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Elgallal, M, Fletcher, LA and Evans, BE orcid.org/0000-0001-9815-3141 (2016)
Assessment of potential risks associated with chemicals in wastewater used for irrigation in arid and semiarid Zones: A review. *Agricultural Water Management*, 117. pp. 419-431. ISSN 0378-3774

<https://doi.org/10.1016/j.agwat.2016.08.027>

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1 **Assessment of potential risks associated with** 2 **chemicals in wastewater used for irrigation in arid** 3 **and semiarid Zones (A review)**

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10 **Abstract:**

11 Irrigation with raw, partially and treated wastewater is a widespread practice in many
12 arid and semi-arid zones. The importance of wastewater for agriculture has
13 increasingly been recognised not only as a valuable water resource but also for its
14 nutrient value. However, inappropriate management of irrigation with wastewater can
15 pose substantial risks to public health and the surrounding environment as a result of
16 its microbial and toxic components. In this review, we summarise recent research
17 and provide a broad overview of the potential risks associated with the chemicals in
18 wastewater used for irrigation including their environmental, and health impacts,
19 factors that may affect the fate of these chemicals, and available mitigation methods
20 and management options to reduce their impacts. A primary aim of this review is to
21 construct a generalised ranking of the risks from the chemical constituents of
22 wastewater used for irrigation in arid and semi -arid zones.

23 .
24 **Keywords: irrigation with wastewater, environmental**
25 **risks, chemical constituents, wastewater**
26 **management, arid zones**

27 **Introduction**

28 Water scarcity is a growing concern especially in many arid and semi-arid zones
29 where the limited natural water resources are heavily exploited. Increasing water
30 scarcity threatens economic development and the sustainability of human livelihoods
31 as well as the environment especially in developing countries (Scott et al., 2004).

32 The challenges posed by water scarcity will become even greater in the future due to
33 population growth, urbanisation, climatic change and the growing food demand
34 which will contribute to increasing the gap between water supply and demand for
35 water(Hussain et al., 2002). It is estimated that around 40% of the global population
36 are currently experiencing water stress (Calzadilla et al., 2011)

37 Globally, agriculture is the largest consumer of water, accounting for approximately
38 70% of all freshwater extraction (Winpenny et al., 2010). Due to growing competition
39 between the agricultural and higher-economic-value urban and industrial uses of
40 freshwater supplies as a result of the increasing demand for water, wastewater has
41 increasingly become the predominant low cost and reliable alternative to
42 conventional irrigation water in many countries especially arid and semi-arid zones
43 (Scott et al., 2004). Currently, reuse of wastewater in urban and peri-urban
44 agriculture is already a widespread practice in different parts of the world (Jiménez et
45 al., 2010, Winpenny et al., 2010). It estimated that at least 10 % of the global
46 population consume foods produced by irrigation with wastewater (WHO, 2006) and
47 more than 20 million hectares are irrigated with untreated, partly treated/diluted or
48 treated wastewater around the world (Jiménez et al., 2010). It also has been
49 reported that approximately 44 countries are reusing over 15 million m³/day of
50 reclaimed water for irrigation purposes (Winpenny et al., 2010)

51 To a large extent, wastewater can be considered as a reliable source of water and
52 nutrients that is available all year around. Its availability and nutrient properties are
53 important factors that make it a valuable resource particularly in arid and semi-arid
54 zones (Jiménez et al., 2010, Winpenny et al., 2010). Nevertheless, wastewater is a
55 complex resource and while it may have many benefits, concern regarding the risks
56 to human health and environmental quality as a result of the microbial and toxic
57 components is a serious obstacle for wastewater reuse in agriculture. Most of the
58 existing research has tended to focus on the microbial risks regarding the use of
59 wastewater and guidelines for the safe use of wastewater in agriculture. This may be
60 due to the immediate effects of microbiological components on public health
61 compared to the longer term risks posed by chemical exposure ((WHO, 2006, Bos et
62 al., 2010). Generally, using wastewater in agriculture is unlikely to contribute to direct
63 health impacts from chemicals hazards unless the wastewater is heavily
64 contaminated with discharges from industrial sources. Another explanation may be

65 the difficulty in assessing the health impacts of toxic chemicals in wastewater as it
66 usually has a long latency period (Bos et al., 2010).

67 Inappropriate management of wastewater irrigation can contribute to serious
68 environmental problems especially in arid and semi-arid zones where wastewater
69 could be the predominant water supply for agriculture (Pescod, 1992, Ayers and
70 Westcot, 1985, WHO, 2006, Simmons et al., 2010). Wastewater irrigation could lead
71 to negative impacts on soil properties and fertility, crop yields, groundwater and
72 surface water quality, and the aquatic ecosystem. The magnitude of the potential
73 impacts will depend on the concentration of the chemicals, their solubility and
74 inherent toxicity. Other important factors the rate and frequency of wastewater
75 application, the type of crop, and target yields, inherent soil properties and condition,
76 the vulnerability of the aquifer, climatic conditions, and technology level and the
77 social-economic status of the farmers. In order to ensure good crop yields and
78 minimise the environmental risks associated with the chemical constituents in
79 wastewater, a risk assessment should be carried out and appropriate mitigation
80 measures should be applied. That will require an understanding of the fate, transport
81 and availability of these chemicals within the environment. Most of the environmental
82 studies in last few decades have primarily focussed on the effects and management
83 of salinity and heavy metals although more recently some studies have also
84 addressed the effects of other chemical constituents of wastewater such as
85 emerging contaminants.

86 This structured review attempts to provide a comprehensive overview of the
87 environmental impacts and risks from irrigation with wastewater particularly in arid
88 and semi -arid zones. The main objectives of this review are: (1) provide a review of
89 the chemicals present in raw, partially and treated wastewater used for irrigation, (2)
90 provide a review of the impacts of these chemicals on the environment (soil, plant,
91 water resources) and health from irrigation with wastewater, (3) identify the factors
92 that could influence their fate in the environment (4) review the available mitigation
93 and management options to allow the reuse wastewater for irrigation; (5) rank the
94 risks from these components based on the potential and the significance of their
95 effects on arid and semi- arid zones

96 **Negative impacts from the chemical constituents in** 97 **wastewater used for irrigation**

98 Wastewater contains various types and concentrations of contaminants depending
99 on its source and the degree of treatment. In general, the critical water quality
100 problems in relation to the chemical risks from wastewater reuse for irrigation are
101 excessive concentrations of salt, heavy metals, nutrients, toxic organic compounds,
102 and organic matter (WHO, 2006, Toze, 2006a, Qadir and Scott, 2010, Qadir et al.,
103 2015).

