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1 **Embryonic development of the grass pufferfish (*Takifugu niphobles*):**  
2 **from egg to larvae.**

3

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20 **Abstract**

21 Tetraodontidae (pufferfish) family members carry the smallest genomes among  
22 vertebrates, and these pocket-sized genomes have directly contributed to our  
23 understanding of the structure and evolution of higher animals. The grass pufferfish  
24 (*Takifugu niphobles*) could be considered a potential new model organism for  
25 comparative genomics and development due to the potential access to embryos, and  
26 availability of sequence data for two similar genomes: that of spotted green pufferfish  
27 (*Tetraodon nigroviridis*) and *Fugu* (*Takifugu rubripes*). In this study, we provide the  
28 first description of the normal embryonic development of *T. niphobles*, by drawing  
29 comparisons with the closely related species cited above. Embryos were obtained by in  
30 vitro fertilization of eggs, and subsequent development was monitored at a constant  
31 temperature consistent with natural conditions. *T. niphobles* development was divided  
32 into seven periods of embryogenesis: the zygote, cleavage, blastula, gastrula,  
33 segmentation, pharyngula, and hatching periods; and stages subdividing these periods  
34 are defined based on morphological characteristics. The developmental stage series  
35 described in this study aims to provide the utilization of *T. niphobles* as an experimental  
36 model organism for comparative developmental studies.

37

38 **Keywords**

39 *Fugu*; Oocyte; Staging; Embryogenesis; Embryo

## 40 **1. Introduction**

41 The grass pufferfish (*T. niphobles*) is a teleost fish with a wide distribution in the  
42 Northwest Pacific Ocean. This species is one of around twenty four pufferfish species in  
43 the genus *Takifugu*, and there are some reasons that justify its study: i) it is placed on  
44 the IUCN Red List due to the reduced knowledge about the stage of its current  
45 populations, making it a possible endangered species[1]; ii) the closely related species  
46 (like *Takifugu rubripes*) is widely-kept by scientists as a model organism for genomics  
47 [2,3]; and iii) some species of this genus are considered a popular food in Japan.

48

49 The genome of the congeneric species *T. rubripes* (*Fugu*) has been sequenced and  
50 assembled recently, the second vertebrate genome to be sequenced and the shortest  
51 known genome of any vertebrate species [4]. In this respect, the pocket-sized genome of  
52 *Fugu* should help to resolve contentious estimates of human gene number, where the  
53 genome of *Fugu* has directly contributed to the annotation of protein-coding genes on  
54 11 human chromosomes and has also helped unearth nearly 1,000 new human genes  
55 [5,6]. In this regard, closely related species such as *T. niphobles* could be similarly  
56 applied in this purpose due to its small and similar genome. One advantage of *T.*  
57 *niphobles* over the other pufferfish species currently used for genomic studies is the  
58 potential for the study of essential steps in development: staging series based on  
59 morphological traits will provide in-depth knowledge of the developmental processes  
60 governing teleost fish [7,8].

61

62 Staging by morphological criteria is an useful tool for generating developmental  
63 comparisons between different species and, in this sense, to determine the underlying  
64 mechanisms of evolutionary changes among them [9]. For *Fugu* (*T. rubripes*), a  
65 developmental stage series has been published [10], but a standard and cost-effective  
66 laboratory breeding protocol is not available. In contrast, *T. niphobles*, with a high  
67 fertility rate during a wide spawning period (offering the availability of thousands of  
68 eggs [11]), can be kept and matured in laboratory conditions [12]. As a result, both  
69 species have remained virtual models, mostly confined to genome sequence analyses. In  
70 this study, we have set out to promote *T. niphobles* as a laboratory model for functional  
71 and comparative genomic and developmental projects. We report the embryonic  
72 development of *T. niphobles*, raised under laboratory conditions, describing the series of

73 embryonic stages and provide fundamental data to facilitate its use for future  
74 developmental studies.

