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On the evolutionary status of short period cataclysmic variables

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ABSTRACT

We present high-speed, three-colour photometry of seven short period ($P_{orb} \leq 95$ mins) eclipsing CVs from the Sloan Digital Sky Survey. We determine the system parameters via a parametrized model of the eclipse fitted to the observed lightcurve by χ^2 minimization. Three out of seven of the systems possess brown dwarf donor stars and are believed to have evolved past the orbital period minimum. This is in line with predictions that 40–70 per cent of CVs should have evolved past the orbital period minimum. Therefore, the main result of our study is that the missing population of post-period minimum CVs has finally been identified. The donor star masses and radii are, however, inconsistent with model predictions; the donor stars are approximately 10 per cent larger than expected across the mass range studied here. One explanation for the discrepancy is enhanced angular momentum loss (e.g. from circumbinary discs), however the mass-transfer rates, as deduced from white dwarf effective temperatures, are not consistent with enhanced angular momentum loss. We show it is possible to explain the large donor radii without invoking enhanced angular momentum loss by a combination of geometrical deformation and the effects of starspots due to strong rotation and expected magnetic activity. Choosing unambiguously between these different solutions will require independent estimates of the mass-transfer rates in short period CVs.

The white dwarfs in our sample show a strong tendency towards high masses. We show that this is unlikely to be due to selection effects. The dominance of highmass white dwarfs in our sample implies that erosion of the white dwarf during nova outbursts must be negligible, or even that white dwarfs grow in mass through the nova cycle. Amongst our sample there are no Helium core white dwarfs, despite predictions that 30–80 per cent of short period CVs should contain Helium core white dwarfs. We are unable to rule out selection effects as the cause of this discrepancy.

Key words: binaries: close - binaries: eclipsing - stars: dwarf novae - novae, cataclysmic variables

1 INTRODUCTION

Cataclysmic variable stars (CVs) are a class of interacting binary system undergoing mass-transfer, usually via a gas stream and accretion disc, from a Roche-lobe filling secondary to a white dwarf primary. A bright spot is formed at the intersection of the disc and gas stream, giving rise to an 'orbital hump' in the lightcurve at phases 0.6 - 1.0 due to foreshortening of the bright-spot. For a basic review of CVs, see Warner (1995). The secular evolution of CVs represents a long-standing problem in astrophysics, with wide ranging implications for all close binary systems (see Kolb 1993, for example). Close binary star evolution is driven by angular momentum loss, sustaining mass-transfer which in turn results in changes in the binary's orbital period. Since the orbital period is easy to determine, it is accurately known for many CVs, and the aim of CV evolutionary theory has been to reproduce the observed period distribution. Salient features which must be explained are the period gap - a dearth of systems with periods between 2 and 3 hours, and the period minimum - a sharp cut-off in the period distribution at 76.2 mins (Knigge 2006). The period gap is thought to be caused by a sudden reduction in angular momentum loss when the donor star becomes fully convective. The cause of this reduction is the cessation of magnetic braking (e.g. Robinson et al. 1981). Whilst observational evidence for a dramatic change in magnetic braking rate at the convective boundary exists (Delfosse et al. 1998; Reiners 2007), both the theoretical justication (Tout & Pringle 1992) and the observational basis (Andronov et al. 2003) for the so-called disrupted magnetic braking model have been challenged. Despite this, disrupted magnetic braking remains the best explanation to date for the period gaps existence.

The period minimum is caused by the response of the donor star to ongoing mass loss (e.g. Paczynski 1981). Typically, the donor shrinks in response to mass loss, causing the orbital period to decrease. When the donor nears the substellar limit, however, two effects come into play. Firstly, the thermal timescale of the donor exceeds the mass-transfer timescale, and the donor cannot shrink rapidly enough in response to mass loss. Secondly, for substellar donors, changes in the internal structure mean that the donor expands in response to mass loss. Both these effects mean that continuing mass loss results in an increasing orbital period. Thus there exists a period minimum, the exact value of which depends upon the interplay between the thermal timescale of the donor, and the mass-transfer rate. Furthermore, since the number density of CVs, at a given period, scales inversely with the rate at which its period evolves, a significant "spike" of systems is expected to accumulate at the minimum period.

Significant problems exist with the explanation of the period minimum. Firstly, the observed minimum period is around 10 minutes longer than the predicted value (see Kolb 2002, for a review). Also, the predicted period spike is not seen in the orbital period distribution. Moreover, whilst significant numbers of CVs should have passed the period minimum, with the exact figure ranging from around 70 per cent (Kolb 1993; Howell et al. 1997) to nearer 40 per cent (Willems et al. 2005). Despite this, it has proved very hard to identify these so-called post-bounce systems (Littlefair et al. 2003; Patterson et al. 2005). Until recently, it was not known whether this reflected a genuine absence of post-bounce systems, or a selection effect, caused by the insensitivity of CV surveys to low mass-transfer rate systems (Kolb & Baraffe 1999), and the difficulty of observing very low mass donor stars against the backdrop of the accretion disc and white dwarf (Littlefair et al. 2003). Recent developments have allowed both these shortcomings to be overcome. The Sloan Digital Sky Survey (SDSS) (York et al. 2000) goes much fainter than previous surveys, and as objects are selected on the basis of their spectra, CVs need not show outbursts to be included. The SDSS sample could therefore contain a large number of post-period minimum systems. Furthermore, the availability of ULTRACAM (Dhillon et al. 2007) means that it is possible to obtain high quality lightcurves of the eclipses of faint CVs within the SDSS. This is significant because the lightcurves of eclipsing CVs allow the system parameters to be determined to a high degree of precision (Wood et al. 1986), even when the donor star is not directly visible. Taking advantage of this technique, Littlefair et al. (2006) recently presented the first robust identication of a postbounce CV. Here we expand upon those results, by determining the system parameters of a small sample of SDSS CVs with orbital periods below 95 minutes.

Our sample consists of seven systems discovered in the SDSS. The systems selected are SDSS J090350.73+330036.1, SDSS J103533.03+055158.4, SDSS J122740.83+513925.0, SDSS J143317.78+101123.3, SDSS J150137.22+550123.3, SDSS J150240.98+333423.9 and SDSS J150722.30+523039.8 (hereafter SDSS 0903, 1035, 127, 1433, 1501, 1502 and 1507, respectively). The systems were flagged as high inclination by the presence of broad, double peaked, emission lines and were subsequently found to be eclipsing by follow-up observations. SDSS 1433, 1501, 1502 and 1507 were reported as eclipsing in the discovery papers (Szkody et al. 2004, 2005, 2006, 2007). SDSS 1035 was found to be eclipsing from time-resolved spectroscopy (Southworth et al. 2006). Amateur observations in outburst revealed SDSS 1227 to be eclipsing (Shears et al. 2007), whilst Dillon et al. (2008) discovered eclipses in SDSS 0903. Our sample consists of all the eclipsing dwarf novae within the SDSS, with orbital periods below 95 minutes, which were known of and visible at the time of observations. As such, selection effects within our sample should be minimal. Analysis of, and results from, SDSS 1035 and SDSS 1507 are presented in Littlefair et al. (2006) and Littlefair et al. (2007), respectively. In this paper, we present the analysis of the remaining systems, and discuss the implications of our results for the evolution of short period cataclysmic variables.

2 OBSERVATIONS

On nights between Mar 01st 2006 and Mar 10th 2006, SDSS 0903, 1227, 1501 and SDSS 1502 were observed simultaneously in the SDSS-u'g'r' colour bands using ULTRACAM (Dhillon et al. 2007) on the 4.2-m William Herschel Telescope (WHT) on La Palma. On nights between 2007 Jun 10^{th} and 2007 Jun $21^{st},\,\mathrm{SDSS}$ 1433 was observed simultaneously in the SDSS-u'g'r' colour bands using ULTRACAM on the 8.2-m Very Large Telescope (VLT) in Chile. A complete journal of observations is shown in table 1. The observations of SDSS 1035 are also included in table 1, as this information was not provided by Littlefair et al. (2006) due to space constraints. Data reduction was carried out in a standard manner using the ULTRACAM pipeline reduction software, as described in Feline et al. (2004), and a nearby comparison star was used to correct the data for transparency variations. Observations of a standard star taken at the start and the end of the night were used to correct the magnitudes to a standard system (Smith et al. 2002). Because of the absence of a comparison star which was sufficiently bright in the u'band, the u'-band data for SDSS 1507 was corrected using the q'-band data for the comparison star, with appropriate corrections for the magnitude difference and atmospheric extinction.

Table 1. Journal of observations. The deadtime between exposures is 0.024 seconds, and the relative GPS time-stamping on each data point is accurate to 50 μ s.

