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1	Making economic evaluations more helpful for treatment
2	choices in haemophilia
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10 11 12 13 14 15 16 17	Correspondence to: Professor Michael Drummond, Centre for Health Economics, Alcuin A Block, University of York, Heslington, York YO10 5DD, United Kingdom E-mail: <u>mike.drummond@york.ac.uk</u> Tel. : +44 1904 321409 Fax. : +44 1904 321402
18	Running title: Making economic evaluations more helpful
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20	references, tables/figures
21 22 23 24	Keywords: bypassing therapy, cost-effectiveness analysis, haemophilia, immune intolerance induction, methodological standards, prophylaxis.

25	Abstract
26	Aim: Poorly conducted economic evaluations have the potential to mislead both
27	clinicians, leading to inappropriate treatment choices, and payers who must decide on
28	the reimbursement of treatment costs. This paper reviews the methods used in
29	economic evaluations in haemophilia and proposes standards for conducting and
30	reporting such evaluations in the future.
31	
32	Methods: A systematic review of economic evaluations in haemophilia published since
33	2008 was conducted. The reporting and methods of the studies were assessed using
34	the recently published Consolidated Health Economic Evaluation Reporting Guidelines
35	(CHEERS) checklist. The key methodological deficiencies in the studies were recorded.
36	
37	Results: Twenty-one studies met the inclusion criteria, classified as follows:
38	prophylaxis vs. treatment on-demand (five studies); use of bypassing therapy (six);
39	immune tolerance induction (four); and other topics (six). In general, the quality of
40	reporting was good. However, it was poorest for the CHEERS item of patient
41	heterogeneity, with most studies lacking discussion of heterogeneity in the patient
42	population. The main recurring methodological deficiencies were the evaluation of
43	single episodes of care rather than entire treatment strategies; inadequate control for
44	confounders when comparing treatment options; the frequent use of expert opinion
45	to determine drug doses and treatment patterns; lack of consideration of patient
46	heterogeneity; failure to identify patient subgroups; and the inadequate exploration of
47	uncertainty in estimates.

- **Conclusions:** A set of twelve standards for future reporting and conduct of economic
- 50 evaluations within haemophilia is proposed, with the objective of making such
- 51 evaluations more relevant and reliable for those making treatment and
- 52 reimbursement decisions in the future.

55 I	ntrod	luction
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56 Treatment decisions remain the sole responsibility of clinicians, yet increasing 57 pressures on healthcare resources have a direct impact on healthcare funders and 58 clinicians. Patients may also be concerned about treatment costs if they face 59 substantial user charges. Hence, clinicians are increasingly requested to consider the 60 cost/benefit ratios of different therapies. 61 62 Studies assessing the costs and consequences of healthcare treatments and 63 programmes are known as economic evaluations [1], and a substantial body of 64 empirical economic studies now cover all branches of healthcare [2]. For these studies 65 to be helpful to clinicians and patients, they must be both relevant (i.e. address 66 appropriate treatment choices) and reliable (i.e. have a sound methodology). 67 Comprehensive and transparent reporting is particularly important to assess whether a given study is methodologically sound. 68 69 70 Several systematic reviews have indicated that economic evaluations in haemophilia 71 often have substantial methodological deficiencies. In a systematic review of 12 72 studies on bypassing agents (used to treat haemophilia with inhibitors), the authors 73 concluded that economic models based on different sources of data produced fairly 74 similar and robust results, but ideally a systematic approach should be used to identify 75 the relevant data [3]. In another review of 11 studies of bypassing agents, Hay and

76 Zhou concluded that crucial assumptions about treatment efficacy and dosing drove

the reported findings. Further, eight of nine company-sponsored studies favoured the

company's product; the two existing head-to-head clinical studies did not support
superior efficacy for either product [4].

80

81 In a review of 11 prophylaxis studies, the authors observed that reported cost-82 effectiveness ratios for prophylaxis varied greatly [5]. They ranged from dominance 83 over on-demand treatment (i.e. superior efficacy and lower cost) to over €1 million per 84 additional quality-adjusted life-year (QALY) gained if prophylaxis replaces on-demand 85 treatment after a bleed [5]. The conclusion was that the studies exhibited considerable 86 methodological differences and that it would be preferable if analysts adhered to 87 established conventions when conducting and reporting economic evaluations. Finally, 88 in a literature review on prophylaxis vs. on-demand treatment, using strict 89 inclusion/exclusion criteria (only five studies were reviewed), authors concluded that 90 further economic evaluations are required, reflecting the clinical reality and 91 consumption of resources in each country [6]. 92 93 Poorly conducted economic evaluations have the potential to mislead clinicians and 94 lead to inappropriate treatment choices. Recently, the Consolidated Health Economic 95 Evaluation Reporting Standards (CHEERS) became available [7]. CHEERS, comprising a 96 24-item checklist focusing on the quality of reporting, was developed using CONSORT 97 methodology [8] and is endorsed by several health services research journals. The 98 CHEERS guidelines build on the earlier Drummond et al. checklist [9] used in three of 99 the four reviews cited above, therefore representing an improved assessment tool. 100

