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1 **Clinical epidemiology, treatment and prognostic factors of extensively**
2 **drug-resistant *Acinetobacter baumannii* ventilator-associated pneumonia in**
3 **critically ill patients**

4
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14 **Running title: Extensively drug-resistant *Acinetobacter baumannii* ventilator-associated**
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23

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25

26 **Abstract**

27 Limited data exist regarding prognostic factors and optimal antimicrobial treatment of
28 infections from extensively drug-resistant (XDR) *Acinetobacter baumannii* (AB). This
29 retrospective cohort study included 93 adult patients who developed ventilator-associated
30 pneumonia (VAP) due to XDR-AB in the intensive-care unit of the University Hospital of
31 Heraklion, Greece, from October 2012 to April 2015. XDR-AB isolates were mainly
32 susceptible to colistin (93.5%) and tigecycline (25.8%), whereas 6 (6.5%) strains were
33 pandrug-resistant. Prior to infection, patients had long durations of mechanical ventilation
34 and hospital stay and multiple exposures to antibiotics. Median Charlson comorbidity and
35 APACHE II scores were 2 and 17, respectively. Mortality at 28 days of infection onset was
36 high (34.4%), despite the high rates of active-in-vitro empirical (81.7%) and definitive
37 (90.3%) treatment. Active colistin-based combination therapy (n=55) and monotherapy
38 (n=29) groups had similar 28-day mortality (27.6% vs 30.9%, respectively) and Kaplan-
39 Meier survival estimates over time. In multivariable Cox regression, advanced age (adjusted
40 hazard ratio [aHR] 1.05 per year increase; 95% confidence interval [CI] 1.02 – 1.09), rapidly
41 fatal underlying disease (aHR 2.64; 95% CI 0.98–9.17) and APACHE II score (aHR 1.06 per
42 unit increase; 95% CI 0.99-1.14) were identified as independent predictors of 28-day
43 mortality, but no difference in mortality hazards between the active colistin-based
44 combination therapy and monotherapy groups was produced (aHR 0.88; 95% CI 0.35–2.38).
45 These results support the use of colistin as a first-line agent against VAP in settings where
46 XDR-AB is endemic, but oppose the introduction of colistin-based combination therapy as
47 standard treatment.

48

49 **Keywords:** Acinetobacter; extensively drug-resistant; ventilator-associated pneumonia;
50 antimicrobial resistance; colistin; treatment.

51 **1. Introduction**

52 Ventilator-associated pneumonia (VAP) is a common lethal infection in critical care settings
53 which is also associated with increased morbidity and health care costs [1]. *Acinetobacter*
54 *baumannii* (AB), a pathogen with an alarming ability to rapidly develop antimicrobial
55 resistance, is a major cause of VAP worldwide [1,2]. The emergence of extensively-drug
56 resistant (XDR) strains that are resistant to all but one or two antibiotic classes and often
57 cause hospital outbreaks has become a serious public health threat [2–6]. However, clinical
58 studies in affected patients are scarce and factors predictive of poor outcome have rarely been
59 investigated [7]. Importantly, limited *in vivo* data exist on the efficiency of the few
60 therapeutic options available to treat infections from XDR Gram-negative bacteria. Currently,
61 there are suggestions in the literature that combination therapy should be used, which may
62 even include antibiotics to which the causative pathogen demonstrates *in vitro* resistance
63 [5,8]; but these have been severely criticized [9].

64 The purpose of this study is to describe the clinical and therapeutic profile of XDR-
65 AB VAP in a cohort of critically ill patients and assess prognostic factors of 28-mortality,
66 with a focus on elucidating the effect of active definitive treatment regimens.

67

68 **2. Materials and methods**

69 *2.1 Setting and study design*

70 A retrospective cohort study was conducted in the adult intensive care unit (ICU) of the
71 University Hospital of Heraklion, from October 2012 to April 2015. This is a 750-bed
72 tertiary-care institution that receives approximately 55,000 admissions per year and serves as
73 a referral hospital for the island of Crete in Greece. The ICU has 12 beds and covers for all

74 medical and surgical cases. The study was approved by the hospital's Ethics Committee and
75 is reported according to the STROBE recommendations [10].

76 The study cohort included all adult patients who were mechanically ventilated for
77 more than 48 hours and developed VAP because of XDR-AB. Patients were eligible for
78 inclusion if the infection developed during the ICU stay or were admitted to the ICU for this
79 infection. Only the first episode of XDR-AB VAP was recorded for each patient. Patients
80 with polymicrobial VAP and patients with other previous or concurrent infections were
81 included in the study. Eligible patients were identified by review of clinical culture results as
82 part of the hospital's surveillance programme to identify multidrug-resistant isolates.

