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4 **Onset of the aerobic nitrogen cycle during the Great Oxidation Event**

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28 The rise of oxygen on early Earth (~2.4 Ga ago)¹ caused a reorganization of
29 marine nutrient cycles^{2,3}, including that of nitrogen, which is important for controlling
30 global primary productivity. However, current geochemical records lack the temporal
31 resolution to directly address the nature and timing of the biogeochemical response to
32 oxygenation⁴. Here we couple records of ocean redox chemistry with nitrogen isotope
33 ($\delta^{15}\text{N}$) values from ~2.31 billion-year-old shales⁵ of the Rooihoogte and Timeball Hill
34 formations in South Africa deposited during the early stages of Earth's first rise in
35 atmospheric oxygen⁶. Our data fill a ~400 million-year gap in the temporal $\delta^{15}\text{N}$ record⁴
36 and provide evidence for the first pervasive aerobic marine nitrogen cycle. The
37 interpretation of our nitrogen isotope data in the context of Fe speciation and carbon
38 isotope data suggests biogeochemical cycling across a dynamic redox boundary, with
39 primary productivity fuelled by chemoautotrophic production and a nitrogen cycle
40 dominated by nitrogen loss processes utilizing newly available marine oxidants. This
41 chemostratigraphic trend constrains the onset of widespread nitrate availability
42 associated with ocean oxygenation. The rise of marine nitrate could have allowed for the
43 rapid diversification and proliferation of nitrate-utilizing cyanobacteria and,
44 potentially, eukaryotic phytoplankton.

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48 Nitrogen (N) is an essential element for all living organisms, required alongside
49 carbon (C) and phosphorus (P) for the formation of nucleic acids and proteins. As a result, N
50 and P are the principal limiting nutrients controlling autotrophic CO₂ fixation, which in turn
51 regulates climate, weathering, and the redox state of Earth's surface on geologic timescales.

52 The marine nitrogen cycle is driven largely by biological processes. The primary
53 source of N to the biosphere is nitrogen fixation, the conversion of atmospheric N₂ to organic
54 nitrogen in its bioavailable form (ammonium, NH₄⁺). In the modern oceans, ammonium is
55 oxidized via the stepwise process of nitrification, producing nitrite (NO₂⁻) and nitrate (NO₃⁻).
56 Nitrate (and nitrite) can be assimilated into organic matter, by both oxygenic
57 photoautotrophic bacteria (cyanobacteria) and eukaryotic phytoplankton. Fixed nitrogen is
58 mostly recycled in the water column, but some sinks to the sediments where it is buried
59 and/or remineralized. Some bioavailable nitrogen in the modern oceans is returned to the
60 atmosphere as N₂ via denitrification (the reduction of NO₃⁻) and anaerobic ammonium
61 oxidation (anammox, the oxidation of NH₄⁺ with NO₂⁻) in oxygen-minimum zones⁷.

62 Each of these transformations can affect the ratio of nitrogen isotopes ($\delta^{15}\text{N} =$
63 $(^{15}\text{N}/^{14}\text{N})_{\text{sample}} / (^{15}\text{N}/^{14}\text{N})_{\text{atmospheric N2}} - 1$, measured in permil, ‰), producing fractionations
64 between reactant and product N species⁸. Nitrogen fixation produces small negative
65 fractionations from atmospheric N₂, resulting in organic $\delta^{15}\text{N}$ values of -4 to 0‰⁹.
66 Denitrification and anammox preferentially return the lighter isotope to the atmosphere,
67 leaving the residual nitrate and nitrite enriched in ¹⁵N by 10-25‰^{8,10}. Large fractionations can
68 also be produced by nitrification and biological assimilation¹¹ (and possibly by dissimilatory
69 nitrate reduction to ammonium¹²). However, these fractionations are not expressed in most
70 modern environments, since nitrification and the recycling of fixed N compounds occur
71 rapidly and nearly quantitatively. Hence, nitrogen loss via denitrification and anammox
72 dominates the modern nitrogen isotope signal, resulting in sedimentary organic matter with

73 average $\delta^{15}\text{N}$ values of 7‰¹³, due to the uptake of ^{15}N -enriched residual nitrate by primary
74 producers.