75

## 76 **2. Materials and methods**

### 77 **2.1 Fish handling**

78 Takifugu niphobles shows a singular spawning behavior at Arai Beach near Misaki  
79 Marine Biological Station (MMBS, Japan). Large schools of fish (200-1000; [13])  
80 arrive to the beach around the new or full moon at spring tide during the spawning  
81 season, which occurs between May and July. Spawning takes place repeatedly from 2  
82 hours before the sunset and includes a beach-spawning behavior, where the fish are  
83 routinely found out of the water on the beach until the next wave. During this time,  
84 males and females of *T. niphobles* were caught and moved to the MMBS seawater  
85 facilities. Fish were kept in running seawater tanks at 18 °C and the trial was carried out  
86 under the approval of the animal guidelines of the University of Tokyo on Animal Care.

87

### 88 **2.2 Gamete collection and in vitro fertilization process**

89 Genital area was cleaned with freshwater and thoroughly dried to avoid the  
90 contamination of the samples with faeces, urine or seawater, and gentle abdomen  
91 pressure was applied to obtain the gametes both in males and in females. Eggs from two  
92 females were divided into batches of approximately 100 eggs and placed into 60 × 15  
93 mm Petri dishes (x4) using a micropipette with the tip cut off to prevent compression of  
94 the eggs. An aliquot of sperm from only one male ( $10^5$  sperm/egg ratio) was put on to  
95 the batches of eggs and 5 ml of seawater was then added in order to activate the sperm  
96 and achieve fertilization success as described in Gallego et al. (2013) [14].

97

98 **2.3 Embryo culture**

99 The fertilized eggs were transferred into clean Petri dishes and were then incubated in  
100 darkness at a controlled temperature of 20 °C (each Petri dish with approximately 50  
101 eggs). Embryos were observed every 30 min using a Leica M165FC microscope to  
102 check the embryonic staging of pufferfish and detailed descriptions of each  
103 development stage were performed. Images were taken with a camera (MicroPublisher  
104 5.0; QImaging, Surrey, Canada). Dead eggs were removed during daily inspections, and  
105 seawater was exchanged once a day.

106

107 **2.4 Presentation of the stage series**

108 To describe *T. niphobles* embryonic development in a standardized way,  
109 embryogenesis was divided into periods following the scheme used for other model  
110 organisms as zebrafish (*Danio rerio*, [7]) and medaka (*Oryzias latipes*, [8]): zygote,  
111 cleavage, blastula, gastrula, segmentation, pharyngula, and hatching. Images of  
112 individual embryos were cropped and arranged into figures using the Adobe Photoshop  
113 CS3 (Adobe Systems).

114

115 **2.4 In situ hybridisation**

116 *T. niphobles* MyoD2 and Myogenin cDNA fragments were isolated by RT-PCR with 96  
117 hpf total RNA. Primer sets were designed using *F. rubripes* genome information  
118 available from Ensemble database [3]. Primers used and lengths of amplified products  
119 are: MyoD2, 370bp with sp (5'-AGAAGGCCACCAGCACCTCCATCAC-3') and ap  
120 (5'- CAGCGGTGGGTAGAAGCTCTGGTCT-3'); Myogenin, 394 bp with sp (5'-  
121 CCTACGACCAAGGCACCTAC-3') and ap (5'- TCAGTGTCCTGCTGGTTGAG-3').

122 Whole mount in situ hybridization was performed using digoxigenin-11-UTP labeled  
123 antisense RNA probes as described [15].

124

125 *T. niphobles* MyoD2 partial cDNA seq.

126 AGAAGGCCACCAGCACCTCCATCACCACGTCCCCAGTGCAGAGGAGGAGCT  
127 GGAGGAGGAGACGGTGGTGAAGAGCACGTGAGAGCACCGGGGGGCCTCC  
128 ACCAGGCCGGCCGATGCCTGCTCTGGGCCTGCAAAGCCTGTAAAAGGAAGA  
129 CGACCCACGCGGACCGGCGGAAGGCGGCGACCATGCGGGAGCGGCGACGA  
130 CTGAGCAAAGTCAACGACGCCTTTGAGACGCTAAAGCGCTGCACCGCCTCC  
131 AACCCCAACCAGAGGCTCGCCAAGGTGGAGATCCTGCGCAACGCCATCAGC

