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# Paper:

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Wilson et al. Impact of peatland restoration on storm and drought hydrology.

- 1 **Title:** The impact of drain blocking on an upland blanket bog during storm and drought events, and
- 2 the importance of sampling-scale.
- 3
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21 Abstract:

22 Organic carbon solution and transport processes which occur during periods of heavy rainfall and 23 periods or little or no rainfall, can exert a significant control over a systems' annual organic carbon 24 budget. In addition, either or both extremes can be key contributors to contaminant release, water 25 discolouration, flood risk or vegetation growth. Although there is an increasing body of work 26 studying hydrological responses to peatland restoration, there are very little available data on the 27 performance of restored peatlands during these key periods. This study builds on previous work 28 from an upland peatland in Wales that has been restored through drain-blocking, and presents 29 evidence from a landscape scale experimental study at the site. A comparison of sampling scales 30 within the study demonstrates the necessity of larger spatial scales, in combination with high 31 resolution datasets, in assessing catchment level responses. Our results suggest that drain blocking 32 leads to higher and more stable water tables that are able to better resist drought periods, and thus 33 lead to more stable discharge from the system. The shallower water tables and pooling in drains also 34 appear to reduce the production and transport of fluvial organic carbon, and thus less organic 35 material is available to be released as during peak flow or dry periods. Despite restoration 36 apparently reducing the available water storage within the peat, the increase in overland flow and in 37 pooling within blocked drains appears to have led to a less flashy system. Peak flow responses in 38 both drains and upland streams are less severe, with more rainfall being retained within the bog. We 39 suggest that restoration leads to a more buffered system, with more moderate responses to 40 extreme events, and reduced release of both dissolved and particulate organic carbon. We discuss the implications of this for fluxes of fluvial organic carbon and sediment loss. 41 42 Keywords: blanket bog, DOC, POC, water colour, water table depth, flood risk, ecosystem services,

43 water quality, climate change mitigation.

#### 45 Introduction:

46 The increase in peatland restoration work seen in recent years has largely been driven by legislative protection (EU Habitats Directive, 92/43/EEC) and attempts to protect and restore peatland 47 48 biodiversity (Holden et al., 2007). This is generally based upon the creation of shallower and more 49 stable water tables (Holden et al., 2004), under the premise that this will promote the recovery of 50 specialist vegetation communities (Komulainen et al., 1999; Tuittila et al., 2000). Despite the 51 singularity of its principle aim, there is an increasing focus on such restoration as a tool for delivering 52 a wider set of ecosystem service benefits. These include improving water quality, both for drinking 53 water and to meet environmental standards (such as those in the EU Water Framework Directive, 54 2000/60/EC), reducing soil erosion (Evans et al., 2006; Holden, 2006b), improving the carbon storage 55 potential of the peatland itself (Lindsay, 2010; Worrall et al., 2009), and acting to stabilise water 56 discharge (Lane et al., 2003). This last function encompasses both reducing the severity of flood 57 responses (peak timing and size) and increasing the stability of water tables during drought events. 58 As both of these extremes are predicted to become more likely in the changing global climate, 59 understanding the role of land management and restoration on water supplies is likely to become 60 increasingly important (Delpla et al., 2009).

61 Improving the stability of water tables during periods of low or no rainfall is an important part of 62 peatland recovery (Money and Wheeler, 1999). As already mentioned, the recovery of peatland 63 vegetation can be largely dependent on water tables (Cooper et al., 2005; Girard et al., 2002), and 64 maintenance of near-surface water during drought periods is thought to be particularly important 65 (Breeuwer et al., 2009). However, drought periods also tend to see very high fluvial concentrations 66 of dissolved organic carbon (DOC), with autochthonous material becoming more important (Glatzel 67 et al., 2006; Jager et al., 2009). But, considering the low flows associated with droughts, perhaps of 68 more importance are reported large flushes of organic carbon when dried peat is re-wetted (Francis, 69 1990; Jager et al., 2009). Although collectively these two scenarios do not necessarily lead to greater 70 overall DOC fluxes (Jager et al., 2009; Worrall and Burt, 2008), it does have implications for drinking 71 water treatment through both increased costs, and the difficulty of treating "spikes" of colour 72 entering a treatment works which can lead to a reduced flow through the works which in turn can 73 cause drinking water supply issues. If there are significant levels of DOC in the treated water when 74 finally chlorinated there is a risk of exceeding safe limits for carcinogenic trihalomethanes (Pereira 75 et al., 1982; Watts et al., 2001). With rainwater and throughflow penetrating into deeper soil layers 76 during dry periods (Worrall et al., 2007b), several studies have demonstrated concurrent increases in 77 the release of heavy metals and other nutrients (Eimers et al., 2007; Tipping et al., 2003), along with 78 both positive and negative links between these and the production of DOC within the peat (Clark et 79 al., 2005; Tipping et al., 2003). If peatland restoration is capable of reducing the exposure of deeper 80 peat layers during dry periods, then the levels of metals and nutrients within the peat and in 81 discharge waters under these regimes needs further study.

