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**Clinical presentation of childhood leukaemia: a systematic review and meta-analysis**

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**TITLE PAGE****Clinical presentation of childhood leukaemia: a systematic review and  
meta-analysis**

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# Clinical presentation of childhood leukaemia: a systematic review and meta-analysis

Rachel T Clarke<sup>1</sup>, Ann Van den Bruel<sup>1</sup>, Clare Bankhead<sup>1</sup>, Christoher D Mitchell<sup>2</sup>, Bob Phillips<sup>3</sup>, Matthew J Thompson<sup>1</sup>

## ABSTRACT

### Objective

Leukaemia is the most common cancer of childhood, accounting for a third of cases. In order to assist clinicians in its early detection, we systematically reviewed all existing data on its clinical presentation and estimated the frequency of signs and symptoms presenting at or prior to diagnosis.

### Design

We searched Medline and Embase for all studies describing presenting features of leukaemia in children (0-18 years) without date or language restriction, and, when appropriate, meta-analysed data from the included studies.

### Results

We screened 12,303 abstracts for eligibility and included 33 studies (n=3084) in the analysis. *All were cohort studies without control groups.* 95 presenting signs and symptoms were identified and ranked

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2  
3 according to frequency. Five features were present in more than 50% of children: hepatomegaly (64%),  
4 splenomegaly (61%), pallor (54%), fever (53%) and bruising (52%). An additional 8 features were  
5 present in a third to a half of children: recurrent infections (49%), fatigue (46%), limb pain (43%),  
6 hepatosplenomegaly (42%), bruising/petechiae (42%), lymphadenopathy (41%), bleeding tendency  
7 (38%) and rash (35%). 6% of children were asymptomatic on diagnosis.  
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### 18 **Conclusions**

19  
20 Over 50% of children with leukaemia have palpable livers, palpable spleens, pallor, fever or bruising on  
21 diagnosis. Abdominal symptoms such as anorexia, weight loss, abdominal pain and abdominal distension  
22 are common. Musculoskeletal symptoms such as limp and joint pain also feature prominently. Children  
23 with unexplained illness require a thorough history and focused clinical examination which should include  
24 abdominal palpation, palpation for lymphadenopathy, and careful scrutiny of the skin. Occurrence of  
25 multiple symptoms and signs should alert clinicians to possible leukaemia.  
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## MAIN TEXT

**What is already known on this subject**

- Serious illnesses such as cancer are rare in children in primary care (about 1 in 200 children) and are easily missed.
- Leukaemia is the most common cancer of childhood, with 4000 new cases annually in the United States, and 450 in the United Kingdom.

**What this study adds**

- Over 50% of children with leukaemia have palpable livers, palpable spleens, pallor, fever or bruising on diagnosis.
- Abdominal symptoms are not typically included in national cancer guidelines for identifying children with leukaemia, yet are present in 29% (anorexia/weight loss), 12% (abdominal pain) and 11% (abdominal distension) of children respectively.
- Important common musculoskeletal and bleeding manifestations are also omitted, such as mucosal bleeding (25%), joint pain (11%) and limp (15%).

**INTRODUCTION**

In developed countries, cancer causes more childhood deaths than any other serious illness, including meningitis.<sup>1</sup> Leukaemia is the most common malignancy of childhood, with an annual incidence of nearly

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3 4000 in the United States (US), and 450 in the UK. and is responsible for a third of childhood cancer  
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5 deaths.<sup>2,3</sup> Yet paediatric leukaemia is a low prevalence disease in primary care, emergency departments  
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7 and general paediatrics settings. A general practitioner, for example, is likely to encounter a child with  
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9 cancer only once every 20 years.<sup>4</sup> The early presentation of paediatric leukaemia, with non-specific  
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11 symptoms often mimicking the common, self-limiting illnesses, complicates the diagnostic challenge  
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13 faced by front-line clinicians.<sup>5,6</sup>  
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20 Improving the early diagnosis of cancer is a key priority for many health services. The UK's NHS Cancer  
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22 Plan, for example, stipulates that all patients with suspected cancer, including children, should be seen by  
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24 a specialist within two weeks of referral.<sup>7</sup> Subsequent guidance from the National Institution for Health  
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26 and Care Excellence (NICE) details a range of specific signs and symptoms which should alert clinicians  
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28 to consider cancer in children and, in the case of leukaemia, take blood or immediately refer.<sup>5</sup> Despite  
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30 these attempts, the vast majority of cancers in children are still not diagnosed via the two week urgent  
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32 referral pathway. In one recent study, 98% of childhood cancers in the UK were identified by other routes,  
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34 such as direct presentations to Emergency Departments or non-urgent hospital referrals from primary  
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36 care.<sup>8</sup>  
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43 In order to improve our understanding of the early presentation of paediatric leukaemia, we aimed to  
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45 systematically identify and collate all existing data on its presenting signs and symptoms at, or before, the  
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47 point of diagnosis.  
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## METHOD

### Search strategy

We searched MEDLINE and EMBASE from inception to December 2014 using a combination of subject headings and free text incorporating the terms “leukaemia” and “diagnosis”, and limited to infants, children and adolescents. Reference lists of included studies were also searched for potentially relevant studies. No language restrictions were applied. The complete search strategy is detailed online (webappendix: eSearch).

### Study selection

We considered for selection all primary research studies, either retrospective or prospective, of any study design (*for example, cohort*), describing the frequency of signs and symptoms at time of diagnosis for a minimum of ten children (0-18 years) with any type of leukaemia. *Duplicate studies were removed.*

Studies which selected cases based on the presence of only certain clinical features of leukaemia (for example, only musculoskeletal or gastrointestinal manifestations) were excluded to avoid giving disproportionate weight to those features in the data synthesis. We also excluded studies which reported data on both adults and children, but where we were unable to extract the paediatric data. *Any uncertainties regarding studies selection were discussed between the authors.*

One researcher (RC) screened titles and abstracts of all papers, excluding clearly irrelevant studies. Two researchers (RC and MT) independently reviewed the full text of remaining papers to assess eligibility.

### Quality assessment

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Once we had assembled a short-list of studies eligible for potential inclusion using the criteria above, two reviewers (RC and MT) independently assessed the risk of bias in these studies' results, to ensure that only those studies with an acceptable risk of bias were included in this review (webappendix: eTable1). There is no single, well-validated quality checklist for assessing retrospective cohort studies, and so we constructed a checklist based on relevant items from the MOOSE reporting guideline for observational studies<sup>9</sup>, the STROBE reporting guideline for cohort studies<sup>10</sup>, the Newcastle-Ottawa scale for non-randomised studies<sup>11</sup> and CASP guidelines for case-control and cohort studies.<sup>12,13</sup>

Quality was assessed as “acceptable” or “unacceptable” in three domains: definition of leukaemia, selection of cases, and methods for extracting data on included cases. “Acceptable” for case definition required cases to be defined according to bone marrow findings. “Acceptable” for case selection required at least two of: participants' baseline characteristics clearly documented; characteristics of cases representative of children with that type of leukaemia (i.e., the age and sex distribution of cases matched the known epidemiology of paediatric leukaemias); and the sample comprising all consecutive cases over the study period or, if non-consecutive, reasons for omission of cases documented. “Acceptable” for data extraction required use of a standardised data collection proforma and/or the objective measurement of signs (e.g. ultrasound confirmation of suspected organomegaly). Disagreements between the two reviewers were discussed with a third reviewer (AVDB). Only studies considered by all reviewers to pass in two or more domains were included in this review.