104 The likelihood and magnitude of their negative impacts depends on their
105 concentration, their solubility and inherent toxicity together with rate and frequency of
106 wastewater application, the type of crop, and target yields, inert soil properties
107 and condition, the vulnerability of the aquifer, climatic conditions, and technology
108 level and the social-economic status of the farmers. (WHO, 2006). In the following
109 sections, findings relating to each of the five main topic areas are summarised.

110 **1.1. Excessive levels of Salt**

111 Wastewater usually has a higher concentration of total dissolved solids and major
112 ions and a higher electrical conductivity than fresh water especially in regions with
113 hot climates due to the long dry season and the high rate of evaporation. These can
114 originate from many sources such as detergents and washing material, the
115 chemicals used during the treatment process and other sources (Toze, 2006a, Qadir
116 and Scott, 2010, Muyen et al., 2011, Becerra-Castro et al., 2015).

117 Conventional wastewater treatment processes are inefficient for the removal of
118 excessive salt and sodium (Bahri, 1998). Generally, salt removal requires advanced
119 treatment such as reverse osmosis or the use of cation exchange resins which are
120 very expensive and may, therefore, be uneconomic for the production of water for
121 irrigation (Qadir and Scott, 2010, Chen et al., 2013a, Toze, 2006a). If excessive salt
122 is not removed, it may result in accumulation in the soil, particularly in the topsoil as
123 a result of high rates of evaporation. It may also lead to elevated levels of
124 exchangeable sodium concentrations and the exchangeable sodium cation (Na^+)
125 percentage (ESP) (Qadir and Scott, 2010, García and Hernández, 1996, Rietz and
126 Haynes, 2003, Hamilton et al., 2005). For example, a study conducted in Jordan
127 shows that irrigation with wastewater increased soil salinity two to three times

128 compared to a control site (Al-Zu'bi, 2007). It was also found that long-term
129 wastewater irrigation (up to 80 years) in the Valley of Mezquital in Mexico led to
130 increasing soil salinization, and especially Na saturation (Friedel et al., 2000).
131 Another example from arid and semiarid western USA shows that irrigation with
132 recycled wastewater has exhibited 187% higher EC and 481% higher sodium
133 adsorption ratio (SAR) Compared with sites irrigated with fresh water(Qian and
134 Mecham, 2005).

135 It has been estimated that an annual application of 1000 mm of irrigation water with
136 500 mg/l of TDS may lead to an additional 5 tons/ha/year of salt in the soil unless it
137 is properly drained (Muyen et al., 2011). Increased soil EC, exchangeable Na and
138 ESP has significant effects on soil properties and plant growth and can result in a
139 decrease in soil productivity and crop yields. A study conducted in 1993 showed that
140 irrigation with wastewater increases Maize and Sorghum crop yield until the salinity
141 level reached 2330 mg/l TDS) after which the yield slightly decreased (Muyen et al.,
142 2011). It may also contribute to groundwater pollution particularly in areas with
143 shallow groundwater (Qadir and Scott, 2010, García and Hernández, 1996, Rietz
144 and Haynes, 2003, Hamilton et al., 2005). Table 1 provides a summary of the main
145 potential effects from the excessive level of salts and sodium in wastewater.

146 **1.1.1. Factors influencing the impacts of salinity and sodicity:**

147 Salinity and sodicity- related characteristics and impacts are affected by many
148 factors including: the type of salt, the efficiency of leaching and the drainage system,
149 irrigation system type, sensitivity of crops, and soil properties (Ayers and Westcot,
150 1985, Mohammad and Mazahreh, 2003, Rietz and Haynes, 2003, Chen et al.,
151 2013a, Simmons et al., 2010, Hamilton et al., 2005, Malash et al., 2005, Leal et al.,
152 2009). As a result, the significance of the salinity and sodicity risk will vary greatly
153 under different wastewater irrigation regimes.

154 The suitability of reusing wastewater for irrigation is not only affected by the quantity
155 of dissolved salts but also by the type of salts that are present (Maas and Grattan,
156 1999). Generally, wastewater can be classified into saline wastewater that contains
157 excess levels of soluble salts and TDS, sodic wastewater containing excess sodium
158 Na⁺, and saline-sodic wastewater which is characterised by both excessive salt and

159 sodium Na⁺. The type and the degree of the effects will vary depending on the type
160 of wastewater being reused. (Simmons et al., 2010, Hillel, 2000).

161 Significant long-term problems of soil salinity and/or sodicity due to the application of
162 saline irrigation water results primarily from poor irrigation management and
163 inadequate soil drainage systems (Simmons et al., 2010, Carr, 2011). This is more
164 pronounced in arid and semi- arid zones where rainfall is low and there are high
165 rates of evaporation meaning accumulated salt ions are rarely removed naturally
166 from soils by leaching or flushing (Emongor and Ramolemana, 2004, Simmons et al.,
167 2010) .

168 The type of irrigation system used directly affects both the efficiency of water use
169 and the way salts accumulate. Each irrigation technique has certain advantages and
170 disadvantages and these should be considered in order to improve salinity control
171 (Maas and Grattan, 1999). For example, while sprinkler irrigation can improve salt
172 leaching downwards below the root zone, it can increase the effect of ion toxicity as
173 the salt may accumulate in the leaves of certain sensitive crops. (Hamilton et al.,
174 2005, Simmons et al., 2010). Drip systems may be recognised as more efficient
175 when using saline water, however they can lead to salt accumulation between drip
176 points due to radial water movement in the soil (Chen et al., 2010a, Malash et al.,
177 2005, Hamilton et al., 2005, Al-Nakshabandi et al., 1997).

