**The impact of a group model of service delivery by Community Matrons supporting those living with multiple long-term conditions: a grounded theory analysis**

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**Acknowledgements**

Professors Jonathan Parker and Ann Hemmingway and Katrina Percy, CEO of the

Southern Health NHS Foundation Trust.

**Conflicting Interests**

The authors declare that they have no competing interests.

**Funding Statement**

Southern Health NHS Foundation Trust funded study with academic funding through Health Education Wessex.

**Impact Statement**

This study has enabled substantial insight into applying a new method of care delivery that of implementing group work within a social framework. It has provided the evidence that health behaviour change can be achieved among this under researched cohort of high intensity service users. This study contributes to the evidence base on the role of the CM in long-term condition management that challenge traditional models of community nursing intervention with the use of group work. New evidence from this study reveals that through using group work with VHIU seen by a CM, improvement can be made in patient self-management and self-efficacy.