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1 **Decision-making competence and attempted suicide**

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21  
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25

26 **Abstract:**

27 **Objective:** The propensity of people vulnerable to suicide to make poor life decisions is  
28 increasingly well documented. Do they display an extreme degree of decision biases? The  
29 present study used a behavioral decision approach to examine the susceptibility of low-lethality  
30 and high-lethality suicide attempters to common decision biases, which may ultimately obscure  
31 alternative solutions and deterrents to suicide in a crisis.

32

33 **Method:** We assessed older and middle-aged individuals who made high-lethality (medically  
34 serious; N=31) and low-lethality suicide attempts (N=29). Comparison groups included suicide  
35 ideators (N=30), non-suicidal depressed (N=53), and psychiatrically healthy participants (N=  
36 28). Attempters, ideators, and non-suicidal depressed participants had unipolar non-psychotic  
37 major depression. Decision biases included sunk cost (inability to abort an action for which  
38 costs are irrecoverable), framing (responding to superficial features of how a problem is  
39 presented), under/overconfidence (appropriateness of confidence in knowledge), and  
40 inconsistent risk perception. Data were collected between June of 2010 and February of 2014.

41

42 **Results:** Both high- and low-lethality attempters were more susceptible to *framing effects*, as  
43 compared to the other groups included in this study ( $p \leq 0.05$ ,  $\eta_p^2 = .06$ ). In contrast, low-lethality  
44 attempters were more susceptible to *sunk costs* than both the comparison groups and high-  
45 lethality attempters ( $p \leq 0.01$ ,  $\eta_p^2 = .09$ ). These group differences remained after accounting for  
46 age, global cognitive performance, and impulsive traits. Premorbid IQ partially explained group  
47 differences in framing effects.

48

49 **Conclusion:** Suicide attempters' failure to resist framing may reflect their inability to consider a  
50 decision from an objective standpoint in a crisis. Low-lethality attempters' failure to resist sunk-

51 cost may reflect their tendency to confuse past and future costs of their behavior, lowering their  
52 threshold for acting on suicidal thoughts.

53

54 **Key words:** Depression, decision-making, suicide, attempted, elderly

## 55 INTRODUCTION

56 Older adults who attempt suicide often regret this decision, describing it as a “bad choice.” A  
57 constricted temporal focus on immediate goals and concrete thinking have been theorized to  
58 obscure alternatives to suicide in a crisis<sup>1,2</sup>. People often proceed with the suicidal plan even  
59 after realizing, in the words of Dostoevsky, its “absurdity and monstrosity”<sup>3</sup> (see also,  
60 [attemptsurvivors.com/our-stories/](https://attemptsurvivors.com/our-stories/)). According to behavioral decision theory, humans aim to be  
61 optimal decision makers by making rational choices as proposed by, for example, expected  
62 utility theory<sup>4</sup>. By contrast, suicidal behavior often co-occurs with conditions hallmarked by  
63 suboptimal decisions such as gambling and addiction<sup>5,6</sup>. While the evidence is mixed<sup>7</sup>, a  
64 number of studies reported that, in the laboratory, suicide attempters perform poorly on  
65 gambling tasks<sup>8,9</sup> and describe themselves as poor problem solvers<sup>10,11</sup>, suggesting that  
66 suicidal behavior is facilitated by poor decision-making.

67 Behavioral decision research has revealed that people often systematically deviate from  
68 normative standards for rational decision-making (for a review of normative decision theory, see  
69 Edwards<sup>4</sup>). For example, they persist with failing plans despite irrecoverable investments, i.e.  
70 sunk cost bias<sup>12</sup>, and make decisions that are influenced by irrelevant variations in how  
71 information is presented, i.e. framing effects<sup>13</sup>. Systematic individual differences in such  
72 decision-making biases<sup>14</sup> can be captured with a validated measure, the Adult Decision-Making  
73 Competence battery of tasks (A-DMC). This measure has reliability across decision-making  
74 tasks, and validity for real-world decision outcomes even after controlling for fluid intelligence  
75 and socioeconomic status<sup>14,15</sup>. However, neither these insights into decision-making biases nor  
76 this measure have yet been applied to characterize decision deficits associated with suicidal  
77 behavior. Thus, we investigated whether suicide attempters demonstrate exaggerated decision-  
78 making biases.

79 Our study focused on attempted suicide in older- and middle-aged adults, since the suicide rate  
80 is high in these age groups<sup>16</sup>. Additionally, older adults who attempt suicide are more similar,  
81 demographically, to those who die by suicide than are younger suicide attempters. Suicide  
82 attempts also tend to be more lethal in older adults<sup>17</sup>. Furthermore, most older adults who  
83 attempt suicide suffer from depression<sup>18, 19</sup>, however, only a minority contemplate suicide, and  
84 an even smaller number proceed to act on those thoughts. To characterize the relationship  
85 between attempted and/or contemplated suicide and decision-making competence, above and  
86 beyond the effects of depression or suicidal ideation, our study groups included older adults with  
87 a history of suicide attempt (attempters), those who have contemplated suicide but have never  
88 attempted (ideators), depressed individuals with no history of suicide attempt or suicidal ideation  
89 (non-suicidal depressed), and psychiatrically healthy older adults. This design allowed us to  
90 investigate systematic group differences in the decision-making competence, which could  
91 suggest or disprove the possibility that decision biases operate at the final stage of the suicidal  
92 process; that of acting on the suicidal ideas.

