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**Onset of the aerobic nitrogen cycle during the Great Oxidation Event**

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28           **The rise of oxygen on early Earth (~2.4 Ga ago)<sup>1</sup> caused a reorganization of**  
29 **marine nutrient cycles<sup>2,3</sup>, including that of nitrogen, which is important for controlling**  
30 **global primary productivity. However, current geochemical records lack the temporal**  
31 **resolution to directly address the nature and timing of the biogeochemical response to**  
32 **oxygenation<sup>4</sup>. Here we couple records of ocean redox chemistry with nitrogen isotope**  
33 **( $\delta^{15}\text{N}$ ) values from ~2.31 billion-year-old shales<sup>5</sup> of the Rooihogte and Timeball Hill**  
34 **formations in South Africa deposited during the early stages of Earth's first rise in**  
35 **atmospheric oxygen<sup>6</sup>. Our data fill a ~400 million-year gap in the temporal  $\delta^{15}\text{N}$  record<sup>4</sup>**  
36 **and provide evidence for the first pervasive aerobic marine nitrogen cycle. The**  
37 **interpretation of our nitrogen isotope data in the context of Fe speciation and carbon**  
38 **isotope data suggests biogeochemical cycling across a dynamic redox boundary, with**  
39 **primary productivity fuelled by chemoautotrophic production and a nitrogen cycle**  
40 **dominated by nitrogen loss processes utilizing newly available marine oxidants. This**  
41 **chemostratigraphic trend constrains the onset of widespread nitrate availability**  
42 **associated with ocean oxygenation. The rise of marine nitrate could have allowed for the**  
43 **rapid diversification and proliferation of nitrate-utilizing cyanobacteria and,**  
44 **potentially, eukaryotic phytoplankton.**

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48 Nitrogen (N) is an essential element for all living organisms, required alongside  
49 carbon (C) and phosphorus (P) for the formation of nucleic acids and proteins. As a result, N  
50 and P are the principal limiting nutrients controlling autotrophic CO<sub>2</sub> fixation, which in turn  
51 regulates climate, weathering, and the redox state of Earth's surface on geologic timescales.

52 The marine nitrogen cycle is driven largely by biological processes. The primary  
53 source of N to the biosphere is nitrogen fixation, the conversion of atmospheric N<sub>2</sub> to organic  
54 nitrogen in its bioavailable form (ammonium, NH<sub>4</sub><sup>+</sup>). In the modern oceans, ammonium is  
55 oxidized via the stepwise process of nitrification, producing nitrite (NO<sub>2</sub><sup>-</sup>) and nitrate (NO<sub>3</sub><sup>-</sup>).  
56 Nitrate (and nitrite) can be assimilated into organic matter, by both oxygenic  
57 photoautotrophic bacteria (cyanobacteria) and eukaryotic phytoplankton. Fixed nitrogen is  
58 mostly recycled in the water column, but some sinks to the sediments where it is buried  
59 and/or remineralized. Some bioavailable nitrogen in the modern oceans is returned to the  
60 atmosphere as N<sub>2</sub> via denitrification (the reduction of NO<sub>3</sub><sup>-</sup>) and anaerobic ammonium  
61 oxidation (anammox, the oxidation of NH<sub>4</sub><sup>+</sup> with NO<sub>2</sub><sup>-</sup>) in oxygen-minimum zones<sup>7</sup>.

62 Each of these transformations can affect the ratio of nitrogen isotopes ( $\delta^{15}\text{N} =$   
63  $(^{15}\text{N}/^{14}\text{N})_{\text{sample}} / (^{15}\text{N}/^{14}\text{N})_{\text{atmospheric N}_2} - 1$ , measured in permil, ‰), producing fractionations  
64 between reactant and product N species<sup>8</sup>. Nitrogen fixation produces small negative  
65 fractionations from atmospheric N<sub>2</sub>, resulting in organic  $\delta^{15}\text{N}$  values of -4 to 0‰<sup>9</sup>.  
66 Denitrification and anammox preferentially return the lighter isotope to the atmosphere,  
67 leaving the residual nitrate and nitrite enriched in <sup>15</sup>N by 10-25‰<sup>8,10</sup>. Large fractionations can  
68 also be produced by nitrification and biological assimilation<sup>11</sup> (and possibly by dissimilatory  
69 nitrate reduction to ammonium<sup>12</sup>). However, these fractionations are not expressed in most  
70 modern environments, since nitrification and the recycling of fixed N compounds occur  
71 rapidly and nearly quantitatively. Hence, nitrogen loss via denitrification and anammox  
72 dominates the modern nitrogen isotope signal, resulting in sedimentary organic matter with

73 average  $\delta^{15}\text{N}$  values of 7‰<sup>13</sup>, due to the uptake of  $^{15}\text{N}$ -enriched residual nitrate by primary  
74 producers.