132 TACATCGAGTCCCTGCAGGCCCTGCTGAGGACTTCGGGTCAAGACCAGAGC  
133 TTCTACCCACCGCTG

134

135 T. niphobles Myogenin partial cDNA seq.

136 CCTACGACCAAGGCACCTACCAGGATAGGAACACCATGATGGGCTTGTGTG  
137 GGAGTCTGTCCGGAGGTGTGGATGTTGGAGTGACAGGGACAGAGGACAAA  
138 GCCTCTCCATCCAGCCTGTCACCTCACTCTGAGCCCACTGCCCGGGCCAGT  
139 GCCTTCCCTGGGCCTGCAAGTTATGCAAGAGGAAGACGGTCACCATGGACC  
140 GCCGGAGAGCGGCCACGCTGAGAGAGAAGAGGCGCCTGAAGAAGGTGAAC  
141 GAGGCCTTCGACGCTTTGAAGAGGAGCACGTTGATGAACCCAAACCAGAGG  
142 CTGCCCAAGGTGGAGATCCTCAGGAGCGCCATCCAGTACATCGAAAAGCTA  
143 CAGGCCCTGGTGTCTCCCTCAACCAGCAGGACACTGA

144

### 145 **3. Results**

146 **Zygote period.** The zygote period started from in vitro fertilisation until the onset of  
147 cleavage period, when the embryonic polar cell mass transitioned from the 1-cell stage  
148 to the 2-cell stage (Fig. 1A-B). Zygote period spanned 0-1.7 hpf for reaching the  
149 cleavage.

150

151 **Cleavage Period.** During the cleavage period of Takifugu niphobles embryonic  
152 development, a single cell (1<sup>st</sup> blastomere), formed at the animal pole by separation of  
153 cytoplasm from the yolk, was divided (cleaved) into an increasing number of smaller  
154 cells, decreasing in size with each division (Fig. 1C-H). This period took approximately  
155 2.9 hours.

156

157 **Blastula Period.** During the early blastula period from the 128-cell stage to dome stage  
158 (Fig. 1I-M), the number of cells and the shape of the cell mound were used as criteria  
159 for staging. T. niphobles embryos began this phase of development at 5.1 hpf when  
160 100% of the embryos were consistently dividing into the blastula dome. This period  
161 included the stages up to 20% epiboly, where the embryo forms multiple sheets of cells  
162 through to gastrulation. During this period, the yolk pushed into the embryonic cells  
163 (animal pole; Fig. M) as the embryo develops.

164

165 **Gastrula period.** During the gastrula period, the extent to which the blastoderm covers  
166 the yolk cell and the form of blastoderm were used as criteria for staging. The gastrula  
167 period from 40% epiboly to the tail bud stage proceeded during 14.1-25.5 hpf (Fig. 1N-  
168 Q). We marked the beginning of the gastrula period when the majority of the embryos  
169 in a given brood reached 40% epiboly (Fig. 1N). During the stages from 50 - 70%  
170 epiboly the germ ring started to appear and soon after the embryonic shield developed  
171 as a thickening at the germ ring poles (shield stage, Fig. 1O). Towards the end of  
172 epiboly (90%) the margin of the blastoderm (germ ring) progressed around the yolk cell  
173 (between 15.8 and 21.5 hpf) and the dorsal indentation occurred to mark the start of the  
174 tail bud period (Fig. 1P-Q).

175

176 **Segmentation period.** Segmentation refers to the division of territories and the  
177 emergence of somitogenesis – this began soon after tail bud stage at approximately 32.9  
178 hpf and when the embryo developed 3-somites the first indication of optic placode  
179 formation begins (Fig. 1R). The number and division of somites is a universal indicator  
180 of embryonic staging (Fig. 2), and in order to fully appreciate the staging during  
181 somitogenesis, we conducted in situ hybridisation experiments to determine the precise  
182 number of somites during development (6 and 8 somites; Fig. 2, myoD and myogenin,  
183 respectively). Without any indication of gene expression the formation of somites is  
184 relatively unclear in *T. niphobles*. myoD and myogenin (myog) are two Muscle  
185 Regulatory Factors (MRFs); these genes encode related myogenic basic helix-loop-helix  
186 (bHLH) transcription factors involved in myogenesis [16] and are associated with  
187 establishing myogenic potential and delineating the process of somitogenesis [16,17].  
188 During segmentation the tail began its extension and separation from the yolk  
189 membrane (Fig. 1S). Within the latter stages of the segmentation period (approximately  
190 the 18 to 21-somite stage) the first signs of pigmentation emerged with black  
191 melanophores appear ahead (Fig. 1T) of the orange xanthophores that spread  
192 concurrently in ventral regions of the embryo near to and covering the ventral boundary  
193 between the embryo and the yolk.

