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How Comprehensive are Research Studies Investigating the Efficacy of Technology-Enhanced Learning Resources in Anatomy Education? A Systematic Review

Lauren Clunie¹, Neil P. Morris², Viktoria C. T. Joynes³, James D. Pickering^{1,2*}

¹Division of Anatomy, Leeds Institute of Medical Education, School of Medicine, University of Leeds, Leeds, United Kingdom

²Research Centre in Digital Learning, School of Education, University of Leeds, Leeds, United Kingdom

³Institute of Clinical Sciences, School of Medicine, University of Liverpool, Liverpool, United Kingdom

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*Correspondence to: Dr. James Pickering, Division of Anatomy, Leeds Institute of Medical Education, School of Medicine, 9.06 Worsley Building, Clarendon Way, University of Leeds, Leeds, LS2 9NL, UK. E-mail: j.d.pickering@leeds.ac.uk

ABSTRACT

Anatomy education is at the forefront of integrating innovative technologies into its curricula. However, despite this rise in technology numerous authors have commented on the shortfall in efficacy studies to assess the impact such technology-enhanced learning (TEL) resources have on learning. To assess the range of evaluation approaches to TEL across anatomy education, a systematic review was conducted using MEDLINE, the Educational Resources Information Centre (ERIC), Scopus and Google Scholar, with a total of 3,345 articles retrieved. Following the PRISMA method for reporting items, 153 articles were identified and reviewed against a published framework - the technology-enhanced learning evaluation model (TELEM). The model allowed published reports to be categorized according to evaluations at the level of (1) learner satisfaction, (2) learning gain, (3) learner impact and (4) institutional impact. The results of this systematic review reveal that most evaluation studies into TEL within anatomy curricula were based on learner satisfaction, followed by module or course learning outcomes. Randomized controlled studies assessing learning gain with a specific TEL resource were in a minority, with no studies reporting a comprehensive assessment on the overall impact of introducing a specific TEL resource (e.g., return on investment). This systematic review has provided clear evidence that anatomy education is engaged in evaluating the impact of TEL resources on student education, although its remains at a level that fails to provide comprehensive causative evidence.

Key Words: Technology-enhanced learning, evaluation, anatomy education, curriculum design

INTRODUCTION

Anatomy education is at the forefront of utilizing the latest technological advancements to develop increasingly blended learning environments. As Trelease (2016) recently described in a comprehensive review, this approach has significantly shifted the learning and teaching of anatomy from a relatively unenhanced position to the cutting edge. Such changes to anatomy curricula are becoming increasingly documented for all aspects of teaching and learning, including face-to-face sessions supported by faculty members, and periods of self-directed learning, where students consolidate and revise course material.

This changing approach to anatomy education delivery is underpinned by a number of multi-factorial drivers, including: the availability and logistics of cadaveric resources (McLachlan et al., 2004; McLachlan and Patten, 2006), the relevance of anatomy in a modern and expanding medical curriculum (Cottam, 1999; McKeown et al., 2003; Turney, 2007; Louw et al., 2009), increasing student numbers, decreasing available curriculum time to teach the required anatomy, and pedagogical approaches (Heylings, 2002; Drake et al., 2009; Bergman et al., 2014; Drake et al., 2014; Freeman et al., 2014; Chen et al., 2017). This change in anatomy education approach has been long-standing and can be tracked back to the introduction of the personal computer (PC) almost 30 years ago (Trelease, 2008), with great strides being made since, including: two-dimensional (2D) and three-dimensional (3D) applications (Evans, 2011; Lewis et al., 2014; Pickering, 2015a, 2016a), eBooks (Mayfield et al., 2013; Stirling and Birt, 2014; Pickering, 2015b; Stewart and Choudhury, 2015), social media (Jaffar, 2014; Raikos and Waidyasekara, 2014; Hennessy et al., 2016; Pickering and Bickerdike, 2016) lecture webcasts (Vaccani et al., 2016), 3D printing of replica specimens (McMenamin et al., 2014; Reilly et al., 2016), discussion fora (Choudhury and Gouldsborough, 2012; Green et al., 2014) massive open online courses (MOOCs; Reinders and de Jong, 2016; Swinnerton et al., 2017), and virtual and augmented reality (Moro et al., 2017), all becoming established mediums through which anatomy content can be delivered. This diffusion of innovation into higher education can be observed alongside changing approaches to curriculum design with the increasing use of active learning techniques (Freeman et al., 2014) and flipped classrooms (Chen et al., 2017) enabled by such TEL resources.

However, given the well documented change in approach to anatomy education, it is important that upon the introduction of TEL resources a robust evaluation of efficacy is conducted. This desire has been longstanding with McLachlan and Patten commenting over a decade ago that the field of evaluation was 'the single most desirable improvement in anatomy teaching' (McLachlan and Patten, 2006), and more recently Trelease (2016) commenting that 'elearning innovations in anatomical sciences education currently suffer from a scarcity of statistically reliable learning efficacy evidence'. Furthermore, and despite this desire, there remains only an emerging level of evaluation into both the short- and long-term impact individual TEL resources have on student education (Tworek et al., 2013; Colliver and Cianciolo, 2014; Cook and Ellaway, 2015; Pickering and Joynes, 2016; Trelease, 2016; Pickering, 2017a). Recently, some comprehensive studies have attempted to address this issue with a series of meta-analyses detailing the impact optical and virtual microscopy, 3D visualization technologies, physical models, and laboratory pedagogies, have on anatomy education (Wilson et al., 2016; Yammine and Violato, 2015, 2016; Wilson et al., 2017). This indepth understanding of the impact such TEL resources have on student learning is of paramount importance if faculty wish to make informed decisions into the best options available when developing, reviewing or wanting to introduce and a new learning tool.

Across the medical education discipline, this desire to evaluate has been supported by a growing number of evaluation frameworks that endeavor to understand the impact teaching interventions have on student learning (Frye and Hemmer, 2012). Of these, Kirkpatrick's model of evaluation is the most widely cited and influential (Kirkpatrick, 1994, 2017), consisting of four levels that are based on learning outcomes as a measure of program impact and behavioral change. However, due to the multi-faceted nature of anatomy curricula currently being developed, and as these frameworks typically attempt to assess the impact at the level of the program or course, utilizing such an approach can fail to draw out the specific impact individual TEL resources have on student outcomes. This approach to evaluation has been criticized due to its reductionist approach, in that the changes observed at the program level are solely attributed to the new intervention (Holton, 1996; Yardley and Dornan, 2012). Moreover, this assumes a certain linearity of the program, with a clear cause and effect that is often difficult - if not impossible - to achieve in educational settings. In an attempt to remedy this shortfall, two evaluation frameworks have been proposed that are specifically focused on the role of TEL in medical education (Cook and Ellaway, 2015; Pickering and Joynes, 2016b). The framework put forward by Cook and Ellaway (2015) suggests that a thorough evaluation of TEL resources must encompass seven broad areas that are unique to TEL (e.g., usability, student experience and costanalysis), with the intention of providing meaningful comparison between institutions. Similar to the desired outcomes of Kirkpatrick (1994, 2017), this particular framework provides a protocol that is heavily based on evaluation at the program or course level. Most recently, an additional TEL evaluation model (TELEM) has been developed that builds on existing frameworks and focuses on understanding the impact individual resources have within a resource heavy curriculum (Pickering and Joynes, 2016b). Building on the work of Kirkpatrick (1994, 2017), the

TELEM encompasses four-levels of evaluation that aims to examine: learner satisfaction, learning gain, learner impact and institutional impact, through a diverse and extensive range of both qualitative and quantitative methodologies to achieve a more holistic overview of the TEL resources' impact.