Date	Object	Start Phase	End Phase	$\mathrm{BMJD}_{\mathrm{eclipse}}$	$t_{\rm exp}~(s)$	Num Points	Seeing (arcsec)	Airmass	Photometric?
2006 Mar 05	SDSS 0903	-0.90	0.20	53799.894700(6)	3.990	1396	1.3 - 3.8	1.084 - 1.349	Υ
$2006~{\rm Mar}~05$	SDSS 0903	1.85	2.16	53800.012854(6)	3.990	395	1.3 - 6.5	1.012 - 1.031	Υ
2006 Mar 07	SDSS 0903	33.90	34.32	53801.903198(6)	3.990	532	0.7 - 1.3	1.042 - 1.092	Υ
2006 Mar 07	SDSS 0903	34.95	35.27	53801.962279(6)	3.990	410	0.8 - 1.4	1.003 - 1.005	Υ
2006 Mar 07	SDSS 0903	35.85	36.22	53802.021361(6)	3.990	477	0.9 - 1.5	1.026 - 1.061	Υ
2006 Mar 07	SDSS 0903	36.81	37.19	53802.080442(6)	3.990	481	0.9 - 1.4	1.155 - 1.247	Υ
2006 Mar 07	SDSS 0903	37.80	38.19	53802.139501(6)	3.990	493	1.1 - 2.5	1.482 - 1.712	Υ
2006 Mar 08	SDSS 0903	49.77	50.13	53802.848386(6)	3.990	463	0.8 - 1.6	1.225 - 1.339	Ŷ
2006 Mar 08	SDSS 0903	50.78	51.18	53802.907462(6)	3.990	509	0.9-1.8	1.043 - 1.092	Ŷ
2006 Mar 08	SDSS 0903	51.90	52.16	53802.966529(6)	3.990	330	0.9 - 1.5	1.003 - 1.004	Ŷ
2006 Mar 08	SDSS 0903	52.73	53.20	53803.025601(6)	3.990	599	1.1 - 3.3	1.026 - 1.073	Ŷ
2006 Mar 04	SDSS 1035	-0.17	0.17	53798.98148(1)	3.980	413	1.3–3.6	1.150-1.207	Y
2006 Mar 04	SDSS 1035	0.68	1.25	53799.03848(2)	3.980	708	1.3 - 2.5	1.086 - 1.099	Ŷ
2006 Mar 04	SDSS 1035	1.85	2.13	53799.09548(2)	3.980	344	1.3-2.5	1.121 - 1.155	Ý
2006 Mar 05	SDSS 1035 SDSS 1035	18.87	19.16	53800.06459(2)	3.980	354	1.5 - 2.5 1.5 - 6.8	1.090 - 1.105	Ý
2006 Mar 07	SDSS 1035 SDSS 1035	50.83	51.12	53801.88881(2)	3.980	363	1.0 - 1.7	1.675 - 1.913	Ý
2006 Mar 07 2006 Mar 07	SDSS 1035 SDSS 1035	51.64	51.12 52.14	53801.94582(2)	3.980 3.980	620	$1.0 \ 1.1$ 1.2-2.1	1.247 - 1.406	Y
2006 Mar 07 2006 Mar 07	SDSS 1035 SDSS 1035	52.67	52.14 53.14	53801.94582(2) 53802.00282(2)	3.980 3.980	582	0.7 - 1.5	1.247 - 1.400 1.100 - 1.146	Y
2006 Mar 07 2006 Mar 08	SDSS 1035 SDSS 1035	52.07 71.72	72.13	53802.00282(2) 53803.08596(2)	3.980 3.980	498	0.9-2.1	1.100 - 1.140 1.111 - 1.158	Y
2006 Mar 01	SDSS 1227	-0.31	0.71	53796.2482445(7)	3.500	1579	1.1 - 1.9	1.220-1.515	Y
2006 Mar 01 2006 Mar 02	SDSS 1227 SDSS 1227	15.27	16.42	53797.2554528(8)	2.990	2084	0.8-2.0	1.177 - 1.463	Y
2006 Mar 10	SDSS 1227 SDSS 1227	139.92	140.11	53805.0613010(9)	3.500	2084 290	1.0-1.8	1.103 - 1.116	Y
2007 Jun 10	SDSS 1433	7443.91	7445.24	54262.12450(1)	1.990	3133	0.5–1.2	1.245-1.574	N
2007 Jun 16 2007 Jun 16	SDSS 1433 SDSS 1433	7443.91 7551.70		54262.12430(1) 54262.17874(1)	1.990 1.990	1201	0.3-1.2 0.7-2.3	1.245 - 1.574 1.387 - 1.569	N
			7552.21						
2007 Jun 16	SDSS 1433	7554.71	7555.25	54264.13139(1)	1.990	1282	0.8-2.1	1.315-1.457	N
2007 Jun 21 2007 Jun 21	SDSS 1433 SDSS 1433	7646.62 7647.81	7647.78 7648.18	54273.13537(1) 54273.18963(1)	$1.990 \\ 1.990$	2710 876	0.8 - 1.8 1.2 - 2.0	$\begin{array}{c} 1.313 - 1.742 \\ 1.761 - 2.068 \end{array}$	Y Y
2006 Mar 04	SDSS 1501	-0.66	0.16	53799.211567(6)					Y
2006 Mar 04 2006 Mar 05	SDSS 1501 SDSS 1501	-0.00 15.15			4.985	$812 \\ 852$	1.2 - 3.3 1.6 - 6.4	1.115 - 1.149 1.226 - 1.455	Y
			16.19	53800.121048(7)	5.985				Y
2006 Mar 07	SDSS 1501	49.71	50.19	53802.053634(6)	4.985	479	0.7 - 1.7	1.472-1.656	Y
2006 Mar 07	SDSS 1501	50.68	51.21	53802.110471(7)	4.985	524	0.8 - 1.3	1.236-1.338	
2006 Mar 07	SDSS 1501	52.81	53.21	53802.224169(7)	4.985	396	0.8 - 1.2	1.114-1.118	Y
2006 Mar 08	SDSS 1501	68.83	69.14	53803.133609(6)	4.960	314	0.9-1.4	1.185-1.226	Y
2006 Mar 08	SDSS 1501	69.94	70.14	53803.190452(7)	4.960	196	0.9-1.4	1.118-1.125	Y
2006 Mar 08	SDSS 1501	70.91	71.14	53803.247311(6)	4.960	226	0.2 - 1.0	1.123–1.134	Υ
2006 Mar 04	SDSS 1502	-0.60	0.21	53799.140618(4)	1.994	2068	1.1 - 3.7	1.091-1.266	Y
2006 Mar 04	SDSS 1502	1.80	2.12	53799.258414(7)	3.984	418	1.4-2.0	1.009 - 1.025	Y
2006 Mar 05	SDSS 1502	16.88	17.16	53800.142070(6)	3.984	363	1.6 - 5.9	1.088-1.135	Y
2006 Mar 05	SDSS 1502	17.86	18.66	53800.200966(6)	3.991	1028	1.2 - 8.4	1.003 - 1.019	Y
2006 Mar 05	SDSS 1502	18.75	19.44	53800.259901(6)	3.990	881	1.2 - 6.2	1.009 - 1.059	Y
2006 Mar 07	SDSS 1502	51.72	52.15	53802.203911(2)	1.745	1252	0.8 - 1.2	1.004 - 1.019	Y
2006 Mar 08	SDSS 1502	67.96	68.15	53803.146461(3)	3.240	303	0.9 - 1.6	1.062 - 1.086	Y
2006 Mar 08	SDSS 1502	68.93	69.14	53803.205371(6)	2.589	411	0.8 - 1.4	1.004 - 1.007	Y
2006 Mar 08	SDSS 1502	69.88	70.23	53803.264277(3)	1.992	885	0.9 - 1.3	1.027 - 1.059	Υ

3 RESULTS

3.1 Orbital Ephemerides

The times of white dwarf mid-ingress $T_{\rm wi}$ and mid-egress $T_{\rm we}$ were determined by locating the minimum and maximum times, respectively, of the lightcurve derivative. Mideclipse times, $T_{\rm mid}$, were determined by assuming the white dwarf eclipse to be symmetric around phase zero and taking $T_{\rm mid} = (T_{\rm we} + T_{\rm wi})/2$. Mid-eclipse times are presented in table 1. For SDSS 0903, SDSS 1227 and SDSS1433 we also included the eclipse times of Dillon et al. (2008), Shears et al. (2007) and Szkody et al. (2007), respectively. In each case, the ephemeris determined from our data was sufficient to project to the additional eclipse times without cycle ambiguity. The errors on all mid-eclipse times were adjusted to give $\chi^2 = 1$, with respect to a linear fit. Where two sources of eclipse times were used, we first set the errors on our own measurements by ensuring $\chi^2 = 1$ with respect to a linear fit to our points alone, and then adjusted the error bars on the second set of eclipse times to give $\chi^2 = 1$ with respect to a linear fit to all data points. From our data, only the

Table 2. Orbital Ephemerides

Object	T_0 (BMJD)	P_{orb} (days)
SDSS 0903	53799.894707(2)	0.059073543(9)
SDSS 1035	53798.981469(8)	0.0570067(2)
SDSS 1227	53796.2482451(5)	0.062959041(7)
SDSS 1433	53858.35689(2)	0.054240679(2)
SDSS 1501	53799.211577(7)	0.0568412(2)
SDSS 1502	53799.140607(3)	0.05890961(5)
SDSS 1507	53798.239587(3)	0.04625828(4)

g'-band and r'-band lightcurves were used, given the significantly poorer quality of the u'-band lightcurves. The results from the two colours were combined with a weighted mean to give the ephemerides shown in table 2. There was no significant deviation from linearity in the O - C times. The ephemerides in table 2 were used to phase our data for the analysis which follows.