### **Data extraction**

Data were extracted from included studies by one reviewer (RC) using a standardised proforma, and checked by a second reviewer (MT). We extracted study characteristics including period of study,

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3 number and type of centres, study design, recruitment methods, sample size and age of children.  
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5 Presenting signs and symptoms were recorded as described in each study, and numbers of children  
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7 presenting with each feature noted. When a symptom or sign was not recorded in a study, no assumption  
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9 was made about whether or not that feature had occurred in that population (i.e. we did not assume that  
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11 absence of recording was equivalent to absence of that feature). *Authors cross-checked each others'*  
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13 *data extraction to ensure accuracy. We did not contact authors of included papers for missing*  
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15 *information.*  
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## 22 **Statistical analysis**

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24 We used STATA 11.1 to calculate simple proportions and standard errors of proportions for each  
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26 presenting feature in each included study. Where considered clinically appropriate, features that the  
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28 authors considered similar were aggregated (e.g. “petechiae”, “purpura” and “petechiae/purpura” were  
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30 combined into a single category, “petechiae/purpura”). Features were not aggregated when it was not  
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32 clinically sensible, or when they were reported with insufficient clarity to avoid possible double  
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34 counting.  
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41 We calculated pooled proportions of children presenting with each feature *using the metan command.*  
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43 Anticipating high heterogeneity between included studies, we performed random-effects meta-analysis  
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45 using the DerSimonian and Laird method *and standard methods to calculate I-squared as an estimate of*  
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47 *the heterogeneity.* In addition, we conducted three a priori subgroup analyses to explore reasons for  
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49 heterogeneity and generate new hypotheses: (1) type of leukaemia; (2) year of publication; and (3)  
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51 income status of the country in which the study was performed, as defined by Organisation for  
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53 Economic Cooperation and Development (OECD) criteria at the time the study was conducted. We  
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3 conducted subgroup analyses based on type of leukaemia, country income level and *publication date* of  
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5 study as, based on the existing literature, we felt that these might plausibly affect the speed of  
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7 presentation of children, accessibility of health, care and changes in health-seeking behaviour, as well as  
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9 the possibility of different clinical features depending on leukaemia type. We used exactly the same  
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11 technique, DerSimonian and Laird, as for the main analyses.  
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Confidential: For Review Only

## RESULTS

### Search results

After removal of duplicates, we identified 12,303 papers. We excluded 11,889 after screening titles and abstracts, and a further 381 after full text assessment (Figure 1). Reference lists of included studies did not yield additional eligible studies. *There were no differences between authors regarding whether a particular study should be included.*

### Characteristics of included studies

35 studies met the eligibility criteria and were considered for inclusion, with two of these being excluded on quality grounds, as detailed below (webappendix: eTable1). The 33 included studies (<sup>14-43</sup>) were conducted in 21 countries, and described presenting symptoms and signs in a total of 3,084 children (Table 1). All were retrospective cohorts of between 10 and 406 participants, and none compared cases with controls.

The majority of studies (n=26) identified cases from medical records alone; others also used national and regional registries of childhood leukaemias (n=4), death certificates (n=2), pathology reports (n=1), clinical trial data (n=1) and primary care records (n=1). All 33 studies extracted data from written hospital records. One study also obtained data from primary care records<sup>42</sup>, and another supplemented hospital records with data from a patient and/or parent-completed questionnaire.<sup>43</sup>

**Table 1: Characteristics of included studies**

Author	Country	Period of study	Source of data	Sample size	Age (years)		
					Median	Mean	Range

All leukemias combined							
Das (1973)	India	1961-1972	Hospital records <sup>1</sup>	69	n/a	n/a	n/a
Garcia Calatayud (2003)	Spain	1995-2000	Hospital records <sup>1</sup>	29	n/a	n/a	n/a
Hasanbegovic (2006)	Bosnia	1997-2003	Hospital records <sup>1</sup>	130	6.3	n/a	n/a
Karimi (2008)	Iran	1997-2002	Hospital records <sup>3</sup>	280	n/a	n/a	n/a
La Grutta (1980)	Italy	1960-1978	Hospital records <sup>1</sup>	334	3	6.1	0-15
Meighan (1963)	Canada	1948-1960	(a) Saskatchewan Cancer Commission records (b) Hospital records (c) Death certificates (d) Pathology reports <sup>5</sup>	106	n/a	n/a	n/a
Meighan (1964)	United States	1950-1961	(a) Hospital records (b) Death certificates <sup>5</sup>	258	3.0	n/a	0-14
Rajarajeswari (1980)	India	1968-1977	Hospital records <sup>1</sup>	100	n/a	n/a	0-11
Thulesius (2000)	Sweden	1984-1995	(a) Regional Tumour Registry (b) Hospital records (c) Primary care records <sup>5</sup>	25	n/a	6.6	n/a
Zahid (1996)	Pakistan	1992-1994	(a) Hospital records (b) Parent/patient-completed data extraction form <sup>1</sup>	62	n/a	8.1	n/a
All acute leukemias combined							
Biswas (2009)	India	2003-2005	Hospital records <sup>1</sup>	75	n/a	n/a	1.8-14
Hassan (1992)	India	1987-1990	Hospital records <sup>1</sup>	45	n/a	n/a	n/a
Robazzi (2007)	Brazil	1995-2004	Hospital records <sup>1</sup>	406	6.2	n/a	0.8-15
Sinigaglia (2008)	Italy	1984-1999	Hospital records <sup>1</sup>	122	5.6	6.6	0.7-17.3
Acute lymphoid leukemias							
<b>(i) Acute lymphocytic leukemia (ALL)</b>							
Atay (2005)	Turkey	1993-2000	Hospital records <sup>1</sup>	34	n/a	5.8	2-14
Bernbeck (2009)	Germany	1995-2004	Hospital records <sup>1</sup>	189	5.8	n/a	0.1-17.8
Drozynsky (2002)	Poland	1996-2001	Hospital records <sup>1</sup>	30	5	7.5	3-17
Ma (1997)	Hong Kong	1985-1994	Hospital records <sup>1</sup>	73	4.3	n/a	0.4-14.2
Acute myeloid leukemias							
<b>(i) Acute myeloid leukemia (AML)</b>							
Choi (1976)	United States	1962-1973	Hospital records <sup>1</sup>	171	8	n/a	0-22
Klinowska (1992)	Poland	1955-1969	Hospital records <sup>1</sup>	106	n/a	n/a	n/a
Revesz (1985)	Hungary	1971-1982	Leukemia Working Party Hospital records <sup>6</sup>	123	n/a	n/a	n/a
<b>(ii) Acute promyelocytic leukemia (APML)</b>							
Chan (1981)	United States	1974-1980	Hospital records <sup>2</sup>	16	8.5	n/a	2-17
Da Costa Moraes (2008)	Brazil	2002-2006	Hospital records <sup>1</sup>	15	10	n/a	4-17
<b>(iii) Acute megakaryocytic leukemia (AMKL)</b>							

