibition of GLUTs by flavonoids

	GLUT2		GLUT5	GLUT7	
	glucose	fructose	fructose	glucose	fructose
Apigenin (μM)	27 ± 4	28 ± 10	40 ± 4	$\sim 38^*$	16 ± 12
Quercetin (μM)	7 ± 1	8 ± 2	NI	NI	NI
EGCG (μM)	72 ± 13	93 ± 16	72 ± 13	NI	NI

* Inhibition did not follow a clear dose-dependency (see Fig. 7B) and so the IC_{50} value was estimated from zero and highest concentration of compound tested. NI = no inhibition observed. Data are \pm standard deviation.

Figure 1. Immunofluorescence detection of GLUT7 in differentiated Caco-2/TC7 monolayers. Cells were incubated with nuclear stain DAPI (blue), rabbit anti-GLUT7 primary antibody and either Cy3-conjugated donkey anti-rabbit secondary antibody or Alexa Fluor 488-conjugated AffiniPure donkey anti-rabbit secondary antibody. **Panel A.** GLUT7 appears in red, with high prevalence on apical side. Cell membrane marker WGA appears in green. **Panel B.** In the absence of a cell membrane marker, GLUT7 appears in green, predominantly on the apical side. Scale bars (10 μ m) are shown in the lower left corner of the first DAPI image in each panel and applies to all images. Images from left to right represent sections through the cell from the apical to basal side of the Caco-2/TC7 cell. Images are representative of 3 biological replicates.

Figure 2. Effect of sugars on GLUT7 mRNA and protein expression in differentiated Caco-2/TC7 intestinal cells. For analysis of mRNA, GLUT7 was multiplexed with TBP, and normalized to the glucose control. **Panel A.** Effect of sugars in apical compartment on GLUT7 mRNA expression. **Panel B.** Effect of sugars on apical and basolateral sides on GLUT7 mRNA expression. **Panel C.** GLUT7 and Na⁺K⁺ATPase protein detection in Caco-2/TC7 lysate, loaded at 0.5 mg protein/ml. **Panel D:** Standard curve showing peak area of GLUT7 and Na⁺K⁺ATPase against loaded protein concentration. GLUT7 and Na⁺K⁺ATPase antibody dilutions were 1:10 and 1:100 respectively. Detected protein size for GLUT7 and Na⁺K⁺ATPase was 49 kDa and 101 kDa respectively. **Panel E.** Effect of sugars on GLUT7 protein, multiplexed with Na⁺/K⁺ ATPase. **Panel F.** Effect of sugars on GLUT7 surface protein expression as assessed by biotinylation. Data points represent the mean of 3 biological replicates and three (A, B) or two (E, F) technical replicates, analysed in triplicate, \pm SEM, with all data normalised to the glucose treatment. * $p \leq 0.05$, *** $p \leq 0.001$.

Figure 3. Exogenous expression of GLUT2, GLUT5 and GLUT7 proteins in membranes of *Xenopus laevis* oocytes. Membranes extracted from injected oocytes after 24 h (GLUT5), 48 h (GLUT2), or 120 h (GLUT7), as well as water-injected control membranes, were analysed using automated capillary Western blotting (WES). Data are shown as electropherograms for GLUT2 (A), GLUT5 (B) and GLUT7 (C) and as gel image view for GLUT2 (D), GLUT5 (E) and GLUT7 (F). Detected protein sizes for GLUT2 and GLUT5 were 53 kDa and 60 kDa, respectively; GLUT7 was 48 kDa, following PNGase treatment. Mock PNGase represents undigested samples.

Figure 4 Functionality of GLUT transporters expressed in *Xenopus laevis* oocytes. One day post GLUT5 mRNA microinjection, oocytes were incubated in 6 mM D-[¹⁴C(U)]-fructose with and without 6 mM L-sorbose-Bn-OZO for 15 min (A). Two days post GLUT2 mRNA microinjection (B) or five days post GLUT7 mRNA microinjection (C), oocytes were incubated in 0.1 mM D-[¹⁴C(U)]-glucose with and without either 100 μM phloretin or 100 μM cytochalasin B (cytoB) for 5 min. Sugar uptake was determined by scintillation counting for oocytes expressing protein (black bars) and water injected controls (open bars). Net uptake (grey bars) was determined by normalizing the uptake observed by GLUT2, GLUT5 or GLUT7 injected oocytes against water-injected oocytes. The mean ± SEM of 6 replicates (18 oocytes) is shown per individual condition. ** p ≤ 0.01 and **** p ≤ 0.0001.

