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**Article:**

Pressel, S, Bidartondo, MI, Field, KJ [orcid.org/0000-0002-5196-2360](https://orcid.org/0000-0002-5196-2360) et al. (2 more authors) (2016) Pteridophyte fungal associations: Current knowledge and future perspectives. *Journal of Systematics and Evolution*, 54 (6). pp. 666-678. ISSN 1674-4918

<https://doi.org/10.1111/jse.12227>

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1 **Review**

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3 **Pteridophyte fungal associations: current knowledge and future perspectives**

4

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14

15 **SHORT RUNNING TITLE:** Fungal associations in pteridophytes

16

17 **Received 5 July 2016 Accepted 25 October 2016**

18 **Abstract**

19 Current understanding of the nature and function of fungal associations in pteridophytes is  
20 surprisingly patchy given their key evolutionary position, current research foci on other  
21 early-branching plant clades, and major efforts at unravelling mycorrhizal evolution and the  
22 mechanisms underlying this key interaction between plants and fungi. Here we provide a  
23 critical review of current knowledge of fungal associations across pteridophytes and  
24 consider future directions making recommendations along the way.

25 From a comprehensive survey of the literature, a confused picture emerges: suggestions  
26 that members of the Lycopsidea harbour Basidiomycota fungi contrast sharply with extensive  
27 cytological and recent molecular evidence pointing to exclusively Glomeromycota and/or  
28 Mucoromycotina associations in this group. Similarly, reports of dark septate, assumingly  
29 ascomycetous, hyphae in a range of pteridophytes, advocating a mutualistic relationship,  
30 are not backed by functional evidence and the fact that the fungus invariably occupies dead  
31 host tissue points to saprotrophy and not mutualism. The best conclusion that can be  
32 reached based on current evidence is that the fungal symbionts of pteridophytes belong to  
33 the two fungal lineages Mucoromycotina and Glomeromycota. Do symbiotic fungi and host  
34 pteridophytes engage in mutually beneficial partnerships? To date only two, pioneering  
35 studies have addressed this key question demonstrating reciprocal exchange of nutrients  
36 between the sporophytes of *Ophioglossum vulgatum* and *Osmunda regalis* and their fungal  
37 symbionts. There is a pressing need for more functional investigations also extending to the  
38 gametophyte generation and coupled with *in vitro* isolation and resynthesis studies to  
39 unravel the effect of the fungi on their host.

40

41 **Key words:** functional studies, fungal associations, Glomeromycota, Mucoromycotina,  
42 mutualisms, mycorrhizas, pteridophytes.

43

44

45

46 Whereas several past decades up to the present have witnessed a wealth of morphological,  
47 functional and molecular studies on seed plant mycorrhizas (Smith & Read, 2008) together  
48 with seminal advances this century on mutually beneficial fungal associations in liverworts  
49 (Field et al., 2014; 2015b), investigations of mycorrhizas in spore-bearing vascular plants lag  
50 far behind (see Mehltreter, 2010 for a recent critical summary). This is all the more  
51 surprising since knowledge of the nature and biology of fungal associations in extant  
52 pteridophytes are keys to understanding the evolution of fungal symbioses, a phenomenon  
53 widely recognised as a major innovation that drove plant terrestrialization around 460-480  
54 MYA (Pirozynski & Malloch, 1975; Selosse & Le Tacon, 1998; Bonfante & Genre, 2008;  
55 Parniske, 2008).

56         The distribution and morphology of the fungal associations in extant pteridophytes  
57 and their fossil ancestors is summarized in Strullu-Derrien et al. (2014), though the main  
58 content of this account is new data and interpretation of fossils (Boullard & Lemoine, 1971;  
59 Remy et al., 1994; Taylor et al., 1995; Redecker et al., 2000; Karatygin et al., 2006; Krings et  
60 al., 2007a, 2007b). A second recent review focuses mainly on bryophytes (Rimington et al.,  
61 2016). Rather than simply reiterate the information in these accounts here we focus on the  
62 current state of knowledge of fungal associations in *extant* pteridophytes; we highlight  
63 highly significant recent advances, give critical assessments of shortcomings in published  
64 accounts to date and point out exciting avenues for future studies. Apart from a handful of  
65 electron microscope studies and even fewer molecular investigations, our knowledge of the  
66 occurrence of mycorrhizas across pteridophytes is based solely on light microscope  
67 observations. The reviews by Rayner (1927) and Burgeff (1938) and more recently by Wang  
68 & Qiu (2006) and Lehnert et al. (2016) together with the exhaustive survey of 420 taxa by  
69 Boullard (1957), check lists for the British flora (Harley & Harley, 1987; Newman & Reddell,  
70 1987), and field surveys in countries across the world - for example: China (Zhang et al.,  
71 2004; Zhao, 2000; Zhi-wei, 2000), Costa Rica (Lesica & Antibus, 1990), Ecuador (Lehnert et  
72 al., 2009; Kessler et al., 2014), Honduras (Zubek et al., 2010), India (Muthakumar & Udaiyan,  
73 2000; Muthakumar & Prabia, 2012, 2013; Muthuraja et al., 2014; Sudha & Ammani, 2010),  
74 Lesotho (Moteetee et al., 1996), Mexico (Lara-Pérez et al., 2015), New Zealand (Cooper,  
75 1976), Pakistan (Iqbal et al., 1981), Malaysia and Indonesia (Nadarajah & Nawawi, 1993;

