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Sparkes, J. orcid.org/0000-0002-1961-1384 and Holland, C. orcid.org/0000-0003-0913-2221 (2018) The rheological properties of native sericin. *Acta Biomaterialia*, 69. pp. 234-242. ISSN 1742-7061

<https://doi.org/10.1016/j.actbio.2018.01.021>

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The rheological properties of native sericin

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Statement of Significance

This study addresses one of the major gaps in our knowledge regarding natural silk spinning by providing rigorous rheological characterisation of the other major protein involved – sericin. This allows progress in silk flow modelling, biomimetic system design, and in assessing the quality of bioinspired and waste sericin materials by providing a better understanding of the native, undegraded system.

Abstract



Unlike spider silk, spinning silkworm silk has the added intricacy of being both fibre and micron-thick glue-like coating. Whilst the natural flow properties of the fibre feedstock *fibroin* are now becoming more established, our understanding of the coating, *sericin* is extremely limited and thus presents both a gap in our knowledge and a hindrance to successful exploitation of these materials. In this study we characterise sericin feedstock in its native state from the silkworm *Bombyx mori*, and by employing both biochemical, rheological and spectroscopic tools, define a natural gold standard. Our results demonstrate that native sericin behaves as a viscoelastic shear thinning fluid, but that it does so at a considerably lower viscosity than its partner fibroin, and that its upper critical shear rate (onset of

20 gelation) lies above that of fibroin. Together these findings provide the first evidence that in addition to acting as a
21 binder in the construction of the cocoon, sericin is capable of lubricating the flow of fibroin within the silk gland, which
22 has implications for future processing, modelling and biomimetic efforts of these materials.

24 Keywords

25 Sericin; *Bombyx mori*; characterisation; rheology; FT-IR spectroscopy.

26 1. Introduction

27 In nature silks can be spun under ambient conditions to achieve a wide range of strength[1–6], elasticity[7–9] and
28 toughness[1,8,10–14], inspiring many to try and replicate these materials industrially[15–23]. However, a major
29 limiting factor in furthering our understanding of silk production is that while much has previously been published on
30 the function, properties, and structure of the primary proteins responsible for the fibrillar structure of silks (*fibroins* in
31 silkworms and *spidroins* in spiders)[19,24,25], much less is known about the secondary proteins. Whilst not responsible
32 for the impressive mechanical properties of a silk fibre per se, in their natural environment they perform a diverse
33 range of functions that effectively extend the phenotype of silk by imbuing additional functionality, such as non-woven
34 composite formation[26–29], water retention[30] or even adhesive qualities[31].

35 In this study we focus on the group of secondary silk proteins produced by *Bombyx mori*, known as sericins, which act
36 as the binder between brins and adjacent cocoon fibres in their spun state[8,27,29,32,33]. These proteins account for
37 approximately 30% of the spun silk fibre[34], and thus represent a considerable resource investment for the silkworm,
38 which pertains to their biological significance.

39 Sericins are water soluble, globular proteins[32,35]. They are most accurately described as a multi-component protein
40 with an indefinite structure, which are secreted at various points along the gland, beginning in the middle posterior
41 section[32,35–37]. These proteins have marginally different compositions, solubility, and levels of crystallinity[32,37].
42 However whilst we have insights into their structure, little is known about sericins' functions within the gland, with
43 only suggestions or assumptions that they act as a lubricant for fibroin [38–41]. This may be in part due to the
44 experimental difficulties in extracting and testing this material with minimal processing, as although fibroin can be

45 readily extracted in its native state from mature *B. mori* larvae[42], isolation of native sericin in a similar fashion has
46 thus far proved problematic.

47 Large quantities of sericin solution are produced industrially from wastewater in the cocoon degumming process[43–
48 45] and find uses in the food[46–48], cosmetic[32,49–52], biomedical[53–57], and health supplement industries[58].
49 Much of the recent work on sericins has focused on the extraction methods[32,59–62], characterisation of[48,59,63–
50 68], and potential uses[32,51,55,62,69–73] for this by-product, with the primary aim of commercial diversification.
51 Nevertheless, the combination of high temperature, pressure, and solvents typically used affects the quality of the
52 sericin produced through changes to its conformation or molecular weight [32,35,57,63,73–76]Therefore, while these
53 industrially derived sericins represent promising advances in their respective fields, and a significant waste reduction
54 in traditional silk industries[32,60,61,74,77], the mechanical[78–81] and rheological[35,47,78,79,82–84] sericin
55 characterisation undertaken in these studies cannot be considered truly representative of the natural system.

56 Looking towards alternative methods for sericin extraction, early studies suggested that sericin could be extracted
57 through time limited dissolution of *B. mori* glands[34,84], however this has proven difficult to control, as it is subject
58 to contamination from fibroin and requires re-concentration. Other techniques, such as surgically removing the
59 posterior (fibroin producing) section of the gland and dissolution of the resultant fibroin deficient feedstock[85,86],
60 have not gained traction in the silk community due to the time-consuming, complex, and invasive nature of the
61 operation. The use of the standard LiBr fibroin reconstitution method[87] has been employed with mutant *B. mori*
62 strains to dissolve sericin only cocoons[68,88], but this can hardly be considered less degrading than wastewater
63 extraction methods.

64 To this end, we have opted to apply our existing techniques for native fibroin extraction[42,89] to a fibroin deficient
65 strain of *B. mori* thus providing a ready source of native sericin feedstock without the need for several interim
66 processing steps. To our knowledge there is only one study which details the rheological properties of native sericin
67 taken from the glands of a fibroin deficient *B. mori* strain, but the number of samples (n=1) used, and the unlikely
68 supposition that a polymer solution is a Newtonian fluid limits the applicability of this data[90]. Hence looking to
69 extend our understanding of this area, we present rheological data obtained from large sample sizes in an attempt to
70 gain fundamental insights into this material. This work seeks to define native sericins' processing parameters and
71 provide baseline data to both further our investigations into the recently discovered pultrusion dominated spinning

72 mechanisms of silk (for it is pulled, not pushed from the body) [91], and address the major limitations identified in
73 previous flow studies[38,39,42,92,93]. We show that sericin is a polymer solution which exhibits non-Newtonian, shear
74 thinning behaviour; that its viscosity lies significantly lower than fibroin, and that its upper critical shear rate (onset of
75 gelation) lies above that of fibroin. All of which allows us to conclude that native sericin can act as a lubricant as well
76 as binding cocoon fibres.

77 2. Materials and methods

78 2.1. Silkworm rearing

79 Fibroin deficient *B. mori* silkworms (Nd-s strain, supplied by *Silkworm Genetic Resource Database*, Kyushu University,
80 Japan) were raised over a period of 6 weeks on black mulberry (*Morus nigra*) and silkworm chow (Silkworm store, UK)
81 in a temperature and humidity controlled environment (28°C, 80-85% RH, reduced to 26°C, 70-75% in the final instar).
82 When worms were observed to have begun wandering (loss of appetite, increased motion, voiding (at later stages)
83 they were transferred to a cool (10°C) environment to delay spinning.

84 The strain used has an incomplete penetrance of the phenotype responsible for the undeveloped posterior gland and
85 resultant fibroin deficiency, meaning that not all silkworms of this strain produce sericin only. Identification of
86 specimens carrying this phenotype was aided greatly by bimodal variation in their appearance (see **Figure 1**) – *Dark*,
87 with a mottled body (dark grey patches over a pale grey-white) and *Light* – which were a uniform pale grey-white
88 (similar to regular *B. mori*).

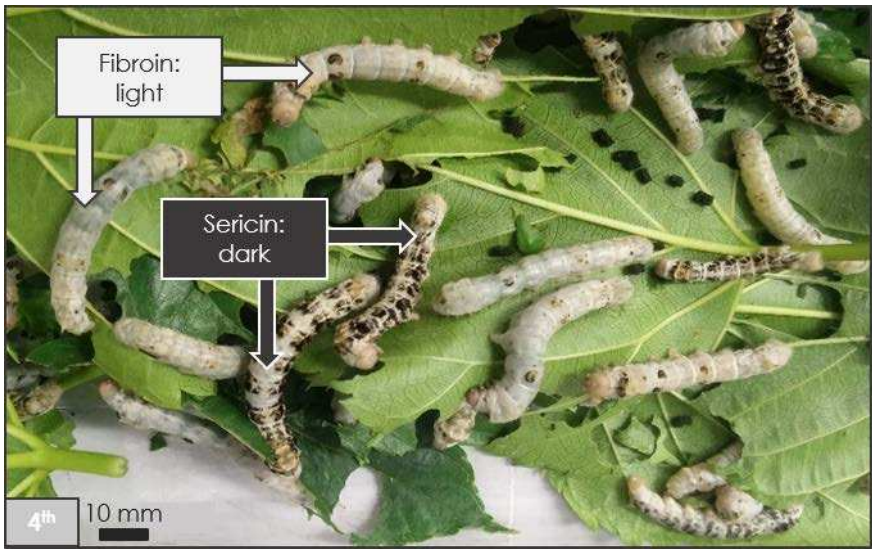


Figure 1: Identification of fibroin deficient Bombyx mori samples.