Figure 5 Effects of flavonoids on glucose and fructose uptake by *Xenopus laevis* oocytes expressing GLUT2. Two days post mRNA microinjection, oocytes were incubated in either 0.1 mM D-[¹⁴C(U)]-glucose (left axis, ●) or 0.1 mM D-[¹⁴C(U)]-fructose (right axis, ○) with EGCG (A), apigenin (B) or quercetin (C) for 5 min, and sugar uptake determined by scintillation counting. Each data point represents the mean ± SEM of six mRNA-injected

replicates (18 oocytes) normalized to respective water-injected controls, incubated in the same conditions. * $p \leq 0.05$, ** $p \leq 0.01$, *** $p \leq 0.001$ and **** $p \leq 0.0001$.

Figure 6 Effects of flavonoids on fructose uptake by *Xenopus laevis* oocytes expressing GLUT5. One day post mRNA microinjection, oocytes were incubated in 0.1 mM D-[¹⁴C(U)]-fructose with EGCG (**A**), apigenin (**B**) and quercetin (**C**) for 5 min. Sugar uptake was determined by scintillation counting. Each data point represents the mean \pm SEM of six mRNA-injected replicates (18 oocytes) normalized to respective water-injected controls, incubated in the same conditions. ** $p \leq 0.01$.

Figure 7 Effects of flavonoids on glucose and fructose uptake by *Xenopus laevis* oocytes expressing GLUT7. Five days post mRNA microinjection, oocytes were incubated in either 0.1 mM D-[¹⁴C(U)]-glucose, or 0.1 mM D-[¹⁴C(U)]-fructose, in the presence of EGCG (**A**) or quercetin (**C**) for 30 min. Oocytes were also incubated in 0.1 mM D-[¹⁴C(U)]-glucose (left axis, ●) or 0.1 mM D-[¹⁴C(U)]-fructose (right axis, ○) with apigenin (**B**) for 30 min. Internalized sugar uptake was determined by scintillation counting. Each data point represents the mean \pm SEM of three mRNA-injected replicates (30 oocytes) (**A**, **C**) or six mRNA-injected replicates (60 oocytes) (**B**) normalised to respective water-injected controls, incubated in the same conditions. * $p \leq 0.05$.