75 Beaumont and Robert² were the first to suggest a secular trend in the nitrogen isotope
76 values of organic N for Archean and early Proterozoic sediments. They noted that the $\delta^{15}\text{N}$ of
77 kerogen in Archean cherts centered at ~0‰ (ranging from -6 to +13‰), while the $\delta^{15}\text{N}$ of
78 early Proterozoic kerogens centered at ~5‰, with a total range similar to that in Phanerozoic
79 sediments (~0 to 10‰) (Fig. 1). Our statistical treatment of the temporal $\delta^{15}\text{N}$ record
80 (Extended Data Fig. 1) alongside more recent compilations¹⁴ supports this shift, which occurs
81 broadly coeval with the Great Oxidation Event (GOE) from 2.45-2.32 billion-years-ago
82 (Ga)^{1,15}, although its precise timing remains poorly constrained. As such, the secular rise in
83 $\delta^{15}\text{N}$ is commonly interpreted to reflect the transition from an anaerobic nitrogen cycle
84 dominated by reduced N species (N_2 and NH_4^+), to a modern-style aerobic nitrogen cycle
85 with nitrate as a significant component of dissolved inorganic nitrogen. Small (~2 to 5‰)
86 positive excursions in $\delta^{15}\text{N}$ within older (~2.6-2.5 Ga) sedimentary rocks have been
87 interpreted to represent the temporary onsets of nitrification/denitrification during transient or
88 localized oxygenation events, which were apparently not sufficiently widespread or long-
89 lived for the signal to persist^{16,17}. Alternatively, these small and short-lived positive shifts in
90 $\delta^{15}\text{N}$ recorded exclusively in deep-water facies could reflect the incorporation of ^{15}N -enriched
91 NH_4^+ produced by partial nitrification, assimilation of ^{15}N -depleted NH_4^+ in shallow waters,
92 or nitrogen redox cycling independent of surface oxygenation^{4,18,19}. To date, however, no
93 records of contemporaneous shallow-water sediments linked directly to records of ocean or
94 atmospheric oxygenation have been available to test these alternatives.

95 Here we examine the response of the nitrogen cycle to changing atmosphere and
96 ocean redox conditions during deposition of ~2.31 Ga siliciclastic rocks, filling a ~400
97 million-year gap in the temporal $\delta^{15}\text{N}$ record (Fig. 1), in sediments contemporaneous with the

98 early stages of the GOE. We focus our analyses on the Rooihoogte and Timeball Hill (R-TH)
99 formations, present in drill core EBA-2 in the Potchefstroom Synclinorium, South Africa
100 (Extended Data Fig. 2 and 3). The R-TH form the basal part of the Pretoria Group in the
101 Transvaal basin, and were deposited on a palaeo-delta slope open to the ocean¹. U-Pb zircon
102 ages for the tuffs in the lower TH give an age of 2.310 ± 0.009 Ga⁵. Atmospheric oxygen
103 content is constrained by the transition from mass-independent to mass-dependent
104 fractionation of sulfur isotopes recently placed within shales of the Rooihoogte Formation⁶
105 (Fig. 2), indicating a rise in atmospheric O₂ levels to greater than 1 ppm²⁰. $\delta^{34}\text{S}$ data for
106 sedimentary sulfides in the R-TH also indicate a significant rise in seawater sulfate^{1,6},
107 consistent with an increase in oxidative weathering of sulfide minerals on the continents.
108 Additional sample information and discussion of post-depositional alteration is available in
109 the Methods and Extended Data Figures 4 and 5.

110 We used a well-established sequential iron extraction technique²¹ (the ratio of highly
111 reactive to total Fe, $\text{Fe}_{\text{HR}}/\text{Fe}_{\text{T}}$, and the ratio of Fe in pyrite to highly reactive Fe, $\text{Fe}_{\text{Py}}/\text{Fe}_{\text{HR}}$) to
112 assess the redox state of the water column during R-TH deposition. Large variations in iron
113 speciation indicate highly dynamic seawater redox conditions during deposition of the
114 Rooihoogte and the lower ~20 m of the TH formations (Fig. 2), with fluctuations between
115 oxic, ferruginous (anoxic and Fe(II)-rich), and euxinic (anoxic and sulfide-rich) states. The
116 rapid changes in water column chemistry suggest that deposition occurred close to a redox
117 interface (chemocline) between oxygenated surface-waters and anoxic deep-waters that were
118 episodically driven euxinic, possibly by variations in organic carbon delivery or seawater
119 sulfate availability. These data also imply the existence of a transiently sulfidic shelf
120 underlying an oxygenated surface ocean, similar to the redox stratification suggested for the
121 Late Archean²². Fluctuations in Fe speciation records are accompanied by a significant
122 increase in total organic carbon (from <1 to ~4%) and a decrease in $\delta^{13}\text{C}_{\text{org}}$ (from -32 to -

123 36‰) across the R-TH boundary (Fig. 2), consistent with chemoautotrophic carbon fixation
124 at or near a chemocline²³.

