

This is a repository copy of *Multivariate selection and intersexual genetic constraints in a wild bird population*.

White Rose Research Online URL for this paper: http://eprints.whiterose.ac.uk/103898/

Version: Accepted Version

Article:

Poissant, J., Morrissey, M.B., Gosler, A.G. et al. (2 more authors) (2016) Multivariate selection and intersexual genetic constraints in a wild bird population. Journal Of Evolutionary Biology. ISSN 1010-061X

https://doi.org/10.1111/jeb.12925

Reuse

Unless indicated otherwise, fulltext items are protected by copyright with all rights reserved. The copyright exception in section 29 of the Copyright, Designs and Patents Act 1988 allows the making of a single copy solely for the purpose of non-commercial research or private study within the limits of fair dealing. The publisher or other rights-holder may allow further reproduction and re-use of this version - refer to the White Rose Research Online record for this item. Where records identify the publisher as the copyright holder, users can verify any specific terms of use on the publisher's website.

Takedown

If you consider content in White Rose Research Online to be in breach of UK law, please notify us by emailing eprints@whiterose.ac.uk including the URL of the record and the reason for the withdrawal request.



Received Date : 25-Mar-2016 Revised Date : 03-Jun-2016 Accepted Date : 22-Jun-2016 Article type : Research Papers

Multivariate selection and intersexual genetic constraints in a wild bird population

Jocelyn Poissant^{1,2}, Michael B. Morrissey³, Andrew G. Gosler⁴, Jon Slate², Ben C. Sheldon⁴

¹Centre for Ecology and Conservation, College of Life and Environmental Sciences, University

of Exeter, Penryn, UK

²Department of Animal and Plant Sciences, University of Sheffield, Sheffield, UK

³School of Biology, University of St Andrews, St Andrews, UK

⁴Edward Grey Institute, Department of Zoology, University of Oxford, Oxford, UK

Running title: Multivariate intralocus sexual conflict

Correspondence

Jocelyn Poissant

Centre for Ecology and Conservation, College of Life and Environmental Sciences, University of Exeter, Penryn, Cornwall, TR10 9FE, UK. Telephone: +44 (0)1326 370400; Fax: +44 (0)1326 371859; e-mail: j.poissant@exeter.ac.uk

Acknowledgments

We thank the many people and funding sources, too numerous to list here, that have contributed to the Wytham Woods great tit project over the years. We would also like to thank Anna Santure, Mark Adams and Matt Robinson for constructive discussions during the

This article has been accepted for publication and undergone full peer review but has not been through the copyediting, typesetting, pagination and proofreading process, which may lead to differences between this version and the Version of Record. Please cite this article as doi: 10.1111/jeb.12925

formulation and execution of this work. Matthew Wolak and anonymous referees provided valuable feedback on previous versions of this manuscript. This work was part of JP's postdoctoral research at the University of Sheffield funded by the Natural Sciences and Engineering Council of Canada (NSERC) and a Marie Curie International Incoming Fellowship. JP was supported by a Leverhulme Trust Early Career Fellowship. MBM was supported by a Royal Society University Research Fellowship.

Abstract

When selection differs between the sexes for traits that are genetically correlated between the sexes, there is potential for the effect of selection in one sex to be altered by indirect selection in the other sex, a situation commonly referred to as intralocus sexual conflict (ISC). While potentially common, ISC has rarely been studied in wild populations. Here, we studied ISC over a set of morphological traits (wing length, tarsus length, bill depth, and bill length) in a wild population of great tits (Parus major) from Wytham Woods, UK. Specifically, we quantified the microevolutionary impacts of ISC by combining intra- and inter-sex additive genetic (co)variances and sex-specific selection estimates in a multivariate framework. Large genetic correlations between homologous male and female traits combined with evidence for sexspecific multivariate survival selection suggested that ISC could play an appreciable role in the evolution of this population. Together, multivariate sex-specific selection and additive genetic (co)variance for the traits considered accounted for additive genetic variance in fitness was uncorrelated between the sexes (cross-sex genetic correlation = -0.003, 95% CI = -0.83, 0.83). Gender load, defined as the reduction in a population's rate of adaptation due to sex-specific effects, was estimated at 50% (95% CI = 13%, 86%). This study provides novel insights into the evolution of sexual dimorphism in wild populations and illustrates how quantitative genetics and selection analyses can be combined in a multivariate framework to quantify the microevolutionary impacts of ISC.

Keywords: **G** matrix, genetic correlation, intralocus sexual conflict, selection gradient, sexual dimorphism, animal model, heritability, natural selection, quantitative genetics, gender load

Introduction

Males and females in dioecious species are typically dimorphic for a large number of phenotypic traits (Fairbairn *et al.*, 2007). Such sexual dimorphism is generally believed to be adaptive, reflecting difference in sex-specific phenotypic optima (Fairbairn, 2007). While the widespread occurrence of sexual dimorphism indicates that its evolution is possible, large genetic correlations between most homologous male and female traits suggest that its short-term evolution may be constrained (Lande, 1980; Poissant *et al.*, 2010). Indeed, whenever selection differs between the sexes for traits that are genetically correlated between the sexes, there is potential for the effect of selection in one sex to be altered by indirect selection in the other sex, a situation generally referred to as intralocus sexual conflict (ISC) or gender load (Arnqvist & Rowe, 2005; Bedhomme & Chippindale, 2007; Bonduriansky & Chenoweth, 2009; Pennell & Morrow, 2013). While potentially common and important, such intersexual genetic constraints remain little studied in wild populations (Bonduriansky & Chenoweth, 2009; Pennell & Morrow, 2013; Poissant *et al.*, 2010; Wyman *et al.*, 2013).

The evolutionary forces acting on sexual dimorphism depend on the interaction between sexspecific genetic (co)variances and directional selection, as represented by the Lande (1980) sex-specific version of the Lande (1979) equation:

$$\Delta z_m \Delta z_f = \frac{1}{2} \begin{bmatrix} \mathbf{G}_m & \mathbf{B} \\ \mathbf{B}^T & \mathbf{G}_f \end{bmatrix} \begin{bmatrix} \beta_m \\ \beta_f \end{bmatrix}$$
(1)

where Δz_m and Δz_f are vectors of male and female specific responses, \mathbf{G}_m and \mathbf{G}_f are sexspecific additive genetic covariance matrices, **B** and \mathbf{B}^{T} are matrices of cross-sex additive genetic covariances, and β_m and β_f are sex-specific vectors of selection gradients. The coefficient of one half is included to account for the fact that selected male and female parents make equal autosomal contributions to offspring of both sexes (Lande, 1980). Despite being well known among evolutionary biologists studying sexual dimorphism, surprisingly few have applied the Lande (1980) equation in wild populations (though see Jensen et al., 2008, Stearns et al., 2012, Tarka et al., 2014, and Walling et al., 2014, for rare examples). Instead, studies typically focus on estimating either only sex-specific selection (Cox & Calsbeek, 2009) or quantitative genetic parameters (Poissant et al., 2010). In addition, while equation 1 is explicitly multivariate, most quantitative genetic studies of sexual dimorphism performed to date have focused on univariate traits (Wyman et al., 2013). As a consequence, we still know relatively little about the structure of the B matrix and its impact on the evolution of sexual dimorphism (Gosden et al., 2012; Wyman et al., 2013). For example, asymmetry of the B matrix (differences between below- and above-diagonal elements) may play an important role in facilitating the evolution of multivariate sexual dimorphism (Wyman et al., 2013), but too few B matrices have been published to assess the importance of this mechanism (Barker et al., 2010; Wyman et al., 2013). Studies combining sex-specific selection and quantitative genetic parameters, and especially those doing so in a multivariate framework, are therefore needed (Walsh & Blows, 2009; Wyman et al., 2013).

Genetic constraints on the evolution of sexual dimorphism may be widespread (Bonduriansky & Chenoweth, 2009; Cox & Calsbeek, 2009; Pennell & Morrow, 2013; Poissant *et al.*, 2010). In particular, negative cross-sex genetic correlations (r_{mf}) for lifetime fitness in wild populations have been reported (e.g. Brommer *et al.*, 2007; Foerster *et al.*, 2007), and r_{mf} for fitness

components are on average lower than for other trait categories (Poissant *et al.*, 2010). However, little is known about the traits underlying these cross-sex genetic correlations for fitness and their relative importance (Bonduriansky & Chenoweth, 2009; Pennell & Morrow, 2013). In part, this is because research tends to be qualitative rather than quantitative, with publications focusing on the statistical significance of intralocus sexual conflicts rather than quantifying their impacts on microevolution.

A variety of metrics have been developed to quantify multivariate genetic constraints (Walsh & Blows, 2009), and researchers have started applying them to studies of sexual dimorphism in both laboratory (Gosden *et al.*, 2012; Lewis *et al.*, 2011) and wild (Stearns *et al.*, 2012; Tarka *et al.*, 2014; Walling *et al.*, 2014) populations. However, in many cases, differences in data transformation and standardization make comparison of results across traits and studies difficult (Hansen & Houle, 2008; Houle *et al.*, 2011). In addition, not all metrics provide easily interpretable or comparable quantitative information (Hansen & Houle, 2008). One approach that is particularly valuable for the study of ISC is the R metric of Agrawal and Stinchcombe (2009). This metric quantifies the impact of genetic covariances on a population's rate of adaptation, including the specific case of cross-sex genetic covariances. Importantly, it yields results that are readily comparable across sets of traits, populations and species (Agrawal & Stinchcombe, 2009). Despite its potential for improving our understanding of ISC, to date few have applied the approach in that context (see Walling *et al.*, 2014, for a rare example).