Individual sericin only mutants are readily identified through stark differences in patterning. Initially this was assumed to be variation in sex, but all colour pairings produced viable offspring. Confirmation of sericin/fibroin production is detailed in section 2.3. In keeping with this natural colouring, all future graphs use dark colours to represent sericin data and pale grey for fibroin.

2.2. Sample preparation

Feedstock was extracted from silk glands as per previously described fibroin extraction methods[42]. Adjacent portions of the same section of the middle division of the gland were used for rheological and concentration characterisation for all samples and assumed to be of equal concentration. Feedstock concentration was determined through evaporation to dryness and is expressed as mg/mg %.

2.3. Material identification

2.3.1. Spectroscopic characterisation

Attenuated Total Reflectance (ATR) Fourier-Transform Infra-Red (FT-IR) spectroscopy (Nicolet 380, Thermo Scientific, Waltham, USA) purged with dry air (118ml/s Parker Balston, UK) was performed on the same samples as those used for amino acid analysis. Samples were progressively scanned as they were evaporated to dryness using a vacuum chamber mounted above the ATR crystal to leave a thin film on the ATR crystal. Spectra were obtained between 800-4000 cm^{-1} , performing 64 scans at 4 cm^{-1} resolution and are presented after correction for background absorbance and ATR sampling depth, and normalised against the amide I peak.

2.3.2. Amino acid analysis

Gland contents were dissolved in type I water and submitted for analysis in the PNAC Facility at the University of Cambridge. Samples were hydrolysed with 250 nmol norleucine standard, with 1% of the sample analysed using ion exchange liquid chromatography, and post column derivatisation achieved using ninhydrin (Biochrom 30, Biochrom, Cambourne, UK).

2.3.3. Molecular weight determination

Gland contents were dissolved in type I water, diluted to 0.1 and 0.05% (mg/mg) and reduced with an equal volume of 4% (mg/mg) SDS in 4 mM 2-mercaptoethanol. Gel electrophoresis was used to determine the molecular weights (MW) of the proteins in each sample. An SDS-PAGE system comprising a 4-20% poly-acrylamide gel was run in ambient conditions at 160V, 100mA, using an Amersham ECL Gel kit (GE Healthcare, Chicago, USA). A high molecular weight ladder ranging 30- 460kDa (HiMark, ThermoFisher Scientific, Waltham, USA) was used as the protein standard. Gels were fixed and scanned at high resolution (1200 dpi) using a photo scanner (HP Scanjet G2710). Pixel intensity was measured as a function of distance along each lane using ImageJ94, and normalised against full lane length to allow comparison across lanes and determination of MWs.

2.4. Rheological characterisation

Rheological testing was carried out on a Bohlin Gemini rheometer (Malvern Instruments, UK) equipped with a Peltier stage and moisture trap for temperature and humidity control. Experiments were performed using the CP1/10 cone and plate geometry (10 mm diameter, 1° cone, 30 µm truncation gap). After dissection, extreme care was taken to minimise loading whilst placing the samples onto the static plate before lowering the cone onto the sample to ensure a completely filled gap. In order to avoid skin formation at the sample-air interface affecting the results, the sample was flooded with a minimal sheath of water, which was maintained throughout each experiment[42].

Specimens were subjected to a period (100 s) of pre-shear (1 s^{-1}) to improve sample homogeneity between the plates[42,93–95]. Apparent viscosity measurements were made by averaging the final 30 s of this test. Afterwards an oscillatory sweep from 25 - 0.1 Hz at an applied strain of 0.02 (below the material's linear viscoelastic limit) was performed to ensure that the sample had not gelled (presence of a crossover from viscous to elastic modulus as the dominant response) before principal testing commenced.

Principal tests either took the form of a shear ramp (ranging from $0.01 - 300 \text{ s}^{-1}$) followed by a further oscillatory sweep to confirm gelation, or a temperature ramp at a fixed frequency (0.1 Hz) and strain (0.02) at $1^\circ\text{C}\cdot\text{min}^{-1}$ from 25°C , down to 2°C , up to 80°C , where a second oscillatory sweep was performed before finally returning to 25°C and a final oscillatory sweep. Some test runs incorporated slight variations in this sequence, in order to better probe the material properties. The reference samples presented show the traits discussed with the highest clarity, while samples showing unusual viscoelastic responses (such as stress overshoot, ejection, or skin formation) were discarded from our analysis (full set of data is available via ORDA[96]).

For viscosity measurements Carreau Yasuda fitting was performed by first trimming the data at the lowest shear rate region to remove data influenced by excess instrument noise. The upper shear rate regime was curtailed beyond $\dot{\gamma}_{UC}$ (determined as the point at which the normal force begins to rise rapidly, minimum viscosity and gelation begins). Model parameters were estimated to provide starting values for MatLab's curve fitting toolbox. Goodness of fit was assessed using Escudier's[97] modified sum of squares approach, which provides a better fit across the wide range of shear rates. The severity and influence of outliers were identified through the combined use of Student's T and Cook's Distance/DFFits tests, with those ranking highly in both aspects removed from the data sets if found to exert significant influence on the goodness of fit.

2.5. Statistical Analysis

Data is presented as the mean \pm standard deviation and based on n repeats. Significant difference between samples was determined by an unpaired t-test with a two tailed P value of $P < 0.0001$.

3. Results and discussion

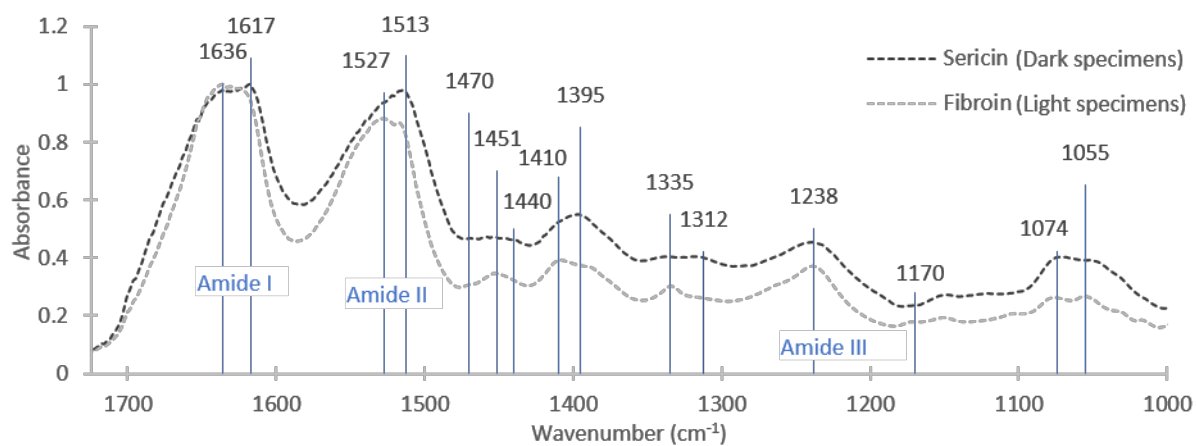
The first requirement was to determine that silkworm specimens were producing the anticipated native sericin feedstock. Natural, biological, variation was minimised by using samples from the same batch at the same life cycle stage. After feedstock extraction, we performed several experiments on the native samples to confirm their composition - amino acid analysis, gel electrophoresis data (see supporting information) and FT-IR (see **Figure 2**) agree that *Dark* specimens produce a fibroin deficient silk feedstock consisting primarily of sericin, while *Light* specimens produce a regular fibroin feedstock.