178 The toxic effect of excessive salt and major ions on crops depends on the type of
179 crop and the stage of growth (Maas and Grattan, 1999, Hillel, 2000). Some crops are
180 more tolerant to excessive salt than others and in general, salt tolerance can be
181 divided into four classes: sensitive, moderately sensitive, moderately tolerant, and
182 tolerant (Maas and Grattan, 1999, Simmons et al., 2010, Hillel, 2000). Salt sensitivity
183 changes significantly during plant development with most crops being relatively salt
184 tolerant during germination. Substantial evidence indicates that the early seedling
185 period is the most salt- sensitive stage and the plant becomes increasingly tolerant
186 as its growth proceeds. In addition, certain parts of plants uptake salt ions more
187 readily than others, for example, Na⁺ and Cl⁻ entry into many horticultural crops is
188 easier through the leaves than the roots (Maas and Grattan, 1999, Hamilton et al.,
189 2005, Munns and Gilliam, 2015). Soil texture and mineralogy is a dominant factor
190 affecting soil salinity and sodicity. Field investigation shows that salts may be
191 leached downwards more easily in loamy and sandy soils compared to soils with a

192 high clay content as they may be intercepted by clay particles (Chen et al., 2013b). It
193 has also been found that soils that have more clay content are more susceptible to
194 sodic conditions (Qadir and Schubert, 2002, Qian and Mecham, 2005, Leal et al.,
195 2009). Organic matter and organic carbon also influence the impacts of excessive
196 salts and sodium. Adding organic matter to soil can enhance the total porosity and
197 subsequently increase the hydraulic conductivity and holding capacity leading to a
198 reduction in the adverse effect of excessive salts particularly when using sodic water
199 (Qadir and Scott, 2010). Increasing soil organic carbon may also lead to more salts
200 being dissolved due to chelation and movement of the salts to lower layers in the soil
201 (Chen et al., 2013b). The electrical conductivity of the soil solution can play an
202 important role in controlling sodicity effects and it has been reported that its effects
203 can be reduced with increased electrical conductivity of soil solution (Qadir and
204 Schubert, 2002, Muyen et al., 2011).

205 **Table 1 The effects of excessive concentrations of salts and major ions in wastewater used for irrigation**

Implication	Compound	Effects	Comment	Reference
Soil	Salt accumulation in soil (TDS, EC)	Causing salinity problem (lateral drainage is increased, soil erodes more easily, oxygenation limited negative, the effect on microbiological activity, and loss of soil productive capacity and fertility).	Major problem in arid and semi-arid zones as evaporation rate would be higher and accumulated salt is not flushed regularly from the soil profile by rainfall	(Toze, 2006a, Leal et al., 2009, Muyen et al., 2011, Qadir and Scott, 2010, Malash et al., 2005, Hamilton et al., 2005, Qadir and Schubert, 2002, Rietz and Haynes, 2003, Friedel et al., 2000, Sou/Dakouré et al., 2013, García and Hernández, 1996)
	Excessive exchangeable sodium cation Na ⁺ concentrations related to magnesium and calcium(SAR), exchangeable sodium percentage (ESP)	Leads to sodicity problems which can cause deterioration of soil structure, clay dispersion with subsequent blocking of pores, negative effects of hydraulic properties such as causing soil impermeability		
	Excess level of carbonate and bicarbonate	Leads to elevated PH of the soil solution, dissolves Humus and sodium humate precipitates which give the black color for the black alkali soils.		
Plants	Excess salt (salinity) leading to changes in the osmotic pressure in the root zone,	Osmotic effects depress makes the water less available to the plants leading to plant stress and growth reduction		(Muyen et al., 2011, Mohammad and Mazahreh, 2003, Hamilton et al., 2005, Ayers and Westcot, 1985, Pedrero and Alarcon, 2009, Katerji et al., 2003, García and Hernández, 1996, Qadir and Schubert, 2002)
	Excessive exchangeable sodium cation Na ⁺ concentrations related to magnesium and calcium(SAR), exchangeable sodium percentage (ESP) (sodicity), Excess level of carbonate and bicarbonate (alkalinity)	Cause photo-toxicity, plants nutrients deficiency (e.g., phosphorus, potassium), and N losses due to NH ₃ ⁺ volatilization, seedling emergence problems, plant root growth restriction and cropping difficulties		
	Excessive chloride, sodium, and boron	Specific ion toxicity		
Groundwater	Salts and ions leach each to groundwater	Water quality deterioration	TDS>500 Cause flavor but do not affect human health; High level of TDS can cause corrosion of water distribution equipment.	(Toze, 2006a, Yu et al., 2012, Kass et al., 2005, Hamilton et al., 2005, WHO, 2006)
Surface water	Salts and irons reach surface water via drainage systems or soil erosion	Water quality deterioration		

Very high concentration may limit its use

Boron which is not removed by treatment, absorbed by plants or wholly retained in the soil can be toxic. Accumulation in water bodies limits their use in agriculture

206 **1.1.2. Salinity and sodicity management options:**

207 Removing salts from wastewater for irrigation purposes is prohibitively expensive.
208 Therefore, there is a need for specific measures and management strategies to
209 prevent and control the effects of salinity and sodicity during irrigation with
210 wastewater.

211 One important option for salinity control is regular application of effective leaching of
212 water to transfer solutes through the soil profile and ensure the leaching of excess
213 salt below the root zone (Carr, 2011, Maas and Grattan, 1999, Letey et al., 2011,
214 Hillel, 2000). To achieve leaching requirements, an adequate soil drainage system is
215 an essential prerequisite. This can be facilitated through natural drainage if the soil
216 has sufficient storage capacity or permeable subsurface layers, or via artificial
217 drainage systems. In addition to soil drainage, adequate groundwater depth and land
218 levelling are also important components to control salinity in the root zone (Simmons
219 et al., 2010).

220 Crop selection was found to be the principal factor for the sustainability of
221 wastewater irrigation since certain crops can be irrigated with wastewater without
222 any negative impact on yield. A number of field crops, fruit trees, forage grasses and
223 others have been identified in the literature to suit various salt-affected environments
224 (Simmons et al., 2010, Ayers and Westcot, 1985, Maas and Grattan, 1999, Grattan
225 et al., 2004). As it was mentioned earlier, salt tolerance can be divided into four
226 classes including those that are sensitive (Sesame, Carrot, Onion, Almond and
227 apple), moderately sensitive (Corn, Peanut, Alfalfa, Tomato, Cucumber and Grape),
228 moderately tolerant (Sorghum, Soybean, Wheat, Squash, Fig and Olive and tolerant
229 (Barley, Cotton, Oat, Date palm and Currant) (Maas and Grattan, 1999). Crop choice
230 will depend on soil conditions, water quality and climate. Suitable crops should also
231 demonstrate the following characteristics: (i) high water and N demand, and
232 tolerance to salinity; (ii) good potential end use; (iii) marketable (da Fonseca et al.,
233 2007).