82 Higher water tables during summer periods may also alter the supply of water from peat 83 catchments. However, the flashy nature of peatland discharge, and a paucity of available data, 84 makes it difficult to predict whether successful restoration would lead to more stable summer 85 discharge or the complete cessation of summer baseflow (Evans et al., 1999; Holden and Burt, 86 2003a). Interestingly, some studies have suggested a degree of feedback between vegetation growth 87 and water table stability, with increasing vegetation cover improving the self-regulating abilities of 88 the peat acrotelm, probably by retaining higher moisture levels beneath plant canopies, and thus 89 reducing surface evaporation (Petrone et al., 2004; Smolders et al., 2003). With little data available 90 to enable comparison of the behaviour of water tables or stream discharge during drought events 91 before and after peatland restoration, there is a need for further study of this area to permit better 92 prediction of the wider implications of restoration.

93 In common with drought periods, the hydrological performance of peatlands during periods of peak
94 flow is of particular interest, for a wide range of reasons. Perhaps the most significant is that of

95 sediment (or particulate organic carbon, POC) and DOC release, with the vast majority of sediment 96 transport thought to occur during peak flow events (Evans et al., 2006). In contrast to the changes in 97 DOC release during drought events, concentrations of both DOC and POC may show an initial rise 98 during peak flow events followed by greater declines, but with the higher discharge, overall loads 99 are generally greater (Clark et al., 2007; Holden and Burt, 2002a). There is also strong evidence that 100 peatland drainage has led to increased yields of both DOC and POC (Evans and Warburton, 2005; 101 Holden, 2006b; Worrall and Burt, 2007), and thus peatland restoration, if it can reduce the severity 102 of peak flow events, or alter the flowpaths used, has the potential to reduce overall fluxes of fluvial 103 organic carbon (Holden et al., 2004; Wallage et al., 2006; Worrall et al., 2007c). There is some 104 evidence that rewetted peatlands show an increased importance of saturation-excess overland flow 105 relative to flow through the peat (Wilson et al., 2010). While overland flow is often considered a fast 106 route for water escape across catchments, if the peatland has a good, thick vegetation cover with 107 high roughness then water will be slowed compared to more rapid pathways along open drains or 108 eroding, less well-vegetated peat (Holden et al., 2008). This attenuated route for rainfall leaving the 109 system along with pooling behind dams, has the potential to provide a buffer during peak flow 110 events, slowing water release and reducing the flashiness of the discharge response (Holden, 2006b; 111 Holden and Burt, 2002a). Few studies have directly investigated the impact of drain blocking on peak 112 flow hydrographs, although this is often cited as a potential benefit to restoration (reducing down-113 stream flood surges, Beven et al., 2004; Lane et al., 2003). Thus, while some evidence suggests that 114 raised water tables will increase flashiness or that rapid pipeflow will maintain rapid flood responses 115 (Daniels et al., 2008; Holden and Burt, 2002c; Holden et al., 2004), others demonstrate a general 116 decline in discharge and DOC yields after restoration (Armstrong et al., 2010; Wilson et al., 2010). 117 These apparent conflicting results may stem simply from the considerable variation observed 118 between different study sites (see Armstrong et al., 2010), but they only highlight the need for 119 further study of the impact of drain blocking on peak flow events if we are to better understand this 120 issue.

121 In this study we aim to test whether drain-blocking alters the performance of a blanket peat system 122 during extreme events; in particular, whether both water tables and discharge become more stable 123 during short-term drought periods, whether peak flow events become less severe and whether any 124 changes are apparent in streams as well as drains. An additional aim is to explore the response of 125 organic carbon release during storm events, and during and just after drought events to test 126 whether drain-blocking has the potential to reduce release during these key periods.

127 1.1 Study site

128 This study was based within the Lake Vyrnwy catchment (mid-Wales, OS Grid Reference SJ016192), 129 which covers approximately 10,000 ha, and contains 4743 ha of upland blanket bog as part of an 130 extensive upland mire mosaic. The blanket bog here and on surrounding land is the qualifying 131 feature for the Berwyn & South Clwyd Mountains Special Area of Conservation (SAC, EC Habitats 132 Directive, 92/43/EEC). Assessed as being in unfavourable ecological condition (CCW, 2008) due to 133 historic burning and overgrazing, and extensive drainage, the site has been managed through a 134 program of drain-blocking, with heather bale dams at approximately 5m intervals, as part of the 135 LIFE-Nature Active Blanket Bogs in Wales Project (LIFE ABBW project, <u>www.blanketbogswales.co.uk</u>). 136 Four sub-catchments within the site (Eiddew, Eunant, Hirddu and Nadroedd, see Fig. 1) were 137 restored sequentially in each winter period of the project (starting winter 2006/07, finishing winter 138 2009/10). This allowed the collection of both longitudinal before/after data within sub-catchments, 139 and experimental/control data across sub-catchments thus providing the unusual combination of a 140 landscape scale and experimental study. Data collection commenced in November 2007 and 141 continues, although this paper presents data from November 2007 to August 2010. Previously we 142 have presented evidence that the restoration programme has lead to raised and more stable water tables, with more surface flow and lower overall discharge (Wilson et al., 2010). We have also 143 144 suggested that these changes have led to observed declines in water colour, and overall yields of 145 dissolved and particulate organic carbon leaving the system (Wilson et al., 2011).