125 The $\delta^{15}\text{N}$ of both bulk nitrogen, $\delta^{15}\text{N}_{\text{bulk}}$, and extracted kerogen, $\delta^{15}\text{N}_{\text{org}}$, show a high
126 degree of variability across this same interval (Fig. 2). When interpreted within the context of
127 the Fe speciation data, these values are consistent with a marine nitrogen cycle developed
128 across a dynamic redox boundary. $\delta^{15}\text{N}$ values of $6.0 \pm 0.5\text{‰}$ in the lower part of the section
129 are similar to those of modern marine organic matter¹³, which reflect a nitrogen cycle
130 dominated by N loss via denitrification and anammox in oxygen minimum zones²⁴. Nitrogen
131 isotope values vary from 1.4 to 12‰ across the R-TH boundary, consistent with a variable
132 input from similar chemotrophic communities across a shifting redox interface. These
133 changes could reflect imbalances in ammonium supply and nitrification-denitrification
134 resulting from periodic upwelling of nutrients and high organic productivity. On a stratified
135 Paleoproterozoic marine shelf, uptake of ammonium from anoxic deep waters would have
136 produced ^{15}N -depleted biomass just below the chemocline. Nitrification with newly available
137 marine oxidants would have further enriched residual ammonium in ^{15}N across the redox
138 interface. Higher $\delta^{15}\text{N}$ in oxygenated shallow waters could result from the uptake of this ^{15}N -
139 enriched ammonium, or by nitrate assimilation once nitrate levels rose high enough to
140 support partial denitrification. The $\delta^{15}\text{N}$ stabilizes at near modern values ($7.2 \pm 1.0\text{‰}$) up-
141 section in the lower TH, in association with Fe speciation data indicative of the onset of
142 pervasively oxygenated shallower water conditions. Oxygenation of surface waters would
143 have supported widespread nitrification and further enhanced nitrate availability.

144 Notably, within the context of the global $\delta^{15}\text{N}$ record (Fig. 1), the R-TH succession
145 records the first clear evidence for a long-lived aerobic nitrogen cycle in the sedimentary
146 record. The ~2.31 Ga R-TH section, deposited at the heart of the GOE and coincident with
147 the permanent loss of mass independent S isotope fractionation⁶, is bracketed by evidence for

148 only transient aerobic nitrogen cycling in older sediments (from ~2.7 to 2.5 Ga^{16,17,19}), and
149 the clear isotopic imprint of aerobic nitrogen cycling in records from younger sediments
150 deposited after ~2.0 Ga²⁵⁻²⁸, as confirmed by statistical analysis of the global database
151 (Extended Data Fig. 1). Available data suggests that earlier transient oxygenation events were
152 insufficient to establish the modern nitrogen cycle, as marine nitrate was not pervasive in the
153 oceans before the GOE^{16,17}. In addition, $\delta^{15}\text{N}$ values $> 2\text{\textperthousand}$ are typical for the remainder of the
154 Precambrian record (Fig. 1), indicating that aerobic nitrogen cycling became at least locally
155 widespread enough to impart a long-lived isotopic imprint on marine $\delta^{15}\text{N}$ during the GOE.

156 The build-up of a significant marine nitrate reservoir would have provided an
157 important evolutionary driver, as prokaryotes and eukaryotic phytoplankton that were able to
158 utilize nitrate as a primary nutrient source could have diversified to fill this new ecological
159 niche. The co-occurrence of this event with other geochemical changes indicative of the first
160 significant oxygenation of Earth's atmosphere provides a crucial constraint on the
161 surprisingly rapid response time of the global biosphere to this major transition in Earth
162 surface chemistry.

163

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242

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247 materials, and Misuk Yun for assistance with stable isotope analyses at U. Manitoba.

248

249 **Author contributions**

250 AZ and SP conceived the study; SP and AB collected the samples; AZ, SP, RN, CM,
251 and CJ processed samples and performed geochemical analyses; MC provided statistical
252 analyses of the global database; AZ interpreted the data and wrote the manuscript with input
253 from all coauthors.