Our findings are consistent with previous studies of this strain, where fibroin deficient individuals produce a native feedstock that is composed of $\sim 98.5\%$ sericin [102] of molecular weights 24-400 kDa [37,99–101]. Given we are primarily interested in the rheological properties of sericin, beyond confirmation of sericin presence, *Light* specimens also serve as a useful internal control, and their feedstocks are consistent with regular *B. mori* fibroin [17,42,89,93–95,98]. Hereafter, when we discuss native sericin's properties, these relate to samples from the *Dark* specimens, whereas native fibroin's properties are gleaned from *Light* specimens and the wider literature.

There are of course several limitations and assumptions made in our approach to characterising a fibroin deficient/native sericin feedstock, however we have taken the same approach to native feedstock rheology as in previous studies [89,42,40,92,90] and assume a native proteins' contribution to the bulk viscoelastic properties, is a product of its molecular weight and abundance and that the minor protein constituents of a silk feedstock are likely to play a less dominant role in the bulk rheological properties [103,104].

As a final comment on sample impurity, given our principal aim of determining the ability of the sheath proteins to lubricate the flow of fibroin during natural spinning, it seems appropriate to assess the native feedstock as a whole, rather than purification to 100% sericin, as it better represents the natural system.

172



173

174 **Figure 2 Sericin and fibroin FT-IR spectra**

175 *Spectra (normalised against amide I peak) of native sericin (dark specimens) compared to fibroin (light specimens) shows distinct differences.*
176 *Peaks used in the identification of each protein are labelled with their respective wavenumber. Of further note the native sericin presented here*
177 *provides a “gold standard” for comparison of processed sericin materials against the native system. For further details on assignments, see*
178 *supplementary table 2.*

179

180 Beyond our confirmatory experiments above, comparison between sericin and fibroin feedstocks revealed significant
181 concentration differences between the two (**Figure 3**). Fibroin specimens show a mean concentration of ~ 21%,
182 marginally lower than that reported by Laity *et al.*[42], but within their expected range. However, the sericin samples
183 show a considerably lower mean of ~13%, albeit with a similar level of spread, which is consistent with previous
184 measures of sericin concentration (14%)[90,93].

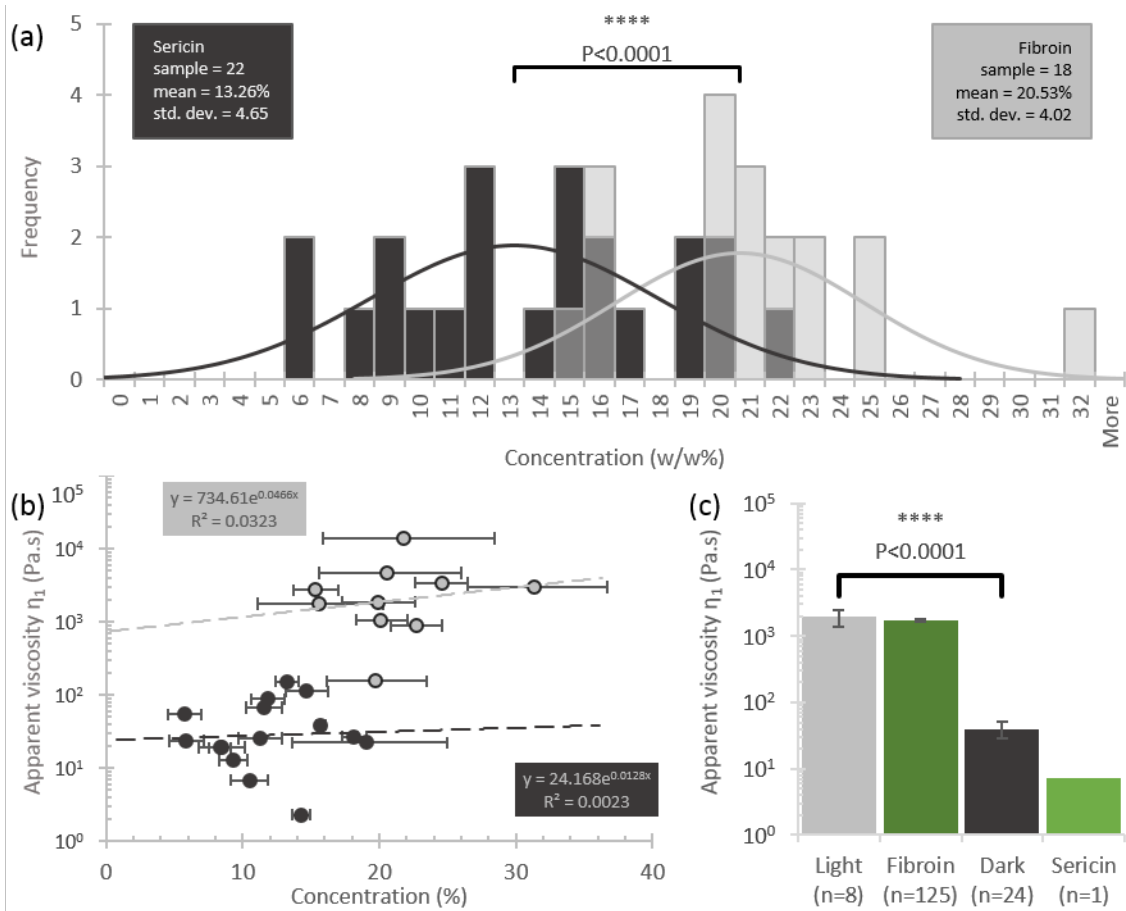
185 Not only are there differences in concentration between feedstocks, we also observed differences in their rheological
186 properties. As shown in **Figure 3**, sericin appears to offer a broad range of apparent viscosities, from 4-220 Pa.s and a
187 mean of approximately 40 Pa.s - two orders of magnitude below that of fibroin (our fibroin mean was 1931 Pa.s,
188 comparable to Laity's 1722 Pa.s[42]). When concentration is accounted for we find that for a given concentration of
189 feedstock, sericin has a considerably lower viscosity than fibroin, despite their reportedly similar molecular
190 weights[99] (See supplementary figure 1). Furthermore, unlike typical polymer solutions, both sericin and fibroin
191 viscosity show little overall correlation with concentration, agreeing with previous observations of fibroin (see **Figure**
192 **3**)[93].

193 Taken together these results suggest variations in viscosity may be due to compositional and conformational
194 differences of the proteins moderating the level of intermolecular friction/interaction. Although structural studies of
195 sericin[85,105] and fibroin[106–110] suggest that they both exhibit random coil conformations in solution, in sericin,
196 the combination of longer side chains[42], and an increased hydrophilic amino acid fraction[42] (53 vs. 19 mol%)
197 present a protein that although exhibiting random coil behaviours, has a greater affinity to water than itself, resulting
198 in a weaker gel formation in its native aqueous solution.

199 Probing the gel properties of sericin further, oscillatory sweeps were used to determine the viscoelastic response of
200 the feedstocks, with both sericin and fibroin behaving as weak gels[111–114]. However, as can be seen in **Figure 4a**,
201 the bimodal distribution of crossover points shows that there are clear differences between sericin (crossover
202 frequency $\omega_x = 10 \pm 5$ Hz; crossover modulus $G_x = 482 \pm 326$ Pa) and fibroin feedstocks ($\omega_x = 0.58 \pm 0.47$ Hz; $G_x =$
203 2906 ± 1297 Pa), with the former showing a greater viscous response and substantially lower modulus, whilst the latter
204 provides further evidence that *Light* specimens produce fibroin, with mean crossover values similar to previously
205 published work[17,42,89,115–117]. In the case of sericin feedstocks, the presence of a shorter relaxation time
206 (estimated as $1/\omega_x$), and a larger lower critical shear rate ($\dot{\gamma}_{LC}$, which marks the rate at which the transition between

207 Newtonian and power law behaviour can be said to occur, is numerically equivalent to ω_x) identifies a more liquid-like
208 behaviour which remains Newtonian until higher shear rates are encountered.

