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1 Title: Analysis of Time-dependent Deformation in Tunnels using the Convergence-2 Confinement Method

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- 11

12 ABSTRACT

13 During the excavation of a tunnel the accumulated wall displacement and the loading of tunnel 14 support is the result of both the tunnel advance (round length and cycle time) and the time-15 dependent behaviour of the surrounding rock mass. The current approach to analyze the tunnel 16 wall displacement increase is based on the Convergence-Confinement Method (CCM) performed 17 with either analytical (closed form solutions) or the usage of the Longitudinal Displacement 18 Profiles. This approach neglects the influence of time-dependency resulting in delayed 19 deformation that may manifest even minutes or hours after excavation. Failure to consider the 20 added displacements in the preliminary design can result in false selecting the time of installation 21 and the type of support system causing safety issues to the working personnel, leading to cost 22 overruns and project delivery delays. This study focuses on investigating and analyzing the total 23 displacements around a circular tunnel in a visco-elastic medium by performing an isotropic 24 axisymmetric finite difference modelling, proposing a new yet simplified approach that 25 practitioners can use taking into account the effect of time.

26 1 INTRODUCTION

Understanding the nature and origin of deformations due to an underground opening requires, as
Panet (1993) noted, both knowledge of the rock-support interaction and interpretation of field data.
Monitoring and measurement of tunnel wall displacements has shown that deformation initiates
during excavation and may continue long after the tunnel construction is completed. This tunnel

31 wall movement, also known as convergence, is the result of both the tunnel face advancement 32 and the time-dependent behaviour of the rock mass. Many researchers (Fenner, 1938; Parcher, 33 1964; Lombardi, 1975; Brown et al. 1983; Corbetta et al. 1991; Duncan-Fama, 1993; Panet, 1993, 34 1995; Peila and Oreste, 1995; Carranza and Fairhurst, 2000, Alejano et al. 2009; Vrakas and 35 Angnostou, 2014; Cai et al. 2015; Cui et al. 2015 etc.) have studied the interaction between the 36 rock mass and the applied support. They have proposed various methodologies that are 37 commonly used as a preliminary tool for quickly assessing the system behaviour (between the 38 surrounding rock mass and support) during both the design and construction process of 39 underground projects (Gschwandtner and Galler, 2009). In addition, most of these solutions are 40 based on the well-known and widely used Convergence-Confinement Method (CCM). CCM is a 41 two-dimensional simplified approach that can be used to simulate three-dimensional problems as 42 the rock-support interaction in tunnels. More specifically, CCM is widely utilized to estimate the 43 required load capacity of the proposed support system. The traditional approach of this 44 methodology involves the Ground Reaction Curve and the Longitudinal Displacement Profile that 45 when used in combination with the Support Characteristic Curve (SCC) they provide information 46 on the required support load in regards to the tunnel face location as a percentage of the 47 anticipated maximum tunnel wall displacement. Gschwandtner and Galler (2010) suggested a 48 new approach for using the CCM while considering the time-dependent material of the support 49 by investigating different support scenarios of rockbolts and shotcrete, investigating how the 50 behaviour of the support system changes over time. However, even the more commonly applied 51 simplified formulations of CCM do not explicitly capture the time-dependent component of rock 52 mass deformation. Time-dependent closure, for instance due to creep, can have a significant 53 impact on support loading. Failure to account for these additional loads and deformations can 54 result in unexpected failures, causing safety issues for the working personnel, leading to cost 55 overruns and project delivery delays. Questions of the applicability of such methods when dealing 56 with time-dependent rheological rockmasses are addressed in this paper by investigating the total 57 observed displacement on tunnel walls in an isotropic visco-elastic medium, taking into 58 consideration both the tunnel advancement and cumulated deformation due to the rheological 59 behaviour of the material over time.

601.1Ground Reaction Curve (GRC) and Longitudinal Displacement Profile (LDP)61Calculations

An important component of the CCM method is the Ground Reaction Curve (GRC). This is a
 characteristic line that records the decrease of an apparent (fictitious) internal (radial) support
 pressure, from the in situ pressure to zero when considering the unsupported case of a circular

65 tunnel after excavation. This pressure reflects the tunnel excavation process as the tunnel is being 66 excavated (out-of-section) past the section of interest and continues to be excavated beyond the 67 reference position (usually the location of the tunnel face) as shown on the right part of Figure 1. 68 The internal pressure (p_i) acts radially on the tunnel profile (from the inside) and represents the 69 support resistance needed to hinder any further displacement at that specific location 70 (Vlachopoulos and Diederichs, 2009). In reality, this pressure represents an idealized sum of the 71 contribution of the nearby unexcavated tunnel core (surrounding rock mass) and any applied 72 support installed and is zero for a fully excavated unsupported tunnel. The GRC depends on the 73 rock mass behaviour. It is assumed to be linear for an elastic material but it varies if the material 74 is elasto-plastic or visco-elastic etc. Many researchers have studied the GRC responses of 75 different materials. For example, Brown et al. 1983, Alejano et al. 2009, Wang et al. 2010, 76 Gonzales-Cao et al. 2013 have proposed analytical solutions for strain-softening rock masses 77 based on different GRCs. Vrakas (2017) proposed a finite strain semi-analytical solution for the 78 ground response problem of a circular tunnel in elasto-plastic medium with non-linear strength 79 envelopes. Panet (1993) gives examples of GRCs of the most used visco-elastic models that are 80 discussed in Section 2.2.

For elastic or moderately yielding rock masses approximately one third of the total displacement is observed at the tunnel face (Hoek et al. 2008) shown as x=0 on the right hand axis of Figure 1. The deformation initiates in front of the face (x<0), usually one to two tunnel diameters ahead of the face, and reaches its maximum magnitude at three to four tunnel diameters away from the face inside the tunnel (x>0).

A Longitudinal Displacement Profile (LDP) of the tunnel closure is a graphical representation of the progression of the tunnel wall displacement (radial) at the reference section as the tunnel advances to and beyond this section. The reference datum (x=0) indicates that the tunnel face is stationed at the reference section (Figure 1). LDPs are calibrated for a simplified unsupported tunnel and are then used in combination with the GRC to determine the support system required for the stability of the tunnel walls as well as the time of support installation.