254

255 **Declaration of competing interests**

256 The authors declare no competing financial interests.

257

258 **Figure Legends**

259 Figure 1. Secular trend in sedimentary $\delta^{15}\text{N}$ over early Earth history, from Farquhar et al.²⁹,
260 with references listed therein. “Mineral N” refers to nitrogen extracted as ammonium from
261 phyllosilicates. Red and purple data points are from this study, denoting kerogen and bulk
262 rock analyses, respectively.

263

264 Figure 2. Lithological and geochemical data for core EBA-2, illustrating the R-TH overlying
265 the Great Chert Breccia (GCB), which developed at the top of the Malmani carbonate
266 platform. Data include Fe speciation, TOC, and $\delta^{13}\text{C}_{\text{org}}$ spanning the section. $\text{Fe}_{\text{Py}}/\text{Fe}_{\text{HR}}$ data
267 are only shown for samples with $\text{Fe}_{\text{HR}}/\text{Fe}_{\text{T}}$ suggesting anoxic deposition. Inset is a blow-up of
268 $\delta^{15}\text{N}$ values, alongside TOC and $\delta^{13}\text{C}_{\text{org}}$, for the R-TH boundary (red bar). For $\delta^{15}\text{N}$, red data
269 points are extracted kerogen, purple data points are bulk rock N, and empty symbols are

270 nano-EA analyses. For all data, errors are within the size of the symbols. The orange arrows
271 denote the disappearance of S-MIF in EBA-2⁶.

272

273 **METHODS**

274 **Statistical analysis of $\delta^{15}\text{N}$ database**

275 Previous studies have utilized age-binned means of the $\delta^{15}\text{N}$ database over hand-
276 picked geologic intervals to propose changes in this proxy with time^{2,4,14,30}. These studies
277 have provided a qualitative indication that the $\delta^{15}\text{N}$ record appears to vary systematically over
278 geologic time; however, they are not statistically robust, because two samples drawn from a
279 single population will often express different means due to random noise. A Student's T-test
280 is a more statistically robust method for determining if two (otherwise normally-distributed)
281 sample sets are likely to arise from the same population, which is considered the null
282 hypothesis. We therefore performed 754 independent two-tailed T-tests spanning every
283 possible time-weighted binning of the $\delta^{15}\text{N}$ database, assuming unequal variances in the
284 sample sets. In all but a few cases at the extremes (where the bin sizes of one of the sample
285 sets were small), the null hypothesis was rejected at greater than 99% confidence and so the
286 divided sample sets are shown to arise from populations with different means and variances.

287 The sample sets are defined as ranging from the first database entry from the
288 Proterozoic, at 0.70 Ga, to the entry with the age shown on the horizontal axis of Extended
289 Data Figure 1, and then from the subsequent entry to our final database entry, with age of
290 3.80 Ga. Extended Data Figure 1 shows the “false-positive” probability that the two samples
291 sets arise from populations of the same mean and variance. Using this method, datasets at
292 2.31 Ga (this study), 2.50 Ga, and 2.70-2.80 Ga are demonstrated to be the most statistically
293 meaningful pivot-ages which separate the database into distinct samples sets.

294 As discussed in the manuscript, the large number of database entries from ~2.50 Ga
295 stem from predominantly deep water environments which show small stratigraphic shifts in
296 $\delta^{15}\text{N}$ interpreted to reflect temporary localized nitrification/denitrification in an otherwise
297 reducing ocean^{16,17,19}. As a result, the global database may be slightly biased toward results
298 showing an “oxic” nitrogen cycle at this time period. The data presented in this study are
299 from unequivocally oxic shallow waters, and the statistical analysis confirms that our new
300 data provide a stronger statistical power in separating the data sets, even given the bias in the
301 database at 2.50 Ga. As we note in the main text, additional $\delta^{15}\text{N}$ data from shallow water
302 depositional environments in this crucial interval are required to test alternative hypotheses.

303 Although beyond the scope of this current study, we additionally note that the most
304 statistically meaningful separation of the $\delta^{15}\text{N}$ database occurs when the sample sets are split
305 between 0.70 – 2.71 Ga and between 2.75– 3.80 Ga. The statistical power for this split is
306 driven primarily by the predominance of extremely ^{15}N -enriched $\delta^{15}\text{N}$ measurements
307 (upwards of +55‰, dominantly in kerogens) from this time period. The origin of these
308 extreme values is highly debated, with hypotheses including the onset of partial
309 nitrification¹⁸, and effects from ammonia degassing under highly alkaline conditions³¹.