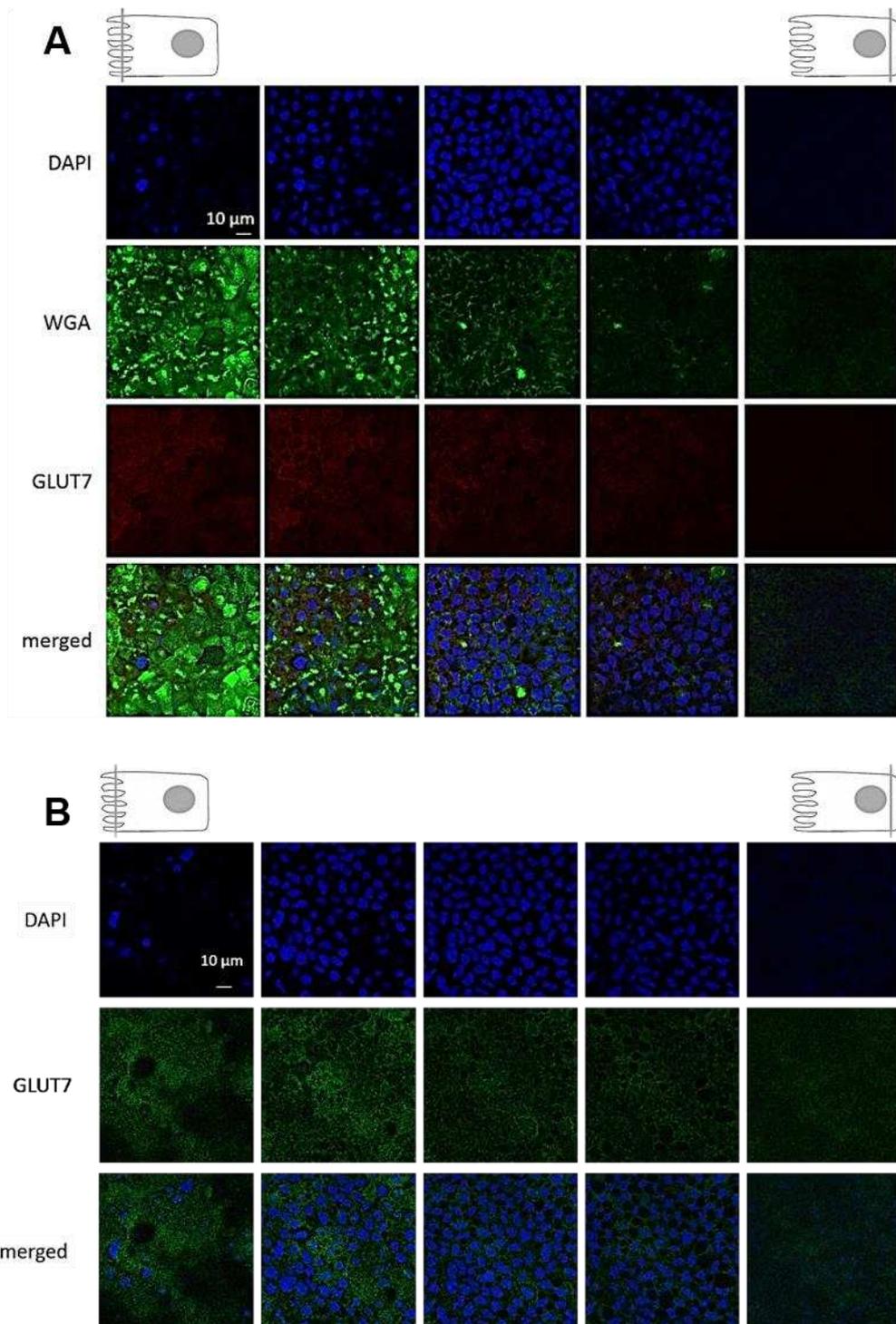


Figure 1

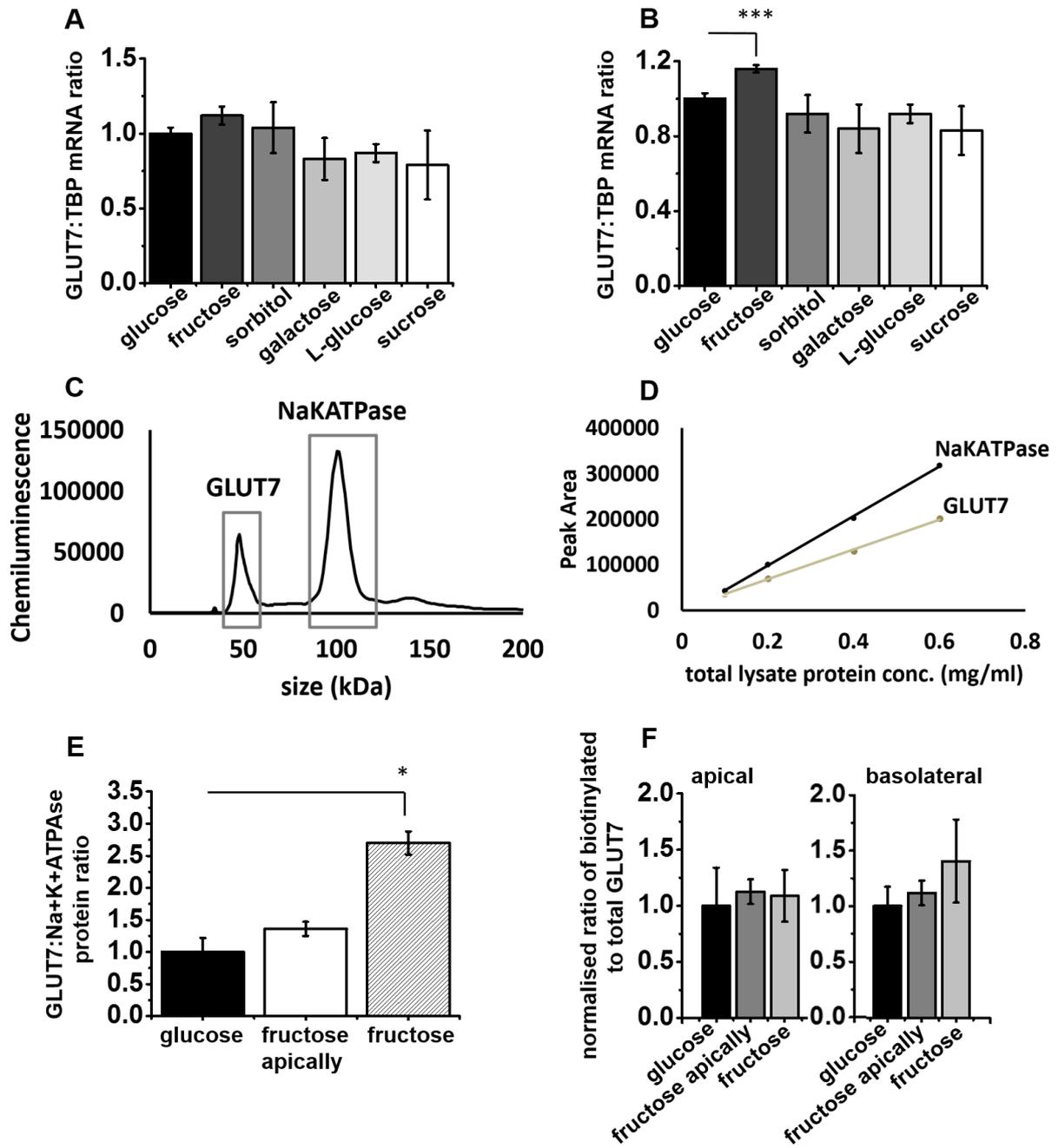