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Figure 3: Sericin concentration and apparent viscosity determination

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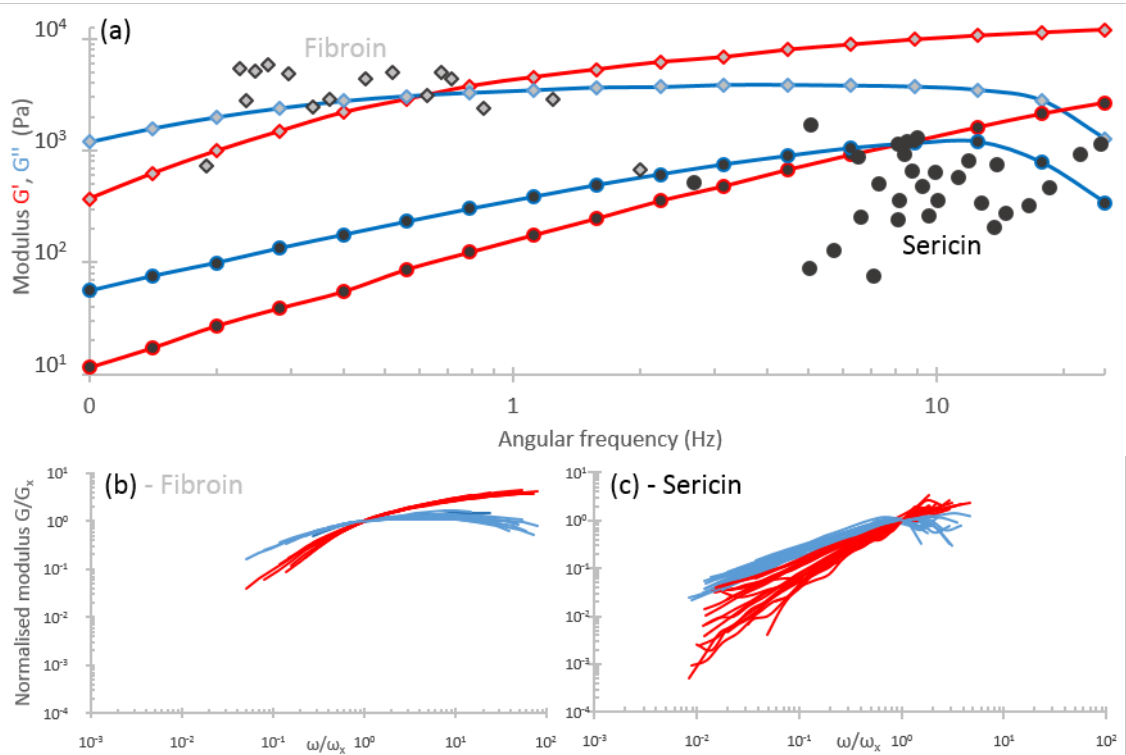
(a) - Empirical (bars) and probability (curves) density functions for concentration of fibroin and sericin feedstocks. For the probability density functions, $P < 0.0001$. (b) - Plotting viscosity against concentration shows very little correlation between the two factors for sericin (●) or fibroin (○). Horizontal error bars represent the variation due to measurement uncertainty due to small sample sizes. (c) - Mean apparent viscosity for samples compared with literature values for fibroin and sericin. An unpaired t-test with a two tailed P value of $P < 0.0001$ suggests extreme statistical significance.

217

218 Fitting a binary Maxwell model (a la Laity et al[42]) to the data suggests the presence of two relaxation modes in sericin
219 feedstocks, at around 1.22 and 0.02 s, which are of similar magnitude to relaxation modes 3 and 4 reported for
220 fibroin[93–95] (For calculations see supplementary materials). Furthermore, normalisation of the oscillatory data with
221 respect to each sample’s crossover point[93], demonstrates the consistency of the fibroin feedstocks (**Figure 4b**) and
222 the apparent variation in properties of sericin feedstocks (**Figure 4c**). This consistency has been hypothesised to be
223 related to a feedstock’s molecular weight distribution, thus our results are consistent with reports that while fibroin’s
224 production is relatively consistent, there are up to 7 different sericin proteins[99,118–120] secreted into the gland in
225 quantities that vary on a specimen by specimen basis[101,120], with molecular weights ranging from 24 to 400 kDa
226 [37,99–101].

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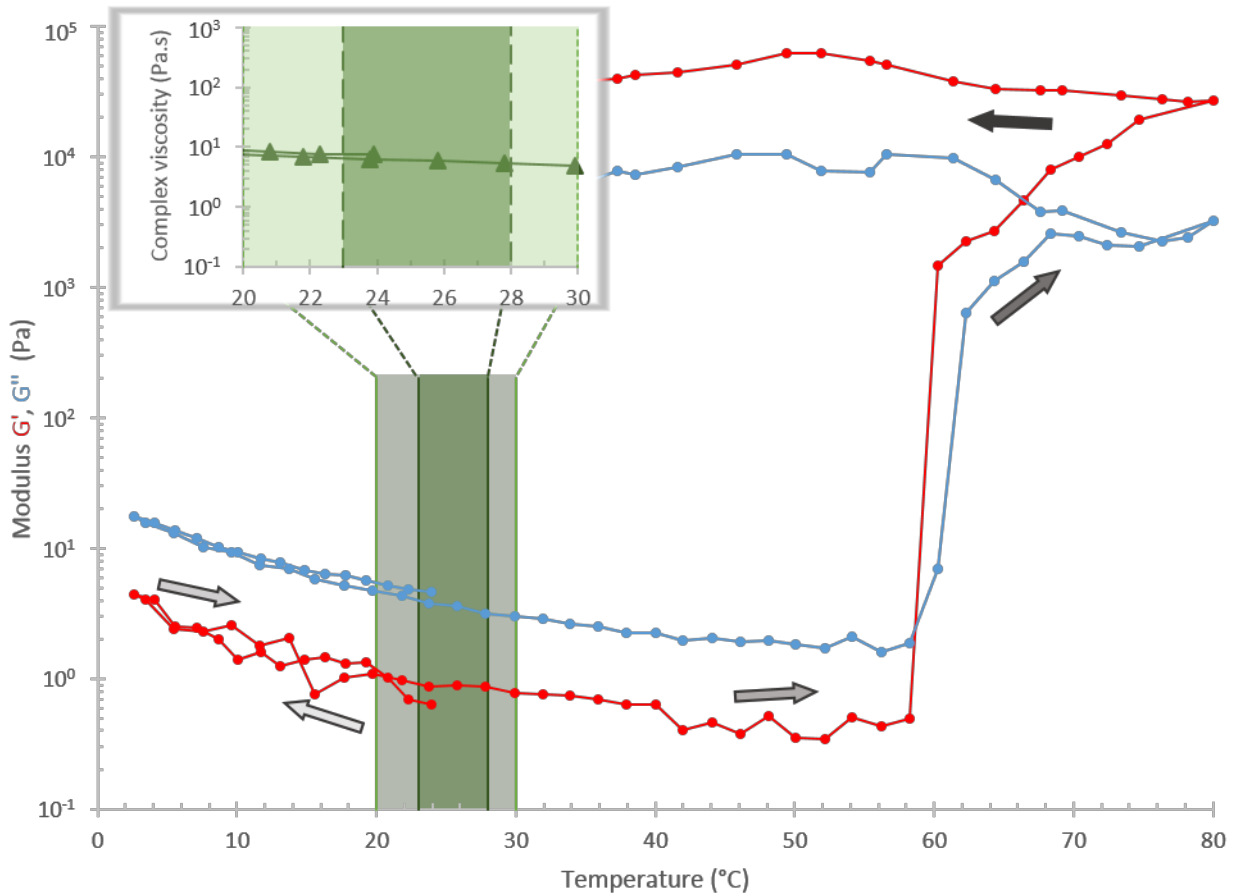


229

230 **Figure 4: The frequency dependence of sericin**

231 (a) - Variability in the frequency response of samples is shown by plotting the crossover points for Sericin (●, conc. 13.3%) and fibroin (◇, conc.
 232 20.5%). The two sets of oscillatory data (elastic, —; viscous, —) are representative of the viscoelastic response of sericin and fibroin. The presence
 233 of a bimodal distribution shows that there are distinct viscoelastic responses from each group, with sericin's reaction remaining in the viscous
 234 domain much until much higher frequencies than fibroin. (b,c) - Normalising modulus and frequency data against crossover modulus and
 235 frequency reveals master curve alignment in fibroin (b) and sericin (c) specimens. The greater level of spread shown by sericin indicates variation
 236 in the molecular weight distribution attributable to the less conserved nature of sericin production compared to fibroin.