92

Figure 1. The Ground Reaction Curve response of an elasto-plastic material and its relation to
the LDP. Y-axis on the left refers to the internal pressure (p_i) normalized to the in-situ pressure
(p₀), Y-axis on the right refers to the distance from the face (x) normalized to the tunnel radius (R)
and X-axis refers to the radial displacement at a location x normalized to the maximum radial
displacement.

98 It should be noted that in Figure 1 no time-dependent component is taken into consideration in 99 this example.

100 LDPs are initially calculated using analytical solutions or numerical analysis. In two-dimensional 101 numerical analysis, LDPs are calculated through two-dimensional axisymmetric models for 102 homogeneous and isotropic initial stress condition circular tunnels. Table 1 summarizes the 103 various analytical solutions proposed by researchers (Panet and Guenot, 1982; Corbertta et al. 104 1991; Panet, 1993, 1995; Chern et al. 1998; Unlu and Gercek, 2003; Vlachopoulos and 105 Diederichs, 2009) to be used for LDP calculations according to the rock mass behaviour (i.e. 106 elastic or elasto-plastic) where u_{max} refers to the maximum radial displacement attained R and x 107 denote the tunnel radius and x the under-investigation location, v is the Poisson's ratio.

108 Table 1. Analytical solutions for LDP calculation depending on the medium.

109 Panet (1993, 1995) and Corbetta et al. (1991) derived relationships for the LDP profiles of elastic 110 material behaviours. Panet and Guento (1982) Chern et al (1998) proposed relationships for 111 elato-plastic materials. Unlu and Gercek (2003) are the first who noted that the LDP curve in front 112 of the face (in the non-excavated rock mass where x<0) is different than the LDP curve in behind 113 the tunnel face (in the already-excavated rock mass where x>0). At the tunnel face (where x=0) 114 the radial displacement can be estimated using the Poisson's Ratio, as shown in Table 1. The 115 same statement was used by Vlachopoulos and Diederichs (2009) who proposed three different 116 equations to estimate the LDP for an elasto-plastic material in relation to the location x in terms 117 of the tunnel face which is used for weak ground conditions at great depth assuming that a large 118 ultimate plastic radius is created around the tunnel. It is important to note that none of the afore-119 ascribed LDP equations on Table 1 takes into consideration any deformation anticipated due to 120 time-dependent squeezing (for instance). Additionally, any application of these LDPs equations 121 to time-dependent rock masses will yield erroneous results leading to underestimation of the 122 anticipated tunnel wall displacements and the support system requirements.

123 2 TIME-DEPENDENT BEHAVIOUR

The tendency of various rocks and rock masses to exhibit time-dependent shear deformation when subjected to a constant stress state (that it is less than the strength of the rock material) is known as creep. In tunnelling, creep behaviour emerges as the on-going increase of the radial displacements observed in the tunnel walls. This increase is related to the rheological properties and creep potential of the surrounding rock mass and can be considered to be in addition to the displacement resulting due to the incremental steps of tunnel advance - although the progress of the tunnel takes time and so this closure component is often but erroneously referred to as timedependent (Paraskevopoulou, 2016). For the design of tunnels in rock masses at depth it is often
important to account for creep. This consideration extends through the initial construction period
and beyond. The time effect can contribute up to 70% of the total deformation (Sulem et al. 1987).

134 In tunnelling, time-dependent behaviour is often observed in weak rocks and rock masses that 135 exhibit severe squeezing (Barla 2001, Barla et al. 2010). Squeezing in this case, results from the 136 plastic displacements due to shearing over a long period of time which leads to apparent visco-137 plastic creep. However, brittle rocks can experience creep when subjected to high in situ stresses 138 (Malan, 1997; Damjanac and Fairhurst, 2010) and can also be subject to long-term strength 139 degradation due to crack growth over time with or without observable creep. Creep behaviour 140 (Goodman, 1980) is usually characterized by three stages (primary, secondary, tertiary) that 141 follow the instantaneous response due to the change in the boundary conditions (constant stress) 142 shown in Figure 2. As the stress or load is kept constant, the accumulated strains increase with 143 a decreasing rate (primary stage). When this primary stage subsides and the strain increase 144 approaches a constant strain-rate, the transition to the secondary (or steady state) can then be 145 evident (although the processes of secondary creep may act coincidentally during the primary 146 stage). At the end of the secondary state, the strain rate accelerates yielding or even failing the 147 material in a brittle manner, a delayed yield process referred to as tertiary creep (although the use 148 of the term creep may not be accurate in all cases). This failure is the result of weakening of the 149 rock mass during creep deformation or excess deformations that create unstable conditions. It 150 should be also noted that the magnitude and duration of each stage depends on the type of the 151 rock material. Ductile materials such as rock salt may never reach tertiary creep (yield) as they 152 are more prone to deforming without yielding (creep processes do not create damage) whereas 153 in brittle materials like granite the secondary stage of creep is not always observed as Lockner 154 (1993) also reported. In these materials, the tertiary stage manifests as delayed yield under 155 sustained loading between a lower bound crack initiation threshold and maximum strength.

156 Figure 2. Characteristic curve of creep behaviour.

157 2.1 Time-dependent Formulation and Rheological Models

Many researchers have developed and proposed various formulations and constitutive laws to capture the time-dependent behaviour of rock materials. Most formulations of time-dependent behaviour, suggested in the literature, can be separated into three main categories: a) empirical functions based upon curve fitting of experimental data (Mirza, 1978; Aydan et al. 1996; Sign et al. 1997; etc.), b) rheological functions based upon time-dependent behaviour models (Lo and Yuen, 1981; Aristorenas, 1992; Malan, 1997; Chin and Rogers, 1998; etc.), and, c) general 164 theories (Perzyna, 1996; Debernardi, 2008; Sterpi and Gioda, 2009; Kalos, 2014; etc.) that are 165 considered to be the most advanced aspects of numerical analysis codes (i.e. Finite Element and 166 Finite Difference codes). The most commonly used of the three are the rheological models. They 167 are based on constitutive relationships between stress and strain. In order to simulate the time-168 dependent viscous behaviour, usually elastic springs, viscous dashpots and plastic sliders are 169 coupled in series or parallel. It is then possible to reproduce elasto-plastic, visco-elastic, visco-170 plastic, elasto-visco-plastic etc. mechanical behaviours. For simplicity here, it should be noted 171 that at this paper focuses on the visco-elastic behaviour and no plastic yield is considered.

