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1	Engineering Design of Artificial Vascular Junctions for 3D Printing
2	Xiaoxiao Han ^{a,b} *, Richard Bibb ^b , Russell Harris ^c
3	
4	^a Wolfson school of Mechanical, Electrical and Manufacturing Engineering, Loughborough University,
5	Loughborough. Leicestershire, LE11 3TU, UK
6	^b Loughborough Design School, Loughborough University, Loughborough. Leicestershire, LE11 3TU,
7	UK
8	^c School of Mechanical Engineering, University of Leeds, Leeds, LS2 9JT, UK.
9	
10	*corresponding author, Email: x.han2@lboro.ac.uk, Tel: +44 (0)1509 227567
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12 Abstract

Vascular vessels, including arteries, veins and capillaries, are being printed using additive 13 manufacturing technologies, also known as 3D Printing. This paper demonstrates that it is important 14 to follow the vascular design by nature as close as possible when 3D printing artificial vascular 15 16 branches. In previous work, the authors developed an algorithm of computational geometry for 17 constructing smooth junctions for 3D printing. In this work, computational fluid dynamics (CFD) is 18 used to compare the wall shear stress and blood velocity field for the junctions of different designs. 19 The CFD model can reproduce the expected wall shear stress at locations remote from the junction. 20 For large vessels such as veins, it is shown that ensuring the smoothness of the junction and using 21 smaller joining angles as observed in nature is very important to avoid high wall shear stress and 22 recirculation. The issue is however less significant for capillaries. Large joining angles make no difference to the hemodynamic behavior, which is also consistent with the fact that most capillary 23 junctions have large joining angles. The combination of the CFD analysis and the junction 24 construction method form a complete design method for artificial vascular vessels that can be 3D 25 26 printed using additive manufacturing technologies.

27 Keywords: Vascular vessel design, Computational fluid dynamics (CFD), Additive Manufacturing,
28 3D printing

30 Nomenclature

- 31
- 32 C_{max} Non-dimensionalised maximum curvature of a bifurcation junction
- 33 \overline{V} Non-dimensionalised branch Volume
- p_{outlet} Outlet pressure
- 35 V_{inlet} Inlet velocity
- 36 x, y, z Cartesian coordinates
- 37 u_{d} Control parameters

38 1. Introduction

39 3D Printing has made it possible for the first time to manufacture artificial blood vessels and their networks of any sophisticated geometry and connections. The printed vascular vessels can be used as 40 grafts to treat inadequate blood flow or alongside organ transplantation (Edelman, 1999). In this case, 41 42 polymers such as poly-propylene-glycol are printed layer by layer to construct a graft which will 43 remain permanently inside the human body. Printed vascular networks can also be used in tissue engineering for regenerative medicine. In this case, biodegradable polymers such as poly-lactide-acid 44 are printed to fabricate a scaffold for the endothelial cells to regenerate into blood vessels. Tissue 45 46 engineering using a single graft offers potential advantages over conventional autologous or synthetic 47 grafts (Edelman, 1999; Naito and Rathore, 2011). A major issue in organ tissue engineering is that the 48 artificial organ may not develop adequate vascularisation for long-term survival (R.A.J. and O.C., 49 2002). An artificial micro-vascular network can provide nutrients and soluble growth factors to cells 50 and tissues as well as acting as a scaffold for culturing endothelial cells for capillaries (Patrick Jr, 51 2000; Kannan et al., 2005; Kamel et al., 2013). The additive manufacturing technology offers the 52 complete freedom to design the details of a vascular branch. Currently various research groups have 53 successfully 3D printed and tested such vascular vessels (Wu et al., 2011; Miller et al., 2012; 54 Kucukgul et al., 2013; Hoch et al., 2014; Kolesky et al., 2014). However, a general guidance on the 55 design of the vascular branch is missing. There have been many published works studying the blood flow and wall shear stress in vascular networks using computational fluid dynamics (CFD). For 56 example, the effect of branching angles on hemodynamics of bifurcations was investigated in great 57 detail in (Friedman et al., 1983; Rabinovitz et al., 1987; Friedman and Seed, 1993; Edelman, 1999; 58 59 Liu et al., 2015). It was concluded that the branching angle affects the distribution of the flow field in the branch. The flow will become fully developed downstream. The developed rate is determined by 60 the Reynolds number. Local recirculation may occur inside a branch where the cells and nutrients 61 62 aggregate. The wall shear stress (WSS) is a key hemodynamic indicator that affects the endothelial 63 cell development (Ravensbergen et al., 1995; Ravensbergen et al., 1997; Kohler et al., 2001; Marshall 64 et al., 2004). WSS outside a normal range between 1Pa to 7Pa (Papaioannou and Stefanadis, 2004) is 65 considered harmful to vessel development and may lead to cardiovascular diseases (Kohler et al., 66 2001; Caro, 2008; Coppola and Caro, 2008). However, the previous CFD studies were not aimed at providing guidance for the design of 3D printed vascular vessels. Issues related to 3D printing have 67 not been studied. In the current practice, vascular networks are 3D printed without little understanding 68 of their hemodynamics. "Artificial vascularised scaffolds for 3D-tissue regeneration (ArtiVasc 3D)" is 69 70 a large project funded by the European Union's Seventh Framework Programme that aims to generate fully vascularised bioartificial skin. The work described in this paper is part of ArtiVasc 3D. In 71 72 previous work, the authors developed an algorithm of computational geometry for the construction of 73 vascular branch. The algorithm uses three main geometric parameters to control the branch geometry. They are branch angle, volume and maximum curvature at the apex. Three-dimensional models of 74 75 vascular vessels are generated which can be translated into STL (Stereolithography) data file for 3D 76 Printing (Gibson et al., 2010).

