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Optimised mixing and flow resistance during shear flow over a rib roughened boundary

A. Arfaie^a, A.D. Burns^{a,1,*}, R.M. Dorrell^b, J.T. Eggenhuisen^c, D.B. Ingham^a, W.D. McCaffrey^b

^aEnergy Technology and Innovation Initiative (ETII), University of Leeds, Leeds, LS2 9JT, UK

^bSchool of Earth and Environment, University of Leeds, Leeds LS2 9JT, UK

^cDepartment of Earth Sciences, Utrecht University, PO Box 80021, 3508 TA Utrecht, Netherlands

Abstract

A series of numerical investigations has been performed to study the effect of lower boundary roughness on turbulent flow in a two-dimensional channel. The roughness spacing to height ratio, w/k , has been investigated over the range 0.12 to 402 by varying the horizontal rib spacing. The square roughness elements each have a cross-sectional area of $(0.05H)^2$, where H is the full channel height. The Reynolds number, Re_τ is fixed based on the value of the imposed pressure gradient, dp/dx , and is in the range $6.3 \times 10^3 - 4.5 \times 10^4$. A Reynolds Averaged Navier-Stokes (RANS) based turbulence modelling approach is adopted using a commercial CFD code, ANSYS-CFX 14.0. Measurements of eddy viscosity and friction factor have been made over this range to establish the optimum spacings to produce maximum turbulence enhancement, mixing and resistance to flow. These occur when w/k is approximately 7. It is found that this value is only weakly dependent on Reynolds number, and the decay rate of turbulence enhancement as a function of w/k ratio beyond this optimum spacing is slow. The implications for heat transfer design optimisation and particle transport are considered.

Keywords: Turbulent flow, Roughness, CFD

1. Introduction

The study of turbulent flow over surface roughness is important in a variety of engineering and environmental applications. Surface roughness is used as a tool to enhance heat transfer in turbines [1], heat exchangers [2], micro-scale electric mechanical systems [3], the hypervapotron (high heat flux) heat transfer device employed in nuclear fusion [4], chemical reactors, refrigeration systems and air conditioners [5]. Examples of rough-wall flows include particle transport in pipes and channels with rough walls, supersonic flows inside cavities for aerospace applications, wind flow over urban-like surfaces and turbidity currents over rough substrates [1, 6–9]. In recent decades, a wide range of experimental and computational studies has been performed to understand the effect of surface roughness on the structure of the turbulent flow. The computational domain and experimental configuration of these studies are typically a two-dimensional or three-dimensional rectangular channel flow with roughness on one or both walls

[10–23]. The effect of surface roughness on the flow, as reviewed by Jimenez [24] and more recently by Antonia and Djenidi [25], is often separated into three different regimes. Chow [26] was first to identify three flow regimes over beam-type roughness as quasi-smooth or skimming flow, wake-interference flow and isolated-roughness flow. Perry et al. [27] categorised two distinct types of roughness, namely, “d” and “k” denoting channel height and roughness height, respectively (see below), following from the earlier experimental work conducted by Nikuradse [28] on the turbulent flow of fluids in rough pipes.

The roughness type can be correlated to the spacing to height ratio of a roughness element, w/k . The roughness spacing is differently defined as either the distance between roughness faces w , or the distance between roughness-element center-lines λ ; values differ by unity for square ribs. Therefore one must be careful not to confuse the cavity width to height ratio w/k to the pitch to height ratio λ/k .

For a sufficiently low width to height ratio, $w/k \lesssim 2$, or d -type roughness, the flow undergoes a “skimming flow” regime and the effective height, y_l above the chan-

*Corresponding author.

Email address: a.d.burns@leeds.ac.uk (A.D. Burns)

Nomenclature

$\frac{\partial p}{\partial x}$ mean pressure gradient

$\overline{u_i u_j}$ Reynolds stress

p_0 reference pressure point

Greek Variables

ε dissipation rate of K

μ dynamic viscosity

μ_{eff} effective viscosity

μ_t turbulent viscosity

ν, ν_t Kinematic viscosity, eddy viscosity

ρ density

τ_w wall shear

ω turbulent eddy frequency

Roman Variables

C_f skin friction coefficient $\left(= \frac{\tau_w}{\frac{1}{2}\rho U_b^2} \right)$

C_p pressure coefficient $\left(= \frac{p-p_0}{\frac{1}{2}\rho U^2} \right)$

f Darcy friction factor $\left(= \frac{(H/2)(dp/dx)}{0.5\rho U^2} \right)$

H full channel height

K Turbulence Kinetic Energy

k roughness height

k^+ Dimensionless roughness height $\left(= \frac{k u_\tau}{\nu} \right)$

p pressure

Re_τ $u_\tau(H/2)/\nu$, shear Reynolds number

Re_b $U_b(H/2)/\nu$, bulk Reynolds number

u_τ shear velocity $\left(= \sqrt{\tau_w/\rho} \right)$

U_b bulk velocity

w width of the cavity

x streamwise direction

y wall-normal direction

y^+ non dimensional distance to the wall $\left(= \frac{y u_\tau}{\nu} \right)$

y_l The origin of the logarithmic profile

Subscripts

i, j coordinate direction 1,2 or 3

max maximum of variable

min minimum of variable

rms root mean square value of the variable

nel bed where the velocity profile begins to take a logarithmic shape becomes independent of the roughness height, k . In this flow regime there is minor shedding or interaction from the vicinity of the roughness element to the outer flow region [22, 29, 30]. The k -type roughness (isolated-roughness flow regime) is associated with $w/k \gtrsim 4$. The roughness height becomes a crucial parameter for $w/k \gtrsim 4$ when the flow in the roughness cavity begins to interact with the main body of the flow. For this roughness type, the origin of the logarithmic profile, y_l is proportional to the roughness height, k and the flow regime is characterised by separation occurring at the crest of the first roughness element followed by a reattachment within the distance away from the next adjacent element. The experimental study of Djenidi et al. [22] suggested a similarity in the quasi streamwise vortices and low-speed streaks of the roughened wall cases, to a flat turbulent boundary layer. Tani [31] found the demarcation line between the d -type and the k -type roughness occurs at $w/k = 4$. Cui et al. [16] observed a similar transition for $w/k = 4$ and named this rough-

ness type as intermediate. This transition flow regime corresponds to with the wake interference flow regime classified by Chow [26]. In this regime a weak interaction between the inner and outer roughness layer occurs and the reattachment takes place at the crest of the next roughness element. The direct numerical simulation (DNS) of Leonardi et al. [29] showed that the intermediate regime appears within the range $3 < w/k < 7$.