The importance of considering multivariate phenotypes in studies of ISC is increasingly being recognized (Wyman *et al.*, 2013). However, conducting multivariate quantitative genetic studies in wild populations remains challenging, due to difficulties in acquiring sufficiently large pedigree-linked datasets (Wilson & Poissant, 2016). In this study, we take advantage of a long-term study of individual variation in morphological traits (wing length, tarsus length, bill depth

and bill length) conducted over multiple decades in a wild pedigreed population of great tits (Parus major) from Wytham Woods, Oxford, UK (Savill et al., 2010), to quantify the microevolutionary impacts of ISC in a wild population. Despite being a model organism for evolutionary ecology research, surprisingly little is currently known about the genetic basis of homologous male and female traits and ISC in this species. This could be due to the fact that morphological traits routinely measured in field studies such as wing and tarsus length are not particularly sexually dimorphic in great tits relative to other bird species (Gosler, 1990; Székely et al., 2007). However, it should be stressed that sexual dimorphism is a relatively poor predictor of contemporary sex-specific selection (Cox & Calsbeek, 2009) and quantitative genetic parameters (Poissant et al., 2010), and hence ISC. In fact, while studies in other great tit populations found little evidence for sex-specific selection on morphology (e.g. Björklund & Linden, 1993), in Wytham Woods, differential use of space and resources by males and females (Gosler, 1987a,b), evidence for sex-specific selection on size (Blakey & Perrins, 1999), and large cross-sex genetic correlations for morphological traits (Garant et al., 2004; Robinson et al., 2013) all suggest that gender load from sex differences in selection on morphology could be substantial. In addition to providing novel insights into the causes and consequences of morphological variation in great tits, this study illustrates some means for generating quantities that will be valuable to quantitatively compare the impacts of ISC over various sets of traits in different populations and species.

Materials and methods

Study population

Great tits are small passerine birds distributed throughout Europe and Asia (Gosler, 1993). Their abundance, wide distribution in Europe, and willingness to use nest boxes, have made them a model of choice in ecology and evolution research, and numerous populations throughout the species' range are now the focus of long-term individual-based studies. The

Wytham Woods great tit population has been monitored since 1947. Details about the population and field methods are available in Perrins and Gosler (2010) and references therein. Since 1963, ~1020 nest boxes have been monitored yearly during the breeding season. Each year, all nestlings (10-15 days post-hatching) and ~80% of presumed parents were captured and fitted with a unique metal ring serving as an ID tag. Additional birds were also captured with nets within and around Wytham Woods as part of specific experiments and long-term monitoring. At each capture, birds were aged and sexed using plumage characteristics and measured for a variety of traits. We assumed that birds not first ringed as nestlings in a Wytham Woods nestbox were immigrants from elsewhere; while a small number of nests probably occur each year in natural cavities these are a small proportion compared to those in nest boxes.

Morphological data

We considered four sexually dimorphic morphological traits that have been consistently measured in adults since 1983: wing length, tarsus length, bill depth and bill length. We considered breeding adults born between 1982 and 2008. For simplicity and to ensure higher repeatability, we limited our analyses to measurements obtained by a single measurer (A. Gosler) who obtained all bill dimension measurements. We only used records of recruits (birds identified attempting reproduction in Wytham Woods) obtained during the nesting season (May and June) in a bird's first year of life. Some individuals (< 0.1%) were measured multiple times and in such cases we used the average. Phenotypic records were available for 2575 individuals measured on average at 3.90 traits each (96.5% of individuals were measured for all traits).

We quantified sexual dimorphism using the size dimorphism index (SDI) of Lovich and Gibbons (1992). It is obtained by subtracting one from the ratio of the larger sex to the smaller sex (i.e. 1 - trait mean of larger sex / trait mean of smaller sex), which sets the neutral value at 0 (i.e. no sexual dimorphism). By convention, values are made positive when female values are the

largest and negative when male values are the largest (Lovich & Gibbons, 1992). 95% CI for SDI estimates were obtained by bootstrapping phenotypes 10000 times. We tested if multivariate sexual dimorphism was statistically significant using a MANOVA in R (R Core Team., 2015).

Pedigree information

A pedigree was constructed based on field information of social parentage from 1958 to 2010. This pedigree included birds ringed within Wytham Woods as well as surrounding woodlands. The pedigree contained 87956 individuals connected by 79400 maternal and paternal links (7187 dams and 7963 sires). Molecular parentage is not routinely conducted in the study population. Given the small number of individuals genotyped relative to the size of the social pedigree and an EPP rate of 12-13% (Firth *et al.*, 2015; Patrick *et al.*, 2012), efforts to combine social and genetic parentage would have affected less than 0.1% of pedigree links, with negligible impacts on quantitative genetic and selection analyses. For simplicity we therefore only used social parentage information. The full social pedigree was used to estimate lifetime reproductive success for selection analyses (details below). For estimating quantitative genetic parameters, we used a trimmed pedigree excluding uninformative individuals generated with the prunePed function in the R package MCMCgImm (Hadfield, 2010). This trimmed pedigree contained 4036 individuals with 1328 unique sires (mean number of offspring per sire \pm 1 standard deviation [SD] = 1.83 \pm 1.14) and 1313 unique dams (mean number of offspring per dam \pm 1 SD = 1.88 \pm 1.25), and had a maximum depth of 26 generations.

Quantitative genetic analyses

We partitioned phenotypic variance into additive genetic and other components using a single multivariate animal model and restricted maximum likelihood implemented in ASRemI 3.0 (Gilmour et al., 2009). The animal model is a form of mixed model incorporating pedigree information, where the phenotype of each individual is modeled as the sum of its additive genetic value and other random and fixed effects (Kruuk, 2004; Wilson et al., 2010). Fixed effects, fitted to control for environmental causes of phenotypic resemblance among relatives, included year of birth (fitted as a categorical variable), immigration status (locally raised or not), and information about the environment at each bird's natal nest box (longitude, latitude, altitude and the numbers of oaks within 50 meters; for local birds only). Year of birth was included it as a fixed rather than a random variable to facilitate convergence. Longitude, latitude, altitude and number of oaks within 50 meters were fitted as 4th order polynomials to allow for non-linear relationships. Note that when fixed effects are included trait heritability estimates need to be interpreted as being 'conditioned' on these variables (Wilson, 2008). Mother ID and clutch ID were fitted as random variables in exploratory univariate models but they were generally attributed either little (< 5%) or none of the phenotypic variation. They were therefore not considered in the final multivariate model to facilitate convergence. Ultimately, phenotypic variation after having accounted for fixed effects was therefore partitioned into two components: additive genetic (V_a) and residual (V_r). Inter-sex residual covariances were fixed to zero and genetic correlations were constrained to be between -1 and 1 using the IGZ and IGP arguments in ASRemI (Gilmour et al., 2009), respectively. Our choice of starting values for the full multivariate REML was guided by the outputs of simpler models.

Heritability (h^2) was determined by dividing V_a by V_p , where $V_p = V_a + V_r$. To allow comparisons of additive genetic variation among traits and studies (Houle, 1992; Wilson, 2008), we also calculated sex-specific coefficients of variation as

 $I_a = \frac{Va}{\overline{x}^2}$

$$V_a = 100 \times \frac{\sqrt{Va}}{\overline{X}}$$

(2)

and mean-standardized additive genetic variance as

(3)

Significance of individual additive genetic (co)variance components was tested using likelihood ratio tests. For hypotheses involving parameters on the boundary of parameter space, such as variances, the theoretical asymptotic distribution of the likelihood ratio is a mixture of χ^2 variates, where the mixing probabilities are 0.5, one with 0 degrees of freedom and the other with 1 degree of freedom (Dominicus et al., 2006; Gilmour et al., 2009; Self & Liang, 1987). In these cases, p-values from χ^2 tests with 1 degree of freedom were divided by 2. Likelihood ratio tests were also used to test if individual genetic correlations (r_G) were significantly smaller than one. We tested for significance of variance and covariance estimates using univariate and bivariate models, respectively. To test for multivariate sex \times G interactions, we compared an unconstrained multivariate model with models where 1) G matrices were constrained to be equal between the sexes, 2) genetic variances were constrained to be equal between the sexes, 3) genetic covariances were constrained to be equal between the sexes, and 4) genetic correlations were constrained to be equal between the sexes. This was done using the != argument in ASRemI (Gilmour et al., 2009). Because asymmetry of the **B** matrix can play an important role in the evolution of sexual dimorphism (Wyman et al., 2013), we also tested if B was asymmetric by comparing an unconstrained model with a model where the corresponding

elements from above and below the diagonals of **B** and \mathbf{B}^{T} were constrained to be equal. Statistical significance was determined using likelihood ratio tests.