75 Beaumont and Robert<sup>2</sup> were the first to suggest a secular trend in the nitrogen isotope  
76 values of organic N for Archean and early Proterozoic sediments. They noted that the  $\delta^{15}\text{N}$  of  
77 kerogen in Archean cherts centered at ~0‰ (ranging from -6 to +13‰), while the  $\delta^{15}\text{N}$  of  
78 early Proterozoic kerogens centered at ~5‰, with a total range similar to that in Phanerozoic  
79 sediments (~0 to 10‰) (Fig. 1). Our statistical treatment of the temporal  $\delta^{15}\text{N}$  record  
80 (Extended Data Fig. 1) alongside more recent compilations<sup>14</sup> supports this shift, which occurs  
81 broadly coeval with the Great Oxidation Event (GOE) from 2.45-2.32 billion-years-ago  
82 (Ga)<sup>1,15</sup>, although its precise timing remains poorly constrained. As such, the secular rise in  
83  $\delta^{15}\text{N}$  is commonly interpreted to reflect the transition from an anaerobic nitrogen cycle  
84 dominated by reduced N species ( $\text{N}_2$  and  $\text{NH}_4^+$ ), to a modern-style aerobic nitrogen cycle  
85 with nitrate as a significant component of dissolved inorganic nitrogen. Small (~2 to 5‰)  
86 positive excursions in  $\delta^{15}\text{N}$  within older (~2.6-2.5 Ga) sedimentary rocks have been  
87 interpreted to represent the temporary onsets of nitrification/denitrification during transient or  
88 localized oxygenation events, which were apparently not sufficiently widespread or long-  
89 lived for the signal to persist<sup>16,17</sup>. Alternatively, these small and short-lived positive shifts in  
90  $\delta^{15}\text{N}$  recorded exclusively in deep-water facies could reflect the incorporation of  $^{15}\text{N}$ -enriched  
91  $\text{NH}_4^+$  produced by partial nitrification, assimilation of  $^{15}\text{N}$ -depleted  $\text{NH}_4^+$  in shallow waters,  
92 or nitrogen redox cycling independent of surface oxygenation<sup>4,18,19</sup>. To date, however, no  
93 records of contemporaneous shallow-water sediments linked directly to records of ocean or  
94 atmospheric oxygenation have been available to test these alternatives.

95 Here we examine the response of the nitrogen cycle to changing atmosphere and  
96 ocean redox conditions during deposition of ~2.31 Ga siliciclastic rocks, filling a ~400  
97 million-year gap in the temporal  $\delta^{15}\text{N}$  record (Fig. 1), in sediments contemporaneous with the

98 early stages of the GOE. We focus our analyses on the Rooihogte and Timeball Hill (R-TH)  
99 formations, present in drill core EBA-2 in the Potchefstroom Synclinorium, South Africa  
100 (Extended Data Fig. 2 and 3). The R-TH form the basal part of the Pretoria Group in the  
101 Transvaal basin, and were deposited on a palaeo-delta slope open to the ocean<sup>1</sup>. U-Pb zircon  
102 ages for the tuffs in the lower TH give an age of  $2.310 \pm 0.009$  Ga<sup>5</sup>. Atmospheric oxygen  
103 content is constrained by the transition from mass-independent to mass-dependent  
104 fractionation of sulfur isotopes recently placed within shales of the Rooihogte Formation<sup>6</sup>  
105 (Fig. 2), indicating a rise in atmospheric O<sub>2</sub> levels to greater than 1 ppm<sup>20</sup>.  $\delta^{34}\text{S}$  data for  
106 sedimentary sulfides in the R-TH also indicate a significant rise in seawater sulfate<sup>1,6</sup>,  
107 consistent with an increase in oxidative weathering of sulfide minerals on the continents.  
108 Additional sample information and discussion of post-depositional alteration is available in  
109 the Methods and Extended Data Figures 4 and 5.

110 We used a well-established sequential iron extraction technique<sup>21</sup> (the ratio of highly  
111 reactive to total Fe,  $\text{Fe}_{\text{HR}}/\text{Fe}_{\text{T}}$ , and the ratio of Fe in pyrite to highly reactive Fe,  $\text{Fe}_{\text{Py}}/\text{Fe}_{\text{HR}}$ ) to  
112 assess the redox state of the water column during R-TH deposition. Large variations in iron  
113 speciation indicate highly dynamic seawater redox conditions during deposition of the  
114 Rooihogte and the lower ~20 m of the TH formations (Fig. 2), with fluctuations between  
115 oxic, ferruginous (anoxic and Fe(II)-rich), and euxinic (anoxic and sulfide-rich) states. The  
116 rapid changes in water column chemistry suggest that deposition occurred close to a redox  
117 interface (chemocline) between oxygenated surface-waters and anoxic deep-waters that were  
118 episodically driven euxinic, possibly by variations in organic carbon delivery or seawater  
119 sulfate availability. These data also imply the existence of a transiently sulfidic shelf  
120 underlying an oxygenated surface ocean, similar to the redox stratification suggested for the  
121 Late Archean<sup>22</sup>. Fluctuations in Fe speciation records are accompanied by a significant  
122 increase in total organic carbon (from <1 to ~4%) and a decrease in  $\delta^{13}\text{C}_{\text{org}}$  (from -32 to -

123 36‰) across the R-TH boundary (Fig. 2), consistent with chemoautotrophic carbon fixation  
124 at or near a chemocline<sup>23</sup>.