In a fully rough flow, the ratio of the product of the roughness height and shear velocity to the kinematic viscosity of the fluid k^+ ($k^+ = k u_\tau/\nu$), is greater than ≈ 70 and the pressure drag component of the total drag dominates the viscous drag component. In this flow regime the flow characteristics are only dependent on the roughness spacing to height ratio w/k . Hence, the viscous length scale (ν/u_τ) near the wall scale becomes irrelevant [20, 32].

Orlandi et al. [33] and Leonardi et al. [30] found similarity in the vortex shedding distribution between the intermediate and k -type roughness. Therefore, they suggested that classification of different roughness types

86 should not be based on the state and intensity of vortex 138
87 shedding. Instead, they related the transition between 139
88 d -type and k -type to the magnitude of the viscous and 140
89 pressure drags. 141

90 Both LES and DNS numerical modelling of rough- 142
91 wall flows have proven to be highly accurate in predict- 143
92 ing the turbulent kinetic energy and Reynolds stresses 144
93 in the near-wall region. However, in order to capture 145
94 most of the flow characteristics within the roughness 146
95 sub-layer, a higher grid resolution and time step accu- 147
96 racy is required than in a normal smooth-wall case. This 148
97 makes such approaches expensive, particularly for high 149
98 Reynolds number flows. Leonardi et al. [29] used DNS 150
99 to investigate the effect of the w/k ratio on the turbu- 151
100 lence structure near the wall, and its overlying flow by 152
101 considering two-point velocity correlations. They ob- 153
102 served that in the fully rough regime, with the increase 154
103 in the w/k ratio, the coherence structure becomes less 155
104 elongated in the streamwise direction, and larger in the 156
105 spanwise direction as a result of outwards jets of fluid 157
106 at the leading edge of the roughness element. Such co- 158
107 herence structure would appear to be less influenced by 159
108 the rough wall in the transition regime ($k^+ \approx 13$), as ob-
109 served by Ashrafiyan et al. [34]. The maximum strength
110 of the outward jet and the minimum reduction of the
111 coherence occurred at the critical value $w/k = 7$. They
112 further found that the influence of roughness can extend
113 up to $2k$ above the roughness crest for $w/k = 3$ and up
114 to $5k$ for $w/k = 7$. The study conducted by Cui et al.
115 [16], for a channel with transverse rib roughness on one
116 wall, suggests a strong interaction between the inner and
117 outer layer roughness for k -type roughness.

118 Numerous authors have performed numerical and exper- 167
119 imental analyses to investigate the relationship be- 168
120 tween heat transfer and fluid flow behaviour by varying 169
121 the w/k ratio [35–38]. However most of these inves- 170
122 tigations suffer from a lack of a detailed range of w/k 171
123 ratio and Reynolds number. The most detailed study 172
124 was performed experimentally by Furuya et al. [39] and 173
125 Okamoto et al. [40] for boundary layer fluid flow. Fu- 174
126 ruya et al. [39] investigated the maximum resistance of 175
127 the turbulent boundary layer in a plate roughened by 176
128 equally spaced wires. They found that the maximum 177
129 skin drag coefficient, c_f and pressure coefficient, c_p val- 178
130 ues appears at $w/k = 7$. However the DNS result of 179
131 Leonardi et al. [29] suggests that minimum c_f occurs at 180
132 $w/k = 7$, but agrees with the maximum pressure coef- 181
133 ficient c_p occurring at this w/k ratio. The experimental 182
134 study by Okamoto et al. [40] has shown that the max- 183
135 imum heat transfer occurs when the turbulence inten- 184
136 sity is maximised. They have shown that the maximum 185
137 flow resistance occurs between $w/k = 6$ and $w/k = 8$. 186

This paper aims to explicitly identify where the opti-
mum flow resistance occurs for a more detailed range
of w/k ratio as a function of Reynolds number.

In the present study, we employ a RANS method
to simulate turbulent flow in a two-dimensional chan-
nel with an asymmetric two-dimensional rough lower
boundary for a wide range of ratio w/k and Reynolds
numbers. In this paper, we attempt to accurately con-
strain the critical w/k ratio for an optimum turbulence
enhancement, mixing and resistance to the flow. For this
purpose, we evaluate the dependence of eddy viscosity
and friction factor on Reynolds number for a series of
 w/k values. The aims of this research are to better con-
strain optimum conditions for heat transfer, and to as-
sess lower boundary roughness effects on turbidity cur-
rent turbulence generation, flow depletion and runoff.

The paper is organized as follows. Sections 2 and 3
give brief description of the numerical procedure and
flow configuration. In Section 4 we validate our model
with previous experimental and numerical data. The re-
sults of the numerical modelling are given in Section 5
and discussed in Section 6.

2. Numerical method

2.1. Turbulence modelling

Steady state CFD simulations have been performed
using the commercial code, ANSYS CFX 14.0. This
code uses a finite volume method to solve the Reynold
time averaged Navier-Stokes equations by a coupled
solver. Furthermore, the fluid is assumed to be incom-
pressible and Newtonian. Numerous turbulence mod-
els were employed for comparisons against experimen-
tal and numerical results in literature. The Shear Stress
Transport (SST) turbulence model was identified as the
model of choice, motivated by the work of Milnes et al.
[4] on deep cavities. This model uses “Automatic Near
Wall Treatment”, which switches between the low-Re
formulation and wall function depending on the resolu-
tion of the mesh near the wall [41–43]. Other turbulence
modelling choices included, $K - \varepsilon$ and Reynolds stress
turbulence models. The $K - \varepsilon$ standard model uses a
scalable wall function to avoid problems in resolving
grid points in the viscous layer [41]. These models have
been used extensively, and have been shown to be reli-
able in terms of robustness and accuracy [42, 44]. The
Reynolds stress models are not based on the eddy vis-
cosity hypothesis but instead directly solve the trans-
port equation for the individual stress components per
time step. The BSL Reynolds stress model is an ω -
based Reynolds stress model whereas the LRR and SSG

187 Reynolds stress models are ε -based models. The BSL
188 and LRR Reynolds stress models use a linear pressure-
189 strain correlation while SSG uses a quadratic relation
190 [41, 45, 46].