76 Kessler et al., 2010a), Reunion (Kessler et al., 2010b), USA (Berch & Kendrick, 1982; Gemma  
77 & Koske, 1995; Gemma et al., 1992; Laferrière & Koske, 1981), all report a high incidence of  
78 mycorrhizas but perhaps lower than for seed plants. These listings have serious failings.  
79 Apart from some of the data coming from unverified secondary sources (all in fact in  
80 Lehnert et al., 2016), many of the sampled species comprised roots and rhizomes from dried  
81 herbarium specimens (over 75% in the case of Boullard, 1957). In addition, these listings  
82 give but scant attention to the vital status of the host organs (see Moteetee et al., 1996 for  
83 detailed critique) and thus it is very difficult to glean precise information about the status of  
84 the symbiotic fungi as either mutualistic, saprophytic or parasitic (Mehlreter, 2010). We do  
85 know for certain however, that mycoheterotrophic gametophytes must be parasitic on their  
86 fungi (Leake et al., 2008). The frequent occurrence of two very different fungi side by side in  
87 the same host points strongly to a mixture of trophic categories. In the absence of rigorous  
88 sampling procedures that pay careful attention to the vital status of the fungus-containing  
89 organs, broad generalizations and detailed analyses in the literature to date about the  
90 overall incidence of mycorrhization in pteridophytes with inferences about phylogeny and  
91 ecology (e.g., Lehnert et al., 2016) should be viewed with considerable caution.

92         These provisos aside, the vast majority if not all of the likely symbiotic fungi found in  
93 pteridophytes fall into the arbuscular mycorrhizal (AM) category characterised by  
94 intracellular hyphal coils +/- fine arbuscular hyphae and vesicles. Less frequent are dark  
95 septate hyphae often associated with pseudosclerotia. By extrapolation from their well-  
96 documented occurrence in seed plants (Jumpponen, 2001; Jumpponen & Trappe, 1998;  
97 Mandyam & Jumpponen, 2005; Newsham, 2011; Newsham et al., 2014; Schmid et al., 1995)  
98 it is reasonable to assume that these are ascomycetous. Conspicuously absent are any *bona*  
99 *fide* records of basidiomycetes. The recent report that the main endophyte in  
100 gametophytes of *Lycopodium alpinum* is a basidiomycete (Horn et al., 2013), despite  
101 compelling cytological evidence (Burgeff, 1938; Bruchmann, 1898; Campbell, 1908; Duckett  
102 & Ligrone, 1992; Lang, 1899; Schmid & Oberwinkler, 1993) and molecular data (Winther &  
103 Friedman, 2007a) to the contrary in this and other lycopod gametophytes, is almost  
104 certainly due to flawed analysis procedures (see Rimington et al., 2014 for a full critique).  
105 Since the symbiotic status of AM fungi in seed plants and liverworts is beyond question, it  
106 seems reasonable to assume the same for pteridophytes as is borne out with transmission  
107 electron microscopy (TEM) studies that have invariably shown apparently healthy

108 interactions between the partners (Duckett & Ligrone, 1992; Kovács et al., 2003; Schmid &  
109 Oberwinkler, 1993; 1994; 1995; 1996; Turnau et al., 1993). However, such studies have to  
110 date been limited to pteridophytes where a fungus is invariably present and those where  
111 such colonisations appear more sporadic, e.g., the sporophytes of the vast majority of  
112 leptosporangiate ferns, have yet to be investigated. Indeed the study by Turnau et al.  
113 (1993) on *Pteridium* contains the only published transmission electron micrographs of which  
114 we are aware of a typical AM association in the roots of a polypod (Polypodiales) fern.

115         Whether or not dark septate hyphae (see Boullard, 1957; Burgeff, 1938; Dhillon,  
116 1993; Fernández et al., 2008; Iqbal et al., 1981; Lara-Pérez et al., 2015; Lehnert et al., 2009;  
117 Mandyam & Jumpponen, 2005; Moteetee et al., 1996; Muthukumar & Prabia, 2012;  
118 Muthuraja et al., 2014; Nadarajah & Nawawi, 1993; Sudová et al., 2011, for examples) form  
119 any kind of mutualistic relationship with pteridophytes has not been explored, but on the  
120 evidence to date this would seem unlikely. We are not aware of any published  
121 ultrastructural study showing such hyphae in a host cell with healthy cytoplasm in any land  
122 plant let alone a pteridophyte, and definitive evidence for a function in seed plants has not  
123 yet been forthcoming (Jumpponen, 2001; Jumpponen & Trappe, 1998; Newsham, 2011).  
124 Our own observations on the subterranean parts of a wide range of pteridophytes, not to  
125 mention bryophytes, point most strongly to saprotrophism rather than any kind of  
126 mutualistic relationships. Thus, a thorough light microscope examination will reveal their  
127 presence in and along the surface of the older parts of virtually any fern gametophyte, root  
128 or rhizome system (see for example Muthuraja et al., 2014), just as it does for older  
129 bryophyte rhizoids, thalli and stem tissues. In fact, dark septate hyphae in bryophytes are  
130 just as frequent on surfaces of taxa with well characterized symbionts, be these AM fungi,  
131 the ascomycete *Pezoloma ericae* or basidiomycetes as those where these symbionts are  
132 absent, e.g., all mosses (Field et al., 2015b; Pressel et al., 2010).

133         In addition to the likely AM status of most pteridophyte symbionts, a further very  
134 common feature is that root hairs and rhizoids are the major sites of direct fungal entry.  
135 Direct entry into the epidermal cells is also likely in taxa with very few root hairs, e.g.,  
136 Marattiales (Bierhorst, 1971). As in liverworts (Duckett & Read, 1995; Kowal et al., 2016),  
137 colonized rhizoids and root hairs frequently have malformed tips (Boullard, 1957; Moteetee  
138 et al., 1996).