101	The reporting items in the CHEERS checklist reflect the key methodological features of
102	economic evaluation (Table 1), including study objectives, patient population,
103	compared treatment alternatives, relative effectiveness of different treatments,
104	associated resource consumption and relative treatment costs. The checklist also
105	covers details of the methodology employed, such as the time horizon considered,
106	discounting of future costs and benefits, characterization of uncertainty in parameter
107	estimates and consideration of patient population heterogeneity due, for example, to
108	different disease severities. Furthermore the checklist distinguishes between economic
109	evaluations conducted alongside an individual clinical study (e.g. randomized
110	controlled trial [RCT]) and evaluations conducted using a decision-analytic model,
111	where data from a variety of sources are synthesized and analysed.
112	
113	
114	[Table 1 about here]
115	
116	This paper aims to (i) use CHEERS to assess the quality of reporting in more recent
117	economic evaluations in haemophilia; (ii) describe common methodological
118	deficiencies in greater detail; and (iii) propose standards for conducting and reporting
119	future economic evaluations. It is hoped that the use of these standards will make
120	economic evaluations more helpful to clinicians when making treatment choices, and
121	to payers making reimbursement decisions.
122	

123 Methods

124	We conducted a systematic review of economic evaluations in haemophilia, identifying
125	all studies published since 2008. This covered all studies other than those included in
126	the early review by Knight et al. [3] and focused on more recent practices in economic
127	evaluation. Electronic databases (MEDLINE and Embase) were searched on November
128	25 th , 2015. The search terms and PRISMA diagram are shown in Appendix 1 (available
129	online). All identified hits were captured and duplicates were removed. Titles and
130	abstracts were screened to determine whether full-text articles should be retrieved
131	and reviewed for eligibility. Eligibility criteria included disease area (haemophilia, all
132	types), patient group (human, adults and children), language (English), year of
133	publication (2008 and later) and document type (journal article). Reasons for excluding
134	articles were recorded. Conference abstracts were excluded as these provide
135	insufficient detail to judge the reporting quality of studies.
136	
137	Identified studies were assessed by two reviewers (NH and MD) using the CHEERS

138 checklist. Any differences of opinion were resolved between the two reviewers to

139 obtain a summary of reporting standards of the included studies.

- 140
- 141
- 142 **Results**
- 143 Twenty-one economic evaluations met our inclusion criteria and were grouped under
- 144 the following topics: prophylaxis vs. treatment on demand (five studies) [10–14];
- 145 bypassing therapy use (six studies) [15–20]; immune tolerance induction (four studies)
- 146 [21–24]; and other topics within haemophilia (six studies) [25–30]. Details of the

147 CHEERS assessments for the 15 studies discussing the three main topics are given in

148 Appendix 2 (available online) and described below. The remaining six studies on 'other

149 topics' were not assessed by CHEERS but are discussed briefly below.

150

151 *Quality of reporting*

152 The CHEERS assessment results are summarized in Table 2. Overall, the quality of 153 reporting was good. The majority of studies (12) used a decision-analytic model and 154 three were conducted alongside a single clinical study, although none of these were 155 RCTs. Reporting quality was poorest for patient heterogeneity: few studies discussed 156 the importance of patient characteristics or defining subgroups. The procedure for 157 discounting future costs and benefits was inadequately reported in 10/15 studies, 158 although some were based on a time horizon of <1 year and discounting would 159 therefore not be relevant. In seven studies with a time horizon of >1 year, the 160 reporting standard was not met in four. In decision-analytic modelling studies, 161 characterization of uncertainty is particularly important; although this was done in the 162 majority of modelling studies, the ranges of the parameter estimates used in the 163 sensitivity analyses were not always adequately reported and a probabilistic sensitivity 164 analysis was not always conducted. An example of a study following the correct 165 approach is that by Earnshaw et al. (2015) [24]. Finally, although the treatments being 166 compared were almost always reported, the reasons for choosing the comparator 167 treatment were rarely given. The CHEERS guidelines state that the choice of 168 comparators should always be justified.

169

170 [Table 2 about here]

171

172 Based on the reporting of the studies, identified methodological weaknesses are

173 discussed for the three main groups of studies below.