191 In total, 28 geometries with varying width to rough-
192 ness height ratio have been meshed using the Hexa mesh
193 method as employed in ANSYS ICEM. A preliminary
194 mesh independence study was carried out in order to
195 verify that the solution is grid independent. The first
196 wall node was positioned at $y^+ \approx 1$ for the SST model
197 and at least 15 further nodes were placed inside the
198 boundary layer in order to resolve the viscous layer. The
199 variable y^+ is the dimensionless distance which is based
200 on the the height of the first node from the wall and
201 wall shear stress ($y\mu_\tau/\nu$). For models that use the scal-
202 able wall function, at least 10 nodes were placed in the
203 boundary layer in the direction normal to the wall to
204 achieve $y^+ \approx 11$. A residual target of 1×10^{-6} was cho-
205 sen, as the convergence criterion for all the quantities
206 and simulations.

207 2.2. Governing equations

208 The mathematical equations for steady Reynolds av-
209 eraged models are based on conservation of fluid mass,
210 continuity and momentum as follows:

Continuity:

$$\frac{\partial \bar{U}_i}{\partial x_i} = 0 \quad (1)$$

Momentum:

$$\frac{\partial}{\partial x_j} (\rho \bar{U}_i \bar{U}_j) = -\frac{\partial \bar{p}'}{\partial x_i} + \frac{\partial}{\partial x_j} \left[\mu_{eff} \left(\frac{\partial \bar{U}_i}{\partial x_j} + \frac{\partial \bar{U}_j}{\partial x_i} \right) \right] + S_M \quad (2)$$

$$\bar{p}' = \bar{p} + \frac{2}{3} \rho K + \frac{2}{3} \mu_{eff} \frac{\partial U_k}{\partial x_k} \quad (3)$$

211 where \bar{p}' is the time-averaged modified pressure as
212 defined in equation (3), S_M is the sum of the body
213 forces, and $\mu_{eff} = \mu + \mu_t$, the effective viscosity is the
214 sum of the fluid, μ and turbulent viscosity μ_t . The tur-
215 bulent viscosity is given in standard form as,

$$\mu_t = C_\mu \rho \frac{K^2}{\varepsilon} \quad (4)$$

216 For the Reynolds stress turbulence models, steady
217 Reynolds averaged momentum equations are given by,

$$\frac{\partial}{\partial x_j} (\rho \bar{U}_i \bar{U}_j) - \frac{\partial}{\partial x_j} \left[\mu \left(\frac{\partial \bar{U}_i}{\partial x_j} + \frac{\partial \bar{U}_j}{\partial x_i} \right) \right] = -\frac{\partial \bar{p}'}{\partial x_i} - \frac{\partial}{\partial x_j} (\rho \overline{u_i u_j}) + S_{M_i} \quad (5)$$

218 In contrast to the eddy viscosity model, the modified
219 pressure, \bar{p}' used in momentum equation (5), has no
220 turbulence contribution and is written as a function of
221 static pressure as,

$$\bar{p}' = \bar{p} + \frac{2}{3} \mu_{eff} \frac{\partial \bar{U}_k}{\partial x_k} \quad (6)$$

222 The standard Reynolds stress turbulence models use
223 the ε -equation and instead solve the transport differ-
224 ential equation individually for each Reynolds stress com-
225 ponent. The Reynolds stress transport equations for
226 steady flow are given as follows:

$$\frac{\partial}{\partial x_k} (\bar{U}_k \rho \overline{u_i u_j}) - \frac{\partial}{\partial x_k} \left[\left(\mu + \frac{2}{3} C_s \rho \frac{K^2}{\varepsilon} \right) \frac{\partial \overline{u_i u_j}}{\partial x_k} \right] = \bar{P}_{ij} - \frac{2}{3} \delta_{ij} \rho \varepsilon + \Phi_{ij} \quad (7)$$

$$\bar{P}_{ij} = -\rho \overline{u_i u_k} \frac{\partial \bar{U}_j}{\partial x_k} - \rho \overline{u_j u_k} \frac{\partial \bar{U}_i}{\partial x_k} \quad (8)$$

227 where C_s is a constant, Φ_{ij} is the pressure-strain corre-
228 lation, and \bar{P}_{ij} is the production term.

229 Both the $K - \varepsilon$ and $K - \omega$ models use the eddy vis-
230 cosity hypothesis, which is described using the follow-
231 ing formula for the Reynolds stresses in incompressible
232 flows:

$$\overline{u_i u_j} = \frac{2}{3} K \delta_{ij} - \mu_t \left(\frac{\partial \bar{U}_i}{\partial x_j} + \frac{\partial \bar{U}_j}{\partial x_i} \right) \quad (9)$$

233 Hence the 2D assumptions in the RANS simulations are
234 given by:

$$\overline{u^2} = \frac{2}{3} K - 2\mu_t \frac{\partial \bar{u}}{\partial x} \quad (10)$$

$$\overline{v^2} = \frac{2}{3} K - 2\mu_t \frac{\partial \bar{v}}{\partial y} \quad (11)$$

$$\overline{w^2} = \frac{2}{3} K \quad (12)$$

235 Whilst we constrain the flow next to a wall to a two-
236 dimensional problem, it is to be noted that $\overline{w^2} \neq 0$ in

237 equation (9) and the model still accounts for 3D fluctuations. If $(\overline{u^2}, \overline{v^2})$ are both measured experimentally, it is possible to deduce K . For incompressible flows, $\partial \overline{v}/\partial y = 0$ and this gives,

$$K = \frac{3}{4}(\overline{u^2} + \overline{v^2}) \quad (13)$$

241 In equation (13), the value of the turbulent kinetic energy K can be compared with the predicted results for the $K - \varepsilon$ and $K - \omega$ models. In addition, if only the $\overline{u^2}$ measurements are available, then equation (13) is used to deduce $\overline{u^2}$ from the $K - \varepsilon$ and $K - \omega$ predictions. However, if a Reynolds stress model is used then $(\overline{u^2}, \overline{v^2}, \overline{w^2})$ are computed automatically and thus, in contrast, the values are less difficult to obtain.