172 Table 2 summarizes the most common visco-elastic models used to simulate creep behaviour, 173 where: σ =stress, ϵ =strain, E=Young's modulus, K=bulk modulus, G =shear modulus, η =viscosity, 174 t=time, subscript K denotes Kelvin model, subscript M denotes Maxwell model, p is the mean 175 stress and g is the deviatoric stress. Kelvin and most commonly its extension to the generalized 176 Kelvin (Kelvin-Voigt) model comprised of a spring coupled in parallel with a dashpot is used to 177 simulate the instantaneous response and primary stage of creep. Maxwell model or its extension 178 (generalized Maxwell), a spring in series with a dashpot is used to capture the secondary creep 179 stage. Coupling of these two models in series gives the Burgers model that is used to simulate 180 the first two stages of creep behaviour. These models in order to be utilized, require the 181 knowledge of creep parameters (i.e. viscosities (n) and shear moduli (G) of the mechanical 182 analogues) that can be derived from creep tests in the laboratory (Lama and Vutukuri, 1978; 183 Goodman, 1980) or in situ conditions (Goodman, 1980; Chen and Chung, 1996). According to 184 Goodman, the visco-elastic parameters (η_{K} , η_{M} , G_{K} , G_{M}) can be estimated by fitting the 185 experimental results of static load (creep) tests to the mathematical curve of the strain response 186 of the Burgers model at different time increments and the corresponding strain intercepts.

187 Burgers-creep viscous (CVISC) model (Table 2) is a visco-elastic-plastic model introduced by 188 Itasca (2011) and consists of the Burgers visco-elastic model in series with a plastic slider (Table 189 2). The plastic component is based on the Mohr-Coulomb failure criterion and it is used to pseudo-190 simulate the tertiary stage of creep. However, since the plastic slider is not coupled with a viscous 191 dashpot plastic-yielding is independent of time and depends only on the stress (Paraskevopoulou 192 and Diederichs, 2013). If the model is subjected to a stress above the yielding stress of the slider 193 the model behaves as an elasto-plastic material whereas if it is stressed below the yielding 194 threshold the model behaves similar to a Burgers body.

195 Commonly, Burgers model is preferable for practical applications (Goodman, 1980). It should be 196 stated, however, that there is not a simple model that can describe all the creep stages 197 satisfactorily and can be used for all rock types and all in situ conditions without limitations. For 198 instance, heavily sheared rock masses can exhibit primary creep in normal stress conditions 199 whereas high strength materials will not (Paraskevopoulou and Diederichs, 2013).

Table 2. Visco-elastic rheological models, their associated mechanical analogues, stress-strain
 and time-relationships.

202 (It should be noted that for incompressible materials E=3G).

203 2.2 Time-dependent Deformation in Tunnelling

204 The time-dependent response around the tunnel in a visco-elastic material has also been 205 discussed in the literature. Analytical and closed form solutions that take into account the time-206 dependent convergence have been proposed in viscous medium for supported (i.e. Sakurai, 207 1978; Pan and Dong, 1991) and unsupported (i.e Panet, 1979; Sulem et al., 1987; Fahimifar, et 208 al. 2010;) circular tunnels. Gnirk and Jonson (1964) analyzed the deformational behaviour of a 209 circular mine shaft in a visco-elastic medium under hydrostatic stress. Goodman (1980) described 210 a methodology on estimating visco-elastic creep parameters based on curve-fitting of tunnel data 211 that experienced creep defromation. Yiouta-Mitra et al. (2010) investigated the LDP of a circular 212 tunnel in a visco-elastic medium, neglecting however the effect on the cumulative tunnel wall 213 displacement due to the tunnel advancement. Nomikos et al. (2011) performed axisymmetric 214 analyses on supported tunnel within linear visoc-elastic rock masses. Although some of these 215 formulations do consider the tunnel advance in the estimated total deformation, yet are found to 216 be impractical due to the complex calculations required.

217 In this paper, the linear visco-elastic analytical solutions developed by Panet (1979) and proposed 218 for the Kelvin-Voigt and Maxwell models, are utilized for the calculation of the time-dependent 219 radial displacements of an unsupported circular tunnel. Fahimifar et al. (2010) developed a 220 closed-form solution considering the time-effect when tunnelling within a Burgers material, this 221 formulation is also adopted in the presented analysis. Table 3 summarizes the mathematical 222 representations and expected material response due to time and more specifically creep 223 behaviour; the visco-elastic models are presented as well as their analytical solutions and the 224 radial displacement – time relationships, where: σ_0 is the in situ stress, σ_r is the radial stress, u_r 225 refers to the radial tunnel wall displacement, r is the tunnel radius, t describes the time, T denotes 226 the retardation – relaxation time of each model, G is the shear modulus, η is the viscosity, t=time,

- subscripts K, M and ∞ refer to Kelvin-Voigt model, Maxwell model and the harmonic average,
 respectively.
- Table 3. Visco-elastic models and analytical solutions for a circular unsupported tunnel. The analytical solutions for Kelvin-Voigt and Maxwell model are adopted from Panet (1979) and for Burgers from Fahimifar et al. (2010).
- It should be noted that when time is assumed to be infinite the shear modulus used in the Kelvin model is estimated with the harmonic average G_{∞} and is not equal with the initial shear modulus of the rock mass G_{0} .
- 235 **2.3 Combining the two effects in a Longitudinal Displacement Profile (LDP)**

236 The effects of tunnel advancement and time in the total radial displacements observed in the 237 tunnel walls are shown in Figures 5 and 6 and expressed in the form of the LDP of an unsupported 238 circular tunnel in an elasto visco-elastic-plastic and an elasto-visco-elastic medium respectively. 239 In Figures 3 and 4, r is the tunnel radius, D is the tunnel diameter, t denotes the time, x denotes 240 the distance from the tunnel face which is a function of time, u_r refers to the radial tunnel wall 241 displacement which is the function of time and distance from the tunnel face, G is the shear 242 modulus, η is the viscosity, q is the deviatoric stress, σ is the applied stress, subscripts M, K, y 243 refer to Kelvin and Maxwell models and yielding threshold respectively; superscripts el, p, s and 244 tet denotes the elastic response and primary, secondary and tertiary components of the creep 245 behaviour, respectively. The former case (Figure 3) represents the case (elasto-visco-elastic-246 plastic) where the material undergoes all three stages of creep until ultimate failure. This response 247 is expected in severe squeezing rock masses where the induced-creep behaviour leads the 248 material to fracture and failure after exhibiting large deformations and noticeable convergence.