93 Moreover, suicide attempts are heterogeneous, ranging from high-lethality, with significant  
94 medical damage requiring admission to a medical/surgical unit or treatment in an emergency  
95 outpatient department, to low-lethality suicide attempts which are not likely to cause significant  
96 medical damage. High- and low-lethality attempters often display distinct clinical and biological  
97 profiles<sup>20, 21</sup>. Earlier studies indicated that low-lethality attempters displayed exaggerated  
98 discounting of delayed rewards<sup>22</sup>, while high-lethality attempters were characterized by deficits  
99 in cognitive inhibition<sup>23, 24</sup>, failure to shift sets<sup>25</sup>, and interference of social emotions with decision  
100 making<sup>26</sup>. However, it remains an open question how/whether the heterogeneity in the lethality  
101 of suicidal behavior maps onto specific decision-making deficits. Tests of biases are one way to  
102 capture the decision-making phenotypes of suicide attempters. Thus, our analyses examined  
103 decision-making biases in high- and low-lethality suicide attempters separately.

104 We tested whether older adults who attempted suicide would display lower decision-making  
105 competence than the other groups, as seen in lower scores across the following A-DMC tasks:

106 1) *Resistance to Sunk Costs*: measures the ability to discontinue actions where costs are  
107 irrecoverable<sup>27</sup>. Compared to other domains of decision competence, resistance to sunk costs is  
108 a more affect-laden process. For example, negative emotions such as anger<sup>28</sup> and anxiety<sup>29</sup>  
109 have been shown to increase sunk-cost bias. In our previous studies, low-lethality suicide  
110 attempts were associated with maladaptive impulsive behaviors, such as inability to delay  
111 gratification<sup>22</sup>. Therefore LL attempters can be thought of as generally having a lower threshold  
112 for acting on their suicidal thoughts, in contrast to HL attempters, who tend to engage in more  
113 premeditation, preparation, and choose more lethal methods. Thus, we investigated whether LL  
114 attempters would be more likely to show deficits in this affectively-laden domain of decision  
115 competence.

116 2) *Resistance to Framing Effects*: measures the ability to make decisions that are unaffected by  
117 normatively meaningless differences in how information is presented. Resisting framing effects  
118 is cognitively demanding, as one needs to conceptualize the problem on an abstract level, thus  
119 performance is likely affected by cognitive deficits that have been associated with suicide  
120 attempts<sup>24, 30-32</sup>. Therefore, we investigated whether both HL and LL attempter groups would be  
121 overly influenced by framing effects.

122 3) *Under/Overconfidence*: assesses the appropriateness of confidence in one's knowledge. The  
123 tendency to overestimate knowledge is sometimes diminished in patients with mood disorders  
124 ("depressive realism"<sup>33</sup>). Given this, and the association of depression with pessimism, we  
125 investigated whether non-depressed participants would be more likely to report confidence that  
126 is not justified by their level of knowledge.

127 4) *Consistency in Risk Perception*: assesses the ability to follow probability rules when thinking  
128 about the likelihood of future events. Given our previous findings that suicide attempters ignored  
129 probabilities on a gambling task<sup>9</sup>, we investigated whether both attempter groups would have  
130 deficits in following probability rules as measured by this task.

131 Finally, we examined whether group differences in decision competence were epiphenomenal  
132 (secondary) to other components of vulnerability to suicide. For example, cognitive impairment  
133 <sup>24, 25, 30, 32</sup> and impulsive-aggressive personality traits<sup>34, 35</sup> have been recognized as components  
134 of individual vulnerability to suicide (“suicidal diathesis”). Studies have shown a negative  
135 correlation between cognitive ability and violations of cost-benefit rules, such as resistance to  
136 sunk costs<sup>36</sup> and framing errors<sup>37</sup>. In addition, certain maladaptive personality traits that are  
137 over-represented among suicidal people, such as high neuroticism, low conscientiousness, and  
138 high impulsivity<sup>38</sup>, have been associated with framing errors<sup>39, 40</sup>. Thus, we examined whether  
139 group differences in decision-making competence persisted after accounting for cognitive ability,  
140 chronic interpersonal difficulties, and impulsivity.

141

## 142 **METHOD**

### 143 **Sample and Procedures:**

144 The study included 171 participants (age range=42-97, mean= 66.3 sd=9.9). All participants  
145 provided written informed consent. Data were collected between June 2010 and February 2014.  
146 The University of Pittsburgh Institutional Review Board approved the study.