77 The purpose of this paper is to present general guidance on the design of vascular branches. CFD 78 simulations are performed for artificial branches targeted for veins and micro-vascular vessels 79 respectively. For each type of vascular branch, the effect of branch angle and local curvature on the 80 blood flow behavior and WSS are studied. A laminate CFD model in commercial software, COMSOL, 81 was used. Confidence in the CFD model was achieved by the fact that it reproduced the measured wall 82 shear stresses away from the branch. For the large veins, it is shown that ensuring the smoothness of 83 the junction and keeping a relatively small branch angle, as observed in human body, is very 84 important to avoid high wall shear stress and recirculation. The issue is however less significant for 85 capillaries. The branch angle in capillaries has little effect on the WSS, which can also be explained 86 by the fact that capillaries in nature often have large branch angles. The combination of the CFD 87 analysis and the junction construction algorithm form a complete design method for the vascular 88 vessels.

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2. Design of vascular branches and their CFD models

We consider artificial vascular vessels targeted for veins and micro-vascular vessels, respectively.
Vascular branches are constructed using the algorithm described in (Han et al., 2015). Figure 1 shows
the mid-sections of the smooth branches with three different joining angles of 45°, 85°, and 125°.



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Figure 1. Mid-sections of the smooth branches with joining angles of 45°, 85°, and 125°.

The branch is made by joining three circular tubes of two different diameters. For the veins, the 95 diameters are 5mm and 3.87mm, respectively (Ravensbergen et al., 1995; Ravensbergen et al., 1997). 96 97 The dimensions of the model were based on a morphological study of 85 human vertebra-basilar specimens. The ratio between the total cross-sectional area of the two inlet tubes and the cross-98 99 sectional of the outlet tube is equal to 1.2 which is biologically realistic according to (Ravensbergen et 100 al., 1995). For the micro-vascular vessels, the diameters are 0.05mm and 0.0387mm, respectively. The 101 shape of the junction profile shown in Figure 1 is taken as a Bezier curve [1]. Bezier curve uses a parameter \mathbf{u}_{d} to complete the definition of the curve, which is fully explained in [1]. Table 1 provides 102 the values of \mathbf{u}_{d} for cases studied in this work. The different values of \mathbf{u}_{d} lead to different maximum 103 104 curvatures of the junction, which are also provided in Table 1.

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Table 1. Value of controlled variables for different cases

Parameters Cases	Branch angle	\overline{C}_{max}	$\overline{\mathrm{V}}$	u _d
1	125°	0.44	5.4	0.89
2	85°	1.43	5.4	0.84
3	45°	1.34	5.9	0.4
4	45°	3.02	5.56	0.53
5	45°	5.37	5.4	0.6
6	45°	7.5	5.3	0.63
7	45°	14	5.2	0.674

107 The curvature is normalised by the diameter of the larger tube. Five different curvatures are used for 108 the branches with joining angle of 45° to study the effect of different curvatures. As an extreme 109 example of unnatural design, vascular junctions are also constructed using rectangular tubes of two 110 different sizes. Bezier curves are not used to smooth the junction. The dimensions of the rectangular 111 tube are provided in figure 2.