3.2 System Parameters

The method used to determine system parameters has been described in detail by Littlefair et al. (2007). Here we limit ourselves to a brief discussion of the method and its limitations. We first assume the secondary star fills its Roche Lobe. The width of the white dwarf eclipse, $\Delta \phi$, then depends solely upon the inclination, i, and the mass ratio, q(Bailey 1979). If we also assume that the gas stream follows a ballistic trajectory from the secondary, and that the bright spot lies along that ballistic trajectory, then the position of the bright spot depends upon q and the outer radius of the accretion disc, $R_{\rm d}$. Combining the bright spot ingress and egress with the width of the white dwarf eclipse thus gives a system of three constraints ($\Delta \phi$ and the ingress and egress phases of the bright spot eclipse) and three unknowns (q,i and $R_{\rm d}$) which can be solved to yield estimates of q, i, and $R_{\rm d}$. To get from the mass ratio to individual component masses, the white dwarf mass is determined from the white dwarf radius, assuming that the white dwarf follows a theoretical mass-radius relationship of appropriate effective temperature. The white dwarf radius is itself measured from the duration of white dwarf ingress/egress, and the effective temperature estimated from the colours of white dwarf ingress/egress. Thus, determining the width of the white dwarf eclipse, the duration of white dwarf ingress/egress and the contact phases of the bright spot eclipse is sufficient to determine the component masses of the binary system with minimal assumptions.

Wood et al. (1986) showed how the above quantities can be measured from the derivative of the eclipse lightcurve, but in practice a physical model of the binary system is often fitted to the lightcurve instead. Although both methods give similar results, Feline et al. (2004) showed that model fitting gives a more robust determination of the system parameters in the presence of flickering than the derivative method. Both methods rely on the same three assumptions: that the bright spot lies on the ballistic trajectory from the secondary star, that the secondary star fills its Roche Lobe and that the white dwarf is accurately described by a theoretical massradius relation. The systematic uncertainty introduced by the latter assumption can be estimated by comparing the results from different theoretical models and is shown by Littlefair et al. (2007) to be small compared to the statistical errors in lightcurve fitting. Whilst the assumption that the secondary fills its Roche Lobe is difficult to test directly, it is highly likely, given the presence of ongoing mass-transfer in these CVs. The assumption about the bright spot trajectory is also difficult to test, but relies upon the stellar orbits being circular, and the secondary star rotating synchronously. Both of these conditions are likely to be satisfied. Indeed, Feline (2005) show that masses derived with this method are consistent with dynamical mass determinations in cataclysmic variables over a wide range of orbital periods, giving some confidence that our assumptions are correct.

The model described in Littlefair et al. (2007) was fitted independently to the u'g'r' lightcurves of each CV, and a weighted mean used to determine the final system parameters, which are shown in table 3. The only exception to this method was SDSS 1501. The ingress and egress features in the eclipse of SDSS 1501 are extremely faint. For this system we fit to the g'- and r'-lightcurves *simultaneously* to determine the system parameters. The resulting model was fit to the u'-lightcurve without optimisation of the system parameters in order to determine the depth of the white dwarf ingress/egress in the u'-band, and thus constrain the white dwarf temperature. The model fits to each lightcurve are shown in figure 1.

If we can increase our sample of donor star masses using observations from the literature it will enable more robust comparisons with, for example, theoretical evolutionary tracks. To this end, we searched the literature for short period objects which have mass determinations using the eclipse lightcurve technique. Two other systems with short orbital periods have reliable mass determinations derived from the eclipse lightcurves. These are XZ Eri (Feline et al. 2004) and OY Car (Wood & Horne 1990). The mass determination for XZ Eri uses a white dwarf mass-radius relation corrected to the appropriate temperature and is thus directly comparable with the results presented here. In contrast, the mass determination for OY Car used a zerotemperature analytical mass-radius relationship (Nauenberg 1972). We have re-visited the mass determination in OY Car, combining the white dwarf radius and mass ratio estimates of Wood & Horne (1990), with the white-dwarf mass-radius relationship used here and in Littlefair et al. (2007) to obtain new system parameters. We assumed a limb-darkening parameter of 0.5, and set the uncertainty in the white dwarf radius to one-half the difference in radius estimates at limbdarkening parameters of 0.0 and 1.0. The white dwarf temperature at the time of the observations presented in Wood & Horne (1990) is unknown. We assumed a white dwarf temperature of 16500 K, which is representative of OY Car in quiescence (Horne et al. 1994). Any error in our assumed white dwarf temperature will introduce a small corresponding error in the component masses for OY Car. The magnitude of this uncertainty is approximately 10 per cent for an error in temperature of 5000 K. The new system parameters for OY Car are presented in table 3. The revised values represent a minor upwards revision from the values presented in Wood & Horne (1990); our estimates of the component masses are approximately equal to the upper limits in that paper.

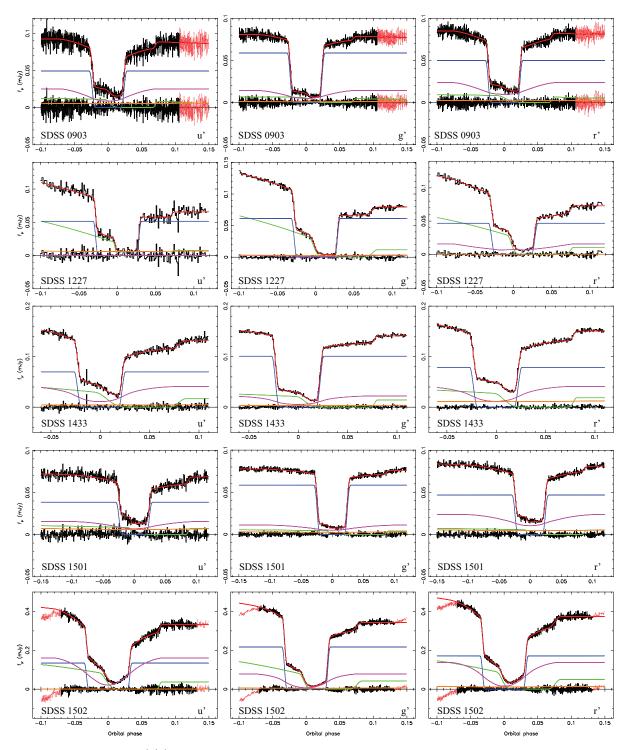


Figure 1. The phased-folded u'g'r' lightcurves of target systems, fitted using the model described in Littlefair et al. (2007). The data (black) are shown with the fit (red) overlaid and the residuals plotted below (black). Below are the separate lightcurves of the white dwarf (blue), bright spot (green), accretion disc (purple) and the secondary star (orange). Data points omitted in the fit are shown in red (light grey).

