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Table A.

Number of oral medications taken in addition to the target medication

	All N = 966 umber of oral medicines n (%)		One to	One target		В	Co-coo	damol	Tramadol		
Number of oral medicines			N = 701 n (%)		N = n (N = : n (9		N = n (
1-3	273	(28.3)	223	(31.8)	32	(37.6)	129	(34.6)	62	(25.5)	
4-5	329	(34.1)	253	(36.1)	34	(40.0)	146	(39.1)	73	(30.0)	
6-7	103	(10.7)	69	(9.8)	10	(11.8)	26	(7.0)	33	(13.6)	
8-9	84	(8.7)	57	(8.1)	3	(3.5)	30	(8.0)	24	(9.9)	
10 or more	177	(18.3)	99	(14.1)	6	(7.1)	42	(11.3)	51	(21.0)	

Table B.

Adherence results for each question of the Morisky Medication Adherence Scale

Scores recorded at baseline, showing numbers for the 'high adherence' answer in each case. Use of the ©MMAS is protected by US copyright laws. Permission for use is required. A Licensure agreement is available from: Donald E. Morisky, ScD, ScM, MSPH, Professor, Department of Community Health Sciences, UCLA School of Public Health, 650 Charles E. Young Drive South, Los Angeles, CA 90095-1772, dmorisky@ucla.edu.

		Analysis population		One	One target		TDB	Co-codamol		Tramadol	
			= 966 ı (%)		= 701 n (%)		= 85 1 (%)		= 373 n (%)		= 243 (%)
Q1: Do you sometimes forget to take your OA pain medication(s)?	No	618	(64.0)	454	(64.8)	53	(62.4)	239	(64.1)	162	(66.7)
Q2: People sometimes miss taking their medications for reasons other than forgetting. Thinking over the past 2 weeks, were there any days when you did not take you OA pain medication(s)?	No	644	(66.7)	465	(66.3)	70	(82.4)	233	(62.5)	162	(66.7)
Q3: Have you ever cut back or stopped taking your OA medication(s) without telling your doctor, because you felt worse when you took it?	No	659	(68.3)	479	(68.3)	58	(68.2)	243	(65.1)	178	(73.3)
Q4: When you travel or leave home, do you sometimes forget to bring along your OA medications(s)?	No	714	(74.0)	520	(74.2)	71	(83.5)	259	(69.4)	190	(78.2)
Q5: Did you take/wear your OA pain medication(s) yesterday?	Yes	803	(83.2)	565	(80.6)	59	(69.4)	301	(80.7)	205	(84.4)
Q6: When you feel like your OA pain is under control, do you sometimes stop taking your medication(s)?	No	618	(64.0)	434	(61.9)	68	(80.0)	194	(52.0)	172	(70.8)
Q7: Taking medication(s) every day is a real inconvenience for some people. Do you ever feel hassled about sticking to your OA pain treatment plan?	No	522	(54.1)	393	(56.1)	62	(72.9)	192	(51.5)	139	(57.2)
Q8: How often do you have difficulty remembering to take all your medication(s)?	Never/ rarely	417	(43.2)	303	(43.2)	45	(52.9)	158	(42.4)	100	(41.2)

Table C.

Reasons for discontinuation

Reasons for discontinuation after Months 1, 2 and 3 (full analysis population; this table includes patients who were in single treatment groups at each follow up, which may be different from their treatment group at baseline).