83

84 ***2.2 Data collection and definitions***

85 VAP was defined as pneumonia that occurred in a patient at least 48 hours following
86 mechanical ventilation. Pneumonia was defined according to the Centers for Disease Control
87 and Prevention criteria [11]. Patients with no clinical symptoms or radiological evidence of
88 an infiltrate were considered to have colonization and were excluded from the study. Onset of
89 VAP was defined as the date of collection of the first clinical culture that yielded the study
90 organism. The diagnosis of VAP was confirmed by positive quantitative microbial cultures of
91 aspirate: (1) non-protected bronchoscopic specimen cultures $>10^6$ colony forming units
92 (cfu)/mL, (2) specimen cultures obtained by transbronchial aspirate $>10^5$ cfu/mL, or (3)
93 protected bronchoscopic lavage cultures $>10^4$ cfu/mL.

94 XDR-AB was resistant to all except for two or less classes of antibiotics [4]. Species
95 identification and antibiotic susceptibility testing were performed by the Vitek 2 system
96 (bioMérieux SA, Marcy L'Etoile, France) in accordance with the Clinical and Laboratory
97 Standards Institute standards for all antibiotics except tigecycline [12]. Susceptibility to

98 tigecycline was performed by the Etest (AB Biodisk, Solna, Sweden). According to the
99 susceptibility breakpoints of Enterobacteriaceae used by the U.S. Food and Drug
100 Administration, an AB organism with an $MIC \leq 2$ $\mu\text{g/mL}$ to tigecycline was considered
101 susceptible [13].

102 Clinical, biological and treatment data were obtained retrospectively from the
103 patients' medical charts and electronic records. Co-morbid conditions were recorded in
104 accordance with the Charlson weighted co-morbidity index [14]. The underlying illnesses at
105 the time of admission in the ICU were classified as rapidly fatal, ultimately fatal, and nonfatal
106 according to the McCabe and Jackson classification [15]. Acute Physiology and Chronic
107 Health Evaluation (APACHE) II scores were measured at the time of ICU admission and at
108 VAP onset [16].

109 Data on antimicrobial therapy, as selected at the discretion of the attending
110 physicians, were recorded. Treatment given before obtaining susceptibility results was
111 defined as "empirical". Therapy given after the susceptibility data became available was
112 defined as "definitive". An "active" drug was an antibiotic to which XDR-AB was in vitro
113 susceptible. Definitive treatment regimens were classified as monotherapy (treatment with
114 only one in vitro active agent) or combination therapy (treatment with two or more in vitro
115 active agents). According to our institutional guidelines for the administration of last line
116 antibiotics and in the absence of impaired renal function, antibiotic regimens were
117 standardized and administered as follows: colistin as a 9 million IU loading dose followed
118 after 24 hours by 3 million IU every 8 hours; tigecycline 100 mg every 12 hours; high dose
119 prolonged infusion of carbapenems, ie. meropenem 2g over 4 hours every 8 hours or
120 imipenem 1g over 3 hours every 8 hours. Dosages were adjusted to renal function as
121 indicated [17]. Inhaled antibiotics were not regularly administered. The duration of all
122 definitive treatment regimens ranged from 7 to 10 days.

123

124 *2.3 Statistical analysis*

125 Data were processed and analysed using the SPSS 22 software package (IBM, New York,
126 USA). The main outcome measured was the all-cause mortality within 28 days after the onset
127 of VAP. Patients discharged before day 28 were considered survivors. Mortality was
128 analysed both as a binary outcome (yes/no) and as survival time data with patients discharged
129 before day 28 or hospitalized and alive at day 28 considered censored observations. Survivors
130 and nonsurvivors were compared to identify independent prognostic factors among a set of
131 variables which were chosen a priori based upon clinical judgment and previous studies in
132 different settings. Emphasis was given on elucidating the effect of active definitive treatment
133 (i.e. monotherapy versus combination therapy).