310 Regardless, it is clear the ~2.70 Ga data do not represent a modern-style aerobic N cycle, as
311 no such extreme values are seen anywhere in the modern Earth system. These statistical
312 analyses therefore demonstrate that the nitrogen cycle underwent massive changes in both the
313 early Neoarchean³¹ and at the GOE, with the data from this study forming the key pivot point
314 for the latter.

315 **Fe and C analyses**

316 Iron speciation was determined by means of the sequential extraction technique
317 described in Poulton and Canfield²¹, with a RSD of <5% for all extraction steps. TOC was
318 measured on a Leco analyzer after decarbonation by treatment with 20% HCl, with a 1σ of

319 $\delta^{13}\text{C}_{\text{org}}$ was measured at the SIFIR Laboratory at the University of Manitoba. A
320 calibration line was calculated by least squares linear regression of analyses of two
321 international standards (USGS40, USGS41) performed at the beginning, middle and end of
322 each run. Replicate analyses of international standard USGS Green River shale SGR-1b
323 ($\delta^{13}\text{C}_{\text{org}} = -29.3 \pm 0.1\text{\textperthousand}$ VPDB) alongside unknown samples yielded the results of $\delta^{13}\text{C}_{\text{org}} = -$
324 $29.5 \pm 0.2\text{\textperthousand}$ (n=29).

325 **Kerogen-N isotope analyses**

326 Kerogen was extracted following a method modified from McKirdy and Powell³² in
327 the Geobiology laboratory at the University of St Andrews. Approximately 100-200 mg of
328 bulk rock powders were decarbonated twice with 10% (v/v) HCl overnight at 40°C in a clean
329 hood, then transferred to Teflon beakers in a dedicated fume cupboard, where 5mL of 10%
330 HCl + 2mL of concentrated HF was added and volatilized at 40°C. Residues were rinsed 5x
331 with Milli-Q water. Chloroform was added to the residue, shaken, and allowed to settle in
332 separation funnels for ~30 minutes. Heavy minerals that sank to the bottom were first
333 removed, and then floated kerogen was transferred to a Teflon beaker, dried in a clean hood,
334 and stored in an anaerobic chamber until analysis. A subset of samples were also extracted
335 commercially at Global Geolab Ltd, using techniques similar to those above, except that
336 kerogens were separated out by heavy liquid separation with zinc bromide instead of
337 chloroform. Repeat extracts of the same sample (all plotted in Fig. 2) had consistent $\delta^{15}\text{N}_{\text{org}}$
338 values between labs, generally within 1‰ (Source Data).

339 Kerogen N isotope ratios ($\delta^{15}\text{N}_{\text{org}}$) were measured using a Eurovector 3028HT
340 elemental analyser fitted with a Costech Zero Blank autosampler coupled to an Isoprime
341 isotope ratio mass spectrometer, at the University of Leeds. Columns with reagents were
342 fitted to the EA along with either a high-resolution CN GC column (Elemental Microanalysis
343 E3037), or a NCH column (Elemental Microanalysis E3001), as below. A magnesium

344 perchlorate-carbosorb trap was used to trap water and CO₂. The setup was leak checked and
345 then the combustion and reduction furnaces were heated to operating temperatures and left
346 purging with He overnight. The combustion furnace was held at 1020°C and the reduction
347 furnace at 650°C. The GC column was baked at 190°C with He flowing overnight, and then
348 its temperature was reduced to the normal running temperature (80°C for the NCH column,
349 and 110°C for the high resolution CN column).