146 Methods:

#### 147 2.1: Data collection

148 To obtain flow rate data, automatic pressure transducers (Trafag Series 64) were installed in stilling 149 wells (to prevent sediment build up) in 1 drain and 1 stream in each of Eiddew, Eunant, and Hirddu, 150 and in 1 drain in Nadroedd. All except the Hirddu stream transducer were installed directly upstream 151 of a V-notch weir to allow accurate gauging. As a weir could not be installed in the Hirddu stream, 152 the stilling well was situated within a rated section (Gibb, 2009). An additional 3 transducers were 153 installed in 1m plastic pipe dipwells located at 0.5m, 1m and 5m downslope from a drain (which followed the slope contour) within the Nadroedd catchment to provide high temporal resolution 154 155 water table depth records. All transducers were set to record pressure readings at 15 minute 156 intervals and data were downloaded regularly. Pressure readings were converted to water depth via 157 calibration against regular manual samples, and stream and drain datasets were further converted 158 to flow rates using a standard V-notch weir equation (www.Imnoeng.com).

An automated sampler (Teledyne Isco 6712) was installed in a drain in Hirddu to allow collection of water samples at 15 minute intervals during peak flow events. These samples were tested to determine water colour as measured by absorbance at 254nm, 400nm, 450nm and 650nm (using Thermo Scientific Genesys 10uv), and dissolved and particulate organic carbon levels (DOC using thermal oxidation with an Analytical Sciences Elemental Analyser, and POC using methods modified from Ball, 1964).

165 Catchment size for each flow gauge was estimated using Ordinance Survey and mapped drain layers 166 in MapInfo (v. 6.2). High resolution rainfall data were provided by the Environment Agency Wales, 167 from a gauge at Lake Vyrnwy (OS Grid Reference: 301540 318810, lying between 3-10km from the 168 study areas). Rainfall in 2007-2009 fell within the 1971-2000 regional mean, but 2010 represented a 169 slightly drier and sunnier year compared to the 30 year means (<u>www.metoffice.gov.uk</u>). To identify discrete storm event hydrographs (with few peaks and low antecedent flow), dates were chosen
which had more than 10mm of rainfall, and little rainfall (less than 1mm) on preceding or following
days. Drought events were identified as any period of five days or more where there was no rainfall.
This duration was selected as preliminary analyses suggested that streamflow recession following
rainfall events never exceeded 2-3 days, and evidence of peat drying was apparent within 5 days.
This drought length also ensured that sufficient discrete events were available to permit robust
analyses.

177

178 Additional data on water table depth, water colour and levels of DOC and POC in discharge waters 179 during and just after drought periods, were obtained from fortnightly surveys in all four sub-180 catchments where survey dates fell within the identified drought periods, or within 10 days of the end of the drought. These survey data are described fully in Wilson et al. (2010) and Wilson et al. 181 182 (subm.), but briefly they include water table depth measurements from all four sub-catchments, 183 with 78 dipwells on 13 transects spanning drains (dipwells were located at 0.5, 1 and 5m from 184 drains; the drains themselves typically ran parallel to slope contours). Water colour data as 185 measured by absorbance at the wavelengths listed above, were obtained from 38 sample points 186 located across all sub-catchments (22 in drains and 16 in small streams), and these data were later converted to estimated DOC and POC concentrations (mg  $l^{-1}$ ) and loads (mg  $s^{-1}$ ) using calibration 187 datasets and standard regression models (see Wilson et al., 2011 for full methods). 188

189

#### 190 2.2 Data analysis: Drought events

Periods of at least 5 days without rainfall were identified as droughts, with 17 in total occurring during the study period (4 of which were in the winter half year: October to March, and 13 in the summer half year: April to September). Drought length ranged from 5 to 18 days, averaging 9.33

194 days, and with data being collected from each flow gauge this gave a total of 98 discharge 195 hydrographs (35 pre-blocking, 63 post-blocking), and 54 water table traces (27 pre-blocking, 27 196 post-blocking). Drought timeseries were plotted against rainfall for each of the three dipwell gauges, 197 and for the seven flow gauges. As antecedent levels (when rainfall ceased) of both water tables and 198 flow rates were likely to largely determine levels during subsequent drought periods, all data were 199 converted to change relative to antecedent level ('adjusted' data). Additional variables were created 200 that gave the change in water table depth or flow rate over each 12 hr period. These 'rate of change' 201 variables were intended to give a measure of the rate of water table or discharge decline occurring 202 during the droughts.