194

195 **Pharyngula period.** Eye pigmentation emerged at the start of the pharyngula period,  
196 with a weakly darkened retinal pigment equivalent to the Prim (primordial) -10 to Prim-  
197 21 stages of development (in zebrafish). The pigmentation of the embryo by both the  
198 xanthophores and melanophores spread during these pharyngula stages and covered the

199 dorsal regions of the exposed yolk, the ventral trunk of the embryo and began migration  
200 to anterior and dorsal regions of the head image (Fig. 1U). During these migratory  
201 periods of the pigment cells, the retinal pigment became darker (Fig. 1V).

202

203 **Hatching period.** The hatching period of *T. niphobles* was variable within a batch of  
204 embryos, where this process can take from 24 h (in this trial) to several days [18].  
205 Typical landmarks of this period of development were the formation of the jaw  
206 cartilages, which defines the period by which the mouth develops. At these stages prior  
207 to hatching the pigmentation in the retina began to transition from the dark/black to  
208 reflective iridophore pigmentation. The mouth was clearly visible and began to  
209 protrude beyond the limit of the eyes. Interestingly, the pigment of the ventral trunk and  
210 the anterior head region became dominated by xanthophores, giving the embryo a  
211 distinctive orange colouration (Fig. 1W). This colour pattern then appeared to permeate  
212 throughout the body and on hatching the emerging *T. niphobles* hatchlings were orange  
213 dotted with large dark melanocytes. The emerging *T. niphobles* fry were free-swimming  
214 (Fig. 1X) and although still retaining a considerable yolk for several days after hatching,  
215 they began to feed on zooplankton (rotifer) between 3 and 5 days after emergence from  
216 the chorion.

217

#### 218 **4. Discussion**

219 In this study, we report the developmental stages of *T. niphobles* based on  
220 morphological characteristics. This information is anticipated to allow the use of  
221 pufferfish as a model for developmental studies [19], uncovering the morphological  
222 diversification of this group of highly derived teleost fishes. Regarding the different  
223 embryonic stages during the egg development, cell division cycle from the 2-cell to the  
224 1k-cell stage lasted approximately 12 hours in *T. niphobles*. These intervals were quite  
225 similar to the other closely related species, the green spotted pufferfish (*T. nigroviridis*,  
226 [18]) and another model teleost species, as the medaka (Killifish; *O. latipes*; [20]).  
227 However, the cleavage and blastula period of Fugu (*T. rubripes*) embryogenesis was a  
228 little longer (about 16h) compared to *T. niphobles*; and approximately a threefold  
229 shorter in zebrafish (*D. rerio*), probably due to the fast embryo development in the  
230 model species par excellence.

231

232 The early embryonic development of *T. niphobles* to the start of the segmentation phase  
233 of development was approximately 11 hours faster than *T. rubripes* [10] and 7 hours  
234 shorter than *T. nigroviridis* [18]. This shows that even among closely related species  
235 inhabiting a similar environment with equivalent standard temperatures for  
236 development, there is a great degree of developmental heterochrony and potential  
237 diversification. *T. niphobles* embryos at this stage are vastly more heavily pigmented  
238 than the closely related *T. rubripes* embryos [10] suggesting the diversity in  
239 development even during these later stages of embryogenesis. In contrast to *T.*  
240 *niphobles*, *T. rubripes* appears almost clear of pigmentation in areas other than the trunk  
241 (i.e. the head and majority of the body), although pigmentation only appears in the head  
242 region of *T. rubripes* at the protruding mouth stages of development (188 h; [10]). In  
243 comparison pigmentation in *T. nigroviridis* appears early, at 3 days and 5 hours (77 h;  
244 [18]) and this obviously reflects the speed of development towards an earlier hatching  
245 period in Tetraodon. It is clear that pigmentation becomes more pronounced in the  
246 stages closest to the hatching period in all species. Pectoral fins have developed towards  
247 the end of this protruding mouth stage of development (equivalent to the mid-high ‘pec’  
248 stages observed by Uji et al. (2011) [10]).

