

1 **Title**

2 Dupuytren's Disease Infiltrating a Full Thickness Skin Graft

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4

5 **Abstract**

6 Although the role of the skin in the development and propagation of Dupuytren's disease remains  
7 unclear, dermofasciectomy and full thickness skin grafting (FTSG) appears to delay recurrence. In  
8 2011, a 71-year-old left-handed retired man presented with recurrent Dupuytren's disease in his  
9 dominant hand. He originally underwent a primary dermofasciectomy and FTSG in 1991 for  
10 Dupuytren's disease involving the palmar skin. Twenty years later, the left middle finger was drawn  
11 into flexion by a recurrent cord, and the old graft and adjacent palmar skin were clinically involved  
12 by fibromatosis. We performed a revision dermofasciectomy and FTSG. Microscopic analysis of  
13 the excised graft demonstrated dense infiltration of the entire skin graft by Dupuytren's disease,  
14 with areas of active and burnt-out fibromatosis distinct from hypertrophic scarring. This report of  
15 Dupuytren's fibromatosis infiltrating a skin graft raises the questions about the pathophysiology of  
16 Dupuytren's disease.

17

18 **Introduction**

19

20 Dupuytren's disease is thought to begin within the palmar aponeurosis, progressing axially along  
21 fascial bands to infiltrate deeper structures and the overlying skin. Dermal fibromatosis has been  
22 demonstrated within the palmar skin of patients with both primary and recurrent Dupuytren's  
23 disease<sup>1-3</sup>. Also, dermofasciectomy with full thickness skin graft (FTSG) reconstruction appears to  
24 alter the course of recurrence<sup>2,4</sup>. However, the role of the skin in the propagation and recurrence of  
25 Dupuytren's disease remains a matter of debate.

26

27 We describe a case of Dupuytren's disease infiltrating a skin graft and discuss its significance in  
28 our understanding of the behaviour of this common condition.

29

30 **Case Report**

31 In January 1991, a 71 year old retired left-handed male underwent primary dermofasciectomy of  
32 the left palm and middle finger for a metacarpophalangeal joint (MCPJ) contracture of 30° with  
33 clinically tethered and deficient overlying skin, attributed to Dupuytren's disease. At the time, the  
34 skin from the distal palmar crease to the proximal interphalangeal joint (PIPJ) crease was excised  
35 along the midlateral line and the defect reconstructed with a FTSG harvested from the ipsilateral  
36 medial forearm. Post-operatively, approximately 20% of the graft failed at its proximal margin and  
37 this was allowed to heal by secondary intention, resulting in a tethered scar. This symptomatic scar  
38 was excised in 1992 and the defect healed by secondary intention. Twenty years later, the patient  
39 presented with a recurrent contracture of the left middle finger and a new contracture in the  
40 ipsilateral thumb (Figure 1). Both his family history and medical history was unremarkable. He had  
41 never smoked and consumed minimal alcohol. He took no regular medication.

42

43

44 On examination, there was a pretendinous cord originating in the palm along the 3<sup>rd</sup> ray and  
45 investing the PIPJ of the middle finger. The overlying skin graft and adjacent native palmar skin  
46 was tethered to the cord. The middle finger flexion contracture was 51° at the MCPJ and 62° at the  
47 PIPJ. The left thumb had a prominent Type 3 cord<sup>5</sup> resulting in an abduction deficit of 35°. There  
48 were no palpable nodules. The feet and genitals were normal.

49

50 In April 2011, a revision dermofasciectomy to the left palm and middle finger and fasciectomy to  
51 the ipsilateral thumb was performed under general anaesthesia. The dermofasciectomy involved  
52 excision of the graft as well as all the skin and subcutaneous tissue from the palmar crease to the  
53 distal interphalangeal joint (DIPJ) crease, along the midlateral lines. The specimen was sent for  
54 histological analysis. Despite releasing the accessory collateral ligaments and volar plate, there  
55 was a residual flexion deformity of 20° at the PIPJ. A FTSG was harvested from the ipsilateral  
56 medial forearm and inset with 5-0 Vicryl rapide® and a tie-over sponge dressing. Fasciectomy of  
57 the thumb was performed through a curvilinear incision in the web space which was closed  
58 directly. The hand was wrapped in soft dressing and elevated in a Bradford sling.