- Figure 3. Longitudinal Displacement Profile (LDP) in an elasto-visco-elastic-plastic medium (seetext for details).
- Figure 4 illustrates the anticipated LDP of the tunnel displacement in an elasto-visco-elastic medium where no tertiary creep takes place. More ductile materials as in the case of rock salt can behave in such manner.
- Figure 4. Schematic representation of the Longitudinal Displacement Profile (LDP) in an elastovisco-elastic medium (see text for details).
- In both Figures 3 and 4, it is shown that when no time-effect is considered, the total displacements
 are underestimated which can lead to erroneous calculations at the initial stages of the design

process. Detailed investigation is recommended when dealing with rocks and rock masses that show time-dependent potential. The following discussion serves as an attempt to highlight the importance of time-dependent behaviour during tunnelling through a series of axisymmetric numerical analyses.

262 3 NUMERICAL ANALYSIS

263 An axisymmetric parametric analysis was performed within FLAC software (Itasca, 2011). The 264 geometry of the model and the excavation sequence characteristics are shown in Figure 5. A 265 circular tunnel of 6 m diameter and 400 m length was excavated in isotropic conditions. Full-face 266 excavation was adopted. Two cases were assumed depending on the excavation step in each 267 excavation cycle. In the first case (Case 1: D&B), the excavation step per cycle was 3 m as such 268 conditions are considered to be typically representative of drill and blast excavation method on a 269 fairly good guality rock mass. In the second case (Case 2: TBM), the excavation step per cycle 270 was simulated to 1 m to represent the excavation sequence of a 6 m diameter mechanized tunnel 271 using a TBM. The rock mass for both cases was assumed to behave as an elasto-visco-elastic 272 material and CVISC model within FLAC software (Itasca, 2011) was employed. As previously 273 discussed, the CVISC model is a visco-elastic-plastic model although for this purpose, the 274 cohesion and tension on the model were given very high values to prevent any yielding from 275 taking place in the model. No support measures were assumed on the study presented-herein.

Figure 5. Case 1 refers to drill and blast method with 3 m excavation step per cycle (Drill jumbo graphic courtesy of Fletcher & Co.), Case 2 refers to TBM (Tunnelling Boring Machine) method with 1 m excavation per cycle (TBM graphic courtesy of Herrenknecht AG).

- In order to investigate further the time-dependent component of the total radial displacements it was decided to perform two main different analyses for both cases (D&B and TBM). The first analysis aimed to examine the contribution of primary creep using the Kelvin-Voigt model. In this regard, the viscous dashpots of the Maxwell body within the CVISC model was deactivated. On the second analysis, the contribution of the Burgers model was investigated in order to capture both primary and secondary stages of creep. In this case, both the Kelvin and the Maxwell bodies were activated.
- In addition, three different sets of parameters were used for the three analyses on both cases
 shown in Table 4. However, for the scope of this study only the visco-elastic parameters varied
 between the three sets.
- 289 Table 4. Parameters used for CVISC model.

It should be stated that the visco-elastic parameters were chosen according to the analyticalsolution (Eq. 1) of the Kelvin-Voigt model developed by Panet (1979).

292
$$u_r = \frac{\sigma_o r}{2G_o} + \frac{\sigma_o r}{2G_K} [1 - \exp\left(-\frac{t}{T_K}\right)] \quad (\text{Eq. 1})$$

where: σ_0 is the in-situ stress conditions, r is the tunnel radius, G_0 the elastic shear modulus, G_K is the Kelvin shear Modulus, η_K is Kelvin's viscosity and T_K is known as retardation time and it is the ratio of Kelvin's viscosity over the Kelvin shear Modulus.

296 It was observed that the relaxation (retardation) time of the Kelvin-Voigt model plays a key rolel 297 as this parameter controls the curvature of Kelvin's behaviour. In other words, the retardation time 298 of Kelvin shows how fast the model will converge and reach a constant value. In this regard, the 299 visco-elastic parameters were chosen so the retardation time (T_{κ}), found in the literature (Barla 300 et al. 2010; Zhang et al. 2012; Feng et al. 2006) varies one order of magnitude between the three 301 sets.

302 Furthermore, in order to take into consideration both the time-dependent component and the 303 tunnel advance and examine their contribution to the total displacement recorded, the time of the 304 excavation cycle was also captured in each set of parameters for both cases in the two analyses. 305 The time of each excavation model varied from 2 to 8 hours. Additionally, two supplementary 306 analyses were performed, one involved a set of runs with the Kelvin-Voigt model and the other a 307 set of runs with the elastic models. These two analyses were used to validate the numerical 308 models and were compared with analytical solutions. In total 62 models were simulated and their 309 LDPs were analyzed and compared. Table 5 summarizes all the model runs performed in the 310 presented parametric study.

311 Table 5. Nomenclature and model runs in this study.

312 4 NUMERICAL RESULTS

313 4.1 Comparison of Numerical Analysis with Analytical Solutions

The first step in this analysis was to compare the numerical results to the analytical solutions of the elastic (instantaneous deformation at each excavation step) and the Kelvin-Voigt model (hypothetically infinite time delay between each excavation step to allow full convergence of primary creep stage). Figure 6 shows that the numerical results are in agreement with the analytical solutions. It should be added that the elastic numerical case was compared to the elastic solution of Vlachopoulos and Diederichs (2009) assuming that no plastic radius occurs at the tunnel walls (i.e. $r_0/r_t=1$) The results from Kelvin-Voigt case were compared to Eq. 1.