237



238

Figure 5: The effect of temperature on sericin

Representative response of a single sericin sample (conc. 15.7%) subjected to temperature sweep under steady oscillation (0.1 Hz). First from 25°C to 2°C, then 80°C, where a frequency sweep was undertaken, before returning to 25°C. A minor reversible increase occurs in both elastic (●) and viscous (●) moduli in response to reduced temperature. A steady reduction is observed until a sudden take off in both moduli occurs, marking the transition to an elastic dominated regime. Further conversion is observed during the latter stages of the temperature sweep (increased moduli), with the gel formed shown to be strong (plateau G' , G'') and permanent ($G' > G''$). Background colours depict the preferred (■) and possible (■) rearing temperatures. **Inset** panel shows the relative invariance of the complex viscosity across the range of viable spinning temperatures, suggesting that spinning is not dependent on temperature.

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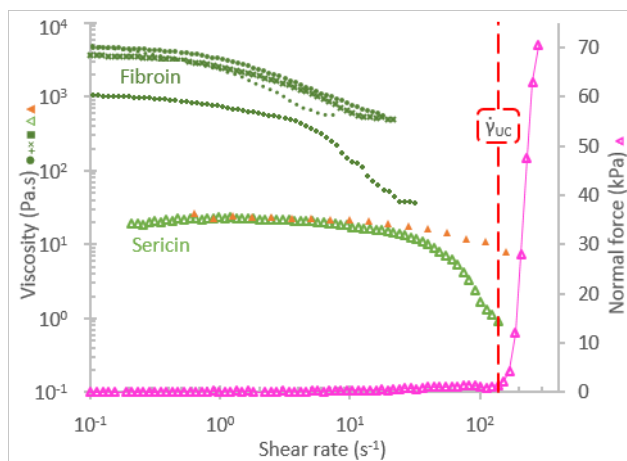
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241 We conducted temperature sweeps between 2 and 80 °C in order to explore the effect on sericin's flow properties
242 across a range of natural and unnatural spinning temperatures. Sericin shows a typical protein response to elevated
243 temperatures (see **Figure 5**), denaturing permanently into a strong gel (indicated by rapid increase in both moduli, and
244 the temperature independent frequency response after reaching this temperature) at approximately 60°C. The most
245 productive rearing temperatures for *B. mori* lie between 23 and 28 °C, though a range between 20 and 30 °C is
246 commercially viable. Outwith this range, silkworm health deteriorates and is thus undesirable[121]. The inclusion of
247 complex viscosity measurements in **Figure 5** allows the appreciation that over the course of the natural spinning range,
248 it is relatively invariant.

249 In order to probe sericin's flow response to at shear rates encountered during silk spinning[91], shear rate ramps were
250 applied to samples (**Figure 6**). All samples were found to exhibit shear-thinning behaviour expected of concentrated
251 polymer solutions, with the transition from Newtonian to shear thinning regime occurring above the lower critical
252 shear rate region for sericin samples (mean = 10 s⁻¹, which is comparable to the only previously reported[122] value
253 of 3 s⁻¹). At higher shear rates a distinct change in viscosity is accompanied by a change in shear stress and normal
254 force (see **Figure 6**). Drawing on previous work into fibroin rheology[17,42,89,93,95,116,123], this upper critical shear
255 rate ($\dot{\gamma}_{UC}$) is that at which the onset of shear induced gelation occurs within the sample. Here a general trend can be
256 observed that the critical shear rate $\dot{\gamma}_{UC}$ varies inversely with the apparent viscosity η_1 , with lower viscosities relating
257 to higher upper critical shear rates.

258

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260

261

Figure 6: – The viscosity-shear rate relation for sericin

Comparing sericin's (conc. 11.3%) dynamic (Δ) and complex (\blacktriangle) viscosities via the Cox-Merz relationship shows high correlation at low shear rates/angular frequencies, but divergence above this, with the measured dynamic viscosity exhibiting much stronger shear thinning behaviour than Cox-Merz predicts, suggesting unequally[127] weighted polydispersity[124]. The normal force (\blacktriangle) response to the shear ramp is also shown on the secondary axis, along with the upper critical shear rate (γ_{uc}). The rapid increase in normal force at this point represents the sudden rise in elasticity due to shear-induced gelation. For ease of comparison, several fibroin shear-ramps (conc. 15.3-24.6%), with zero shear viscosities across a broad range are shown (\bullet , \times , \circ , $+$). The final point in each represents the upper critical shear rate (gelation onset), and all of which are in the region where sericin is still acting effectively as a Newtonian fluid.

262 More insight can be gained by interpreting our viscosity data using the Carreau-Yasuda model[124] (see methods),
263 which has been shown to accurately depict a wide range of shear–thinning behaviours in polymer solutions. Variables
264 fitted to individual specimens showed considerable variation in both the extent, and the rate of shear thinning.
265 Comparisons were made between experimentally measured apparent viscosity and the modelled zero shear viscosity,
266 with a high degree of correlation ($R^2 = 0.98$) between the two. This allows further simplification of the Carreau-Yasuda
267 model by reducing the number of parameters to 3 (relaxation time, shear thinning rate, and transition breadth) which
268 improves model validity.

269 Model fitting parameters are shown in Table 1. General trends that can be observed include that the rate of shear
270 thinning and lower critical shear rate are inversely proportional to the zero shear viscosity, and that transition breadth
271 rises in line with zero shear viscosity. We suggest that this may indicate that it is possible to infer sericin’s shear
272 response from its zero shear viscosity alone. A further observation is that despite the wide range of η_0 encountered
273 for sericin, the proportional reduction in viscosity (η_{min}) remains roughly constant at approximately 80%. Fibroin was
274 also observed to undergo a similar reduction of 90%, suggesting that whilst sericin does exhibit shear thinning
275 behaviour, it is to a lesser extent than fibroin.

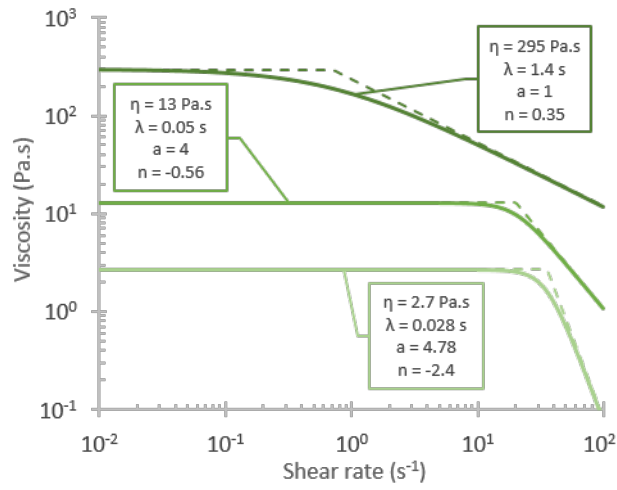
276 As explained above, whilst it is not currently possible to directly compare fibroin and sericin rheological properties
277 from the same animal, considering our rheological data as a whole, we propose that for a typical non-fibroin deficient
278 silkworm, the upper critical shear rate $\dot{\gamma}_{UC}$ for sericin gelation must only be higher than that of its fibroin (0.1 to 10 s⁻¹
279 ¹, [39,40,89,92,115,116,123,125]), else sericin would aggregate before fibroin and inhibit fibre formation. Therefore
280 the natural constraint on the system is simply to ensure that sericin has a greater upper critical shear rate than fibroin
281 ($\dot{\gamma}_{UC,Fib} < \dot{\gamma}_{UC,Ser}$). With this in mind sericin may not have undergone as strong a selection to gel during the natural spinning
282 process, which may be responsible for the wider variation in rheological properties.

283 Furthermore, we observe that sericin flows in a quasi-Newtonian manner throughout the fibroin shearing range (i.e.
284 until $\dot{\gamma}_{UC,Fib}$), at which point its viscosity drops, which may be the result of selection for the need to maintain the
285 consistent sericin-fibroin interface required for stable long-term fibroin storage[126], but later thin in order to ease
286 the transport of an increasingly solid fibroin core through our recently proposed “solidity gradient” model[91]. These
287 arguments are further supported by recent work into drying rates of newly spun fibres which found that the external

288 (sericin) layers remain wet for several seconds[116], and that when spun under high humidity, flow can continue
289 between cocoon layers[33], suggesting sericin does not solidify within the animal.

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291



292

Figure 7: Shear dependent viscosity models for sericin

Exemplar shear response curves calculated from fitting the Carreau-Yasuda model to sericin samples shows the variation present. Solid lines indicate the best fit to the data, while the dashed lines have an instant transition from Newtonian to power law behaviour in order to appreciate the variation in the upper critical shear rate.