Paredes-Aguiler (2003)	Mexico	1990-2002	Hospital records <sup>1</sup>	29	6.5	n/a	0.3-16
<b>Chronic myeloid leukemias</b>							
<b>(i) Chronic myeloid leukemia (CML)</b>							
Castro-Malaspina (1983)	France	1963-1976	Hospital records <sup>1</sup>	39	n/a	n/a	2-16
Chang (2003)	Taiwan	1976-2001	Hospital records <sup>1</sup>	47	n/a	n/a	2.7-17
Liu (2010)	China	1994-2009	Hospital records <sup>1</sup>	12	6.4	n/a	1.2-11
Millot (2005)	France	1991-2003	(a) Clinical trial data (b) Hospital records <sup>4</sup>	40	12.5	n/a	1-18
<b>(ii) Juvenile myelomonocytic leukemia (JMML)</b>							
Arico (1993)	Italy	1983-1992	National Registry for JCML <sup>6</sup>	22	1.3	n/a	0-4
Arya (1995)	India	1980-1991	Hospital records <sup>1</sup>	10	n/a	1.7	0.3 - 4.5
Castro-Malaspina (1984)	France	1954-1977	Hospital records <sup>1</sup>	38	n/a	n/a	0.3-5.5
Chang (2004)	Taiwan	1978-2001	Hospital records <sup>1</sup>	16	n/a	2.5	0.7-4.0
Owen (1992)	United Kingdom	1971-1986	(a) Childhood Cancer Research Group records (b) Hospital records <sup>6</sup>	33	2.2	n/a	0.3-8.8

<sup>1</sup> One hospital, <sup>2</sup> two hospitals, <sup>3</sup> three hospitals, <sup>4</sup> sixteen hospitals, <sup>5</sup> regionwide, <sup>6</sup> nationwide

### **Risk of bias of included studies**

All included studies defined cases using bone marrow criteria, and clearly documented participants' baseline characteristics such as age and sex, which were consistent with the known epidemiology of paediatric leukaemias (webappendix: eTable1). Only 13 studies (39%) included all consecutive cases within the study period, with a further 3 studies (9%) describing why a proportion of potentially eligible cases were excluded. In the remaining 17 studies (4%), the proportion of consecutive cases included was unclear.

One weakness of the included studies was lack of clarity about how the list of clinical features of leukaemia was generated, and at which point in the diagnostic pathway clinical features were recorded. Fifteen studies explicitly stated that they reported signs and symptoms occurring "at diagnosis", while two studies also reported symptoms from the point of symptom onset through to diagnosis. The remaining 16 studies were unclear as to whether the symptoms reported occurred at, and/or prior to diagnosis.

### **Pooled frequencies of symptoms and signs from meta-analysis**

The number of different signs and symptoms reported in individual studies ranged from six to 23 (median = 11). Overall, 95 separate signs and symptoms were reported. We were able to aggregate 15 features into six over-arching categories. These were: petechiae/purpura (category derived from "petechiae", "purpura" and "petechiae/purpura"), mucosal bleeding (including "mucosal bleeding" and "bleeding gums"), anorexia/weight loss (including "anorexia", "weight loss" and "anorexia/weight loss"),



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3 weakness/fatigue (including “weakness”, “fatigue”, “weakness/fatigue”), malaise/fatigue (including  
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5 “malaise” and “malaise/fatigue”), and infections (including “infection” and “recurrent infections”).  
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10 55 out of a possible 86 meta-analyses were conducted. For the remaining 31 features, meta-analysis was  
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12 not required since the features were each present on only one study. The high heterogeneity ( $I^2$ ) statistics  
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14 in the meta-analyses, (usually >90%), indicated that the degree of heterogeneity between studies was  
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16 greater than expected by chance alone, confirmed the appropriateness of random effects meta-analysis to  
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18 generate pooled proportions (Figure 2).  
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24 The 36 features which were present in  $\geq 10\%$  of children are shown in Figure 2. We grouped these  
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26 features into seven distinct clinical categories according to main underlying pathological process or  
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28 body system affected: infiltrative, haemorrhagic, infective, systemic, musculoskeletal, gastro-intestinal  
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30 and cutaneous. The most common infiltrative symptoms were hepatomegaly (64%) and splenomegaly  
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32 (61%). Bruising, the most common haemorrhagic symptom, occurred in 52% of children. Fever (53%)  
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34 was the most common infective symptom, and the most prominent musculoskeletal features were limb  
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36 pain (43%) and bone pain (26%). Systemic features such as pallor (54%), and fatigue (46%) were also  
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38 common. Finally, the most common gastrointestinal feature, anorexia/weight loss (29%) was present in  
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40 almost a third of children. Those features reported in a third or more of children are *summarised* in  
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42 Table 2, while those reported in < 10% of children are included in webappendix: eTable2.  
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50 There were no data on the frequencies of combinations of symptoms, nor any data from control children.  
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52 Nor was it possible to extract data on the timing of specific features, such as which presented first and  
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54 last.  
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**Table 2: Sign and symptoms present in more than one third of children with leukaemia**

Presenting feature	Frequency (% , pooled proportion)
Hepatomegaly	64
Splenomegaly	61
Pallor	54
Fever	53
Bruising	52
Infections	49
Fatigue	46
Limb pain	43
Hepatosplenomegaly	42
Bruising/petechiae	42
Lymphadenopathy	41
Bleeding tendency	38
Rash	35

### Subgroup analyses

There were 14 specific features for which it was possible to calculate presenting frequencies across the subgroups 'acute' and 'chronic' leukaemia. (Figure 3). Certain features of acute illness, such as fever, were more common in acute leukaemia (62%, CI 51-73) than chronic leukaemia (31%, CI 13-49), whereas certain more progressive, infiltrative features, such as splenomegaly, were more prominent in chronic leukaemia (77%, CI 62-92) than acute (56%, CI 40-73)). Studies from high income settings also showed a greater prevalence of splenomegaly (76%, CI 67-85) compared with that in moderate/low

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3 income settings (51%, CI 36-64). Conversely, other clinical features, such as fever, pallor, and  
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6 anorexia/weight loss, were more common in low/moderate income settings (70%, CI 62-77, 73%, 15-52,  
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8 43%, CI 14-73, respectively) than in high income settings (37%, CI 26-47, 34%, CI 15-52, 22%, CI 15-  
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10 28) respectively). All three of the planned subgroup analyses (i.e. by leukaemia type, publication date,  
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12 and income status of country) exhibited high heterogeneity, and most  $I^2$  statistics were  $>90\%$   
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14 (webappendix: eTable3). We cannot exclude the difference in prevalence being due to confounding  
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16 factors other than the subgroup criteria we selected.  
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## DISCUSSION

### Principal findings

We identified over 90 different presenting clinical signs and symptoms in children diagnosed with leukaemia. At time of diagnosis, over 50% of children with leukaemia have palpable livers, palpable spleens, pallor, fever or bruising, concurring with those features identified in current NICE guidance as potential alert symptoms for leukaemia.<sup>5</sup> Our study also highlights several important potential omissions in NICE guidance. Abdominal symptoms, such as anorexia/weight loss (prevalence 29%), abdominal pain (12%) and abdominal distension (11%), do not feature in the NICE referral pathway for leukaemia. Nor do some of the haemorrhagic manifestations of leukaemia, such as mucosal bleeding, particularly from gums (25%). Instead, the guidance highlights only bruising and petechiae. Our results suggest this might be better replaced by 'unusual bleeding' phenomena to include all bleeding manifestations. Finally, although persistent/unexplained bone pain is highlighted in NICE guidance, other musculoskeletal manifestations of leukaemia, such as limp (11%), joint pain (15%) and functional impairment (23%), are unrepresented.