BASIS FOR SYSTEMATIC REVIEW

With an increasingly diverse range of TEL resources being introduced into anatomy education, and with the increasing levels of acceptance for their use within medical education, it is inconceivable that any institution would consider withdrawing its use from their curriculum (Fuller and Joynes, 2015; Lumsden et al., 2015). Although, the levels of student satisfaction and the types of devices available are generally well understood (Koehler, 2012; Wallace et al., 2012; Chen and Denoyelles, 2013), further empirical research is needed to fully explore the efficacy of such TEL-based resources to ensure their effective integration into anatomy curricula. It is therefore, within the context of increasing reliance on, and integration of, technology in anatomy education, that this systematic review has examined the scope of evaluation within research studies evaluating the impact of TEL resources using the TELEM as a benchmarking tool. Only when faculty are fully aware of the efficacy of such tools, can meaningful decisions be made on their introduction into learning environments.

Summary of the Technology-Enhanced Learning Evaluation Model

The TELEM consists of four levels (Fig. 1), with each level summarized below (for more information on the model please refer to Walsh et al., (2013) and Pickering and Joynes (2016b)):

- Level 0 is a preliminary evaluation of need that assesses the requirements for introducing a TEL resource. The intention of this stage is to ensure that technology is the most appropriate solution to either a curriculum problem that needs remedying or an alternative approach to meeting the course's learning objectives. Once the need has been established a development phase begins that leads to either the in-house creation or commercial procurement of the relevant TEL resource.
- Level 1 is divided into two parts: 1a learner satisfaction and 1b learning gain. Level 1a of the TELEM model examines the levels of satisfaction with the newly introduced resource by way of well–developed Likert-style questionnaires and qualitative approaches, such as focus–groups. Although the primary goal of the evaluation model is to examine the efficacy of a specific resource, for students to engage with the resources it must be user-friendly and enjoyable (Van Nuland et al., 2016; Kirschner, 2016). Level 1b assesses the specific impact the resource has on learning gain in a controlled environment via a randomized-controlled trial format. Given the ethical and educational restrictions on this approach, this level would utilize volunteers and a withinsubject/repeated-measures design to determine whether the resource. Recruiting volunteers and deploying a well-established experimental protocol, such as a pre- and post-test design, causative data can be obtained to assess TEL resource efficacy, with confounding variables limited.
- Level 2 takes a holistic and correlational approach to assess how the TEL resource impacts the student in regard to summative assessment outcomes within an active curriculum. This level utilizes a combination of quantitative (e.g., learning analytics on

usage) and qualitative (e.g., questionnaire and focus groups) approaches in an attempt to link the level of usage and assessment outcomes by comprehensively investigating student access and utilization. By combining the evaluation data from Levels 1 and 2 a holistic view of the impact a specific TEL resource has on student learning can be achieved that goes beyond the reductionist approach of other frameworks.

Level 3 is concerned with assessing the specific TEL resource's cost-feasibility, that is, given the information obtained on the efficacy of the TEL resource, is its continued deployment viable in regard to changes in learning gain, the impact on the individual learner and institution? This level draws on the work by Walsh et al. (2013) and is the most complex level, requiring input from a broad range of students and faculty to create the necessary institutional benchmarks that the TEL resource will be judged against. For a full cost-feasibility analysis to be achieved each level is associated with a specific costanalysis approach (Fig. 1.). Level 1a (learner satisfaction) is associated with cost-utility. This uses a subjective assessment to assign a monetary cost per student for providing the TEL resource in relation to the levels of satisfaction received. A judgement is then formed by comparing the monetary cost and satisfaction level of the TEL resource. Level 1b (learning gain) is associated with cost-effectiveness and compares the monetary cost of developing the TEL resource, in relation to its impact on learning gain. Level 2 (learner impact) is linked to a cost-benefit analysis, where the monetary cost of introducing the TEL resource into the curriculum is linked to the learning outcomes of the target student cohort. A study that attempts to undertake this multi-level evaluation would constitute a full cost-feasibility analysis and reach Level 3 of the TELEM.

Aim and Research Questions

The overall aim of this systematic review is to assess the scope of evaluation within research studies that evaluate the use of TEL resources in anatomy education. Given the extensive range of methodologies detailed within the TELEM, it was deemed an appropriate benchmarking tool to achieve this aim. In order to achieve this aim, the following research questions were developed: (1) How comprehensive are TEL resources across anatomy education being evaluated? and (2) What types of evaluation are currently being reported?

MATERIALS AND METHODS

Search Strategy

An electronic search of the following databases was conducted: MEDLINE (U.S. National Library of Medicine, Bethesda, MD), the Educational Resources Information Centre (ERIC) (United States Department of Education, Washington, DC), Scopus (Elsevier, Amsterdam, The Netherlands), and Google Scholar (Google Inc., Mountain View, CA) from the beginning of the research period until November 2, 2016. The search terms under the three categories, including: type of education, educational delivery method and technology-enhanced learning are detailed in Table 1. No date restriction was implemented since the use of technology in anatomy education is a relatively new phenomenon and is therefore self-limited to the last two decades. Additional articles were identified by manually searching reference lists of other reviews, related review articles and authors' files. The Preferred Reporting Items for Systematic Reviews and Meta Analyses (PRISMA) was used to report findings (Moher et al., 2009).

Inclusion and Exclusion Criteria

All citation titles and abstracts were initially screened, with the full text retrieved for all potentially eligible abstracts with insufficient information. Inclusion of citations was only considered after review of the full text. Citations were included if they were found to be specific to basic science anatomy education (including neuroanatomy, histology and embryology) and contained an evaluation protocol that detailed student learning. Citations were excluded if they focused on clinical training, including interpretation of radiological images in clinical settings, and if the citation was based on the evaluation of the technology itself (e.g., interactivity and usability). There were no geographical restrictions and only texts that were available in English were included. The full text of those citations retained were reviewed by two of the authors (L.C., J.D.P.), with conflicts discussed until a consensus was reached.

Data Extraction

The following data was extracted from the citations selected for inclusion in the review: sample size and subject area (e.g., medicine, dentistry, nursing, allied healthcare and biomedical science), length and type of study, year of publication, learning and teaching setting (e.g., classroom, self-directed and anatomy laboratory), evaluation methodology (e.g., pre/post testing, comparison of summative assessment scores and learner satisfaction surveys) and instructional modality (e.g., computer assisted learning tool, mobile devices, online learning, 3D printing, virtual reality, augmented reality). Once the data had been extracted, each citation was categorized by the level of evaluation reported in accordance with those documented in the TELEM. To assess inter-rater reliability the percent agreement was calculated, along with the Kappa coefficient to take into consideration the possibility of chance agreement.