203 Adjusted water table data were entered into simple Generalised Linear Models (GLM, each dipwell 204 analysed separately) with antecedent depth, and day since last rainfall ('drought day', testing 205 whether rates changed over the course of a drought) as explanatory variables, alongside the 206 experimental factor of whether the drain was blocked (unblocked/blocked), and an interaction term 207 of unblocked/blocked \* drought day. GLMs for rates of change of water tables were as above, but 208 included the additional factor of whether it was day or night. These GLMs were also repeated using 209 only the six summer events (within June to August). This was to test, and control for, a prediction 210 that summer evapotranspiration would cause drawdown of water tables to follow a diurnal pattern 211 (Evans et al., 1999). Flow rate data from drains and streams were analysed separately, with simple 212 GLMs modelling both adjusted flow and rate of change data against site, antecedent flow, drought 213 day, and the experimental factor of unblocked/blocked. In these GLMs, two interaction terms were 214 included: site \* unblocked/blocked and unblocked/blocked \* drought day.

Water table depth and estimated DOC and POC levels taken from the wider fortnightly surveys
covered 14 of the 18 droughts, and 12 post-drought periods (only post-drought surveys days with
>0.4mm rainfall were used). Four basic dependent variables: water table depth, water colour
(absorbance at 400nm), DOC and POC concentrations; plus three flow-weighted measures of 'total'

colour, DOC and POC loads were used, with all except water table depth being split into drain and
stream samples. These were then entered into simple GLMs against site, date and
unblocked/blocked. The water table depth models included a distance to grip parameter. Larger
sample sizes within the drought analyses, allowed the inclusion of an interaction term of site \*
unblocked/blocked in the water table and drain GLMs. Small sample sizes in the post-drought
stream analyses necessitated the exclusion of the date variable. As multiple variables were being
entered into the drain and stream models, a reduced p<sub>crit</sub> of 0.01 was applied.

226 2.3 Data analysis: Storm events

227 31 different storm events were identified from rainfall datasets where the data fitted two basic 228 criteria: these events needed to be isolated from previous and subsequent persistent rainfall by at 229 least 48 hours, and had to consist of a relatively concentrated period of rainfall. These two criteria 230 allowed an assessment of change from, and return to, an approximate baseflow; and provided a 231 simple hydrograph response allowing more accurate data extraction. Storm hydrographs for each 232 flow gauge and dipwell were plotted against rainfall, and standard parameters were measured 233 either from the hydrograph, or calculated from the timeseries data. From the water table datasets, 234 the following parameters were measured: peak depth (shallowest water table depth), water table 235 difference (difference between antecedent and shallowest levels), and recession duration (time 236 taken to return to antecedent level). Parameters measured from drain and stream flow rate datasets 237 include: antecedent flow, start lag (time from rainfall start to start of hydrograph rise), peak lag 238 (time from rainfall peak to hydrograph peak), peak flow rate, time to peak (from start of hydrograph 239 rise to its peak), recession duration (from hydrograph peak to point of levelling off), and total storm flow. Using antecedent flow as an estimate of baseflow throughout the event, total baseflow, and 240 therefore total runoff and the runoff/baseflow ratio were calculated. Using total storm rainfall, and 241 estimated catchment size, total runoff could be converted to a runoff efficiency factor representing 242 243 the amount of rainfall falling on the catchment that was released during the event. The ratio of peak

flow rate to total storm flow was used as an index of 'flashiness'. Each of these parameters was
entered into a simple GLM with the catchment, total storm rainfall, and whether the catchment was
blocked as explanatory variables. Data from drains and streams, and from each dipwell were
analysed in separate GLMs. Larger sample sizes within drain GLMs permitted the inclusion of the
interaction term catchment \* unblocked/blocked. As multiple dependent variables were being
entered into the same GLMs a reduced p<sub>crit</sub> of 0.005 was applied.

250 Equipment problems meant that the automatic storm sampler only collected samples from six of the 251 events identified above prior to drain blocking, and none after. The collected samples also failed to 252 cover the entire peak flow event in all but one case. Thus it was only possible to provide simple regression analyses of peak flow rates (which were covered for each event) and maximum observed 253 254 DOC and POC concentrations or loads. While this did not provide a solid assessment of fluvial 255 organic carbon release during peak flow events, it provides basic information on the link between 256 release and a reliable measure of event severity. Unlike for the drought analyses, the short duration 257 of storm events prevented the wider routine DOC and POC survey data being used.

258 Results:

#### 259 3.1 Drought events

Adjusted water table depth GLMs all showed good model fit ( $R^2 = 0.89$ , 0.87 and 0.93 for 0.5m, 1m 260 261 and 5m dipwells respectively), and all showed highly significant responses to all of the GLM factors including the interaction terms of unblocked/blocked \* drought day (Table 1). These results suggest 262 263 that water table depths drop more rapidly and to a greater depth from their antecedent starting 264 point after blocking, at both 0.5 and 5m from the drain, with the dipwell at 1m being more variable and showing no overall trend. Rate of change GLMs generally showed less consistent results, with 265 266 only the 1m dipwell showing a marginally significant response to drain blocking (Table 1). However, 267 data from each dipwell were so variable that no overall trend is apparent. It is worth noting that