### Strengths and weakness

This is the first systematic review to describe how leukaemia presents in childhood. It collates data from over 3,000 children in 33 studies from 21 different countries. Our review adhered to rigorous methods, including a systematic search strategy, unrestricted by date or language, and explicit inclusion criteria.<sup>45</sup>

The findings therefore present the most comprehensive and internationally relevant data on presenting features available for clinicians worldwide.

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3 The main limitations of the study reflect deficits in the design and reporting of the included studies.  
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5 Although studies primarily collected contemporaneous data from medical case notes, all were conducted  
6  
7 retrospectively. Given that included studies provided data on cases only, and not on controls, we were  
8  
9 unable to determine diagnostic accuracy of clinical features.. The high heterogeneity between included  
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11 studies, which was not accounted for by our a priori sub-group analyses, is unsurprising, given the lack of  
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13 detail in most studies about how the list of presenting features was derived. Without this, it is difficult to  
14  
15 account for variations between studies in either the number of included features reported (which ranged  
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17 from six to 23), or their frequencies. Additionally, the meta-analysis is complicated by inconsistent, vague  
18  
19 or ambiguous language used in individual studies to describe signs and symptoms (such as ‘bleeding  
20  
21 tendency’). Conversely, some of the terms used clearly overlap to some degree (such as “bruising”,  
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23 “bruising/petechiae”, “cutaneous bleeding”, “cutaneous/mucosal bleeding”, “petechiae/purpura”, all of  
24  
25 which may or may not be identical to “bleeding tendency” in leukaemia), , which contributed to the  
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27 analyses of an unwieldy 97 different presenting features.  
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### 36 **Comparison with existing literature**

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38 Systematic reviews of the presentation of other main childhood cancers (such as central nervous system  
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40 tumours) have also highlighted gaps in current protocols and guidelines which need to be addressed in  
41  
42 updated guidelines.<sup>47</sup> Qualitative studies indicate that even those symptom lists identified from systematic  
43  
44 reviews may be incomplete, since they may fail to capture the full range of parent-reported symptoms, in  
45  
46 which behavioural and affective changes in children feature prominently.<sup>48</sup>  
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### 53 **Implications for practice**

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3 Some of the most commonly presenting features we identified, such as fever, pallor and fatigue, also  
4 feature prominently in the presentation of many common, self-limiting diseases of childhood, and are  
5 therefore unlikely to assist frontline clinicians in discriminating between those children who do or do not  
6 have leukaemia. Others – hepatomegaly, splenomegaly, lymphadenopathy and petechiae, for example –  
7 are more specific for leukaemia, and hence of greater value as potential red flags. Our findings emphasise  
8 the importance, in any child with unexplained illness, of a focused clinical examination which should  
9 include abdominal palpation, examining for lymphadenopathy, and careful scrutiny of the skin.  
10 Abdominal palpation can be particularly challenging in children under five years, the peak presenting age  
11 group for paediatric leukaemia, but a palpable liver or spleen is an important red flag which should prompt  
12 urgent referral for further investigation.  
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29 The lack of evidence on combinations of clinical signs and symptoms is disappointing, as research in other  
30 domains, such as serious infections in children, has shown that combining relatively non-specific features  
31 may result in useful prediction rules.<sup>49</sup> We suggest that any child presenting with unusual symptom  
32 clusters, for example, bruising and fever or limb pain and pallor, should warrant an active search for other  
33 corroborative clinical features and consideration of a full blood count and blood film.  
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#### 44 **Implications for future research**

45 Our study highlights three key limitations in the current evidence base for how paediatric leukaemia  
46 presents, which are priorities for future research in this area. First, we have no data on the frequency and  
47 time of onset of symptoms from the point of onset of the first symptoms at home, through to final  
48 diagnosis. Second, we do not know how frequently different symptom clusters occur, and whether  
49 different clusters occur at different time points in the illness trajectory prior to diagnosis. Third, we cannot  
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3 estimate the diagnostic accuracy of individual or combinations of clinical features, as none of the included  
4 studies included data on control children. Large scale cohort studies using electronic routine data from  
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6 primary care and hospital settings would address these gaps, though such studies are likely to be biased  
7  
8 towards signs and symptoms already known to have a relation with leukaemia. An alternative and  
9  
10 complementary approach could use qualitative methods to explore patients', parents' and clinicians'  
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12 accounts of the diagnostic process, generating a richer understanding of the potential determinants of  
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27 We gratefully acknowledge the work of Nia Roberts in conducting the literature searches for this review.  
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## 32 33 **Contributors** 34

35  
36 RC and MT conceived and designed the study. RC collected the data, which RC and MT analysed. RC  
37  
38 wrote the first draft of the manuscript, and all authors contributed to subsequent drafts. RC is the  
39  
40 guarantor.  
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52 and not necessarily those of the NHS, the National Institute for Health Research or the Department of  
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**Competing interests**

None.

Confidential: For Review Only



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Figure 1: Flow chart for selection of studies