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Figure 2. Sharp branching dimensions and boundary conditions.

121 These dimensions are selected to ensure the circular and rectangular tubes have roughly the same 122 cross section area. The junction is connected to two inlet tubes of 70mm and one outlet tube of 123 200mm (Ravensbergen et al., 1995; Ravensbergen et al., 1997).

- 124 The model makes the following assumptions:
- The flow is laminar, incompressible and Newtonian;
- Only steady state flow is considered;
- The vessel walls are assumed as rigid with no-slip conditions;

128 When steady state and incompressible conditions are assumed, the Navier-Stoke equation can be 129 written in terms of the velocity \mathbf{u} and pressure p:

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$$-\varepsilon \Delta \mathbf{u} + \mathbf{u} \cdot \nabla \mathbf{u} + \nabla \mathbf{p} = \mathbf{f} \quad \text{in } \Omega \tag{1}$$







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Figure 3. Histogram of mesh element quality distribution

Figure 3 shows a mesh element quality distribution histogram. The x axis in figure 3 is the quality indicator for mesh elements. For a best element, the indicator equals 1 and for other meshes, the indicator is in the range of (0,1]. Bad elements have smaller values. In statistics, the median value of this distribution is 0.55; the mean value of this distribution is 0.76 and the mode value is 0.85. All three values are over 0.5 which indicates a good quality of the meshes. Another statistical study is

convergence study of the solver we applied to solve CFD simulations. The solver applied is called a stationary solver which is used to solve steady-state problems. More precisely, Newton nonlinear method was applied in COMSOL[®]. In this method, the iterative solver iterates until a relative tolerance is fulfilled. The tolerance was set to be 0.0001 in the solver.



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Figure 4. Relative error versus the iteration number of Newton nonlinear solver Figure 4 indicates the relative error versus the iteration number. It can be seen from figure 4 that after 8 iterations, the relative error was smaller than the set tolerance (0.0001). In other words, the results were converged. These two statistical studies validated that the computational results are numerically correct with the same boundary conditions and similar meshes.

Ravensbergen et al. (Ravensbergen et al., 1995; Ravensbergen et al., 1997) measured the velocity
distributions for the junction made of rectangular tubes as described above. Figure 5 shows the
comparison between the CFD simulation and their experimental measurement.

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Figure 5. Simulation results (lines) and experimental data (discrete symbols) (Ravensbergen et al., 176 1995) comparisons for branching angle 63° in (a) yz plane and (b) xz plane.

178 The continuous lines in the figure are simulation results while the discrete symbols are corresponding 179 experimental measurement taken from (Ravensbergen et al., 1995). All the velocities are scaled by the 180 mean axial velocity in the z direction. Figure 5(a) shows the velocity profiles in the y-z central plane while Figure 5(b) shows the velocity profiles in the X - Z central plane. The values shown in 181 Figure 5(b) indicate the distances (mm) in the z-direction measured from the branching point. It can be 182 183 observed from the figure that the numerical and experimental results agree almost perfectly with each other. The maximum error is around 5%. The CFD model can therefore be accepted as accurate 184 185 enough for the branch design.

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3. Hemodynamic analysis for different branch designs

187 CFD simulations are carried out for branches of different designs outlined at the beginning of section 188 2. The purpose of the analysis is to compare the different designs in terms of the wall shear stress 189 (WSS) and flow behavior. As explained in the Introduction, WSS is the most important hemodynamic 190 factor when designing a vascular network. Local recirculation should also be minimized to avoid 191 nutrients (for arteries) or waste (for veins) to be trapped in a junction. The CFD results are presented 192 in this section firstly for large vein vessels and then for micro-vascular vessels.

193 3.1. CFD analysis for large vein branches

195 CFD simulations were performed for cases 1, 2, and 5. In all cases two flows merge from the daughter 196 vessels into the branch leading to a volume expansion. Using the same branching volume for all the 197 three cases, the effect of branch geometry such as the branching angles can be analyzed. Figure 6 198 illustrates the simulated velocity profiles for both sharp junctions (interrupted lines) and smoothed 199 junctions (continuous lines) in the xz and yz directions, respectively.