134 Bivariate associations between categorical variables were assessed using the χ^2 test or
135 Fisher's exact test, whereas the Mann-Whitney U test was used for continuous predictor
136 variables. In the survival analysis, Kaplan-Meier estimates of the probability of survival were
137 obtained and survival curves were compared between groups using the log rank test. A
138 multivariable Cox proportional hazards model was used to identify prognostic factors
139 independently associated with 28-day mortality. To avoid excluding potentially useful
140 prognostic factors, the purposeful approach for selecting variables was used [18]. Variables
141 that were identified from univariate analysis as statistically significant at a conservative alpha
142 level of 0.25 were initially assessed using backward stepwise selection (exclusion/inclusion:
143 $P \leq 0.05/P > 0.10$, respectively) with the likelihood-ratio test. Variables that did not retain
144 statistical significance at the usual significance level of 0.05 were tested for confounding by
145 adding them one at a time to the model and examining their impact on the effect estimate for
146 the treatment variable. Those causing substantial confounding (change in the hazard ratio
147 greater than 10%) were retained in the final model. Empirical and definitive treatment, being

148 predictor variables of primary clinical interest, were forced into the model. Confidence
149 intervals were calculated by the profile likelihood method. Collinearity was assessed by
150 examining pairwise correlations and variance inflation factors. Tests of time-covariate
151 interactions were used to verify the PH assumption and bootstrap was employed to assess the
152 validity of standard errors in the final cox regression model.

153 Patients who died within 48h after the onset of infection and those who received
154 definitive treatment with no active drug were excluded from the analysis of prognostic
155 factors. Patients with polymicrobial infection were included in the analysis only if they had
156 received antibiotics active in vitro against the other co-infecting organism(s).

157

158 **3. Results**

159 Of the 1333 adult patients who were admitted to the ICU during the 31-month study period,
160 124 (9.3%) patients had XDR-AB isolated in the aspirate. A total of 93 (75%) of those
161 patients fulfilled the diagnostic criteria for VAP and were included in the study. The hospital-
162 wide incidence rate of XDR-AB VAP was 2.6/10,000 patient-days and 90.3/10,000 ICU-
163 days.

164

165 ***3.1 Baseline characteristics on ICU admission***

166 The mean age of the patients was 59.7 ± 18.3 years (median, 62 years; range, 17 to 92 years)
167 and 71 (76.3%) patients were male. Admission diagnoses to the ICU were acute respiratory
168 failure in 29 patients (31.2%), multiple trauma (21 patients, 22.6%), septic shock - multiorgan
169 failure (14 patients; 15.1%), cerebral haemorrhage (11 patients; 11.8%) postoperative
170 observation (7 patients; 7.5%), acute neurological complications (6 patients; 6.5%) and post-
171 resuscitation syndrome (5 patients; 5.4%). The most frequent underlying diseases were

172 diabetes mellitus in 24 (25.8%) patients, malignancy in 19 (20.4%) patients, and chronic
173 pulmonary disease in 14 (15.1%) patients. The mean Charlson comorbidity index was $2.7 \pm$
174 2.7 (median, 2; interquartile range, 0-5), mean APACHE II score was 19.0 ± 7.5 (median, 17;
175 interquartile range, 14-23), and 84.9% of the patients were classified as having a rapidly fatal
176 or ultimately fatal underlying disease.

177

178 ***3.2 Clinical characteristics of infections and empirical treatment***

179 Prior to the onset of XDR-AB VAP, the mean duration of mechanical ventilation was $13.6 \pm$
180 14.2 days (median, 10; interquartile range 6-15.5) and the mean length of stay in the ICU was
181 13.5 ± 14.3 days (median, 11; interquartile range 5.5-15.5). Eighty-four patients (90.3%) had
182 a history of antibiotic use in the 30 days preceding the onset of VAP, which most frequently
183 included b-lactam/b-lactamase inhibitor combinations (45 patients), carbapenems (43
184 patients), glycopeptides (25 patients), colistin (23 patients) and cephalosporins (22 patients).
185 During the XDR-AB VAP, ten patients (10.8%) experienced septic shock, 14 (15.1%)
186 developed severe sepsis and 8 (8.6%) developed multi-organ failure.

187 Susceptibility testing showed that all XDR-AB strains were non-susceptible to
188 carbapenems and aminoglycosides, 69 strains (74.2%) were non-susceptible to tigecycline,
189 and 6 strains (6.5%) were non-susceptible to colistin; all of the latter were pandrug-resistant,
190 i.e. resistant to all antibiotics tested.

191 For empirical treatment of XDR-AB VAP, 76 (81.7%) patients received at least one
192 active drug, while 17 (18.3%) patients received no active empirical drug. Empirical regimens
193 were largely colistin-based (77 patients; 83.7%), including colistin alone (22 patients;
194 23.7%), or colistin combined with carbapenem (29 patients; 31.2%), with tigecycline (22
195 patients; 23.7%), or with carbapenem and tigecycline (4 patients; 4.3%).