234 Another management option to mitigate the salinity impact of wastewater irrigation is
235 the use of the wastewater in conjunction with fresh water, if available, via blending or
236 alternating approaches which provide more flexibility to suit different situations
237 (Ayers and Westcot, 1985, Malash et al., 2005, Yu et al., 2012). Different field

238 studies have evaluated various aspects of these approaches and one study
239 suggested that the optimum ratio of mixing fresh water to wastewater is between 2:1
240 and 1:2 for plant growth (Yu et al., 2012). Another study carried out by Malash et al.
241 (2005) found that a mixed management strategy with a 60% fresh water 40% saline
242 water ratio in combination with a drip irrigation system gave the highest values of
243 yield and growth in tomato production. An alternating strategy of fresh and saline
244 water can also provide many advantages including the ability to grow a broad range
245 of crops, flexibility to use conventional irrigation methods and control of soil salinity in
246 topsoil during seeding stage to a lower level over time.

247 Since most crops are sensitive during their seeding stage especially grains (Barley,
248 Wheat and Rice) Sesbania, Cotton, tomato, Corn, and sugar beets (Hanson et al.,
249 1999); it may be possible to reduce the effects of salinity by using modifications of
250 planting practice to minimise salt accumulation around the seeds. This may include
251 sowing near the bottom of the sloping sides of furrows; increased plant density (the
252 seedling rate per unit area) which could compensate for reduced germination; and
253 growing seedlings with fresh water (Minhas, 1996, Ayers and Westcot, 1985).

254 The application method could also directly affect the efficiency of water use and the
255 way salts accumulate in the soil profile. Some methods are more suitable for use
256 with saline water than others. Several parameters in relation to risk reduction could
257 be used to choose the most suitable method including leaf damage, salt
258 accumulation in the root zone, ability to maintain high soil water potential and ability
259 to handle saline water without significant yield loss. Each irrigation method has a
260 combination of impacts on these parameters, which should be considered before any
261 attempt to improve salinity and sodicity control by changing the irrigation method is
262 undertaken (Maas and Grattan, 1999, Hillel, 2000, Pescod, 1992). In the case of
263 sodicity problems, soil treatment is a particularly useful option to mitigate the effect of
264 soil sodicity. Mitigating the effect of excess sodium on soil and crops can be
265 achieved through improving soil physical properties and infiltration rate by adding
266 chemical amendments such as gypsum (Simmons et al., 2010, Ayers and Westcot,
267 1985, Hillel, 2000). Leaving plant residues or adding organic matter to the field can
268 also enhance the physical and chemical condition of soils irrigated with sodic water
269 (Simmons et al., 2010).

270 Where available, water with a high electrical conductivity and an adequate proportion
271 of divalent cations (mainly calcium) could also be used to improve sodic and saline-
272 sodic water without the need for a calcium-supplying amendment (Simmons et al.,
273 2010)

274 **1.2. Metalloids and heavy metals:**

275 Typically, municipal wastewater has lower concentrations of inorganic chemicals
276 compared to industrial effluents, and usually conventional treatment processes are
277 capable of significantly reducing their concentration as most will accumulate in the
278 sludge (bio-solid) (Hamilton et al., 2007, Chen et al., 2013a, Toze, 2006a).

279 In general, the risk from inorganic chemicals particularly heavy metals present in
280 wastewater is higher when industrial wastewater is mixed with municipal wastewater,
281 a common condition in developing countries where industrialisation is accelerating
282 and mixed wastewater is used untreated or partially treated (WHO, 2006). Where
283 industrial effluent is used the heavy metal concentration in plant tissues were
284 reportedly higher than permissible limits even when water and soil samples comply
285 with established safe standards (Chen et al., 2013b, Khan et al., 2008). Table 4
286 illustrates the main potential effects from heavy metals in irrigation with wastewater.

287 Many metals pose little hazard to humans through contamination of the food chain
288 due to the fact that they pose significant photo-toxic effects in low concentrations
289 which are not toxic to humans and therefore inhibit plant growth. Generally, cadmium
290 is the major relevant heavy metal which presents a risk to human health due to its
291 high mobility and also the fact that it is bio-available to plants at very low
292 concentrations that are not photo-toxic but could pose a health risk to human
293 (Hamilton et al., 2007, WHO, 2006, Chen et al., 2013c, Khan et al., 2013). Based on
294 many studies carried out in Southeast Asian countries such as Pakistan, India, and
295 China, where industrial effluent with sewage (diluted or untreated) is widely used for
296 irrigation, found that cadmium followed by Lead were the major metals which pose a
297 risk to health (Khan et al., 2013, Tiwari et al., 2011, Khan et al., 2008, Singh et al.,
298 2010, Lu et al., 2014, Verma et al., 2015, Gupta et al., 2008). In most of these case
299 studies the concentration of cadmium and lead exceeded the permissible limits for
300 heavy metals in irrigation water, i.e. WHO/FAO standards 0.01 and 5.0 gm/L for Cd

301 and Pb respectively (Khan et al., 2013, Tiwari et al., 2011, Verma et al., 2015, Gupta
302 et al., 2008)

303 **1.2.1. Factors influencing the impacts of heavy metals:**

304 The magnitude of the risk from heavy metal in wastewater depends largely on the
305 type of effluent. Typically, most domestic treated or partially treated wastewater has
306 low levels of trace elements and usually within the permissible limits for irrigation
307 water quality (Klay et al., 2010, Al Omron et al., 2012, Mohammad Rusan et al.,
308 2007). Table 2 provide a summary of the average metal concentration in treated
309 wastewater effluents used for irrigation in different countries. Many studies have
310 estimated that domestic treated or partially treated wastewater can be used safely
311 for up to a century without any negative effects to crops, groundwater or the food
312 chain (Chen et al., 2013c, Smith et al., 1996, Tarchouna Gharbi et al., 2010).