Figure 6. (Left) Numerical results (solid lines) related to the analytical solutions (as referenced) for the elastic and the Kelvin Voigt model, (Right) closer representation of the data for x values of -15 < x < 25.

These results serve to validate the numerical model. The real question, however, is how the viscous behaviour impacts the LDP between the two extremes in Figure 6 as the elastic case represents instantaneous excavation (cycle time is effectively zero) while the fully converged Kelvin-Voight model (zero viscosity) represents an infinite cycle time between excavation steps. It is important, then, to consider the impact of the excavation rate (cycle time).

- In order to examine the time-dependent potential during the construction, the tunnel excavation stages should be also considered. The bounding case numerical results (i.e. elastic and Kelvin-Voigt reference models) in the following sections were used as reference guides as they were considered to be the two extremes, the elastic is representative for the short-term LDP where no time-effect is considered whereas the Kelvin-Voigt is considered the long-term LDP during the primary stage of creep. From then on all of the results in the graphs refer to the numerical analyses unless otherwise stated.
- 336 The results are presented in two different ways shown in Figures 7 to 10. First, since the total 337 displacement is much higher when the time component manifests, it was decided to normalize 338 the total displacement to the maximum displacement of the Kelvin-Voigt reference model ($u_r \propto_{max}$), 339 shown in the Figures on the left vertical axes. Second, the numerically computed displacement 340 against the tunnel face location is also plotted (right vertical axes). It should be noted that in the 341 following Figures x is the distance from the tunnel face, R is the tunnel radius, u_r is the absolute 342 radial tunnel wall displacement, $u_r e_{max}$ is the maximum elastic displacement and $u_r \infty_{max}$ is the 343 maximum visco-elastic displacement of the Kelvin-Voigt model. Grey and black lines are the 344 elastic and the zero-viscosity KV models respectively.

345 4.2 KELVIN-VOIGT (KV), Investigating Primary Stage of Creep

The first main analysis involved the investigation due to the time-effect on the overall total tunnel wall displacement assuming that only primary creep is observed in addition to the effect of tunnel advancement. For this purpose, the Kelvin-Voigt model (with non-zero viscosity) was assumed to represent the primary stage of creep and was used to simulate the mechanical behaviour of an elasto-visco-elastic rock mass. The results for the drill and blast case and the TBM are presentedin Figures 7 and 8, respectively.

Figure 7. (Left) Numerical results of LDPs for the drill and blast (DB) case of the KELVIN-VOIGT (KV) analysis (the hours on the legend denote hours per excavation cycle), (Right) closer representation of the data for x values of -6 < X < 12.

Figure 8. (Left) Numerical results of LDPs for the TBM case of the KELVIN-VOIGT (KV) analysis (the hours on the legend denote hours per excavation cycle), (Right) closer representation of the data for x values of -2 < X < 4.

- 358 Figures 7 and 8 show similar trends for the three sets of parameters. The results imply that 359 increased cycle time or excavation delay exacerbates the mechanical behaviour of the rock mass, 360 as in all models an increase of the ultimate total displacement was observed. This increase 361 depends on the visco-elastic parameters of the Kelvin-Voigt model. Furthermore, it is shown that 362 the models employed using the parameters of SET #2 and #3 which have a lower retardation time 363 (T_{κ}) reached a constant value sooner than the models of SET#1. As expected, an increase of the 364 retardation time parameter will result in an increase of the time required by the model to reach a 365 constant value and become time-independent.
- The excavation method used and thus the step advancement (m/excavation cycle) influences the results. It was observed that the models simulated employing the TBM sequence (1 m advance) reached a constant displacement value closer to the excavation face than the ones observed in the Drill and Blast Case (3 m advance). This was expected as in these analyses the time in each excavation cycle is considered; consequently, the 1-m excavation per cycle completes less tunnel meters during the same period than the 3-m excavation step.
- Finally, the duration of each excavation cycle is important. It is shown that the displacement during the 8-hour shifts reached a constant value closer to the tunnel face than the 2-hours shift. This is also reasonable as the elapsed-time during excavation cycles contributes in allowing the rock mass to deform and reach its maximum displacement value.

376 4.3 BURGERS (B), Investigating Primary and Secondary Stage of Creep

The second stage of this analysis was to investigate the influence of both primary and secondary stages of creep behaviour using the Burgers model. The results are presented in Figures 9 and 10 for the drill and blast and TBM case, respectively. Similar observations with the previous case of KELVIN-VOIGT analysis can be made. The Burgers model simulates the idealized behaviour of the first two stages of creep. The maximum strains (deformation) due to the secondary stage (Maxwell model) are effectively infinite. This is also observed on Figures 9 and 10. In reality, ductile materials could keep deforming without yielding for a very long period of time or up to full closure of the tunnel.

Figure 9. (Left) Numerical results of LDPs for the drill and blast (DB) case of the BURGERS (B) analysis (the hours on the legend denote hours per excavation cycle), (Right) closer representation of the data for x values of -10 < X < 50.

Figure 10. (Left) Numerical results of LDPs for the TBM case of the BURGERS (B) analysis (the
 hours on the legend denote hours per excavation cycle), (Right) closer representation of the data
 for x values of -10 < X < 50.

391 In this part, it was noticed that the magnitude of the total displacements between the two cases 392 varied significantly. The excavation method influences the accumulated displacements. In the drill 393 and blast case, all three sets of models (parameters) exhibited less displacement than the TBM 394 case for the same duration of the excavation cycles. During a tunnel excavation by a TBM, the 395 tunnel excavation requires more time than a drill and blast excavation for the same excavation 396 cycle. For instance, a TBM that excavates 1 m every 6 hours the elapsed time is three times 397 longer than the drill and blast case of 3 m excavation per cycle. As a result, the time for the 398 excavation of the same length tunnel will result in accumulation of displacement increase in the 399 case of the TBM. However, in reality this may not always represent real conditions as TBMs are 400 commonly preferable since they tend to achieve better excavation rates; if the rock mass 401 conditions and the tunnel length make TBMs affordable. If the latter is the case, then a TBM 402 excavation (Figure 10) of a two-hour excavation cycle, it is shown that the surrounding rock mass 403 represented by SET#1 exhibits less displacement than of an eight-hour excavation cycle using 404 drill and blast (Figure 9).