147 Suicide attempters (N=60) had engaged in a self-injurious act with the intent to die within a two-  
148 week period prior to entering the study, or had a history of past suicide attempt and current  
149 suicidal ideation with a plan at the time of study enrollment. Medical seriousness of attempts



150 was assessed using the Beck Lethality Scale (BLS)<sup>41</sup>. For participants with multiple attempts,  
151 data for the highest lethality attempt is presented. Following the literature, high-lethality  
152 attempters scored  $\geq 4$  on the BLS, whereas low-lethality attempters incurred no significant  
153 medical damage and scored a 3 or less on the BLS. Current suicidal ideation was assessed  
154 using the Beck Scale of Suicidal Ideation<sup>42</sup>.

155 Suicide ideators (N=30) endorsed suicidal ideation with a specific plan, but had no lifetime  
156 history of suicide attempt. These participants seriously contemplated suicide and communicated  
157 some intention to family or medical staff triggering inpatient psychiatric admission or initiation of  
158 mental health treatment.

159 Non-suicidal depressed participants (N=53) had no lifetime history of suicide attempt or suicidal  
160 ideation. Participants with passive death wish were excluded from the non-suicidal depressed  
161 group.

162 Suicide attempters, ideators, and non-suicidal depressed participants were diagnosed with  
163 unipolar non-psychotic major depression using the Structured Clinical Interview for *DSM-IV* Axis  
164 I Disorders<sup>43</sup>. Depression severity was measured by the 17-item Hamilton Rating Scale for  
165 Depression<sup>44</sup>. We excluded individuals with clinical dementia (score  $< 24$  on the Mini-Mental  
166 State Examination<sup>45</sup>), and those with a history of neurological disorders, delirium, or sensory  
167 disorders that preclude neuropsychological testing. Participants continued to receive  
168 psychotropic medications as clinically indicated. We also included 28 non-psychiatric controls,  
169 who had no lifetime history of mental health treatment and no lifetime diagnosis of DSM-IV axis I  
170 disorders (healthy controls, [HC]).

171 For demographic and clinical characterization of the sample, see Table 1.

172

173 <Insert Table 1 here>

174 Gender, race and per capita household income were similar across groups. Non-suicidal  
175 depressed participants were older than the suicide attempters. In addition, high-lethality  
176 attempters had lower education than non-psychiatric controls and suicide ideators.  
177 Consequently, we included age and education in the regression models as covariates.

178 **A-DMC:** A-DMC is available online [http://www.sjdm.org/dmidi/Adult -  
179 \[Decision Making Competence.html\]\(http://www.sjdm.org/dmidi/Adult\_-\_Decision\_Making\_Competence.html\)](http://www.sjdm.org/dmidi/Adult_-_Decision_Making_Competence.html); for detailed description see<sup>14</sup>. A research specialist  
180 administered the A-DMC task at the participants' own pace. More on sample items and scoring  
181 can be found in the supplemental material. Briefly:

182 Susceptibility to **sunk cost bias** is measured by ten items (e.g., *You and your friend have  
183 driven halfway to a resort. Both you and your friend feel sick. You both feel that you both would  
184 have a much better weekend at home. Your friend says it is "too bad" you already drove  
185 halfway, because you both would much rather spend the time at home. You agree. Would you  
186 be more likely to drive on or turn back?*).

187 Resistance to **framing effects** is measured by seven-item pairs of attribute framing (e.g., *the  
188 quality of ground beef labeled 80% lean or 20% fat, advising a family member about a cancer  
189 treatment with a 50% success rate or a 50% failure rate*) and seven-item pairs measuring risky-  
190 choice framing tasks. The positive frames and negative frames appear in separate sets with  
191 different item orders and are separated by other A-DMC tasks.

192 **Under/overconfidence:** Participants indicate whether statements are true or false (e.g., *Alcohol  
193 causes dehydration, True or False?*), then assess their confidence in that answer on a scale  
194 from 50% (just guessing) to 100% (absolutely sure). The overall score reflects mean confidence  
195 minus percent correct across items. Overall, a decision maker who answers 70% of items  
196 correctly should express 70% confidence.

197 **Consistency in Risk Perception:** Twenty items ask participants to judge the chance of an  
198 event (e.g., *What is the probability that you will get into a car accident while driving during the*  
199 *next year? What is the probability that your driving will be accident-free during the next year?*)  
200 on a linear scale ranging from 0% (no chance) to 100% (certainty). Scoring is the percentage of  
201 consistent risk judgments across related events.

202 **Global cognitive ability** was assessed with the Mattis Dementia Rating Scale (DRS)<sup>46</sup>. Scores  
203 on the DRS range from 0-144, with lower scores indicating more impairment; its subscales  
204 assess Initiation/Perseveration, Attention, Construction, Conceptualization, and Memory. The  
205 Wechsler Test of Adult Reading (WTAR) was used as an estimate for premorbid intelligence<sup>47</sup>.

206 **Impulsivity** was assessed with the Social Problem Solving Inventory (SPSI)  
207 Impulsivity/Carelessness subscale<sup>48</sup>.