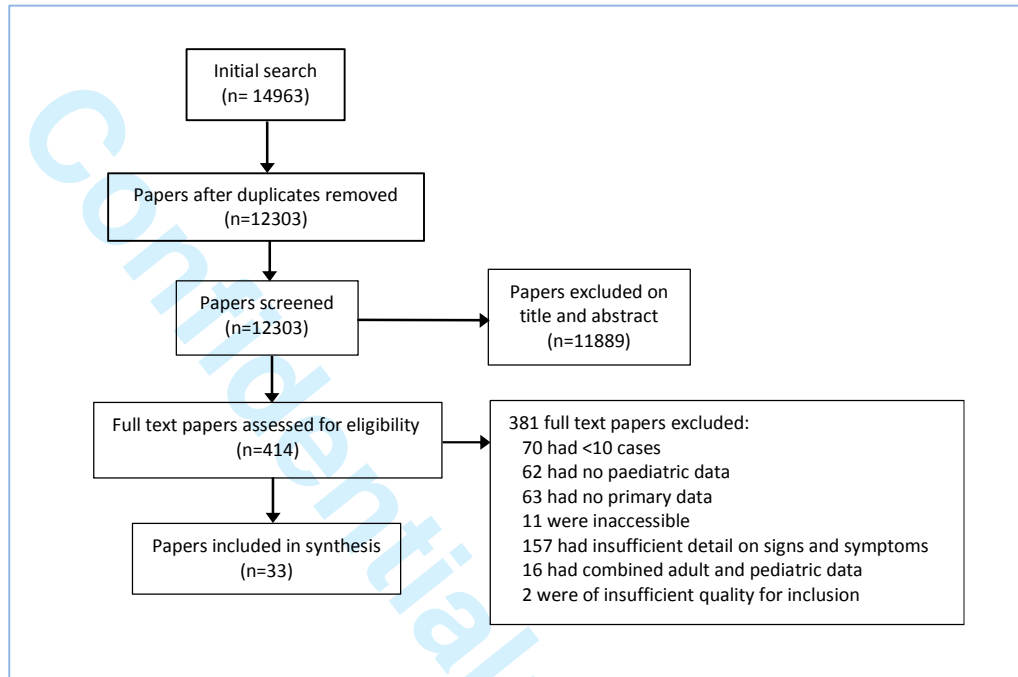
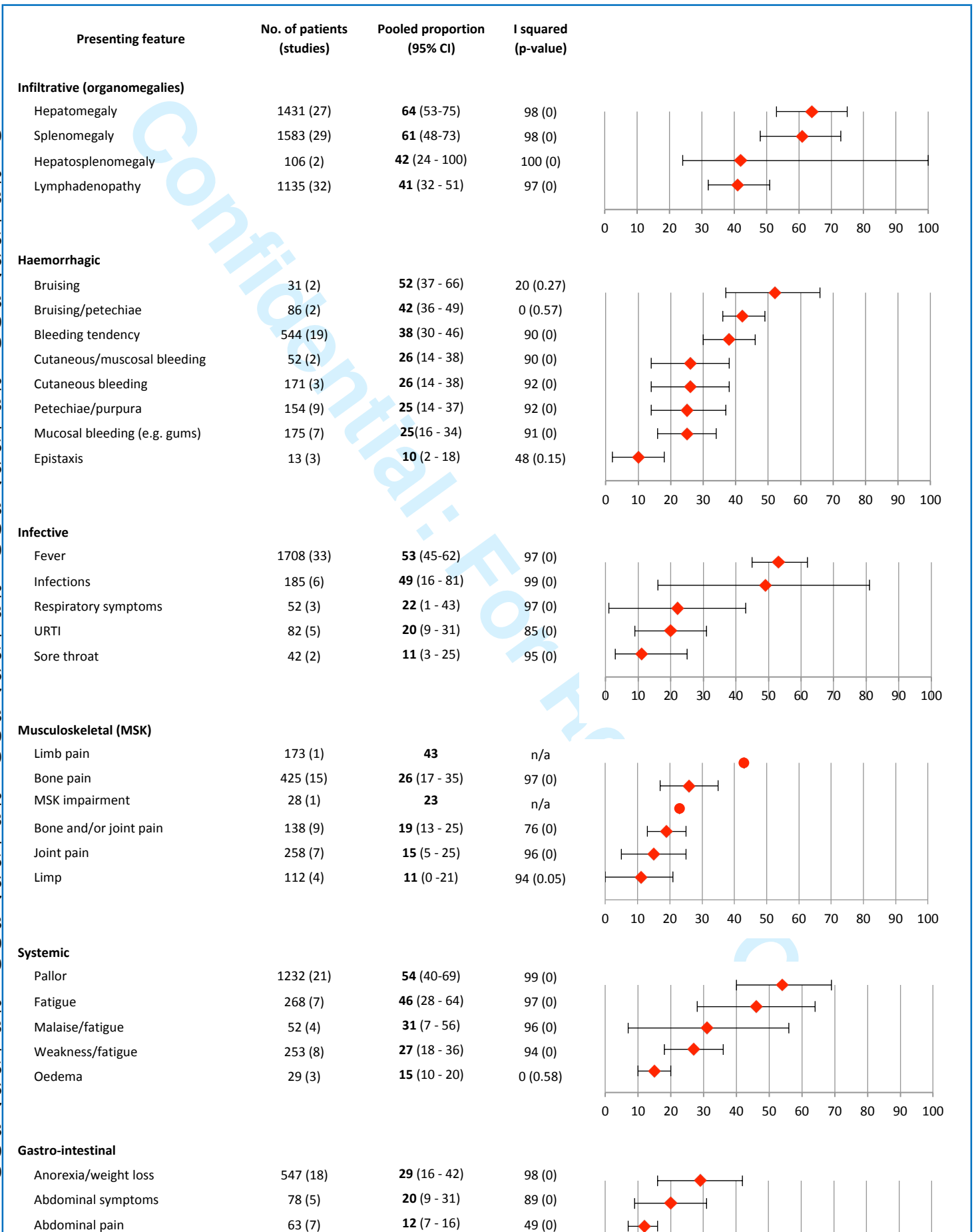
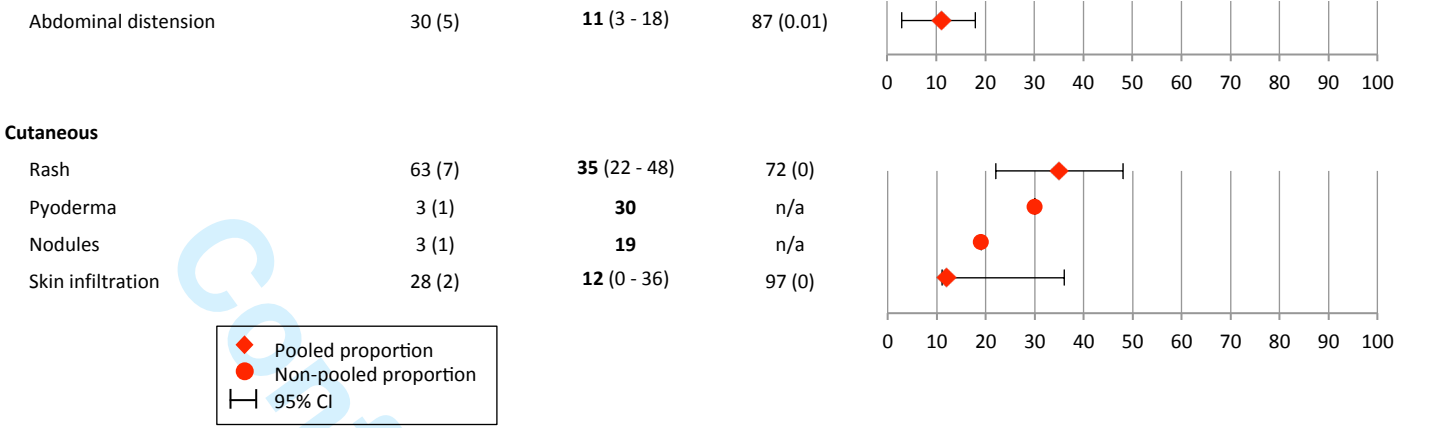


Fig 2: Frequency of signs and symptoms present in  $\geq 10\%$  in children with leukaemia