Data Analysis

Descriptive analysis was performed on the citations included and reported the number that corresponded to at least one TELEM level and its year of publication. The number of citations that included no evaluation, but highlighted an innovative new approach to anatomy educational using technology, were also included to inform historical perspectives (referred to as 'show and tell'). Data handling was performed using Microsoft Excel 2015, version 15.14 (Microsoft Corp., Redmond, WA), with figures exported to Illustrator, Adobe CS6, version 16.0.4 (Adobe Systems Software, Ireland Ltd., Dublin, Ireland) for editing.

RESULTS

Descriptive Analysis of Included Studies

Following the approach outlined in Figure 2, the electronic databases yielded 3,259 citations, with a further 86 identified from additional sources, resulting in a total of 3,345. Once duplicates were removed, 1,371 citations were identified with 553 of these removed as they were deemed ineligible. The remaining 818 citations were considered for full review, with 665 of these then excluded for the following reasons: not human anatomy education (25.6%; 170 of 665), show and tell (18.6%; 124 of 665), clinical training (13.7%; 91 of 665), viewpoint or review article (12.6%; 84 of 665), technicality (12.2%; 81 of 665), curriculum assessment based (11.7%; 78 of 665), TEL evaluation out of context (3.0%; 20 of 665), TEL development instruction (1.7%; 11 of 665), and duplicates (0.9%; 6 of 665). Citations that described the development and/or implementation of a TEL resource, but did not mention if any evaluation was performed were classified as show and tell. Overall, 153 citations were deemed to be eligible, retained for the systematic review, and assigned to one or more of the four TELEM levels by L.C. Of these,

25% were independently assessed by author (J.D.P.) for confirmation. The reviewers disagreed on two studies, yielding a percent agreement of 94.7% and a Kappa coefficient of 0.92. The two papers were discussed and a consensus reached.

Scrutinizing the approach to evaluation detailed in each of the eligible studies against the TELEM revealed that a small majority (52.3%; 80 of 153) carried out a multi-level approach, with 47.7% (73 of 153) only reporting a single level. Figure 3 details the proportion of studies that conducted an evaluation at either a single (1a, 1b or 2 only) or multiple (1a and 1b or 1a and 2) level. The most common combination of evaluation levels was at 1a and 2 (39.2%; 60 of 153), followed by level 1a only (30.7%; 47 of 153). These two approaches were identified to be the most popular with level 1a and 1b (13.1%; 20 of 153), level 1b only (8.5%; 13 of 153) and level 2 only (8.5%; 13 of 153) all being similarly lower in proportion. No studies reported an evaluation at level 3. By pooling the data by individual level of evaluation (i.e., the total number of studies that included each evaluation level), the most popular method of evaluation was level 1a (83.0%; 127 of 153), then level 2 (47.7%; 73 of 153), followed by level 1b (21.6%; 33 of 153).

Assessing the citations by year of publication revealed that the earliest study to report an evaluation in anatomy education was in 1987 and detailed student satisfaction with anatomy videotapes (Ogunranti, 1987). Since then the number of published studies that include an evaluation has increased annually over the last two decades, with 64.7% (99 of 153) of these published since 2010. The number of evaluation studies published in five year periods is displayed in Figure 4 and includes the frequency for each level of evaluation achieved starting from 1996, respectively. Only three show and tell articles were published prior to 1996, in 1980, 1992 and 1994 (Bellardini et al., 1980; Conley et al., 1992; Packer, 1994), respectively, and one

at level 1a in 1987 (Ogunranti, 1987). In addition, Figure 4, also tracks the number of 'show and tell' papers that have been published in the same time period and although a steady increase in such papers is revealed, they have subsequently been superseded by evaluation based studies since 2006.

Types of Technology-Enhanced Learning Resources Evaluated

Reviewing the published literature on TEL in anatomy education yielded a wide variety of resources that are currently embedded within curricula. These included: (1) instructor-developed resources, which accounted for the highest proportion (39.2%; 60 of 153), and includes resources such as videos, podcasts and computer assisted instructional tools; (2) virtual 3D computer models (33.4%; 51 of 153), which includes any virtual or augmented reality representation of anatomical or histological structures; (3) online repository resources (12.4%; 19 of 153), including any resource stored on virtual learning environment (VLEs)/learning management systems (LMSs), such as discussion fora, online lectures and massive open online courses (MOOCs); (4) mobile devices (9.8%; 15 of 153), including mobile applications (apps) and eBooks; (5) purpose-built resources (2.6%; 4 of 153) such as "Virtual Dissection" tables, holograms and 3D printed anatomical specimens and; (6) social media (2.6%; 4 of 153) such as Facebook (Facebook Inc., Menlo Park, CA) and Twitter (Twitter Inc., San Francisco, CA).

Types of Evaluation within Eligible Studies

Table 2 details the eligible studies by resource type, along with the assigned level of evaluation in accordance with the TELEM.

Level 1a (Learner satisfaction). The favored method for achieving this level of evaluation was via student surveys, with intervention-specific surveys (71.7%; 91 of 127; e.g., Brewer et al., 2012; Stirling and Birt, 2014; Ferrer-Torregrosa et al., 2015), adaptations to existing module evaluations (18.1%; 23 of 127; e.g., Choudhury et al., 2010; Barbeau et al., 2013; Wilkinson and Barter, 2016), or surveys to compare traditional resources with TEL resources (10.2%; 13 of 127; e.g., Corton et al., 2006; Adamczyk et al., 2009; Hopkins et al., 2011), all reported. The most popular approach was via Likert scale questions (e.g., McNulty et al., 2009; Wright and Hendricson, 2010; O'Reilly et al., 2016), with 81.8% (104 of 127) of the total number of papers reporting level 1a utilizing this approach. Of these, 35.6% (37 of 104) used either statements presented as standalone questions (e.g., McNulty et al., 2000; Hu et al., 2010), 55.8% (58 of 104) incorporated additional open-ended questions (e.g., Beale et al., 2014; Traser et al., 2015), and 8.6% (9 of 104) incorporated qualitative approaches with either focus groups or interviews (e.g., Tworek et al., 2013; Ocak and Topal, 2015; Swinnerton et al., 2017). A number of studies (13.4%; 17 of 127) mentioned student feedback (e.g., Ogunranti, 1987; Chopra et al., 2012), but did not reveal the details of the methods used to collect this information.