350 Samples were prepared by weighing between 10 and 30 mg of kerogen into 8 x 5 mm
351 tin cups. These were loaded into the autosampler and purged for at least an hour before
352 analyses. Upon sealing the autosampler chamber and opening it to the main He flow, mass 28
353 was monitored until it returned to a stable background (less than 7e⁻¹¹ nA). Samples were
354 combusted in a pulse of pure oxygen (N5.0 grade, BOC, UK) and injected into a stream of
355 helium (CP grade, BOC, UK). The resulting gases were passed through chromous oxide and
356 silvered cobaltous oxide, fine copper wires, and a magnesium perchlorate/carbon sorb trap
357 before entering the GC column. The mass 29/28 ratio of the sample N₂ gas was measured
358 relative to a pulse of pure N₂ (Research grade, BOC, UK) and corrected to the AIR scale
359 using the USGS-25 and USGS-26 ammonium sulfate standards, with $\delta^{15}\text{N}_{\text{AIR}}$ values of -
360 30.1‰ and +53.7‰, respectively. Repeated runs of standard materials during each analytical
361 session produced standard deviations of the raw $\delta^{15}\text{N}_{\text{refgas}}$ that were generally between 0.15
362 and 0.41‰, with the majority $\leq 0.30\text{\textperthousand}$. Data were corrected with bracketing standards using
363 a simple linear regression equation. Repeats of an in-house yeast standard (7.6 wt% N) gave a
364 long-term average value of $-0.8 \pm 0.31\text{\textperthousand}$ (1σ , 37 runs with both NCH and high-resolution CN
365 GC columns), with in-run reproducibility always $\leq 0.2\text{\textperthousand}$ where 3 or more repeats were
366 measured during the same analytical session. A sample size test using the same yeast
367 standard determined that samples producing peak heights of $< 1\text{nA}$ have larger variability,
368 approaching the blank $\delta^{15}\text{N}$ value as their peak height decreased. Repeat analyses of the yeast

369 standard with peak height > 1 nA produced $\delta^{15}\text{N}_{\text{refgas}}$ values that differed by $\leq 0.1\text{\textperthousand}$.

370 Therefore, analyses that produced peak heights of < 1 nA were discarded in this study.

371 The analysis of organic materials with low concentrations of nitrogen can be
372 complicated by the production of CO gas (at masses 28 and 29) as a result of incomplete
373 combustion, which can alter the apparent $^{15}\text{N}/^{14}\text{N}$ ratio of the sample. We took the following
374 precautions to ensure that data were not affected by CO production during incomplete
375 combustion: 1) combustion tests using a low-N organic material (cornflower, 0.07 wt% N);
376 2) mass 30 monitoring; and, 3) use of NCH column to produce a better separation between
377 the N_2 and unwanted CO that might produce a secondary mass 28 peak for samples affected
378 by partial combustion.

379 **Bulk-rock analyses**

380 A subset of R-TH samples was analysed for bulk rock geochemistry (wt % K_2O) to
381 screen for post-depositional alteration at the University of St Andrews, using standard X-ray
382 fluorescence (with 1σ of 0.02 wt%). Bulk nitrogen content (% TN) and bulk $\delta^{15}\text{N}$ ($\delta^{15}\text{N}_{\text{bulk}}$,
383 without decarbonation) were measured at the SIFIR Laboratory at the University of
384 Manitoba. Analyses were performed using a CostechTM 4010 Elemental Analyzer (EA) fitted
385 with a Costech Zero Blank autosampler and coupled to a Thermo FinniganTM Delta V Plus
386 isotope-ratio mass-spectrometer via an open-split interface (ConFlo III, Thermo FinniganTM).
387 A magnesium perchlorate-carbosorb trap was placed before the ConFlo III to remove
388 remaining water and CO_2 . In order to improve the efficiency of sample combustion,
389 temperature in the oxidation column was raised to 1050°C, and a ‘macro’ O_2 injection loop
390 was utilized. The setup was leak checked and then the oxidation and reduction columns were
391 heated to operating temperatures and left purging with He overnight. The oxidation column
392 was held at 1050°C and the reduction column at 650°C. The ~3 m-long stainless steel GC
393 column was baked at 100-110°C with He flowing overnight, and then its temperature was

394 reduced to the normal running temperature (55°C). CO₂ level was monitored during
395 analytical sessions. Sample normalization was performed using the two-point calibration
396 described in Coplen *et al.*³³, by analyzing two international standards (USGS40 and USGS41)
397 at the beginning, middle, and end of each analytical session. Two certified standards were
398 additionally analyzed alongside with samples: B2153, soil, % TN = 0.13 ± 0.02%, δ¹⁵N_{air} =
399 +6.70 ± 0.15‰ (Elemental Microanalysis); and SDO-1, Devonian Ohio Shale, % TN = 0.36
400 ± 0.01%, δ¹⁵N_{air} = -0.8 ± 0.3‰ (USGS). The data obtained were % TN = 0.14 ± 0.00% and
401 δ¹⁵N_{air} values of +6.76 ± 0.02‰ (n=3) for B2153, and % TN = 0.37 ± 0.00% and -0.32 ±
402 0.02‰ (n=3) for SDO-1.