405 **5 DISCUSSION**

Another aspect of this study was to analyze the boundary and model conditions when creep behaviour manifests. Figures 11 and 12 show the stress-paths related to the numerical analyses presented herein for both cases drill and blast and TBM, where σ_{zz} and σ_{xx} are the major and minor stresses in the model, p is the mean stress and q the deviatoric, x refers to the location in the tunnel and R is the tunnel radius. Creep in these models is in response to differential stress (represented by q in the following figures) while the confining pressure (p) acts to resist yield but not creep in the visco-elastic case modelled here.

- It is shown that the excavation step influences the stress regime in the tunnel. In the TBM case, where the excavation step is 1 m per excavation cycle, the stresses redistribute in a different manner than with the Drill and Blast case (3 m per cycle). In theory, the deviatoric stress (q) in both cases should reach the in situ pressure, p (as the radial stresses are zero and tangential stresses are 2p at the boundary). This does not occur in the model as the stresses are averaged in the grid zones. The deviatoric stress would approach the value of in situ stress if the elements
- 419 in the numerical mesh were very small.
- 420 Figure 11. Stress paths for the drill and blast case.
- 421 Figure 12. Stress paths for the TBM case.
- For a better understanding of the results the deviatoric stress was related to the displacement data normalized to the maximum displacement of the Kelvin-Voigt model ($u_r \approx_{max}$). Only the results from the KELVIN-VOIGT analysis are presented and related to the deviatoric stress as it was noticed that time-dependent behaviour initiates at the same stress level and from the same location for all three sets and are shown in Figures 13 and 14 for the drill and blast case and the TBM, respectively; where: x is the distance from the tunnel face, R is the tunnel radius, u_r is the radial tunnel wall displacement, $u_r e_{max}$, q_{cr} denotes the deviatoric stress at which creep initiates.
- Figure 13. (Left) Relating the deviatoric stress (q) to the tunnel wall displacement normalized to the maximum displacement of the KELVIN-VOIGT model ($u_r \approx_{max}$) for the drill and blast case (D&B), (Right) closer representation of the data for x values of -6 < X < 12.

Figure 14. (Left) Relating the deviatoric stress (q) to the tunnel wall displacement normalized to the maximum displacement of the KELVIN-VOIGT model ($u_r \approx_{max}$) for the TBM case, (Right) closer representation of the data for x values of -2 < X < 4.

- Time-dependent behaviour starts for both cases and all data sets when the deviatoric stress reaches a critical value (q_{cr}) shown in Figures 13 and 14. This critical value is attained after one excavation step. In the drill and blast case, this is 3 m away from the tunnel whereas for the TBM case it is 1 m. It is at the point at which the time-dependent LDPs deviate from the elastic LDP.
- 439 Until this critical point, the rock mass behaves elastically.
- Implications during the tunnel construction may arise due to time-dependent deformation. Figure 15 shows the radial displacement of chainage at 1444 m of Saint Martin La Porte tunnel that exhibited severe squeezing and creep behaviour (Barla, 2016). It is illustrated that the rock mass deformed 60 cm during a period of 166 days. A schematic representation of the possible LDPs is also presented herein.
- Figure 15. Predicted LDPs according to the tunnel data of radial displacement against distance (modified after Barla, 2016).

447 6 CONCLUSIONS

448 Analytical solutions often utilized in Convergence-Confinement analyses usually examine either 449 the effect of tunnel advancement or the time-effect. Even in the latter case where time is 450 considered, as shown in Figure 16 (i.e. Panet, 1979 curves), the overall displacement can be 451 estimated. As this could be partially used for the selection of the final support, one may wonder if 452 it could also be possible to simulate and replicate the complete problem. In this regard, an 453 overview of the conventional methods used to predict the Longitudinal Displacement Profile of 454 the radial displacements was presented and the limitations were highlighted. For this purpose, 455 numerical analyses were performed where the displacement is both a function of time and the 456 excavation advancement. More specifically, a parametric axisymmetric study was employed 457 taking into consideration both effects (tunnel advancement and time) where three sets of models 458 with different visco-elastic parameters were investigated under different conditions. It was shown 459 that the effect of only the primary creep can lead to even 50% increase of the initial displacement 460 and that the creep-parameters control the time the displacement will reach a constant value. 461 There is no theoretical bound (other than full closure) when considering secondary creep. This 462 could be the case of ductile rocks and rock masses like salt. The excavation method also controls 463 the overall displacement as discussed. Different results may assist the selection of utilizing drill 464 and blast over a TBM excavation if it is proven to be financially affordable. Finally, tunnel data 465 were presented where time-dependent deformations were exhibited, relative findings to this study 466 were derived.

Figure 16. (Left) LDPs for the drill and blast (DB) and TBM case of the KELVIN-VOIGT (KV)
analysis related to the analytical solutions (continued lines related to hours on the legend denote
hours per excavation cycle), (Right) closer representation of the data for x values of -5 < X < 15.

In regards to time-dependent deformation taking place in an underground environment it would contribute to both science and practice if a complete tunnel dataset was utilized with monitoring data and laboratory data in a numerical back-analysis. Especially in some cases, it is valuable to attain data acquired over years of monitoring to be able to capture the full rock mass response as for example, in the case of creep behaviour where also the contribution of the support system could be further analyzed.

Being able to predict and estimate the rock mass response due to one excavation method versus another can lead to project optimization. Optimization of the design usually involves the appropriate selection of the excavation method and the support system that would allow the rock mass to further deform over time avoiding overstressing that could otherwise lead to support 480 yielding and abrupt rock mass instabilities, safety issues and cost overruns (Paraskevopoulou
481 and Benardos). It is encouraged thus, to further examine the geological model, its rheological
482 behaviour potential and utilizing all data and information available that will improve the design of
483 the overall project.