- 268 none of the models showed a significant effect of day/night periods, and when models were
- repeated with only the summer events, this pattern remained (p > 0.1).
- 270 GLMs analysing wider survey data showed a contrasting result to the three Nadroedd dipwell
- transducers analysed above. In these analyses, drain blocking had a significant effect on water table
- depth during drought periods (Unblocked/blocked: F<sub>1,694</sub>=7.72, p=0.006; Site \* Unblocked/blocked:
- 273  $F_{2,694}$ =5.75, p=0.003), with water tables being slightly higher after blocking (unblocked: -9.27 ±
- 274 0.99cm, blocked: -7.81±0.47cm). The degree of change depended on the distance from the drain
- with water tables being less responsive to blocking at 5m from drains (Fig. 2).
- Adjusted drain discharge rates, and rates of change in drain discharge (model fits: R<sup>2</sup>=0.55, R<sup>2</sup>=0.90)
- showed highly significant responses to drain blocking when looking within sites (adj. flow:

F<sub>2,38355</sub>=1444.2, p<0.0001; rate of change:  $F_{2,800}$ =7.95, p=0.0004). Drain blocking appears to have led to more stable, higher flow rates throughout droughts, and slower declines in flow rate during the

280 first 5 days of a drought (Fig. 3).

Stream discharge GLMs followed the same pattern as drain discharge data (models fits: adj. flow  $R^2$ = 0.77; rate of change  $R^2$ = 0.98), with flow rates across all catchments being higher and hydrograph recession rates generally slower after blocking (adj. flow: F<sub>2,25987</sub>=1200.1, p<0.0001; rate of change: F<sub>2,538</sub>=18.08, p<0.0001). The importance of the unblocked/blocked \*drought day interaction term shows that while post-blocking flow rates remained higher throughout droughts, hydrograph recession rates were lower only during the first 3 days (Fig. 4).

During drought periods, Abs<sup>400</sup> measured as part of wider, fortnightly surveys appeared to increase
slightly in drains (Table 2). However accounting for flow rates, 'total' colour released showed a slight
decline in drains after blocking (Fig. 5). In streams, neither absorbance measure varied during
droughts in responses to blocking, although there was a slight trend towards lower flow weighted
Abs<sup>400</sup> after blocking (Table 2). In drains, DOC concentration during droughts increased significantly

after blocking, but as with colour, flow weighted loads showed slight declines (Fig. 5). This variation
was not apparent in streams, with neither concentration nor loads changing after blocking. Neither
POC concentrations nor POC loads released during drought periods changed in response to blocking,
although in streams, there was a non-significant trend towards lower POC loads after blocking (Table
29.

297 Prior to drain blocking, there was evidence of a re-wetting 'flush', with higher absorbance and 298 dissolved organic carbon values during post-drought periods (Figs 5 and 6). Within drains, blocking led to marked declines in post-drought flow weighted Abs<sup>400</sup> (although simple Abs<sup>400</sup> showed a 299 marginal increase, see Table 3), and declines in loads of both DOC and POC, while concentrations of 300 both showed little change after blocking (Table 3 and Fig. 5). Although matching post-blocking 301 302 changes within streams were suggested by the data within streams (Fig. 6), these were statistically 303 non-significant, possibly due to a combination of lower sample sizes and greater inter-stream 304 variability (Table 3).

305

#### 306 3.2: Storm events

The peak water table depth reached during storm events increased in response to drain blocking at both 0.5 and 5m from the drain but not at 1m (Table 4), although the data suggest that this dipwell shows a matching trend. The difference between antecedent and peak levels did not change at any distance, probably due to higher antecedent levels after blocking, however, the recession duration of water tables showed some evidence of increasing at all distances.

Peak flow events in drains (see Fig. 7) showed significantly lower peak flow rates, baseflow rates
remained stable but declines in total runoff led to strong declines in the runoff:baseflow ratio. Both
indices of efficiency and flashiness showed significant declines after blocking, however lag times,

despite being potentially vulnerable to error due to the distance from rain gauge to weir, did notchange.

Peak flow events in streams showed generally less response to drain blocking than drains, however peak flow rates showed a non-significant matching decline (Fig. 8). Again, although runoff did not show any overall trend, the runoff:baseflow ratio in streams showed significant declines after blocking, as did the flashiness of the hydrograph (Fig. 8). As observed in drains, lag times did not change, and at the stream scale, no change in system efficiency was observed.

322 Simple regression analyses for peak flow rate versus maximum DOC and POC concentrations and
323 loads showed only one relationship that approached significance, with DOC load showing some signs
324 of increasing with higher peak flow rates (R=0.76, n=6, p=0.08), all other regressions had p-values >
325 0.3.

#### 326 Discussion:

327 Previous studies have suggested that the drawdown in water tables during dry periods can lead to 328 considerable changes in peat structure, with increased occurrence of macropores and recession of 329 the peat surface (Francis, 1990; Holden and Burt, 2002b). However, the persistence of such changes, 330 and their impact on flowpaths and nutrient release after the drought is less clear (Holden and Burt, 2002b; Worrall and Burt, 2008; Worrall et al., 2007b), although the occurrence of a major flush of 331 332 both sediment and dissolved nutrients on re-wetting of the peat has been widely reported (Clark et 333 al., 2005; Francis, 1990; Holden and Burt, 2003a; Holden and Burt, 2002a; Mitchell and McDonald, 334 1992). Very little is known about the role of peatland restoration in influencing drought hydrology, 335 although it has the potential to mitigate against many of the negative effects of droughts such as organic carbon release or vegetation change (Breeuwer et al., 2009; Wilson et al., 2011). In this 336 337 study, we focussed on short term dry spells to allow both a high resolution study of water table and 338 discharge responses, and also an experimental test of the impact of peatland restoration on such