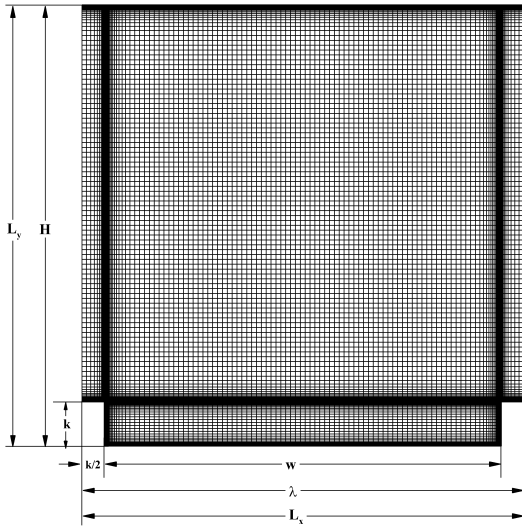


Figure 1: Computational domain and hexahedral grid system of the channel flow with surface roughness showing the parameters for $w/k = 9$.

249 3. Flow configuration

250 Figure 1 shows the computational domain with its coordinate system and the roughness element shape. The domain size is $(L_x, L_y) = (w/k + k, H)$. The roughness element is in a non-staggered, two-dimensional transverse square arrangement, with a cross section $k \times k$, positioned on the lower boundary. Periodic boundary conditions are used in the streamwise direction and a symmetry condition is applied in the spanwise direction. A no-slip boundary condition was applied to the upper and lower wall. A mean pressure gradient is imposed as a source term in the U-momentum equation. The

261 Reynolds number is determined based on u_τ and half-channel height, $Re_\tau = (H/2)u_\tau/\nu$. The width-to-height ratio w/k was varied from 0.12 to 402 (0.12, 0.27, 0.51, 0.75, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 18, 24, 30, 42, 54, 63, 75, 87, 96, 204, 300, 402). Turbulent flow over surface roughness can experience either a hydraulically smooth wall regime, a transitional-roughness regime, or a fully rough flow regime depending on the value of k^+ (hydraulically smooth wall: $0 \lesssim k^+ \lesssim 5$, transitional-roughness regime: $5 \lesssim k^+ \lesssim 70$ and fully rough flow: $k^+ \gtrsim 70$). For the original simulations reported here, the roughness element height is $0.05H$, where H is the channel height, and the dimensionless roughness height is in the range of the fully rough regime, $k^+ \geq 70$. The simulations have been performed for 28 domains for values of dp/dx , 1×10^{-4} , 5×10^{-4} , 1×10^{-3} , 2×10^{-3} , 3×10^{-3} , 4×10^{-3} and $5 \times 10^{-3} \text{ kgm}^{-2} \text{ s}^{-2}$.

279 4. Validation

280 In order to validate the solution, the experimental results of Okamoto et al. [40], Djenidi et al. [22] and the LES of Cui et al. [16] are compared to the present data. In this work, the computational geometry is set to match that of Cui et al. [16], i.e., $0.1H$. The mean pressure gradient, dp/dx is varied to obtain the Reynolds number, Re_b , close to the experimental and LES data.

281 The Figures 2 (a)-(d) show the streamwise velocity profiles normalised by the maximum streamwise velocity obtained from the turbulence model solutions for $w/k = 1, 4, 8, 9$. The velocity profiles are displayed with a line located at the centre of the channel in the cavity from the upper to the lower wall boundaries. Overall for all the turbulence models, the velocity profiles overall show a reasonable agreement with the previous numerical and experimental data. The $K - \varepsilon$ model shows the best agreement compared to the available data. To further support this validation, the present $K - \varepsilon$ model has been compared to the experimental data for $w/k = 8$ and $w/k = 9$, respectively in figure 2 (c) and 2 (d).

282 Figure 2 shows a more pronounced resistance effect near the roughness element as the spacing between the roughness element increases. This leads to the up-lifting of the U_{max} towards the upper flat wall. This effect is more apparent for $w/k = 8$ and $w/k = 9$.

283 Figure 3 shows the wall pressure drag distribution along a line positioned at the bottom of the cavity for $w/k = 9$. This distance is normalised by the roughness height " k " and $K - \varepsilon$ model is tested for validation. The agreement between the C_p computation and LES of Cui et al. [16] is satisfactory. The zero pressure drag due to