(a) 45°: Case 5



(b) 85°: Case 2





(c) 125°: Case 1

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203 Figure 6. Comparisons between simulated velocity profiles in sharp branching junction (interrupted lines) and smoothed junctions (continuous lines) for angle (a) 45° (b) 85° (c) 125° in both yz plane 204 205 and xz planes. 206 207 The branching angles of 45°, 85° and 125° were used in these simulations. The interrupted lines and 208 continuous lines at the bottom of in Figures 6(a-c) in xz and yz directions, compare the velocity 209 profiles at the confluence positions for the sharp junctions and the same positions for the smoothed junctions, respectively. Two humps can be observed in both case 1 and the corresponding sharp 210 211 junction in the area of influence. In case 1, some negative velocities are observed, the values of which are larger than their sharp counterparts indicating a larger backflow. The two humps begin to merge 212 downstream and start to generate peaks after z=6 mm for both models. However, the peaks in the 213 214 smoothed branch are narrower compared to that in the sharp branch. The flow becomes uniform 215 further downstream for both smoothed and sharp branches. The flow profile of the smoothed model 216 tends to fully develop quicker than that of the sharp one while the peak profile disappears earlier. At the end of the outlet, the two flow profiles are nearly identical. Similar trends are observed in cases 2, 217 218 5 and their corresponding sharp counterparts. Three trends can be concluded by observing Figure 6: 1)

the magnitude of the negative flow at the branching point is larger for larger branching angle; 2) the
velocity profiles become smooth faster in the smoothed junctions compared with the sharp junctions;
3) the velocity profiles from rounded junctions approach those in the sharp junctions quicker for larger
branching angles. This also indicates that the branching angle has less influence in the smoothed
junctions.

To further demonstrate trend one in a two dimensional manner, two dimensional velocity distribution around the axial centerline are presented in Figure 7 for branching angles of 45°, 85° and 125°.



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Figure 7. Centreline velocities for branching angles 45° (case 5), 85° (case 2) and 125° (case 1).

Negative velocities can be observed in the branching areas for all the three smoothed junctions. A junction with a larger branching angle has a larger value of negative velocity. The larger the branching angles, the more it increases in the z-direction. At the range of z = ~0.006 to 0.015m, all the velocities reach their peak values. The junctions with larger bunching angles reach their peak values first. The centerline velocities decrease afterwards and then increase gradually further downstream for
all cases. The negative velocity observed in all the cases indicates backflow. In Figure 8, it can be
observed that the backflow induces recirculation in the branching area.



Figure 8. Recirculation area for branching angles 45° (case 5), 85° (case 2) and 125° (case 1).

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239 Two vortices can be seen in the branching area although its magnitude is small comparing with the surrounding velocity field. A region with low velocity vortices is known as a flow recirculation area. 240 241 Nutrients for arteries or waste for veins in the blood flow can be trapped in such area. Therefore, it is important to understand how the recirculation area of a rounded junction affects the flow velocity 242 243 profile and the wall shear stress (WSS) downstream. In figure 8, the ratios of recirculation area over the whole branch are 1) 45°: 26.4%, 2) 85°: 24.9% and 3) 125°: 21.8%. Junction with 45° branch 244 angle has the largest recirculation area while junction with 125° branch angle has the smallest 245 recirculation area. Although the junction at 125° has the largest backflow, its recirculation area has the 246 247 least influence on the velocity profile downstream. In order to explain this, the secondary velocity distribution for different cases at z = 6mm is shown in Figure 9 (a) while those for branching angle of 248 125° are shown in Figure 9 (b) at the positions of z = 6mm, z = 8mm and z = 10mm. 249



Figure 9. Secondary velocities for (a) branching angles 45° , 85° and 125° at z = 6mm and (b) branching angle 125° at z = 6mm, z = 8mm and z = 10mm

255	The vectors and magnitudes of the secondary velocity are presented in Figure 9 using colour plots for
256	the three models. Four vortices can be found in each cross section. Figure 9 (a) illustrates a larger
257	magnitude of the secondary velocity in the case of larger branching angle. A strong secondary vortex
258	helps the two flows from the daughter vessels to mix well, which explain why in Figure 7 the flow
259	profiles develop quicker in the cases of larger branching angles. A strong secondary vortex in a

260 smoothed branching junction with a large branching angle diminishes the influence of the backflow. This explains that even the backflow at the branching point of a larger angle junction is faster; its 261 influence on the velocity profile downstream is weaker. Hence, the main factor that influences the 262 263 downstream velocity profile is the size of the recirculation area rather than the strength of the backflow. Figure 9 (b) presents secondary velocities for smoothed junctions with a confluence angle 264 265 of 125° at different downstream positions of z = 6mm, z = 8mm and z = 10mm. It is obvious that the strength of the vortices decreases as z increases. The vortices disappear once the flow is fully 266 267 developed.