139           Against this picture of seemingly abundant mycorrhizas in pteridophytes why then  
140 are there not more studies? What in particular has hampered functional studies? Two  
141 major contributory factors are that some of the most interesting pteridophytes are rare, for  
142 example *Stromatopteris* is a New Caledonian endemic (Bierhorst, 1971), and fungus-  
143 containing structures like subterranean gametophytes are rarely produced by plants in  
144 cultivation, with the notable exception of *Psilotum* (Winther & Friedman, 2009), and are  
145 hard to find in nature. The facts that mycoheterotrophic gametophytes are difficult to  
146 culture axenically (see Whittier, 1975, 1981, 1998, 2003, 2005, 2011; Whittier & Braggins,  
147 2000; Whittier & Carter, 2007a,b; Whittier et al., 2005, for special protocols) and that  
148 glomeromycote fungi cannot be cultured axenically (Field et al., 2014) severely restrict the  
149 scope of functional studies—for example, fulfilling Koch’s postulates and thus dissecting  
150 host growth response to the presence of symbionts. Further impediments are that wiry  
151 monilophyte roots are extremely difficult to infiltrate with resins for transmission electron  
152 microscopy (Duckett et al., 1988) and fern roots generally often fix suboptimally due to their  
153 high content of phenolics (see for example the micrographs in Peterson & Brisson, 1977;  
154 Berch & Kendrick, 1982; Makgomol & Sheffield, 2001; Kovács et al., 2007). High phenolic  
155 content might also challenge the accessibility of fern roots to fungi (Schneider, 1996).

156

## 157 **Systematic Survey**

158 Nomenclature for the higher orders follows Christenhusz et al., (2011) and the phylogeny  
159 Knie et al., (2015) modified after Pryer et al., (2004).

160

### 161 **Lycopsida**

162

#### 163 Gametophytes

164 The gametophytes of every *Lycopodium* species (here used *sensu lato* to include  
165 *Diphasiastrum*, *Huperzia* plus *Phylloglossum*, *Lycopodium* and *Lycopodiella*) in the  
166 Lycopodiaceae investigated to date, whether totally subterranean or partially surface-living,  
167 contain fungi with a well- defined distribution and highly distinctive cytology (Treub, 1884;  
168 Burgeff, 1938; Bruchmann, 1898, 1908, 1910; Campbell, 1908; Duckett & Ligrone, 1992;  
169 Lang, 1899; Schmid & Oberwinkler, 1993; Winther & Friedman, 2007a) (Figs. 1a, 1b). The

170 presence of several unique features, in particular an intercellular phase of fungal  
171 proliferation (Fig. 1b), led Schmid & Oberwinkler (1993) to coin the term 'lycopodioid  
172 mycothallus' interaction. The first sequencing study on two gametophytes of *Lycopodium*  
173 *hypogaeae* identified the fungus as a member of the Glomeraceae (following Redecker et al.,  
174 2013 for the classification of arbuscular mycorrhizal fungi), a clade also found in other  
175 mycoheterotrophic lineages (Merckx et al., 2009; Merckx, 2013). In contrast, a second  
176 molecular study found that both ITS and LSU sequences identified the fungus in the  
177 gametophytes of *Lycopodium alpinum* as Sebaciniales group B, a basal clade of the  
178 agaricomycetes (Basidiomycota) (Horn et al., 2013).

179

### 180 **Sporophytes**

181 Turning to the sporophytes, light microscope surveys indicate that possible symbiotic  
182 associations appear to be somewhat sporadic in the thin wiry roots of both Lycopodiaceae  
183 and Selaginellaceae and at best are confined to a minority of the species studied (Boullard,  
184 1957). Morphologically the fungi appear to be AM with large trunk hyphae, finer hyphal  
185 coils and/ or arbuscules and vesicles.

186 By analogy with monilophytes (see below), the fatter and fleshier roots of *Isoëtes*  
187 appear to be far better candidates for mycorrhization than their narrow wiry counterparts in  
188 *Lycopodium* and *Selaginella*. However, Boullard (1957) found fungi in just one out of the 12  
189 both terrestrial and aquatic species he examined, and none were found in *I. lacustris* by  
190 Søndergaard & Laegaard (1977). The sole exception was *I. engelmannii*, a species of  
191 transient pools, whereas *I. transvaalensis* from the same kind of habitat appears to be  
192 fungus-free (Moteetee et al., 1996). Subsequently, three light microscope studies have  
193 revealed AM fungi together with dark septate hyphae in the roots of the two completely  
194 submerged aquatic species *I. lacustris* and *I. echinospora* in Europe (Sudová et al., 2011) and  
195 several terrestrial plus two aquatic species from India (Sharma, 1998; Radhika & Rodrigues  
196 2007). Sudová et al. (2011) are at pains to point out that the precise identity and function of  
197 the fungi remains to be elucidated. The likely absence of mycorrhizas in *Isoëtes* most likely  
198 reflects a primarily aquatic ancestry since most taxa are restricted to aquatic or semiaquatic  
199 habitats.

200 The first molecular study of the symbionts in lycophyte roots yielded results that  
201 have shattered the long held notion that the glomeromycetes alone were the primeval

202 vascular land plant fungal symbionts (Rimington et al., 2014). Though confirming the pre-  
203 existing picture that fungal colonization appears to be less frequent than in ferns (lycopods  
204 with fungi in 7 of 20 species from 17 of the 101 samples versus ferns with fungi in 13 of 18  
205 species from 33 out of 58 samples—Rimington et al., 2014), Glomeromycota fungi (all in the  
206 Glomeraceae) were present in only three of the lycophyte species while the other four  
207 contained diverse Mucoromycotina, including six new clades. These Mucoromycotina fungi  
208 belonging to different clades sometimes occurred within the same species, and even the  
209 same plant.