208 **Chronic interpersonal problems** were measured by the Inventory of Interpersonal Problems  
209 (IIP-15)<sup>49, 50</sup>, which assesses interpersonal sensitivity, ambivalence, and aggression indicative  
210 of a dysfunctional personality.

211 **Data analyses:** We first examined group differences in overall decision-making competence  
212 using a MANOVA with four normalized A-DMC subscale scores jointly considered as dependent  
213 variables. This analysis was repeated while taking into account possible confounders  
214 (demographic characteristics and global cognitive ability). To examine group differences in  
215 specific domains of decision-making, we performed follow-up ANOVAs using each of the four A-  
216 DMC subscales – as dependent variables. Taking advantage of our 5-group design, we followed  
217 up by systematically testing group differences reflecting presumed effects of depression,  
218 suicidal ideation, suicide attempt, and attempt lethality using a Helmert contrast (comparing  
219 healthy controls vs. all depressed, non-suicidal depressed vs. all suicidal (ideators, HL and LL),  
220 suicide ideators vs. all attempters, low-lethality vs. high-lethality attempters). The second model

221 also included demographic characteristics to test whether group differences were robust to the  
222 inclusion of these covariates. A third model included all the above characteristics as well as the  
223 DRS score. Finally, in exploratory analyses, we tested potential explanatory variables  
224 (impulsivity, interpersonal functioning, depression severity, history of substance abuse,  
225 premorbid IQ) that may have accounted for group differences in decision competence.

226

## 227 **RESULTS:**

### 228 **Group differences in overall decision competence**

229 A multivariate ANOVA, using the scores on the four A-DMC subscales as dependent variables,  
230 indicated significant group differences in decision-making competence (Wilks' lambda = .83,  
231  $F[16, 516.94] = 2.06, p=0.009, \eta_p^2=0.05$ ), which remained after controlling for demographic  
232 characteristics (group: Wilks' lambda = .81,  $F[16, 489.44] = 2.23, p<0.01, \eta_p^2=0.05$ ; age:  
233  $\eta_p^2=0.04$ ; sex:  $\eta_p^2=0.07$ ; race:  $\eta_p^2=0.06$ ; education:  $\eta_p^2=0.05$ ), and for global cognitive ability  
234 (group: Wilks' lambda = .82,  $F[16, 480.28] = 2.04, p=0.01, \eta_p^2=0.05$ ; age:  $\eta_p^2=0.04$ ; sex:  
235  $\eta_p^2=0.07$ ; race:  $\eta_p^2=0.06$ ; education:  $\eta_p^2=0.05$ ; global cognitive ability:  $\eta_p^2=0.07$ ).

### 236 **Group differences across domains**

237 Next, we conducted separate univariate ANOVAs on each of the four A-DMC subscales. There  
238 were significant mean group differences in *Resistance to Sunk Costs* (see Table 2a). While all  
239 depressed participants did not differ from healthy controls ( $p=0.07$ ) and all participants with  
240 suicidal ideation did not differ from non-suicidal depressed ( $p=0.96$ ), suicide attempters were  
241 more susceptible to sunk cost than suicide ideators ( $p=0.04$ ). Low-lethality attempters were  
242 more susceptible to sunk cost than high-lethality attempters ( $p<0.002$ ; Figure 1a).

243 There was also a significant mean difference in *Resistance to Framing Effects* across the  
244 groups (see Table 2b). While all depressed participants did not differ from healthy controls  
245 ( $p=.15$ ) and all participants with suicidal ideation did not differ from non-suicidal depressed  
246 ( $p=.44$ ), suicide attempters were more susceptible to framing effects than suicide ideators  
247 ( $p<.01$ ; Figure 1b). There was no effect of attempt lethality ( $p=.23$ ).

248 Contrary to our expectation that depressed participants were more likely to recognize the extent  
249 of their knowledge, we failed to find significant group differences in *Under/Overconfidence*  
250 ( $F[4,166]=1.4$ ,  $p=0.23$ ; Figure 1c). An additional analysis examining confidence after controlling  
251 for knowledge<sup>51</sup> (i.e. whether one is more or less confident than his knowledge would justify)  
252 similarly failed to find any group differences ( $F[4,165]=2.1$ ,  $p=0.09$ ). There were also no group  
253 differences in *Consistency of Risk Perception* among the groups ( $F[4,166]=1.9$ ,  $p=0.11$ ; Figure  
254 1d).

255 <Insert Figure 1 here>

256

### 257 **Group differences in *Resistance to Sunk Cost* and *Framing Effects*, adjusting for** 258 **possible confounders**

259 Group differences in *Resistance to Sunk Cost* scores remained significant after accounting for  
260 age, gender, race, and education (see Table 2a). Poorer global cognition (lower DRS scores)  
261 was associated with poorer resistance to sunk cost, ( $F[9, 161]= 3.6$ ,  $p<0.001$ ,  $\eta_p^2=0.05$ ) but  
262 even after its inclusion in the model, group differences remained ( $F[4, 161] = 3.8$ ,  $p<0.01$ ,  
263  $\eta_p^2=0.09$ ).