196

197 ***3.3 Definitive antimicrobial treatment and treatment outcomes***

198 Definitive antimicrobial treatment was administered 48 to 72 hours after the onset of VAP.
199 Five patients (5.4%) were infected with pandrug-resistant AB and received therapy with no
200 active drug. Four patients (4.3%) died within 48h after the onset of VAP, before the
201 susceptibility results were available, including one patient infected with pandrug-resistant
202 AB. In total, 84 (90.3%) subjects received at least one XDR-AB-active drug: 29 patients
203 (34.5%) received combination therapy comprising two active antibiotics which were colistin
204 plus tigecycline. The remaining 55 patients (65.6%) received monotherapy with active
205 colistin. All patients with polymicrobial VAP received at least one antibiotic which was
206 active against the other co-infecting organism(s).

207 The monotherapy and combination therapy groups were comparable in terms of ICU
208 admission diagnosis, comorbidity index, severity of underlying disease, APACHE II score,
209 length of stay before infection, and duration of mechanical ventilation before infection (Table
210 1). However, younger patients and those infected by a strain susceptible to tigecycline were
211 more likely to have received combination therapy. There were 32 deaths (34.4%) within 28
212 days of the onset of XDR-AB VAP. Combination therapy and monotherapy groups had
213 similar 28-day mortality rates (27.6% vs 30.9%, respectively; $p=0.751$) and Kaplan-Meier
214 survival estimates over time ($p=0.582$), as seen in Fig. 1. There was no significant variation
215 in 28-day mortality rates (Table 2) or survival times for the different regimens used for
216 definitive treatment (Fig. 2).

217

218 ***3.4 Prognostic factors of 28-day mortality***

219 The effects of patient-, infection-, and treatment-related factors on 28-day mortality were
220 assessed in a univariate Cox regression analysis (Table 3). Adverse outcome appeared to be
221 more likely among females and patients with advanced age, higher Charlson comorbidity
222 index, higher APACHE II score at onset of infection, and infection complications. Empirical
223 treatment with at least one active antibiotic and use of combination therapy as opposed to
224 monotherapy for definitive treatment did not appear to have any apparent association with
225 poor outcome. In multivariable analysis, advanced age (adjusted HR = 1.05 per year increase,
226 95%CI 1.02 – 1.09; p=0.001) and rapidly fatal disease (adjusted HR = 2.64. 95%CI 0.98 –
227 9.17; p=0.054) were identified as independent predictors of adverse outcome, while length of
228 hospital stay before infection onset was independently predictive of survival (adjusted HR =
229 0.96 per day increase, 95%CI 0.92 – 1.00; p=0.035). Apache II score at the onset of infection
230 was retained in the model as an important confounder. Neither the empirical nor the
231 definitive treatment variables showed a significant association with 28-day mortality.

232

233 **4. Discussion**

234 In line with previous research [19–21], the risk profile of patients who developed XDR-AB
235 VAP in this study comprised of high disease severity, long hospital and ICU stay, long
236 duration of mechanical ventilation, and prior exposure to several antibiotics. Reported
237 mortality rates have been high, ranging between 38% and 46% despite appropriate treatment
238 [7,22–25]. Similarly in this study, mortality reached 34% at 28 days following the onset of
239 VAP despite the high rates of appropriate empirical and definitive treatment. In vitro inactive
240 therapy presented even higher mortality: four of the six patients (67%) in this study who were
241 infected with a pandrug resistant strain died, while in another study all patients with
242 pneumonia due to XDR-AB who received a non-active antibiotic died within 28-days of
243 infection onset [7]. The median APACHE II score of our patients at the time of infection

244 corresponds to an expected mortality rate of 12-24% [16]. Therefore the true attributable
245 mortality of XDR-AB infections remains high, even when empirical and definitive treatment
246 regimens are in vitro active.

247 Colistin is widely used for the treatment of multidrug-resistant AB VAP [26] and is a
248 recommended treatment option for pneumonia caused by multidrug-resistant AB [27]. XDR-
249 AB isolates remain largely susceptible to colistin in most settings [25], but excessive or
250 inadequate use of colistin may be associated with the emergence of colistin-resistant strains
251 [28]. On the other hand, high resistance rates are increasingly reported for other last-line
252 antibiotics, such as tigecycline, not only in AB, but also in Enterobacteriaceae [28,29]. In our
253 study, a notable percentage of patients had already received colistin in the month prior to
254 VAP but only a small, though alarming, proportion of XDR-AB isolates (6.5%) exhibited
255 resistance to colistin. In contrast, three quarters of XDR-AB isolates were non-susceptible to
256 tigecycline and more than a third exhibited an MIC>8 µg/mL. Similarly high rates of non-
257 susceptibility to tigecycline have been previously reported in other studies of XDR-AB
258 infections [30,31], while the development of resistance during treatment has also been
259 documented [30]. Although few, new antibiotics that are active against gram-negative
260 bacteria have been recently introduced into clinical practice, but clinical experience with
261 infections from XDR pathogens is still limited [28].