Level 1b (Learning gain). From the studies that reported a 1b level of evaluation, the majority (57.6%; 19 of 33) deployed a pre- and post-test methodology using controlled conditions to limit the influence of any confounding variables on test scores (e.g., Tan et al., 2012; Stirling and Birt, 2014; Pickering 2016a). Other methods included the use of post-test data alone (36.4%; 12 of 33; e.g., Bogacki et al., 2004; Chan et al., 2015), the individual's existing GPA as a measure of baseline knowledge (3.0%; 1 of 33; Hallgren et al, 2002), or other subjective measures, such as a drawing test (3.0%; 1 of 33; Das and Michell, 2013). Variations in the approach to conducting

this level of evaluation was observed, with randomized control approaches using a control group and either one (e.g., Levinson et al., 2007; Pickering, 2016a) or two (Hopkins et al., 2011) experimental groups. Furthermore, crossover study designs were also reported with a pre- and post-test deployed either side of a teaching intervention, and students then permitted to experience the alternative intervention (e.g., Allen et al., 2016).

Level 2 (Learner impact). A large proportion (65.8%; 48 of 73) of studies that evaluated at level 2 compared a previous cohort of students ('control') with subsequent cohort(s) who had access to the new TEL resource ('experimental'; e.g., Pereira et al., 2004; Braun and Kearns, 2008; Evans, 2011). For example, Morris et al. (2016) assessed examination performance in a neuroanatomy course over three years, with the first cohort acting as the control group, and the subsequent two cohorts provided with neuroanatomy apps on tablet devices during a tutorial class, acting as the experimental group. The remaining 34.2% (25 of 73) evaluated the impact of a TEL resource within the same cohort (e.g., Chopra et al., 2012; Pickering, 2015b). The effectiveness of such approaches to TEL resource evaluation was measured by either comparing the assessment scores at the end of the respective course (79.5%; 58 of 73; e.g., O'Byrne et al., 2008; Lee et al., 2012; Traser et al., 2015), or by making correlations between assessment scores and usage metrics (20.5%; 15 of 73; e.g., Green et al., 2013; Green et al., 2014; Choi-Lundberg et al., 2015).

Level 3 (**Institutional impact**). From the total number of included articles, none reported carrying out a full cost –feasibility analysis at level 3. Some studies made reference to the cost of introducing a TEL resource into the curriculum (34.6%; 53 of 153). Raney (2015) reported on the costs of mobile applications, but more often the only reference made was to the financial cost

of the resource itself (e.g., Richardson-Hatcher et al. 2014; Rinaldi et al. 2016). In a small number of studies a dedicated section of the article was devoted to the topic of cost, with these varying from extended passages on the financial costs of the resources (e.g., Attardi and Rogers, 2015), to discussions on the cost-effectiveness of implementing a new resource (e.g., O'Byrne et al., 2008; Traser et al., 2015), and comparisons with the cost of a new resource compared to the traditional resources, such as printed text (e.g., Raynor and Iggulden, 2008) or cadaveric dissection (e.g., Hisley et al., 2008).

DISCUSSION

The rapid rise of technology integration into anatomy education has supported the creation of novel blended learning approaches to support student education. However, although this active integration of technology into anatomy curricula is extensive, as many authors have noted, there persists a paucity of empirical evidence on the efficacy of such interventions to meaningfully justify their inclusion as effective learning tools (McLachlan and Patten, 2006; Tworek et al., 2013; Colliver and Cianciolo, 2014; Cook and Ellaway, 2015; Pickering and Joynes, 2016b; Pickering, 2017a;). This systematic review has aimed to provide a picture of the current scope of research within anatomy education, and highlights the need for further robust evaluation that moves beyond student satisfaction. As the findings from this review suggest much work is currently underway, but this is rooted in student satisfaction and user perceptions rather than quantifiable changes in learning outcomes. Given the current changes in regard to anatomy education (e.g., reduction in available teaching hours and renewed focus on relevance), it is important that such TEL resources are evaluated to ensure they are providing equitable learning

gains irrespective of satisfaction and enjoyment. Only when educators have a clear understanding on the efficacy can meaningful decisions on deployment be made.

Using the TELEM to scrutinize the level of TEL evaluation currently underway across anatomy education, a propensity for understanding the impact on student satisfaction (Level 1a -Learner satisfaction) was revealed as the preferred approach for most studies. Studies that assessed the impact on learning and knowledge gain either in controlled settings (Level 1b – Learning gain) or as part of a wider curriculum (Level 2 – Learner impact), however, were observed much less frequently. This strong emphasis on student satisfaction as a measure of TEL resource evaluation supports a growing theme in higher education and aligns with recent reports that place students central to discussions on resource development and curricula design (Davis et al., 2014; Healey et al., 2014; Roberts et al., 2016; Border, 2017). Moreover, this desire to assess levels of student satisfaction and engagement are widespread within the literature with much attention focusing on the various forms of engagement (Krause and Coates, 2008; Dixson, 2015). However, although student satisfaction data can yield rich and valuable information on the utility of a resource, it should be noted that favorable attitudes or levels of engagement do not necessarily correlate with enhanced and sustained learning outcomes, or provide an accurate reflection of student behavior (Dixon, 1990; Holton, 1996; Kruger and Dunning, 1999; Jamieson-Noel and Winne, 2002). This latter point is not intended to necessarily discount or undermine the value of student satisfaction data entirely, but merely to try and distinguish it from any 'novelty effect' that may be present with the introduction of a novel resource. Student feedback on perceptions, satisfaction and interface design are all essential in supporting the development of a TEL resource, (Wiers-Jenssen et al., 2002; Van Nuland et al., 2016), however,

it remains the contention of the authors here that such data should not be presented as the only measure of success.

The underlying reasons for the high proportion of studies focusing on student satisfaction and not exclusively learning gain is likely to be multi-factorial, with faculty workload, curriculum design and the overall rationale for evaluating the TEL resource all contributing. This is evidenced with the very low proportion of studies that embarked on a detailed qualitative assessment of a TEL resource alongside the traditional questionnaire approach. It could be argued strongly that follow-up analysis focusing on a qualitative understanding, if conducted broadly and inclusive of a wide range of student profiles, can provide authentic insight into the underlying themes governing TEL resource utility (Stalmeijer et al., 2014; Tavakol and Sandars, 2014). This follow up analysis is particularly important if the underlying rationale for evaluating the resource is to measure levels of satisfaction and engagement with the resource, as talking with students about their experience, via interviews and focus groups, is a well-established approach that can draw out pertinent findings (Chan, 2009; Kirkwood and Price, 2014). The combination of in-depth qualitative approaches with quantitative data, can provide extensive and detailed insights into the self-perceived satisfaction levels, and clarify the role the TEL resource played in supporting learning (Dixon, 1990; Kirkwood and Price, 2014). This detailed analysis using multiple forms of data to create a clear picture of satisfaction, engagement and utility is essential, as it is widely recognized that an individual's own perceptions of their ability alone can often be over-inflated and not reflect their true knowledge base (Kruger and Dunning, 1999).