339 responses. We analysed water table depth in three dipwells at high temporal resolution, and at low 340 temporal resolution over a much wider area and larger sample size. Although both datasets showed 341 the expected water table drawdown during drought periods, they showed conflicting responses to drain-blocking with two of the three high resolution dipwells showing water tables falling to deeper 342 343 levels after blocking than before, whereas the larger study showed generally shallower water tables 344 during post-restoration droughts. These results suggest that at least two of the water table loggers 345 were installed at points with non-standard local hydrology, perhaps due to the presence of a peat 346 pipe linking that point directly with the stream system (Daniels et al., 2008; Holden, 2005a), or 347 localised variation in peat saturation (Holden and Burt, 2003b). The wider datasets, although 348 without the fine temporal resolution, were inherently robust against such small scale variations and 349 thus whilst representing a more reliable indicator of the impact of drain-blocking, also serve to 350 highlight the importance of larger scale studies in overcoming potential biases. The atypical nature 351 of the high resolution dipwells prevents a robust assessment of the role of evapotranspiration in 352 water table drawdown during summer droughts, with the absence of a diurnal pattern possibly 353 being unrepresentative of the wider system. Although the observed increase in drought water 354 tables after restoration was slight, this matches results from a previous study that drain-blocking at 355 this site had resulted in much more stable water tables during the summer period (Wilson et al., 356 2010).

357 This study demonstrates that discharge from both drains and streams remained higher during 358 droughts after blocking. Prior to blocking, flow rates in both drains and streams declined rapidly 359 during the first few days without rainfall. However after restoration, this rapid drop was almost 360 completely removed, with flow rates declining much less and remaining more stable throughout the 361 drought period. Previous work at this site has shown that average flow rates from both drains and streams decline after drain-blocking, largely due to a reduction in the time spent at peak flows 362 363 (Wilson et al., 2010), however this study demonstrates that a generally lower flow rate does not 364 necessarily translate into lower flows or cessation of flows during drought periods. In fact the more

stable water tables appear to be permitting a more stable, sustained release of discharge waters,
which may have implications for summer domestic water supplies (Delpla et al., 2009). These
changes are relative within a blanket peat context since these types of peatlands tend to have a
flashy regime with low baseflows even when in pristine condition (Bay, 1969; Holden, 2006a; Price,
1992).

370 With higher and more stable water tables after restoration, it is perhaps not surprising that our 371 results suggest a decline in the amounts of colour and fluvial organic carbon leaving the system 372 during droughts. While changes were less marked in streams than in drains, drain blocking still 373 appeared to lead to less colour and less POC release. These changes during the drought periods 374 appear likely to stem from a reduction in the amount of humification of the aerobic peat layer, and 375 thus both less production of 'fresh' organic carbon, and maintenance of shallower flow paths 376 (Holden and Burt, 2002a; Holden and Burt, 2002b). There was also possibly a contrasting process 377 occurring, with increasing acidity during drought periods suppressing the solubility of DOC (Clark et 378 al., 2005), and therefore with the more stable post-restoration conditions incurring less suppression of DOC release. This might explain the slight increases in Abs<sup>400</sup> and DOC concentrations observed in 379 380 blocked drains in this study, as might the flushing of DOC produced and stored prior to drain 381 blocking. However, any such effects appear to be outweighed by the decline in production of organic 382 carbon. This reduced production during droughts also explains the almost complete removal of the 383 re-wetting flush of colour and organic carbon that was evident in both drains and streams prior to 384 restoration in this study. Before drain blocking, lower water tables during droughts appears to have 385 led to an accumulation of available sediment and organic matter, which was then transported as rain 386 recommenced and water tables and drain flow rose (Francis, 1990; Holden and Burt, 2002a; Mitchell 387 and McDonald, 1992; Watts et al., 2001). This study, however, shows that drain blocking restoration 388 considerably reduces the scale of this re-wetting flush of colour, DOC and POC from the system. 389 Previous work at this site suggested that drain blocking restoration had led to a lower overall fluvial 390 organic carbon flux, as well as lower colour exports in discharge waters (Wilson et al., 2011); and the

391 current study suggests that an important contribution to these trends is the increased drought-

392 resistance of the system.

393 As well as having implications for carbon fluxes (Evans et al., 2006; Strack et al., 2009) and 394 contaminant release (Tipping et al., 2003), more stable and higher summer water tables are a key 395 factor in restoring conditions for specialist peatland vegetation (Breeuwer et al., 2009; Gerdol et al., 396 2008; Money and Wheeler, 1999), and potentially for promoting key invertebrate groups and the 397 bird species that depend on them (Buchanan et al., 2006). While previous studies have 398 demonstrated that drain blocking can restore shallower water tables (Ramchunder et al., 2009; 399 Wilson et al., 2010; Worrall et al., 2007a), this study is the first to show that these restored water 400 tables can persist during the crucial dry summer periods.