264 Similarly, group differences remained significant when IQ (WTAR scores) (available on 150/171  
265 participants) was added to the model (group:  $F[4,139] = 2.69, p = .03, \eta_p^2 = .08$ , WTAR:  $F[1,139]$   
266  $= 4.29, p = .04, \eta_p^2 = .03$ ).

267

268 <Insert Table 2a here>

269

270 Group differences in *Resistance to Framing Effects* remained significant in the model including  
271 age, race, gender, and education (Supplementary eTable 1a),  $F[4, 161] = 3.4, p = 0.01, \eta_p^2 = 0.08$ ,  
272 while age, race, and education explained additional variance ( $F[9, 161] = 5.3, p < 0.01, \eta_p^2 = .23$ ).  
273 Including global cognition did not explain any additional or unique variance. However, when  
274 premorbid IQ was included in the model, group differences were no longer significant (added to  
275 the full model with age, sex, race, education, DRS, group:  $F[4,139] = 2.01, p = .10, \eta_p^2 = .06$ ,  
276 WTAR:  $F(1,139) = 1.71, p = .19, \eta_p^2 = .01$ ).

277

278 <Insert Table 2b here>

279

280 Additional sensitivity analyses and Correlations with the A-DMC subscales and clinical and  
281 cognitive variables are reported in the Supplemental material.

## 282 **Exploratory analyses**

283 We tested whether group differences in decision-making competence were explained by  
284 maladaptive personality traits, particularly impulsivity. Because participants reporting higher  
285 interpersonal ambivalence also displayed somewhat lower resistance to both sunk cost and  
286 framing (Supplementary eTable 1a), we included these variables in our analyses of group

287 differences. After accounting for age, gender, race, and education, interpersonal ambivalence  
288 explained no additional variance in resistance to sunk cost ( $F[4,155]=1.56, p=0.21, \eta_p^2=0.01$ ),  
289 but predicted lower resistance to framing ( $F[4,155]=5.91, p=0.02, \eta_p^2=0.04$ ), with group  
290 differences remaining significant. Impulsivity (SPSI Impulsive/Careless subscale) did not explain  
291 additional unique variance in resistance to sunk costs or shared variance with group. Impulsivity  
292 explained a small proportion of variance in resistance to framing shared with group, but did not  
293 increase the total variance explained. Group differences remained significant. We performed  
294 additional analyses to account for depression severity. HAM-D 16 scores (without the suicide  
295 item) did not explain any additional variance in resistance to framing or in sunk cost ( $p>.61, \eta_p^2$   
296  $<.01$ ) when added to the full model (age, sex, education, DRS, group, WTAR). In participants  
297 with major depression, lifetime history of substance use disorders did not explain any additional  
298 variance in resistance to framing ( $p=.54, \eta_p^2=.01$ ), when added to the full model. It did predict  
299 lower resistance to sunk cost ( $F(2,91) = 3.58, p = .03, \eta_p^2 = .07$ ), but significant group  
300 differences remained ( $F(3,91) = 3.13, p = .029, \eta_p^2 = .09$ ).

301

## 302 **DISCUSSION**

303 We found significant group differences in overall decision-making competence. Subsequent  
304 analyses revealed that suicide attempters were more susceptible to framing effects than non-  
305 psychiatric controls, depressed non-suicidal individuals, and ideators, a difference partially  
306 explained by premorbid IQ. Low-lethality attempters were more susceptible to sunk cost than  
307 non-psychiatric controls, suicide ideators, and high-lethality attempters.

308 What are the psychological underpinnings of susceptibility to sunk cost? When compared to  
309 other decision-making abilities, resistance to sunk cost appears to rely less on fluid  
310 intelligence<sup>14</sup>. Rather, it is impaired in individuals prone to regret and rumination about losses<sup>52</sup>.

311 Inability to resist sunk costs can be thought of as a form of entrapment<sup>53</sup>. To the extent that  
312 these group differences in the ability to resist sunk costs from the past can be generalized to the  
313 suicidal crisis, suicide attempters' decisions may be driven by their stronger focus on painful  
314 past experiences.

315 We found that suicide attempters were susceptible to framing bias. The ability to resist framing  
316 effects is exemplified by giving the same response to a pair of equivalent prospects, e.g., one  
317 presented in a gain and another in a loss frame<sup>54</sup>. Suicide attempters were impaired on this  
318 cognitively demanding task. Susceptibility to framing effects was modestly correlated with age,  
319 global cognition, IQ, ambivalence in interpersonal relationships, and impulsive/careless social  
320 problem-solving style. Of these, only IQ partially explained the group differences in susceptibility  
321 to framing effects; results from large epidemiological studies demonstrate a relationship  
322 between IQ and death by suicide and suicide attempt<sup>55, 56</sup>. It is possible that the inability to  
323 conceptualize the problem at a higher abstract level inhibits the search for alternative solutions  
324 in a suicidal crisis.

325 Decision making is often thought of as a balance between deliberative and affective processes.  
326 From this perspective, diminished ability to resist sunk costs and framing effects may be  
327 particularly detrimental in the face of extreme affects<sup>57</sup>, propelling a suicidal crisis.