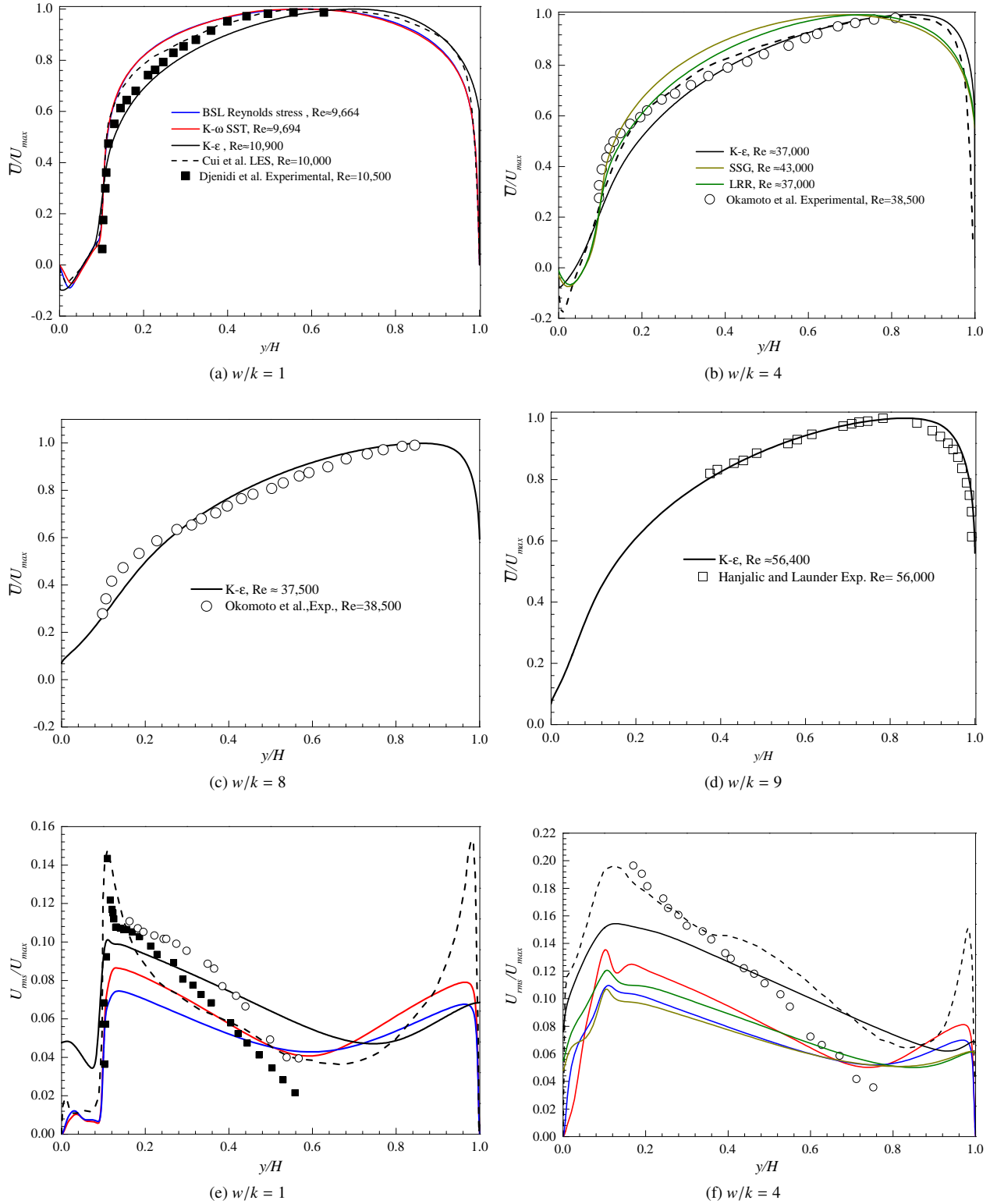


Figure 2: Plots of the computed velocity profiles of various turbulence models on the centre line of the channel for (a) $w/k = 1$, (b) $w/k = 4$, (c) $w/k = 8$ at $Re \approx 56,000$ (d) $w/k = 9$ at $Re \approx 37,000$ and (e) Turbulence intensity at $w/k = 1$ (f) Turbulence intensity at $w/k = 4$, with the result of Hanjalic and Launder [47], Okamoto et al. [40], Djenidi et al. [22] and LES of Cui et al. [16].

311 the recirculation region at the back face of the rib pre-
 312 dicted by the $K - \varepsilon$ model shows a close resemblance to
 313 that obtained with the LES result. The pressure coeffi-
 314 cient is defined as

$$C_p = \frac{p - p_0}{\frac{1}{2}\rho\bar{U}} \quad (14)$$

315 The normalised streamwise turbulence intensity U_{rms}
 316 at the centre of the cavity is also compared for $w/k =$
 317 1, 4 with previous experimental and numerical data in
 318 figure 2. The streamwise turbulence intensity U_{rms} is
 319 defined by $(\sqrt{\overline{u_i u_j}})$, which is the root mean square of
 320 the Reynolds stress uu , $R_{ij} = -\rho\overline{u_i u_j}$, normalised by the
 321 maximum velocity, U_{max} . The normalised turbulence
 322 intensity results are more sensitive and show discrep-
 323 ancies. As illustrated by figure 2 (e)-(f), RANS model
 324 show poor prediction of the turbulence intensities for
 325 both $w/k = 1$ and $w/k = 4$. On the other hand, the discre-
 326 pancies for the standard $K - \varepsilon$ model appear to be
 327 less severe than those of the other RANS models.

328 The $K - \varepsilon$ turbulence model demonstrates a reason-
 329 able prediction in capturing velocity profiles. Therefore,
 330 the predictions of the eddy viscosity must be reason-
 331 ably accurate, as the influence of turbulence on the flow
 332 field is largely governed by the eddy viscosity term in
 333 equation (2). Moreover, turbulent dispersion of heat and
 334 small particles may be modelled using an eddy diffusiv-
 335 ity which is proportional to the eddy viscosity. There-
 336 fore, the the $K - \varepsilon$ model has been used to further exam-
 337 ine the characteristics of the roughened wall flow over a
 338 range of aspect ratios.

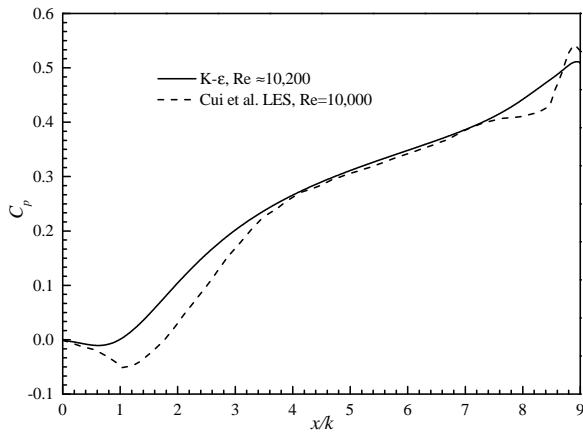


Figure 3: The pressure coefficient profile at $w/k = 9$.