401 At the other end of the spectrum, the hydrological response of peatlands to storm events has 402 perhaps received more attention, and is again a key factor in determining organic carbon fluxes, as 403 well as shaping flood risk and providing vital information on processes within the system (Clark et al., 404 2007; Daniels et al., 2008; Rothwell et al., 2007). The standard model of peatlands is of a flashy 405 system, where rainfall events trigger rapid and concentrated runoff and discharge (Holden and Burt, 406 2003a; Holden and Burt, 2002a), and predicting the impact of restoration has proven difficult as it 407 has the conflicting effects of reducing available storage and promoting slower flow paths (Holden, 408 2005b; Holden et al., 2004). This study has demonstrated that water table response to storm events 409 changes after drain blocking, with levels rising higher and taking longer to recede to antecedent 410 levels. Likewise, peak flow hydrographs from drains show considerable change after restoration, 411 with lower peak flow rates, less runoff and less of the rainwater being released during the event. 412 Changes in streams were less marked, as would be expected (Stutter et al., 2008), but matching 413 trends were still apparent. No change in lag times was apparent in this study, although any response to blocking may have been masked by the error incurred from the wind-dependent lag or lead times 414 415 between rainfall being recorded at the rain gauge, and arriving at each weir catchment. These

416 results concur with previous work at this site, which suggested that the proportion of time at high 417 stream flows reduced after drain-blocking (Wilson et al., 2010). While this previous work also 418 showed a rise in water tables after blocking (Wilson et al., 2010), the current study demonstrates 419 that even with a reduced potential storage, restored peatlands can demonstrate less flashy flood 420 responses and provide better retention of rainfall even during peak events. However, the most 421 severe events covered in our study had return periods of 2 years, thus very extreme events were 422 not observed during our study, and may show different flood responses. During such events the peat 423 will become fully saturated and all surface pool spaces taken up so that the buffering effect will then 424 be minimal and dependent only on how well surface roughness effects are maintained as the depth 425 of overland flow increases over the land surface (Holden et al., 2008).

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As equipment failure prevented the collection of full datasets on water colour and organic carbon 427 428 levels during storm events, this study was unable to test the hypothesis that the generally shallower 429 water tables, and the reduced severity of peak flow events should lead to reduced water colour and 430 organic carbon flushes during peak flows (Clark et al., 2010; Clark et al., 2007). The only prediction 431 possible from the very limited data collected is that as DOC loads appeared to be linked to peak flow 432 rates, the observed reduction in peak flows following restoration should lead to lower DOC loads 433 and thus lower DOC fluxes. Although there is considerable variation between sites, DOC release 434 generally appears to decline in response to drain-blocking restoration (Armstrong et al., 2010; Höll et 435 al., 2009; Wallage et al., 2006). Previous work at this site has likewise shown declines in both DOC 436 and POC yields following restoration, and has further suggested that mechanisms behind organic 437 carbon production are altered by drain blocking, with younger, less humified carbon from shallower 438 peat dominating (Wilson et al., 2011). As peak flow events are thought to contribute a major part of organic carbon fluxes (Clark et al., 2007; Jager et al., 2009), understanding changes in the peak flow 439 440 responses after restoration are likely to be key to accurately modelling organic carbon flux. This

study in combination with previous findings, suggests that restored, shallower water tables lead to
reduced production of dissolved organic carbon, thus during storm events, as was apparent after
drought events, there may be less material available to be flushed into drains and streams (Holden,
2005b; Höll et al., 2009). The reduced release of particulate matter may be more directly linked to
drain-blocking itself rather than to changes in the main peat mass, with drain dams and slower flow
rates cutting off sediment transport and reducing channel erosion .

447 With warmer, drier summers and stormier winters being likely with continuing climate change, the 448 impact of drought periods and storm events on fluvial organic carbon release from peatlands could 449 become an increasingly important factor in determining sediment loss and carbon fluxes (Clark et al., 450 2007; Evans et al., 2006; Strack et al., 2009). Likewise understanding the potential of restoration in reducing erosion and fluvial carbon yields during these key periods is vital given the importance 451 452 given to these issues in recommending peatland restoration (Holden et al., 2004). This study 453 presents evidence that drain blocking restoration can create higher and more stable water tables 454 and discharge during drought periods and that this more resistant system appears to reduce the 455 production and release of water colour and fluvial organic carbon, most noticeably during the post-456 drought re-wetting period. We also present evidence that drain blocking reduces the flashiness of storm discharge, a change apparent in streams as well as drains; and we predict that this change has 457 458 contributed to the observed declines in annual fluvial organic carbon fluxes at the study site.

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- Table 1: GLM results and parameter estimates for adjusted water table depth and rate of change of
- 618 water table depth measured in three dipwells located at 0.5, 1 and 5m from a drain in Nadroedd.
- 619 Results are for the interaction term unblocked/blocked \* drought day, parameter estimates are for
- 620 the interaction Blocked \* drought day, against the baseline of Unblocked \* drought day.