59

60 At 2 weeks, there was 100% graft take, the middle finger MCPJ straightened fully, while the PIPJ  
61 continued to demonstrate an extension deficit of 20°. For the first 4 weeks, he received  
62 physiotherapy without splinting and nurse-led wound care. He was discharged after 14 months of  
63 surgeon surveillance. His result at 3 years following the revision surgery is shown in Figure 1.

64

65 Histological assessment of the operative specimens showed that the FTSG was densely infiltrated  
66 by Dupuytren's fibromatosis in both the active (proliferative) and burnt-out (involutional) stages  
67 (Figure 2).

68

69 **Discussion**

70 This case shows evidence of Dupuytren's fibromatosis invading non-glabrous skin, which  
71 represents atypical disease behaviour and a potentially interesting avenue for future research.

72

73 In 1969, Hueston proposed that recurrent Dupuytren's disease should be managed by skin  
74 excision and replacement<sup>6</sup>. The benefit of skin excision was explained by Logan and colleagues  
75 when they showed Dupuytren's fibromatosis within the dermis and epidermis of patients with  
76 recurrent disease, resulting in their conclusion that the only way to adequately treat disease of this  
77 magnitude was by radical excision<sup>1,7</sup>. Recently, our group has also shown that Dupuytren's  
78 fibromatosis also exists in the skin of patients without clinically apparent skin involvement<sup>3</sup>.  
79 Consequently, it has become accepted that the skin plays a role in disease recurrence and  
80 extension<sup>1</sup>, although the underlying pathogenesis remains unclear. The outcomes of most case  
81 series have suggested that dermofasciectomy and FTSG reconstruction may delay the onset or  
82 reduce the risk of disease recurrence<sup>4-10</sup>; however, they are underpowered retrospective  
83 observational studies and subject to substantial risks of bias and confounding. Intuitively, excision  
84 of all diseased tissue should result in a longer disease free interval, whether dermofasciectomy  
85 confers any benefit remains uncertain. In our unit, we perform dermofasciectomy and FTSG  
86 reconstruction for any recurrent disease or primary disease which clinically involves the skin  
87 (defined by pitted deficient skin tethered to a nodule or cord).

88

89 The validity of the diagnosis of fibromatosis based on the sequence of events and microscopy  
90 alone could be questioned, because the differentiation hypertrophic scarring from Dupuytren's  
91 fibromatosis histologically is difficult. The biochemical and immunohistochemical markers of  
92 Dupuytren's disease are well described<sup>8</sup> but these are not in routine clinical use and were not used  
93 in this case given the archetypal microscopic appearances.

94

95 We believe that the burden of skin disease in Dupuytren's fibromatosis is greater than currently  
96 perceived and clarifying this could be helpful in better understanding the disease. Complete

97 excision through the removal of all diseased tissue, as well as a margin of healthy tissue, is the  
98 model applied to many surgically treated conditions including fibromatosis in other anatomical  
99 locations. However, the same notion has never been discussed with respect to Dupuytren's  
100 disease. Varian et al (1990) support the concept of complete excision because they described  
101 recurrent cords beneath a FTSG which they attribute to incomplete clearance<sup>9</sup>. Although it seems  
102 intuitive to speculate that radical excision may improve disease control<sup>1,2,4,6,7,9</sup>, we believe that  
103 further prospective clinical research is necessary to better understand this common condition.

104

105

106 **Figure Legends**

107

108 **Figure 1.** Top row: Preoperative photographs. Lower row: Three years post revision  
109 dermofasciectomy with a healed full thickness skin graft.

110

111 **Figure 2.** These are micrographs of the skin graft excised from the palm and stained with H&E.  
112 Upper row: low magnification showing fibromatosis in the dermis which is distorting the normal  
113 architecture of the skin, obliterating the rete ridges and displacing adnexal structures. Middle row:  
114 medium magnification showing a zone of active fibromatosis (arrowheads) in the reticular dermis.  
115 The adipocytes (arrows), which would have been on the underside of skin graft, are shown to be  
116 encased by the fibromatosis, displacing them into the dermis, away from the subcutis. Lower row:  
117 high power magnification showing densely proliferating myofibroblasts typical of Dupuytren's  
118 disease.

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