Selection analysis

We estimated selection using three fitness metrics. These were the observed number of recruits produced by individuals over their lifetime (lifetime reproductive success, LRS), reproductive longevity (age at last reproduction, hereafter referred to as longevity), and mean annual reproductive success (MRS), calculated as LRS × longevity⁻¹. A recruit was defined as an individual having attempted reproduction in Wytham Woods, and therefore did not include individuals that have only attempted reproduction elsewhere (which is sometimes documented from recapture at other study sites). We restricted selection analyses to individuals that had been measured for all traits simultaneously, and excluded individuals whose nest(s) had been manipulated for experimental purposes such as cross-fostering experiments. Selection coefficients were therefore estimated with fewer records (986 males and 1095 females) than quantitative genetic parameters. Mean observed LRS \pm 1 SD was 1.23 \pm 1.55 (1.23 \pm 1.47 in males and 1.24 ± 1.61 in females). LRS was smaller than the mean number of offspring per parent expected under stable population size (i.e. 2) because a substantial proportion of breeding adults were immigrants, rather than because of a decline in population size. In fact population size has increased over the study period (Garant et al., 2004). Mean longevity was 1.65 ± 1.07 (1.62 ± 1.05 in males and 1.67 ± 1.08 in females), and mean MRS was 0.73 ± 0.87 $(0.76 \pm 0.90 \text{ in males and } 0.71 \pm 0.84 \text{ in females})$. Variance in relative fitness was 1.57 for LRS (1.43 for males and 1.70 for females), 0.42 for longevity (0.43 for males and 0.42 for females), and 1.40 for MRS (1.38 for males and 1.41 for females).

We tested for the presence of multivariate directional selection using generalized linear models. For LRS, we used a log link function and a negative binomial error structure; for longevity we used a log link function with a poisson error structure; and for MRS, which is a rate, we used a log link function with poisson error while including longevity as weights. In these analyses, sexspecific traits were pooled together after having been centered to sex-specific means of zero. Significance was tested by comparing models with a fitness component as the dependent variable and no explanatory variable (i.e. only an intercept) with models including all traits as linear explanatory variables. Significance was tested using likelihood ratio tests with 4 degrees of freedom. We then tested for sex × multivariate selection interactions by comparing models with sex and the four traits as linear explanatory variables and models also including all sex × trait interactions (Chenoweth & Blows, 2005).

We estimated sex-specific selection coefficients using the R package GSG version 2.0 (Morrissey & Sakrejda, 2013). Directional (*S*) and quadratic selection differentials were calculated using the moments.differentials function, with standard errors and p-values determined with 10000 bootstraps. Mean-standardized and variance-standardized directional selection differentials were obtained by dividing differentials by trait means and standard deviations, respectively. Quadratic differentials were standardized by dividing by the square of trait means and standard deviations, to obtain mean-standardized and variance-standardized measures, respectively. For this we used trait means and standard deviations obtained from the larger dataset used to estimate quantitative genetic parameters.

We used generalized additive models (GAM) with negative binomial (for LRS) and poisson (for longevity and MRS) error structures fitted using the R package MGCV to identify the most appropriate fitness functions. Initially, we fitted a smooth term (cubic splines) for each trait and all linear interactions. However, when doing so, many smooth terms were penalized to the point

of being linear. In that case, meaningful point estimates for quadratic selection gradients could not be obtained (as all curvature of the expected fitness function arises from the curvature of the link function in such instances). Since reporting information about nonsignificant quadratic terms is generally desirable, for example in the context of meta-analyses, we decided to test if there actually was statistical support for fitting smooth terms as opposed to only including linear and quadratic terms. We did this by comparing models including linear and quadratic predictors with models additionally including smooth terms, with significance of non-linear effects above and beyond quadratic relationships being tested with likelihood ratio tests. Using that approach we found little evidence for non-linear effects above and beyond quadratic relationships, and therefore opted to obtain selection gradients using quadratic models.

Directional (β), quadratic and correlational (γ) selection gradients were obtained using the gam.gradients function of GSG. Standard errors (SE) and p-values for selection gradients were determined with parametric bootstrapping (10000). We obtained mean-standardized and variance-standardized selection gradients (β_u and β_σ) by multiplying directional gradients by trait means and standard deviations, and quadratic and correlational gradients by the square and cross-product of trait means and standard deviations, respectively (Hansen & Houle, 2008). For this we used trait means and standard deviations obtained from the larger dataset used to estimate quantitative genetic parameters. Note that while S_σ is equivalent to obtaining β_σ from a model including a single trait, there is no such direct correspondence between unstandardized and mean-standardized selection differentials and gradients.

As in Stearns *et al.* (2012), we compared the direction of multivariate selection between the sexes by calculating the angle between male and female vectors of directional selection gradients:

$$\theta = \cos^{-1}\left(\frac{a \cdot b}{|a| |b|}\right)$$

where *a* and *b* are the two vectors, $|a| = \sqrt{a \cdot a}$ and $|b| = \sqrt{b \cdot b}$.

An angle of 0° would indicate that multivariate selection is perfectly parallel between the sexes while an angle of 180° would indicate that selection is completely antagonistic. To determine if multivariate selection was significantly parallel or antagonistic (i.e. θ different from the null expectation of 90°) we generated a 95% CI with 10000 sex-specific vectors of selection gradients obtained by parametric bootstrapping in GSG.

(4)

Evolutionary responses

The expected responses to selection for sex-specific traits were obtained using Lande's (1980) multivariate equation (equation 1). In order to assess the impact of cross-sex genetic covariances on the evolution of sex-specific traits, we compared predictions from the model above with a model where all elements of the **B** matrix were set to zero. As detailed in Morrissey *et al.* (2012), 95% confidence intervals and standard errors were obtained using 10000 sex-specific vectors of selection gradients generated by parametric bootstrapping in GSG and bootstrap-like replicate **G** matrices by drawing random samples from the sampling variance-covariance matrix of REML estimate of **G**.

Genetic constraints and gender load

The impact of genetic covariances on a population's rate of adaptation can be quantified by comparing the rate of adaptation obtained while considering a full **G** matrix with that obtained while setting all or a subset of genetic covariances to zero (Agrawal & Stinchcombe 2009).

We assessed the impact of cross-sex genetic covariances (i.e. the **B** matrix) on the population's rate of adaptation using the R metric of Agrawal and Stinchcombe (2009) while ignoring nonlinear selection (as we are mainly interested in sex-specific directional evolution):

$$R_{B} = \frac{\beta_{mf}' \mathbf{G}_{mf} \beta_{mf}}{\beta_{mf}' \mathbf{G}_{mf}_{(\mathbf{B}=0)} \beta_{mf}}$$
(5)

where is β_{mf} is a vector of sex-specific selection gradients, β_{mf} ' is its transpose, \mathbf{G}_{mf} is the additive genetic covariance matrix for sex-specific traits, and $\mathbf{G}_{mf_{(\mathbf{B}=0)}}$ is the **G** matrix where all elements of **B** and \mathbf{B}^{T} (i.e. cross-sex genetic covariances) are set to zero. A value of $R_{\mathbf{B}} = 0$ would indicate that adaptive evolution of sexual dimorphism is completely precluded by **B**, a value of 1 would indicate that it is not affected by **B**, and values above 1 would indicate that **B** increases adaptive evolution of sexual dimorphism (Agrawal & Stinchcombe, 2009). However, it is important to note that these conclusions are relative to a scenario where traits are not genetically correlated between the sexes. In the absence of any difference in selection between the sexes (i.e. $\beta_m = \beta_f$) and complete overlap of genetic architectures (i.e. $\mathbf{G}_m = \mathbf{G}_f = \mathbf{B}$), $R_{\mathbf{B}}$ would take a value of two. We therefore quantified the percent decrease in the population's rate of adaptation due to the presence of separate sexes, or gender load (GL), as

$$GL = (1 - \frac{R_B}{2}) * 100.$$
 (6)

Note that because we are not considering nonlinear selection, identical R_B and GL values would be obtained when using Hansen and Houle (2008) multivariate evolvability metric instead of Agrawal and Stinchcombe (2009) rate of adaptation (Agrawal & Stinchcombe, 2009).

Genetic variance for fitness implied by selection gradients and G

Evolutionary constraint is any process that reduces the rate of adaptation (increase in mean fitness, or increase (decrease) in a positively (negatively) selected trait, relative to some (presumed) naïve reference rate). Motivated by the fundamental theorem of selection (Fisher 1930), and convincing arguments that constraints should be found in the genetic covariances among traits (Walsh and Blows 2009), the rate of adaptation as represented by some value of the genetic variance of relative fitness, is a particularly useful quantity for evaluating constraint. Any pattern of selection for genetically variable traits implies some genetic variance in relative fitness. For example, in a univariate scenario, the genetic variance in fitness implied by a selection gradient β and an additive genetic variance V_a is $V_{a(w)} = V_a^* \beta^2$. Any quantity that reduces this value of $V_{a(w)}$, e.g., selection of a genetically correlated trait, can be seen as a constraint. In the context of studying sexual dimorphism, we can construct a somewhat more subtle measure of constraint due to **B** by calculating sex-specific $V_{a(w)}$ values due only to sex-specific selection and genetic variation, and characterize the extent to which the intersexual genetic covariances in **B** may reduce these values of $V_{a(w)}$.