313 **Table 2 Average metal concentrations in treated wastewater effluents used for**
314 **irrigation in different countries**

Metal	Tunisia ¹	Jordan ²	Spain ³	Saudi Arabia ⁴	RMC ^{a 5}
Cd	0.005	0.02	0.03	0.0006	0.01
Co	0.019	-c	-	0.0005	0.05
Cr	0.016	-	0.02	0.037	0.1
Cu	0.017	0.01	0.02	0.014	0.2
Pb	0.044	0.77	0.02	0.0048	5
Zn	0.36	0.19	0.11	0.0055	2
Ni	0.034	-	0.12	0.0044	0.2
Mn	0.054	-	0.03	0.0055	0.2

315 a) RMC=Recommended maximum concentrations for crops production; b) not available; c) ND=not detected

316 Sources: 1.(Bahri, 1998)2(Mohammad Rusan et al., 2007)., 3(Pedrero and Alarcon, 2009) 4.(Al Omron et al., 2012) 5.(Pescod,
317 1992, WHO, 2006),

318 The major concern with regard to the potential effects of heavy metals on agricultural
319 production and human health would be related to the use of untreated wastewater or
320 the use of biosolids as fertilizers (Hamilton et al., 2007). Moreover, heavy metals

321 would be a critical issue when industrial wastewater is used or blended with
322 domestic wastewater and used for irrigation (Mapanda et al., 2005, Chen et al.,
323 2013a, Toze, 2006a). Long-term reuse of wastewater containing industrial discharge
324 leads to accumulation of heavy metals in both soil and plants (Liang et al., 2011).

325 The period over which the application of wastewater containing heavy metals takes
326 place has also has an impact on the change of heavy metal concentrations irrigated
327 soils. Many studies show that heavy metal accumulation starts to occur after 5 to 8
328 years of application (Xu et al., 2010, Rattan et al., 2005). The process of
329 accumulation of metals in soils can take a long time (e.g. several decades to a
330 century) before causing any negative effects to crops, groundwater or risks to human
331 health. (Klay et al., 2010, Siebe and Fischer, 1996, Zhang et al., 2008). However,
332 eventually, it may lead to increase the concentration of metals in soils to levels
333 beyond soil capacity and subsequently increasing their mobility and plant uptake
334 (Sridhara Chary et al., 2008, Friedel et al., 2000).

335 Another factor that could affect metal accumulation and plant uptake is soil
336 properties since some soils have a high capacity to absorb and retain heavy metals.
337 In such soils, wastewater with an average metals concentration may be applied to
338 land for several decades without fully exhausting the soil capacity (Hamilton et al.,
339 2007, da Fonseca et al., 2007). However, when the capacity of the soil to retain
340 heavy metals is reduced as a result of continuous application of wastewater or a
341 change in soil PH, the metals enter a mobile phase, and may be released to
342 groundwater or to be available for plant uptake (Kumar Sharma et al., 2007,
343 Mapanda et al., 2005)

344 Metal mobility and bioavailability in the soil will vary considerably with soil properties
345 for similar total soil metal concentrations (Hamilton et al., 2007). Mobility and
346 bioavailability is a function of the amount of organic matter, clay minerals such as
347 montmorillonite in soils (Usman et al., 2005, Olaniran et al., 2013), CaCO₃ content
348 (Avci and Deveci, 2013), and soil pH (WHO, 2006, Mapanda et al., 2005, Sridhara
349 Chary et al., 2008, Friedel et al., 2000, Siebe and Fischer, 1996, Kiziloglul et al.,
350 2007). It has been found that alkaline soils (pH >6.5) or/and high levels of organic
351 matter combined with clay contribute to decreasing the mobilisation of heavy metals
352 consequently reducing their availability for plant uptake or leaching. Soil CaCO₃ has

353 also been found to increase the retention capacity for metals in soils (Brar et al.,
354 2000, Mapanda et al., 2005, Friedel et al., 2000, Siebe and Fischer, 1996).

355 Soil pH has great influence on mobility and bioavailability of heavy metals and in
356 general metals are more available to plants from acidic soils than from neutral or
357 alkaline soils (WHO2006). Soil pH changes depending on the pH of the irrigation
358 water and consequently the application of wastewater with a low PH could lead to
359 decreased soil pH and this in turn could cause an increase in the mobility of heavy
360 metal which would then become available for plant uptake or leaching to lower soil
361 layers (Xu et al., 2010)

362 Since soil organic matter has the capacity to form stable complexes with metal ions,
363 it will affect their solubility and bioavailability in soils (da Fonseca et al., 2007, Klay et
364 al., 2010). If the organic matter is in the solid form it will improve the heavy metal
365 adsorption capacities of soils. However on the other hand, dissolved organic
366 components enhance the solubility of metals thereby increasing their mobility and
367 bioavailability particularly at low loading rates (Klay et al., 2010, Siebe and Fischer,
368 1996).

369 The rate at which heavy metals accumulate in plants depends on the plant species.
370 The efficiency of metal absorption can be facilitated by either plant uptake or the
371 soil-plant transfer factor of metals (Khan et al., 2008). Many studies have found that
372 leafy vegetables such as spinach, mint, and coriander tend to accumulate more
373 heavy metals in their edible parts compared to non-leafy vegetables such as root
374 crops (carrot, garlic), grains (wheat and corn) and fruits (tomato) (Khan et al., 2013,
375 Avci and Deveci, 2013, Ghosh et al., 2012, Simmons et al., 2010).

376 Furthermore, heavy metal concentrations in the different parts of the plant will also
377 vary. Usually plants accumulate metals more readily in their roots compared to other
378 parts of the plant such as the leaves, fruits, and seeds. As a result, the roots act as a
379 barrier against heavy metals translocation. In general, heavy metal concentrations in
380 different portions of plants follow the order of root>stem>leaves>fruits> seeds
381 (Liang et al., 2011, Ghosh et al., 2012, Keser, 2013, Mireles et al., 2004). Table 3
382 provides heavy metals concentration in edible parts of some crops found in the
383 literature.

384 **Table 3 Heavy metal concentrations (mg/kg dry weight) in the edible portions of food crops grown in**
385 **wastewater-irrigated soil, and selected regulatory limits.**