The second most reported method for evaluating the efficacy of a TEL resource was what the TELEM ascribes to level 2 (Learner impact). This level looks for changes in the overall assessment scores across the curriculum in which the TEL resource has been embedded, and

when collating the research studies a combination of level 2 with an assessment of student satisfaction (level 1a) was the most popular multi-level approach. This indicates a strong desire from faculty to explore both student satisfaction and assessment outcomes holistically. However, although providing a more diverse evaluation than using level 1a alone, attributing changes in assessment scores to TEL resource usage assumes a certain linearity in cause and effect that may be misleading due to a number of reasons. Firstly, although a TEL resource would have been deployed, it is the teacher's craft that decides how this tool is integrated into the course in conjunction with other immovable curriculum factors such as timetabling and room design. Secondly, at present usage statistics can often portray a level of usage that is inaccurate and unrepresentative of actual student use. For example, if usage data reveal that a student downloaded a resource or spent a specific period of time accessing a specific webpage, there is no easy way of knowing whether the student ever opened the resource after it had been downloaded or actually accessed an alternative webpage when the 'learning' webpage was also open. As mentioned in the future directions section, this level of data analysis will be much improved when learning analytics have become sufficiently sophisticated to counter such issues. Finally, the individual differences within students, such as spatial abilities and the daily fluctuations in motivation and cognitive load, will determine the impact such a resource has on learning. Many of these confounding variables are well documented in the literature and should be used in conjunction with the evaluation's findings on learner impact when drawing conclusions (Krause and Coates, 2008; Burgoon et al., 2012; Pizzimenti and Axelson, 2015; Abdel Meguid and Khalil, 2016; Iqbal, 2016; Pickering, 2017b).

Although these confounding variables will have varying degrees of impact on the students' ability to breach the desired learning objectives, and notwithstanding the issues

mentioned previously, courses with a large cohort of learners are likely to observe patterns that may indicate if any underlying impact exists. This may be particularly evident with studies that compare the assessment scores of the same cohort during one iteration of the course where confounding variables can be limited (Pickering and Bickerdike, 2017c), compared to those from different cohorts enrolled on different iterations of the same course (O'Byrne et al., 2008; Hoyek et al., 2014; Ahmad and Wright, 2014). Despite these drawbacks and viewed in the context of anatomy teachers having to design studies pragmatically to get around the curriculum's fixed components, the combination of level 1a and 2 was the most frequently reported type of evaluation, with the majority of studies that undertook a level 2 using usage metrics to compare assessment scores across cohorts.

Measuring any increase in usable and retained knowledge, often termed learning gain, can be achieved in a number of ways within the context of level 1b, with pre- and post-testing a reliable and popular methodology (Hake, 1998; Dimitrov and Rumrill, 2003; Issa et al., 2011; McGrath et al., 2015). The benefit of this approach is that it allows causation to be explored to a much greater extent than by comparing end of course assessments at level 2, however, it was found to be used only in a limited number of research studies. Although this approach can yield valuable causative data by controlling for confounding variables that can contribute to an individuals' learning gain, within an educational setting it is often difficult to create these conditions due to curriculum time constraints, student recruitment issues and ethical considerations (Boileau et al., 2017). Unlike the biomedicine or engineering industries, which routinely use randomized controlled trials as the gold standard, it is simply not possible to create ideal control and experimental groups with human participants. Furthermore, even with studies that were able to create such experimental conditions, a commonly understood and appreciated

limitation of pre- and post-test design is the inability to control an individual's acquisition of knowledge by factors outside the study's design (Bonate, 2000; Pickering, 2016a). However, it should be noted that the degree of influence from these confounding variables is much reduced compared to an evaluation at level 2. Together, all these factors may account for evaluations at level 1b being reported least often and it is therefore unsurprising to observe variations in how this level of evaluation was conducted.

One of the benefits from those studies that were able to develop such experimental conditions, is the ability to control for variables such as spatial ability (Hu et al., 2010; Tan et al., 2012) and cognitive load (Van Nuland and Rogers, 2015). By embarking on a study that controls for such variables, clear insights can be ascertained to support how a resource can be deployed throughout a curriculum, and importantly what supporting material is required to prepare students for using technology within their course. Although many students may enter university-level education with a seemingly intuitive understanding of technology and mobile devices, the so-called 'digital native', numerous reports have highlighted how it is important not to assume such individuals exist (Kirschner and van Merriënboer, 2013; Selwyn, 2016; Kirschner and De Bruyckere, 2017). Although difficult, a study at this level of evaluation in conjunction with an in-depth understanding of student satisfaction with a resource, can provide strong causal evidence to support the inclusion or exclusion of a TEL resource within a curriculum (Pickering and Joynes, 2016b).

The final level of the TELEM is a cost-feasibility analysis that aims to assess the overall cost of introducing a new TEL resource into the curriculum, with cost-utility, cost-effectiveness and cost-benefit all matched to specific levels (Fig. 1). Although it is recognized that understanding the underlying costs of introducing a resource into a curriculum can be extensive

and subjective, calculating the specific return on investment can be particularly difficult to achieve (Walsh et al., 2013). This may account for the low number of studies that embarked on a full cost-feasibility analysis. Some models have attempted to identify the key components required to conduct an analysis, both prior to, and after the intervention has been embedded, but it is generally accepted that an analysis of this nature will consume considerable time and effort (Laurillard, 2007; Cook and Ellaway, 2015). While some studies did make reference to certain aspects of cost (Raynor and Iggulden, 2008; Hisley et al., 2008; O'Byrne et al., 2008; Richardson-Hatcher et al., 2014; Raney, 2015; Traser et al., 2015; Rinaldi et al., 2016;), the vast majority made no reference whatsoever. However, it must be noted that the low level of cost-feasibility studies throughout the anatomy education literature does not necessarily mean they are not being conducted within institutions, just that the data is not reaching the academic community through journal articles or other outlets.

This systematic review has attempted to highlight the current level of TEL evaluation within anatomy education using the TELEM as a benchmarking tool. Despite the widely held view that sufficient evaluation into the efficacy of TEL is limited (McLachlan and Patten, 2006; Tworek et al., 2013; Cook and Ellaway, 2015; Pickering and Joynes, 2016b; Trelease, 2016; Pickering, 2017a), anatomy education does in fact appear to be embarking on considerable evaluation. This is clear from Figure 4 that indicates the cross over from show and tell citations to studies of evaluation. This observation is to be expected as new technologies and innovations diffuse into the market and appear in various curricula, before being followed up with detailed evaluations. This theme is evident in the work by Petersson et al. (2009), who described the development of videos based on 3D vascular models, before going on to assess student satisfaction and comparison with assessment scores. Similarly, work by O'Reilly et al. (2016)

reported the methods for generating a 3D printed model of the lower limb, and then followed up this work with an evaluation of student perceptions and efficacy measured using a pre- and posttest design.