Figure 2

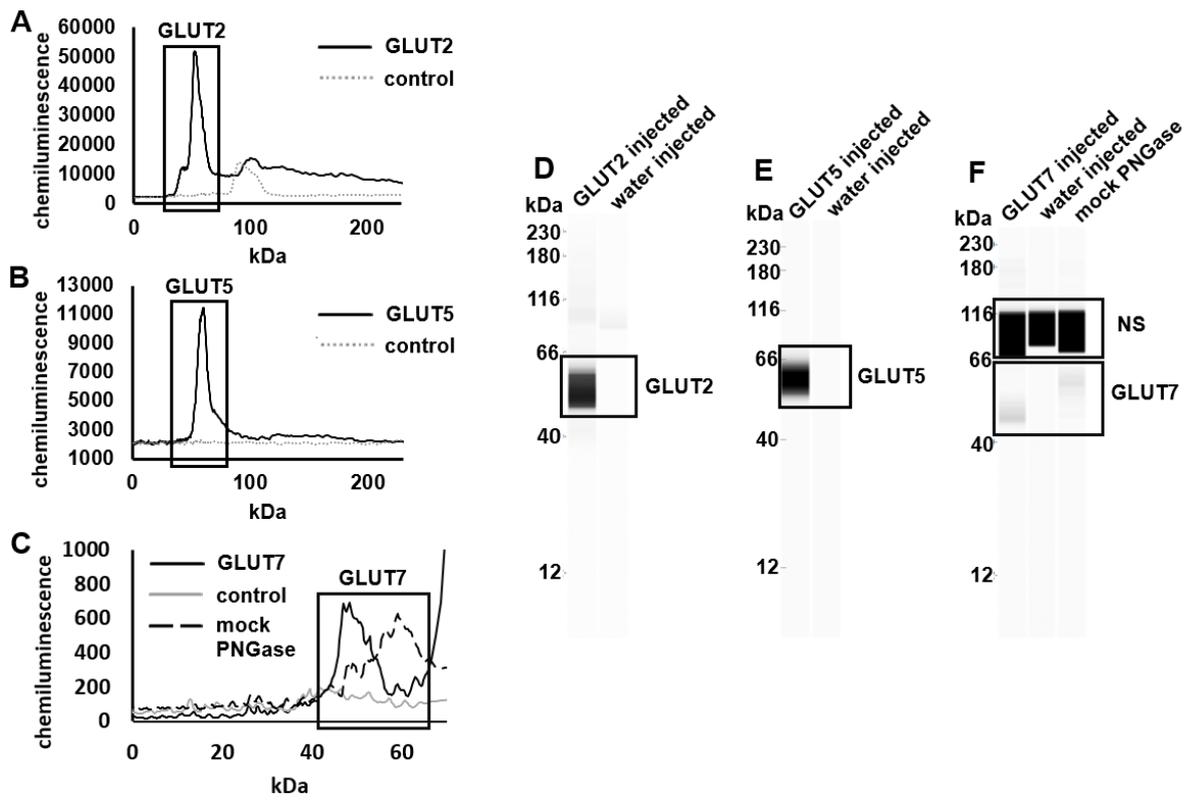


Figure 3