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TABLE OF FIGURES

Figure 1. The Ground Reaction Curve response of an elasto-plastic material and its relation to the LDP. Y-axis on the left refers to the internal pressure (p_i) normalized to the in-situ pressure (p_0) , Y-axis on the right refers to the distance from the face (x) normalized to the tunnel radius (R) and X-axis refers to the radial displacement at a location x normalized to the maximum radial displacement.

Figure 2. Characteristic curve of creep behaviour.

Figure 3. Longitudinal Displacement Profile (LDP) in an elasto-visco-elastic-plastic medium (see text for details).

Figure 4. Longitudinal Displacement Profile (LDP) in an elasto-visco-elastic medium (see text for details).

Figure 5. Case 1 refers to drill and blast method with 3 m excavation step per cycle (Drill jumbo graphic courtesy of Fletcher & Co.), Case 2 refers to TBM (Tunnelling Boring Machine) method with 1 m excavation per cycle (TBM graphic courtesy of Herrenknecht AG).

Figure 6. (Left) Numerical results (solid lines) related to the analytical solutions (as referenced) for the elastic and the Kelvin Voigt model, (Right) closer representation of the data for x values of -15 < x < 25.

Figure 7. (Left) Numerical results of LDPs for the drill and blast (DB) case of the KELVIN-VOIGT (KV) analysis (the hours on the legend denote hours per excavation cycle), (Right) closer representation of the data for x values of -6 < X < 12.

Figure 8. (Left) Numerical results of LDPs for the TBM case of the KELVIN-VOIGT (KV) analysis (the hours on the legend denote hours per excavation cycle), (Right) closer representation of the data for x values of -2 < X < 4.

Figure 9. (Left) Numerical results of LDPs for the drill and blast (DB) case of the BURGERS (B) analysis (the hours on the legend denote hours per excavation cycle), (Right) closer representation of the data for x values of -10 < X < 50.

Figure 10. (Left) Numerical results of LDPs for the TBM case of the BURGERS (B) analysis (the hours on the legend denote hours per excavation cycle), (Right) closer representation of the data for x values of -10 < X < 50.

Figure 11. Stress paths for the drill and blast case.

Figure 12. Stress paths for the TBM case.

Figure 13. (Left) Relating the deviatoric stress (q) to the tunnel wall displacement normalized to the maximum displacement of the KELVIN-VOIGT model ($u_r \approx_{max}$) for the drill and blast case (D&B), (Right) closer representation of the data for x values of -6 < X < 12.

Figure 14. (Left) Relating the deviatoric stress (q) to the tunnel wall displacement normalized to the maximum displacement of the KELVIN-VOIGT model ($u_r \infty_{max}$) for the TBM case, (Right) closer representation of the data for x values of -2 < X < 4.

Figure 15. Predicted LDPs according to the tunnel data of radial displacement against distance (modified after Barla, 2016).

Figure 16. (Left) LDPs for the drill and blast (DB) and TBM case of the KELVIN-VOIGT (KV) analysis related to the analytical solutions (continued lines related to hours on the legend denote hours per excavation cycle), (Right) closer representation of the data for x values of -5 < X < 15.







Elasto-visco-elastic-plastic medium







-ELASTIC

--- ELASTIC (Vlachopoulos and Diederichs 2009)

—KELVIN-VOIGT

--KELVIN-VOIGT (Panet 1976)















--6 hours_BURGERS --8 hours_BURGERS

-ELASTIC -KELVIN-VOIGT



-ELASTIC

-KELVIN-VOIGT



























TABLES

Table 1. Analytical solutions for LDP calculation depending on the medium.

Table 2. Visco-elastic rheological models, their associated mechanical analogues, stress-strain and time-relationships.

Table 3. Visco-elastic models and analytical solutions for a circular unsupported tunnel. The analytical solutions for Kelvin-Voigt and Maxwell model are adopted from Panet (1979) and for Burgers from Fahimifar et al. (2010).

Table 4. Parameters used for CVISC model.

Table 5. Nomenclature and model runs in this study.

Reference	Analytical Solution	Medium Behaviour
Panet and Guenot (1982)	$\frac{u_r}{u_{max}} = 0.28 + 0.72 \left[1 - \left(\frac{0.84}{0.84 + x/R}\right)^2\right]$	Elasto-Plastic
Panet (1993, 1995)	$\frac{u_r}{u_{max}} = 0.25 + 0.75 \left[1 - \left(\frac{0.75}{0.25 + x/R}\right)^2\right]$	Elastic
Corbetta et al. (1991)	$\frac{u_r}{u_{max}} = 0.29 + 0.71[1 - \left(-1.5\left(\frac{x}{R}\right)^{0.7}\right)]$	Elastic
Chern et al. (1998)	$\frac{u_r}{u_{max}} = \left[1 + exp\left(\frac{-x/R}{1.1}\right)^{-1.7}\right]$	Elasto-plastic
Unlu and Gercek (2003)	$\frac{u_r}{u_{max}} = \frac{u_o}{u_{max}} + A_a (1 - e^{B_a(x/R)}), \qquad x/R \le 0$ $\frac{u_r}{u_{max}} = \frac{u_o}{u_{max}} + A_b [1 - ((B_b + (x/R))^2], \qquad x/R \ge 0$ $\frac{u_o}{u_{max}} = 0.22\nu + 0.19, \qquad x/R = 0$ $A_a = -0.22\nu + 0.19 \qquad B_a = 0.73\nu + 0.81$ $A_b = -0.22\nu + 0.81 \qquad B_b = 0.39\nu + 0.65$	Elastic
Vlachopoulos and Diederichs (2009)	$\frac{u_r}{u_{max}} = \frac{u_o}{u_{max}} e^{x/R}, \qquad x/R \le 0$ $\frac{u_r}{u_{max}} = 1 - (1 - \frac{u_o}{u_{max}}) e^{(-3x/R)/(2rp/R)}, \qquad x/R \ge 0$ $\frac{u_o}{u_{max}} = \frac{1}{3} e^{-0.15 {r/R}/R}, \qquad r_p - plastic radius \qquad x/R = 0$	Elasto-plastic

Table 1. Analytical solutions for LDP calculation depending on the medium.