The WSS is one of the most significant hemodynamic factors that relate to blood vessel development and cardiovascular diseases (Kohler et al., 2001; Caro, 2008; Coppola and Caro, 2008). In healthy cerebral arteries, the WSS ranges from 1 Pa to 7 Pa (Papaioannou and Stefanadis, 2004). WSS higher than 7 Pa can damage the endothelial cells during vascular remodeling while WSS lower than 1 Pa can lead to the formation of plaque due to insufficient mechanical stimulation on endothelial cells (Papaioannou and Stefanadis, 2004). WSS distributions for different smoothed cases and their sharp counterparts are shown in Figure 10.



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Figure 10. Wall shear stress distribution for branching angles (a) 45°, (b) 85° and (c) 125° for the
smoothed model (left) and sharp model (right).

280 In the junction, the WSS can be many times higher than that in the straight vessel. WSS in the smoothed junction has a different distribution compared with those in the sharp junctions. High WSS 281 282 (12 Pa) is found on the sharp junction compared to the rounded one (10 Pa) as shown in Figure 10 (a). The area of low WSS in the smoothed junction is larger than that in the sharp one due to recirculation. 283 284 Figure 10 (a) shows that at z = 15mm, the WSS distribution is more uniform with a low average value 285 of 4 Pa in comparison with 5 Pa in a sharp junction. In Figure 10 (b), similar values of maximum WSS 286 can be observed for both models (~14 Pa). In the smoothed model, the distribution of WSS is more 287 intense at the beginning of the downstream flow, but a more uniform distribution of low values is found at z = 20mm in comparison with the sharp model. It is found in Figure 10 (c) that the recirculation area has a similar but weak influence on the WSS distribution in a rounded junction comparing those observed in a sharp junction for a confluence angle of 125° shown. In order to quantify how much the recirculation affects the WSS for different branching angles, a two dimensional plot of WSS on a surface centerline is presented in Figure 11.







Figure 11. WSS at the surface center line versus z of parametric model and sharp model, respectively
for branching angles (a) 45°, (b) 85° and (c) 125°.

299 The dashed lines and solid lines in Figure 11 show the WSS as a function of z for the smoothed and 300 sharp junctions respectively for different branching angles of (a) 45°, (b) 85° and (c) 125°. Here, a 'healthy window' is defined as the area along z-direction within which the WSS is in the range of 1 Pa 301 to 7 Pa. The healthy window is an important factor to assess a design of a junction. In the figure, an 302 303 area with healthy WSS is indicated using two dashed lines, representing 1 Pa and 7 Pa, respectively. 304 In Figure 11 (a), the maximum WSS of the smoothed junction is smaller than that of the sharp one. The WSS values decrease for both junctions downstream. The healthy windows are $z \subset [0m, 0.005m]$ 305 306 and $z \ge 0.06m$ for the sharp junction as seen in Figure 11(a). Those windows expanded to $z \subset [0m, 0.01m]$ and $z \ge 0.035m$ for the smoothed junction from as seen in Figure 11(a). The smoothed 307 design of the junction improves the WSS distribution with wider healthy windows. Healthy window 308 309 expansion can also be observed in Figures 11(b) and 11(c). All the smoothed junctions show a reduced 310 WSS and a more uniform WSS distribution at z=150mm downstream compared to the sharp junctions.

311 The reduced amount is however different for the three branching angles. A correlation between the

312 WSS reduction and the bifurcation angle is shown in figure 12.



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Bifurcation angle (degree)

Figure 12. WSS reduction at z=0.15 (m) using parametric model compared with sharp bifurcations
 versus bifurcation angles.

From Figure 12, it is seen that junctions with larger bifurcation angle results in a smaller WSS reduction. Further increase the bifurcation angle, the WSS reduction decreases more slowly. This indicates that the smoothed design has less effect on WSS reduction downstream for bifurcations with larger angle.