210

## 211 **Monilophytes**

212

## 213 **Gametophytes**

214 The few electron microscope studies to date of subterranean mycoheterotrophic fern  
215 gametophytes (*Botrychium* (Kovács et al., 2003; Schmid & Oberwinkler, 1994),  
216 *Ophioglossum* (Schmid & Oberwinkler, 1996), *Psilotum* and *Tmesipteris* (Duckett & Ligrone,  
217 2005)) have revealed that the exclusively intracellular symbionts comprise hyphal coils with  
218 arbuscule-like side branches and vesicles, i.e., they are typical Glomeromycota (Figs. 1c-1f).  
219 The analysis of DNA sequences confirms the fungi in *Botrychium* (Winther & Friedman,  
220 2007b) and *Psilotum* (Winther & Friedman, 2009; Rimington et al., 2014) and *Tmesipteris*  
221 (Rimington et al., 2014) as Glomeraceae. At the other extreme, fungi are absent from the  
222 endosporic gametophytes in heterosporous ferns and lycophytes. Whether or not this is  
223 also the case in *Playtzoma microphyllum*, the only fern with exosporic free-living  
224 photosynthetic gametophytes (Duckett & Pang, 1984), has yet to be investigated.

225 Glomeraceae have now been confirmed in the cordate photosynthetic  
226 gametophytes of *Angiopteris* in the sister eusporangiate lineage to the Marattiales and in  
227 *Osmunda* at the base of the leptosporangiate tree (Ogura-Tsujita et al., 2013). However, in  
228 a second marattioid genus, *Ptisana*, the gametophyte fungus is a member of the  
229 Diversisporaceae (Rimington et al., 2014). In all three genera the distribution and  
230 morphology of the fungi in the ventral midrib region of the cordate gametophytes mirrors  
231 that in many thalloid liverworts (Ligrone et al., 2007) and is repeated throughout the  
232 leptosporangiate ferns (Ogura-Tsujita et al., 2016). Widely different sporophyte and  
233 gametophyte morphologies now rest comfortably with the recent placement of horsetails

234 (Equisetales) as sister to all other monilophytes (Knie et al., 2015) rather than as a sister  
235 clade to the Marattiaceae (Pryer et al., 2004). A further difference is that symbionts are  
236 absent in *Equisetum* gametophytes although their multicellular ventral cushions attached to  
237 the substratum would appear to be preadapted, at least structurally, for fungal colonisation.  
238 This absence is most likely linked to their ecology. Whereas superficial fern gametophytes  
239 may be terrestrial on mineral or peaty soils, epilithic or epiphytic (Farrar et al., 2008) and  
240 often grow adjacent to endophyte-containing bryophytes, those of *Equisetum* have only  
241 been found in habitats like lake, reservoir and river margins (Duckett & Duckett, 1980).  
242 These are transient, nutrient-rich habitats and all the associated liverworts also lack fungi.

243         With a few notable exceptions discussed below, viz., Hymenophyllaceae,  
244 *Stromatopteris* (Gleicheniaceae), *Schizaea* and *Actinostachys* (Schizaeaceae) and  
245 Vittariaceae, the gametophytes of most leptosporangiate ferns and the Marattiales grow  
246 above ground, are green and photosynthetic and usually cordate in form. The central  
247 cushion is distinctly thicker and more frequently colonized by fungi in the Marattiaceae and  
248 Osmundaceae than in more derived families. General statements about the incidence of  
249 possible symbiotic fungi range from somewhat common to absent (Bell & Helmsley, 2000;  
250 Ogura-Tsujita et al., 2016). Most studies on wild fern gametophytes have focused on their  
251 ecology and reproductive biology (Farrar et al., 2008), with the difficulty of identifying these  
252 down to the species or even genus level (Farrar, 2003) further contributing to the lack of  
253 data on fungi. Whatever the present gaps in overall coverage of the ferns, two features do  
254 appear to be constant: rhizoids are the major routes of fungal entry and *bona fide*  
255 symbionts are invariably present in the ventral cell layers in the central cushion region, but  
256 are much less frequent in the unistratose wings (Ogura-Tsujita et al., 2013; 2016).

257         Extending their morphological and molecular study on *Angiopteris* and *Osmunda*  
258 (Ogura-Tsujita et al., 2013) to a range of pre-Polypodiales leptosporangiate ferns to include  
259 two species in the Gleicheniales and four in the Cyatheales, Ogura-Tsujita et al. (2016) found  
260 that not only were 58-97% of the gametophytes colonized by AM fungi but that these also  
261 belonged to a wide range of Glomeromycota fungi. In addition to Glomeraceae, they also  
262 found members of the Claroideoglomeraceae, Gigasporaceae, Acaulosporaceae, and  
263 Archaeosporales fungi previously unknown in ferns but which are widespread in thalloid  
264 liverworts and hornworts (Bidartondo et al., 2011; Desirò et al., 2013; Field et al., 2015b).  
265 There is now a pressing need to extend these molecular studies to Polypodiales since recent

266 light microscope studies indicate the presence of similar associations in a range of genera;  
267 *Adiantum*, *Pellaea* (Turnau et al., 2005), *Dryopteris* (Reyes-Jaramillo et al., 2008),  
268 *Nephrolepis* (Muthukumar & Prabia, 2012) and *Pteris* (Martinez et al., 2012), and  
269 particularly since the discovery of both Glomeromycota (Glomeraceae and  
270 Diversisporaceae) and Mucoromycotina in *Anogramma leptophylla* from the only fungal  
271 DNA sequencing study to date on the sporophytes of a member of the Polypodiales (Figs.  
272 2c, 2d) (Rimington et al., 2014).

273 In contrast to the widespread and likely obligate occurrence of symbiotic fungi in  
274 cordate gametophytes, the asexually-reproducing long-lived, independent, strap-shaped  
275 gametophytes of the Vittarioideae and the filamentous gametophytes in the filmy ferns are  
276 almost certainly fungus-free (Duffy et al., 2015; Farrar, 1974, 2003; Farrar et al., 2008;  
277 Rumsey et al., 1990, 1993). This may reflect the fact that these are predominantly epiphytic  
278 lineages (Nayar & Kaur, 1971) with ecology paralleling that of the fungus-free Porellales in  
279 the liverworts (Pressel et al., 2010).