174

175 Prophylaxis vs. treatment on demand

In the review of economic evaluations of prophylaxis, key reasons identified for result
variability included different definitions of 'prophylaxis', differences in the choice of
time horizon, estimates of treatment effect, clotting factor unit cost and discount rates
[5]. As four of the five studies [10–14] in the current review included the most recent
studies in the Miners review [5], plus one more recent study, many of the same issues
arise.

182

183 Most authors studied primary prophylaxis vs. on-demand treatment, although one 184 study reported secondary prophylaxis. The quality of reporting varied, but it was clear 185 that the prophylactic regimen details differed from one another. However, not all 186 authors specified when prophylaxis was initiated, the duration and frequency of 187 infusions, or whether there was dose escalation or change in regimen with increasing 188 patient age. Given that the costs of clotting factor represent a large percentage of total 189 treatment costs, it is important that the dosage and unit cost are clearly reported. 190 191 For published economic evaluations, the convention is to report the official list prices

192 of drugs and the average unit cost estimates for other resource items (e.g. cost of a

193 hospital episode). These prices have the advantage of being publicly available and 194 verifiable. However, prices can vary across healthcare institutions in a given 195 jurisdiction and across healthcare systems within or between countries. Therefore, it is 196 important that the published study users check whether the prices used apply in their 197 institution, and that they explore what implications any price differences might have 198 for the results. It is therefore helpful if analysts report a sensitivity analysis, in which 199 the values for the key parameters, such as unit costs, are changed in order to assess 200 their impact on the overall study results.

201

202 In the earlier review, it was noted that the differing time horizons between studies 203 could have a major impact on study results [5]. As lifetime therapy is needed for 204 haemophilia, a lifelong time horizon should ideally be used to cover the costs of 205 treating adults with clotting factor, averted surgical costs and the longer-term benefits 206 of preventing bleeds. A lack of long-term clinical data is often used to justify shorter 207 time horizons, since extrapolation of data to the longer time period required would 208 introduce uncertainty into the estimates. Normally, economic evaluations use long-209 term observational studies, such as case series and registries [1], to inform this 210 extrapolation, but this approach is not typically used in the haemophilia literature. 211

All of the studies on prophylaxis vs. on-demand treatment discounted future costs and benefits, as commonly recommended [1]. The discount rates used varied between studies, often according to local methods guidelines relevant to where the study was conducted, but were in the range of 3–6% per annum. Discounting reduces the

- quantitative importance of costs and benefits occurring in the future, and thereforealso reduces some of the uncertainty introduced by extrapolation.
- 218

219 As patient quality of life (QoL) would be expected to differ between similar patients 220 treated with primary prophylaxis vs. on-demand treatment, this is likely to be an 221 important factor in economic evaluations for haemophilia. Such pure comparisons are 222 rarely done in trials, and secondary prophylaxis carries with it reasons for initiation 223 including frequent bleeding, pain and functional impairment that suggest at least 224 adults on prophylaxis are likely to have worse initial health-related QoL. In economic 225 evaluations, QoL is normally reflected in the utility value applied to calculate the QALYs 226 gained. Many of the reviewed studies followed this approach, but most used utility 227 values from the existing literature, sometimes estimates from a different country. If 228 the study result is not very sensitive to the utility values used, this may suffice. 229 However, consideration should be given to collecting utility data in future clinical 230 studies, using a widely used generic instrument such as EQ-5D. In addition, 231 consideration should be given to developing algorithms to map from any descriptive 232 QoL data typically collected in clinical studies in haemophilia, in order to derive QALY 233 estimates ..

234

Although most of the studies were concerned with the treatment of people with
'severe' haemophilia with or without inhibitors, there was very little discussion of
patient population heterogeneity (e.g. in disease severity), or whether this would
affect treatment effectiveness or cost. Finally, most studies focused on costs borne by

the healthcare system, probably because concerns about healthcare costs are often
the motivation for conducting such economic evaluations. However, one might expect
that prophylaxis and on-demand treatment have different impacts on the patient's
family or their activities in school or work. These impacts would be worth exploring
further, especially given the difference in cost between the two regimens.