125 The  $\delta^{15}\text{N}$  of both bulk nitrogen,  $\delta^{15}\text{N}_{\text{bulk}}$ , and extracted kerogen,  $\delta^{15}\text{N}_{\text{org}}$ , show a high  
126 degree of variability across this same interval (Fig. 2). When interpreted within the context of  
127 the Fe speciation data, these values are consistent with a marine nitrogen cycle developed  
128 across a dynamic redox boundary.  $\delta^{15}\text{N}$  values of  $6.0 \pm 0.5\text{‰}$  in the lower part of the section  
129 are similar to those of modern marine organic matter<sup>13</sup>, which reflect a nitrogen cycle  
130 dominated by N loss via denitrification and anammox in oxygen minimum zones<sup>24</sup>. Nitrogen  
131 isotope values vary from 1.4 to 12‰ across the R-TH boundary, consistent with a variable  
132 input from similar chemotrophic communities across a shifting redox interface. These  
133 changes could reflect imbalances in ammonium supply and nitrification-denitrification  
134 resulting from periodic upwelling of nutrients and high organic productivity. On a stratified  
135 Paleoproterozoic marine shelf, uptake of ammonium from anoxic deep waters would have  
136 produced  $^{15}\text{N}$ -depleted biomass just below the chemocline. Nitrification with newly available  
137 marine oxidants would have further enriched residual ammonium in  $^{15}\text{N}$  across the redox  
138 interface. Higher  $\delta^{15}\text{N}$  in oxygenated shallow waters could result from the uptake of this  $^{15}\text{N}$ -  
139 enriched ammonium, or by nitrate assimilation once nitrate levels rose high enough to  
140 support partial denitrification. The  $\delta^{15}\text{N}$  stabilizes at near modern values ( $7.2 \pm 1.0\text{‰}$ ) up-  
141 section in the lower TH, in association with Fe speciation data indicative of the onset of  
142 pervasively oxygenated shallower water conditions. Oxygenation of surface waters would  
143 have supported widespread nitrification and further enhanced nitrate availability.

144 Notably, within the context of the global  $\delta^{15}\text{N}$  record (Fig. 1), the R-TH succession  
145 records the first clear evidence for a long-lived aerobic nitrogen cycle in the sedimentary  
146 record. The ~2.31 Ga R-TH section, deposited at the heart of the GOE and coincident with  
147 the permanent loss of mass independent S isotope fractionation<sup>6</sup>, is bracketed by evidence for

148 only transient aerobic nitrogen cycling in older sediments (from ~2.7 to 2.5 Ga<sup>16,17,19</sup>), and  
149 the clear isotopic imprint of aerobic nitrogen cycling in records from younger sediments  
150 deposited after ~2.0 Ga<sup>25-28</sup>, as confirmed by statistical analysis of the global database  
151 (Extended Data Fig. 1). Available data suggests that earlier transient oxygenation events were  
152 insufficient to establish the modern nitrogen cycle, as marine nitrate was not pervasive in the  
153 oceans before the GOE<sup>16,17</sup>. In addition,  $\delta^{15}\text{N}$  values > 2‰ are typical for the remainder of the  
154 Precambrian record (Fig. 1), indicating that aerobic nitrogen cycling became at least locally  
155 widespread enough to impart a long-lived isotopic imprint on marine  $\delta^{15}\text{N}$  during the GOE.

156         The build-up of a significant marine nitrate reservoir would have provided an  
157 important evolutionary driver, as prokaryotes and eukaryotic phytoplankton that were able to  
158 utilize nitrate as a primary nutrient source could have diversified to fill this new ecological  
159 niche. The co-occurrence of this event with other geochemical changes indicative of the first  
160 significant oxygenation of Earth's atmosphere provides a crucial constraint on the  
161 surprisingly rapid response time of the global biosphere to this major transition in Earth  
162 surface chemistry.

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242

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248

#### 249 **Author contributions**

250 AZ and SP conceived the study; SP and AB collected the samples; AZ, SP, RN, CM,  
251 and CJ processed samples and performed geochemical analyses; MC provided statistical  
252 analyses of the global database; AZ interpreted the data and wrote the manuscript with input  
253 from all coauthors.

254

#### 255 **Declaration of competing interests**

256 The authors declare no competing financial interests.

257

#### 258 **Figure Legends**

259 Figure 1. Secular trend in sedimentary  $\delta^{15}\text{N}$  over early Earth history, from Farquhar et al.<sup>29</sup>,  
260 with references listed therein. “Mineral N” refers to nitrogen extracted as ammonium from  
261 phyllosilicates. Red and purple data points are from this study, denoting kerogen and bulk  
262 rock analyses, respectively.

263

264 Figure 2. Lithological and geochemical data for core EBA-2, illustrating the R-TH overlying  
265 the Great Chert Breccia (GCB), which developed at the top of the Malmani carbonate  
266 platform. Data include Fe speciation, TOC, and  $\delta^{13}\text{C}_{\text{org}}$  spanning the section.  $\text{Fe}_{\text{py}}/\text{Fe}_{\text{HR}}$  data  
267 are only shown for samples with  $\text{Fe}_{\text{HR}}/\text{Fe}_{\text{T}}$  suggesting anoxic deposition. Inset is a blow-up of  
268  $\delta^{15}\text{N}$  values, alongside TOC and  $\delta^{13}\text{C}_{\text{org}}$ , for the R-TH boundary (red bar). For  $\delta^{15}\text{N}$ , red data  
269 points are extracted kerogen, purple data points are bulk rock N, and empty symbols are

270 nano-EA analyses. For all data, errors are within the size of the symbols. The orange arrows  
271 denote the disappearance of S-MIF in EBA-2<sup>6</sup>.

272

## 273 **METHODS**

### 274 **Statistical analysis of $\delta^{15}\text{N}$ database**

275 Previous studies have utilized age-binned means of the  $\delta^{15}\text{N}$  database over hand-  
276 picked geologic intervals to propose changes in this proxy with time<sup>2,4,14,30</sup>. These studies  
277 have provided a qualitative indication that the  $\delta^{15}\text{N}$  record appears to vary systematically over  
278 geologic time; however, they are not statistically robust, because two samples drawn from a  
279 single population will often express different means due to random noise. A Student's T-test  
280 is a more statistically robust method for determining if two (otherwise normally-distributed)  
281 sample sets are likely to arise from the same population, which is considered the null  
282 hypothesis. We therefore performed 754 independent two-tailed T-tests spanning every  
283 possible time-weighted binning of the  $\delta^{15}\text{N}$  database, assuming unequal variances in the  
284 sample sets. In all but a few cases at the extremes (where the bin sizes of one of the sample  
285 sets were small), the null hypothesis was rejected at greater than 99% confidence and so the  
286 divided sample sets are shown to arise from populations with different means and variances.