In the absence of nonlinear selection, the rate of adaptation of Agrawal and Stinchcombe (2009) measures the amount of genetic variance for fitness accounted for by **G** and selection for a set of traits ($\beta' G\beta$, from formula 12 in Walsh & Blows, 2009). When treating the sexes seperately, population-wide genetic variance in fitness accounted for by sex-specific traits can be obtained by including a factor of 1/4 (because we are combining variances; see equation 1 of Wolak *et al.*, 2015):

$$V_{a(\beta'\mathbf{G}\beta)} = \frac{1}{4}\beta_{mf}'\mathbf{G}_{mf}\beta_{mf}$$
(7)

To obtain sex-specific variances, as well as their covariance, the β_{mf} ' and β_{mf} vectors in equation 7 can be replaced with matrices containing sex-specific selection gradients on different rows, which yields a 2 × 2 sex-specific covariance matrix:

$$V_{a(\beta'\mathbf{G}\beta)} = \frac{1}{4} \begin{bmatrix} \beta_m & 0\\ 0 & \beta_f \end{bmatrix}' \mathbf{G}_{mf} \begin{bmatrix} \beta_m & 0\\ 0 & \beta_f \end{bmatrix} = \frac{1}{4} \begin{bmatrix} V_{a(\beta_m'\mathbf{G}_m\beta_m)} & COV_{a(\beta_m'\mathbf{G}_m\beta_m,\beta_f'\mathbf{G}_f\beta_f)} \\ COV_{a(\beta_m'\mathbf{G}_m\beta_m,\beta_f'\mathbf{G}_f\beta_f)} & V_{a(\beta_f'\mathbf{G}_f\beta_f)} \end{bmatrix}$$
(8)

Population level and sex-specific heritabilities can then be obtained by dividing $V_{a(\beta' G\beta)}$, $V_{a(\beta_m' G_m \beta_m)}$ and $V_{a(\beta_f' G_f \beta_f)}$ by population-wide, male, and female phenotypic variance in fitness, respectively. Note that when the genetic variance for fitness itself is known, the proportion of the total genetic variation in fitness accounted for by $V_{a(\beta' G\beta)}$ can also be measured (Walsh & Blows, 2009). However, this was not attempted here because the heritability of fitness in the study population is known to be very small (McCleery *et al.*, 2004). Finally, the standardized cross-sex genetic correlation between sex-specific additive genetic variances in fitness accounted for by the set of traits can be obtained as:

$$r_{mf} = \frac{COV_{a(\beta_m'\mathbf{G}_m\beta_m,\beta_f'\mathbf{G}_f\beta_f)}}{\sqrt{V_{a(\beta_m'\mathbf{G}_m\beta_m)} * V_{a(\beta_f'\mathbf{G}_f\beta_f)}}}.$$
(9)

Results

Phenotypic variation

Multivariate phenotypic sexual dimorphism was statistically significant (MANOVA, $F_{4,2481}$ = 1041.7, P < 0.001). On average, males had longer wings (SDI = -0.039 or 3.9% difference, 95% CI = -0.040, -0.037), longer tarsi (SDI = -0.033, 95% CI = -0.035, -0.031), and deeper (SDI = -0.035, 95% CI = -0.037, -0.032) but shorter bills (SDI = 0.016, 95% CI = 0.014, 0.019) than females.

Quantitative genetic parameters

There was detectable additive genetic variance for all sex-specific traits (Table 1). The proportion of phenotypic variance explained by additive genetic effects after accounting for fixed effects ($h^2 \pm SE$) ranged from 0.53 ± 0.08 for male bill length to 0.78 ± 0.06 for female wing length. In both sexes coefficients of variation (CV_a) and mean-standardized additive genetic variances (I_a) were lowest for wing and tarsus length and highest for bill length and width (Table 1).

Additive genetic covariances were generally positive, and significantly different from zero for approximately half of the trait pairs (Table 2). Genetic correlations ($r_G \pm SE$) within each sex were generally small, with the largest one being between tarsus length and bill depth in males (0.508 ± 0.082). Genetic correlations between the sexes were similarly low, with the exception of cross-sex genetic correlations between homologous traits, which were all large (> 0.8) and not significantly smaller than one.

Male and female **G** matrices were significantly different from each other (Table 2, $2 \times (LogL_1-LogL_2) = 29.38$, df = 10, p < 0.01). Genetic variances did not differ significantly between the sexes ($2 \times (LogL_1-LogL_2) = 7.62$, df = 4, p = 0.11). Genetic covariances and correlations were

always smaller in males than in females (Table 2), and these differences were statistically significant (covariances: $2 \times (LogL_1-LogL_2) = 26.16$, df = 6, p < 0.001; correlations: $2 \times (LogL_1-LogL_2) = 27.94$, df = 6, p < 0.001). The **B** matrix was not significantly asymmetric ($2 \times (LogL_1-LogL_2) = 3.36$, df = 6, p = 0.76).

Selection coefficients

We did not observe significant multivariate directional selection when including all traits from both sexes as explanatory variables in a generalized linear model for either LRS ($\chi^2 = 4.20$, p = 0.38), longevity ($\chi^2 = 5.71$, df = 4, p = 0.22), or MRS ($\chi^2 = 4.89$, df = 4, p = 0.30). Similarly, we did not observe significant sex × multivariate selection interaction for LRS ($\chi^2 = 7.09$, df = 4, p = 0.13) and MRS ($\chi^2 = 2.00$, df = 4, p = 0.74). We did, however, observe a significant sex × multivariate selection interaction for LRS ($\chi^2 = 7.09$, df = 4, p = 0.13) and MRS ($\chi^2 = 2.00$, df = 4, p = 0.74). We did, however, observe a significant sex × multivariate selection interaction for LRS ($\chi^2 = 7.09$, df = 4, p = 0.74).

Unstandardized, mean, and variance standardized directional selection differentials and gradients for LRS, longevity and MRS are presented in Table 3. Mean standardized directional selection gradients for LRS ranged from -3.103 \pm 1.927 for female tarsus length to 3.551 \pm 1.314 for female bill depth. Only one selection gradient for LRS was statistically significant (female bill depth, $\beta_u = 3.551 \pm 1.314$, p < 0.01) and this appeared to result mostly from selection through longevity ($\beta_u = 2.661 \pm 0.767$, p < 0.001). While not statistically significant in males, selection on bill length through longevity was notably different between the sexes (male $\beta_u = 1.473 \pm 0.867$, p = 0.09, female $\beta_u = -1.493 \pm 0.771$, p = 0.05).

The angle between sex-specific vectors of mean-standardized selection gradients for LRS was 88.5° (95% CI = $31.5^{\circ}-147.65^{\circ}$), meaning that multivariate selection in males and females was neither predominantly parallel nor antagonistic. For longevity and MRS, the angle between sex-

specific vectors of mean-standardized selection gradients were 128.5° (59.5°, 156.4°) and 50.68° (20.43°, 145.82°), respectively. Overall, selection through longevity was therefore (non-significantly) predominantly antagonistic between the sexes, while selection through MRS was predominantly (non-significantly) parallel.

With the exception of bill depth in males, all point estimates for quadratic selection differentials were negative. However, only those for female bill length were significant different from zero (Appendix S1). No clear tendency emerged for quadratic and correlational selection gradients, with statistical support being generally low (Appendix S2).

Selection responses

Predicted mean-standardized sex-specific responses when including and excluding the **B** matrix are presented in Fig. 1. Point estimates for predictions based on LRS were largest for bill depth and smallest for wing length. Selection through survival was expected to contribute most to the evolution of bill depth, while selection through annual reproductive success was expected to contribute most to the evolution of tarsus length. Patterns appeared to differ between the sexes when setting all elements of **B** to zero. Most notably, bills were predicted to become deeper in females but not in males. However, in general, predicted responses in males and females became nearly identical once including **B**, suggesting little opportunity for the evolution of sexual dimorphism given current multivariate selection and additive genetic (co)variances. Note, however, that 95% confidence intervals generally overlapped between traits, fitness components, and sexes.

Genetic variance for fitness

Together, sex-specific selection through LRS and **G** for the morphological traits considered here accounted for genetic variance explaining less than 1% of the phenotypic variation in relative

fitness ($V_{a(\beta' G\beta)} = 0.0025$, 95% CI = 0.0020, 0.0137; $h^2 = 0.0016$, 95% CI = 0.0013, 0.0086, Table 4). About 2/3 of this genetic variance was related to selection through MRS ($V_{a(\beta' G\beta)} = 0.0016$, 95% CI = 0.0004, 0.0084), while the reminder was related selection through longevity ($V_{a(\beta' G\beta)} = 0.0008$, 95% CI = 0.0003, 0.0036). Sex-specific estimates are presented in Table 4.

The correlation between male and female genetic variance for relative fitness accounted for by the set of morphological traits was -0.003 (95% CI = -0.83, 0.83). Longevity and MRS, when considered in isolation, accounted for genetic variances in relative fitness that were negatively -0.43 (95% CI = -0.86, 0.58) and positively 0.59 (95% CI = -0.78, 0.91) correlated between the sexes, respectively. The ratio of $V_{a(\beta'G\beta)}$ obtained while including **B** to $V_{a(\beta'G\beta)}$ obtained while excluding **B** was 1 (R_B = 1.00, 95% CI = 0.27 – 1.73). Cross-sex genetic covariance therefore did not impact $V_{a(\beta'G\beta)}$ relative to a situation where traits were not genetically correlated between the sexes. On the other hand, the presence of separate sexes, relative to a situation where there would be no differences in selection and genetic architectures between the sexes, resulted in a gender load of 50% (95% CI = 13, 86). Gender load estimates for longevity and MRS were 68 % (95% CI = 25, 90) and 26% (95% CI = 8, 84), respectively.