244

245 Use of bypassing therapy

246 All six studies reviewed [15–20] examined the comparative cost or cost-effectiveness 247 of the two available bypassing agents, recombinant activated factor VII (rFVIIa) and 248 plasma-derived activated prothrombin complex concentrate (pd-aPCC). One of the 249 main weaknesses in these published economic evaluations stems from the lack of 250 adequate comparative clinical trials. Only two small head-to-head trials have been 251 conducted, with contradictory results [31, 32]. As a result, the published economic 252 studies rely mainly on observational data, from either small single-arm studies or 253 clinical series, with or without attempts to address potential confounders. The 254 extensive use of single-arm studies is problematic, as is the selective use of data from 255 small studies, or comparisons of small prospective studies with real world data that 256 includes combinations of regimens (e.g. on demand with post-haemostatic 257 prophylaxis) [33]. One approach to overcoming these problems is to assume 258 equivalent efficacy of the two therapies [17], reducing the economic study to a cost-259 minimization analysis. However, this approach would be overly simplistic if there were 260 important differences between the therapies.

261

An alternative approach is to produce a summary estimate of relative clinical effect by undertaking a meta-analysis, including the single-arm observational studies [34]. A major issue in summarizing data from such studies is controlling for potential sources of confounding. Treur *et al.* attempted this by performing a Bayesian meta-regression [35].

267

268 In addition, there is uncertainty concerning the equivalence of the doses of the two 269 therapies, either because of variations in patient weight or the number of infusions of 270 rFVIIa and pd-aPCC required to achieve haemostasis, the type or severity of bleeds 271 treated, or differences in the type of data cited (real world compared with clinical 272 trial). In their sensitivity analysis, Hay and Zhou highlight that pd-aPCC would not be the lower cost therapy if the rFVIIa dose was assumed to be two infusions per line or 273 274 episode of therapy, rather than three (as in their base-case analysis) [17]. 275 Furthermore, some studies consider the comparative costs of treating a single bleed, 276 but those considering multiple treatment events have to estimate the probability of 277 treatment switching or augmentation. Many of the studies use estimates from either 278 the literature or expert opinion without providing details of the search methods used 279 or justifying why those particular sources are the most appropriate. This is potentially 280 problematic given that the results of studies are often very sensitive to these 281 parameters. 282

Ideally, these issues could be resolved by conducting a long-term clinical trial in which
patients are randomized to first-line treatment with one of the bypassing agents, with

285 subsequent treatments being determined by physicians as they would in normal 286 clinical practice. One could then observe a series of treatment decisions over time for 287 equivalent patients who differ only in the initial random assignment of therapy. 288 However, RCTs can be difficult to conduct and analyse, although they have formed the 289 basis for cost-effectiveness assessments in other therapeutic areas [36, 37]. Given the 290 small percentage of haemophilia patients developing inhibitors, such a trial is unlikely 291 to be feasible. Therefore, the very small sample sizes available in the inhibitor segment 292 increase the risk of selection bias when performing evaluations. Transparency thus 293 becomes especially important when reporting results and stating conclusions.

294

295 If a RCT cannot be conducted, a second-best approach is to establish a registry of 296 patients who are treated with differing bypassing agents and then analyse the data, 297 adjusting for known and unknown confounders. The main problems here lie in having 298 enough data on possible confounders to make the adjustments, through either 299 multivariable regression or propensity scoring, and in needing an approach to deal 300 with unknown confounders. The approach favoured in many economic analyses is to 301 use an instrumental variable (IV) in the regression analysis [38]. An IV is a variable that 302 does not itself belong in the explanatory equation, but is correlated with patients' 303 treatment allocation based on other covariates, but not correlated with treatment 304 outcome. For example, in an evaluation of diabetes treatment, Prentice et al. used 305 variation in physician prescribing (i.e. frequency of use of one drug vs. another) as an 306 IV, since these prescribing variations would influence treatment while being effectively

307 random with respect to patient risk and other potential influences on treatment308 outcome [39].

309

310 However, many of the registries established in haemophilia are unable to inform 311 estimates of relative treatment effect, since all the patients enrolled are treated with 312 the same therapy. Although some good patient registries do exist, such as the one in 313 the United Kingdom (www.ukhcdo.org), they often have inadequate detail to adjust 314 for potential confounders or data on treatment patterns to facilitate an accurate 315 costing of different treatments. The methodological and practical issues in establishing 316 a registry that facilitates economic evaluations should be investigated. An important 317 issue in the design of future registries and other clinical studies is the standardization 318 of definitions for terms such as 'joint bleeds' and 'target joints', to more easily enable 319 comparisons between studies [40]. Further, it needs to be clear whether the 320 information captured about administration relates to bleed treatment or is being 321 administered as post-haemostatic prophylaxis. This becomes more complicated in the 322 situation of capturing breakthrough bleed treatment during bypassing agent 323 prophylaxis, where it becomes even less clear when bleed treatment ends and 324 prophylaxis per se resumes. 325

326 *Immune tolerance induction*

All four of the reviewed studies considered alternative strategies for treating patients
with inhibitors [21–24]. These strategies included prophylaxis or on-demand treatment

329 with a bypassing agent, low- and high-dose immune tolerance induction (ITI) regimens

and ITI treatment based on risk assessment. While all the studies modelled treatments
and outcomes over time, the reported time horizon varied between 1–1.5 years and a
lifetime, often with no justification given for the time horizons chosen. All studies
recognized patient population heterogeneity, noting that patients could be 'high risk'
or 'low risk' of anamnestic response, but the extent to which patient heterogeneity
could impact the cost-effectiveness of the various strategies was explored to differing
degrees.