262 The present study supports the use of intravenous colistin as an effective treatment of
263 XDR-AB VAP, but our analysis showed that colistin combinations (with carbapenems and/or
264 tigecycline) did not differ from colistin monotherapy in terms of mortality risk. Studies
265 comparing the effectiveness of colistin combinations to colistin monotherapy in XDR-AB
266 infections are scarce and conflicting. In a multicenter randomized controlled trial comparing
267 colistin-rifampicin combinations to colistin monotherapy in XDR-AB infections (the majority
268 of which were VAP), no difference was found in 30-day mortality, infection-related deaths,

269 or length of stay between the two treatment arms [24]. On the other hand, an observational
270 multicentre study of XDR-AB bloodstream infections suggested that colistin combinations
271 had significantly lower in-hospital mortality and higher microbiological eradication rates than
272 colistin monotherapy [22]. Even more perplexing is the fact that other studies report
273 conflicting results regarding the impact of different colistin combinations on patient survival.
274 In one study, combinations of colistin with sulbactam, tigecycline or high-dose carbapenems
275 had comparable 28-day survival rates which were significantly higher than those in the
276 patient group that received non-active antibiotics [7]. Another study involving different types
277 of infection due to XDR-AB (most of which were VAP) in solid organ transplant patients,
278 reported that colistin-carbapenem combinations had significantly higher 28-day survival rate
279 compared to other colistin combinations and other antibiotics [23]. Discrepancies between
280 different studies may have resulted from heterogeneity in microbiological properties,
281 infection types and antibiotic dosing schemes [5,23], but may also have arisen because of
282 small sample sizes and a high potential for confounding and selection bias [9].

283 Important implications from promoting combination therapy as a standard of care
284 should also be emphasized. We have previously demonstrated the role of treatment and
285 duration of treatment with combinations of fluoroquinolones and carbapenems (used
286 coincidentally or sequentially) in increasing the risk of subsequent infection with carbapenem-
287 resistant *Klebsiella pneumoniae* [32]. Unnecessary use of combination therapy may also
288 result in increased healthcare costs, selection pressure in hospitals where multidrug-resistant
289 or XDR pathogens are already established, persistence of colonization, and increased risk of
290 side effects or other adverse events such as *Clostridium difficile* infection [9,24].

291 There are limitations and strengths in this study that should be acknowledged. First of
292 all, the fact that this was a single-centre study may limit the generalizability of our results.
293 Secondly, despite the fact that the electronic records in our ICU were complete and missing

294 values were not an issue, the retrospective nature of the study did not allow us to safely
295 document antibiotic toxicity. Another issue is the subjectivity in the diagnosis of VAP: the
296 nearly complete randomness of the level of agreement between observers has been previously
297 demonstrated [33], while in another study, interobserver agreement was low for diagnosis of
298 VAP compared to other infection types in the ICU [34]. Requiring a combination of clinical,
299 microbiological and radiological parameters to confirm diagnosis increases the likelihood of
300 variability, but confidence in the diagnosis of VAP is higher when specific clinical signs are
301 present [34,35]. In our ICU, in an effort to limit variability in the diagnostic procedure, all
302 infections are discussed between clinical staff and infectious diseases physicians.

303 On the other hand, this study is one of the largest series of XDR-AB infections
304 reported to date. The fact that we focused exclusively on XDR-AB VAP is a strong point in
305 this study, as AB is among the most frequent causes of VAP worldwide. Further strengths in
306 this study include the high percentage of active empirical treatment which limits the potential
307 for a confounding effect on definitive therapy, and the use of optimal intravenous antibiotic
308 dosing. Indeed, our patients received high dose and prolonged infusion of carbapenems; a
309 loading dose of colistin; and high daily dose of tigecycline. Compared to conventional doses,
310 these dosing schemes have been confirmed to be more efficacious in achieving the desired
311 pharmacokinetic targets and result in higher rates of clinical response [28,29]. Moreover the
312 main treatment groups compared in this study had similar baseline characteristics and were
313 well balanced in important confounders, including disease severity and comorbidity indices
314 upon admission in the ICU, length of stay and duration of mechanical ventilation before the
315 onset of infection and prognosis at the onset of the infection as measured by the APACHE II
316 score.