249

250 Hatching time of *Takifugu niphobles* was relatively similar to its closely related species  
251 *Fugu* (*T. rubripes*): pufferfish embryos needed approximately 8 days until they start to  
252 hatch while *fugu* embryos needed 6 days [10]. In contrast, another species of pufferfish  
253 genus *Tetraodon* (*T. nigroviridis*) needed only a little more than 3 days for hatching  
254 [18]. In this respect, embryo development period is widely variable in marine fish [21]:  
255 from a few hours in some carangid fishes to several days (even weeks) in some species  
256 of gadids, and this variation is directly related to the combined effects of body size,  
257 temperature and life-history attributes [22].

258

259 In the case of pufferfish, long incubation times (about 8 days) are due to its peculiar  
260 reproductive strategy, where pufferfish larvae must hatch within a narrow window  
261 during the next high tides from the egg fertilization [11,23]. In this regard, this slow  
262 developmental rate could enable analysis of gene expression patterns in greater detail,  
263 as occur in other species like the model medaka fish (*O. latipes*) [20]. At the hatching  
264 period, the time between the first and the last hatching larvae in *Takifugu niphobles*  
265 showed a 24h interval, while in other species for example *Fugu* (*T. rubripes*) or  
266 zebrafish (*D. rerio*) this period seems to be two-fold longer, about 48h. In this respect,  
267 the hatching synchrony in *T. niphobles* could be due to intertidal reproductive  
268 behaviour, where every larvae should hatch in close succession at the right time (high  
269 tide) in order to reach the seawater [24].

270

271 On the other hand, regarding *Takifugu* as a model organism for future research, it is  
272 important to keep in mind that *Takifugu niphobles* is better suited to experimentation  
273 than its close relative *Fugu*, for its small adult size (up to 15 cm compared to 80 cm) and  
274 its ability to survive in different salinity waters: seawater, brackish and freshwater.  
275 However, one important caveat to the emergence of *T. niphobles* as a comparative lab-  
276 based model for developmental biology is the fact that the fishes cannot breed easily in  
277 captivity without hormone stimulation. The study of the embryonic stages in captivity is  
278 therefore more accessible with proximity to beach breeding adults.

279

280 A great deal of research has been conducted on *T. niphobles* in several fields as sperm  
281 physiology and quality, gamete storage, ecotoxicology, tooth evolution and  
282 neuroscience [25–30]; and this study aims to provide a starting point for the  
283 comprehensive description of *T. niphobles* development with the aim to enhance all

284 these research areas. The developmental stage series described in this study is one of the  
285 essential steps toward the establishment of *T. niphobles* as an experimental model for  
286 developmental biology.

287

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295

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- 390

391 **Table legends**

392 **Table 1.** Timing-stages of embryonic development of grass pufferfish (*T. niphobles*).

393

394 **Figure legends**

395 **Figure 1.** Developmental process of grass pufferfish (*T. niphobles*) embryo from zygote  
396 to hatching. A) External appearance of egg. B) 1-cell stage. C) 2-cell stage. D) 4-cell  
397 stage. E) 8-cell stage. F) 16-cell stage. G) 32-cell stage. H) 64-cell stage. I) 128-cell  
398 stage. J) 256-cell stage. K) 512-cell stage. L) 1024-cell stage. M) 20% epiboly stage. N)  
399 40% epiboly stage. O) 90% epiboly stage. P) Tail bud-1 stage. Q) Tail bud-2 stage. R)  
400 3-somite stage. S) 14-somite stage. T) 21-somite stage. U) Prim-5 stage. V) Prim-21  
401 stage. W) Hatching. X) Larvae. Scale bar = 200  $\mu\text{m}$ . White arrow in S, T, V indicate the  
402 position of the mouth opening. White arrow in W demarcates the pectoral fin, during  
403 emergence from the chorion. Orientation of images show anterior to the left and  
404 posterior to the right, dorsal is toward the top and ventral is toward the bottom of the  
405 images.