337

For bypassing therapy, little or no head-to-head clinical data compared the various treatment strategies particularly during ITI, and some synthesis of data from different sources was required. The various studies differed in the robustness of their literature reviews, which were not always systematic. Some of the uncertainties found in the literature on bypassing agents (e.g. doses required) also carry over into the literature on ITI.

344

One additional feature of this body of literature is the use, in some studies, of QALYs as the main outcome for the economic evaluation. This is more consistent with the broader literature on economic evaluation and in keeping with many of the formal methods guidelines that exist in various jurisdictions. In principle, this approach is relevant for many of the haemophilia treatment choices, as differences in bleeding frequency or the care setting are likely to impact patient QoL. However, the literature on utility values for people with haemophilia is itself quite limited, especially as many

patients are children or adolescents. The generation of utility values for this patientpopulation should be considered.

354

355 As observed in the literature on prophylaxis and bypassing therapy, various

356 uncertainties in economic analyses of ITI exist. Extensive use of sensitivity analyses is

357 therefore advisable in order to help the users of studies appreciate the impact these

358 uncertainties have on the relative cost-effectiveness of therapies. Furthermore,

359 estimates of the success rates of ITI fail to account for reoccurrence of inhibitors.

360

361 Other clinical topics in haemophilia

362 Six studies evaluating other haemophilia therapeutic options were identified, covering a wide range of topics: home-based care [28], screening for intracranial haemorrhage 363 364 in neonates with haemophilia [29], high vs. standard initial doses of rFVIIa [30], pd-365 aPCC vs. rFVIIa in haemophilia patients with inhibitors undergoing major orthopaedic 366 surgeries [26] and major knee surgery with rFVIIa in patients with high-titre inhibitors 367 [25]. The literature review also identified one other study on bypassing therapy, which 368 is interesting in that it uses a pre- and post-treatment design, but only examines the 369 impact of a single bypassing agent in three patients [27]. Because of the diversity of 370 topics, these six studies were not analysed using the CHEERS checklist, but were 371 assessed to determine whether they offered any other methodological insights. Three 372 points merit more discussion.

373

374 First, a study of home-based care utilized a *de novo* survey of 105 patients to generate

375 utility estimates of home- and hospital-based care [28]. Potential differences in

376 convenience offered to patients and their families by different treatments is an

important area [41] that deserves more attention in the published literature.

378

379 Second, in the study of rFVIIa in knee surgery [25], utility values were generated using

380 the EuroQoL 5-dimension, a generic utility instrument widely used across several

therapeutic areas and favoured by some decision-makers [42]. However, this study

382 was predominantly about knee surgery, not treatment of haemophilia per se, so the

383 health state values generated may not have relevance to other economic evaluations

in haemophilia.

385

Finally, the study comparing high and standard initial doses of rFVIIa used registries to
collect data on the frequency of bleeds and the resulting treatment patterns [30].
While statistical adjustments were made for patient characteristics through

389 multivariate analysis, this was restricted owing to the limited nature of the data

390 recorded in the registry.

391

392 Future developments in treatments for haemophilia

There are several developments in haemophilia treatment for which no published economic evaluations were available at the time of this review. Extended half-life clotting factor products might change the way in which treatment is approached. Patients may be able to reduce injection frequency while maintaining high trough

397 levels to protect against bleeds, particularly in the case of Factor IX. Therefore, the use 398 of other resources, such as hospital and physician visits, could be reduced. Innovative 399 molecules like monoclonal antibodies or FVIII mimetics can change the treatment 400 paradigm with new mechanisms of action and easier methods of administration, such 401 as subcutaneous injection. If successful, these alternatives may improve the treatment 402 and lives of haemophilia patients, whereas gene therapy, when feasible, will remove 403 the risk of bleeding completely. In order to justify the expected higher costs of these 404 new therapies, the methods of economic evaluation need to be equal to the task of 405 accurately assessing cost-effectiveness. In addition, expensive new health technologies 406 (e.g. gene therapy) may require the development of new methods of reimbursement 407 [43], which will also need to be informed by economic evaluation.