287 The sample sets are defined as ranging from the first database entry from the  
288 Proterozoic, at 0.70 Ga, to the entry with the age shown on the horizontal axis of Extended  
289 Data Figure 1, and then from the subsequent entry to our final database entry, with age of  
290 3.80 Ga. Extended Data Figure 1 shows the "false-positive" probability that the two samples  
291 sets arise from populations of the same mean and variance. Using this method, datasets at  
292 2.31 Ga (this study), 2.50 Ga, and 2.70-2.80 Ga are demonstrated to be the most statistically  
293 meaningful pivot-ages which separate the database into distinct samples sets.

294 As discussed in the manuscript, the large number of database entries from ~2.50 Ga  
295 stem from predominantly deep water environments which show small stratigraphic shifts in  
296  $\delta^{15}\text{N}$  interpreted to reflect temporary localized nitrification/denitrification in an otherwise  
297 reducing ocean<sup>16,17,19</sup>. As a result, the global database may be slightly biased toward results  
298 showing an “oxic” nitrogen cycle at this time period. The data presented in this study are  
299 from unequivocally oxic shallow waters, and the statistical analysis confirms that our new  
300 data provide a stronger statistical power in separating the data sets, even given the bias in the  
301 database at 2.50 Ga. As we note in the main text, additional  $\delta^{15}\text{N}$  data from shallow water  
302 depositional environments in this crucial interval are required to test alternative hypotheses.

303 Although beyond the scope of this current study, we additionally note that the most  
304 statistically meaningful separation of the  $\delta^{15}\text{N}$  database occurs when the sample sets are split  
305 between 0.70 – 2.71 Ga and between 2.75– 3.80 Ga. The statistical power for this split is  
306 driven primarily by the predominance of extremely  $^{15}\text{N}$ -enriched  $\delta^{15}\text{N}$  measurements  
307 (upwards of +55‰, dominantly in kerogens) from this time period. The origin of these  
308 extreme values is highly debated, with hypotheses including the onset of partial  
309 nitrification<sup>18</sup>, and effects from ammonia degassing under highly alkaline conditions<sup>31</sup>.  
310 Regardless, it is clear the ~2.70 Ga data do not represent a modern-style aerobic N cycle, as  
311 no such extreme values are seen anywhere in the modern Earth system. These statistical  
312 analyses therefore demonstrate that the nitrogen cycle underwent massive changes in both the  
313 early Neoproterozoic<sup>31</sup> and at the GOE, with the data from this study forming the key pivot point  
314 for the latter.

### 315 **Fe and C analyses**

316 Iron speciation was determined by means of the sequential extraction technique  
317 described in Poulton and Canfield<sup>21</sup>, with a RSD of <5% for all extraction steps. TOC was  
318 measured on a Leco analyzer after decarbonation by treatment with 20% HCl, with a  $1\sigma$  of

319 0.05%.  $\delta^{13}\text{C}_{\text{org}}$  was measured at the SIFIR Laboratory at the University of Manitoba. A  
320 calibration line was calculated by least squares linear regression of analyses of two  
321 international standards (USGS40, USGS41) performed at the beginning, middle and end of  
322 each run. Replicate analyses of international standard USGS Green River shale SGR-1b  
323 ( $\delta^{13}\text{C}_{\text{org}} = -29.3 \pm 0.1\text{‰}$  VPDB) alongside unknown samples yielded the results of  $\delta^{13}\text{C}_{\text{org}} = -$   
324  $29.5 \pm 0.2\text{‰}$  (n=29).

### 325 **Kerogen-N isotope analyses**

326 Kerogen was extracted following a method modified from McKirdy and Powell<sup>32</sup> in  
327 the Geobiology laboratory at the University of St Andrews. Approximately 100-200 mg of  
328 bulk rock powders were decarbonated twice with 10% (v/v) HCl overnight at 40°C in a clean  
329 hood, then transferred to Teflon beakers in a dedicated fume cupboard, where 5mL of 10%  
330 HCl + 2mL of concentrated HF was added and volatilized at 40°C. Residues were rinsed 5x  
331 with Milli-Q water. Chloroform was added to the residue, shaken, and allowed to settle in  
332 separation funnels for ~30 minutes. Heavy minerals that sank to the bottom were first  
333 removed, and then floated kerogen was transferred to a Teflon beaker, dried in a clean hood,  
334 and stored in an anaerobic chamber until analysis. A subset of samples were also extracted  
335 commercially at Global Geolab Ltd, using techniques similar to those above, except that  
336 kerogens were separated out by heavy liquid separation with zinc bromide instead of  
337 chloroform. Repeat extracts of the same sample (all plotted in Fig. 2) had consistent  $\delta^{15}\text{N}_{\text{org}}$   
338 values between labs, generally within 1‰ (Source Data).

339 Kerogen N isotope ratios ( $\delta^{15}\text{N}_{\text{org}}$ ) were measured using a Eurovector 3028HT  
340 elemental analyser fitted with a Costech Zero Blank autosampler coupled to an Isoprime  
341 isotope ratio mass spectrometer, at the University of Leeds. Columns with reagents were  
342 fitted to the EA along with either a high-resolution CN GC column (Elemental Microanalysis  
343 E3037), or a NCH column (Elemental Microanalysis E3001), as below. A magnesium

344 perchlorate-carbosorb trap was used to trap water and CO<sub>2</sub>. The setup was leak checked and  
345 then the combustion and reduction furnaces were heated to operating temperatures and left  
346 purging with He overnight. The combustion furnace was held at 1020°C and the reduction  
347 furnace at 650°C. The GC column was baked at 190°C with He flowing overnight, and then  
348 its temperature was reduced to the normal running temperature (80°C for the NCH column,  
349 and 110°C for the high resolution CN column).