Discussion

Significant additive genetic variance was detected for all traits, indicating that responses to selection and genetic constraints were possible. Corresponding heritability estimates were large, as is usually the case for morphological traits in birds (Merilä & Sheldon, 2001) including previous estimates in Wytham Woods great tits obtained using a variety of methods (Gosler, 1987a; Robinson *et al.*, 2013; Santure *et al.*, 2015). Coefficients of variation (*CV_a*) were also typical of morphological traits in other species (Houle, 1992).

G matrices differed between the sexes, with covariances (and genetic correlations) being consistently smaller in males than in females. Sex differences in **G** are relatively common and have, for example, been documented in a number of vertebrates (Arnold & Phillips, 1999; Jensen *et al.*, 2003), invertebrates (Lewis *et al.*, 2011; Rolff *et al.*, 2005), and plants (Ashman, 2003; Campbell *et al.*, 2011; McDaniel, 2005; Steven *et al.*, 2007). Such differences are important because they indicate that the sexes could respond differently to direct and indirect selection. The larger genetic covariances in females suggest that genetic integration of morphological traits may be greater in that sex. The reasons why that would be are unclear but one possibility could be the presence of sex differences in correlational selection (McGlothlin *et al.*, 2005). Extra-pair paternities (EPP) may also have contributed to these patterns, a point we return to below.

The evolution of sexual dimorphism depends on the structure of the **B** matrix, which includes genetic covariance between homologous as well as non-homologous male and female traits (Lande, 1980; Wyman *et al.*, 2013). Genetic correlations between homologous male and female traits were all very large, which was similar to previous findings for wing length and fledgling mass in the same population (Garant *et al.*, 2004; Robinson *et al.*, 2013). Large genetic correlations for traits exhibiting relatively low level of sexual dimorphism was consistent with the tendency for cross-sex genetic correlations and sexual dimorphism to be negatively correlated (Poissant *et al.*, 2010). Combined with an absence of significant differences in additive genetic variance between the sexes, our results suggests that the short-term evolution of sexual dimorphism in Wytham Woods great tits may be limited for many aspects of morphology (Lande, 1980). In contrast, genetic correlations between non-homologous traits were comparatively small and at first sight appeared to play a smaller role in constraining the evolution of sexual dimorphism; although assessing the constraining effect of individual genetic correlations can be misleading (Walsh & Blows, 2009). Finally, for the traits considered here,

asymmetry of the **B** matrix (i.e. of its off-diagonal elements, Wyman *et al.*, 2013) did not appear to play a role in facilitating the evolution of sexual dimorphism.

The presence of a significant sex × multivariate selection interaction for longevity indicated that aspects of morphology, or correlated traits, were under sex-specific directional survival selection. However, this pattern was attenuated and no longer statistically significant once combined with variation in MRS (i.e. when considering LRS). This illustrates how considering various fitness components can increase knowledge about the biology of selection and constraints, but also how individual fitness components, when treated in isolation, may lead to erroneous evolutionary predictions. In the context of ISC, it also stresses out the need to interpret and compare studies in the context of the fitness component used. For example, Tarka *et al.* (2014) also studied ISC over morphological traits in a wild bird population using LRS but they defined LRS as the total number of fledglings produced over an individual's lifetime whereas we defined LRS as the total number of recruits produced. While results from the two studies are similar, they are therefore not entirely equivalent because the LRS metric used by Tarka *et al.* (2014) did not include selection through survival to adulthood and sexual selection (i.e. finding a mate) whereas the one used in herein did.

We detected significant directional selection for female bill depth when considering LRS, and this pattern appeared to result primarily from viability selection. Bill morphology is a classic example of a selected trait in birds, as is it closely tied to variation in the availability of different food types. The strength of selection for female bill depth was relatively strong, as a β_u of 3.55 is larger than the 75% percentile for β_u in natural populations ($\beta_u = 1.34$) compiled by Hereford *et al.* (2004). The selection gradient for female bill depth was also especially large considering that our sample size was greater than most published studies to date and that large sample sizes tend to yield smaller, more accurate, estimates (Hereford *et al.*, 2004). In contrast, bill depth did

not appear to be under directional selection in males. Bill length, another important aspect of bill morphology, appeared to be under sexually antagonistic viability (longevity) selection, but this pattern was not mirrored by selection through MRS. As a consequence, evidence for sexually antagonistic selection on bill length was attenuated when considering selection through LRS. Sex differences in selection on bill morphology, believed to arise from sex differences in food utilization, have been documented in other systems. For example, in a wild population of serin (*Serinus serinus*), survival selection on bill morphology was directional in females but stabilizing in males (Björklund & Senar, 2001). Male and female great tits are known to exploit different dietary niches in Wytham Woods (Gosler, 1987a,b) and this could explain patterns documented herein. Additional research on the drivers of sex-specific selection on bill morphology and associated genetic constraints would be valuable; for example on the impact of spatial and temporal heterogeneity in food availability and niche partitioning.

Extra-pair paternity (EPP) has been estimated at 12-13% in the study population (Firth *et al.*, 2015; Patrick *et al.*, 2012) and these could have affected selection coefficients and quantitative genetic parameters estimates. This situation is similar to other studies where molecular parentage analyses are not routinely conducted, such as in humans (e.g. Bolund *et al.*, 2013; Stearns *et al.*, 2012). EPP introduce errors in male LRS estimates, which may unduly reduce covariance between LRS and trait variation in that sex. EPP is also expected to limit phenotypic resemblance between offspring and their (social) father as well as other relatives (e.g. paternal grand-parents), which could reduce additive genetic variance and heritability of both male and female traits estimated from an animal model but more so for male traits (Brommer *et al.*, 2005; Brommer *et al.*, 2007; Charmantier & Réale, 2005; Jensen *et al.*, 2003; Morrissey *et al.*, 2007). Reduced phenotypic resemblance between the sexes. We would expect such a bias to be most pronounced for male-specific genetic covariances, followed by cross-sex and female-specific

covariances. Larger covariances in females compared to males were consistent with this predicted pattern. However, it is worth noting that sex differences in genetic correlations were substantial, and that Morrissey *et al.* (2007) found that, for the most part, genetic correlations are usually unbiased by pedigree errors because covariances and variances are usually underestimated in similar proportions. The large differences between male and female genetic correlations therefore suggest that sex differences in quantitative genetic parameters were unlikely due to EPP alone. Nonetheless, the potential for EPP to bias estimates means that any downstream sex differences in evolutionary predictions should be interpreted with caution.

In this study we have quantified the evolutionary consequences of ISC over a set of morphological traits in a population of great tits by estimating the impacts of sex-specific selection and genetic variance on the population's rate of adaptation. At face value, a gender load of 50% for a set of traits exhibiting little sexual dimorphism appeared substantial. In comparison, in a similar study in Red Deer (Cervus elaphus) by Walling et al. (2014), gender load for a set of life history traits was estimated at 27.5% (calculated from their multivariate evolvability ratio of 1.45). However, additional studies where a similar approach is applied will be needed to reach conclusions on the relative importance of ISC quantified here and by Walling et al. (2014). Estimates were also arguably imprecise, but since the current study and the one of Walling et al. (2014) were based on two of the world's largest datasets for wild pedigreed populations, similarly or even less precise results are to be expected as researchers work toward quantifying the impacts of ISC in other systems. This is perhaps not surprising given that the estimation of genetic covariances is known to require large sample sizes (Lynch, 1999) and that selection analyses in wild populations are often underpowered (Hersch & Phillips, 2004). In that context, the joint publication of B matrices and sex-specific selection gradients should be encouraged, even in the absence of significant results, as compiling results from a large number of studies will be necessary to contextualize results and gain a broader

understanding of the importance of ISC in constraining contemporary evolution in natural populations (Cox & Calsbeek, 2009; Poissant *et al.*, 2010; Wyman *et al.*, 2013).

Table 1. Number of individuals, raw trait means (in millimetres), sexual dimorphism index (SDI) and univariate quantitative genetic parameters for sex-specific morphological traits in a wild population of great tits. Phenotypic variances after having accounted for fixed effects (V_p) and additive genetic variances (V_a) were estimated using a multivariate animal model. Heritability ($h^2 = V_a / V_p$), coefficient of variation (CV_a) and mean-standardized additive genetic variance (I_a) are also presented. Standard errors are presented in parentheses. Statistical significance of V_a was tested using likelihood ratio tests.

trait	n	mean (sd)	SDI	V _p	V _a	h²	CV _a	<i>la</i> * 10000
males								
wing length	1207	75.86 (1.32)	-0.039	1.663 (0.072)	1.255 (0.132)***	0.75 (0.06)	1.48 (0.08)	2.18 (0.23)
tarsus length	1171	23.71 (0.52)	-0.033	0.259 (0.012)	0.164 (0.022)***	0.63 (0.07)	1.71 (0.11)	2.91 (0.38)
bill depth	1167	4.59 (0.14)	-0.035	0.017 (0.001)	0.010 (0.001)***	0.57 (0.07)	2.15 (0.16)	4.63 (0.69)
bill length	1167	13.46 (0.41)	0.016	0.156 (0.007)	0.082 (0.013)***	0.53 (0.08)	2.13 (0.17)	4.54 (0.74)
females								
wing length	1367	73.05 (1.30)	-	1.603 (0.066)	1.247 (0.121)***	0.78 (0.06)	1.53 (0.07)	2.34 (0.23)
tarsus length	1321	22.95 (0.53)	-	0.264 (0.011)	0.204 (0.022)***	0.77 (0.06)	1.97 (0.11)	3.87 (0.41)
bill depth	1322	4.44 (0.14)	-	0.018 (0.001)	0.011 (0.001)***	0.64 (0.07)	2.40 (0.16)	5.78 (0.75)
bill length	1322	13.68 (0.47)	-	0.222 (0.009)	0.136 (0.018)***	0.61 (0.07)	2.69 (0.18)	7.25 (0.98)

p < 0.05, ** p < 0.01, *** p < 0.001.