The steady increase in evaluation studies over time is an enlightening outcome from the systematic review and shows the development of evidence-based curricular design. As previously discussed, educational research comes with inherent issues, however, it is clear from those studies that attempted to gather causal evidence, that the necessary evidence required to support curriculum design is achievable. The results also reveal an expected lag-time between the more mature TEL resources, such as instructor-developed resources, and the newest forms, such as social media and virtual reality, which have the least amount of evaluations due to their emerging presence. This is a predictable occurrence as the balance between innovation and evaluation coexists as part of an iterative process that informs the development and integration of TEL into modern anatomy curricula. Although the level of evaluation across anatomy education is positive and shows a commitment to understand the role of TEL in improving curricula, the lack of causative studies means the current evidence base may not be sufficient to make sweeping recommendations and proposals for substantial change. However, within the context of education and the inherent difficulties of conducting research of this type, with the appropriate support offered to faculty members to successfully pursue such endeavors, anatomy education appears to be well placed to continue understanding the role of TEL.

In light of these findings within the relevant literature obtained through the systematic review process, three key themes have emerged on the range of approaches to evaluating TEL resources in anatomy education. Firstly, there is no pedagogical 'silver-bullet' that can cut through the complexity of educational research and provide a methodology that enables anatomy

teachers to make meaningful decisions with one evaluation tool. With all methodologies having advantages and disadvantages in providing clear empirical data it will often be the individual responsible for delivering the evaluation, alongside the overarching rationale for wanting to understand its impact, which will determine the adoption of such approaches. These factors will be diverse, plentiful and exhaustive. Educational research and scholarship is not purely scientific in the same way a clinical scientist or biologist would conduct and design a 'gold-standard' science experiment. Given the multi-modal nature of higher education it is not feasible given the ethical and often 'messy' environments of educational scholarship to create experimental and control groups that would be considered the 'gold-standard' in other disciplines (Sullivan 2011). Therefore, the way in which educational research is judged needs to reflect the diverse setting in which it is positioned, with anatomy teachers having to build up the individual pixels of a much larger picture using a broad range of quantitative and qualitative methodologies.

Secondly, and notwithstanding the issues mentioned above, the results presented from this systematic review highlight that the full range of experimental designs are possible. However, there appears to be a clear inclination for evaluation studies to focus on student satisfaction, perception and engagement in regard to anatomy TEL resources. Given the changes underway across anatomy education pedagogy, and therefore for anatomy teachers to make informed decision on the deployment of a TEL resource, more information on its learning efficacy would be beneficial and improve greatly the decision-making process. Currently, few meta-analyses are available that allow anatomy teachers to make informed decisions on the use of TEL (Yammine and Violato, 2015), with the number of research studies available to conduct these often small (Wilson et al., 2016; Yammine and Violato, 2016), reflecting the low level of learning efficacy citations eligible as highlighted in this systematic review. Those that do have a

high number of eligible studies are typically broad and include TEL studies alongside more traditional pedagogical approaches (Wilson et al., 2017). Although a valuable tool to inform practice, given the low level of studies eligible for such complex analyses and the varying approaches to deploy and evaluate TEL resources, issues of generalizability between student groups, courses and TEL resource is high.

Finally, reviewing the literature has highlighted the diverse settings in which anatomy education integrates TEL resources. Without doubt this will lead to how the resource is evaluated and also the potential impact it has on the individual student. A TEL resource based on a smart phone, tablet, desktop computer or even a larger more substantial piece of hardware, does not run the curriculum, it does not lead the teaching session. The way these tools are integrated are down to the ideas and experience of the teacher who has decided to approach a specific set of learning objectives with this tool. How learning efficacy can be separated to that which was purely down to the TEL resource and that which was purely down to the teacher is yet another elusive variable that will confound researchers ad infinitum.

Future Directions

The role of technology in higher education will continue to expand as new technologies are discovered and applied to the educational setting (Sharples et al., 2016). This continual innovation, however, needs to be matched with robust evaluation strategies that can provide answers to the why, how, and when questions. For example, why should this TEL resource be integrated into the anatomy curriculum? What tangible benefits are the students gaining in learning with this tool? How best can this resource be integrated? By formulating evaluation strategies that answer some, if not all, of these questions students will receive robust curricula

that appropriately utilizes TEL. As detailed in the systematic review, the low level of controlled studies is an area of concern, and although the randomized control approach will always be viewed as the gold standard in achieving causal findings, alternatives such as learning analytics and other holistic approaches may help to produce additional insights. Recent work across all education disciplines has focused on learning analytics as a tool to monitor, track and understand the interaction students have with the learning process (Saqr et al., 2017). By having access to this data, faculty are able to monitor, predict and identify earlier the students who are on the path to poor performance. This level of data can provide valuable insights into the role TEL resources have on student achievement.

A final area worthy of future exploration, given the high emphasis on student satisfaction as a clear metric for understanding TEL impact, is to ensure that these quantitative approaches are sufficiently robust. Although used commonly throughout higher education, self-report instruments used to monitor and assess certain behaviors can be imperfect, with learners often providing inaccurate and misjudged findings (Jamieson-Noel and Winne, 2002). Therefore, further work needs to be done on developing a robust quantitative approach to accurately measure student behavior with TEL using a validated survey instrument that can provide comparable insights across resources and institutions.

Limitations of the study

As with all systematic reviews, there are a number of limitations that should be documented to provide suitable background and context. This systematic review focused on the use of TEL resources in anatomy education and the degree to which these have been evaluated. It is therefore to be expected that some resources may have been missed if the keywords selected to locate such

studies failed to adequately locate them within the selected database. Although the range of keywords was extensive, there is the possibility that some studies may have been missed. In an attempt to counter this limitation, a manual search across a number of journals known to routinely publish such studies was also conducted. Similarly, studies may have been missed if the TEL resource, although used within a teaching intervention, was not clearly identified as a central component. An additional limitation could include the subjective, inconsistent or erroneous coding of eligible studies. Although possible, such discrepancies were mitigated for by having an in-depth understanding of the evaluation framework used to code the studies and a suitable methodology employed to assess inter-rater reliability.

Given the range of keywords used to select the studies, the period of time selected to gather appropriate studies, utilisation of relevant and extensive databases, and the manual search across known journals, the failure to identify eligible studies is likely to be limited.

CONCLUSIONS

This systematic review has comprehensively assessed the current level of TEL evaluation across anatomy education. The main conclusions from the review reveal that despite an increasing amount of TEL evaluation over the last two decades, the majority is descriptive and looking to draw simple correlations between the introduction of TEL resources and improved student feedback, rather than exploring for more meaningful causative relationships between TEL resources and improvements in learning. This is clearly evidenced with the majority of evaluation approaches addressing student satisfaction and course assessment outcomes, respectively. Only a minority of studies evaluated at the level of an individual TEL resource with a causative approach. This disparity is to be expected due to the nature of educational research

and the lack of opportunities afforded to faculty to conduct 'gold standard' approaches within an active curriculum. Although the high number of evaluation studies indicates a desire to understand the underlying efficacy of such resources, the lack of causative studies prevents overly authoritative conclusions being drawn on the impact specific TEL resources have on anatomy learning.

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NOTES ON CONTRIBUTORS

LAUREN CLUNIE, B.Sc., M.Sc., is a graduate (Ph.D.) student and anatomy demonstrator in the Division of Anatomy, School of Medicine at the University of Leeds. Her research interests are in the evaluation of technology-enhanced learning resources for anatomy education.