	SDSS 0903	SDSS 1035^1	SDSS 1227	SDSS 1433
Inclination <i>i</i>	80.8 ± 0.1	83.1 ± 0.2	83.9 ± 0.2	84.2 ± 0.2
Mass ratio $q = M_r / M_w$	0.117 ± 0.003	0.055 ± 0.002	0.118 ± 0.003	0.069 ± 0.003
White dwarf mass M_w/M_{\odot}	0.96 ± 0.03	0.94 ± 0.01	0.81 ± 0.03	0.868 ± 0.007
Secondary mass M_r/M_{\odot}	0.112 ± 0.004	0.052 ± 0.002	0.096 ± 0.004	0.060 ± 0.003
White dwarf radius R_w/R_{\odot}	0.0086 ± 0.0003	0.0087 ± 0.0001	0.0103 ± 0.0003	0.00958 ± 0.00008
Secondary radius R_r/R_{\odot}	0.141 ± 0.003	0.108 ± 0.003	0.140 ± 0.003	0.109 ± 0.003
Separation a/R_{\odot}	0.652 ± 0.006	0.622 ± 0.003	0.645 ± 0.007	0.588 ± 0.002
White dwarf radial velocity $K_w/\mathrm{km}\mathrm{s}^{-1}$	58 ± 2	29 ± 1	54 ± 2	35 ± 2
Secondary radial velocity $K_r/\mathrm{km} \mathrm{s}^{-1}$	494 ± 5	520 ± 3	461 ± 5	511 ± 2
Outer disc radius R_d/a	0.27 ± 0.02	0.362 ± 0.003	0.292 ± 0.003	0.358 ± 0.001
White dwarf temperature T_w/K	13000 ± 300	10100 ± 200	15900 ± 500	12800 ± 200
Distance (pc)	274 ± 10	171 ± 10	380 ± 10	246 ± 10
	SDSS 1501	SDSS 1502	SDSS 1507^2	OY Car
Inclination <i>i</i>	85.3 ± 0.3	88.9 ± 0.8	83.62 ± 0.03	83.3 ± 0.2
Mass ratio $q = M_r / M_w$	0.067 ± 0.003	0.109 ± 0.003	0.0625 ± 0.0004	0.102 ± 0.003
White dwarf mass M_w/M_{\odot}	0.80 ± 0.03	0.82 ± 0.03	0.91 ± 0.07	0.84 ± 0.04
Secondary mass M_r/M_{\odot}	0.053 ± 0.003	0.090 ± 0.004	0.057 ± 0.004	0.086 ± 0.005
White dwarf radius R_w/R_{\odot}	0.0104 ± 0.0004	0.0101 ± 0.0004	0.0091 ± 0.0008	0.0100 ± 0.0004
Secondary radius R_r/R_{\odot}	0.108 ± 0.004	0.131 ± 0.003	0.097 ± 0.003	0.135 ± 0.003
Separation a/R_{\odot}	0.589 ± 0.008	0.618 ± 0.008	0.54 ± 0.01	0.65 ± 0.01
White dwarf radial velocity $K_w/\mathrm{km} \mathrm{s}^{-1}$	33 ± 2	52 ± 2	34 ± 1	48 ± 1
Secondary radial velocity $K_r/\mathrm{km} \mathrm{s}^{-1}$	490 ± 7	479 ± 6	550 ± 14	470 ± 7
Outer disc radius R_d/a	0.452 ± 0.009	0.280 ± 0.004	0.333 ± 0.002	na
White dwarf temperature T_w/K	12500 ± 200	12300 ± 200	11000 ± 500	16500 (assumed)
Distance (pc)	330 ± 20	170 ± 20	160 ± 10	na

 1 from Little fair et al. (2006)

 2 from Littlefair et al. (2007)

Table 3. System parameters of the target CVs derived using lightcurve fitting. R_r is the volume radius of the secondary's Roche lobe (Eggleton 1983).

Including XZ Eri and OY Car, our analysis brings the total number of CVs with orbital periods below 95 minutes with mass determinations from the eclipse geometry to nine. Donor masses for these systems as a function of orbital period are shown in figure 2. In figure 3 we show the white dwarf masses for these nine systems, together with reliable mass determinations for longer period systems as compiled by Patterson et al. (2005).

3.3 Bright Spots

As part of the model fitting we measure broadband u'q'r'fluxes for the bright spots in these systems. For most of the systems, the fluxes are largely determined from the magnitudes of bright spot ingress/egress. For those systems with a significant orbital hump (e.g SDSS 1227 and SDSS 1502), the size of the orbital hump also helps determine the bright spot fluxes. Flux ratios for the bright spots are shown in figure 4. Also shown are the expected flux ratios from black bodies of different temperatures, and from Hydrogen slabs in local thermal equilibrium (LTE) at a range of temperatures and column densities. The Hydrogen slab models were calculated using SYNPHOT in IRAF. Figure 4 shows that the bright spots in our systems fall into two groups: SDSS 0903, 1035, 1433 and 1501 have colours consistent with an optically thin Hydrogen slab, with temperatures between 12000 and 15000 K; whilst SDSS 1227, 1502 and 1507 have colours more consistent with optically thick emission, and temperatures of 9000-11000 K.

In section 3.4 we derive mass transfer rates from the white dwarf effective temperatures. Our white dwarf temperatures are constrained, in part, from the UV flux (see section 3.4 for full details), and so it is important to know if the bright spots contribute to the UV flux in these CVs. For the optically thin bright spots, it is unlikely that the bright spots contribute significantly to the emission bluewards of 2500 Å: the white dwarf is typically brighter in u'than the accretion disc and bright spot combined, and the spectral energy distribution of an optically thin hydrogen slab drops rapidly towards the UV. In the case of the three systems with optically thick bright spots, however, extrapolating the black body emission into the UV suggests the bright spot contributes around one-third of the total flux at 2500 Å. Thus, for about half of our objects, the bright spot contributes a significant amount of UV flux.

3.4 Mass-transfer rates

Because we measure the broadband colours of white dwarf ingress/egress, we are able to obtain a crude estimate of the white dwarf effective temperature. The white dwarf temperatures in CVs are higher than expected given their age (Sion 1995); a fact explained by compressional heating due to ongoing mass-transfer onto the white dwarf. The white dwarf temperature can thus be inverted to gain an estimate of the time-averaged accretion rate, albeit a model-dependent one (Townsley & Bildsten 2003). Townsley & Bildsten (2003) provide a relationship between the accretion rate and the

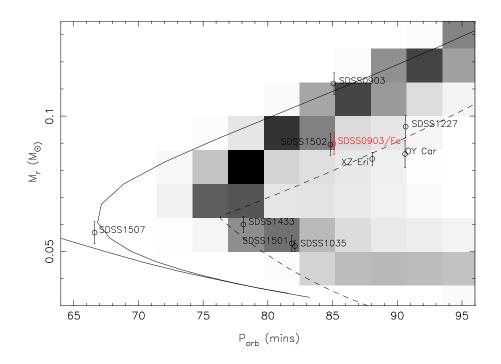


Figure 2. Donor star masses plotted against orbital period. The position of SDSS0903 is shown twice; once assuming a CO-core white dwarf, and once with an Fe-core white dwarf. Data for XZ Eri are taken from Feline et al. (2004). The evolutionary tracks of Kolb & Baraffe (1999) are shown as a solid line, whilst the population density models of Willems et al. (2005) (which include enhanced angular momentum loss from circumbinary discs) are plotted in grayscale. These models have been scaled to account for observational selecting effects by weighting each point by $L_{acc}^{1.5}$, where L_{acc} is the total accretion luminosity of the system. The dashed line represents an empirical fit to donor star masses derived using the superhump period-excess mass ratio relationship (Knigge 2006).

average temperature over a nova cycle. We do not know where in the nova cycle our objects are, and so we include an additional uncertainty in the white dwarf effective temperature of 750K, as this is the typical variation in effective temperature through the nova cycle in short period systems (Townsley, priv. comm.). Accretion rates calculated in this manner are shown in figure 5, which shows that accretion rates are broadly in line with the expected values from gravitational radiation.

Because our accretion rates depend critically on the white dwarf temperature, it is relevant to ask how robustly the white dwarf temperatures are determined by our method. One approach would be to calculate model fits to the SDSS spectra, and compare the white dwarf temperatures found. However, the optical data alone is not sufficient to constrain the white dwarf temperature. For example, in the case of SDSS 1035, models with white dwarf temperatures differing by more than 4000K gave acceptable fits to the optical data. Four of our objects have been observed by GALEX, however, and thus have available UV fluxes. These objects are SDSS 0903, 1035, 1501 and 1507. Following the prescription laid out in Gänsicke et al. (2006), we fit models consisting of a red-star, white dwarf and LTE Hydrogen slab accretion disc simultaneously to the SDSS spectra and GALEX fluxes of these four objects. For two of the objects (SDSS 0903 and 1501), plausible fits were found with

the same white dwarf temperatures as determined from the lightcurve fitting. SDSS 1035 required a slightly hotter white dwarf (11400K compared with 10100K). For SDSS 1507, it was not possible to obtain a fit to the SDSS spectrum and GALEX fluxes simultaneously: the parameters determined from lightcurve fitting gave a plausible optical fit, but the UV fluxes are underpredicted by a factor of 3. We note that SDSS J1507 is one of the systems in which the bright spot probably contributes to the UV (see section 3.3). Our spectral fit does not include the bright spot, but it is unlikely that this could account for such a large discrepancy between optical and UV fluxes. A possible explanation is that SDSS 1507 was in a bright state at the time of the GALEX observations. Generally however, there is good agreement between white dwarf temperatures as derived from light curve fitting. versus those derived from spectral fits. We therefore believe that the effective temperatures presented here are accurate to $\sim 1000\,{\rm K}.$