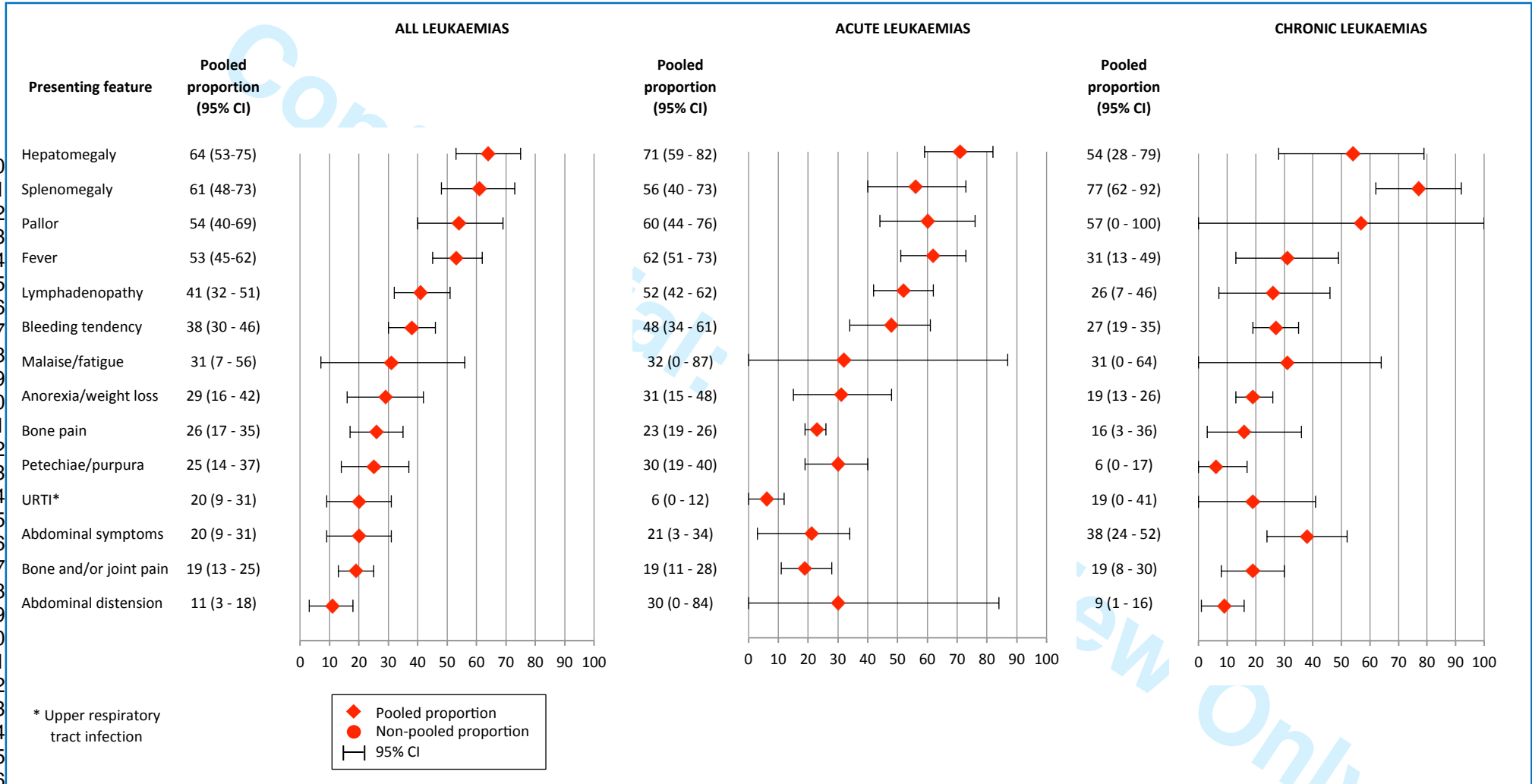


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Figure 3: Frequency of signs and symptoms in children according to leukaemia type



## Supplement

### Presentation of childhood leukemia: systematic review and meta-analysis

Rachel T Clarke<sup>1</sup>, Chris Mitchell<sup>2</sup>, Bob Phillips<sup>3</sup>, Ann Van den Bruel<sup>1</sup>, Clare Bankhead<sup>1</sup>, Matthew J Thompson<sup>1</sup>

#### eSearch: Electronic database search strategy

##### A. Medline search strategy for leukaemia (last conducted Dec 2014)

1. leukemia/ or exp leukemia, lymphoid/ or exp leukemia, myeloid/
2. (leukemia\* or leukaemia\*).tw.
3. 1 or 2
4. (sign or signs or symptom\*).tw.
5. ((clinical or biological or physical) adj5 (feature\* or present\* or characteristic\* or manifestation\*)).tw.
6. (present\* adj5 (feature\* or characteristic\*)).tw.
7. present\*.ti.
8. 4 or 5 or 6 or 7
9. 3 and 8
10. (child\* or infan\* or toddler\* or adolescent\* or teenage\* or pediatric\* or paediatric\*).tw.
11. adolescent/ or exp child/ or exp infant/
12. 11 or 10
13. 9 and 12

##### B. Medline search strategy for cancer (last conducted Dec 2014):

1. (cancer\* or neoplasm\* or tumor\* or tumour\* or malignan\*).ti.
2. (child\* or adolescen\* or teenage\* or infan\* or toddler\* or pediatric\* or paediatric\*).ti.
3. 1 and 2
4. (sign or signs or symptom\*).tw.
5. ((clinical or biological or physical) adj5 (feature\* or present\* or characteristic\* or manifestation\*)).tw.
6. (present\* adj5 (feature\* or characteristic\*)).tw.
7. present\*.ti.
8. 4 or 5 or 6 or 7
9. 8 and 3

##### C. Embase search strategy for leukaemia (last conducted Dec 2014)

1. exp Leukemia/

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2. (leukemia\* or leukaemia\*).tw.
  3. 1 or 2
  4. (sign or signs or symptom\*).tw.
  5. ((clinical or biological or physical) adj5 (feature\* or present\* or characteristic\* or manifestation\*)).tw.
  6. (present\* adj5 (feature\* or characteristic\*)).tw.
  7. clinical feature/ or symptom/
  8. present\*.ti.
  9. 4 or 5 or 6 or 7 or 8
  10. (child\* or infan\* or toddler\* or adolescen\* or teenage\* or pediatric\* or paediatric\*).tw.
  11. groups by age/ or adolescent/ or child/ or preschool child/ or school child/ or infant/
  12. 11 or 10
  13. 9 and 12 and 3

#### **D. Embase search strategy for cancer (last conducted Dec 2014)**

1. exp Cancer/
2. cancer\*.tw.
3. 1 or 2
4. (sign or signs or symptom\*).tw.
5. ((clinical or biological or physical) adj5 (feature\* or present\* or characteristic\* or manifestation\*)).tw.
6. (present\* adj5 (feature\* or characteristic\*)).tw.
7. clinical feature/ or symptom/
8. present\*.ti.
9. 4 or 5 or 6 or 7 or 8
10. (child\* or infan\* or toddler\* or adolescen\* or teenage\* or pediatric\* or paediatric\*).tw.
11. groups by age/ or adolescent/ or child/ or preschool child/ or school child/ or infant/
12. 11 or 10
13. 9 and 12 and 3

eTable 1: Quality assessment of studies meeting eligibility criteria for potential inclusion

STUDY	1. CASE DEFINITION		2. CASE SELECTION				3. DATA SELECTION			INCLUDE PAPER?
	Adequate defn? (=bone marrow criteria)	Overall acceptable /not	Clear baseline characteristics? (eg. participants' age and sex)	Representative cohort?	Adequate ascertainment? (eg. consecutive cases?)	Overall acceptable/not	Standardised collection? (=use of proforma)	Objective measurement? (eg. ultrasound findings)	Overall acceptable/not	
Ali Al-Barazanchi (2005)	Y	Y	Y	Unclear	Unclear	N	Unclear	Unclear	N	N
Arico (1993)	Y	Y	Y	Y	Unclear	Y	Unclear	Unclear	N	Y
Arya (1995)	Y	Y	Y	Y	Y	Y	Unclear	Y	Y	Y
Atay (2005)	Y	Y	Y	Y	Unclear	Y	Unclear	Unclear	N	Y
Bernbeck (2009)	Y	Y	Y	Y	Y	Y	Unclear	Y	Y	Y
Biswas (2009)	Y	Y	Y	Y	Unclear	Y	Unclear	Y	Y	Y
Castro-Malaspina (1983)	Y	Y	Y	Y	Y	Y	Unclear	Y	Y	Y
Castro-Malaspina (1984)	Y	Y	Y	Y	Y	Y	Unclear	Y	Y	Y
Chan (1981)	Y	Y	Y	Y	Unclear	Y	Unclear	Unclear	Y	Y
Chang (2003)	Y	Y	Y	Y	Unclear	Y	Unclear	Unclear	Y	Y
Chang (2004)	Y	Y	Y	Y	Unclear	Y	Unclear	Y	Y	Y
Choi (1976)	Y	Y	Y	Y	Y	Y	Unclear	Y	Y	Y
Da Costa Moraes (2008)	Y	Y	Y	Y	Y	Y	Unclear	Unclear	N	Y
Das (1973)	Y	Y	Y	Y	Unclear	Y	Unclear	Unclear	N	Y
Drozynska (2002)	Y	Y	Y	Y	Unclear	Y	Unclear	Y	Y	Y
Garcia Calatayud (2003)	Y	Y	Y	Y	Unclear	Y	Unclear	Unclear	N	Y
Grimes (2007)	N	N	Y	Y	Y	Y	Unclear	Unclear	N	N