Crops	Statistics	Cr	Ni	Pb	Cd	References
Coriander	Range	1.29-9.47 1.02-3.11	2.95-5.89 0.12-0.60	21.04 - 53.15 NA*	3.38-4.39 0.17-1.03	(Khan et al., 2013) (Ghosh et al., 2012)
Spinach	Range	3.30-7.75 0.11-0.35	3.79-5.05 0.35-1.79	19.19-25.10 NA	1.83-4.48 0.34-2.06	(Khan et al., 2013) (Ghosh et al., 2012)
Mint	Range	1.72-5.15 2.60-5.50	3.0-4.62 3.00-6.70	20.3-55.36 0.40-1.90	3.10-7.67 0.02-0.05	(Khan et al., 2013) (Avci and Deveci, 2013)
Onion	Range	1.29-5.59	3.79-7.16	33.59-52.78	3.48-3.93	(Khan et al., 2013)
Garlic	Range	2.15-3.01	3.36-6.73	24.36-33.39	2.29-3.48	(Khan et al., 2013)
Carrot	Range	0.86-5.59 0.34-1.04	2.95-6.31 0.24-1.19	23.99-31.00 NA	2.28-2.84 0.085-0.52	(Khan et al., 2013) (Ghosh et al., 2012)
Radish	Range	0.86-3.44 0.45-1.38	2.95-7.16 0.41-2.09	28.42-36.54 NA	2.47-3.02 0.24-1.44	(Khan et al., 2013) (Ghosh et al., 2012)
Okra	Range	1.29-5.59	2.53-5.89	23.99-47.61	1.74-2.38	(Khan et al., 2013)
Tomato	Range	0.86-2.15 1.02-3.11 2.00-4.20	3.37 -6.31 0.29-1.49 1.80-6.10	29.89-34.33 NA 0.10-0.70	1.83-2.75 0.085-0.52 0.02-0.53	(Khan et al., 2013) (Ghosh et al., 2012) (Avci and Deveci, 2013)
Eggplant	Range	2.60-5.50	0.6-2.70	0.30-4.50	0.01-0.34	(Avci and Deveci, 2013)
Wheat	Range	1.72-3.87	2.10-3.79	22.51-37.65	1.00-1.65	(Khan et al., 2013)
Corn	Range	2.00 - 3.40	0.60-3.50	0.20-3.50	<0.01	(Avci and Deveci, 2013)
FAO/WHO limits 2002	-	-	0.20	0.5-0.10	0.02-0.20	(Avci and Deveci, 2013)

386 *NA: not available

387 1.2.2. Heavy metal management options:

388 Although wastewater treatment is the best choice in managing wastewater in
389 agriculture biological treatments are generally designed to remove organic
390 compounds and microorganisms and therefore the removal of heavy metal by
391 biological treatment may be regarded as a side benefit (Chipasa, 2003). The

392 efficiency of metal removal by biological treatment processes will vary depending on
393 the types of metals which are present and their concentration. Physical, chemical
394 and biological factors will also affect the outcome, for example, heavy metal removal
395 from activated sludge depends on pH and dissolved organic matter and an increase
396 in pH will increase the removal as metals precipitate as hydroxides (Chipasa, 2003).
397 High concentrations of heavy metals can be toxic to microorganisms and reduce
398 microbial activity resulting in an adverse effect on biological treatment processes
399 (Chipasa, 2003). In recent years, various treatment technologies for heavy metal
400 removal from sewage, industrial and mining waste effluents have been extensively
401 studied. These technologies include chemical precipitation, ion-exchange,
402 adsorption, coagulation, cementation, electrochemical treatment technologies,
403 membrane filtration and reverse osmosis (Fu and Wang, 2011). Each of these
404 methods offers many advantages and also limitations for their use for the removal of
405 heavy metals from wastewater. For instance, chemical precipitation has traditionally
406 been used for metal removal from aqueous solutions due to its simplicity and low
407 capital and operational costs, however, its efficiency can be affected by pH and the
408 presence of another ions, it is also ineffective when metal concentration is very low
409 (Fu and Wang, 2011, Baysal et al., 2013). Ion exchange, membrane filtration, and
410 adsorption are alternative methods which have been widely studied for heavy metal
411 removal. Ion exchange has successfully been used to remove heavy metals from
412 wastewater. Membrane filtration and adsorption have a high efficiency for the
413 removal of heavy metals from wastewaters with low concentrations of heavy metal.
414 However, these technologies have high capital and operational costs which limit their
415 use especially on a large scale (Fu and Wang, 2011, Baysal et al., 2013).

416 The selection of the most suitable treatment method will depend on many factors
417 including the metal concentration, other wastewater components, plant flexibility and
418 reliability, capital investment and operational cost, and environmental impact.

419 Table 4 the effects of metalloids and heavy metals in irrigation with wastewater

Implication	compound	effects	Comment	
Soil	Aluminum and Iron	Aluminum blocks productivity in acid soils as a result of reducing nutrient mobility especially phosphorus Iron can contribute to acidification and reduce phosphorus mobility	In alkaline soils with pH >7 the impact of aluminum is negligible due to ion precipitation.	(Simmons et al., 2010, Mapanda et al., 2005, WHO, 2006, Zhang et al., 2008)
	High concentration of heavy metal	Depending on pH, organic matter and metals content, metal can bind to soil particles and accumulate or mobilize into groundwater	Particularly in rapidly industrializing regions where industrial wastewater is mixed with domestic wastewater	
		Once accumulated in soil removal can be difficult. Contamination can endure for hundreds of years due to long biological half-life. Negative impact on soil microbial biomass, microbial structure, microbial diversity, and bacterial abundance after long-term exposure		
Plants:	Aluminum and iron	Could be toxic and also cause Phosphorus deficiencies depending on type of soil and pH,		(Hamilton et al., 2005, WHO, 2006)
	Arsenic, mercury, lead	As strongly adsorbed by soil only can be uptake by plant root but not translocation to shoots Generally phytotoxic at high concentration	Arsenic toxicity range from 12 mg/l to less than 0.05mg/l, mercury and lead not phytotoxic except at very high concentration,	(Sridhara Chary et al., 2008, Hamilton et al., 2005)
	copper, manganese, nickel, zinc	Less strongly adsorbed by soil, readily taken up by plants. Phytotoxic to plants at concentration before the concentration to be toxic to human. pose little risk to human health	Toxicity to plant reduce in neutral or alkaline PH, soil plants barrier protects food chain from these elements Copper could be harmful to animals at low concentration to visibly affect plants	(Hamilton et al., 2005, WHO, 2006, Sridhara Chary et al., 2008)
	Cadmium, cobalt, selenium, molybdenum	Bioaccumulation in plants tissue. Generally, not phytotoxic to plants and pose risk to animal and human health	Cobalt tends to be inactive in neutral and alkaline soils	(Hamilton et al., 2005, WHO, 2006)

Ground Water	Leach form acid soil and /or highly permeable and shallow water table conditions	Contaminate water and pose risk to human health if it used for drinking purpose.	(Gwenzi and Munondo, 2008, WHO, 2006)
			Particularly cadmium, lead, and mercury