4 DISCUSSION

4.1 Post-period minimum cataclysmic variables

A common feature of all population synthesis models for cataclysmic variables is the large numbers of systems which

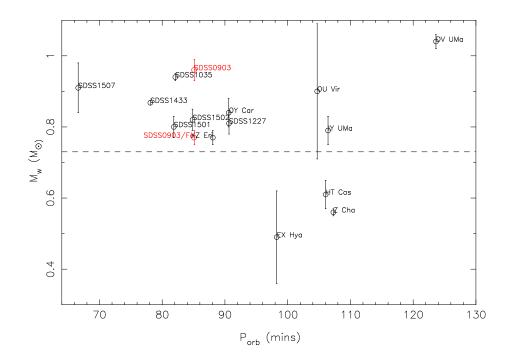


Figure 3. White dwarf masses as a function of orbital period. The position of SDSS0903 is shown twice; once assuming a CO-core white dwarf, and once with an Fe-core white dwarf. Data for those systems with system parameters which are not derived in this paper are taken from the compilation of reliable mass determinations in Patterson et al. (2005). The mean mass for systems below the period gap (prior to our study - Knigge 2006) is shown with a dashed line.

are predicted to have evolved past the orbital period minimum, and thus contain sub-stellar donor stars. The exact figure ranges from about 70 per cent (Kolb 1993; Howell et al. 1997) to 15–45 per cent (Willems et al. 2005). These predictions have always been in stark contrast with the observed population of CVs. Littlefair et al. (2003) reviewed the evidence for the existence of post-period minimum CVs, and found that there was no *direct* evidence that any system had evolved past the orbital period minimum. Since then, a small number of candidates have arisen in which there is reasonable *indirect* evidence for a sub-stellar donor (e.g. Patterson et al. 2005; Howell et al. 2006; Burleigh et al. 2006; Araujo-Betancor et al. 2005). However, none of these systems has a measured donor mass which is significantly below the hydrogen burning limit, and, as of November 2006, the observational dearth of post-period minimum CVs remained as significant as ever.

The marked difference between the predicted and observed population of CVs is perhaps unsurprising. Postperiod minimum CVs are difficult to identify as such, because the donor is so faint (Littlefair et al. 2003). In addition, it is possible that the discovery methods of CVs are strongly biassed against post-period minimum systems. Selection effects affecting the observed distribution of CVs are considered by Pretorius et al. (2007) with particular attention to the Palomar-Green survey (Green et al. 1986). They find that existing samples of CVs are strongly biassed against short-period CVs, largely due to inadequate limiting magnitudes (see also Aungwerojwit et al. 2006). In addition, postperiod minimum CVs will have long periods of quiescence, and may lack outbursts entirely (Kolb & Baraffe 1999), making their discovery even more difficult. The SDSS can help overcome these problems. Whilst it too is a magnitudelimited survey and thus still suffers considerable magnitude bias (Pretorius et al. 2007), it is 2–3 mags deeper than previous surveys and should be sufficient to detect nearby faint post period-minimum CVs. CVs are identified in the SDSS by their spectral properties, having been flagged for spectroscopic follow up on the basis of their broadband colours (usually as candidate quasars). As a result, CVs in the SDSS need not be especially blue, need not have shown outbursts, and can be optically faint. The SDSS should therefore contain large numbers of post-period minimum CVs.

To date, over 200 CVs have been discovered by the SDSS (Szkody et al. 2002, 2003, 2004, 2005, 2006, 2007), of which nearly 100 have had orbital periods measured (e.g. Gänsicke et al. 2006, 2008; Southworth et al. 2006, 2007). Remarkably, the period distribution of SDSS CVs reveals the long-sought "period spike" (Gänsicke et al. 2008), which strongly suggests that the SDSS is discovering post-bounce CVs in large numbers. A subset of the SDSS CVs show deep eclipses, making them excellent candidates for mass determination. Already, two SDSS CVs have been found to have unambigously sub-stellar donors (Littlefair et al. 2006, 2007).

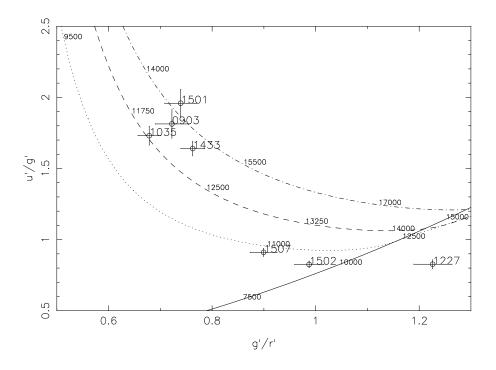


Figure 4. Bright spot colours for our target systems. Also shown are the expected colours of black body emission (solid line), and LTE Hydrogen slab models calculated using SYNPHOT in IRAF. Slab models with column densities of 10^{20} baryons/cm⁻² (dash-dotted line), 10^{21} baryons/cm⁻² (dashed line) and 10^{22} baryons/cm⁻² (dotted line) are shown. For each model, a temperature scale is plotted along the curve.

The work presented here brings this total to four (SDSS 1035, SDSS 1507, SDSS 1501 and SDSS 1433). Is this in line with theoretical expectations? To give the most homogenous sample possible, we consider only the SDSS CVs with mass determinations. SDSS 1507 is clearly unusual; with a period of 67-minutes, it is situated far below the welldefined orbital period minimum at 76.2 mins. SDSS 1507 most likely formed directly from a white dwarf/brown dwarf binary (Littlefair et al. 2007), or is a member of the old halo (Patterson et al. 2008) and so we do not include it in our sample of post-period minimum CVs. This leaves three confirmed post-period minimum CVs amongst our small sample (SDSS 1035, SDSS 1501 and SDSS 1433). So far we have derived masses for seven SDSS CVs, leading to an initial estimate that, amongst "short-period" SDSS CVs, 42 ± 15 per cent have evolved past the orbital period minimum, where "short-period" here means orbital periods below 95 minutes. Willems et al. (2005) find that between 15-40 per cent of CVs with orbital periods below 95 minutes should be postbounce systems. The large range in their predictions encompasses differing assumptions about mass ratio distributions, common envelope efficiency and the effect of circumbinary discs. It is not possible to use our observations to constrain these assumptions without accounting for selection effects within the SDSS CV sample. A study of these selection effects is beyond the scope of this paper. One conclusion that can be reached, however, is that the fraction of postbounce CVs within the SDSS sample is broadly consistent with that expected from population synthesis models; the missing post-bounce CVs have finally been found. Indeed, if we combine the results of this study with the observational confirmation of the long-predicted "period spike" (Gänsicke et al. 2008), we can see that the long-standing discrepancy between the observed and predicted CV population is beginning to be resolved in favour of the theoretical models.

Not all CVs with substellar donors are post-bounce systems. Politano (2004) considers the formation of CVs directly from a detached white dwarf/brown dwarf binary, and finds that roughly 15 per cent of present day CVs should have formed in this manner. These systems should also be easy to detect amongst the CV population, as most of them will form with orbital periods below the observed minimum period of 76 minutes, and evolution to periods longer than 76 minutes is slow, taking 0.5–1.5 Gyr. Furthermore, they should show similar mass-transfer rates, and thus similar observational properties to the post-bounce systems (Kolb & Baraffe 1999), so they should also be detected by the SDSS. Of the ~ 100 SDSS CVs with measured orbital periods, SDSS 1507 is the only one with a period below 76 minutes. Thus, the observed frequency of CVs forming directly from white dwarf/brown dwarf binaries is nearer 1 per cent than 15 per cent. The likely cause of this discrepancy is that brown dwarf companions to solar-type stars are roughly ten times less common than stellar companions (Grether & Lineweaver 2006). This is the well-known brown dwarf desert, and is not taken into account in the

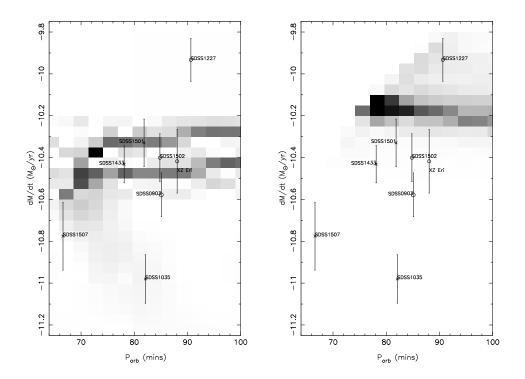


Figure 5. Mass-transfer rates, as calculated from the white dwarf effective temperatures (see text for details). The population density models of Willems et al. (2005) are plotted in grayscale. The left-hand panel shows models in which angular momentum loss is solely due to gravitational radiation. The right-hand panel also includes additional angular momentum loss from circumbinary discs. Pre-bounce systems are denoted by open circles, post-bounce systems by asterisks.

calculations of Politano (2004). The scarcity of CVs forming directly from white dwarf/brown dwarf binaries is thus independent evidence for the brown dwarf desert.