406

407 **Figure 2. In situ Hybridisation of MyoD2 and Myogenin (*myog*) during**  
408 **somitogenesis in *T. niphobles*.** A, B, MyoD2 expression in developing somites at the 6-  
409 somite stage embryo (A) dorsal view and (B) lateral view. C, D, Myogenin expression  
410 demarcating the early bilateral somite blocks in the 8-somite stage *T. niphobles* embryo;  
411 dorsal view (C) and lateral view (D).

412

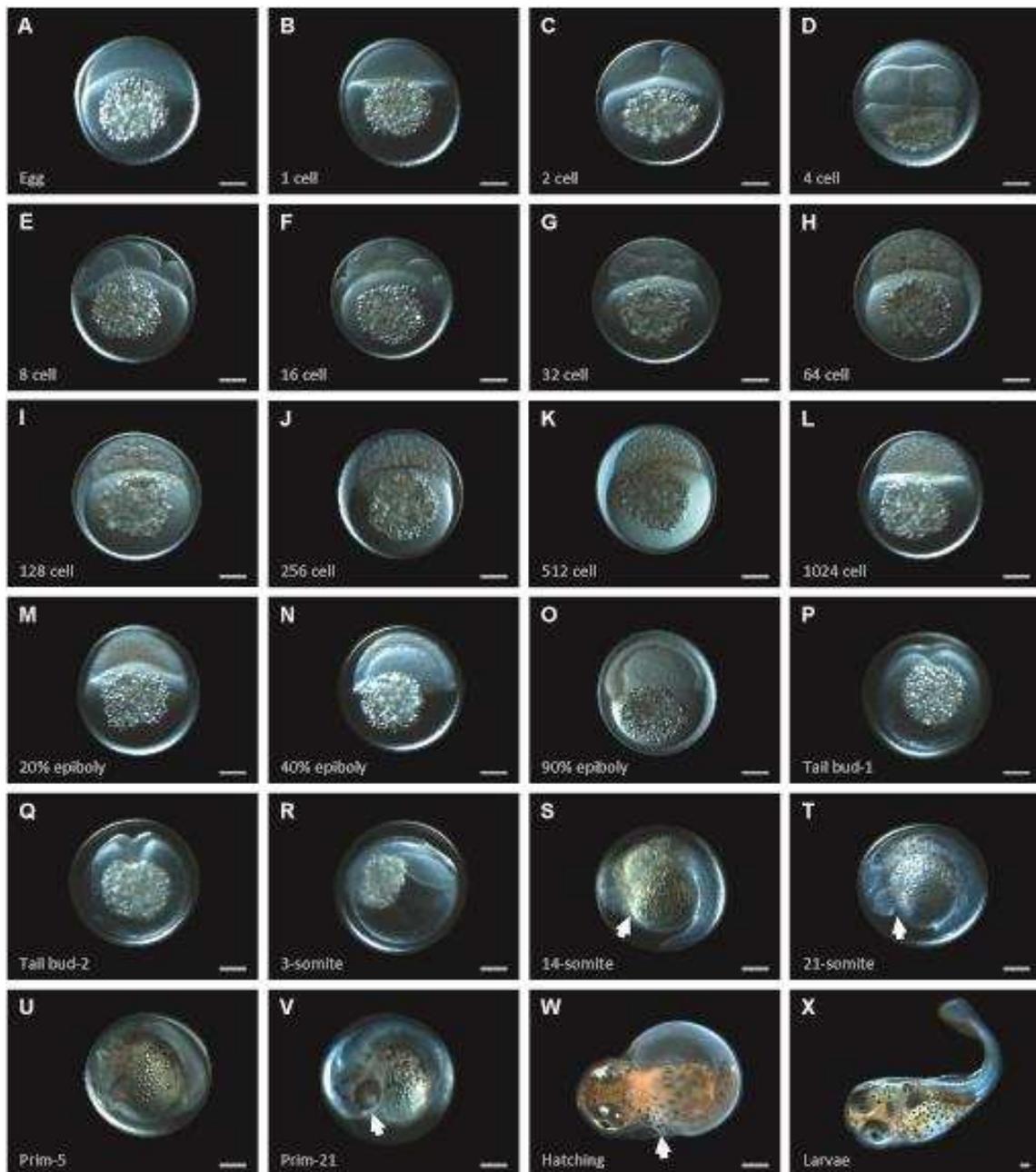
413

414

415 **Table 1**

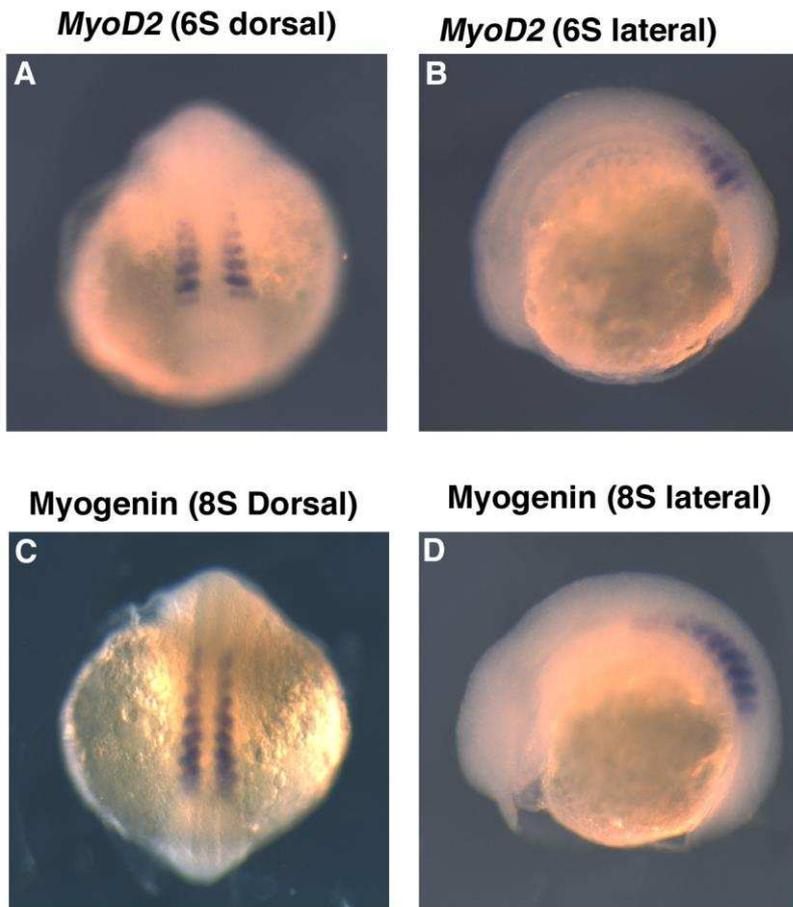
<b>Period</b>	<b>Stage</b>	<b>Time (h)</b> <sup>416</sup>
<b>Zygote period</b>	None	0.0
	1 cell	0.9
<b>Cleavage period</b>	2 cell	1.7
	4 cell	2.4
	8 cell	2.7
	16 cell	3.7
	32 cell	4.1
	64 cell	4.6
	<b>Blastula period</b>	128 cell
256 cell		5.8
512 cell		6.5
1024 cell		7.3
Epiboly 20%		12.7
<b>Gastrula period</b>	Epiboly 40%	14.1
	Epiboly 90%	15.7
	Tail bud 1	23.7
	Tail bud 2	25.6
<b>Segmentation period</b>	3-somite	32.9
	14-somite	48.9
	21-somite	65.9
<b>Pharyngula period</b>	Prim-5	77.1
	Prim-24	108
	Fin stage	147
<b>Hatching period</b>	First eclosion	191
	Last eclosion	214

418 **Figure 1**



419  
420

421 **Figure 2**



422