280 The other leptosporangiate ferns with axial and filamentous gametophytes are  
281 *Actinostachys* and *Schizaea* in the Schizaeales and *Stromatopteris* in the Gleicheniales (Lang,  
282 1902; Bierhorst, 1966, 1967, 1968a, 1968b, 1971; Britton & Taylor, 1901; Kiss & Swatzell,  
283 1996; Pryer et al., 2004; Raghavan, 1989; Swatzell et al., 1996; von Anderkas & Raghavan,  
284 1985). In these three genera the gametophytes are either partly (*Schizaea*) or totally  
285 subterranean (*Actinostachys*, *Stromatopteris*) and therefore mycoheterotrophic. Virtually  
286 every cell, including the multicellular rhizoids and epidermis in the multiseriate filaments in  
287 *Stromatopteris* and *Schizaea* (Bierhorst, 1966, 1967, 1968b, 1971) are packed with hyphae.  
288 In the tuberous axes with septate rhizoids in *Actinostachys* (Bierhorst, 1968a), the fungus  
289 has a similar distribution to that in *Psilotum* and *Tmesipteris* (Duckett & Ligrone, 2005) in  
290 that many of the epidermal cells are fungus-free. In addition to their multicellular rhizoids,  
291 a further unusual feature in *Schizaea* is that the gametophytes develop so called  
292 rhizoidophores. These are large, highly vacuolated spherical cells which develop two to  
293 three rhizoids (von Aderkas & Raghavan, 1985) and form receptacles for a symbiotic fungus  
294 (Britton & Taylor 1901, Kiss & Swatzell, 1996; Swatzell et al., 1996) which, from published  
295 light micrographs and illustrations, appears to be AM as is the case for the symbionts  
296 throughout the gametophytes of all three genera. The swollen rhizoidophores and septate  
297 rhizoids in these fern gametophytes are strikingly reminiscent of the rhizoid modifications

298 associated with fungi in leafy liverworts (Kowal et al., 2016; Pressel et al., 2008b, 2010; Read  
299 et al., 2000) and in particularly their septation in the Schistochiaceae (Pressel et al., 2008a).  
300 However, the liverwort fungus here is invariably the ascomycete *Pezoloma ericae*.

301

## 302 **Sporophytes**

303 In terms of gross morphology, fern roots fall into two categories: fat and fleshy, 2 or more  
304 mm in diameter, and often lacking thickened walls and phenolic deposits versus thin and  
305 wiry, only ca. 1mm in diameter with phenolic compounds impregnating the cortical cells  
306 and/or thickened walls (Schneider, 1996, 2000). The former features are the rule in the  
307 Ophioglossales and Marattiales and to some extent the Osmundales whilst the latter are  
308 typical of most leptosporangiate clades with the exception of the rootless Salviniiales. The  
309 rhizomes in the rootless members of the Hymenophyllales (Duckett et al., 1996; Schneider,  
310 1996; Schneider et al., 2002; Ebihara et al., 2007) have a similar overall structure. The roots  
311 of horsetails are similarly thin and wiry. The rhizomes in the rootless whisk ferns resemble  
312 fleshy roots anatomically (Schneider, 1996, 2000) and the shoot system in *Stromatopteris*,  
313 where roots are rare, functions in a similar manner.

314 Fungi appear to be ubiquitous in all the taxa with fleshy roots where they occupy  
315 several layers of cortical cells. Perhaps unique to *Ophioglossum* is its absence of root hairs  
316 (Schneider et al., 2002, 2009) recalling the fungus-colonised subterranean gametophytic axes  
317 in the liverwort *Haplomitrium* (Carafa et al., 2003). Ultrastructural studies on *Psilotum* and  
318 *Tmesipteris* (Duckett & Ligrone, 2005), *Ophioglossum* (Schmid & Oberwinkler, 1996),  
319 *Botrychium* (Kovács et al., 2003) and the marattioid fern *Ptisana* (Rimington et al., 2014)  
320 have shown that the host-fungus relationships appear to be the same in both generations of  
321 the same species. Typical AM ultrastructure has now been confirmed in all these five  
322 genera (Rimington et al., 2014) but further work is needed to establish whether this is the  
323 case in *Helminostachys* and in the other five genera in the Marattiales as would appear  
324 from Boullard's (1957) light microscope observations.

325 For the reasons noted previously, published data on the distribution of possible  
326 symbiotic fungi in ferns with wiry roots are highly problematic (Figs. 2a, 2b). The situation is  
327 not helped by the extreme paucity of ultrastructural studies. We are aware of only a single  
328 paper (Turnau et al., 1993) that shows a typical AM association in a fern with wiry roots,  
329 *Pteridium*. A further ultrastructural study on *Gleichenia* by Schmid et al. (1995) only

330 features electron micrographs of the gametophytes. Two other electron microscope studies  
331 show ascomycetes (simple septa and Woronin bodies) in *Loxosomopsis* (Cyatheales) (Lehnert  
332 et al., 2009) and epiphytes in the genera *Elaphaglossum*, *Hymenophyllum*, *Grammitis* and  
333 *Lellingeria*. However, none of the micrographs show the ascomycetous symbionts  
334 surrounded by healthy host cytoplasm thus calling into question the existence of fern  
335 mycorrhizas, discussed as a feature possibly more beneficial in epiphytes by Mehltreter  
336 (2010). This, together with the unlikely symbiotic status of dark septate hyphae as  
337 illustrated in Boullard (1957), Fernández et al. (2008), Muthukumar & Prabia (2012) and  
338 Muthuraja et al. (2014), indicates that it is highly unlikely that pteridophytes form  
339 mutualistic associations with ascomycetes.