4.2 Donor star masses

If the population statistics of the SDSS CVs are broadly in line with expectations, figure 2 shows that the locus of the donor stars in the mass-orbital period plane are poorly reproduced by the theoretical models. At any given mass, the models of Kolb & Baraffe (1999) significantly under-predict the observed period. As longer periods imply larger Roche lobes we can infer that the models of Kolb & Baraffe (1999) underestimate the radii of the donor stars in short period CVs by roughly 10 per cent. The models of Willems et al. (2005), in which the mass-transfer rate is enhanced due to the effect of circumbinary discs, do rather better in reproducing the observed donor masses, particularly for the postbounce systems. Increasing the mass-transfer rate affects the locus of a system in the mass-orbital period plane because for low-mass donors the thermal timescale can be longer than the mass loss timescale. The effect of mass-transfer is thus to push the donor out of thermal equilibrium, leading to a donor that is larger than expected for a given mass. Because the donor star's thermal time-scale $t_{\rm KH} \sim GM^2/RL$ increases with decreasing mass, higher mass-transfer rates have a strong effect on the post-bounce CVs, but a minimal effect on the pre-bounce CVs. The effect of enhanced masstransfer rates on the donor stars in CVs is well known, and enhanced mass-transfer rates are often invoked to explain the observed properties of short period CVs (e.g. Patterson 1998; Barker & Kolb 2003).

However, we encounter difficulties if we wish to explain the location of our systems in the P_{orb} -M_r diagram via enhanced mass-transfer rates; the white dwarf temperatures are too cool to support this hypothesis. Figure 5 shows the mass-transfer rates as inferred from the white dwarf temperatures, compared to the expected mass-transfer rates from gravitational radiation alone, and the combined effect of gravitational radiation and circumbinary discs. The masstransfer rates, inferred from the white dwarf temperatures, are not consistent with enhanced mass-transfer rates, being roughly in line with the values expected from gravitational radiation alone. However, mass-transfer rates are notoriously difficult to estimate in CVs, so to what extent can we rely on the estimates presented here? It is certainly puzzling that, for example, the mass-transfer rates for SDSS 1501 and SDSS 1433 are so high, given their status as postbounce systems. These results might lead us to question both whether our determinations of mass-transfer rate are accurate, and whether the inferred mass-transfer rates truly reflect the long-term average.

Unlike mass-transfer rates from accretion luminosity, our mass-transfer rates, inferred from white dwarf temperatures, represent an average over $\sim 10^4$ yr (Townsley & Bild-

sten 2003), and thus should be a better estimate of the longterm average mass-transfer rate. However, a true estimate of the long-term average mass-transfer rates requires we average over $t \sim t_{\rm KH}(H_r/R_r)$, where H_r is the scale height of the donor's atmosphere. For the donors considered here, this timescale is $\sim 10^5$ yr: the mass-transfer rates presented here may still not reflect the long-term average rate. The estimate of mass-transfer rate depends both upon the white dwarf effective temperature and mass (Townsley & Bildsten 2003). We are confident that the mass estimates are reliable (see section 3.2 for a discussion), and the effective temperature measurements are probably reliable to $\sim 1000 K$ (see section 3.4). More accurate $T_{\rm eff}$ estimates could be obtained by estimating the white dwarf temperature from fits to UV spectra, but no such spectra exist for our objects. Additionally, the mass-transfer rates presented here are, of course, model-dependent. The calculations of Townsley & Bildsten (2003) assume that the white dwarf core reaches an equilibrium temperature, whereas detailed calculations following the white dwarf through many nova cycles suggest that the core may never reach equilibrium (Epelstain et al. 2007). Even if the white dwarf does reach equilibrium in the core, Epelstain et al. (2007) find significantly higher core temperatures than used in the calculations of Townsley & Bildsten (2003). More work on the question of mass-transfer rates in short period CVs is therefore highly desirable, both on theoretical and observational fronts.

If we take the mass-transfer rates shown in figure 5 at face value, it implies that we cannot rely on enhanced mass-transfer to resolve the failure of models to reproduce the donor star mass-orbital period locus. Are there other possible explanations for the discrepancy? Processes linked to irradiation from the white dwarf are a possible explanation (Baraffe & Kolb 2000). Our data, however, shows little evidence for this; there is no clear correlation between incident flux $(F_{\rm inc} \propto R_{\rm wd}^2 T_{\rm eff,wd}^4/a^2)$ and the discrepancy in donor star radius between model and theory. Thus, whilst the statistics of our sample are too small to definitively rule out irradiation as a cause of the enhanced donor radii, we consider this unlikely. We expect that geometrical distortion due to tidal and rotational forces will have an effect on the radius of the donor. Hydrodynamical models which include distortion of the donor star (Renvoizé et al. 2002) show that this can provide an increase in radius of ~ 5 per cent, although this may be reduced by a small amount due to thermal effects. Thus distortion probably accounts for some, but not all, of the observed increase in donor radii. A final possibility is related to magnetic activity; the radii of lowmass stars, as determined from eclipsing binaries, are larger than predicted by some 10–15 per cent (e.g Chabrier et al. 2007; Ribas 2006). Chabrier et al. (2007) hypothesize that this is explained by strong magnetic activity and/or rapid rotation which has a double impact, inhibiting convective efficiency and enhancing the presence of starspots. The effect is thus particularly prominent in eclipsing binaries because of the rapid rotation (P < 3 days) of the binary components. The donor stars in CVs rotate more rapidly still, so it is not unreasonable to expect them to exhibit equally strong magnetic activity. However, because the donor stars in CVs are relatively cool and dense, we might expect the effects of starspots to dominate over the effects of inhibited convection.

In figure 6, we investigate the effects of distortion, inhibited convection and starspots on the predicted locus of systems in the mass-orbital period diagram. We begin with the models of Kolb & Baraffe (1999), and add modifications as necessary. Distortion is modeled following Renvoizé et al. (2002). Thermal effects are not included. The effects of inhibiting convection are investigated by altering the mixing length parameter of the donor star. In the absence of observational data on the temperatures of starspots in very low mass stars, we model the starspots as regions of zero emission, i.e. completely black spots (see Chabrier et al. 2007, for details). Figure 6 shows, as expected, that even a severe inhibiting of convection within the donor has a small impact upon the mass-orbital period relation. Similarly, it shows that distortion alone is insufficient to explain the location of our target systems within the donor mass-orbital period plane. If we include the effects of starspots, however, we can obtain a much closer agreement between observations and theory. The "standard" sequence with the addition of 50 per cent spot coverage does a good job of predicting the location of the pre-bounce systems, although it fails to describe the location of the post-bounce systems satisfactorily. However, all systems, excepting SDSS 0903 and SDSS 1507, are bracketed by the sequence including distortion and no starspots, and the sequence including distortion and 50 per cent spot coverage. SDSS 1507 is believed to have formed directly from a white dwarf-brown dwarf binary, and thus would not be expected to follow the sequences in figure 6, whilst SDSS 0903 is discussed in section 4.3. Although the models shown in figure 6 have a simplistic treatment of the effects of distortion and starspots, we can see qualitatively that these two effects can in principle explain the location of our observed systems in the P_{orb} - M_r diagram.

Is the presence of starspots on these cool donors a realistic assumption? Starspots are formed when energy transport by convection is inhibited by the local magnetic field. Thus, the stellar material must be sufficiently ionised for the magnetic field to influence the gas dynamics. A rough estimate suggests that this occurs for effective temperatures of 1600–1800 K (see appendix A). The models shown in figure 6 predict that all our target CVs have donors with effective temperatures in excess of 1700 K. Therefore, it is not unreasonable to assume that starspots exist on the surface of these stars. Furthermore, although a spot coverage of 50 per cent may seem excessive, Doppler imaging of the donor stars in longer period CVs suggests spot coverage factors of 20–30 per cent (Watson et al. 2007), so it would seem that large spot filling factors are the norm for CV donors. We thus tentatively suggest that the radii of the donor stars in short period CVs can be explained by a combination of geometrical distortion and the effects of magnetic activity, particularly starspots. We note also that models including these effects correctly predict the observed minimum orbital period; it is likely that the two problems have the same solution.