293

294

4. Conclusions

In conclusion, mottled specimens of the fibroin deficient W14 strain of *B. mori* are a good source of large quantities of unadulterated native sericin and this work provides a new standard for use in assessing the quality of recovered or reconstituted sericin. We have also shown that sericin's response to temperature changes is in line with other protein solutions, exhibiting extensive, rapid permanent denaturation above 60°C.

As with fibroin, sericin's viscosity varies across several orders of magnitude, but despite their similar molecular weights, these ranges barely overlap, with sericin occupying a much lower viscosity domain in the region of 1-250 Pa.s, whilst fibroin ranges from 200-10000 Pa.s. Given this, we ask whether, in terms of their shear response behaviour, they could be considered as part of a single spectrum.

The Cox-Merz relation has been shown to not be particularly applicable, as while the zero-shear viscosities are comparable, it systematically underrepresents the rate of shear-thinning at higher shear rates. Furthermore, native sericin is more readily shear thinning, has a lower initial viscosity, and a higher upper critical shear rate than native fibroin, all of which combine to provide a solution capable of providing a lubricating effect on the flow of fibroin. As a final observation, since apparent viscosity relates to zero shear viscosity, and as relaxation time, transition breadth, and shear thinning all relate to this, then we suggest that we may be able to **predict** sericin's shear response from apparent viscosity measurements alone, which would remove the need for destructive rheological testing.

Table 1 - Summary of rheological results for native sericin solutions extracted from final instar *B. mori* silkworms

Measurement method	Physical property	Mean	Standard deviation	Sample size n
Gravimetry	concentration (% mg/mg)	13.26 %	4.65	22
Steady shear	Apparent viscosity η_1	39.57 Pa.s	53.96	24
Oscillatory sweep	Crossover frequency ω_X	10.48 Hz	5.01	29
	Crossover Modulus G_X	482.14 Pa	325.63	
	Relaxation time $1/\omega_X$	0.019 s	0.010	
Temperature sweep	Gelation temperature	63.86 °C	8.16	3
Carreau-Yasuda model	Relaxation time λ_{CY}	0.51 s	0.44	14
	Zero shear viscosity $\eta_{0,CY}$	55.66 Pa.s	87.52	
	Parameter a	3.85	3.17	
	Parameter n	0.05	2.61	
	$\dot{\gamma}_{LC,Ser}$	10.09 s ⁻¹	15.3	
	$\dot{\gamma}_{UC,Ser}$	58.47 s ⁻¹	50.85	
Binary Maxwell model	Modulus contribution g_1	44.89 Pa	61.64	22
	Modulus contribution g_2	888.98 Pa	723.00	
	Relaxation time τ_1	1.22 s	1.86	
	Relaxation time τ_2	0.02 s	0.01	
	Zero shear viscosity $\eta_{0,BM}$	46.59 Pa.s	49.07	

314 In summary, we present evidence for the rheological properties of native sericin which is used to support the oft
315 repeated, but previously unsupported, argument that in addition to acting as a binder within the cocoons, sericin
316 performs a lubricating role in its liquid phase within the gland.

317 5. Acknowledgements

318 The authors would like to thank Dr Pete Laity for the helpful discussions, Dr Peter Sharratt for the amino acid analysis,
319 and Professor Yutaka Banno and Tsuguru Fujii for providing the silkworm eggs. This work was supported by the EPSRC
320 (EP/K005693/1) and the University of Sheffield.

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327 JS developed the hypotheses undertook experimental work and performed data analysis. CH provided further insight
328 into the discussion. Both authors contributed to the writing and editing of the manuscript.

329 5.4. Disclosures

330 The authors declare no competing financial interests.

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333 5.6. Supplementary materials

334 Supplementary information and raw datasets are available online.

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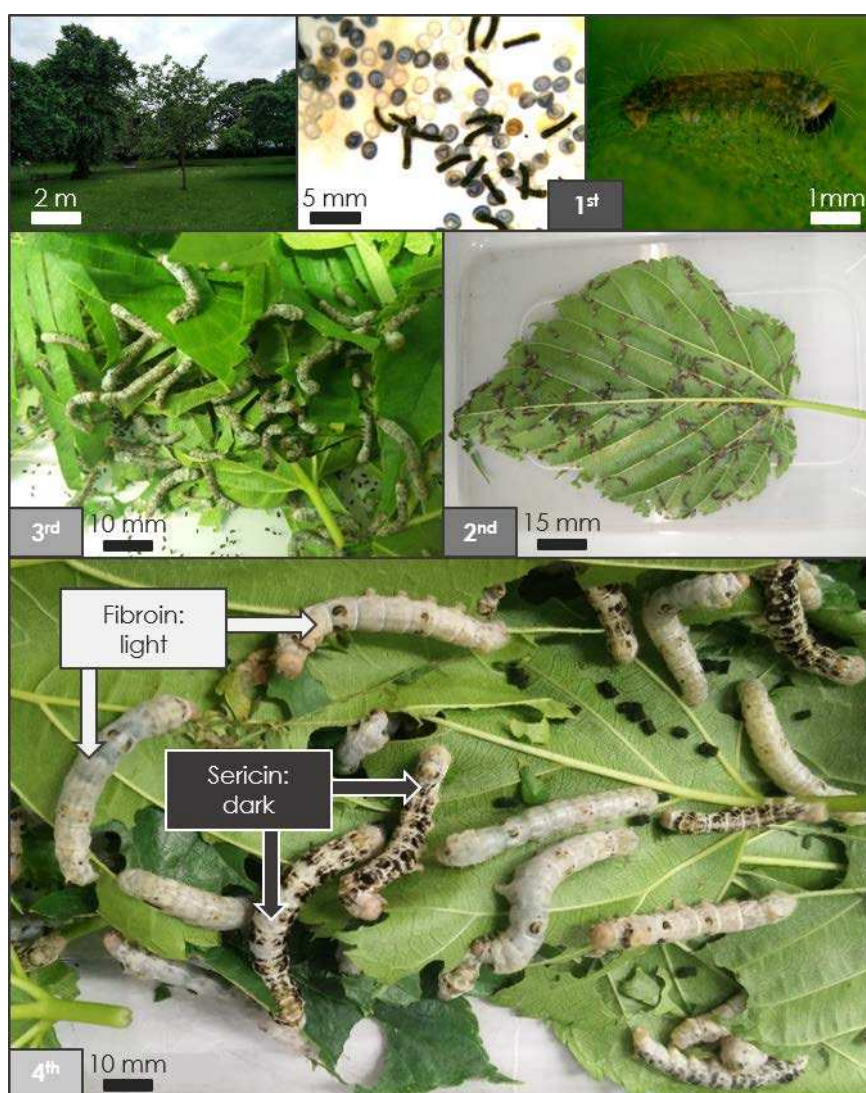
The rheological properties of native sericin

Supplementary information

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6.1. Worm raising

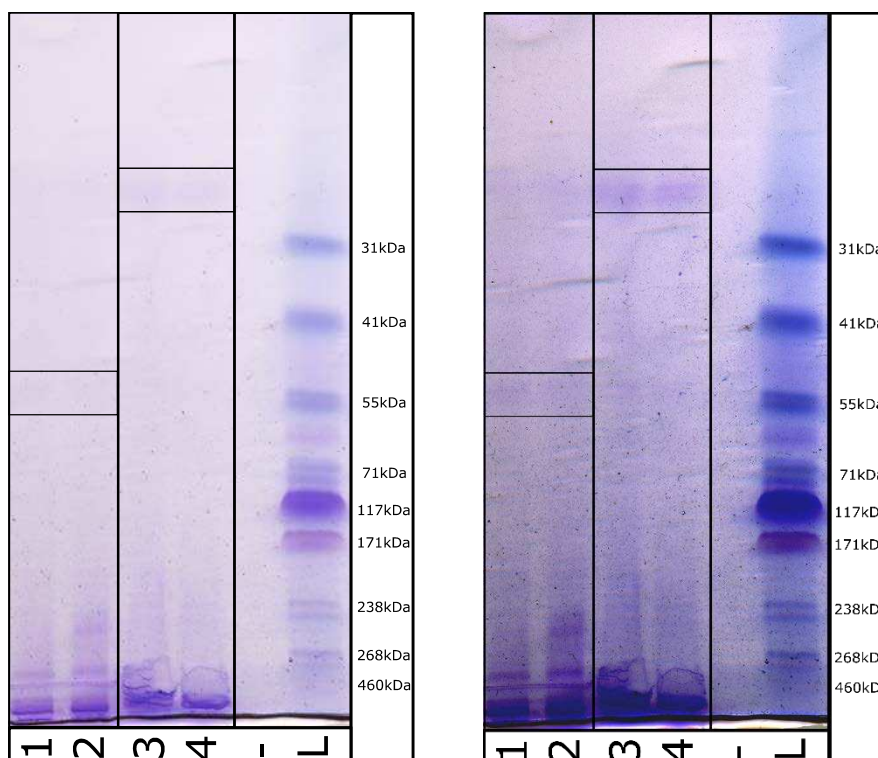


Supplementary Figure 8 – Full version of manuscript figure 1, detailing the progression from egg to 4th instar, whereupon the bimodality in the phenotype is readily observed.