					TDB					Co-	codamol					Tra	amadol		
		М	onth 1	М	onth 2	М	onth 3	М	onth 1	M	onth 2	М	onth 3	M	onth 1	М	onth 2	N	lonth 3
		1)	N = 35)	(1)	l = 17)	(1)	l = 11)	(N	= 203)	(N	= 149)	(N	= 130)	(N	l = 145)	(N	= 116)	(N	l = 104)
Patients who	Yes	6	(17.1%)	2	(11.8%)	1	(9.1%)	13	(6.4%)	5	(3.4%)	7	(5.4%)	9	(6.2%)	7	(6.0%)	11	(10.6%)
changed treatment	No	29	(82.9%)	15	(88.2%)	10	90.9%	190	(93.6%)	144	(96.6%)	123	(94.6%)	136	(93.8%)	109	(94.0%)	93	(89.4%)
group																			
Reasons for	n (missing)	6	(29)	2	(15)	1	(10)	12	(191)	5	(144)	7	(123)	8	(137)	7	(109)	11	(93)
discontinuation	Side-effects experienced specifically due to your medication	0	(0.0%)	0	(0.0%)	1	(100.0%)	5	(41.7%)	2	(40.0%)	1	(14.3%)	0	(0.0%)	4	(57.1%)	2	(18.2%)
	Felt better/didn't feel the need for it	2	(33.3%)	0	(0.0%)	0	(0.0%)	1	(8.3%)	0	(0.0%)	3	(42.9%)	0	(0.0%)	0	(0.0%)	4	(36.4%)
	Wasn't working/lack of effect	2	(33.3%)	1	(50.0%)	0	(0.0%)	3	(25.0%)	0	(0.0%)	1	(14.3%)	3	(37.5%)	1	(14.3%)	1	(9.1%)
	Wanted to reduce tablet burden	1	(16.7%)	0	(0.0%)	0	(0.0%)	0	(0.0%)	2	(40.0%)	1	(14.3%)	1	(12.5%)	0	(0.0%)	0	(0.0%)
	Complicated dosing regimen	0	(0.0%)	0	(0.0%)	0	(0.0%)	0	(0.0%)	0	(0.0%)	0	(0.0%)	0	(0.0%)	0	(0.0%)	0	(0.0%)
	Other	1	(16.7%)	1	(50.0%)	0	(0.0%)	1	(8.3%)	0	(0.0%)	0	(0.0%)	1	(12.5%)	1	(14.3%)	3	(27.3%)
	Not provided	0	(0.0%)	0	(0.0%)	0	(0.0%)	2	(16.7%)	1	(20.0%)	1	(14.3%)	3	(37.5%)	1	(14.3%)	1	(9.1%)

Table D.

Adverse events reported

Events with an incidence ≥10% at system organ class level, or ≥5% at preferred term level are included. System organ class is listed alphabetically and MedDRA term is listed in descending frequency within each system organ class.

System Organ Class MedRA Preferred Term	One target (N = 701) n (%)		(N	TDB = 85) ı (%)	(N =	damol 373) (%)	(N =	nadol 243) %)
Any adverse event	359	(51.2)	26	(30.6)	199	(53.4)	134	(55.1)
Gastrointestinal Disorders	195	(27.8)	15	(17.6)	129	(34.6)	51	(21)
Constipation	122	(17.4)	8	(9.4)	89	(23.9)	25	(10.3)
Nausea	40	(5.7)	3	(3.5)	27	(7.2)	10	(4.1)
General disorders and administration site conditions	150	(21.4)	14	(16.5)	69	(18.5)	67	(27.6)
Fatigue	40	(5.7)	5	(5.9)	16	(4.3)	19	(7.8)
Malaise	41	(5.8)	3	(3.5)	21	(5.6)	17	(7.0)
Nervous System Disorders	148	(21.1)	6	(7.1)	76	(20.4)	66	(27.2)
Dizziness	56	(8.0)	5	(5.9)	25	(6.7)	26	(10.7)
Somnolence	79	(11.3)	1	(1.2)	42	(11.3)	36	(14.8)
Psychiatric Disorders	45	(6.4)	1	(1.2)	17	(4.6)	27	(11.1)
Insomnia	17	(2.4)	1	(1.2)	3	(8.0)	13	(5.3)

Satisfaction, adherence and health-related quality of life with transdermal buprenorphine compared with oral opioid medications in the usual care of osteoarthritis pain. The Patient. Conaghan PG,¹ Serpell M,² McSkimming P,³ Junor R,⁴ Dickerson S⁴

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