Finally, we note that the empirical donor star massradius relationship, derived by Knigge (2006) from the superhump period excess-mass ratio relationship, provides a good fit to the pre-bounce systems, but a poor fit to the donor stars in post-bounce systems (see figure 2). This is not particularly surprising, as there are few systems near the period minimum suitable for calibrating the superhump period excess-mass ratio relationship. It would be highly de-

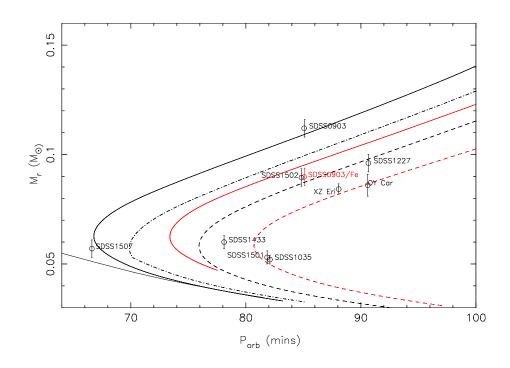


Figure 6. Donor star mass versus orbital period, compared to theoretical predictions. The solid black line shows the "standard" sequence, with a 0.6 M_{\odot} white dwarf primary (Kolb & Baraffe 1999). A second solid black line, entering the plot from the bottom left, shows a sequence which started mass-transfer as a white dwarf–brown dwarf binary. The other tracks show the effects of modifications to a "standard" sequence with a 1.0 M_{\odot} white dwarf primary. The solid red (light grey) line shows the effect of including deformation of the donor, whilst the dashed red (light grey) line shows the effect of 50% spot coverage alone. Lastly, the black dot-dashed line illustrates effect of inhibiting convection within the donor, showing a model in which the donor has a mixing length parameter of $\alpha = 0.1$.

sirable to monitor the post-bounce systems in the hope of detecting superhumps during outburst.

4.3 White Dwarf Masses

At short orbital periods, low mass $(M \sim 0.5 M_{\odot})$ He-core white dwarfs (WDs) are expected to be common amongst CV primaries. Depending upon assumptions about the initial mass ratio distribution or common envelope efficiency. between 40 and 80 per cent of present-day CVs with orbital periods below 165 minutes are born with He-core WDs (Willems et al. 2005). High common envelope efficiencies favour He-core WDs; making it easier for them to survive the common envelope phase, whilst simultaneously increasing the likelihood that a CO-core WD system will emerge from the common envelope phase too widely separated to evolve into contact. Similarly, an initial mass ratio distribution which favours equal mass components will favour Hecore WDs, as the majority of donor stars in CO-core WD systems will be too massive for dynamically stable masstransfer (Willems et al. 2005).

It is therefore extremely surprising that we find *no* lowmass, He-core WDs amongst our sample. In fact, figure 3 shows that all of our white dwarfs are high in mass, being higher than the mean mass of $0.72 \,\mathrm{M}_{\odot}$ for white dwarfs in

CVs below the period gap (Knigge 2006). The dominance of high mass white dwarfs within our sample is puzzling in the light of theoretical predictions and so we investigated if it could be due to selection effects. The SDSS CV survey looks for CVs in objects that have been selected for spectroscopic follow-up within the SDSS. The criteria used to select spectroscopic targets within SDSS are diverse, but objects which lie outside the stellar locus in colour space are likely to be selected as targets. For example, objects with $u' - g' \lesssim 0.45$ will be selected as quasar candidates. Thus $u' - g' \lesssim 0.45$ is sufficient (though not necessary) for an object to be flagged for spectroscopic follow-up. Low-mass white dwarfs are redder than their high-mass counterparts and thus may not be selected for spectroscopic follow-up. To calculate the u' - g' colours of CVs with low-mass white dwarfs, we assumed that the dominant contribution to the u'and g' light is the white dwarf. We further assumed a mass-transfer rate of $3 \times 10^{-11} \,\mathrm{M_{\odot} \, yr^{-1}}$, as appropriate for a CV with an orbital period near 80 minutes, in which the sole source of angular momentum loss is gravitational radiation. Effective temperatures were calculated following Townsley & Bildsten (2003) and the u' - g' colour obtained from the models of Bergeron et al. (1995) for the appropriate white dwarf mass and effective temperature. We find that CO-core white dwarfs above ${\sim}0.5\,\mathrm{M}_{\odot}$ should be sufficiently blue to be selected as spectroscopic targets within the SDSS. Given that the CV as a whole is likely to be bluer than the bare white dwarf, due to contributions from the accretion flow, it seems unlikely that selection effects in the SDSS survey can explain why all the white dwarfs in our sample are high mass ($M \ge 0.8 M_{\odot}$). Nor it is likely that this tendency has been introduced when we selected systems from the SDSS CV sample for follow up (see introduction and discussion in Gänsicke et al. 2008 for details) Thus, we must conclude that the dominance of high mass white dwarfs amongst the short period SDSS CV sample is a real effect.

A caveat to this statement must be issued; there is reason to suspect He-core white dwarfs may be cooler than a CO-core white dwarf of equivalent mass. Helium has a higher heat capacity/unit mass than Carbon, and Heliumcore white dwarfs are larger at a given mass. We might then expect the Helium-core white dwarfs to be cooler than CO-core white dwarfs. Additionally, low-mass white dwarfs (with either a Helium or CO core) necessarily had lower mass companions at the onset of mass-transfer, or the ensuing mass-transfer would not be stable. Since Helium-core white dwarfs are generally of lower mass than CO-core white dwarfs it follows that, at a given orbital period, a CV with a Helium-core white dwarf has, on average, been accreting for less time than one with a CO-core white dwarf. This may mean that the Helium-core white dwarf has not had time to reach an equilibrium core temperature (Epelstain et al. 2007 question whether even CO-core white dwarfs reach equilibrium core temperature in CVs). In summary, it is possible that a Helium-core white dwarf is cooler and redder than a CO-core white dwarf with equal mass and accreting matter at the same rate. Thus, whilst it is unlikely that selection effects can explain why the white dwarfs in our sample are so high in mass, it is not yet possible to say if selection effects are responsible for the absence of He-core white dwarfs amongst our sample.

The dominance of high mass WDs within our sample has important consequences for the modelling of nova outbursts, and their effect on the long term evolution of CVs. Most calculations of the evolution of WDs under nova outbursts show a gradual *decrease* in the mass of the white dwarf. For example, the models of Epelstain et al. (2007) show a decrease in WD mass of approximately 5 per cent over 1000 nova cycles, whilst Yaron et al. (2005) find the erosion of the white dwarf mass is about 5 times smaller, for similar parameters. The dominance of high mass white dwarfs in our sample of short period systems, which in turn are composed mostly of older CVs, means that any erosion of the WD in nova explosions must be minimal, or even that the WD might increase in mass with continuing nova outbursts.

Finally, we mention the peculiar system SDSS 0903. As seen from figure 2 if a CO-core white dwarf is assumed the donor star mass is much higher than in systems of similar orbital period. In contrast, if we adopt a mass-radius relationship appropriate for an Fe-core WD (Panei et al. 2000), the donor mass lies on the locus which is defined by the other systems. The existence of Fe-core white dwarfs is controversial; their only known formation route is a failed thermonuclear explosion of a degenerate white dwarf near the Chandrasekhar limit (Isern et al. 1991), and later calculations by the same authors showed that this formation route likely never occurs (Gutierrez et al. 1996). Observational evidence for Fe-core white dwarfs first arose from Hipparcos measurements (Provencal et al. 1998), which showed that some white dwarfs (ProcyonB, EG50, and GD140) were unusually small for their measured masses, although the best candidate, ProcyonB, was later shown to be a normal white dwarf (Provencal et al. 2002). Recently, Catalan et al. (2007) have argued that an Fe-core composition for Hyades member WD0433+270 could make the cooling time for this object consistent with the Hyades cluster age, although this result is strongly dependent on the white dwarf cooling models used. We must therefore treat any claim of an Fe-core WD in SDSS0903 with extreme caution. The alternative is that SDSS 0903 contains a CO-core WD, and the higher donor mass of $0.112 M_{\odot}$ is correct. This value lies very close to the "standard" evolutionary sequence of Kolb & Baraffe (1999), raising the possibility that the donors in CVs follow a range of tracks in the P_{orb}-M_r diagram, with some systems following the "standard" sequence and thus possessing "normal" donor stars. If this is the case, these systems must be quite rare, as objects following the "standard" sequence would populate the orbital period space below the observed minimum period. In fact, the orbital period distribution of CVs in the SDSS shows a very sharp cutoff at the observed minimum period of 76 minutes (Gänsicke et al. 2008). Therefore, a donor star mass of $0.112 M_{\odot}$ implies an abnormal donor star. One possibility is that SDSS 0903 is metal-poor. Models of cool metal-poor stars show a deficit in opacity within the envelope, implying a smaller radius than a metal-rich star of equivalent mass (e.g. Chabrier et al. 2000). This explanation was invoked to explain the short orbital period of SDSS 1507 (Patterson et al. 2008). However, unlike SDSS 1507, SDSS 0903 has a small proper motion of 0.1''/yr (Rafferty et al. 2001), which is not easily reconciled with halo membership. Also, the observational evidence for metallicity dependent radii is not clear cut, with eclipsing binaries showing no correlation (López-Morales 2007). Thus we are presented with two scenarios for this system, both of which seem unlikely a-priori; either the white dwarf or the donor is SDSS 0903 is unusual. It is not possible to choose between these alternatives on the basis of current evidence; follow-up observations of SDSS 0903 are highly desirable. The system parameters quoted in table 3 are those for a CO-core WD.