NEIL P. MORRIS, B.Sc., Ph.D., P.G.C.L.T.H.E., F.H.E.A., is a professor of educational technology, innovation and change in the School of Education, University of Leeds, Leeds, United Kingdom. He has considerable experience in teaching neuroscience to biomedical science and medical students with the use of technology, and is currently the university's Director of Digital Learning.

VIKTORIA C. T. JOYNES, B.A., M.Sc., Ph.D., is a lecturer in medical education and the Interim Director of Medical Studies at the School of Medicine, University of Liverpool, Liverpool, United Kingdom. She teaches professionalism, identity, and sociology and psychology as applied to medicine, and researches and publishes regularly in the field of technology-enhanced learning in relation to medical education.

JAMES D. PICKERING, B.Sc., Ph.D., P.G.C.L.T.H.E., S.F.H.E.A., is an associate professor of anatomy in the Division of Anatomy, School of Medicine, University of Leeds, United Kingdom and leads the anatomy curriculum for the M.B.Ch.B. He teaches anatomy of the trunk region and neuroanatomy to medical students, and has a strong interest in technology-enhanced learning and how it can be used to support learning gain.

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TABLES

Table 1. Key words used to identify studies for the systematic review.

Search term theme								
Type of education	Delivery method	Resource type						
Medical education	Technology-enhanced	Animation						
	learning							
Undergraduate Medicine	e-learning	3D models						
Gross anatomy	Computer-assisted learning	eBooks						
	(/instruction)							
Regional anatomy	Web-based learning	Virtual reality						
Gross anatomy	Blended learning	Augmented reality						
(/anatomical) education								
Anatomy teaching	Flipped classroom	Three-dimensional model						
Anatomy (/anatomical)	Flexible learning	Anatomy videos						
education								
Anatomical sciences	Multimedia learning	Anatomical reconstruction						
	Mobile learning	Digital anatomy						
	Virtual learning	Mobile devices ^a						
	Educational technology	(Mobile) Applications						
		3D printing						
		Virtual dissection						

^aincluding specific terms such as laptop, tablet, smartphone, and eBook.

Table 2. Details of the 153 eligible studies extracted from the systematic review by resource type, with the assigned level of evaluation documented in accordance with the Technology-enhanced learning evaluation model (TELEM) as a benchmarking tool.

First author (Year)		Le	vel		First author (Year)	Level				
	1a 1b 2 3	1 a	1b	2	3					
Instructor–Developed Resources										
Adamczyk et al. (2009)	+	-	+	-	Mahmud et al. (2011)	+	-	+	-	
Ahmad and Wright					Mars and McLean					
(2016)	+	-	+	-	(1996)	+	+	-	-	
Allen et al. (2008)	+	-	+	-	Mathiowetz (2016)	+	-	+	-	
Ang et al. (2014)	+	-	-	-	McNulty et al. (2000)	-	-	+	-	
Bogacki et al. (2004)	+	+	-	-	McNulty et al. (2004)	-	-	+	-	
Bryner et al. (2008)	+	+	-	-	McNulty et al. (2009)	+	-	+	-	
Choi-Lundberg et al.					Moorman (2006)					
(2015)	+	-	-	-		+	-	-	-	
Choi-Lundberg et al.					Nieder et al. (2000)					
(2016)	+	-	+	-		+	-	-	-	
Chopra et al. (2012)	+	-	+	-	O'Byrne et al. (2008)	+	-	+	-	
Choudhury et al. (2010)					Ocak and Topal					
	+	-	+	-	(2015)	+	-	-	-	
Corton et al. (2006)	+	+	-	-	Ogunranti (1987)	+	-	-	-	
Devitt and Palmer					Patasi et al. (2009)					
(1999)	-	+	-	-		+	-	-	-	
Doubleday and Wille					Pereira et al. (2004)					
(2014)	+	-	-	-		+	-	+	-	
Durham et al. (2009)	+	-	-	-	Pereira et al. (2007)	+	-	+	-	

Elizondo-Omaña et al.					Petersson et al.				
(2004)	-	-	+	-	(2009)	+	-	+	-
Ernst et al. (2003)	+	-	-	-	Pickering (2014)	+	-	+	-
Evans (2011)	+	-	+	-	Pickering (2016a)	-	+	-	-
Foreman et al. (2005)	+	-	-	-	Reeves et al. (2004)	+	-	-	-
Gopal et al. (2010)	-	+	-	-	Rich and Guy (2013)	+	-	+	-
Granger and Calleson					Richardson-Hatcher				
(2007)	+	-	+	-	et al. (2014)	+	-	-	-
Granger et al. (2006)	+	-	-	-	Rizzolo et al. (2002)	+	-	+	-
Green and Whitburn					Rizzolo et al. (2010)				
(2016)	+	-	+	-		+	-	+	-
Guy et al. (2015)	+	-	-	-	Rondon et al. (2013)	-	-	+	-
Hallgren et al. (2002)	-	+	-	-	Saltarelli et al. (2014)	-	-	+	-
Inwood and Ahmad					Saxena et al. (2008)				
(2005)	+	-	-	-		+	-	+	-
Johnson et al. (2013)	+	-	+	-	Shoepe et al. (2015)	+	-	+	-
Khalil et al. (2010)	+	-	+	-	Topping (2014)	+	-	+	-
Levine et al. (1999)					Veneri and Gannotti				
	+	-	-	-	(2014)	+	-	+	-
Levinson et al. (2007)	-	+	-	-	Venkatiah (2010)	+	-	+	-
Maggio et al. (2012)					Wright and				
	+	+	-	-	Hendricson (2010)	+	-	-	-
Mobile Devices	<u>ı</u>	<u>I</u>	1	<u>I</u>	1	<u>I</u>	1	<u>I</u>	<u>I</u>