Surface water	If metals became mobile can reach surface water through runoff or drainage systems	Contaminate water and pose risk to aquatic life and can reach to human via food chine	
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420 In the absence of treatment options to remove heavy metals from wastewater, other
421 management measures at farm level could be very useful to reduce heavy metal
422 transfer into the food chain. However, these measures may be more effective on
423 soils with low or medium levels of contamination. Each of them has advantages and
424 drawbacks and the effectiveness of using one or combinations of these measures
425 will depend on the specific site conditions. One of the most effective options are
426 plant-based treatment and soil based treatment

427 Plant based treatment includes growing of photo-remediation crops, growing
428 industrial crops and selecting crops with low metals uptake. Certain plant species
429 can be used to absorb and uptake trace elements from soil to above-ground
430 biomass. These plants are known as hyper-accumulators and have the ability to
431 accumulate high concentrations of metals up to 100 time greater compared to other
432 non-accumulator plants grown in the same contaminated soil (Chaney et al., 2007).
433 Currently, there are around 400 species categorized as hyper-accumulators of
434 metals such as *Thlaspi caerulescens*, *Thlaspi caerulescens*, *Aeolanthus*
435 *biformifolius*, and *Alyxia rubricaulis* (Cobbett, 2003, Chaney et al., 2007)

436 The cultivation of industrial plants including fibre plants (flax, cotton etc.) and energy
437 crops (*Salix* trees and reed canary grass) has been considered as a valuable option
438 for agricultural use in areas where soils are impacted by heavy metals
439 (Puschenreiter et al., 2005). In addition to industrial plants, aromatic crops could be
440 grown on heavy-metals enriched soil without causing any significant risk of metals
441 transfer from soil to oil and alteration in essential oil composition (Lal et al., 2013).

442 Selecting crops with low metals uptake could also be a very useful option to reduce
443 any potential health risks via the food chain. Some crops such as leafy vegetables
444 accumulate certain metals in their edible parts in greater amounts than non-leafy
445 crops. Metals usually accumulate in leaves and roots more so than in the seeds and
446 fruits, suggesting that legumes such as peas, and grains may be more appropriate
447 crops than vegetables such as cauliflower, lettuce, spinach and carrots where heavy
448 metals are present. In addition, fodder crops may be preferred since they pose a
449 lower risk to human health as the process of transfer of metals via the food chain will
450 be longer (Puschenreiter et al., 2005, Simmons et al., 2010).

451 Soil amendment is another farm based measure that could mitigate against plant
 452 uptake of heavy metals. Soil amendment can be classified into organic and inorganic
 453 amendment. Organic amendments such as farmyard manure (FYM), compost,
 454 biosolids or biosolid compost could effectively decrease the mobility and
 455 bioavailability of heavy metals in soils as a result of its high content of organic
 456 matter and high concentrations of P and Fe (Puschenreiter et al., 2005, Bolan et al.,
 457 2003). Inorganic amendments such as gypsum, lime CaCO₃, synthetic zeolites,
 458 phosphate material, Mn and Fe oxides and clay minerals are very effective in
 459 reducing metal mobility and bioavailability due to pH effects and the introduction of
 460 additional binding sites for heavy metals (Chen et al., 2003, Brown et al., 2004, Oste
 461 et al., 2002, Puschenreiter et al., 2005, Hettiarachchi and Pierzynski, 2002). Many of
 462 these amendments are by-products of industrial activities which are available in large
 463 amounts and are relatively inexpensive (Puschenreiter et al., 2005).

464 1.3. Nutrients

465 Wastewater commonly contains high concentrations of nutrients in the form of
 466 nitrogen, phosphorus and potassium, although concentrations will vary significantly,
 467 depending on whether untreated, diluted or treated wastewater is used. Table 5
 468 provides a summary of the typical nutrient concentration ranges in untreated
 469 wastewater and in treated effluent from secondary and advanced tertiary processes

470
 471 **Table 5 Typical nutrient concentration ranges in untreated and treated effluent**

Constituent (mg/L)	Untreated Wastewater	Conventional activated sludge ^a	Activated sludge with BNR ^b	Activated sludge with BNR, microfiltration, and Reverse osmosis ^c
Total nitrogen	35-60	15-35	3-8	≤1
Ammonia –N	20-45	1-10	1-3	≤0.1
NO ₃ –N	0–trace	10-30	2-8	≤ 1
Total Phosphorus	4-15	4-10	1-2	≤0.5

472 a. Secondary treatment: activated sludge including a nitrification step

473 b. Tertiary treatment: activated sludge and biological nutrient removal of nitrogen and phosphorus

474 c. Tertiary treatment: activated sludge and biological nutrient removal combined with advanced treatment

475 Sources: (Sperling and de Lemos Chernicharo, 2005) and (Carey and Migliaccio, 2009)

476 Although the nutrient supply capacity is considered to be one of drivers for
 477 wastewater use in agriculture, nutrients contained in wastewater can reach levels
 478 which are excessive. This could result in possible negative effects of oversupply of

479 nutrients especially nitrogen and phosphorus. Oversupply of nitrogen through
480 irrigation with wastewater could lead to excessive vegetative growth, delay in
481 maturity and reduced crop size and quality which will result in low economic yield
482 (WHO, 2006, Hamilton et al., 2005, Qadir and Scott, 2010, Chen et al., 2013a) .
483 Nitrate leaching is another concern associated with nitrogen in wastewater which
484 may lead to contamination of groundwater causing health problems including
485 methaemoglobinemia in neonates (WHO, 2006, Hamilton et al., 2005, da Fonseca et
486 al., 2007, Gwenzi and Munondo, 2008, Knobeloch et al., 2000, Candela et al., 2007).
487 Furthermore, excessive nitrogen and phosphorous in irrigation water may impact soil
488 microbial communities, in particular the microbial activities associated with cycling
489 these elements (Becerra-Castro et al., 2015). The excess of nutrients can disturb the
490 autochthonous soil microbial communities, for example the accumulation of
491 inorganic-N ($\text{NO}_3\text{-N}$ and $\text{NH}_4^+\text{-N}$) in soils could affect the microbial catabolic activity,
492 especially the biodegradation of recalcitrant carbon compounds that are present in
493 soil (DeForest et al., 2004, Ramirez et al., 2012). Both N (in the form of $\text{NO}_3\text{-N}$) and
494 P can reach surface water via drainage systems or soil erosion and cause
495 eutrophication or toxicity in other habitats (Hamilton et al., 2005, WHO, 2006, Wu,
496 1999) . Table 6 illustrates the potential effects of excessive nutrients.