328 Our prediction that depressed participants' would differentially recognize the extent of their  
329 knowledge compared to non-psychiatric controls was not supported. It is possible, however, that  
330 our measure of general knowledge was not sensitive enough to capture domain-specific  
331 misjudgment of confidence. For example, overconfidence has been related to perceived  
332 knowledge in gambling<sup>58</sup> and substance use<sup>15</sup> in samples characterized by those risky  
333 behaviors. Tasks that assess knowledge about depressive illness and/or self-efficacy may be



334 more sensitive indicators of confidence misjudgment in depressed individuals than general  
335 knowledge questions.

336 *Consistency in Risk Perception* was relatively similar among the groups and modestly correlated  
337 with interpersonal aggression but not with cognitive abilities. Those who indicated higher  
338 interpersonal aggression perceived risk less consistently. Impulsive-aggressive traits are more  
339 pronounced among younger suicidal individuals<sup>34</sup>, who may show a greater impairment in this  
340 domain.

341 Our results resonate with the *entrapment theory of suicide*<sup>53</sup>, and the conceptualization of  
342 suicidal crisis as a state of entrapment and ruminative flooding<sup>59</sup>, indicating that the experience  
343 of entrapment may be shaped by an excessive focus on past losses and an inability to flexibly  
344 conceptualize one's situations. Even more relevant to our results is Baumeister's escape theory  
345 where death is sought to end "aversive [...] awareness of one's painful life situation."<sup>1</sup> It is easy  
346 to see how excessive attention to sunk costs – irrecoverable losses – would contribute to such  
347 an aversive self-awareness.

348 We found that older people with a history of suicide attempts display heterogeneity in decision  
349 competence that somewhat mirrors the clinical presentation of the attempt. Decision-making  
350 abilities of suicide ideators, on the other hand, were more similar to that of non-suicidal  
351 depressed controls than to suicide attempters, suggesting that decision biases may operate at  
352 the final stage of the suicidal process, that of acting on suicidal ideas.

353 Our study is limited by a cross-sectional design. We focused on older adults with unipolar  
354 depression, as it is the most common antecedent of late-life suicide<sup>18, 60</sup>. Although we found  
355 group differences in decision-making competence, we were unable to directly study the  
356 application of decision-making competence during the suicidal crisis, which would be possible  
357 only with a prospective design.

358 It is also unclear to what extent our findings can be generalized to other populations. In addition,  
359 we were not able to explore potential life-span changes in decision-making skills.

360 Future research may take a more integrative perspective by examining how susceptibility to  
361 biases, such as those described here, relate to altered decisions and behavior in a suicidal  
362 crisis, and neural signals during decision-making and learning tasks, by looking specifically at  
363 the interaction between emotional states and decision-making outcomes in suicide attempters  
364 (e.g., Eldar & Niv, 2014<sup>61</sup>).

365 In summary, attempted suicide appears to be associated with specific decision biases. Poor  
366 decisions can also result in an accumulation of financial, occupational, or interpersonal  
367 problems that in turn precipitate the suicidal crisis. Individual differences in decision-making  
368 competence may guide intervention. Decision-making competence can be improved<sup>62</sup>, offering  
369 a possible avenue for preventing the escalation of a suicidal crisis. One way to address this  
370 vulnerability in psychotherapy with suicidal individuals is mindfulness meditation, provided that  
371 these skills can be applied in a suicidal crisis. Mindfulness meditation has been shown to  
372 improve resistance to sunk-cost bias through decreased focus on past and future and  
373 decreased negative affect<sup>63</sup>. Another approach would be a modification of Cognitive Behavioral  
374 Therapy, which has been successfully used in suicidal patients<sup>64</sup>, specifically targeting the  
375 tendency to dwell on irrecoverable losses. While the role of framing effects in suicidal behavior  
376 is presently less clear, a case can be made for fostering a strategic approach to decisions in  
377 learning-based therapies.

378 **CLINICAL POINTS**

379 People vulnerable to suicide make poor life decisions. Yet, we know little about their decision-  
380 making competence.

381 We found that suicide attempters are less likely to avoid common decision biases than control  
382 groups. Namely they lacked a flexible and critical mind to avoid the effect of framing and were  
383 excessively focused on past negative experiences. Improving decision competence could be a  
384 goal of psychotherapy with suicide attempters.