Arti epter

Table 2. Additive genetic (co)variances and correlations for sex-specific morphological traits in wild great tit population. Genetic variances are on the diagonal (shaded), genetic covariances are below the diagonal, and genetic correlations are above the diagonal. All traits were measured in millimeters (mm). Statistical significance of (co)variance components was determined using likelihood ratio tests. Standard errors generated by ASReml are presented in parentheses.

sex		males				females			
	trait	wing length	tarsus length	bill depth	bill length	wing length	tarsus length	bill depth	bill length
males	wing length	1.255 (0.132)***	0.124 (0.082)	0.074 (0.088)	0.117 (0.092)	0.925 (0.071) [†]	0.180 (0.082)	0.237 (0.088)	0.133 (0.089)
	tarsus length	0.056 (0.039)	0.164 (0.022)***	-0.027 (0.101)	0.163 (0.102)	0.213 (0.083)	0.923 (0.082) [†]	0.039 (0.096)	0.293 (0.098)
	bill depth	0.008 (0.010)	-0.001 (0.004)	0.010 (0.001)***	0.163 (0.107)	0.203 (0.090)	0.152 (0.096)	0.961 (0.101) [†]	0.429 (0.103)
	bill length	0.037 (0.030)	0.019 (0.012)	0.005 (0.003)	0.082 (0.013)***	0.166 (0.092)	0.340 (0.098)	0.325 (0.103)	0.837 (0.100) [†]
females	wing length	1.157 (0.097)***	0.096 (0.038)	0.022 (0.010)*	0.053 (0.030)	1.247 (0.121)***	0.314 (0.064)	0.359 (0.078)	0.156 (0.081)
	tarsus length	0.091 (0.042)	0.169 (0.016)***	0.007 (0.004)	0.044 (0.013)***	0.158 (0.039)***	0.204 (0.022)***	0.243 (0.080)	0.454 (0.082)
	bill depth	0.028 (0.011)*	0.002 (0.004)	0.010 (0.001)***	0.010 (0.003)**	0.043 (0.010)***	0.012 (0.004)*	0.011 (0.001)***	0.508 (0.082)
	bill length	0.055 (0.037)	0.044 (0.014)**	0.016 (0.004)***	0.088 (0.011)***	0.064 (0.034)	0.075 (0.014)***	0.020 (0.004)***	0.136 (0.018)***

* p < 0.05, ** p < 0.01, *** p < 0.001.

[†] identifies genetic correlations that were not significantly smaller than 1.

Articl cepte

Table 3. Sex-specific directional selection coefficients for morphological traits in a wild population of great tits. Mean and variance standardized selection differentials (S_u and S_σ) were obtained by dividing unstandardized differentials (S) by trait means and standard deviations, respectively. Mean and variance standardized selection gradients (β_u and β_σ) were obtained by multiplying unstandardized selection gradients (β) by trait means and standard deviations, respectively. Trait means and standard deviations were those from the larger dataset used to estimate quantitative genetic parameters presented in Table 1. Note that while S_σ is equivalent to β_σ obtained from a model including a single trait, there is no such correspondence for unstandardized and mean-standardized selection differentials and gradients. Lifetime reproductive success (LRS), longevity and mean annual reproductive success (MRS) were used as the fitness metrics. Analyses were based on phenotypic values obtained during each bird's first nesting season (May-June). All traits were in millimeters (mm). Standard errors (SE) and p-values were obtained using 10000 parametric bootstraps. Quadratic and correlational selection coefficients are presented in Appendix S1.

	Fitness									
Trait	metric	<i>S</i> (× 100)	<i>S</i> _u (× 100)	S_{σ} (× 100)	р	β	βu	eta_σ	р	
males										
Wing length	LRS	-0.561 (5.134)	-0.007 (0.068)	-0.424 (3.882)	0.89	-0.001 (0.034)	-0.051 (2.545)	-0.001 (0.044)	0.98	
Tarsus length		-1.020 (1.819)	-0.043 (0.077)	-1.962 (3.502)	0.58	-0.044 (0.082)	-1.048 (1.943)	-0.023 (0.043)	0.58	
Bill depth		-0.169 (0.561)	-0.037 (0.122)	-1.230 (4.088)	0.76	-0.127 (0.312)	-0.581 (1.433)	-0.017 (0.043)	0.67	
Bill length		1.766 (1.578)	0.131 (0.117)	4.325 (3.865)	0.27	0.121 (0.099)	1.628 (1.335)	0.049 (0.041)	0.23	
Wing length	longevity	-2.645 (2.752)	-0.035 (0.036)	-2.000 (2.081)	0.32	-0.016 (0.020)	-1.230 (1.534)	-0.021 (0.027)	0.43	
Tarsus length		-0.048 (0.960)	-0.002 (0.040)	-0.093 (1.849)	0.95	-0.001 (0.050)	-0.014 (1.193)	-0.000 (0.026)	1.00	

Bill depth		-0.040 (0.307)	-0.009 (0.067)	-0.291 (2.240)	0.91	-0.042 (0.197)	-0.194 (0.907)	-0.006 (0.027)	0.82
Bill length		1.619 (0.745)	0.120 (0.055)	3.966 (1.824)	< 0.05	0.110 (0.064)	1.473 (0.867)	0.045 (0.026)	0.09
Wing length	MRS	-3.114 (4.925)	-0.041 (0.065)	-2.355 (3.724)	0.53	0.017 (0.030)	1.296 (2.285)	0.023 (0.040)	0.56
Tarsus length		-1.603 (1.965)	-0.068 (0.083)	-3.087 (3.782)	0.40	-0.059 (0.076)	-1.406 (1.792)	-0.031 (0.039)	0.44
Bill depth		-0.453 (0.559)	-0.099 (0.122)	-3.302 (4.074)	0.42	-0.074 (0.285)	-0.338 (1.309)	-0.010 (0.039)	0.80
Bill length		-0.609 (1.525)	-0.045 (0.113)	-1.490 (3.736)	0.70	0.002 (0.094)	0.022 (1.263)	0.001 (0.038)	1.00
females									
Wing length	LRS	2.474 (5.246)	0.034 (0.072)	1.903 (4.036)	0.63	0.012 (0.032)	0.853 (2.355)	0.015 (0.042)	0.71
Tarsus length		-1.517 (2.113)	-0.066 (0.092)	-2.877 (4.006)	0.48	-0.135 (0.084)	-3.103 (1.927)	-0.071 (0.044)	0.11
Bill depth		1.361 (0.518)	0.307 (0.117)	9.723 (3.697)	< 0.01	0.800 (0.296)	3.551 (1.314)	0.112 (0.041)	< 0.01
Bill length		-1.199 (1.886)	-0.088 (0.138)	-2.529 (3.977)	0.53	-0.040 (0.092)	-0.541 (1.261)	-0.019 (0.044)	0.67
Wing length	longevity	4.032 (2.490)	0.055 (0.034)	3.102 (1.916)	0.10	0.012 (0.019)	0.869 (1.375)	0.016 (0.024)	0.52
Tarsus length		1.398 (0.992)	0.061 (0.043)	2.651 (1.880)	0.15	0.014 (0.050)	0.331 (1.143)	0.008 (0.026)	0.75
Bill depth		1.017 (0.267)	0.229 (0.060)	7.262 (1.908)	< 0.001	0.588 (0.173)	2.611 (0.767)	0.082 (0.024)	< 0.001
Bill length		-1.642 (0.847)	-0.120 (0.062)	-3.462 (1.786)	0.05	-0.109 (0.056)	-1.493 (0.771)	-0.052 (0.027)	0.05
Wing length	MRS	-2.224 (4.963)	-0.030 (0.068)	-1.710 (3.818)	0.67	0.001 (0.028)	0.079 (2.075)	0.001 (0.037)	0.97
Tarsus length		-3.526 (1.915)	-0.154 (0.083)	-6.685 (3.632)	0.06	-0.136 (0.075)	-3.131 (1.717)	-0.072 (0.039)	0.07
Bill depth		0.053 (0.502)	0.012 (0.113)	0.379 (3.588)	0.92	0.245 (0.263)	1.085 (1.166)	0.034 (0.037)	0.34
Bill length		-1.150 (1.614)	-0.084 (0.118)	-2.425 (3.404)	0.47	0.046 (0.081)	0.625 (1.111)	0.022 (0.039)	0.57