317

318 **5. Conclusion**

319 The risk profile for XDR-AB VAP is characterized by high disease severity and comorbidity
320 indexes, long hospital and ICU stay, long duration of mechanical ventilation and prior
321 exposure to several antibiotics. Mortality following XDR-AB VAP remains high even when
322 empirical and definitive treatment regimens are active in vitro. Intravenous colistin is an
323 effective first-line antimicrobial against VAP in settings where XDR-AB is endemic.
324 However, colistin-based combination therapy does not appear to offer improved survival
325 compared to colistin monotherapy, opposing the introduction of combination therapy as
326 standard treatment against XDR-AB VAP.

327

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329 *Funding:* No funding

330 *Ethical Approval:* The study was approved by the hospital's Ethics Committee.

331

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454 **Table 1**

455 Characteristics of patients with extensively drug-resistant *A. baumannii* ventilator-associated pneumonia
 456 according to definitive active treatment regimen.

Variable	Monotherapy (n=55) ^{d,e}	Combination therapy (n=29) ^{d,f}	p-value
Age (years), median (IQR)	66.0 (55.0 – 77.0)	57.0 (38.0 – 68.0)	0.018
Female sex, no. (%)	14 (25.5)	5 (17.2)	0.392
ICU admission diagnosis, no. (%)			0.518
Septic shock - Multiorgan failure	8 (14.5)	3 (10.3)	
Acute respiratory failure	20 (36.4)	7 (24.1)	
Acute trauma	11 (20.0)	9 (31.0)	
Neurosurgery	11 (20.0)	5 (17.2)	
Other	5 (9.1)	5 (17.2)	
Charlson comorbidity index, median (IQR)	3.0 (0.0- 5.0)	1.0 (0.0 – 4.0)	0.159
Rapidly fatal underlying disease, no. (%) ^a	36 (65.5)	24 (82.8)	0.095
Length of hospital stay (days), median (IQR) ^b	14.0 (8.0 – 25.0)	13.0 (9.0 – 18.0)	0.696
Length of ICU stay (days), median (IQR) ^b	11.0 (6.0 – 16.0)	12.0 (7.0 – 14.0)	0.578
Duration of mechanical ventilation (days), median (IQR) ^b	11.0 (6.0 – 15.0)	10.0 (7.0 – 16.0)	0.966
APACHE II score, median (IQR) ^c	20.0 (12.0 – 22.0)	19.0 (15.0 – 21.0)	0.607
Polymicrobial infection, no. (%)	26 (47.3)	16 (55.2)	0.491
Secondary bacteraemia, no. (%)	12 (21.8)	3 (10.3)	0.192
Concurrent infection, no. (%)	5 (9.3)	3 (10.3)	0.852
In vitro susceptibility to antibiotics, no. (%)			
Imipenem-susceptible isolate	55 (100)	29 (100)	
Tigecycline-susceptible isolate	10 (18.2)	12 (41.4)	0.024
Colistin-susceptible isolate	55 (100)	29 (100)	

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458 IQR, interquartile range; ICU, intensive care unit; APACHE, Acute Physiology and Chronic Health Evaluation.

459 a. Measured at time of admission in the ICU according to the McCabe-Jackson classification.

- 460 b. Measured before the onset of infection.
- 461 c. Measured at the onset of infection.
- 462 d. Excluding patients infected with a pandrug-resistant strain and those who died within 48 h of infection
- 463 onset.
- 464 e. Treatment with one in vitro active agent.
- 465 f. Treatment with two or more in vitro active agents.
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- 467

468 **Table 2**

469 All cause 28-day mortality of patients with extensively drug-resistant *A. baumannii* ventilator-associated
 470 pneumonia according to definitive treatment regimen.

Antibiotic regimen	No. of patients ^a			Mortality
	Total	Survived	Died	%
Active combination therapy				
Colistin + tigecycline	29	21	8	27.6
Active monotherapy				
Colistin		15	8	30.9
Colistin + carbapenem		15	5	34.8
Colistin + tigecycline		5	3	25.0
Colistin + tigecycline + carbapenem		3	1	37.5
No active agent	6 ^b	2	4	66.7

471 a. Three patients died within 48 h after infection onset before antibiotic susceptibility results were
 472 available and were excluded from analysis.

473 b. All six patients were infected with panresistant *Acinetobacter baumannii*.

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483 **Table 3**484 Analysis of factors associated with all-cause 28-day mortality in 84 patients with extensively drug-resistant *A. baumannii* ventilator-associated pneumonia.