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4	Hasanbegovic (2006)	Y	Y	Y	Y	Unclear	Y	Unclear	Unclear	N	Y
5	Hassan (1992)	Y	Y	Y	Y	Y	Y	Y	Unclear	Y	Y
6	Karimi (2008)	Y	Y	Y	Y	Unclear	Y	Y	Y	Y	Y
7	Klinowska (1992)	Y	Y	Y	Y	Unclear	Y	Unclear	Unclear	N	Y
8	La Grutta (1980)	Y	Y	Y	Y	Unclear	Y	Y	Y	Y	Y
9	Liu (2010)	Y	Y	Y	Y	Unclear	Y	Unclear	Y	Y	Y
10	Ma (1997)	Y	Y	Y	Y	Y	Y	Unclear	Unclear	N	Y
11	Meighan (1963)	Y	Y	Y	Y	Y	Y	Unclear	Y	Y	Y
12	Meighan (1964)	Y	Y	Y	Y	Y	Y	Unclear	Unclear	N	Y
13	Millot (2005)	Y	Y	Y	Y	Y	Y	Unclear	Y	Y	Y
14	Owen (1992)	Y	Y	Y	Y	Y	Y	Unclear	Y	Y	Y
15	Paredes-Aguilera (2003)	Y	Y	Y	Y	Y	Y	Unclear	Unclear	N	Y
16	Rajarajeswari (1980)	Y	Y	Y	Y	Unclear	Y	Unclear	Unclear	N	Y
17	Revesz (1985)	Y	Y	Y	Y	Y	Y	Unclear	Unclear	N	Y
18	Robazzi (2007)	Y	Y	Y	Y	Unclear	Y	Unclear	Unclear	N	Y
19	Sinigaglia (2008)	Y	Y	Y	Y	Y	Y	Unclear	Unclear	Y	Y
20	Thulesius (2000)	Y	Y	Y	Y	Y	Y	Unclear	Unclear	N	Y
21	Zahid (1996)	Y	Y	Y	Y	Unclear	Y	Y	Unclear	Y	Y
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eTable 2: Signs and symptoms in children with leukemia with &lt;10% prevalence

Feature	Pooled proportion (%)	(95% CI)	No. of participants	No. of studies
Zanthomata	9	(3 - 20)	9	3
Papilloedema	8	n/a	3	1
Melaena	7	n/a	5	1
Nausea/vomiting	7	(0 - 17)	7	2
Asymptomatic	6	(3 - 10)	24	6
Convulsions	6	n/a	6	1
Cough	6	(0 - 14)	8	3
Heart failure	6	(3 - 11)	3	2
Jaundice	6	(0 - 14)	9	2
CNS* symptoms	5	(2 - 8)	36	4
Headache	5	(3 - 7)	27	7
Menorrhagia	5	n/a	9	1
Night sweats	5	n/a	9	1
Chest pain	5	(2 - 8)	11	2
Gum hypertrophy	5	(1 - 10)	23	3
Neck swelling	5	(0 - 11)	15	3
Collapsed vertebra	4	n/a	1	1
Mediastinal mass	4	(2 - 5)	21	4
Sternal tenderness	4	n/a	3	1
SVCO**	4	n/a	10	1
Café au lait spots	4	(3-12)	3	2
Diarrhoea	4	(0 - 8)	10	3
Back pain	3	n/a	1	1
Erythema nodosum	3	n/a	1	1
Paraplegia	3	n/a	2	1
Priapism	3	(0 - 5)	4	4
Visual disturbance	3	n/a	1	1
Dizziness	3	(1 - 4)	12	2
Haematuria	3	(0 - 6)	6	2
Amenorrhoea	2	n/a	1	1
Ascites	2	(0 - 4)	7	4
Fracture	2	n/a	1	1
Hilar lymphadenopathy	2	n/a	8	1

1	Mass	2	n/a	1	1
2	Hearing disturbance	2	(1 - 5)	2	2
3	Meningism	2	(0 - 5)	11	3
4	Pleural effusion	2	(0 - 4)	3	2
5	Proptosis	2	(1 - 4)	11	3
6	Bladder dysfunction	1	n/a	1	1
7	Forearm masses	1	n/a	1	1
8	Haematemesis	1	n/a	1	1
9	Ovarian mass	1	n/a	2	1
10	CN*** palsy	1	(0 - 30)	4	2
11	Mandibular swelling	1	(0 - 3)	6	3
12	Testicular manifestations	1	(1 - 2)	3	2
13	Osteomyelitis	0	n/a	1	1
14	Pericardial effusion	0	n/a	1	1
15	Pericarditis	0	n/a	1	1
16	Refusal to walk	0	n/a	2	1
17	Renal involvement	0	n/a	1	1

\*Central nervous system

\*\* Superior vena cava  
obstruction

\*\*\* Cranial nerve



eTable 3: Subgroup analyses in children with leukemia by leukemia type, income status, and year of study