Distance			Blocked			
	from	F	df	р	parameter	SE
Dependent	drain				estimate	
Adjusted	0.5m	87.74	10366	<0.0001	0.041	0.005
water	1m	2932.2	10366	<0.0001	-0.401	0.007
table depth	5m	2995.4	9310	<0.0001	-0.372	0.007
Rate of change of	0.5m 1m	0.31 4.62	212 212	0.58 0.03	0.002 -0.007	0.004 0.004
water table	5m	2.30	191	0.13	-0.008	0.005

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- 627 Table 2: GLM results for manual sample data collected during drought events from all sub-
- 628 catchments. For water table depth and drain models, the results given are for the
- 629 unblocked/blocked \* site interaction term, for stream models, results are for the unblocked/blocked

630 term.  $P_{crit} = 0.01$ .

Dependent		F	df	р
Water table depth		5.75	694	0.003
Drains	Abs <sup>400</sup>	23.42	205	<0.0001
	Flow weighted Abs <sup>400</sup>	4.03	149	0.051
	DOC concentration	12.27	151	0.0006
	DOC load	1.36	151	0.246
	POC concentration	1.79	141	0.183
	POC load	1.92	141	0.168
Streams	Abs <sup>400</sup>	4.63	68	0.035
	Flow weighted Abs <sup>400</sup>	4.61	24	0.042
	DOC concentration	0.35	28	0.560
	DOC load	3.33	24	0.080
	POC concentration	0.28	24	0.601
	POC load	3.59	20	0.072

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- Table 3: GLM results for manual sample data collected during post-drought re-wetting periods in all
- 636 sub-catchments. Results given are for the unblocked/blocked term,  $P_{crit} = 0.01$ .

Dependent		F	df	р
Drains	Abs <sup>400</sup>	3.04	125	0.084
	Flow weighted Abs <sup>400</sup>	5.45	120	0.021
	DOC concentration	0.61	120	0.437
	DOC load	15.09	120	0.0002
	POC concentration	0.15	120	0.696
	POC load	8.14	120	0.005
Streams	Abs <sup>400</sup>	2.22	42	0.144
	Flow weighted Abs <sup>400</sup>	0.41	27	0.526
	DOC concentration	0.19	25	0.664
	DOC load	0.09	25	0.764
	POC concentration	0.01	17	0.987
	POC load	0.01	17	0.913

- 643 Table 4: GLM results and mean values for peak levels and recession duration for water tables during
- 644 storm events measured from three dipwells in Nadroedd before and after drain-blocking.

Dependent	Dist. to	F	df	р	Unblocked	SE	Blocked	SE
	drain			·				
Peak water	0.5m	3.05	17	0.099	-1.36	1.09	0.25	0.46
table depth	1m	0.04	15	0.841	-4.45	2.50	-0.87	2.90
(cm)	5m	5.95	17	0.026	-0.69	1.05	1.78	0.95
Recession	0.5m	3.83	14	0.071	22.32	4.92	68.50	15.82
duration	1m	4.02	15	0.063	18.33	1.65	44.83	11.58
(hrs)	5m	19.7	16	0.0004	17.36	3.75	55.64	9.52

- 655 Figure 1: Study site, showing the sub-catchments covered by the study, locations of sampling
- equipment, and inset, the study site location within Wales.
- 657 Figure 2: Mean ± SE water table depths measured across 4 sub-catchments during drought periods,
- 658 from dipwells located at 0.5, 1 and 5m from drains, and measured before and after drain-blocking.
- Figure 3: Mean ± SE adjusted (relative to antecedent levels) daily mean flow rates in drains before
- and after drain-blocking, per day during drought periods.
- Figure 4: Mean ± SE adjusted (relative to antecedent levels) daily mean flow rates in streams before
  and after drain-blocking, per day during drought periods.
- Figure 5: Mean ± SE values for flow weighted Abs<sup>400</sup>, DOC loads and POC loads, measured in drains
- 664 during drought periods, and during post-drought wet periods, before and after drain-blocking.
- Figure 6: Mean ± SE values for flow weighted Abs<sup>400</sup>, DOC loads and POC loads, measured in streams
   during drought periods, and during post-drought wet periods, before and after drain-blocking.
- 667 Figure 7: Mean ± SE values for storm hydrograph parameters measured from drains, prior to and
- after drain-blocking. Peak flow rate  $F_{1,75}$ =43.00, p<0.0001; Total baseflow  $F_{1,75}$ =0.14, 0.709; Total
- 669 runoff F<sub>1,75</sub>=50.33, p<0.0001; Runoff:baseflow ratio F<sub>1,75</sub>=35.97, p<0.0001; Efficiency F<sub>1,75</sub>=46.46,
- 670 p<0.0001; Flashiness F<sub>1,75</sub>=13.24, p=0.0005.
- Figure 8: Mean ± SE values for storm hydrograph parameters measured from streams, prior to and after drain-blocking. Peak flow rate  $F_{1,52}$ =3.51, p=0.067; Runoff:baseflow ratio  $F_{1,48}$ =4.48, p=0.039; Flashiness  $F_{1,52}$ =20.89, p<0.0001.
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