408

409 **Discussion**

The existing literature on the economic evaluation of haemophilia treatments has several recurring methodological deficiencies. These include uncertainties about the relative efficacy of treatments, lack of clarity on the doses required or used in practice and the analysis of individual treatment episodes rather than whole therapeutic strategies, with inadequate description and analysis of treatment switches. Therefore, the results of most published studies are subject to considerable uncertainty and, without an extensive sensitivity analysis, the results should be treated with caution.

The first step to improvement is to ensure that studies are reported thoroughly and

419 systematically, using the CHEERS reporting standard. This is imperative to allow the

quality of the methods used to be judged and to identify key assumptions that impact
the study results. For this reason, we excluded conference abstracts and posters from
our review, as they do not allow enough space to explain methods thoroughly and
therefore provide an inadequate basis for making treatment choices or reimbursement
decisions.

425

426 In addition, it is necessary to develop some methodological standards for studies in

427 haemophilia, based on the general methodological principles of economic evaluation

428 [1]. We propose some aspirational standards in Table 3 that may not always be

429 attainable. For example, whereas long-term studies are often desirable, they may not

430 be possible if the treatment of interest has been only recently introduced, or if the

431 main interest of decision-makers is short-term budgetary impact.

432

433 [Table 3 about here]

434

435 However, the implementation of these standards would improve the quality of the 436 published literature, enabling a higher level of confidence in the study results and an 437 understanding of the basis for competing claims. Given the difficulties in conducting 438 definitive clinical studies, there will always be considerable uncertainties. Therefore, 439 item #10 of our proposed standards, the characterization of uncertainty, is particularly 440 important, as is item #12, which advocates discussing the main study limitations and 441 why the results may differ from those of other published studies investigating the 442 same treatment strategies.

448	has on families.
447	convenience and preferences and the broader impact the disease and its treatment
446	assessment of health outcomes in QoL, and item #11, which deals with patient
445	treatment for a particular patient. These could include item #7, concerning the
444	Other items might be particularly important to a physician deciding on the choice of

449

450 **Conclusions**

451 The growing literature on the economic evaluation of haemophilia treatments reflects

452 increasing concerns about rising healthcare costs. Although the quality of reporting in

453 studies is generally good, several recurring methodological weaknesses exist. Given

that economic evaluations are likely to become more important as new treatments are

455 developed, there is a need for improved methodological standards. By identifying

456 examples of poor methodology, and offering suggestions for improvement, it is hoped

457 that this paper will help to make studies more relevant and reliable for future

458 treatment and reimbursement decisions.

459

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- 475

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- 616

Table 1. CHEERS checklist–items to include when reporting economic evaluations of health

Section/item	Item	Recommendation	Reported
	no.		on page
			no./line
			no.
Title and abstract			
Title	1	Identify the study as an economic evaluation, or use more	
		specific terms such as 'cost-effectiveness analysis' and	
		describe the interventions compared.	
Abstract	2	Provide a structured summary of objectives, perspective,	
		setting, methods (including study design and inputs),	
		results (including base-case and uncertainty analyses), and	
		conclusions.	
Introduction		\sim	
Background and	3	Provide an explicit statement of the broader context for the	
objectives		study.	
		Present the study question and its relevance for health	
\sim		policy or practice decisions.	
Methods			
Target population	4	Describe characteristics of the base-case population and	
and subgroups		subgroups analysed including why they were chosen.	
Setting and location	5	State relevant aspects of the system(s) in which the	
		decision(s) need(s) to be made.	
Study perspective	6	Describe the perspective of the study and relate this to the	

619 interventions (*reproduced from Husereau et al., 2013* [7]).

costs being evaluated.

Comparators	7	Describe the interventions or strategies being compared
		and state why they were chosen.
Time horizon	8	State the time horizon(s) over which costs and
		consequences are being evaluated and say why
		appropriate.
Discount rate	9	Report the choice of discount rate(s) used for costs and
		outcomes and say why appropriate.
Choice of health	10	Describe what outcomes were used as the measure(s) of
outcomes		benefit in the evaluation and their relevance for the type of
		analysis performed.
Measurement of	11a	Single study-based estimates: Describe fully the design
effectiveness		features of the single effectiveness study and why the
		single study was a sufficient source of clinical effectiveness
		data.
	11b	data. <i>Synthesis-based estimates</i> : Describe fully the methods used
	11b	
	11b	<i>Synthesis-based estimates</i> : Describe fully the methods used
Measurement and	11b 12	Synthesis-based estimates: Describe fully the methods used
Measurement and valuation of		Synthesis-based estimates: Describe fully the methods used for the identification of included studies and synthesis of clinical effectiveness data.
		Synthesis-based estimates: Describe fully the methods used
valuation of		Synthesis-based estimates: Describe fully the methods used
valuation of preference-based		Synthesis-based estimates: Describe fully the methods used
valuation of preference-based outcomes	12	Synthesis-based estimates: Describe fully the methods used
valuation of preference-based outcomes Estimating	12	Synthesis-based estimates: Describe fully the methods used
valuation of preference-based outcomes Estimating	12	Synthesis-based estimates: Describe fully the methods used

approximate to opportunity costs.