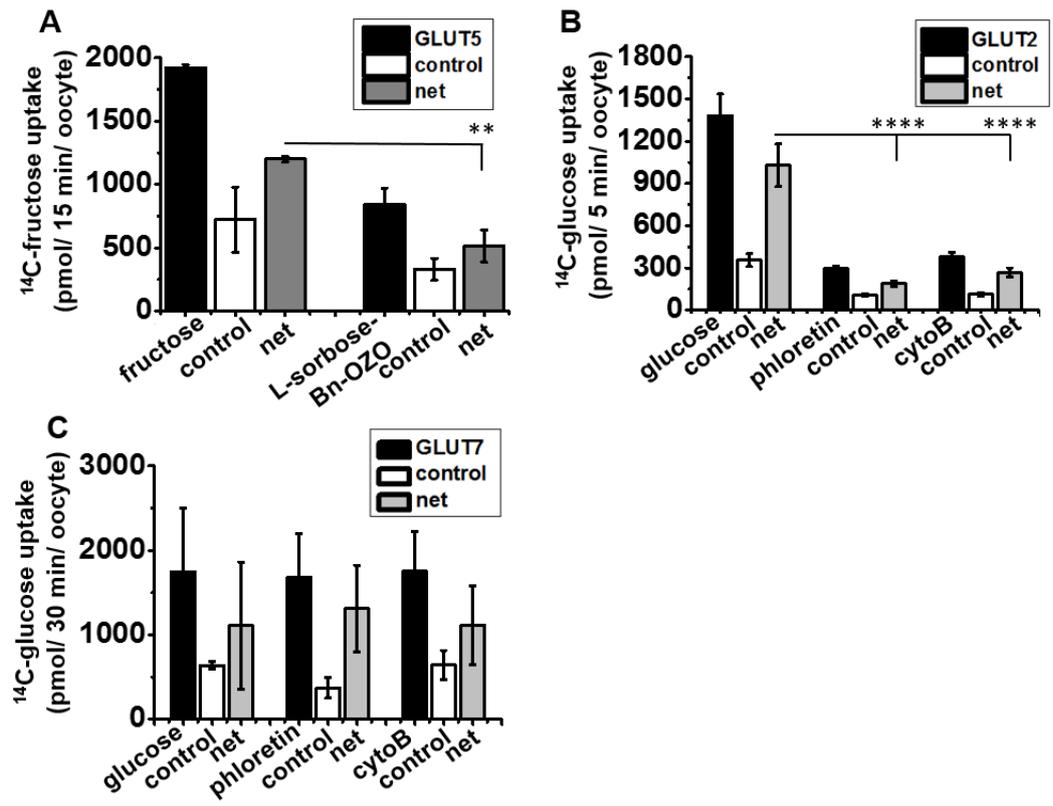


Figure 4

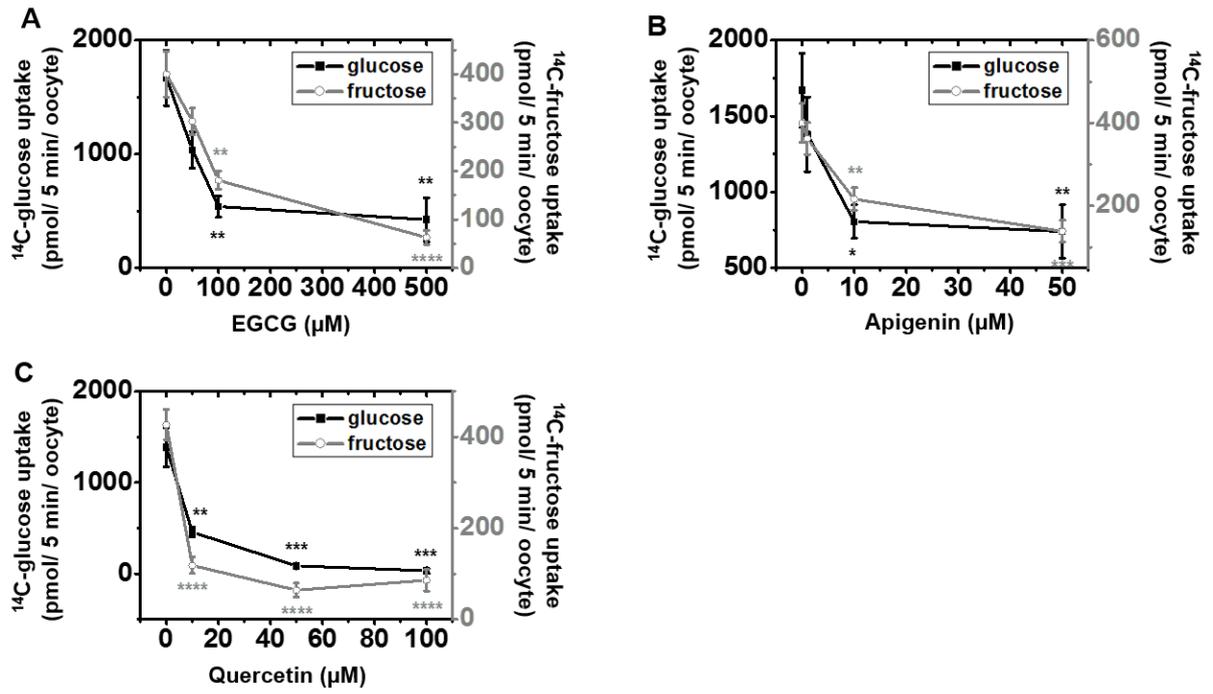


