

ERRATUM

Open Access



Erratum to: Diet and exercise in uterine cancer survivors (DEUS pilot) - piloting a healthy eating and physical activity program: study protocol for a randomized controlled trial

Dimitrios A. Koutoukidis¹, Rebecca J. Beeken², Ranjit Manchanda^{1,3,4}, Matthew Burnell¹, M. Tish Knobf^{1,5} and Anne Lanceley^{1*}

Erratum

Upon publication of the article [1], it was noticed that Table 1 was missing some times in the 4th column of 'Session 2'. This information has now been included in this erratum.

Author details

¹Department of Women's Cancer, EGA Institute for Women's Health, University College London, London, UK. ²Health Behaviour Research Centre, Department of Epidemiology & Public Health, University College London, London, UK. ³Department of Gynaecological Oncology, Barts Health NHS Trust, Royal London Hospital, London, UK. ⁴Barts Cancer Institute, Queen Mary University of London, London, UK. ⁵Acute Care/Health Systems Division, Yale University School of Nursing, New Haven, CT, USA.

Received: 4 January 2017 Accepted: 5 January 2017

Published online: 18 January 2017

Reference

1. Koutoukidis DA, Beeken RJ, Manchanda R, Burnell M, Knobf MT, Lanceley A. Diet and exercise in uterine cancer survivors (DEUS pilot) - piloting a healthy eating and physical activity program: study protocol for a randomized controlled trial. *Trials*. 2016;17:130. doi:10.1186/s13063-016-1260-1.

* Correspondence: a.lanceley@ucl.ac.uk

¹Department of Women's Cancer, EGA Institute for Women's Health, University College London, London, UK

Full list of author information is available at the end of the article



Table 1 Structure and content of the Shape-up following cancer treatment sessions

Session 2	Keeping to a regular eating pattern	Review: Discussion about self-monitoring and food diaries, and goal progress	20 min
		Volunteer-led discussion: Keeping to a regular eating pattern Key learning points: The importance of keeping to a regular eating pattern, the definition of a regular eating pattern, the importance of breakfast, suggestions for goals, disadvantages of eating regularly.	40 min
		Break	5 min
		New topic: Goals and rewards Discussion about the principles of goal-setting, group exercise about setting SMART goals, exercise about goal planning, discussion about rewards, and group exercise about non-food rewards	15 min
		Round-up, and preparation for next session	5 min
		Take home message	5 min