5 CONCLUSIONS

We present high-speed, three-colour photometry of a small sample of short period, eclipsing CVs taken from the Sloan Digital Sky Survey. We determine the system parameters via a parametrized model of the eclipse fitted to the observed lightcurve by χ^2 minimization. Three out of the seven systems possess brown dwarf donor stars and have thus evolved past the orbital period minimum. To the extent that our poor statistics and ignorance of selection effects will allow, this number confirms predictions that ~40 per cent of CVs should have evolved past the orbital period minimum. The donor star masses and radii are inconsistent with model predictions, with the majority of donor stars being ~10 per cent larger than expected across the mass range studied here. One explanation for the discrepancy is enhanced angular momentum loss (e.g. from circumbinary discs), however the mass-transfer rates as deduced from white dwarf effective temperatures are not consistent with enhanced masstransfer rates. Alternatively, we find the larger radii can be explained with a combination of the effects of geometrical distortion and starspots. Choosing between these explanations will require better estimates of the mass-transfer rates in these systems. This in turn will require refined estimates of the white dwarf temperature, together with additional work modeling the effect of accretion on the effective temperature of white dwarfs.

The white dwarfs in our sample show a strong tendency towards high masses. We show that this is unlikely to be due to selection effects, and instead is probably a real property of the short period SDSS CVs. The dominance of high mass white dwarfs within our sample implies that the white dwarfs in CVs are not significantly eroded by nova outbursts, or may in fact increase in mass over many nova cycles. Amongst our sample there are no He-core white dwarfs, despite predictions that 30–80 per cent of short period CVs should contain He-core white dwarfs. We are unable to rule out selection effects as the cause of this discrepancy. One white dwarf in our sample may be smaller than expected for a CO-core white dwarf, and possibly has an Fe-core, adding to the small number of Fe-core white dwarf candidates in the literature.

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APPENDIX A: IONISATION THRESHOLD FOR STARSPOT FORMATION

Starspots are formed when a flux tube penetrates the surface of the star. Because the ions in the flux tube are tightly bound to the field lines, and exert collisional forces on the material outside the flux tube, the flux tube acts as a barrier to the convection of material from outside it. This prevents warmer material from being convected to the point where the flux tube breaks the surface of the star. Hence the starspot is cooler, and darker, than the surrounding stellar surface. However, for the starspot to form requires that the stellar atmosphere is sufficiently ionised for the magnetic field to influence the gas dynamics. If the gas is predominantly neutral, starspots cannot form. Our aim is to determine what level of fractional ionisation of the stellar atmosphere is required for starspots to form.

We can obtain a rule-of-thumb estimate by calculating the magnetic Reynolds number $R_m = v_{\rm conv} \delta r / \eta$, where η is the magnetic diffusivity. From the atmosphere models of Allard et al. (2000), $v_{\rm conv} \sim 10^4 {\rm ~cm\,s^{-1}}$. We estimate the diameter of a flux tube to be 100 km based upon the observed size of sunspots. If R_m is much less than 1, the gas will be only loosely coupled to the field lines, and starspots will not form. For $R_m \ll 1$, we require $\eta \gg 10^{12} \,\mathrm{cm}^2 \mathrm{s}^{-1}$. Mohanty et al. (2002) calculate η for the atmosphere models of Allard et al. (2000), and find that $\eta \gg 10^{12} \,\mathrm{cm}^2 \mathrm{s}^{-1}$ at the surface of the star corresponds to an effective temperature of $T \gtrsim 1800$ K, with a fractional ionisation at the surface of $X \sim 10^{-10}$. This roughly tallies with observations of activity on low-mass stars, which finds activity starts to weaken around L0, or $T \sim 2500 \,\mathrm{K}$ and is largely absent at L5, or $T \sim 1600 \,\mathrm{K}$ (e.g. Gizis et al. 2000; Reiners 2007).

A slightly more analytical (but grossly simplified) approach is as follows. Consider a flux tube penetrating the stellar surface. Clearly, the point at which the surrounding gas can no longer penetrate the flux tube easily is the critical point for starspot formation. The dominant neutral species in a brown dwarf or very low mass star is H₂, whereas the dominant ion is Na⁺, so that $n_{e^-} = n_{Na^+}$. The ions in the flux tube exert a drag force per unit volume

$$\mathbf{f}_{\mathbf{d}} = \rho_{\mathrm{H}_2} \rho_{\mathrm{Na}^+} \left\langle \sigma v \right\rangle \left(\mathbf{v}_{\mathrm{Na}^+} - \mathbf{v}_{\mathrm{H}_2} \right) / (m_{\mathrm{Na}^+} + m_{\mathrm{H}_2}) \tag{A1}$$

where σ is the cross-section for collisions between Na ions and H₂ molecules. We assume that the gas outside is dominated by neutral hydrogen atoms (i.e $\rho_{\text{total}} \sim \rho_{\text{H}_2}$), and we neglect the drag force from the electrons in the flux tube, as their mass is so much smaller than the mass of the ions. As long as the relative velocities of the two are smaller than the speed of sound then the Langevin approximation is valid, and $\langle \sigma v \rangle_{\rm Na^+H_2} \sim 10^{-9} \, {\rm cm^3 \, s^{-1}}$ (Ciolek & Mouschovias 1993). We assume that, on average, the ions are stationary within the flux tube, and that the material outside moves with the convective velocity $v_{\rm conv}$. Hence the drift velocity between the two is $v_{\rm conv}$, which is 1–2 orders of magnitude below the sound speed under these conditions. Equation A1 then becomes

$$\mathbf{f_d} \sim 10^{-9} \rho_{\mathrm{H}_2} \rho_{\mathrm{Na}^+} v_{\mathrm{conv}} / (m_{\mathrm{Na}^+} + m_{\mathrm{H}_2})$$
 (A2)

For the flux tube to be able to prevent the external gas from penetrating to the surface the work available from the drag force must exceed the kinetic energy of the external material, $f_d \delta r \gg \frac{1}{2} \langle \rho_{\text{ext}} \rangle v_{\text{conv}}^2$. Because the external gas is dominated by neutral hydrogen $\langle \rho_{\text{ext}} \rangle \approx \rho_{\text{H}_2}$, hence

$$2 \times 10^{-9} \rho_{\rm H_2} \rho_{\rm Na^+} v_{\rm conv} \delta r / (m_{\rm Na^+} + m_{\rm H_2}) \gg \rho_{\rm H_2} v_{\rm conv}^2 \quad (A3)$$

 $\rho_{\mathrm{Na}^+} = 23 n_{\mathrm{Na}^+} m_H$, which gives

$$46 \times 10^{-9} n_{\rm Na^+} m_H \delta r / (23m_{\rm H} + 2m_{\rm H}) \gg v_{\rm conv}$$
(A4)

or

$$2 \times 10^{-9} n_{\rm Na^+} \delta r \gg v_{\rm conv} \tag{A5}$$

which gives

$$n_{\rm Na^+} \gg v_{\rm conv}/2 \times 10^{-9} \delta r. \tag{A6}$$

With $\delta r \sim 100$ km and $v_{\rm conv} \sim 10^4 {\rm ~cm\,s^{-1}}$ this yields $n_{\rm Na^+} \gg 10^6 {\rm ~cm^3}$.

Since the fractional ionisation, $X \approx n_{\text{Na}^+}/n_{\text{H}_2}$, we find that $n_{\text{H}_2}X \gg 10^6 \text{ cm}^3$. The models of Allard et al. (2000) suggest that $n_{\text{H}_2} \sim 10^{18} \text{ cm}^{-3}$, so we are left with $X \gg 10^{-12}$ as our result.

In conclusion, in order for us to have starspots forming, the fractional ionisation in the atmosphere needs to be greater than 10^{-10} to 10^{-12} , which corresponds to effective temperatures of 1600-1800 K (Mohanty et al. 2002).