Articl epter

Table 4. Sex-specific and population-wide genetic variance in relative fitness accounted for by a set of morphological traits in a wild population of great tits ($V_{a(\beta' G\beta)}$), as well as their associated heritability (h^2), cross-sex genetic covariance ($COV_{a(\beta_m' G_m \beta_m, \beta_f' G_f \beta_f)}$), and correlation (r_{mf}). Mean-standardized genetic variance I_a and coefficient of variation CV_a are also presented. Fitness metrics considered were lifetime reproductive success (LRS), longevity and mean annual reproductive success (MRS). Estimates were obtained using sex-specific selection gradients while including ($\mathbf{B} \neq 0$) or excluding ($\mathbf{B} = 0$) cross-sex genetic covariances. 95% CI are presented in parenthesis.

dataset	$V_{a(\beta'\mathbf{G}eta)}$	$COV_{a(\beta_m'\mathbf{G}_m\beta_m,\beta_f'\mathbf{G}_f\beta_f)}$	r_{mf}	h ²	la	CVa
LRS						
Male	0.0013 (0.0007, 0.0148)	-	-	0.0009 (0.0005, 0.0104)	0.0011 (0.0006, 0.0120)	3.28 (2.37, 10.97)
Female	0.0086 (0.0030, 0.0283)	-	-	0.0051 (0.0018, 0.0166)	0.0070 (0.0024, 0.0229)	8.36 (4.91, 15.12)
Population ($\mathbf{B} \neq 0$)	0.0025 (0.0008, 0.0110)	-0.00001 (-0.00750, 0.00770)	-0.003 (-0.827, 0.834)	0.0016 (0.0005, 0.0070)	0.0020 (0.0006, 0.0089)	4.49 (2.54, 9.43)
Population (B = 0)	0.0025 (0.0016, 0.0089)	-	-	0.0016 (0.0010, 0.0056)	0.0020 (0.0013, 0.0072)	4.49 (3.57, 8.47)
Longevity						
Male	0.0012 (0.0004, 0.0072)	-	-	0.0027 (0.0009, 0.0169)	0.0007 (0.0002, 0.0044)	2.69 (1.57, 6.67)
Female	0.0037 (0.0014, 0.0108)	-	-	0.0088 (0.0035, 0.0261)	0.0022 (0.0009, 0.0065)	4.68 (2.93, 8.05)
Population ($\mathbf{B} \neq 0$)	0.0008 (0.0003, 0.0036)	-0.00089 (-0.00389, 0.00190)	-0.430 (-0.859, 0.584)	0.0018 (0.0007, 0.0087)	0.0005 (0.0002, 0.0022)	2.15 (1.32, 4.71)
Population (B = 0)	0.0012 (0.0008, 0.0037)	-	-	0.0029 (0.0018, 0.0087)	0.0007 (0.0005, 0.0022)	2.71 (2.16, 4.71)

MRS

Male	0.0008 (0.0005, 0.0126)	-	-	0.0006 (0.0003, 0.0091)	0.0011 (0.0006, 0.0165)	3.33 (2.47, 12.85)
Female	0.0035 (0.0010, 0.0171)	-	-	0.0025 (0.0007, 0.0121)	0.0049 (0.0014, 0.0241)	7.00 (3.68, 15.52)
Population ($\mathbf{B} \neq 0$)	0.0016 (0.0004, 0.0084)	0.00102 (-0.00376, 0.00654)	0.594 (-0.780, 0.907)	0.0011 (0.0003, 0.0060)	0.0022 (0.0006, 0.0115)	4.65 (2.49, 10.71)
Population ($\mathbf{B} = 0$)	0.0011 (0.0007, 0.0059)	-	-	0.0008 (0.0005, 0.0042)	0.0015 (0.0010, 0.0080)	3.83 (3.20, 8.96)

References

- Agrawal, A.F. & Stinchcombe, J.R. 2009. How much do genetic covariances alter the rate of adaptation? *Proc. R. Soc. B* **276:** 1183-1191.
- Arnold, S.J. & Phillips, P.C. 1999. Hierarchical comparison of genetic variance-covariance matrices. II. Coastal-inland divergence in the garter snake, *Thamnophis elegans*. *Evolution* 53: 1516-1527.

Arnqvist, G. & Rowe, L. 2005. Sexual conflict. Princeton University Press, Princeton.

- Ashman, T.-L. 2003. Constraints on the evolution of males and sexual dimorphism: field estimates of genetic architecture of reproductive traits in three populations of gynodioecious *Fragaria virginiana*. *Evolution* **57**: 2012-2025.
- Barker, B.S., Phillips, P.C. & Arnold, S.J. 2010. A test of the conjecture that G-matrices are more stable than B-matrices. *Evolution* **64:** 2601-2613.
- Bedhomme, S. & Chippindale, A.K. 2007. Irreconcilable differences: when sexual dimorphism fails to resolve sexual conflict. In: *Sex, size and gender roles. Evolutionary studies of sexual dimorphism* (D. J. Fairbairn, W. U. Blanckenhorn & T. Székely, eds), pp. 185-194.
 Oxford University Press, Oxford.
- Björklund, M. & Linden, M. 1993. Sexual size dimorphism in the great tit (Parus major) in relation to history and current selection. *J. Evol. Biol.* **6:** 397-415.
- Björklund, M. & Senar, J.C. 2001. Sex differences in survival selection in the serin, Serinus serinus. J. Evol. Biol. 14: 841-849.
- Blakey, J.K. & Perrins, C.M. 1999. Post fledging survival of great tits Parus major in relation to sex. In: *22 Int. Ornothol. Congr.* (N. J. Adams & R. H. Slotow, eds), pp. 1364-1380.
- Bolund, E., Bouwhuis, S., Pettay, J.E. & Lummaa, V. 2013. Divergent selection on, but no genetic conflict over, female and male timing and rate of reproduction in a human population. *Proc. R. Soc. B.* 280: 20132002.

Bonduriansky, R. & Chenoweth, S.F. 2009. Intralocus sexual conflicts. *Trends Ecol. Evol.* **24**: 280-288.

- Brommer, J.E., Ahola, K. & Karstinen, T. 2005. The colour of fitness: plumage coloration and lifetime reproductive success in the tawny owl. *Proc. R. Soc. B.* **272:** 935-940.
- Brommer, J.E., Kirkpatrick, M., Qvarnström, A. & Gustafsson, L. 2007. The intersexual genetic correlation for lifetime fitness in the wild and its implications for sexual selection. *PLoS ONE* **2**: e744.
- Campbell, D.R., Weller, S.G., Sakai, A.K., Culley, T.M., Dang, P.N. & Dunbar-Wallis, A.K. 2011. Genetic variation and covariation in floral allocation of two species of schiedea with contrasting levels of sexual dimorphism. *Evolution* **65**: 757-770.
- Charmantier, A. & Réale, D. 2005. How do misassigned paternities affect the estimation of heritability in the wild? *Mol. Ecol.* **14:** 2839-2850.
- Chenoweth, S.F. & Blows, M.W. 2005. Contrasting mutual sexual selection on homologous signal traits in *Drosophila serrata*. *Am. Nat.* **165**: 281-289.
- Cox, R.M. & Calsbeek, R. 2009. Sexually antagonistic selection, sexual dimorphism, and the resolution of intralocus sexual conflict. *Am. Nat.* **173**: 176-187.

Dominicus, A., Skrondal, A., Gjessing, H.K., Pedersen, N.L. & Palmgren, J. 2006. Likelihood ratio tests in behavioral genetics: problems and solutions. *Behav. Genet.* **36:** 331-340.

- Fairbairn, D.J. 2007. Introduction: the enigma of sexual size dimorphism. In: Sex, size and gender roles. Evolutionary studies of sexual dimorphism (D. J. Fairbairn, W. U.
 Blanckenhorn & T. Székely, eds), pp. 1-15. Oxford University Press, Oxford.
- Fairbairn, D.J., Blanckenhorn, W.U. & Székely, T. 2007. *Sex, size and gender roles. Evolutionary studies of sexual dimorphism*. Oxford University Press, Oxford.
- Firth, J.A., Hadfield, J.D., Santure, A.W., Slate, J. & Sheldon, B.C. 2015. The influence of nonrandom extra-pair paternity on heritability estimates derived from wild pedigrees. *Evolution* 69: 1336-1344.

- Foerster, K., Coulson, T., Sheldon, B.C., Pemberton, J.M., Clutton-Brock, T.H. & Kruuk, L.E.B.
 2007. Sexually antagonistic genetic variation for fitness in red deer. *Nature* 447: 1107-1110.
- Garant, D., Kruuk, L.E.B., McCleery, R. & Sheldon, B.C. 2004. Evolution in a changing environment: A case study with great tit fledging mass. *Am. Nat.* **164:** E115-E129.
- Gilmour, A.R., Gogel, B.J., Cullis, B.R. & Thompson, R. 2009. *ASReml user guide. Release 3.0.* VSN International Ltd, Hemel Hempstead, UK.
- Gosden, T.P., Shastri, K.-L., Innocenti, P. & Chenoweth, S.F. 2012. The B-matrix harbours significant and sex-specific constraints on the evolution of multi-character sexual dimorphism. *Evolution* **66**: 2106-2116.
- Gosler, A. 1993. The great tit. Hamlyn, London.
- Gosler, A.G. 1987a. Pattern and process in the bill morphology of the Great Tit Parus major. *Ibis* **129:** 451-476.
- Gosler, A.G. 1987b. Sexual dimorphism in the summer bill-length of the Great Tit Parus major. *Ardea* **75:** 91-98.
- Gosler, A.G. 1990. The variable niche hypothesis revisited an analysis of intra- and interspecific differences in bill variation in *Parus*. In: *Population Biology of Passerine Birds*.
 NATO ASI Series Vol. 24, Vol. 24 (Blondel, Gosler, Lebreton & McCleery, eds), pp. 167-174.
- Hadfield, J.D. 2010. MCMC methods for multi-response generalized linear mixed models: The MCMCglmm R package. *J. Stat. Softw.* **33:** 1-22.
- Hansen, T.F. & Houle, D. 2008. Measuring and comparing evolvability and constraint in multivariate characters. *J. Evol. Biol.* **21**: 1201-1219.
- Hereford, J., Hansen, T.F. & Houle, D. 2004. Comparing strengths of directional selection: how strong is strong? *Evolution* **58**: 2133-2143.