403 **Nano-EA-IRMS analyses**

404 A subset of extracted kerogens and bulk rock powders were also run for δ¹⁵N by
405 nano-EA-IRMS at Syracuse University, following methods outlined in Polissar *et al.*³⁴ The
406 benefit of this approach is that it is specifically designed for analysis of as little as 0.5 mg of
407 kerogen and 50 nanomoles of N, thus limiting some of the complications associated with
408 achieving complete combustion on larger samples. Encapsulated sample powders were
409 evacuated to remove atmospheric N₂ present in capsule pore space and purged with Ar.
410 Sample combustion was performed in an Elementar Isotope Cube elemental analyser with
411 reaction conditions set at 1100°C and 650°C for the oxidation and reduction reactors,
412 respectively. Oxygen flow was set a 30 ml*min⁻¹ and introduced to the helium stream for 90
413 seconds, initiating when the sample is dropped into the oxidation reactor. The EA is coupled
414 to an automated cryotrapping system that was build using a modified Elementar TraceGas
415 analyser. The generated N₂ gas was trapped in a silica gel-filled, stainless steel trap cooled in
416 liquid N₂. Following complete collection of the N₂ peak from the high-flow EA, the He flow
417 through the cryotrap was switched to a lower flow (2 ml*min⁻¹) via actuation of a VICI Valco
418 6-port valve. The trap was heated and N₂ was released to a room temperature capillary GC-

419 column (JW CarboBOND, 25 m, 0.53 mm ID, 5 μ m), and ultimately to the IRMS. The
420 Elementar EA traps CO₂ from combustion in a molecular sieve trap that is released to waste
421 or to the IRMS directly for $\delta^{13}\text{C}$ analyses. This ensures that CO₂ is not trapped in the N₂
422 cryotrap and mitigates the potential for neo-formed CO within the ion source. All samples
423 were run in triplicate and blank-corrected using Keeling-style plots and normalized using the
424 2pt-correction scheme detailed in Coplen *et al.*³³ Use of Keeling plots allows for simple
425 estimation of the influence of the N₂ procedural blank on samples and for high fidelity
426 measurements of $\delta^{15}\text{N}$ on the small sample sizes employed. Reproducibility of replicates
427 analyses of standards [IAEA N1 (0.4‰) and N2 (+20.35‰) and NIST Peach Leaves
428 (1.98‰)] and samples was $\pm 0.26\text{\textperthousand}$.

429 **Additional analyses and data fidelity**

430 Nitrogen is preserved in the sedimentary rock record primarily as organic N or as
431 ammonium substituting for potassium in phyllosilicates³⁵. The sedimentary N isotope values
432 can be modified by a number of post-depositional processes, including diagenesis, burial, and
433 metamorphism. Therefore, before interpreting sedimentary $\delta^{15}\text{N}$ data, it is first necessary to
434 examine the possible impacts of post-depositional alteration on the primary signal. Here we
435 examine trends in supplementary and bulk-rock data in order to validate our $\delta^{15}\text{N}$ dataset as
436 representing a primary signal.

437 Degradation of organic matter during early diagenesis can offset primary $\delta^{15}\text{N}$ signals
438 by 2 to 3‰³⁶. High-pressure metamorphism does not impart significant $\delta^{15}\text{N}$ changes³⁷,
439 although high-temperature metamorphism can increase $\delta^{15}\text{N}$ in ammoniated phyllosilicates
440 (and possibly N_{org}; but see Ader *et al.*³⁸) due to volatilization of ¹⁵N-depleted nitrogen^{35,37}.
441 Since the R-TH has only experienced lower greenschist facies metamorphism²³, this
442 mechanism would be expected to produce at most a 1-2‰ positive shift in $\delta^{15}\text{N}_{\text{org}}$. Cross-
443 plots demonstrate no correlation between % N in kerogen (N_{org}) and $\delta^{15}\text{N}_{\text{org}}$ values (Extended

444 Data Fig. 4A), rendering no evidence for metamorphic devolatilization of ^{15}N -depleted
445 nitrogen from organics. $\delta^{15}\text{N}_{\text{bulk}}$ and % total nitrogen (TN) show only a loose positive
446 correlation (with $R^2 = 0.34$; Extended Data Fig. 5A), in the opposite direction of what would
447 be expected from significant loss of ^{15}N -depleted N from whole rocks via devolatilization.
448 Only a weak negative correlation exists between wt % TOC and $\delta^{13}\text{C}_{\text{org}}$ ($R^2 = 0.42$; Extended
449 Data Fig. 4C), also inconsistent with significant devolatilization of ^{13}C -depleted carbon
450 during metamorphism. These data indicate that loss of N during metamorphism and deep
451 burial did not significantly alter the primary $\delta^{15}\text{N}$ (or $\delta^{13}\text{C}$) values.