In the parametric design model of a branch junction, \overline{C}_{max} and its corresponding \overline{V} are the most important geometric parameters. A larger \overline{C}_{max} leads to a smaller \overline{V} , thus a smaller branching area. Further increasing \overline{C}_{max} , however, has a limited effect on the branching area as \overline{V} will decrease more slowly. In this section, CFD simulations are presented for smoothed junctions with different \overline{C}_{max} for a branching angle of 45° (cases 3 - 7). Figure 13(a) shows the central axial velocity as a function of z while Figure 13(b) shows the WSS along the centerline as a function of z coordinate for those cases.



Figure 13. (a) Central axial velocities along center line for cases 3-7. (b) WSS at the surface center
line versus z for cases 3-7.

In Figure 13(a), cases 4, 5, 6, and 7 show nearly identical velocity distributions. Only case 3 illustrates small deviations from the other cases in the area of z<0 and z \in (0.02m,0.05m). Figure 13(b) indicates that WSS is different for the different junctions with different values of \overline{C}_{max} in the area of z<0.02m.

335 Unsurprisingly case3 has the largest deviation. The WSS overlap with each other thereafter for all the cases. It can be seen from table 2 that case 3 has the largest value of \overline{V} and smallest value of \overline{C}_{max} 336 while cases 4 to 7 have different values of $\overline{C}_{_{max}}$ but similar values of \overline{V} . This is why cases 4-7 have 337 similar central axial velocities and WSS. Although the velocities and WSS of case 3 show deviations 338 339 from the other cases, these deviations disappear downstream. These observations confirm that the value of \overline{C}_{max} and its corresponding \overline{V} have effect on the distributions of central axial velocities and 340 WSS. The effects are, however, only in the local areas in contract to the influence from the branching 341 342 angle.

343 3.2. CFD analysis for micro-vascular vessels

344 Another important application of the parametric model is the design of micro-vascular networks for 345 supplying nutrients and oxygen in organ tissue engineering. In these micro-vascular networks, the vessel diameters are in the range of tens of microns and the blood velocities are low which leads to a 346 small Reynolds number. In the simulations for the micro-vascular networks, all the diameters and inlet 347 velocities were scaled down by a factor of 0.01 from those in the previous section. The corresponding 348 Reynolds number is calculated as 0.06. Figure 14(a) compares the centerline velocities for cases with 349 branching angles of 45°, 85° and 125° while Figure 14(b) shows the WSS at the surface centerline as 350 351 functions of z for the same cases.



Figure 14. (a) Centerline velocities for branching angles 45°, 85° and 125° and (b) WSS at the surface
center line versus z of parametric model branching angles 45°, 85° and 125°, using a low Reynolds
number.

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It can be observed from figure 14(a) that the centerline velocities fully develop immediately after its maximum value regardless of the branching angles. Surprisingly, in the area where z is negative, no negative velocity can be observed for all the cases which means that backflow and flow recirculation do not exist. It can also be observed from Figure 14(b) that the WSS are only different in a small area of z<0.0002 for all the cases of different branching angles.

4. Conclusions

In this paper, a set of CFD simulations were carried out to analyse the influence of the different 364 geometric parameters in the branch design on flow behaviour. The geometric parameters include the 365 branching angle, maximum curvature at the apex and volume of the branch. Firstly, a large Reynolds 366 367 number of 600 was used in the simulations to represent arterial/venous flows. Then a small Reynolds number of 0.06 was applied to represent micro-vascular flows in a smaller lumen diameter. In the 368 369 cases of large Reynolds number, it was found that in addition to manufacturing benefit, the smoothed 370 junction has two advantages and one drawback. The advantages include: 1) it helps mixing the two 371 flows better than the sharp junctions; and 2) they have large healthy windows of low WSS. The drawback is that the recirculation flow may occur in these smoothed junctions. The simulation results 372 373 also revealed that different geometric parameters affect the flow behaviour differently: 1) a large 374 branching angle tends to induce less recirculation flow and WSS reduction in smoothed junctions; and 375 2) the maximum curvature only affects the flow behaviour locally. For cases with low Reynolds 376 number, the drawback does not exist because no recirculation was found in such cases. Therefore, designers are free to choose any \overline{C}_{max} for desired branch angles without considering the effect of the 377 378 smoothed apex.

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383 Conflict of interest statement

We have no conflicts of interest to report.

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