	13b	Model-based economic evaluation: Describe approaches
		and data sources used to estimate resource use associated
		with model health states. Describe primary or secondary
		research methods for valuing each resource item in terms
		of its unit cost. Describe any adjustments made to
		approximate to opportunity costs.
Currency, price	14	Report the dates of the estimated resource quantities and
date and		unit costs. Describe methods for adjusting estimated unit
conversion		costs to the year of reported costs if necessary. Describe
		methods for converting costs into a common currency base
		and the exchange rate.
Choice of model	15	Describe and give reasons for the specific type of decision-
		analytic model used. Providing a figure to show model
		structure is strongly recommended.
Assumptions	16	Describe all structural or other assumptions underpinning
		the decision-analytic model.
Analytic methods	17	Describe all analytic methods supporting the evaluation.
		This could include methods for dealing with skewed,
		missing, or censored data; extrapolation methods; methods
\sim		for pooling data; approaches to validate or make
		adjustments (e.g. half-cycle corrections) to a model; and
		methods for handling population heterogeneity and
		uncertainty.
Results		
Study parameters	18	Report the values, ranges, references, and if used,

probability distributions for all parameters. Report reasons

or sources for distributions used to represent uncertainty where appropriate. Providing a table to show the input values is strongly recommended.

Incremental costs	19	For each intervention, report mean values for the main	
and outcomes		categories of estimated costs and outcomes of interest, as	
		well as mean differences between the comparator groups.	
		If applicable, report incremental cost-effectiveness ratios.	
Characterizing	20a	Single study-based economic evaluation: Describe the	
uncertainty		effects of sampling uncertainty for estimated incremental	
		cost, incremental effectiveness, and incremental cost-	
		effectiveness, together with the impact of methodological	
		assumptions (such as discount rate, study perspective).	
	20b	Model-based economic evaluation: Describe the effects on	
		the results of uncertainty for all input parameters, and	
		uncertainty related to the structure of the model and	
		assumptions.	
Characterizing	21	If applicable, report differences in costs, outcomes, or cost-	
heterogeneity		effectiveness that can be explained by variations between	
		subgroups of patients with different baseline	
		characteristics or other observed variability in effects that	
		are not reducible by more information.	
Discussion			
Study findings,	22	Summarize key study findings and describe how they	
limitations,		support the conclusions reached. Discuss limitations and	
generalizability and		the generalizability of the findings and how the findings fit	
current knowledge		with current knowledge.	

Other

Source of funding	23	Describe how the study was funded and the role of the
		funder in the identification, design, conduct and reporting
		of the analysis. Describe other nonmonetary sources of
		support.
Conflicts of interest	24	Describe any potential for conflict of interest among study
		contributors in accordance with journal policy. In the
		absence of a journal policy, we recommend authors comply
		with International Committee of Medical Journal Editors'
		recommendations.

Note. For consistency, the CHEERS statement checklist format is based on the format of the CONSORT

621 statement checklist.

CHEERS reporting item		Studies meeting the standard		
		Yes	No	Not applicable
L	Title	14	1	
2	Abstract	13	2	
3	Background and objectives	15		
1	Target population and subgroups	14	1	
5	Setting and location	14	1	
5	Study perspective	15		
7	Comparators	13	2	
5	Time horizon	12	3	
)	Discount rate	5	10	
.0	Choice of health outcomes	14	1	
1a	Measurement of effectiveness (single study-based estimates)	2	1	12
1b	Measurement of effectiveness (synthesis-based estimates)	6	6	3
2	Measurement and valuation of preference-based outcomes	5	1	9
.3a	Estimating resources and costs (single study-based economic evaluation)	1	2	12
3b	Estimating resources and costs (model-based economic evaluation)	9	3	3
4	Currency, price date and conversion	12	3	
5	Choice of model	11	1	3
.6	Assumptions	11	1	3
7	Analytic methods	14	1	
8	Study parameters	9	6	
9	Incremental costs and outcomes	13	2	
0a	Characterizing uncertainty (single study-based economic evaluation)	2	1	12

Table 2. Reporting standards in the included studies.