Alexander et al. (2009)					Raynor and Iggulden				
	+	-	+	-	(2008)	+	-	-	-
André (2016)					Stewart and				
	+	-	+	-	Choudhury (2015)	+	+	-	-
Hoyt et al. (2010)					Stirling and Birt				
	+	-	+	-	(2014)	+	+	-	-
Mayfield et al. (2012)	+	-	-	-	Traser et al. (2015)	+	-	+	-
Meyer et al. (2015)	+	-	-	-	Wait et al. (2009)	+	-	-	-
Morris et al. (2016)	+	-	+	-	Rinaldi et al. (2016)	+	-	+	-
Pickering (2015b)					Wilkinson and Barter				
	+	-	+	-	(2016)	+	-	+	-
Raney (2015)	+	-	+	-					
Online Repository Reso	urces								
Attardi and Rogers					Guerri-Guttenberg				
					Odenn-Odete noerg				
(2015)	-	-	+	-	(2008)	+	-	+	-
(2015) Attardi et al. (2016)	-+	-	+	-	(2008) Lee et al. (2012)	+	-	+	-
(2015) Attardi et al. (2016) Bacro et al. (2013)	-+	-	+ - +	-	(2008) Lee et al. (2012) Limpach et al. (2008)	+ + + +	- - -	+ + + +	-
(2015) Attardi et al. (2016) Bacro et al. (2013) Barbeau et al. (2013)	- + -	-	+ - + +	-	(2008) Lee et al. (2012) Limpach et al. (2008) Lochner et al. (2016)	+ + + +		+ + + -	
 (2015) Attardi et al. (2016) Bacro et al. (2013) Barbeau et al. (2013) Beale et al. (2014) 	- + +		+ + + +		(2008) Lee et al. (2012) Limpach et al. (2008) Lochner et al. (2016) Javadian and Shobeiri	+ + + +	-	+ + +	
 (2015) Attardi et al. (2016) Bacro et al. (2013) Barbeau et al. (2013) Beale et al. (2014) 	- + + +		+ + + + +		(2008) Lee et al. (2012) Limpach et al. (2008) Lochner et al. (2016) Javadian and Shobeiri (2016)	+ + + + -		+ + + +	
 (2015) Attardi et al. (2016) Bacro et al. (2013) Barbeau et al. (2013) Beale et al. (2014) Brown et al. (2015) 	- + + +		+ + + + +		(2008) Lee et al. (2012) Limpach et al. (2008) Lochner et al. (2016) Javadian and Shobeiri (2016) Nieder and Nagy	+ + + +		+ + + +	
 (2015) Attardi et al. (2016) Bacro et al. (2013) Barbeau et al. (2013) Beale et al. (2014) Brown et al. (2015) 	- + + +		+ + + +	-	(2008) Lee et al. (2012) Limpach et al. (2008) Lochner et al. (2016) Javadian and Shobeiri (2016) Nieder and Nagy (2002)	+ + + + + + + + + + + + + + + + + + + +		+ + +	

(2000)					(2012)				
Green and Hughes					Ribeiro et al. (2007)				
(2013)	+	-	+	-		+	-	+	-
Green et al. (2014)					Swinnerton et al.				
	-	-	+	-	(2016)	+	-	-	-
Green et al. (2006)	+	-	+	-					
Purpose-built Resources	5			1					
Chan et al. (2015)	+	+	-	-	Miller (2016)	-	-	+	-
Lim et al. (2015)	-	+	-	-	O'Reilly et al. (2016)	+	+	-	-
Social Media	1	1	1	1		1	1		
Jaffar (2012)	+	-	-	-	Pickering (2016a)	+	-	+	-
Jaffar (2014)					Hennessy et al.				
	+	-	-	-	(2016)	+	-	+	-
Virtual 3D Computer M	odel	L	I	I	L	I	L		
Allen et al. (2016)	+	-	+	-	Khot et al. (2013)	-	+	-	-
Battulga et al. (2012)					Lombardi et al.				
	+	+	-	-	(2014)	+	+	-	-
Brewer et al. (2012)					Nicholson et al.				
	+	-	+	-	(2006)	-	+	-	-
Brown et al. (2012)					Peterson and				
	+	+	-	-	Mlynarczyk (2016)	+	-	+	-
Codd and Choudhury					Silén et al. (2008)				
(2011)	+	-	-	-		+	-	-	-

Das and Mitchell (2013)	+	+	-	-	Said et al. (2015)	+	-	-	-
Donnelly et al. (2009)	-	+	-	-	Tan et al. (2012)	+	+	-	-
Hisley et al. (2008)	-	+	-	-	Tworek et al. (2013)	+	-	-	-
Hopkins et al. (2011)					Van Nuland and				
	+	+	-	-	Rogers (2015)	-	+	-	-
Hoyek et al. (2014)	+	-	+	-	Venail (2010)	+	-	+	-
Hu et al. (2010)	+	+	-	-	de Faria et al. (2016)	-	+	-	-
Keedy et al. (2011)	+	+	-	-	Yao et al. (2014)	+	-	-	-
Kek (2012)	+	-	-	-					
Augmented Reality	I		I	I	L				I
Ferrer-Torregrosa et al.					Ma et al. (2015)				
(2015)	+	-	+	-		+	-	-	-
Küçük et al. (2016)	+	+	-	-					
Virtual Microscopy	I					1			
Braun and Kearns					McCready et al.				
(2008)	+	-	-	-	(2013)	+	-	-	-
Farah and Maybury					Mione et al. (2013)				
(2009a)	+	-	+	-		-	+	-	-
Farah and Maybury					Mione et al. (2015)				
(2009b)	+	-	-	-		-	-	+	-
Harris et al. (2001)	+	-	-	-	Patel et al. (2006)	+	-	-	-
Heidger et al. (2002)	+	-	-	-	Rosas et al. (2012)	+	-	-	-
Helle et al. (2011)	+	+	-	-	Sander and Golas	+	-	-	-
					(2013)				
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Helle et al. (2013)					Scoville and Buskirk				
	+	-	+	-	(2007)	+	-	+	-
Higazi (2011)					Sivamalai et al.				
	+	-	+	-	(2011)	+	-	-	-
Husmann et al. (2009)	+	-	+	-	Tian et al. (2014)	+	+	-	-
Krippendorf and Lough					Thompson and				
(2005)	+	-	+	-	Lowrie (2017)	+	-	+	-
Kumar et al. (2004)					Triola and Holloway				
	+	-	-	-	(2011)	-	-	+	-
Maybury and Farah									
(2010)	+	-	-	-					

Figure 1. The Technology-Enhanced Learning (TEL) Evaluation model used as a benchmarking tool for studies evaluating the effect of TEL on anatomy learning. The model groups research methodologies into either Level 0 (TEL resource development), Level 1a (Learner satisfaction), Level 1b (Learning gain), Level 2 (Learner impact) and Level 3 (Institutional impact; modified from Pickering and Joynes, 2015).

Figure 2. A summary of the selection process presented in the Preferred Reporting Items for Systematic Reviews and Meta-Analysis (PRISMA) flow diagram (Moher et al., 2009). TEL, technology-enhanced learning.

Figure 3. Quantitative data displayed in a bar chart detailing the proportion of papers as a percentage (%) that were assigned to one of the levels detailed in the Technology-enhanced learning evaluation model (TELEM). 1A, Level 1a (Learner satisfaction [white]); 1B, Level 1b (Learning gain [blue]); 1A and 1B, studies that combined Level 1a (Learner satisfaction) and Level 1b (Learning gain [green]); 2, Level 2 (Learner impact [grey]); 1A and 2, studies that combined Level 1a (Learner satisfaction) and Level 2 (Learner impact [red]).

Figure 4. Quantitative data displayed in a bar chart detailing the proportion of papers per Technology-enhanced learning evaluation model (TELEM) level within each time period. The black circle indicates the number of show and tell (S&T) articles published within each time period. 1A, Level 1a (Learner satisfaction [white]); 1B, Level 1b (Learning gain [blue]); 1A and

1B, studies that combined Level 1a (Learner satisfaction) and Level 1b (Learning gain [green]); 2, Level 2 (Learner impact [grey]); 1A and 2, studies that combined Level 1a (Learner satisfaction) and Level 2 (Learner impact [red]).