339 5. Results

340 In total, 196 RANS modelling simulations were per-
 341 formed to study turbulent flow over two-dimensional
 342 square roughness elements for various Reynolds num-
 343 bers and w/k ratios. The w/k ratio lies between 0.12
 344 and 402 while the Reynolds number range from $6.3 \times$
 345 $10^3 - 4.5 \times 10^4$. The streamlines and reattachment
 346 length of the averaged two-dimensional velocity field
 347 of the results are presented. The flow is over form-type
 348 roughness as the ratio of the boundary layer thickness
 349 to the roughness height is smaller than the critical value,
 350 $\delta/k \lesssim 80$ as suggested by Jimenez [24]. Thus, the vis-
 351 cous effect of the wall will be negligible relative to the
 352 pressure drag produced by the rib.

353 The trend in which the velocity profile \bar{U}/U_{max}
 354 changes has been examined with respect to Reynolds
 355 number for different classes of rough wall. The results
 356 are compared with the effect of Reynolds number on a
 357 typical turbulent layer profile over a flat plat. The di-
 358 rection in which the velocity profile changes as a result
 359 of increase in Reynolds stresses through a rise in per-
 360 pendicular mass interchanges between inner and outer
 361 fluid layers. The direction in which the velocity profile
 362 changes for the d -type is similar to flow in flat plates.
 363 However, it is interesting to note that this change occurs
 364 at a lower rate compared to flat cases. Two interest-
 365 ing observation can be made for $w/k = 3$ and $w/k = 4$
 366 velocity profiles. Firstly, the effect of Reynolds number
 367 appears to be insignificant for intermediate type rough-
 368 ness. Secondly, the direction of the velocity change is
 369 seen to reverse towards the flow. The trend for k -type
 370 roughness has previously been extracted by Hanjalic
 371 and Launder [47] and Leonardi et al. [48] which agrees
 372 with the present study. The key point to take away from
 373 this comparison is the critical transition point in terms
 374 of Reynolds number effect, the ratio $w/k = 3$, between
 375 d -type and k -type.

376 Finally, to further characterise the bed roughness,
 377 flow resistance and eddy viscosity variation are evalu-
 378 ated. The dependence of these results on the Reynolds
 379 number as a function of width-to-height ratio will be
 380 discussed.

381 5.1. Reattachment length and streamlines

382 Two-dimensional mean velocity streamlines are cre-
 383 ated to illustrate the flow distribution in the inner and
 384 outer roughness element. In this section effect of the
 385 w/k variation on the flow pattern is considered. The
 386 separation and reattachment region shown in figure 4 for
 387 different roughness type is similar to the flow behaviour
 388 observed by Cui et al. [16] and Leonardi et al. [30].

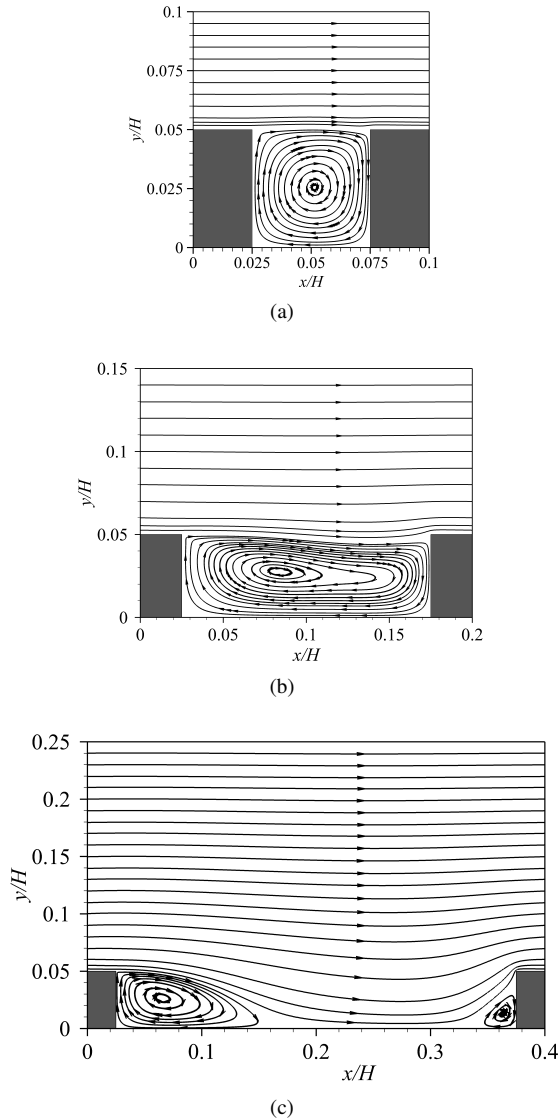
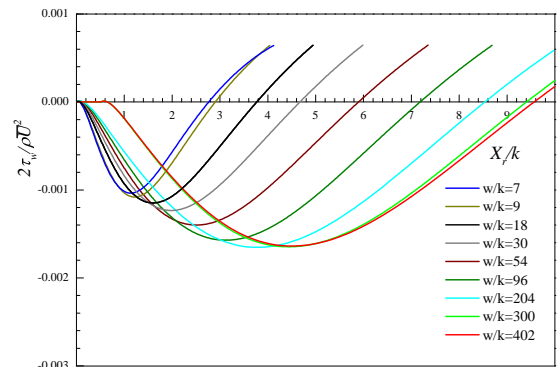


Figure 4: Distribution of mean streamlines velocity for (a) $w/k = 1$, (b) $w/k = 3$, (c) $w/k = 7$.