20b Characterizing unce	rtainty (model-based economic evaluation)	9	3	3	
21 Characterizing heter	rogeneity	6	9		
22 Study findings, limit	ations, generalizability and current knowledge	11	4		
23 Source of funding		15			
24 Conflicts of interest		12	3		

- 629 **Table 3.** Proposals for methodological standards for economic evaluations in haemophilia.
 - 1. Compare alternative treatment strategies over time, not individual episodes of care, such as the treatment of individual bleeds.
 - 2. Assess cost-effectiveness over a long time horizon, preferably a lifetime, but also consider shorter periods of time if there are uncertainties in the longer term projections.
 - 3. Base the economic evaluation on a systematic review to obtain estimates of the key clinical parameters, and clearly identify the inclusion and exclusion criteria.
 - 4. If head-to-head clinical studies are not available to estimate relative treatment effect and observational data are used, employ an analytic strategy to adequately adjust for observed differences, such as differences in study populations and non-observed confounders. Crude comparisons of treatment effects in single-arm studies should be avoided.
 - 5. Base drug doses and other treatment patterns on observed data; rely on expert opinion or assumptions only as a last resort.
 - 6. Consider the probable heterogeneity in the patient population and include relevant subgroup analyses of cost-effectiveness.
 - 7. Use a generalizable measure of benefit in the economic study (e.g. for a measure of health gain, use QALYs).
 - 8. Clearly identify all sources of, and values for, unit costs/prices and present these separately from the quantities of resources estimated from the treatment patterns.

- 9. Discount future costs and effects at the relevant discount rate for the jurisdiction(s) where the economic study is conducted.
- 10. Adequately characterize the uncertainty in parameter estimates by using probabilistic sensitivity analysis. Additionally, present univariate analyses if these are useful for explaining the impact of key structural assumptions.
- 11. Consider other factors alongside cost-effectiveness, including patient convenience and preferences and the broader impact of the disease and its treatment on families.
- 12. Discuss the main weaknesses in the study and explain how and why the results differ from other published studies of the treatment strategies being examined.

632 Appendix 1

- 634 Search strategy and PRISMA flow diagram
- 635
- 636 The following databases were searched, using the search engine ProQuest: MEDLINE
- 637 (1946–current) and Embase (1947–current). The search terms are shown in Table A1.1.
- 638 After removal of duplicates, articles were assessed for eligibility according to the
- 639 criteria in Table A1.2, in two rounds (first round: inclusion or exclusion based on the
- 640 screening of title and abstract only; second round: assessment of full text). Reference
- 641 lists of the selected articles and of key review papers were reviewed for potentially
- 642 relevant records that might not have been identified by the database search. The
- 643 PRISMA flow diagram of the search is shown in Figure A.1.
- 644

Table A1.1. Search terms for identifying economic evaluations in haemophilia in MEDLINE and646 Embase.

Торіс	#	Search term
Economic evaluation	1	ti,ab('cost effectiveness' OR 'economic evaluation' OR 'cost analysis'
		OR 'cost utility' OR 'cost benefit?' OR 'economic analysis' OR
		'pharmaco economic?' OR (economic near model*) OR 'decision
		model*' OR 'economic study' OR 'cost-effectiveness' OR 'economic-
		evaluation' OR 'cost-analysis' OR 'cost-utility' OR 'cost-benefit?' OR
		'economic-analysis' OR 'pharmaco-economic?' OR 'decision-model*'
		OR 'economic-study')
Disease	2	ti,ab(hemophilia OR haemophilia OR 'Factor VIII Deficiency' OR
		'Congenital Factor 8 Deficiency' OR 'Factor VIII Deficiency' OR
		'Congenital Factor VIII Deficiency')
Economic evaluations	3	#1 AND #2
in haemophilia		

649	Table A1.2. Eligibility criteria used in the search for economic evaluations in haemophilia.
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Торіс	Inclusion criteria	Exclusion criteria
Disease	Haemophilia, all types	Other diseases
Patient population	Adult and paediatric	Non-human
Treatment	Treatments, procedures, care	Other
	programmes in haemophilia	
Economic evaluation	Cost-utility, cost-effectiveness,	Other
	cost-minimization studies	
Document type	Journal articles with original	Conference abstracts
	economic analyses comparing	Review articles
	treatments, procedures or care	• Letters or editorials that
	programmes in haemophilia	comment on results of an
		original article
		• Case studies (i.e. a report
		based on only one patient
Language	English	Other language
Year of publication	Published in or after 2008	Published before 2008

Fig. A.1. PRISMA flow diagram.