340 Three groups where fungi are almost certainly absent are the freshwater genus  
341 *Ceratopteris* (Hickok et al., 1995; Renzaglia & Warne, 1995), the heterosporous water ferns  
342 (Salviniales) and Equisetales. However, in order to clarify conflicting evidence for symbionts  
343 we made our own critical observations. As reported by previous authors (Boullard, 1957;  
344 Dhillon, 1993; Fernández et al., 2008), we found both AM fungi with vesicles and dark  
345 septate hyphae in old roots of six species of *Equisetum* from different habitats, viz., *E.*  
346 *arvense*, *E. fluviatile*, *E. giganteum*, *E. hyemale*, *E. telmateia* and *E. variegatum*. Fungi were  
347 never observed in young roots with intact apices and DNA sequencing produced negative  
348 results (Rimington et al., unpublished data). We suggest that a similar study of *Marsilea* will  
349 reveal that the AM fungal structures described to date (Bhat & Kaveriappa, 2003) are  
350 confined to necrotic roots. Similar scrutiny of roots in the Hymenophyllaceae (Fig. 2b),  
351 where Boullard (1979) found a high incidence of septate hyphae, and the trichomes in  
352 rootless species of *Trichomanes* which lack root hairs/rhizoids (Schneider, 2000; Duckett et  
353 al., 1996) yielded identical results: we never saw fungi in healthy roots nor in their  
354 trichomes. We suggest, with the hindsight of extensive molecular and ultrastructural  
355 sampling of liverwort and hornwort fungi (Bidartondo & Duckett, 2010, Desirò et al., 2013;  
356 Pressel et al., 2010; Ligrone et al., 2007) that, were similar critical studies extended to ferns  
357 from a wide range of habitats, symbionts would be less frequent in extreme epiliths,  
358 epiphytes and in tree ferns with aerial roots than in taxa growing through some soil at least.  
359 Ferns, liverworts and hornworts also share a paucity or absence of fungi in aquatic taxa.  
360 The very limited sequencing data published to date have revealed members of the  
361 Glomeraceae in several genera (*Botrychium*, *Ophioglossum*, *Gleichenia*, *Psilotum*,

362 *Tmesipteris*, *Pitsana*, *Xiphopteris*, *Nephrolepis*, *Anogramma*, *Osmunda*), Diversisporaceae in  
363 two (*Anogramma* and *Ophioglossum*) and Mucoromycotina in just one *Anogramma* (Kovács  
364 et al., 2007; Winther & Friedman, 2007b; 2009; Rimington et al., 2014; Field et al., 2012;  
365 2015a) .

366

### 367 **Functional considerations**

368

369 Green chlorophyllous monilophyte gametophytes can be readily cultured axenically  
370 (Raghavan, 1989) and the same is true for those of lycophytes, though most of these are  
371 extremely slow growing and require more selective methods, particularly those that lack  
372 chlorophyll (Whittier, 1981, 1998, 2003, 2005, 2011; Whittier & Braggins, 2000; Whittier &  
373 Carter, 2007a,b; Whittier et al., 2005). Thus, they would appear to be highly suitable  
374 material for investigations into the effects of the fungi on the hosts. Such studies have yet  
375 to be attempted; however, a recent paper by Martinez et al. (2012) clearly demonstrates  
376 their feasibility. When grown on a substrate inoculated with *Rhizophagus irregularis*,  
377 gametophytes of *Pteris vittata* displayed *Paris*-type recolonization whilst the roots had  
378 *Arum*-type colonisation. Unfortunately, the substrate used in the experiments was a perlite,  
379 peat and soil mixture and some of the published images show other infections with dark  
380 aseptate hyphae. We now need similar recolonization experiments performed under axenic  
381 conditions using either *Glomus* spores, as that inoculum as has been used to colonise  
382 hornwort thalli (Schüßler, 2000), or colonised seedlings of flowering plants. Since DNA  
383 sequencing studies are now revealing an increasing range of glomeromycete fungi in  
384 pteridophytes (Field et al., 2015a,b; Ogura-Tsujita et al., 2016), not to mention  
385 mucoromycetes (Rimington et al., 2014) which can be grown axenically (Field et al., 2014)  
386 and are thus much more convenient inocula, an exciting future beckons.

387 In planning experiments considerable thought also needs to be given to the choice of  
388 the best host plants. Ideally, we need model taxa which are readily cultured, have short life  
389 cycles and where fungal associations are ubiquitous in nature and thus have functional  
390 signalling network pathways (Wang et al., 2010). Looking at cryptogams the only one  
391 meeting these criteria as a model to date, is the hornwort *Anthoceros agrestis* (Szövényi et  
392 al., 2015). *Ceratopteris thalictroides* (Hickok et al., 1995; Renzaglia & Warne, 1995), the  
393 moss *Physcomitrella patens* (Lang et al., 2016) and the liverwort *Marchantia polymorpha*

394 (Alam & Pandey, 2016; Bowman et al., 2016; Ishikazi et al., 2016), not to mention  
395 *Arabidopsis*, are all symbiont-free. Though these absences are almost certainly secondary  
396 losses, recent in *Marchantia* and more ancient in *Ceratopteris* and *Physcomitrella*, they are  
397 far from ideal for studying the function of signalling network pathways that were present  
398 from the dawn of terrestrialization (Wang et al., 2010). For monilophytes, we suggest  
399 *Anogramma leptophylla* with its short lived sporophytes and perennial gametophytes  
400 (Goebel, 1905) as a new option for fungal functional studies. In the lycopods, whether the  
401 model species *Selaginella apoda* (Schulz et al., 2010) is regularly colonized by endophytes  
402 requires further study. For homosporous taxa, we single out *Lycopodiella inundata* because  
403 of its short-lived sporophytes, surface-living and more readily cultured photosynthetic  
404 gametophytes (Whittier, 2005; Whittier & Carter, 2007a,b) as the best choice.