452 Nitrogen isotope exchange can occur between rocks and N-containing compounds
453 when fluids migrate during organic matter maturation³⁹. Similar to metamorphism, offset
454 during thermal maturation generally results from preferential volatilization of ^{15}N -depleted
455 nitrogen from organic molecules. The $\delta^{15}\text{N}$ of the natural gas is highly variable, but can have
456 $\delta^{15}\text{N}$ as low as -12‰^{40,41}. Nitrogen isotope exchange during fluid migration would tend to
457 homogenize the isotopic composition of participating N pools, decreasing the isotopic range
458 within the organic N pool and differences between organic and inorganic N pools³⁹. Bulk-
459 rock $\delta^{15}\text{N}$ ($\delta^{15}\text{N}_{\text{bulk}}$) covers the measured range of $\delta^{15}\text{N}_{\text{org}}$, but are generally more positive
460 than $\delta^{15}\text{N}_{\text{org}}$, inconsistent with complete isotopic homogenization.

461 We observe only a very weak negative correlation between $\delta^{15}\text{N}_{\text{bulk}}$ and TOC:TN (R^2
462 = 0.29; Extended Data Fig. 5B), suggesting that some ^{15}N -enriched ammonium could have
463 been sorbed onto and/or incorporated into clay minerals in very low-TOC sediments,
464 presumably during exchange with post-depositional fluids. The % TN (but not $\delta^{15}\text{N}_{\text{bulk}}$)
465 indeed shows a significant positive correlation with % K₂O ($R^2 = 0.81$; Extended Data Fig.
466 5C), supporting incorporation of N into illites during K-metasomatism; however, there is no
467 correlation between $\delta^{15}\text{N}_{\text{bulk}}$ and % K₂O ($R^2 = 0.10$; Extended Data Fig. 5D), suggesting that
468 this exchange did not significantly affect bulk $\delta^{15}\text{N}$ values.

469

470 **Data Availability Statement**

471 All data generated or analysed during this study are included as source data in this
472 published article.

473

474 **Extended Data Legends**

475 Extended Data Figure 1. Results from statistical analysis of the $\delta^{15}\text{N}$ database, as detailed in
476 the Methods.

477

478 Extended Data Figure 2. Stratigraphic context for the Rooihoogte and Timeball Hill
479 formations within the Eastern Transvaal basin, South Africa, and associated ages. “MIF”
480 denotes the disappearance of the mass independent fractionation of sulfur isotopes in the
481 underlying Duitschland Formation (now known to reappear in the Rooihoogte Formation⁶).

482 Modified from Rasmussen *et al.*⁵.

483

484 Extended Data Figure 3. Simplified geologic map of the Transvaal Supergroup outcrop area
485 (modified from Guo *et al.*⁴²), showing the location of drill-core EBA-2. The core is currently
486 stored at the National Core Library at Donkerhoek, which is managed by the Council for
487 Geoscience in South Africa.

488

489 Extended Data Figure 4. Cross-plots of kerogen N abundance (% N_{org}) and $\delta^{15}\text{N}$ ($\delta^{15}\text{N}_{\text{org}}$, in
490 ‰), total organic carbon (% TOC) and organic $\delta^{13}\text{C}$ ($\delta^{13}\text{C}_{\text{org}}$, in ‰). For all datapoints, errors
491 are within the size of the symbols.

492

493 Extended Data Figure 5. Cross-plots of bulk-rock data, including A. bulk-rock $\delta^{15}\text{N}$ ($\delta^{15}\text{N}_{\text{bulk}}$,
494 in ‰) versus total nitrogen (% TN), B. $\delta^{15}\text{N}_{\text{bulk}}$ versus TOC:TN atomic ratios, C. % TN
495 versus K₂O content (%), and D. $\delta^{15}\text{N}_{\text{bulk}}$ versus K₂O content. For all datapoints, errors are
496 within the size of the symbols.

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