Variable	Survived (n=59) ^e	Died (n=25) ^e	Unadjusted effect ^f		Adjusted effect ^g	
			Hazard Ratio (95% CI)	p-value	Hazard Ratio (95% CI)	p-value
Age (years), median (IQR)	57.0 (41.0 – 72.0)	74.0 (68.0 – 78.0)	1.05 (1.02 - 1.08)	<0.001	1.05 (1.02 – 1.09) ^h	0.001
Female sex, no. (%)	10 (16.9)	12 (36.0)	2.75 (1.21 - 6.26)	0.023		
ICU admission diagnosis, no. (%)				0.338		
Septic shock - Multiorgan failure	8 (13.6)	3 (12.0)	1.57 (0.26 – 9.40)			
Acute respiratory failure	17 (28.8)	10 (40.0)	2.28 (0.50 – 10.40)			
Acute trauma	17 (28.8)	3 (12.0)	0.84 (0.14 – 5.04)			
Neurosurgery	9 (15.3)	7 (28.0)	2.64 (0.55 – 12.69)			
Other	8 (13.6)	2 (8.0)	Ref.			
Charlson comorbidity index, median (IQR)	16.0 (13.0 – 20.0)	21.0 (16.0 – 28.0)	1.25 (1.08 - 1.44)	0.002		
Rapidly fatal underlying disease, no. (%) ^a	39 (66.1)	21 (84.0)	2.19 (0.75 – 6.39)	0.117	2.64 (0.98 – 9.17)	0.054
Length of hospital stay (days), median (IQR) ^b	14.0 (8.0 – 24.0)	12.0 (10.0 – 18.0)	0.98 (0.94 - 1.01)	0.137	0.96 (0.92 – 1.00) ^h	0.035
Length of ICU stay (days), median (IQR) ^b	11.0 (6.0 – 16.0)	11.0 (5.0 – 13.0)	0.98 (0.94 - 1.02)	0.168		
Duration of mechanical ventilation (days), median (IQR) ^b	11.0 (6.0 – 16.0)	10.0 (7.0 – 13.0)	0.98 (0.94 - 1.02)	0.188		

APACHE II score, median (IQR) ^c	19.0 (11.0 – 22.0)	21.0 (19.0 – 25.0)	1.07 (1.01 - 1.13)	0.020	1.06 (0.99 – 1.14) ^h	0.072
Polymicrobial infection, no. (%)	30 (50.8)	12 (48.0)	0.86 (0.39 - 1.89)	0.706		
Secondary bacteraemia, no. (%)	12 (20.3)	3 (12.0)	0.54 (0.16 - 1.81)	0.284		
Concurrent infection, no. (%)	4 (6.8)	4 (16.0)	1.58 (0.54 - 4.61)	0.426		
Infection complication, no. (%)	15 (25.4)	13 (52.0)	2.48 (1.13 - 5.45)	0.025		
Active empirical treatment, no. (%)	53 (89.8)	22 (88.0)	0.83 (0.25 – 2.78)	0.770	1.03 (0.32 – 4.57)	0.967
Active definitive treatment, no. (%) ^d				0.581		0.791
Monotherapy	38 (64.4)	17 (68.0)	Ref.		Ref.	
Combination therapy	21 (35.6)	8 (32.0)	0.79 (0.34 - 1.84)		0.88 (0.35 – 2.38)	

485 IQR, interquartile range; ICU, intensive care unit; APACHE, Acute Physiology and Chronic Health Evaluation; HR, hazard ratio; CI, confidence interval; Ref., reference
486 category.

487 a. Measured at time of admission in the ICU according to the McCabe-Jackson classification.

488 b. Measured before the onset of infection.

489 c. Measured at the onset of infection.

490 d. Patients who received at least one active antibiotic.

