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https://doi.org/10.1007/s00394-015-0997-8

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Dietary Quality Index

- All food and beverages
- Eating occasions >50kcal

Snack occasions/day

- ≤1.5
- ≥1.5 to ≤2.5
- ≥2.5 to ≤3.5
- ≥3.5

* Indicates statistical significance.