350 Samples were prepared by weighing between 10 and 30 mg of kerogen into 8 x 5 mm  
351 tin cups. These were loaded into the autosampler and purged for at least an hour before  
352 analyses. Upon sealing the autosampler chamber and opening it to the main He flow, mass 28  
353 was monitored until it returned to a stable background (less than  $7e^{-11}$  nA). Samples were  
354 combusted in a pulse of pure oxygen (N5.0 grade, BOC, UK) and injected into a stream of  
355 helium (CP grade, BOC, UK). The resulting gases were passed through chromous oxide and  
356 silvered cobaltous oxide, fine copper wires, and a magnesium perchlorate/carbosorb trap  
357 before entering the GC column. The mass 29/28 ratio of the sample N<sub>2</sub> gas was measured  
358 relative to a pulse of pure N<sub>2</sub> (Research grade, BOC, UK) and corrected to the AIR scale  
359 using the USGS-25 and USGS-26 ammonium sulfate standards, with  $\delta^{15}\text{N}_{\text{AIR}}$  values of -  
360 30.1‰ and +53.7‰, respectively. Repeated runs of standard materials during each analytical  
361 session produced standard deviations of the raw  $\delta^{15}\text{N}_{\text{refgas}}$  that were generally between 0.15  
362 and 0.41‰, with the majority  $\leq 0.30\%$ . Data were corrected with bracketing standards using  
363 a simple linear regression equation. Repeats of an in-house yeast standard (7.6 wt% N) gave a  
364 long-term average value of  $-0.8 \pm 0.31\%$  (1 $\sigma$ , 37 runs with both NCH and high-resolution CN  
365 GC columns), with in-run reproducibility always  $\leq 0.2\%$  where 3 or more repeats were  
366 measured during the same analytical session. A sample size test using the same yeast  
367 standard determined that samples producing peak heights of  $< 1\text{nA}$  have larger variability,  
368 approaching the blank  $\delta^{15}\text{N}$  value as their peak height decreased. Repeat analyses of the yeast

369 standard with peak height  $> 1$  nA produced  $\delta^{15}\text{N}_{\text{refgas}}$  values that differed by  $\leq 0.1\%$ .

370 Therefore, analyses that produced peak heights of  $< 1$  nA were discarded in this study.

371 The analysis of organic materials with low concentrations of nitrogen can be  
372 complicated by the production of CO gas (at masses 28 and 29) as a result of incomplete  
373 combustion, which can alter the apparent  $^{15}\text{N}/^{14}\text{N}$  ratio of the sample. We took the following  
374 precautions to ensure that data were not affected by CO production during incomplete  
375 combustion: 1) combustion tests using a low-N organic material (cornflower, 0.07 wt% N);  
376 2) mass 30 monitoring; and, 3) use of NCH column to produce a better separation between  
377 the  $\text{N}_2$  and unwanted CO that might produce a secondary mass 28 peak for samples affected  
378 by partial combustion.

#### 379 **Bulk-rock analyses**

380 A subset of R-TH samples was analysed for bulk rock geochemistry (wt %  $\text{K}_2\text{O}$ ) to  
381 screen for post-depositional alteration at the University of St Andrews, using standard X-ray  
382 fluorescence (with  $1\sigma$  of 0.02 wt%). Bulk nitrogen content (% TN) and bulk  $\delta^{15}\text{N}$  ( $\delta^{15}\text{N}_{\text{bulk}}$ ,  
383 without decarbonation) were measured at the SIFIR Laboratory at the University of  
384 Manitoba. Analyses were performed using a Costech<sup>TM</sup> 4010 Elemental Analyzer (EA) fitted  
385 with a Costech Zero Blank autosampler and coupled to a Thermo Finnigan<sup>TM</sup> Delta V Plus  
386 isotope-ratio mass-spectrometer via an open-split interface (ConFlo III, Thermo Finnigan<sup>TM</sup>).  
387 A magnesium perchlorate-carbosorb trap was placed before the ConFlo III to remove  
388 remaining water and  $\text{CO}_2$ . In order to improve the efficiency of sample combustion,  
389 temperature in the oxidation column was raised to  $1050^\circ\text{C}$ , and a 'macro'  $\text{O}_2$  injection loop  
390 was utilized. The setup was leak checked and then the oxidation and reduction columns were  
391 heated to operating temperatures and left purging with He overnight. The oxidation column  
392 was held at  $1050^\circ\text{C}$  and the reduction column at  $650^\circ\text{C}$ . The  $\sim 3$  m-long stainless steel GC  
393 column was baked at  $100\text{-}110^\circ\text{C}$  with He flowing overnight, and then its temperature was

394 reduced to the normal running temperature (55°C). CO<sub>2</sub> level was monitored during  
395 analytical sessions. Sample normalization was performed using the two-point calibration  
396 described in Coplen *et al.*<sup>33</sup>, by analyzing two international standards (USGS40 and USGS41)  
397 at the beginning, middle, and end of each analytical session. Two certified standards were  
398 additionally analyzed alongside with samples: B2153, soil, % TN = 0.13 ± 0.02%, δ<sup>15</sup>N<sub>air</sub> =  
399 +6.70 ± 0.15‰ (Elemental Microanalysis); and SDO-1, Devonian Ohio Shale, % TN = 0.36  
400 ± 0.01%, δ<sup>15</sup>N<sub>air</sub> = -0.8 ± 0.3‰ (USGS). The data obtained were % TN = 0.14 ± 0.00% and  
401 δ<sup>15</sup>N<sub>air</sub> values of +6.76 ± 0.02‰ (n=3) for B2153, and % TN = 0.37 ± 0.00% and -0.32 ±  
402 0.02‰ (n=3) for SDO-1.

