Fig 2. Diagram demonstrating the mechanisms behind the links between wellbeing/burnout and the quality and safety of patient care.

- Poor wellbeing
- Burnout

- Decreased cognitive function
- Fatigue

- Decreased empathy
  - Poorer listening skills
  - Negative attitudes towards patients

- Increased referrals

- Reduced concentration
  - Poorer decision-making
  - Lack of headspace

- Patient safety incidents

- Poorer quality of care

- Complaints