405         With the recent demonstration that pteridophytes contain both Mucoromycotina  
406 and a range of Glomeromycota fungi (Rimington et al., 2014) there is now a pressing need  
407 to carry out functional studies using isotope tracers (<sup>13</sup>C, <sup>33</sup>P and <sup>15</sup>N) like those recently  
408 carried out on liverworts (Field et al., 2014, 2015a, 2015b) and extend the pioneering work  
409 by Field et al. (5a) on *Ophioglossum* and *Osmunda*. These, the only studies to date on  
410 mycorrhizal functioning in pteridophytes, clearly demonstrated the reciprocal exchange of  
411 plant-C for fungal-acquired N and P between the green sporophytes of *Ophioglossum*  
412 *vulgatum* and *Osmunda regalis* and their fungal symbionts. In the case of *O. vulgatum*,  
413 nutritional mutualism was demonstrated between the fern sporophytes and a highly specific  
414 fungal partner *Glomus macrocarpum*, a derived taxon in the Glomeraceae.

415         In addition to showing mutualistic and specific symbiosis between this eusporangiate  
416 fern and Glomeromycota fungus, the Field et al. (2015a,b) study raises the questions of  
417 fungal specificity and intergenerational fidelity (Leake et al., 2008) and the precise nature of  
418 the relationships between the fully mycoheterotrophic subterranean gametophytes and the  
419 early achlorophyllous sporophytic stages (Boullard, 1979; Bruchmann, 1908; 1910) followed  
420 by the formation of the photosynthetic above ground fronds that supply organic carbon to  
421 the fungus. The authors propose that the symbiosis may operate a 'take-now, pay -later  
422 strategy' (Cameron et al., 2008) and also raise the possibility that the sporophytes revert to  
423 mycoheterotrophy during the below ground dormancy period from mid-summer to the  
424 following spring. Unfortunately, Field et al. (2012a) were unable to locate gametophytes in  
425 their study and thus investigate whether the gametophytes acquire all their carbon from the

426 sporophytes via a common symbiont. In support of intergenerational fidelity was the  
427 demonstration that the symbiotic relationship in their *Ophioglossum* plants was highly  
428 specific, as is the case in *Huperzia* (Winther & Friedman, 2007a) where both gametophytes  
429 and sporophytes share the same three AM phylotypes. Whilst all the evidence to date  
430 indicates that pteridophyte gametophytes appear to have high fungal specificity, a general  
431 feature of mycoheterotrophy (Bidartondo et al., 2003; Merckx & Freudenstein, 2010), the  
432 fact that in *Botrychium crenulatum* fungal diversity increases through the transition from  
433 mycoheterotrophy to autotrophy (Winther & Friedman, 2007a) and Kovács et al. (2007)  
434 found between five and seven AM fungi in sporophytes of *B. virginianum* suggests that  
435 pteridophyte sporophytes probably benefit from a wider range of AM fungi. This premise is  
436 borne out by subsequent DNA sequencing studies revealing an increasing number of  
437 Glomeromycota plus Mucoromycotina, sometimes together in the same plants (Rimington  
438 et al., 2014).

439         A further factor to be added to the functional debate is that in all the ultrastructural  
440 studies on pteridophytes with subterranean gametophytes to date there is remarkable  
441 congruence in the host-fungal cytology between the two generations (Duckett & Ligrone,  
442 2005). Since the gametophytes have 'cheating' associations where only the host receives  
443 benefits (Bidartondo et al., 2003; Brundrett, 2002, 2004), how far then this might also be  
444 true for the sporophytes? Duckett & Ligrone (2005) point out that coiling AM mycorrhizas  
445 are a feature of exploitative associations in angiosperms (Brundrett, 2004) and that the  
446 multiple waves of colonisation that are outlived by the host cells bear a striking resemblance  
447 to the fate of the fungi in orchid mycorrhizas, in the mycoheterotrophic liverwort *Aneura*  
448 (*Cryptothallus*) *mirabilis* and in closely related *Aneura* species (Ligrone & Duckett, 1993;  
449 Duckett & Ligrone, 2008). Further isotope studies like those by Field et al. (2015a) are now  
450 needed to establish just how far the fungal associations in pteridophytes fall into the  
451 category of balanced versus exploitative (Bidartondo et al., 2003; Brundrett, 2002, 2004).

452

### 453 **Evolutionary perspectives**

454

455 The discovery of an increasing range of symbionts belonging to both the Mucoromycotina  
456 and the Glomeromycota (Rimington et al., 2014) and the presence of fungi with  
457 characteristics of both groups in Devonian plants (Strullu-Derrien et al., 2014) has now

458 overturned the long held view that the Glomeromycota alone formed the ancestral land-  
459 plant fungus symbiosis (Leake et al., 2008). The presence of both groups of fungi in  
460 lycophytes and the predominance of a range of Glomeromycota in later diverging ferns closely  
461 fit the phylogenetic distribution of these fungi in thalloid liverworts with dual partnerships  
462 in basal clades and Glomeromycota alone in more derived groups (Bidartondo et al., 2011;  
463 Field et al., 2016). Whilst most of the associations in extant pteridophytes almost certainly  
464 have ancient origins, the presence of Mucoromycotina in *Anogramma* may be a much more  
465 recent acquisition associated with this fern's unique life history (Goebel, 1905). These  
466 discoveries clearly emphasise the novel emerging notion that fungal symbioses at the dawn  
467 of plant terrestrialization were much more diverse than hitherto assumed (Field et al.,  
468 2015b).

