Table 1 Absolute energy intake in the control, low-energy preload (LEP) and high-energy preload (HEP) conditions across tertiles of MVPA

|  |  |  |  |
| --- | --- | --- | --- |
|  | **LoMVPA** | **ModMVPA** | **HiMVPA** |
| *Control* |  |  |  |
| Lunch (kcal) | 828.9 ± 184.6 | 835.0 ± 252.9 | 972.3 ± 294.6 |
| Dinner (kcal) | 682.3 ± 183.7 | 635.0 ± 280.5 | 807.5 ± 176.3 |
| Snack box (kcal) | 586.5 ± 325.6 | 617.7 ± 309.7 | 633.1 ± 247.3 |
| Daily EI (kcal) | 2472.0 ± 603.9 | 2483.2 ± 649.6 | 2823.7 ± 596.5 |
| *LEP* |  |  |  |
| Lunch (kcal) | 523.6 ± 212.1 | 648.4 ± 390.3\* | 812.9 ± 318.6\* |
| Dinner (kcal) | 605.0 ± 224.2 | 681.3 ± 253.6 | 722.3 ± 235.6 |
| Snack box (kcal) | 501.0 ± 302.5 | 579.7 ± 241.1 | 543.9 ± 215.3 |
| Daily EI (kcal) | 2260.3 ± 626.8\* | 2559.5 ± 679.0\* | 2741.7 ± 632.8\* |
| *HEP* |  |  |  |
| Lunch (kcal) | 560.3 ± 224.3 | 440.3 ± 268.5 | 640.9 ± 267.2 |
| Dinner (kcal) | 635.4 ± 165.1 | 663.6 ± 300.3 | 791.0 ± 184.5 |
| Snack box (kcal) | 490.0 ± 332.5 | 577.1 ± 321.1 | 690.8 ± 320.0 |
| Daily EI (kcal) | 2751.5 ± 622.0 | 2764.7 ± 692.1 | 3220.3 ± 603.7 |

*LoMVPA* low moderate-to-vigorous physical activity tertile; *ModMVPA* moderate moderate-to-vigorous physical activity tertile; *HiMVPA* high moderate-to-vigorous physical activity tertile; *EI* energy intake. \*LEP vs HEP *p*<.01.