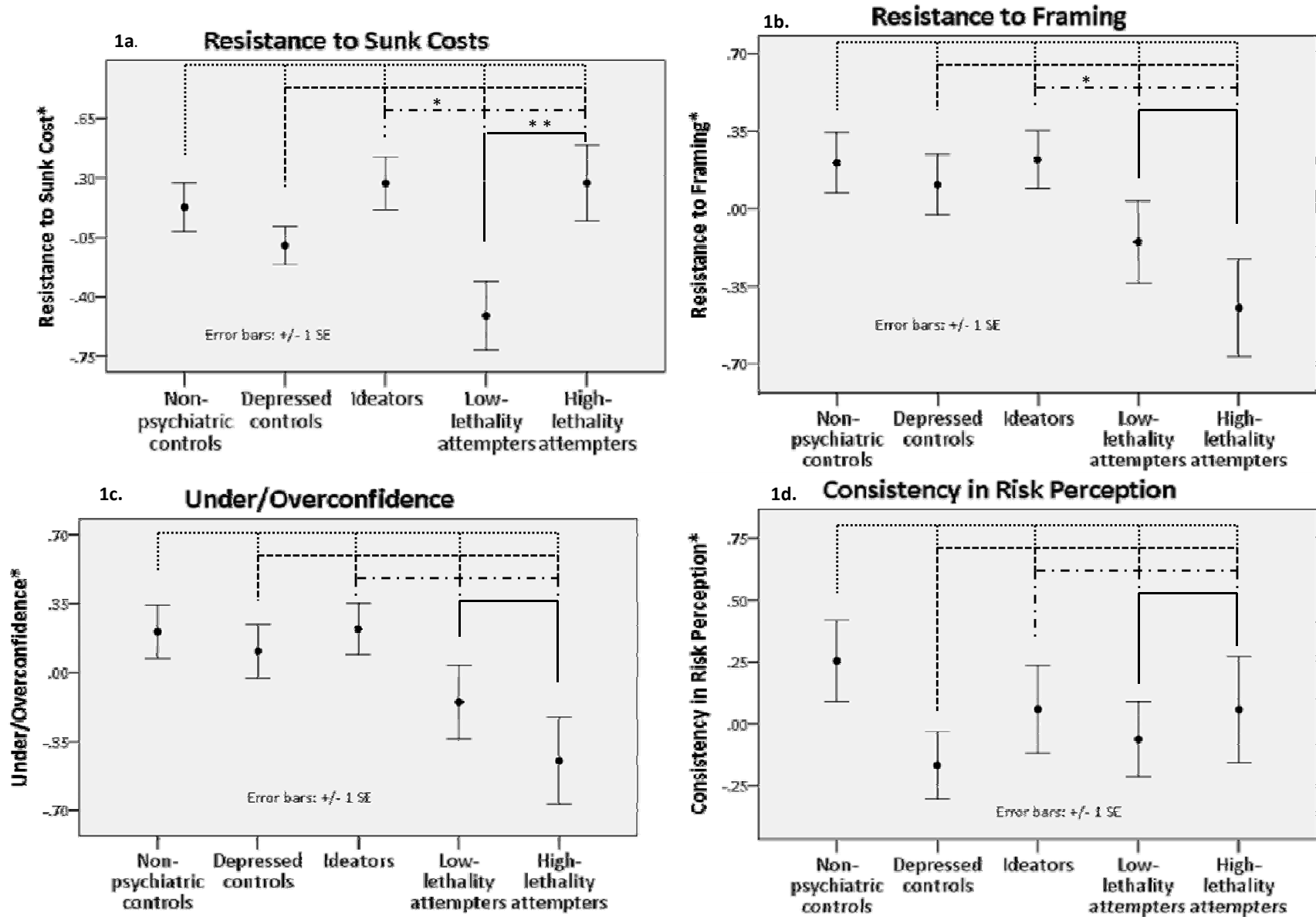
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Figure 1. Mean group differences in separate decision-making competencies as reflected by the Adult Decision-Making Competence battery of tasks. Lower scores represent worse performance. Helmert contrasts were performed to investigate the effect of depression, suicide ideation, suicide attempt, and attempt lethality.



\* Mean standardized residual, adjusted for age, gender, race, education, and global cognition measured by DRS.

The vertical bars denote the standard errors of these estimates. \* $p \leq .05$  \*\* $p \leq .005$