469         Several features mark out pteridophyte-fungus relationships as highly distinct from  
470 those in both liverworts and seed plants. Whereas in liverworts there have been successive  
471 waves of fungal colonization and losses (from Mucoromycotina alone in the  
472 Haplomitriopsida to fungus-free *Blasia* at the foot of the thalloid phylogeny to re-acquisition  
473 of both fungal lineages in the complex and simple thalloid lineages), there is no similar clear  
474 pattern in pteridophytes (See Fig. 3) apart from a likely loss of AM from the lycophytes to  
475 the horsetails, consequence of their recent reassignment to the base of the monilophyte  
476 tree (Knie et al., 2015) from sister to the Marattiaceae (Pryer et al., 2004), and their  
477 reacquisition in eusporangiate ferns. Fungus-free early-branching horsetails are also in line  
478 with the notion of increasing mycorrhizal dependency as a putative apomorphy in the  
479 Ophioglossales (Schneider et al., 2009). Moreover, in liverworts the AM fungi were  
480 subsequently replaced by basidiomycetes (Bidartondo & Duckett, 2010) and the ascomycete  
481 *Pezoloma ericae* (Duckett & Read, 1995; Pressel et al., 2010; Kowal et al., 2016), whereas  
482 there is no good evidence of symbioses with either of these fungi in pteridophytes.  
483 Similarly, in seed plants there are repeated incidences of losses and gains of diverse fungi  
484 (Smith & Read, 2008). Until there is unequivocal evidence for a physiological role for  
485 ascomycetes and particularly dark septate hyphae, pteridophytes are best regarded as  
486 containing Glomeromycota and Mucoromycotina symbionts alone.

487         Fungal associations appear to have been progressively lost through monilophyte  
488 evolution. Fungi are obligate and ubiquitous in the earlier lineages but their incidence  
489 become far more capricious in polypod ferns. This trend is very clearly contrary to species

490 richness; whereas the Polypodiales number thousands of species, the numbers of species  
491 are much lower for earlier groups; *Ophioglossum* 25-30, *Botrychium* 50-60, Marattiales 135,  
492 Osmundales 25 and Schizaeales 190 (Christenhusz et al., 2016). Two possible explanations  
493 come to mind. One is a switch in root anatomy from fleshy to wiry which accompanied the  
494 evolution of the leptosporangiate ferns. The second are the radiations of leptosporangiate  
495 ferns as epiphytes (Schuettpehl & Pryer, 2009). This is paralleled by the loss of symbionts in  
496 epiphytic liverwort clades (Pressel et al., 2010), whilst their absence in water ferns and  
497 *Isoëtes* recalls the paucity of mycorrhizas in aquatic seed plants (Søndergaard & Laegaard,  
498 1977; Shah, 2014). It is also interesting to note that fungi are also absent from the crown  
499 group liverwort family Ricciaceae (Ligrone et al., 2007) many of which grow alongside the  
500 *Isoëtes* species of ephemeral pools.

501

## 502 **Conclusions**

503

504 Recent discoveries demonstrating the occurrence not only of Glomeromycota but also of  
505 Mucoromycotina fungi in pteridophytes coupled with all but two pioneering studies  
506 providing the first compelling evidence for mutualistic nutrient exchange between  
507 *Ophioglossum*, *Osmunda* and their fungal symbiont are now paving the way towards an  
508 exciting new era in pteridophyte-fungal association research. Given the key position of  
509 pteridophytes in land plant evolution, a better understanding of the nature and biology of  
510 the interactions between pteridophytes and their fungal symbionts has major implications  
511 for unravelling key events at the dawn of plant terrestrialization and the evolutionary  
512 history of mycorrhizas. Targeted molecular investigations, and functional studies using  
513 isotope tracers coupled with *in vitro* isolation and recolonization experiments will go a long  
514 way toward elucidating the nature and dynamics of these key interactions. Turning to  
515 model organisms, current cryptogam model organisms with the exception of the hornwort  
516 *Anthoceros agrestis* (and extending to the seed plants—see *Arabidopsis*) are unsuitable for  
517 mycorrhizal research, given that they are all asymbiotic. We propose the fern *Anogramma*  
518 *leptophylla* and the lycophyte *Lycopodiella inundata* as more suitable alternatives.

519

## 520 **Acknowledgements**

521 The authors thank Allison Paul and Harald Schneider for invaluable advice on pteridophyte  
522 taxonomy and anatomy and the Leverhulme Trust and Natural Environment Research  
523 Council,UK for financial support.

524

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926

927 **Figure legends**

928

929 **Fig. 1. a, b,** Semi-thin sections of the fungal zone of the chlorophyllous surface living  
930 gametophyte of *Lycopodiella cernua*; **(a)** intracellular hyphal coils; **(b)** hyphae (arrowed) in  
931 the mucilage-filled intracellular spaces. **c, d,** Transmission electron micrographs of a  
932 *Psilotum nudum* rhizome showing waves of fungal colonisation. V, vesicle; D, degraded  
933 hyphal masses; and, arrowed, fine coiled hyphae. **e, f,** Scanning electron micrographs of  
934 *Botrychium virginianum* root showing fungal zone in the cortex (arrowed in e) and  
935 intracellular hyphal coils (f). Scale bars: 500  $\mu\text{m}$  (e); 50  $\mu\text{m}$  (a, f); 20  $\mu\text{m}$  (b, c); 10  $\mu\text{m}$  (d).

936

937 **Fig. 2. a, b,** Light micrographs of living root apices of **(a)** *Schizaea dichotoma* and **(b)**  
938 *Hymenophyllum tanbrigense*. Note the fungus-free rhizoids of these wiry roots. In (b) arrow  
939 points to a mucilage papilla. **c, d,** Semi-thin sections of the overwintering tuber of  
940 *Anogramma leptophylla*: (c) peripheral cells packed with mucoromycete symbionts; (d)  
941 central cells packed with lipid reserves and lacking fungal colonisation. Scale bars: 500  $\mu\text{m}$   
942 (a); 200  $\mu\text{m}$  (b); 20  $\mu\text{m}$  (c, d).

943

944 **Fig. 3.** Phylogram (after Knie et al., 2015) showing the distribution of mutualistic fungal  
945 associations in pteridophytes. Note the increasing uncertainty ascending the tree. At  
946 present Mucoromycotina fungi are only known from *Lycopodium* sporophytes and  
947 *Anogramma*, both generations.