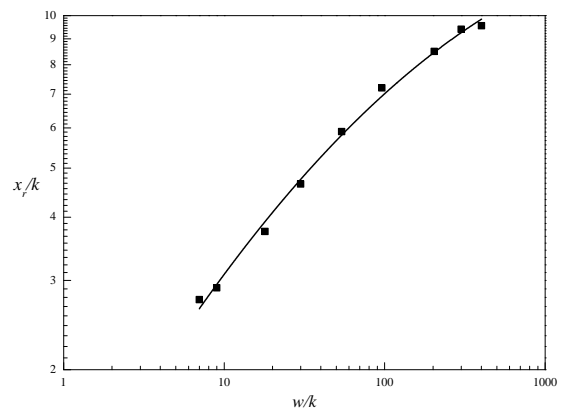
389 Separation-reattachment region are developed for all the
 390 modelled w/k ratios. Figure 4 shows the change in flow
 391 pattern from $w/k = 1$ to $w/k = 7$. The vortices are
 392 seen to become elongated from $w/k = 1$ to $w/k = 4$ and
 393 the reattachment still occurs at the leading edge of the
 394 neighbouring element as shown in figures 4(a)-(b). As
 395 the w/k ratio increases further the vortices stretch until
 396 they split and the flow reattaches on the lower boundary
 397 between adjacent roughness elements, as observed in
 398 figure 4(c). Ashrafian et al. [34] found that in the transi-
 399 tionally rough flow regime at $w/k = 7$, the apparent reat-
 400 tachment does not occur at the channel bed. However,

401 Leonardi et al. [21] reported that for $w/k = 7$, in the
 402 fully rough regime, the flow reattaches on the bottom
 403 of the channel between the roughness elements. In the
 404 transitionally rough regime the flow become dependent
 405 on the Reynolds number [49] and therefore the reattach-
 406 ment location may become sensitive to the roughness
 407 height.

408 The reattachment location is determined by zero non-
 409 dimensionalised wall-shear stress for a selection of w/k
 410 ratios where the reattachment occurs at the cavity, as
 411 shown in figure 5(a). The distance x_r is measured from
 412 the step and normalised by the roughness height, k . Fig-
 413 ure 5(a) shows that the value of reattachment length in-
 414 creases with an increase in the ratio, w/k . The reattach-
 415 ment point for each of the selective w/k ratios is plotted
 416 and a quadratic polynomial curve can be fitted to the
 417 data, as illustrated in figure 5(b).



(a)



(b)

Figure 5: (a) The normalised wall shear stress versus the normalised distance between the adjoining ribs and (b) Graph of the reattachment point with varying the width-to-height ratio.

418 5.2. Flow resistance

419 The loss of energy from a flow needed to overcome
 420 a rugose surface is commonly evaluated using the skin-
 421 friction drag and form drag which sum to the total drag.
 422 The ratio of the form drag to skin drag increases with
 423 the w/k ratio. The friction factor for the turbulent flow
 424 structure obtained near the roughness element is a function
 425 of the ratio w/k and the Reynolds number, Re_τ .
 426 Since the value of the form drag for higher values of
 427 the ratio w/k is significantly greater than the value of
 428 the skin-frictional drag, then the entire flow resistance
 429 as a function of w/k occurs in the form of the pressure
 430 drag. The Darcy friction factor equation is defined as

$$f = \frac{(H/2)(-dp/dx)}{0.5\rho\bar{U}^2} \quad (15)$$

431 where dp/dx is the main driving force against the wall
 432 shear stress τ_w and \bar{U} is the area-weighted average
 433 streamwise velocity. In the transitionally rough regime,
 434 the friction factor varies with the Reynolds number and
 435 the roughness height, as the roughness elements begin
 436 to distort the laminar-sub layer [24, 50, 51]. The present
 437 results correspond to the fully rough regime where the
 438 viscous cycle is completely distorted by the roughness
 439 element and hence the friction factor becomes independent
 440 of the viscosity. The variation of the friction factor
 441 with the Reynolds number and the width-to-height ratio
 442 are shown in figures 6(a). Maximum resistance to
 443 the flow occurs at $w/k \approx 7$, for the lowest Reynolds
 444 number, $Re_\tau = 6,325$. This optimum flow resistance
 445 value agrees well with the DNS result of Leonardi et al.
 446 [21] and the experimental result of Furuya et al. [39]
 447 on plates roughened by wires. For all the the roughness
 448 type classes, the resistance decreases with increasing
 449 Re_τ .

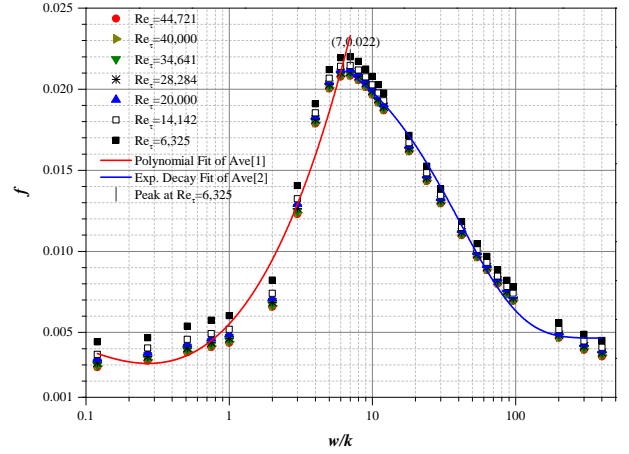
450 A cubic polynomial curve can be fitted to the friction
 451 factor data as shown in figure 6(a). The results are in
 452 accordance with the conclusion of Saito et al. [52], who
 453 suggest that in the fully rough regime the average turbulence
 454 intensity is proportional to the friction factor. The
 455 equation for the polynomial curve is given by,

$$f = 0.005 + 0.01(w/k) + 0.01(w/k)^2 + 0.003(w/k)^3, \quad 0.12 \lesssim w/k \lesssim 7 \quad (16)$$