**Table 1. Demographic and Clinical Characteristics (N=171)**

	Non-Psychiatric Controls (HC) (N=28)	Depressed Non-Suicidal (D) (N=53)	Ideators (I) (N=30)	Low-Lethality Attempters (LL) (N=29)	High-Lethality Attempters (HL) (N=31)	F value/ $\chi^2$	P value	Post-Hoc Comparisons
Age	68.4 (12.0)	69.4 (8.7)	65.1 (10.7)	62.0 (7.4)	64.0 (9.6)	3.7	0.006	D>LL
Gender (%Male)	43%	45%	60%	52%	52%	$\chi^2 = 2.3$	0.68	--
Race (%White)	86%	79%	87%	79%	97%	$\chi^2 = 7.2$	0.51	--
Years of Education	14.8 (2.0)	14.4 (2.6)	15.0(2.9)	14.4 (3.1)	12.8 (3.3)	2.9	0.02	I>HL
Household Income per capita (x 1000)	24.6 (12.9)	18.4 (20.3)	23.4 (28.3)	17.8 (20.2)	20.3 (18.6)	0.59	0.67	--
Hamilton Depression Rating Scale (without suicide items)	2.3(1.9)	11.9 (5.2)	13.4 (6.3)	17.7 (7.0)	15.1 (8.4)	27.0	p<.001	HC< D, I, LL, HL D<LL
Global cognitive functioning: DRS <sup>a</sup> total score	138 (3.4)	135 (5.3)	133 (8.5)	134 (5.5)	133 (6.6)	3.2	0.015	HC>HL
Lifetime Substance Abuse	-	5 (10%)	11 (37%)	8 (28%)	9 (29%)	$\chi^2 = 9.1$	0.03	--
Current Substance Abuse	-	0	7 (23%)	5 (17%)	3 (10%)	$\chi^2 = 7.4$	0.06	--
Current Suicide Ideation	0.04 (0.2)	0.2 (0.7)	15.4 (8.3)	24.5 (8.4)	25.8 (3.9)	199	p<.001	HC, D<I, LL, HL I<LL, HL
Suicide Intent	-	-	-	14.9 (5.3)	19.3 (4.5)	12	0.001	--
Suicide Intent Planning Subscale	-	-	-	5.5 (2.9)	8.0 (2.7)	11	0.002	--
Age at First Attempt	-	-	-	47.1 (16.1)	54.2 (18.3)	2.4	0.13	--
Number of Attempts	-	-	-	1.6 (0.9)	1.7 (1.1)	0.1	0.74	--
Intensity of Antidepressant Pharmacotherapy during Current Episode <sup>b</sup>	-	3.9 (1.0)	4.6 (1.7)	5.0 (2.0)	6.0 (3.1)	6.8	p<.001	DC, I< HL
IIP Interpersonal Sensitivity <sup>c</sup>	2.4 (2.2)	6.0 (3.9)	9.3 (5.3)	9.2 (3.9)	8.4 (4.4)	14.6	p<.001	HC<D, I, LL, HL D<I, LL
IIP Interpersonal Ambivalence <sup>d</sup>	2.9 (4.2)	3.7 (3.4)	5.5 (5.0)	6.8 (5.3)	5.7 (5.4)	3.8	0.006	H<LL D<LL
IIP Aggression <sup>e</sup>	1.2 (1.5)	4.3 (3.8)	6.2 (4.9)	5.7 (3.5)	4.7 (5.1)	6.3	p<.001	HC<D, I, LL, HL
SPSI Impulsive/Careless Style <sup>f</sup>	1.5 (1.7)	4.9 (3.6)	4.7 (3.0)	6.0 (3.7)	7.1 (4.7)	9.6	p<.001	HC<D, I, LL, HL D<HL
WTAR <sup>g</sup>	111.8 (8.5)	106.2 (14.9)	108.6 (15.2)	100.2 (15.3)	98.9 (18.1)	3.5	0.01	HC >HL

<sup>a</sup> Mattis Dementia Rating Scale<sup>b</sup> Threshold greater than 3<sup>c</sup> Inventory of Interpersonal Problems Interpersonal Sensitivity Subscale<sup>d</sup> Inventory of Interpersonal Problems Interpersonal Ambivalence Subscale<sup>e</sup> Inventory of Interpersonal Problems Aggression Subscale<sup>f</sup> Social Problem Solving Inventory Impulsivity/Carelessness Style Subscale<sup>g</sup> Wechsler Test of Adult Reading



Table 2a. Results: Resistance to Sunk Cost

Group differences in Resistance to Sunk Cost persist after accounting for demographic factors (Model 2) and global cognition (Model 3)

	Group Status		d.f	Gender		Race		Education (years)		DRS		R-Squared	Adjusted R <sup>2</sup>
	F	$\eta^2$		F	$\eta^2$	F	$\eta^2$	F	$\eta^2$	F	$\eta^2$		
Model 1	4.2**	.09	4	--	--	--	--	--	--	--	0.09	0.07	
Model 2	3.9**	.09	4	.72	.00	1.8	.02	1.6	.01	--	0.13	0.08	
Model 3	3.8**	.09	4	1.3	.01	1.2	.02	.36	.00	7.9**	.05	0.17	0.12

Observation N=171, DRS: Mattis Dementia Rating Scale, \*\*p ≤ 0.01

Table 2b. Results: Resistance to Framing

Group differences in Resistance to Framing persist after accounting for demographic factors (Model 2) and global cognition (Model 3)

	Group Status		d.f	Gender		Race		Education Years		DRS		Age		R-Squared	Adjusted R <sup>2</sup>
	F	$\eta^2$		F	$\eta^2$	F	$\eta^2$	F	$\eta^2$	F	$\eta^2$	F	$\eta^2$		
Model 1	2.8*	.06	4	--		--		--		--		--		0.06	0.04
Model 2	3.4*	.08	4	2.0 .01		7.3***.08		5.4* .03		--		5.8*.04		0.23	0.19
Model 3	3.2*	.07	4	2.0 .01		7.1***.08		5.0* .03		.01 .00		4.7*.03		0.23	0.18

Observations: N=171, DRS: Mattis Dementia Rating Scale, \* $p \leq 0.05$ , \*\*\* $p \leq 0.001$