6.2. Gel electrophoresis

Feedstock extracted from the silk glands of both varieties were dissolved by gently agitating in type I water over a period of several hours. Solution were diluted to 0.1 and 0.05% (mg/mg) before reduction using an equal volume of 4% (mg/mg) SDS in 4 mM 2-mercaptoethanol.

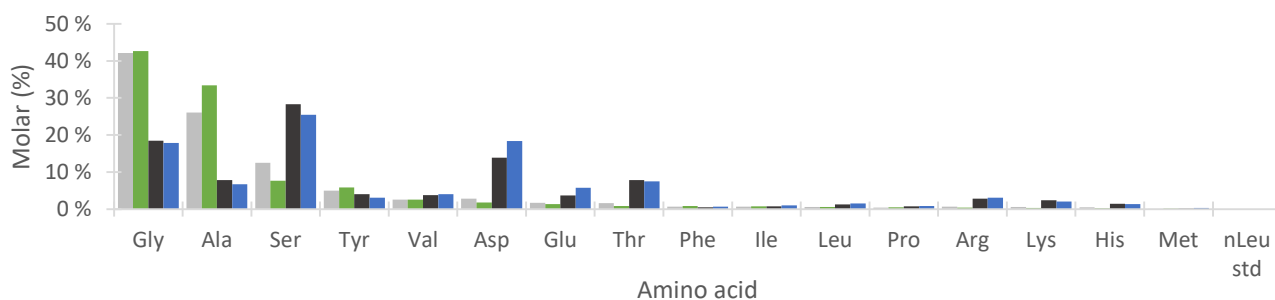
Gel electrophoresis was used to determine the molecular weights (MW) of the proteins within each sample. An SDS-PAGE system comprising a 4-20% poly-acrylamide gel was run in ambient conditions at 160V, 100mA, using an Amersham ECL Gel kit (GE Healthcare, Chicago, USA). A high molecular weight ladder ranging 30- 460kDa (HiMark, ThermoFisher Scientific, Waltham, USA) was used as the protein standard. Gels were fixed and scanned at high resolution (1200 dpi) using a photo scanner (HP Scanjet G2710). Pixel intensity was measured as a function of distance along each lane using ImageJ[1], and normalised against full lane length to allow comparison across lanes and determination of MWs.



Supplementary Figure 9 – SDS-PAGE scan showing the differences in molecular weight and composition in sericin (Lanes 1 and 2) and fibroin (Lanes 3 and 4) against a ladder of known constitution (L). Fibroin shows the expected split between heavy chain at ~420kDa, and light chain at ~25kDa, whereas sericin shows several discrete regions (~400, 360, 250, 58 kDa) representing the multitude of sericin proteins present in *B. mori* silk glands. The left figure has been straightened, cropped and lightened, whereas the right figure has had further colour editing to the image as a whole in order to increase the contrast and better highlight the regions of interest.

6.3. Amino acid analysis

Amino acid analysis was conducted to confirm that the mutant strain was producing a feedstock consisting primarily of sericin. As can be seen in Supplementary Figure 3~~Error! Reference source not found.~~, the composition of the feedstock extracted from Dark specimens is remarkably similar to previously published data for sericin[2], while that produced by the Light specimens appears to be akin to fibroin of regular *B. mori*[2].

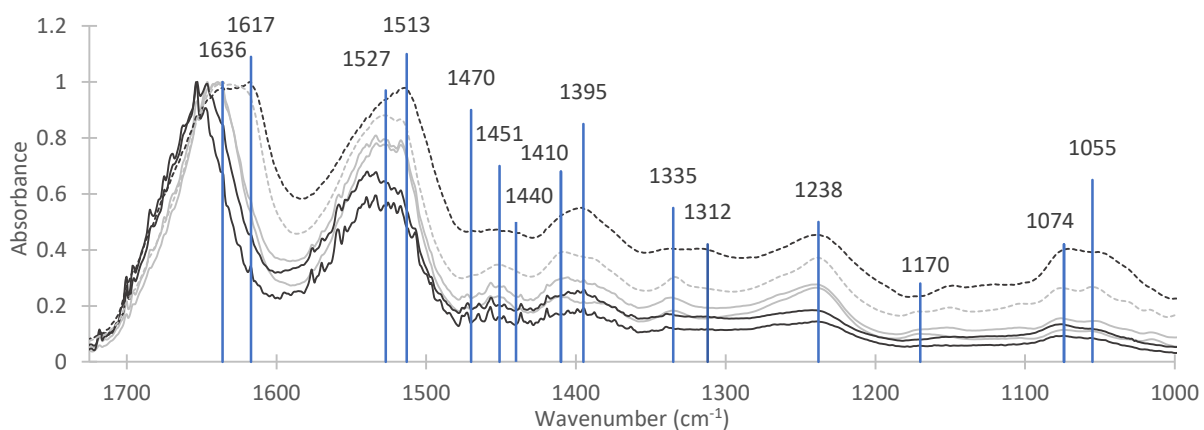


Supplementary Figure 10 : - **Amino acid analysis** of Dark (**Black**) and Light (**grey**) silkworm feedstocks shows remarkable similarities in the composition of each when compared to previously published composition data[2] for sericin (**blue**) and fibroin (**green**) respectively. In particular, note the high proportion of serine in **Dark** specimens – the typical indicator of sericin, and the high glycine and alanine proportions typical of fibroin in **Light** specimens. Categories are ranked in order of abundance in fibroin, which highlights the distinct compositional differences between fibroin and sericin.

Supplementary Table 2 - Summary of the Amino acid content of sericin and fibroin samples, expressed as the mean mol% from two samples. Colour scheme is reproduced from supplementary figure 2 above. Residues are ranked by order of abundance in fibroin. Dark samples are where sericin is obtained from, whereas light specimens, produce fibroin.

Mol. %	Light	Fibroin	Dark	Sericin
Gly	42.17	42.62	18.45	17.85
Ala	26.04	33.38	7.79	6.7
Ser	12.47	7.65	28.34	25.5
Tyr	5.02	5.84	4.01	3.1
Val	2.59	2.58	3.74	4.05
Asp	2.85	1.79	13.86	18.38
Glu	1.73	1.36	3.70	5.74
Thr	1.60	0.85	7.83	7.47
Phe	0.64	0.81	0.45	0.67
Ile	0.67	0.72	0.77	1.02
Leu	0.60	0.54	1.24	1.49
Pro	0.41	0.47	0.72	0.81
Arg	0.68	0.44	2.80	3.12
Lys	0.59	0.33	2.41	2.08
His	0.49	0.21	1.42	1.32
Met	0.09	0.15	0.11	0.31
sum	98.62	99.74	97.66	99.61

6.4. Spectroscopic characterisation



Supplementary Figure 11- Infrared spectra of fibroin (**Dark**) and sericin (**light**) samples used for amino acid (**dashes**) and gel electrophoresis (**Solid lines**) analyses. Key peaks in the signature region are highlighted in the figure, with details and justification provided in supplementary Supplementary Table 2.