Figure 5

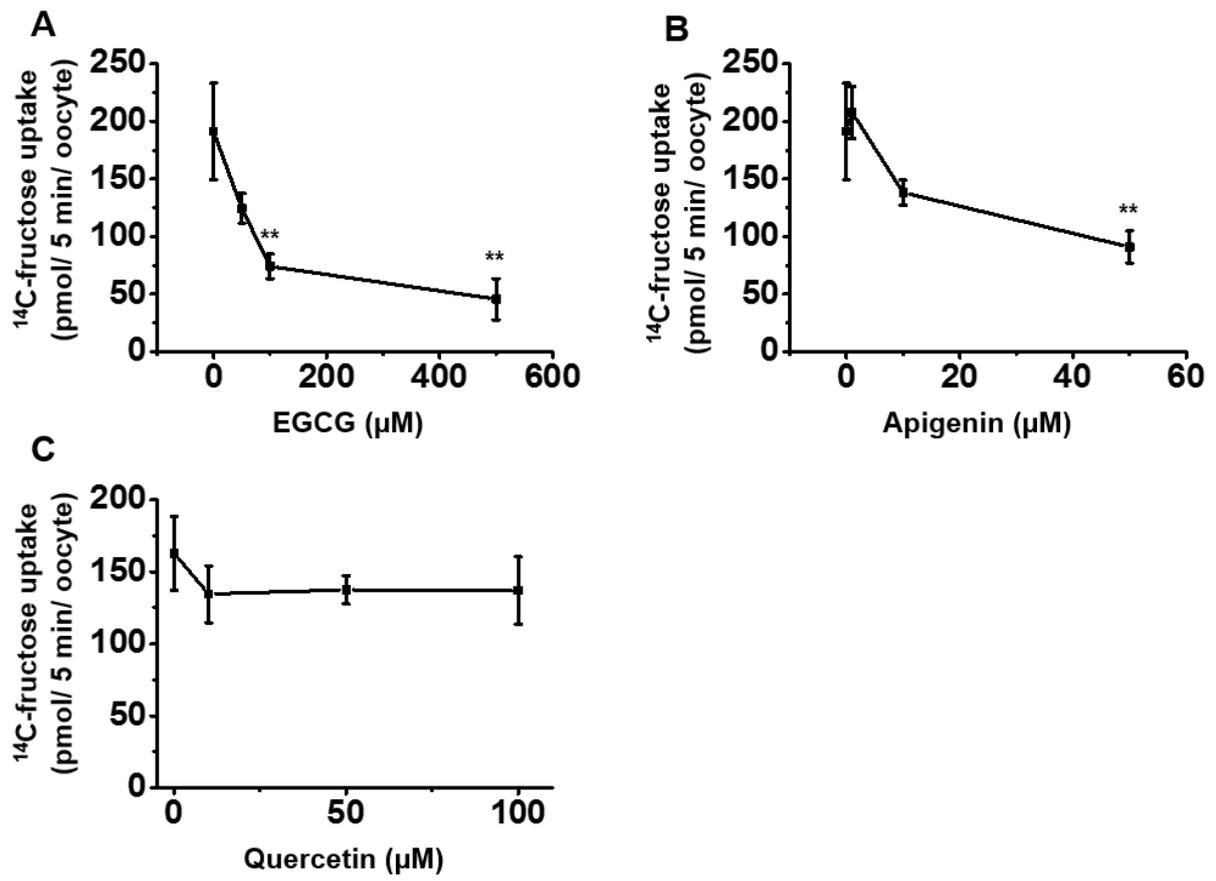


Figure 6

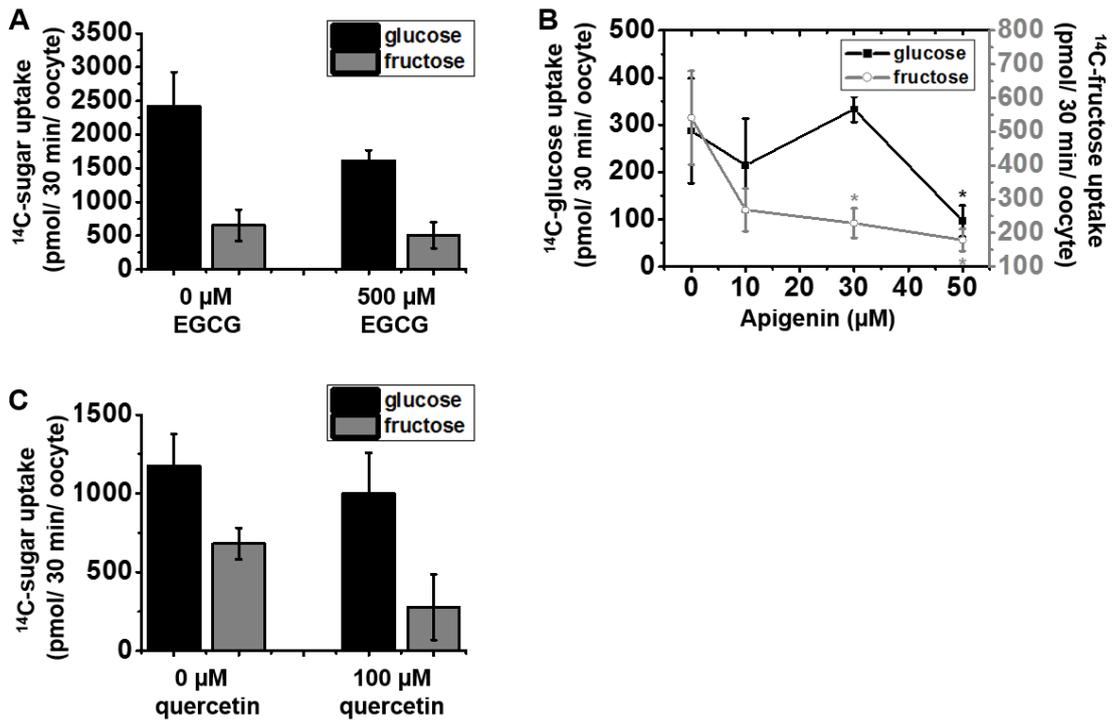


Figure 7

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