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Lanzilao, G, Goswami, P orcid.org/0000-0003-1488-409X and Blackburn, RS orcid.org/0000-0001-6259-3807 (2016) Sustainable high-performance fibers from Himalayan giant nettle (Girardinia diversifolia L.). In: 20th Annual Green Chemistry & Engineering Conference, 14-16 Jun 2016, Portland, Oregon, USA.

These are the author's presentation slides of a conference presentation made at the 20th Annual Green Chemistry & Engineering Conference.

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Sustainable high-performance fibres from Himalayan giant nettle (*Girardinia diversifolia* L.)

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Ideal sustainable product



- Provide an equivalent function to the product it replaces
- Performs as well as or better than the existing product
- Be available at a **competitive or lower price**
- Have a minimum environmental footprint for all the processes involved
- Be manufactured from **renewable resources**
- Use only ingredients that are safe to both humans and the environment
- No negative impact on food supply or water

Synthetic fibre revolution

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- 20th Century polymers
 - nylon, 1935
 - polyurethane, 1937
 - polyester
 - Terylene, 1941
 - Dacron, 1946
 - acrylic, 1944
 - polypropylene and HDPE,1951









Sustainable high-performance fibres

- Fibres for high performance applications are particularly desirable
 - high wear-resistance, breathability, thermal insulation, etc.
- Current market dominated by synthetic fibres
 - carbon fibre, polyethylene terephthalate, polyurethane, polytetrafluoroethylene
- How to balance need for sustainability with requirements of application?







Bast Fibres

- Cellulosic fibres from stem of dicotyledonous plants
 - flax, hemp, jute, ramie, nettle, kenaf, abaca
- Characterized by their thinness, flexibility, and strength
- Generally less expensive than synthetic fibres
- Possess competitive mechanical properties
 - high tensile strength
 - volume fraction of cellulose and microfibrillar orientation









Himalayan giant nettle (*Girardinia diversifolia* L.)



- Grows in tropical Africa (from Ethiopia to Madagascar), Yemen, Nepal, India, Sri Lanka, southern China, Taiwan and Indonesia
 - Grows at 1000-2500 m above sea level, in areas of partial shade
 - Grows tall (1.5 to 3.0 m high), strong, and straight
 - Needs environment with good moisture content, high velocity winds, low temperatures (frost-resistant for 3-4 days), in fertile, deep, draine soil
- Harvest between August and December
 - Currently natural retting processes
- Bast fibres from the plant traditionally are used to make ropes, twine, fishing nets, sacking and some clothing



- Fibre production is currently very low in comparison with other natural fibres
- Himalayan Wild Fibers LLC (US Company) has already embarked on the industrial scale-up of *G. diversifolia* fibre production in Nepal

Bast fibre tensile properties

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Fibre	Fibre length	Cross-sectional	Tensile strength	Extensional	Young's Modulus
	(L; mm)	area (A; μm²)	(σ; MPa)	strain (ε; %)	(E; GPa)
G. diversifolia	478 (±21)	479 (±186)	4451 (±1313)	6.2 (±1.3)	73 (±22)
U. dioica	52 (±2)	456 (±199)	2196 (±809)	2.8 (±0.9)	79 (±29)
Flax	27 (±3)	183 (±87)	1339 (±486)	3.3 (±0.4)	54 (±15)
Нетр	20 (±5)	764 (±260)	270 (±40)	0.8 (±0.1)	19 (±4)
Ramie	135 (±15)	270 (±93)	560	2.5	24.5

$$\sigma = \frac{F}{A} \qquad \qquad E = \frac{\sigma}{\varepsilon}$$

- Mean length of *G. diversifolia* fibres substantially longer than European nettle (*U. dioica*) fibre, and longer than other common bast fibres
 - G. diversifolia has longest bast fibre reported

Nettle fibre tensile properties

G. diversifolia

- σ for *G. diversifolia* twice that of *U. dioica* fibre 0.3
- highest of any bast fibre reported
 - S-glass (4570 MPa)
 - carbon fibre (4000 MPa)
- *G. diversifolia* fibre greater ε in comparison with *U. dioica* fibre
- greater than that of the most common bast fibres
- Young's modulus for *G. diversifolia* and *U. dioica* fibre similar
- Due to the greater extensibility of *G. diversifolia* fibre



- *E* for both nettle fibres is generally higher than those of other common bast fibres
 - E-glass (73 GPa)

Alkali treatment of cellulose





A decreases as cellulose I → Na-cellulose I

intermolecular H-bonds are broken

allows movement of the fibres longitudinally

compression of the fibre crosssection laterally A increases as Na-cellulose $I \rightarrow Na$ -cellulose II

intramolecular H-bonds broken

allows swelling laterally

A decreases again to a plateau

reorganization to lower energy form of cellulose II cross-section changes to more circular form and lumen almost disappears





 Possible to use same sustainable raw material to create materials with different properties?

Comfort in outdoor sports





Three-layer outdoor clothing system



Primaloft[®] jacket



- base layer next to the skin, breathable and moisture regulator¹¹
 middle layer, insulating, protects from cold
- **shell layer**, outer, resistant to abrasion, protects from external environment, wind and rain



Three-layer performance material from *G. diversifolia*





4 mol dm NaOH -- Base internal layer Fibres with narrow cross - section

Three-layer performance material from *G. diversifolia*









Three-layer performance material from *G. diversifolia*





Shell (8 M)

- Fibres with wide cross-section, narrow lumen and high moisture regain (MR) permit water vapour flow originiating from the body
- High moisture content (MC) reduces penetration of external water

Middle (0 M)

- Wide section of the hollow fibre traps air, providing good insulation
- Lowest MC allows air to permeate

Base (4 M)

• Lower MC and higher MR + capilliary structure created by narrow fibre cross-section allows good permeability

Conclusions

- Development of sustainable fibres for high performance applications is challenging
 - high mechanical strength properties demanded and general lack of such properties in natural fibres
- G. diversifolia fibre has the longest fibre length reported for any bast fibre
- Ultimate stress value for *G. diversifolia* fibre is over twice that of *U. dioica* fibre, and the highest of any bast fibre reported
- *G. diversifolia* and *U. dioica* fibre have **higher Young's modulus** in comparison with other common bast fibres
- Treatment of *G. diversifolia* fibre with aqueous sodium hydroxide solution causes changes to the morphological, mechanical and chemical properties
 - Cross-sectional area, tensile strength, Young's modulus, and moisture properties all change
- Changes are related to **fibre crystallinity changes**

cellulose I \rightarrow Na-cellulose I \rightarrow Na-cellulose II \rightarrow cellulose II

 Opportunities for using Himalayan Giant nettle fibres in performance applications

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