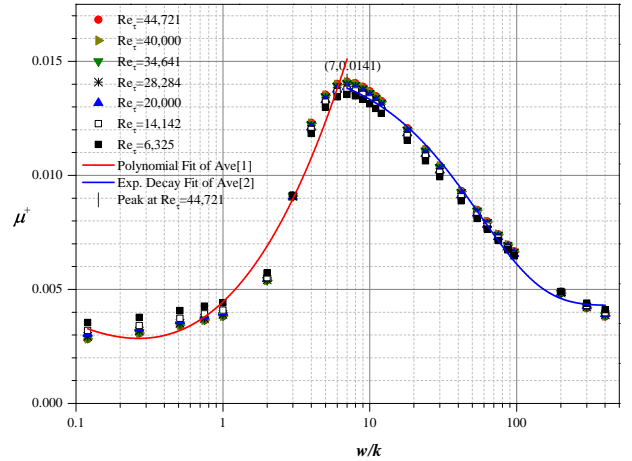
456 A fitted cubic polynomial curve indicates a rapid rate
 457 of friction enhancement up to $w/k \approx 7$ as described in
 458 equation (16). For $w/k \gtrsim 7$, an exponential decay function
 459 can be described by fitting a curve to the data as illustrated
 460 in figure 6(a), with the exponential curve given by,
 461

$$f = 0.02e^{\left(\frac{-w/k}{41.03}\right)} + 0.005, \quad w/k \gtrsim 7 \quad (17)$$

462 Figure 6(a) demonstrates that the decay rate of the
 463 flow resistance is slow with respect to the varying w/k
 464 ratio; equation (17) indicates it is $\approx 1/41$.



(a)



(b)

Figure 6: Scatter plots of the area-weighted average friction factor and eddy viscosity vs. w/k for a range of Reynolds numbers.

465 5.3. Eddy Viscosity

466 Eddy or turbulent viscosity μ_t is associated with the
 467 transfer of momentum caused by turbulent eddies and
 468 attributes to the local state of turbulence [53]. The eddy
 469 viscosity depends on the turbulent energy per unit mass
 470 of the fluid K , and the dissipation rate ε . The eddy
 471 viscosity μ_t is computed in a non-dimensional format
 472 which can be expressed as,

$$\mu^+ = \frac{\mu_t}{\rho \bar{U}(H/2)} \quad (18)$$

The optimal values of the w/k ratio and Reynolds number to maximise mixing enhancement can be constrained. Figure 6(b) shows that the value of μ^+ is maximised at $w/k = 7$ for highest Reynolds number at $Re_\tau = 44,721$. It is observed that the rate of eddy viscosity enhancement and decay is similar to the flow resistance. In this case the data is described by a polynomial curve given by

$$\mu^+ = 0.004 + 0.006(w/k) + 0.006(w/k)^2 + 0.001(w/k)^3, \quad 0.12 \lesssim w/k \lesssim 7 \quad (19)$$

and an exponential decay equation determined to be

$$\mu^+ = 0.01e^{\left(\frac{-w/k}{56.13}\right)} + 0.004, \quad w/k \gtrsim 7 \quad (20)$$

The normalised eddy viscosity is maximised in the range of $7 \lesssim w/k \lesssim 10$. As figure 6(b) illustrates, a polynomial curve can be fitted to the normalised eddy viscosity data for $w/k \lesssim 7$. The eddy viscosity immediately enhances up to $w/k \approx 7$ and decay exponentially at a rate of $\approx 1/56$ order of magnitude. For $w/k \lesssim 1$, the value of μ^+ decreases with increasing Reynolds number. For the intermediate type roughness, or $w/k = 3$, μ^+ becomes independent of the Reynolds number. As the flow separates and reattaches in the bed at $w/k = 7$, the eddy viscosity begins to change behaviour and increases with increasing Reynolds number. This phenomenon continues up to $w/k \approx 200$ where μ^+ once again becomes independent of the Reynolds number behaviour inclusive to the intermediate type roughness behaviour. For $w/k > 201$, μ^+ starts to decrease with an increasing Reynolds number in a similar manner observed for the d -type roughness, as the width expands towards the smooth wall limit.

6. Discussion

The new results confirm that the optimum spacing of roughness elements to maximise friction and eddy viscosity within the flow occurs at $w/k = 7$. The rate of turbulence enhancement increases rapidly up to this critical spacing and the rate of perturbation decay is slow thereafter, such that the effect of turbulence perturbation does not change significantly with the increasing aspect ratio. In turbulent pipe flows it normally takes around 100 pipe diameters for the velocity profile to become fully

developed [54, 55], and this value is similar to the modelled roughness case here, in which the flow does not become fully developed until a distance of about 100 roughness heights downstream of a roughness element.

Okamoto et al. [40] concluded that optimal heat transfer occurs when the turbulence of the free stream is maximised. Similarly, Ryu et al. [56] found that the maximum heat transfer occurs when the flow resistance attains its maximum value. The conditions associated with optimum turbulence enhancement and the flow resistance in the present work suggest, therefore, that heat transfer enhancement is maximised during flow over roughness elements with spacing $w/k \approx 7$, but that close to optimal transfer can occur with much wider roughness spacings. This result may guide efforts to optimise heat transfer in engineering applications. It should be noted, however, that the optimal ratio of obstacle to flow height has not been constrained here: this question awaits further work.

The current results have implications in turbulent particle-laden flows of engineering and geological interest with lower rough boundaries. Seeding particles in the flow is still used as a heat transfer augmentation technique in heat-exchangers and fluidized beds [57, 58]. Classical mixing theory describes the turbulent diffusion of particulate material using an eddy diffusivity (which is proportional to the eddy viscosity, as described above [44, 59]). The enhancement of the eddy viscosity by surface roughness, suggests effective mixing and entrainment of the particles within the channel. Therefore, it would be anticipated that at $w/k \approx 7$ the dispersion and fluctuating velocities of particles is maximally modified, which this leads to an increase in the mean distribution of the particles throughout the channel.

7. Conclusions

We report the results from a RANS-based numerical modelling study of flow over lower boundary roughness elements, conducted over a wide range of Reynolds numbers. A critical width-to-height ratio of $w/k \approx 7$ is confirmed to be associated with maxima in each of flow resistance and eddy viscosity for over-passing flow. A linear rate of turbulence enhancement is seen up to $w/k = 7$, followed by an exponential rate of perturbation decay beyond this critical ratio, with no significant dependence on flow Reynolds number. The results have implications for the optimised engineering designs to enable maximum enhancement of heat transfer. Flow over erosional roughness is a source of turbulence generation for turbidity currents, but further work to con-

561 strain the interplay between drag enhancement and particle
562 diffusion is required to clarify the implications for
563 flow propagation.

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