Presenting feature	OVERALL		SUBGROUP ONE: INCOME				SUBGROUP TWO: AGE				SUBGROUP THREE: LEUKEMIA TYPE			
	Pooled proportion (95% CI)	I2 (p-value)	1. High income		2. Middle/low income		1. 1990 - current		2. > 1990		1. Acute		2. Chronic	
			Pooled proportion (95% CI)	I2 (p-value)	Pooled proportion (95% CI)	I2 (p-value)	Pooled proportion (95% CI)	I2 (p-value)	Pooled proportion (95% CI)	I2 (p-value)	Pooled proportion (95% CI)	I2 (p-value)	Pooled proportion (95% CI)	I2 (p-value)
<b>Infiltrative (organomegalies)</b>														
Hepatomegaly	64 (53-75)	98 (0)	63 (49 - 77)	96 (0)	65 (49 - 81)	98 (0)	64 (50 - 77)	97 (0)	65 (50 - 79)	97 (0)	71 (59 - 82)	95 (0)	54 (28 - 79)	95 (0)
Splenomegaly	61 (48-73)	98 (0)	76 (67 - 85)	93 (0)	51 (36 - 64)	98 (0)	60 (43 - 77)	98 (0)	62 (42 - 83)	99 (0)	56 (40 - 73)	98 (0)	77 (62 - 92)	86 (0)
Hepatosplenomegaly	42 (24 - 100)	100 (0)	42 (0 - 100)	100 (0)	n/a	n/a	n/a	n/a	n/a	n/a	42 (0 - 100)	100 (0)	n/a	n/a
Lymphadenopathy	41 (32 - 51)	97 (0)	36 (22 - 50)	98 (0)	47 (37 - 58)	93 (0)	45 (33 - 57)	96 (0)	35 (20 - 50)	98 (0)	52 (42 - 62)	92 (0)	26 (7 - 46)	93 (0)
<b>Haemorrhagic</b>														
Bruising	52 (37 - 66)	20 (0.27)	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	52 (37 - 66)	20 (0.27)	n/a	n/a
Bruising/petechiae	42 (36 - 49)	0 (0.57)	n/a	n/a	42 (36 - 49)	0 (0.57)	n/a	n/a	n/a	n/a	42 (36 - 49)	0 (0.57)	n/a	n/a
Bleeding tendency	38 (30 - 46)	90 (0)	33 (23 - 43)	85 (0)	42 (29 - 56)	93 (0)	33 (25 - 40)	79 (0)	47 (38 - 56)	81 (0)	48 (34 - 61)	88 (0)	27 (19 - 35)	37 (0.16)
Cutaneous/mucosal bleeding			n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Cutaneous bleeding	26 (14 - 38)	92 (0)	26 (14 - 38)	92 (0)	n/a	n/a	n/a	n/a	28 (8 - 48)	96 (0)	26 (14 - 38)	92 (0)	n/a	n/a
Petechiae/purpura	25 (14 - 37)	92 (0)	25 (3 - 47)	96 (0)	25 (13 - 38)	83 (0)	23 (10 - 35)	91 (0)	34 (13 - 55)	91 (0)	30 (19 - 40)	85 (0)	6 (0 - 17)	39 (0.2)
Mucosal bleeding (e.g. gums)	25 (16 - 34)	91 (0)	15 (9 - 21)	75 (0.01)	38 (19 - 57)	89 (0)	34 (16 - 53)	91 (0)	n/a	n/a	25 (6 - 34)	91 (0)	n/a	n/a
Epistaxis	10 (2 - 18)	48 (0.15)	n/a	n/a	10 (2 - 18)	48 (0.15)	10 (2 - 18)	48 (0.15)	n/a	n/a	11 (0 - 23)	74 (0.05)	n/a	n/a
<b>Infective</b>														
Fever	53 (45-62)	97 (0)	37 (26 - 47)	95 (0.04)	70 (62 - 77)	90 (0)	37 (26 - 48)	95 (0)	70 (62 - 77)	90 (0)	62 (51 - 73)	95 (0)	31 (13 - 49)	91 (0)
Recurrent infections	49 (16 - 81)	99 (0)	48 (12 - 85)	99 (0)	n/a	n/a	61 (55 - 68)	96 (0)	30 (0 - 84)	98 (0)	49 (16 - 81)	99 (0)	n/a	n/a
Respiratory symptoms	22 (1 - 43)	97 (0)	22 (1 - 43)	97 (0)	n/a	n/a	24 (0 - 72)	95 (0)	n/a	n/a	22 (1 - 43)	97 (0)	n/a	n/a
URTI	20 (9 - 31)	85 (0)	36 (23 - 49)	13 (0.28)	12 (1 - 23)	86 (0)	20 (9 - 31)	85 (0)	n/a	n/a	6 (0 - 12)	n/a	19 (0 - 41)	74 (0.05)
Sore throat	11 (3 - 25)	95 (0)	11 (0 - 25)	95 (0)	n/a	n/a	n/a	n/a	11 (0 - 25)	95 (0)	11 (0 - 25)	95 (0)	n/a	n/a

1															
2															
3	<b>Musculoskeletal (MSK)</b>														
4	Limb pain	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
5	Bone pain	26 (17 - 35)	97 (0)	10 (5 - 15)	78 (0)	33 (20 - 46)	97 (0)	32 (18 - 45)	97 (0)	15 (7 - 22)	89 (0)	23 (19 - 26)	12 (0.34)	16 (3 - 36)	79 (0.03)
6	MSK impairment	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
7	Bone and/or joint pain	19 (13 - 25)	76 (0)	17 (9 - 26)	83 (0)	20 (14 - 25)	0 (0.43)	22 (12 - 31)	76 (0)	15 (8 - 22)	71 (0.02)	19 (11 - 28)	86 (0)	19 (8 - 30)	55 (0.11)
8	Joint pain	15 (5 - 25)	96 (0)	19 (11 - 27)	57 (0.1)	13 (0 - 28)	98 (0)	15 (1 - 29)	97 (0)	14 (0 - 34)	97 (0)	21 (0 - 49)	98 (0)	n/a	n/a
9	Limp	11 (0 - 21)	94 (0.05)	6 (0 - 12)	72 (0.03)	n/a	n/a	11 (0 - 21)	94 (0)	n/a	n/a	n/a	n/a	n/a	n/a
10															
11															
12	<b>Systemic</b>														
13	Pallor	54 (40-69)	99 (0)	34 (15 - 52)	98 (0)	73 (61 - 85)	96 (0)	63 (50 - 75)	96 (0)	42 (19 - 64)	99 (0)	60 (44 - 76)	97 (0)	57 (0 - 100)	99 (0)
14	Fatigue	46 (28 - 64)	97 (0)	39 (8 - 71)	98 (0)	47 (0 - 94)	98 (0)	43 (23 - 63)	97 (0)	n/a	n/a	42 (18 - 66)	98 (0)	n/a	n/a
15	Malaise/fatigue	31 (7 - 56)	97 (0)	41 (11 - 70)	93 (0)	n/a	n/a	n/a	n/a	37 (0 - 77)	97 (0)	32 (0 - 87)	98 (0)	31 (0 - 64)	92 (0)
16	Weakness/fatigue	27 (18 - 36)	94 (0)	26 (18 - 34)	84 (0)	29 (9 - 50)	97 (0)	42 (20 - 63)	95 (0)	15 (7 - 23)	87 (0)	25 (16 - 33)	n/a	n/a	n/a
17	Oedema	15 (10 - 20)	0 (0.58)	n/a	n/a	15 (10 - 21)	0 (0.51)	20 (0 - 45)	17 (0.27)	15 (10 - 22)	0	14 (7 - 20)	0 (0.6)	n/a	n/a
18															
19															
20	<b>Gastro-intestinal</b>														
21	Anorexia/weight loss	29 (16 - 42)	97 (0)	22 (15 - 28)	77 (0)	43 (14 - 73)	98	24 (15 - 33)	90 (0)	38 (4 - 73)	99 (0)	31 (15 - 48)	98	19 (13 - 26)	0 (0.65)
22	Abdominal symptoms	20 (9 - 31)	89 (0)	20 (9 - 31)	89 (0)	n/a	n/a	38 (24 - 52)	83 (0)	14 (5 - 23)	89 (0)	21 (3 - 34)	82	38 (24 - 52)	0 (0.81)
23	Abdominal pain	12 (7 - 16)	49 (0)	15 (7 - 24)	64 (0.02)	10 (6 - 15)	0	15 (10 - 21)	14 (0.33)	8 (5 - 11)	12 (0.29)	11 (7 - 15)	0	n/a	n/a
24	Abdominal distension	11 (3 - 18)	87 (0.1)	8 (0 - 16)	89 (0)	12 (3 - 21)	87	8 (1 - 15)	82 (0)	n/a	n/a	30 (0 - 84)	92	9 (1 - 16)	0 (0.43)
25															
26															
27	<b>Cutaneous</b>														
28	Rash	35 (22 - 48)	72	33 (16 - 49)	77 (0)	43 (25 - 62)	29	41 (27 - 56)	62 (0.03)	20 (9 - 31)	0 (0.6)	31 (19 - 43)	60	n/a	n/a
29	Pyoderma	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
30	Nodules	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
31	Skin infiltration	12 (11 - 36)	97	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	12 (0 - 36)	97	n/a	n/a
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