Table 2. Visco-elastic rheological models, their associated mechanical analogues, stress-strain and time-relationships.

(It should be noted that for incompressible materials E=3G).

Table 3. Visco-elastic models and analytical solutions for a circular unsupported tunnel (the analytical solutions for Kelvin-Voigt and Maxwell model are adopted from Panet (1979) and for Burgers from Fahimifar et al. (2010)).

Model	Spring-Dashpot Analogues and Radial displace	ement – Time Analy	ytical Solutions
Kelvin-Voigt (Generalized Kelvin) <i>(primary)</i>	$\frac{2G_{\kappa}}{2\eta_{\kappa}} \xrightarrow{2G_{o}} q \qquad \frac{1}{G_{o}} = \frac{1}{G_{o}} + \frac{1}{G_{\kappa}}$ $T_{\kappa} = \frac{\eta_{\kappa}}{G_{\kappa}}$		$\frac{\sigma_{o}r}{2G_{\infty}}$
	$u_r = \frac{1}{2G_o} + \frac{1}{2G_K} \left[1 - \exp\left(-\frac{1}{T_K}\right)\right]$	$\sigma_r = 0$ for $t > 0$	T_{K} t
Maxwell (secondary)	$T_{M} = \frac{\eta_{M}}{G_{o}}$ $u_{r} = \frac{\sigma_{o}r}{2G_{o}} [1 + \left(\frac{t}{T_{M}}\right)]$	$\sigma_r = 0 \text{ for } t > 0$	$\begin{array}{c c} u_{r} \\ \hline \\ \hline \\ \hline \\ \hline \\ \\ \\ \\ \\ \hline \\ \\ \\ \\ \hline \\$
Burgers (primary & secondary)	$u_{r} = \frac{\sigma_{o}r}{2} \{ \frac{1}{G_{o}} + \frac{t}{\eta_{M}} + \frac{1}{G_{K}} [1 - \exp\left(-\frac{t}{T_{K}}\right)] \}$	$\sigma_r = 0 \text{ for } t > 0$	$\begin{array}{c c} u_{r} \\ \hline \\ \hline \\ \hline \\ \\ \\ \\ \hline \\ \\ \\ \\ \hline \\ \\ \\ \\ \\ \hline \\ \\ \\ \\ \\ \hline \\$

Parameter	SET #1	SET #2	SET #3	
Rockmass conditions				
γ (KN/m³)	20	20	20	
φ (°)	23	23	23	
c (MPa)	1.00E+20	1.00E+20	1.00E+20	
t (MPa)	1.00E+20	1.00E+20	1.00E+20	
K (MPa)	1.23E+03	4.32E+04	4.70E+03	
	Stress	Conditions		
k ₀	1	1	1	
p_0 (or σ_0) (MPa)	7	7	7	
	Visco-elast	ic Parameters*		
G _к (MPa)	4.98E+02	6.73E+04	3.29E+03	
η _κ (MPa*s)	1.34E+08	1.72E+09	1.49E+07	
G_0 or G_M (MPa)	5.66E+02	1.99E+04	2.17E+03	
η _м (MPa*s)	8.82E+08	1.20E+10	3.60E+09	
$T_{\kappa} = \eta_{\kappa}/G_{\kappa}(s)$	2.69E+05	2.56E+04	4.52E+03	
Reference*	Barla et al. 2010	Zhang et al. 2012	Feng et al. 2006	

Table 4. Parameters used for CVISC model.

Table 5. Nomenclature and model runs in this study.

Model	Time per excavation cycle	CASE 1 - D&B (3m/exc.)		CASE 2 - TBM (3m/exc.)			
		SET#1	SET#2	SET#3	SET#1	SET#2	SET#3
	2 hours	Х	Х	Х	Х	Х	Х
	4 hours	х	х	Х	Х	Х	Х
KELVIN-VOIGT (KV)	6 hours	Х	Х	Х	Х	Х	Х
	8 hours	Х	Х	Х	Х	Х	Х
	2 hours	Х	Х	Х	Х	Х	Х
	4 hours	Х	Х	Х	Х	Х	Х
BURGERS (B)	6 hours	Х	Х	Х	Х	Х	Х
	8 hours	Х	Х	Х	Х	Х	Х
KELVIN-VOIGT*	infinite excavation delay	Х	Х	Х	Х	Х	Х
ELASTIC*	instantaneous excavation	Х	Х	х	Х	Х	Х

*no time between excavation stages was considered in these models although in the KV model, both springs in series were considered active (zero viscosity in the Kelvin dashpot)

LIST OF SYMBOLS - GLOSSARY

CCM	Convergence Confinement Method		
CVISC	Burgers visco-plastic Model		
LDP	Longitudinal Displacement Profile		
GRC	Ground Reaction Curve		
SCC	Support Characteristic Curve		
E	Young's modulus		
el	elastic		
G or G_{\circ}	shear modulus		
Gĸ	Kelvin shear modulus		
G _M	Maxwell shear modulus		
1/G∞	harmonic average		
К	bulk modulus		
p ₀	in situ stress		
p _i	internal pressure		
q	deviatoric stress		
q _{cr}	critical deviatoric stress		
r	radius		
r _p	plastic radius		
R	tunnel radius		
t	time		
Ur	radial displacement		
U _r e _{max}	maximum elastic displacement		
U _r ∞ _{max}	maximum visco-elastic displacement		
V	Poisson's ratio		
Ve	visco-elastic		
Vp	visco-plastic		
х	distance from the tunnel face		
у	yielding		
η	viscosity		
η _K	Kelvin viscosity		
η_M	Maxwell viscosity		
3	strain		
ε	strain-rate		
٤p	axial strain due to primary stage of creep		

٤ ^s	axial strain due to secondary stage of creep
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- ϵ^{tet} axial strain due to tertiary stage of creep
- σ stress
- σ_0 in situ stress
- σ_r radial stress
- σ_{xx} minor stresses
- σ_{zz} major stresses
- T denotes the retardation relaxation time of each model