#### 403 **Nano-EA-IRMS analyses**

404 A subset of extracted kerogens and bulk rock powders were also run for δ<sup>15</sup>N by  
405 nano-EA-IRMS at Syracuse University, following methods outlined in Polissar *et al.*<sup>34</sup> The  
406 benefit of this approach is that it is specifically designed for analysis of as little as 0.5 mg of  
407 kerogen and 50 nanomoles of N, thus limiting some of the complications associated with  
408 achieving complete combustion on larger samples. Encapsulated sample powders were  
409 evacuated to remove atmospheric N<sub>2</sub> present in capsule pore space and purged with Ar.  
410 Sample combustion was performed in an Elementar Isotope Cube elemental analyser with  
411 reaction conditions set at 1100°C and 650°C for the oxidation and reduction reactors,  
412 respectively. Oxygen flow was set a 30 ml\*min<sup>-1</sup> and introduced to the helium stream for 90  
413 seconds, initiating when the sample is dropped into the oxidation reactor. The EA is coupled  
414 to an automated cryotrapping system that was build using a modified Elementar TraceGas  
415 analyser. The generated N<sub>2</sub> gas was trapped in a silica gel-filled, stainless steel trap cooled in  
416 liquid N<sub>2</sub>. Following complete collection of the N<sub>2</sub> peak from the high-flow EA, the He flow  
417 through the cryotrap was switched to a lower flow (2 ml\*min<sup>-1</sup>) via actuation of a VICI Valco  
418 6-port valve. The trap was heated and N<sub>2</sub> was released to a room temperature capillary GC-

419 column (JW CarboBOND, 25 m, 0.53 mm ID, 5  $\mu\text{m}$ ), and ultimately to the IRMS. The  
420 Elementar EA traps  $\text{CO}_2$  from combustion in a molecular sieve trap that is released to waste  
421 or to the IRMS directly for  $\delta^{13}\text{C}$  analyses. This ensures that  $\text{CO}_2$  is not trapped in the  $\text{N}_2$   
422 cryotrap and mitigates the potential for neo-formed CO within the ion source. All samples  
423 were run in triplicate and blank-corrected using Keeling-style plots and normalized using the  
424 2pt-correction scheme detailed in Coplen *et al.*<sup>33</sup> Use of Keeling plots allows for simple  
425 estimation of the influence of the  $\text{N}_2$  procedural blank on samples and for high fidelity  
426 measurements of  $\delta^{15}\text{N}$  on the small sample sizes employed. Reproducibility of replicates  
427 analyses of standards [IAEA N1 (0.4‰) and N2 (+20.35‰) and NIST Peach Leaves  
428 (1.98‰)] and samples was  $\pm 0.26\text{‰}$ .

#### 429 **Additional analyses and data fidelity**

430 Nitrogen is preserved in the sedimentary rock record primarily as organic N or as  
431 ammonium substituting for potassium in phyllosilicates<sup>35</sup>. The sedimentary N isotope values  
432 can be modified by a number of post-depositional processes, including diagenesis, burial, and  
433 metamorphism. Therefore, before interpreting sedimentary  $\delta^{15}\text{N}$  data, it is first necessary to  
434 examine the possible impacts of post-depositional alteration on the primary signal. Here we  
435 examine trends in supplementary and bulk-rock data in order to validate our  $\delta^{15}\text{N}$  dataset as  
436 representing a primary signal.

437 Degradation of organic matter during early diagenesis can offset primary  $\delta^{15}\text{N}$  signals  
438 by 2 to 3‰<sup>36</sup>. High-pressure metamorphism does not impart significant  $\delta^{15}\text{N}$  changes<sup>37</sup>,  
439 although high-temperature metamorphism can increase  $\delta^{15}\text{N}$  in ammoniated phyllosilicates  
440 (and possibly  $\text{N}_{\text{org}}$ ; but see Ader *et al.*<sup>38</sup>) due to volatilization of  $^{15}\text{N}$ -depleted nitrogen<sup>35,37</sup>.  
441 Since the R-TH has only experienced lower greenschist facies metamorphism<sup>23</sup>, this  
442 mechanism would be expected to produce at most a 1-2‰ positive shift in  $\delta^{15}\text{N}_{\text{org}}$ . Cross-  
443 plots demonstrate no correlation between % N in kerogen ( $\text{N}_{\text{org}}$ ) and  $\delta^{15}\text{N}_{\text{org}}$  values (Extended

444 Data Fig. 4A), rendering no evidence for metamorphic devolatilization of  $^{15}\text{N}$ -depleted  
445 nitrogen from organics.  $\delta^{15}\text{N}_{\text{bulk}}$  and % total nitrogen (TN) show only a loose positive  
446 correlation (with  $R^2 = 0.34$ ; Extended Data Fig. 5A), in the opposite direction of what would  
447 be expected from significant loss of  $^{15}\text{N}$ -depleted N from whole rocks via devolatilization.  
448 Only a weak negative correlation exists between wt % TOC and  $\delta^{13}\text{C}_{\text{org}}$  ( $R^2 = 0.42$ ; Extended  
449 Data Fig. 4C), also inconsistent with significant devolatilization of  $^{13}\text{C}$ -depleted carbon  
450 during metamorphism. These data indicate that loss of N during metamorphism and deep  
451 burial did not significantly alter the primary  $\delta^{15}\text{N}$  (or  $\delta^{13}\text{C}$ ) values.