Supplementary Table 3 - Peak assignments for sericin and fibroin, supported with justification from the literature

	wavenumber	Attributed to	Sericin supposition supported by:
Sericin peak assignment	1395	C-H bending[3]	(1394) Chen[4], (1400) Zhang's signature sericin peak[5], (1384-1403) Boulet-Audet's sericin marker band[6]
	Broad 1440-1470		Chen[4]
	1312	γ (CH ₂) vibrations[3]	Barth[3]
	Split (max) 1055/ 1074	C-C bending vibrations[3,4]	(1041) Barth[3], Chen[4]
	1617	Amide I	(1637) Chen[4] - difference due to conformational change
	1513	Amide II	(1510) Chen[4] - difference due to conformational change
Fibroin peak	wavenumber	Attributed to	Fibroin supposition supported By:
	1410		(1410) Chen[4]
	1335	CH ₃ Symmetric bending	(1334) Chen[4]

1451	CH ₃ asymmetric bending	(1441) Chen[4]
1170	N-C _α stretching[4]	Barth[3], Chen[4]
Split (max) 1055/1074	C-C bending vibrations[3,4]	(1041) Barth[3], Chen[4]
1636	Amide I	(1617) Chen[4], (1640-1660) Amorphous fibroin[7–10], (1620) crystalline fibroin [9,11,12]
1527	Amide II	(1500) Chen[4] (1541)Amorphous[11,12], (1529) crystalline[11,12]

Further confirmation of the gland contents was undertaken using FT-IR spectroscopy. Several distinct differences can be seen between the spectra. Both clearly show peaks assigned to the Amide I, II, and III bands ($\sim 1630\text{ cm}^{-1}$, $\sim 1530\text{ cm}^{-1}$, and 1238 cm^{-1}) characteristic of protein structures. Comparison of *Light* and *Dark* spectra shows distinct infrared signatures, with *Light* showing many of the principal features observed in FT-IR spectra of fibroin, and *Dark* showing similarities to that of sericin. We observe substantial growth in *Dark* spectra at 1395 cm^{-1} (attributed to C-H bending[3]), which masks a peak at 1410 cm^{-1} in *Light*. This was previously assigned as Zhang's signature sericin peak[5], and Boulet-Audet's sericin marker band[6]. This is further validated by Chen[4], who also shows a clear peak at 1394 cm^{-1} in sericin, which appears as a lower shoulder on a peak centred at $\sim 1410\text{ cm}^{-1}$ in fibroin.

Light has clear additional peak at 1335 cm^{-1} , and defined peak at 1451 cm^{-1} , both of which were observed by Chen[4] in fibroin at 1334 cm^{-1} and 1441 cm^{-1} – symmetric and asymmetric bending modes of CH₃ respectively, but not sericin. *Dark* has comparatively broad, flat peak spanning $1440\text{--}1470\text{ cm}^{-1}$, again observed only in sericin and not fibroin by Chen[4]. A further peak visible at 1312 cm^{-1} in the *Dark* spectrum (also visible in Chen, unlabelled) may be assigned to $\gamma(\text{CH}_2)$ vibrations in sericin[3], while *Light* has an additional peak at 1170 cm^{-1} which is assigned to N-C_α stretching[4].

The split peak observed at $1055/1074\text{ cm}^{-1}$ is skewed toward 1074 cm^{-1} in *Dark*, and 1055 cm^{-1} in *Light*, and compares favourably with 1041 cm^{-1} peak structures observed in spectra for sericin/fibroin and assigned to C-C bending vibrations[3,4]. Chen[4] assigns further small peaks in the low wavenumber region to β -sheet formations in fibroin, which are not particularly evident in our spectra, though their samples were sheared to form films, rather than evaporated to dryness, which may account for this difference.

Amide I peak lies at 1636 cm^{-1} in the *Light* spectrum, but at 1617 cm^{-1} in the *Dark*. Amide II peak also differs from 1527 cm^{-1} in *Light* to 1513 cm^{-1} in *Dark*. This differs from previous data[4] that offered amide I peaks at 1637 cm^{-1} & 1617 cm^{-1} , and amide II at 1510 cm^{-1} & 1500 cm^{-1} , for sericin and fibroin respectively. For fibroin this discrepancy can be attributed to the film production methods, as amorphous silk fibroin is shown to have an amide I peak in the region of $1640\text{--}1660\text{ cm}^{-1}$ [7–10], whereas increasing the β -sheet content (through methanol treatment or similar) reduces this peak to $\sim 1620\text{ cm}^{-1}$ [9,11,12]. A similar shift is observed in the Amide II band, moving from 1541 to 1529 cm^{-1} [11,12]. We suggest that the differences between sericin's[4] and *Dark*'s spectra are due to conformational change arising from the difference between native and recovered sericin.

The FT-IR spectra of samples used in SDS-PAGE show the same signatures as those used in amino acid analysis, which provides a link between the three techniques. Further to this, the analysis of both glands from a single specimen allows

the variation between glands to be examined. Spectra from both glands of a single specimen proved to be remarkably similar, allowing us to choose the gland which was best preserved after dissection for use in further work.

6.4.1. Summary

In brief, we believe that we have carried out sufficiently broad material characterisation, and that the widespread agreement between amino acid analysis, FT-IR spectra, and gel electrophoresis results justifies focussing our research efforts on the further characterisation of the feedstocks found in the *Dark* variants of the *Nd-s B. mori* strain, which we firmly believe to be primarily composed of sericin.

7. Maxwell model fitting

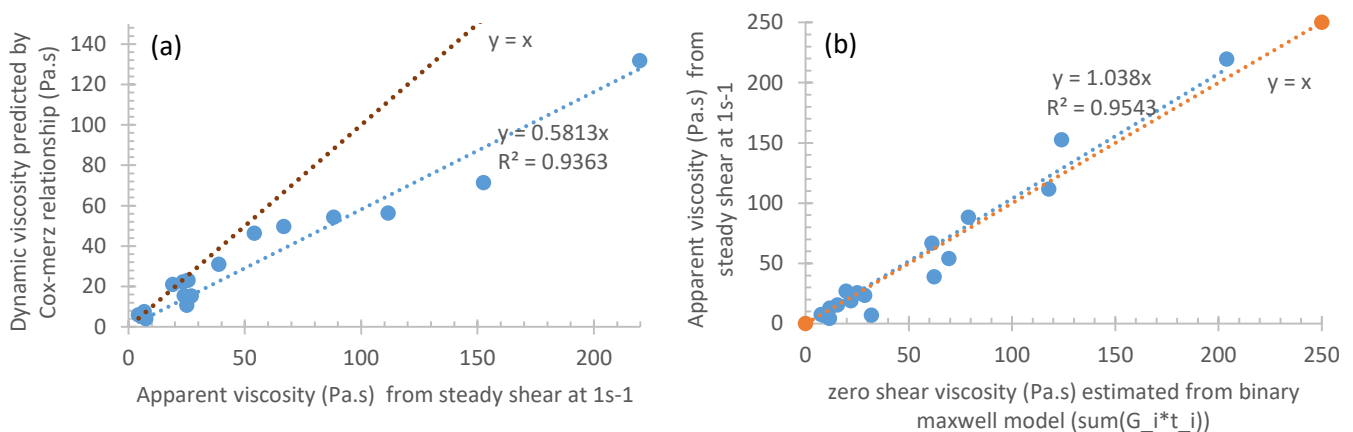
Although a single Maxwell model was not sufficient to represent sericin's behaviour, the literature has shown that a binary model can provide a good fit for biopolymer solutions[13] and thus the elastic and viscous moduli of individual sericin samples were curve-fitted using a binary Maxwell model ($x = 2$) of the form:

$$G'(\omega) = \sum_{i=1}^x \left(\frac{g_i \omega^2 \tau_i^2}{1 + \omega^2 \tau_i^2} \right) \quad G''(\omega) = \sum_{i=1}^x \left(\frac{g_i \omega \tau_i}{1 + \omega^2 \tau_i^2} \right)$$

Where g_i represents the weighted modulus contribution of each Maxwellian element, and τ_i representing the corresponding relaxation times. Comparison between shear and oscillatory measurements was undertaken to assess cross-experimental data reliability. Through further application of the Maxwell Model[13–15], which states that:

$$\eta_0 = \sum_{i=1}^{\infty} g_i \tau_i$$

We can estimate the mean zero shear viscosity from oscillatory data as 46.59 Pa.s, which is comparable to that predicted by the Carreau-Yasuda model (58.63 Pa.s). Linear regression of the data sets, constrained about the origin, shows strong correlation ($R^2=0.9443$) for the relation $y = 1.48x$, and while the coefficient is higher than the expected value (1), this strong correlation confirms the reliability and consistency of the experimental design, suggesting that the main source of variation is biological.



Supplementary Figure 12 – (a) Comparison between zero shear viscosity estimated from the Cox-Merz relation and that measured through steady shear shows systematic underrepresentation by the predictive models. This is in stark contrast to (b), which compares zero shear viscosity estimated from the binary Maxwell model to that measured through steady shear.

7.1. Supplementary references

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