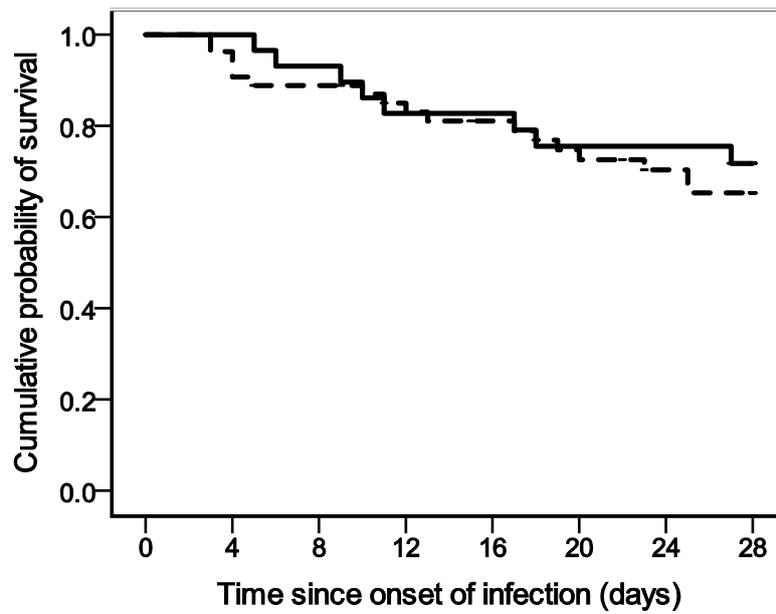
491 e. Excludes patients infected with a pandrug-resistant strain and those who died within 48 h of infection onset.

492 f. Univariate Cox proportional hazards regression

493 g. Multivariable Cox proportional hazards regression. Likelihood ratio test = 25.205, df = 6 p<0.001.

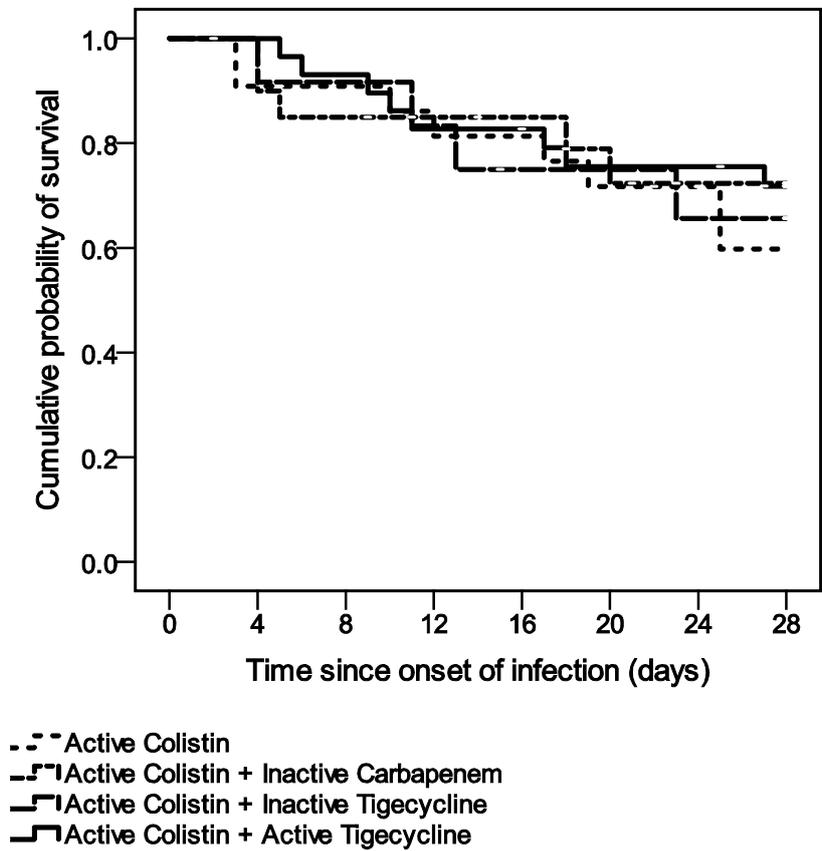
494 h. Hazard ratio corresponds to a unit increase in the continuous scale of the variable.

495 **Fig. 1.** Kaplan-Meier survival estimates for death at 28 days after the onset of extensively
496 drug-resistant *Acinetobacter baumannii* ventilator-associated pneumonia according to type of
497 treatment: combination therapy (solid line) versus monotherapy (dashed line). P = 0.582 (log-
498 rank test).



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500 **Fig. 2.** Kaplan-Meier survival estimates for death at 28 days after the onset of extensively
 501 drug-resistant *Acinetobacter baumannii* ventilator-associated pneumonia according to
 502 treatment regimen by log-rank test: (i) Active colistin vs active colistin + inactive
 503 carbapenem, P=0.580; (ii) Active colistin vs active colistin + inactive tigecycline, P=0.852;
 504 (iii) Active colistin vs active colistin + active tigecycline, P=0.455; (iv) Active colistin +
 505 inactive carbapenem vs active colistin + inactive tigecycline, P=0.740; (v) Active colistin +
 506 inactive carbapenem vs active colistin + active tigecycline, P=0.976; (vi) Active colistin +
 507 inactive tigecycline vs active colistin + active tigecycline, P=0.701.



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