452 Nitrogen isotope exchange can occur between rocks and N-containing compounds  
453 when fluids migrate during organic matter maturation<sup>39</sup>. Similar to metamorphism, offset  
454 during thermal maturation generally results from preferential volatilization of  $^{15}\text{N}$ -depleted  
455 nitrogen from organic molecules. The  $\delta^{15}\text{N}$  of the natural gas is highly variable, but can have  
456  $\delta^{15}\text{N}$  as low as  $-12\%$ <sup>40,41</sup>. Nitrogen isotope exchange during fluid migration would tend to  
457 homogenize the isotopic composition of participating N pools, decreasing the isotopic range  
458 within the organic N pool and differences between organic and inorganic N pools<sup>39</sup>. Bulk-  
459 rock  $\delta^{15}\text{N}$  ( $\delta^{15}\text{N}_{\text{bulk}}$ ) covers the measured range of  $\delta^{15}\text{N}_{\text{org}}$ , but are generally more positive  
460 than  $\delta^{15}\text{N}_{\text{org}}$ , inconsistent with complete isotopic homogenization.

461 We observe only a very weak negative correlation between  $\delta^{15}\text{N}_{\text{bulk}}$  and TOC:TN ( $R^2$   
462 = 0.29; Extended Data Fig. 5B), suggesting that some  $^{15}\text{N}$ -enriched ammonium could have  
463 been sorbed onto and/or incorporated into clay minerals in very low-TOC sediments,  
464 presumably during exchange with post-depositional fluids. The % TN (but not  $\delta^{15}\text{N}_{\text{bulk}}$ )  
465 indeed shows a significant positive correlation with %  $\text{K}_2\text{O}$  ( $R^2 = 0.81$ ; Extended Data Fig.  
466 5C), supporting incorporation of N into illites during K-metasomatism; however, there is no  
467 correlation between  $\delta^{15}\text{N}_{\text{bulk}}$  and %  $\text{K}_2\text{O}$  ( $R^2 = 0.10$ ; Extended Data Fig. 5D), suggesting that  
468 this exchange did not significantly affect bulk  $\delta^{15}\text{N}$  values.

469

470 **Data Availability Statement**

471 All data generated or analysed during this study are included as source data in this  
472 published article.

473

474 **Extended Data Legends**

475 Extended Data Figure 1. Results from statistical analysis of the  $\delta^{15}\text{N}$  database, as detailed in  
476 the Methods.

477

478 Extended Data Figure 2. Stratigraphic context for the Rooihoogte and Timeball Hill  
479 formations within the Eastern Transvaal basin, South Africa, and associated ages. “MIF”  
480 denotes the disappearance of the mass independent fractionation of sulfur isotopes in the  
481 underlying Duitschland Formation (now known to reappear in the Rooihoogte Formation<sup>6</sup>).  
482 Modified from Rasmussen *et al.*<sup>5</sup>.

483

484 Extended Data Figure 3. Simplified geologic map of the Transvaal Supergroup outcrop area  
485 (modified from Guo *et al.*<sup>42</sup>), showing the location of drill-core EBA-2. The core is currently  
486 stored at the National Core Library at Donkerhoek, which is managed by the Council for  
487 Geoscience in South Africa.

488

489 Extended Data Figure 4. Cross-plots of kerogen N abundance (%  $\text{N}_{\text{org}}$ ) and  $\delta^{15}\text{N}$  ( $\delta^{15}\text{N}_{\text{org}}$ , in  
490 ‰), total organic carbon (% TOC) and organic  $\delta^{13}\text{C}$  ( $\delta^{13}\text{C}_{\text{org}}$ , in ‰). For all datapoints, errors  
491 are within the size of the symbols.

492

493 Extended Data Figure 5. Cross-plots of bulk-rock data, including A. bulk-rock  $\delta^{15}\text{N}$  ( $\delta^{15}\text{N}_{\text{bulk}}$ ,  
494 in ‰) versus total nitrogen (% TN), B.  $\delta^{15}\text{N}_{\text{bulk}}$  versus TOC:TN atomic ratios, C. % TN  
495 versus  $\text{K}_2\text{O}$  content (%), and D.  $\delta^{15}\text{N}_{\text{bulk}}$  versus  $\text{K}_2\text{O}$  content. For all datapoints, errors are  
496 within the size of the symbols.