- Hersch, E.I. & Phillips, P.C. 2004. Power and potential bias in field studies of natural selection. *Evolution* **58:** 479-485.
- Houle, D. 1992. Comparing evolvability and variability of quantitative traits. *Genetics* **130**: 195-204.
- Houle, D., Pelabon, C., Gunter, P.W. & Hansen, T.F. 2011. Measurement and meaning in biology. *Q. Rev. Biol.* 86: 3-34.
- Jensen, H., Saether, B.-E., Ringsby, T.H., Tufto, J., Griffith, S.C. & Ellegren, H. 2003. Sexual variation in heritability and genetic correlations of morphological traits in house sparrow (*Passer domesticus*). *J. Evol. Biol.* **16**: 1296-1307.
- Jensen, H., Steinsland, I., Ringsby, T.H. & Sæther, B.-E. 2008. Evolutionary dynamics of a sexual ornament in the house sparrow *Passer domesticus*: The role of indirect selection within and between sexes. *Evolution* **62**: 1275-1293.
- Kruuk, L.E.B. 2004. Estimating genetic parameters in natural populations using the 'animal model'. *Phil. Trans. R. Soc. B.* **359:** 873-890.
- Lande, R. 1979. Quantitative genetic analysis of multivariate evolution, applied to brain: body size allometry. *Evolution* **33**: 402-416.
- Lande, R. 1980. Sexual dimorphism, sexual selection, and adaptation in polygenic characters. *Evolution* **34:** 292-305.
- Lewis, Z., Wedell, N. & Hunt, J. 2011. Evidence for strong intralocus sexual conflict in the indian meal moth, Plodia interpunctella. *Evolution* **65**: 2085-2097.
- Lovich, J.E. & Gibbons, J.W. 1992. A review of techniques for quantifying sexual size dimorphism. *Growth Dev. Aging* **56:** 269-281.

Lynch, M. 1999. Estimating genetic correlations in natural populations. 74: 255-264.

McCleery, R.H., Pettifor, R.A., Armbruster, P., Meyer, K., Sheldon, B.C. & Perrins, C.M. 2004.
 Components of variance underlying fitness in a natural population of the great tit Parus major. 164: E62-E72.

McDaniel, S.F. 2005. Genetic correlations do not constrain the evolution of sexual dimorphism in the moss *Ceratodon purpureus*. *Evolution* **59**: 2352-2361.

- McGlothlin, J.W., Parker, P.G., Nolan Jr., V. & Ketterson, E.D. 2005. Correlational selection leads to genetic integration of body size and an attractive plumage trait in dark-eyed juncos. *Evolution* **59**: 658-671.
- Merilä, J. & Sheldon, B.C. 2001. Avian quantitative genetics. Curr. Ornithol. 16: 179 255.
- Morrissey, M. & Sakrejda, K. 2013. Unification of regression-based methods for the analysis of natural selection. *Evolution* **67:** 2094-2100.
- Morrissey, M.B., Wilson, A.J., Pemberton, J.M. & Ferguson, M.M. 2007. A framework for power and sensitivity analyses for quantitative genetic studies of natural populations, and case studies in Soay sheep (Ovis aries). *J. Evol. Biol.* **20**: 2309-2321.
- Morrissey, M.B., Parker, D.J., Korsten, P., Pemberton, J.M., Kruuk, L.E.B. & Wilson, A.J. 2012. The prediction of adaptive evolution: empirical application of the secondary theorem of selection and comparison to the breeder's equation. *Evolution* **66**: 2399-2410.
- Patrick, S.C., Chapman, J.R., Dugdale, H.L., Quinn, J.L. & Sheldon, B.C. 2012. Promiscuity, paternity and personality in the great tit. *Proc. R. Soc. B.* **279:** 1724-1730.
- Pennell, T.M. & Morrow, E.H. 2013. Two sexes, one genome: the evolutionary dynamics of intralocus sexual conflict. *Ecol. Evol.* **3**: 1819-1834.
- Perrins, C.M. & Gosler, A.G. 2010. Birds. In: Wytham Woods Oxford's ecological laboratory (P.
 S. Savill, C. M. Perrins, K. J. Kirby & N. Fisher, eds), pp. 145-171. Oxford University
 Press, Oxford.
- Poissant, J., Wilson, A.J. & Coltman, D.W. 2010. Sex-specific genetic variance and the evolution of sexual-dimorphism: a systematic review of cross-sex genetic correlations. *Evolution* **64:** 97-107.
- R Core Team. 2015. R: A language and environment for statistical computing. See https://www.r-project.org/.

- Robinson, M.R., Santure, A.W., DeCauwer, I., Sheldon, B.C. & Slate, J. 2013. Partitioning of genetic variation across the genome using multimarker methods in a wild bird population. *Mol. Ecol.* 22: 3963-3980.
- Rolff, J., Armitage, S.A.O. & Coltman, D.W. 2005. Genetic constraints and sexual dimorphism in immune defense. *Evolution* **59**: 1844-1850.
- Santure, A.W., Poissant, J., De Cauwer, I., van Oers, K., Robinson, M.R., Quinn, J.L. *et al.* 2015. Replicated analysis of the genetic architecture of quantitative traits in two wild great tit populations. *Mol. Ecol.* 24: 6148-6162.
- Savill, P.S., Perrins, C.M., Kirby, K.J. & Fisher, N., eds. 2010. *Wytham Woods: Oxford's* ecological laboratory. Oxford University Press, Oxford.
- Self, S.G. & Liang, K.-Y. 1987. Asymptotic properties of maximum likelihood estimators and likelihood ratio tests under nonstandard conditions. *J. Amer. Statist. Assoc.* 82: 605-610.
- Stearns, S.C., Govindaraju, D.R., Ewbank, D. & Byars, S.G. 2012. Constraints on the coevolution of contemporary human males and females. *Proc. R. Soc. B.* **279:** 4836-4844.
- Steven, J.C., Delph, L.F. & Brodie III, E.D. 2007. Sexual dimorphism in the quantitative-genetic architecture of floral, leaf, and allocation traits in *Silene latifolia*. *Evolution* **61**: 42-57.
- Székely, T., Lislevand, T. & Figuerola, J. 2007. Sexual size dimorphism in birds. In: Sex, size and gender roles. Evolutionary studies of sexual dimorphism (D. J. Fairbairn, W. U. Blanckenhorn & J. Székely, eds), pp. 27-37. Oxford University Press, Oxford.
- Tarka, M., Akesson, M., Hasselquist, D. & Hansson, B. 2014. Intralocus sexual conflict over wing length in a wild migratory bird. *Am. Nat.* **183**.
- Walling, C.A., Morrissey, M.B., Foerster, K., Clutton-Brock, T.H., Pemberton, J.M. & Kruuk,
 L.E.B. 2014. A multivariate analysis of genetic constraints to life history evolution in a wild population of red deer. *Genetics* 198: 1735-1749.

- Walsh, B. & Blows, M.W. 2009. Abundant genetic variation + strong selection = multivariate genetic constraints: A geometric view of adaptation. *Annu. Rev. Ecol. Evol. Syst.* 40: 41-59.
- Wilson, A.J. 2008. Why h2 does not always equal VA/VP? J. Evol. Biol. 21: 647-650.
- Wilson, A.J., Réale, D., Clements, M.N., Morrissey, M.M., Postma, E., Walling, C.A. *et al.* 2010.An ecologist's guide to the animal model. *J. Anim. Ecol.* **79**: 13-26.
- Wilson, A.J. & Poissant, J. 2016. Quantitative genetics in natural populations. In: *The Encyclopedia of Evolutionary Biology*, Vol. 3 (R. M. Kliman, ed.), pp. 361-371. Academic Press, Oxford.
- Wolak, M.E., Roff, D.A. & Fairbairn, D.J. 2015. Are we underestimating the genetic variances of dimorphic traits? *Ecol. Evol.* **5:** 590-597.
- Wyman, M.J., Stinchcombe, J.R. & Rowe, L. 2013. A multivariate view of the evolution of sexual dimorphism. *J. Evol. Biol.* **26:** 2070-2080.

Figure legends

Figure 1. Predicted mean-standardized sex-specific responses (Δz_u) for morphometric traits in a wild population of great tits. Predictions were obtained while excluding and including cross-sex genetic covariances (**B** = 0 and **B** \neq 0, respectively). Male-specific responses are in black while female responses are in white. Circles depict responses expected from selection through LRS, while squares and triangles are for selection through longevity and mean annual reproductive success MRS), respectively. Error bars show 95% confidence intervals.