497

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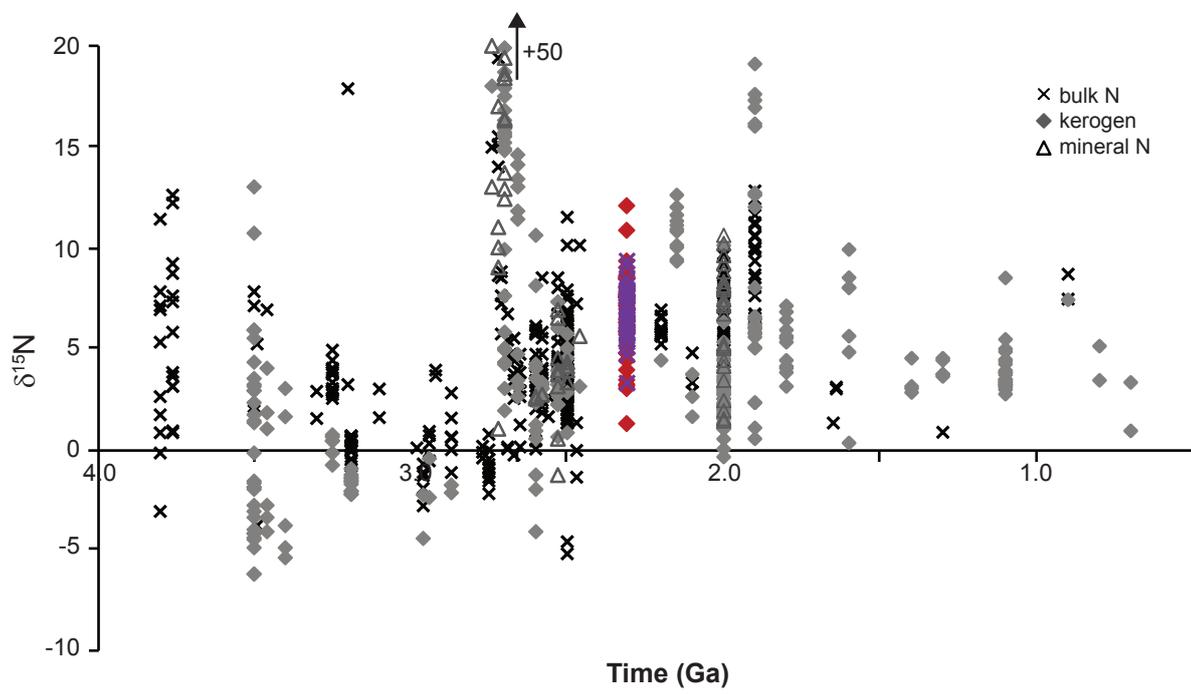
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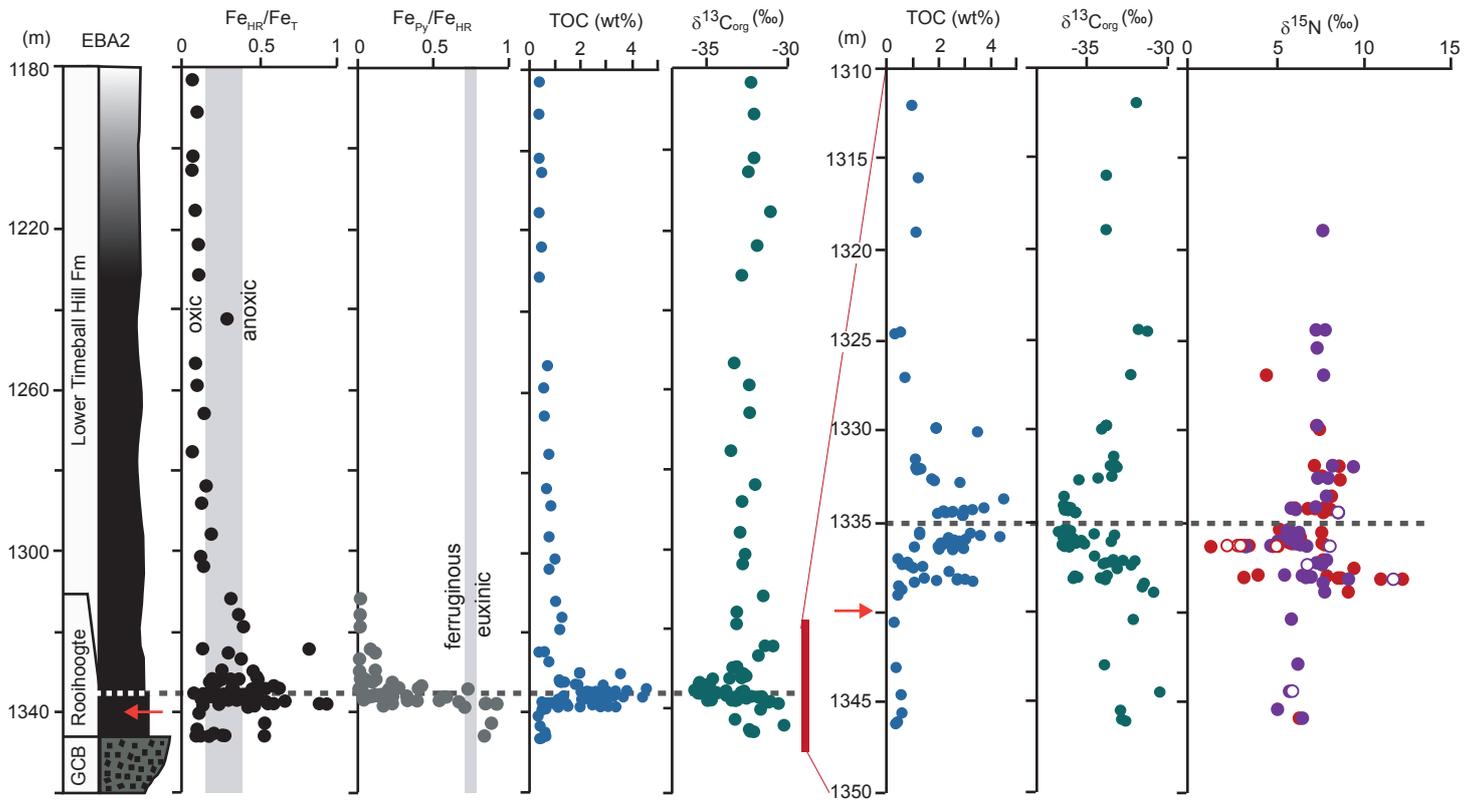
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KEY:  chert breccia  black shale to siltstone