497

498 **1.3.1. Nitrogen:**

499 The amount of nitrogen taken up by the plant, leached to groundwater, or lost via soil
500 erosion and volatilization depends on the nitrogen concentration in the effluent and
501 the soil, the type of soil, crop demand, soil permeability, irrigation rate and the
502 vulnerability of the aquifer. Nitrogen supplied via irrigation is removed primarily
503 through nitrification and subsequent ready uptake by plants as ammonium $\text{NH}_4^+\text{-N}$
504 and nitrate $\text{NO}_3\text{-N}$. However when they are applied in excessive amounts they can
505 affect the quality of crops (Chen et al., 2013a).

506 The concentration of ammonium NH_4^+ in treated wastewater is normally greater than
507 nitrate and it usually binds to soil particles and is not leached. However it can easily
508 be converted to nitrate via nitrification by soil bacteria, Nitrates are highly dissolved
509 in the soil solution and they can easily be moved through wastewater irrigated soils
510 especially highly permeable soils (Qadir and Scott, 2010). When they are applied in

511 levels in excess of plant requirements there may be a risk of leaching into
512 groundwater (da Fonseca et al., 2007).

513 **1.3.2. Phosphorus:**

514 Normally wastewater contains low concentrations of phosphorus. Phosphorus is
515 stable in soils and is therefore considered beneficial with no negative impacts on the
516 environment. This is the case even if wastewater effluents with high concentrations
517 of phosphorus are applied over long periods of time (WHO, 2006). However,
518 because phosphorus accumulates at or near the soil surface over the time, it can
519 reach surface water through soil erosion and runoff contributing to eutrophication.
520 (WHO, 2006, Qadir and Scott, 2010, Wu, 1999)

521 **1.3.3. Potassium:**

522 Potassium is not bioavailable from the soil as it is bound to other compounds and
523 therefore, it usually needs to be added to the soil as fertiliser. In general, wastewater
524 contains low levels of potassium and normally this is not sufficient to meet crops
525 requirement, Therefore the use of wastewater for irrigation does not usually pose
526 any risk to the environment associated with the presence of potassium (Emongor
527 and Ramolemana, 2004, WHO, 2006)

528 **1.3.4. Nutrient management options:**

529 Wastewater treatment plants typically provide various physical, chemical, and
530 biological methods to improve effluent quality however nutrient removal from
531 wastewater requires tertiary treatment and infrastructure that may be economically
532 prohibitive (Carey and Migliaccio, 2009). An alternative approach that can also be
533 used to remove excess nutrient from irrigation wastewater is to place on farm
534 treatment options that work as effective sinks for nutrients such as the use of
535 wetlands or duckweed ponds (Simmons et al., 2010, WHO, 2006, Qadir et al., 2015).

536 Excessive addition of nutrients particularly N could be avoided by selecting crops
537 that can take advantage of high concentrations of nutrients such as fodder grass
538 (Simmons et al., 2010) or utilising the practice of crop rotation to enable the removal
539 of any excess nutrients (Hamilton et al., 2005). Hamilton et al. (2005) and Snow et
540 al (1998,1999) claim that the risk of nitrate leaching to groundwater could be
541 significantly reduced by appropriate matching of crops and plant production systems

542 to climate and effluent characteristics. For instance, in arid zones high yielding crops
543 with large concentrations of nitrogen in their biomass (such as leafy vegetable and
544 fodder grass) are likely to be more effective than tree plantations for decreasing
545 nitrate leaching (Simmons et al., 2010, Hamilton et al., 2005).

546 Similar to salinity over fertilisation from wastewater application could be reduced by
547 using wastewater blended with fresh water or water with low nutrient concentrations.
548 However, this option would only be possible when fresh water is available (Hamilton
549 et al., 2005, Simmons et al., 2010, WHO, 2006, Qadir et al., 2015).

550 **Table 6 The effects from nutrients contents in irrigation with wastewater**

Implication	compound	Negative effects	Comment	References
Soil	Excessive level of nutrients	Disturbance of soil microbial communities, and Microbial catabolic activity		(DeForest et al., 2004, Ramirez et al., 2012)
Plants	Excessive level of nitrogen	Excessive vegetative growth Delay in maturity Reducing crop size and quality, Low economic yield	Forage being the main food for cattle can cause grass tetany caused by imbalance of nitrogen, potassium and magnesium in pasture grasses	(WHO, 2006, Hamilton et al., 2005, Qadir and Scott, 2010, Chen et al., 2013a)
	Excessive level of phosphorus	No effect		
Ground water	High level of nitrate (N-NO ₃)	Leaching of N particularly NO ₃ could lead to contaminate groundwater and causing health problems mainly methaemoglobinemia problems	Nitrogen stable in ground water and can accumulate because of the reduction of microbial activities caused by limited carbon sources.	(WHO, 2006, Hamilton et al., 2005, da Fonseca et al., 2007, Gwenzi and Munondo, 2008, Knobeloch et al., 2000)
Surface water	Excessive level of nitrogen and phosphorus	Eutrophication	Particularly in arid and semi-arid zones	(Hamilton et al., 2005, WHO, 2006, Wu, 1999, Carey and Migliaccio, 2009)

551 **1.4. Toxic organic compounds and emerging contaminants**

552 Wastewater contains a wide variety of toxic organic compounds including priority
553 organic pollutants such as pesticides (DDT, 2,4-D, Aldrin), industrial compounds
554 (phthalates PCBs, non –ionic detergents), disinfection by-products, synthetic and
555 natural hormones, Pharmaceuticals and Personal Care Products (PPCPs) (WHO,
556 2006, Onesios et al., 2009, Bolong et al., 2009, Muñoz et al., 2009, Cizmas et al.,
557 2015). Many of them can be difficult to detect due to the lack of suitable analysis
558 techniques that are able to directly detect them in low concentrations, Furthermore,
559 they vary considerably in their form and their mechanism of actions which makes the
560 identification and evaluation of these compounds a unique challenge (Bolong et al.,
561 2009). These toxic pollutants may have carcinogenic, teratogenic and mutagenic
562 effects. In addition, many of them are Endocrine Disrupters Chemicals (EDCs) which
563 means that they may interfere with hormone functions in animals and humans.
564 (WHO, 2006, Qadir and Scott, 2010, Bolong et al., 2009, Cizmas et al., 2015, Wu et
565 al., 2015). Although direct evidence of negative human health effects are still being
566 debated (Bolong et al., 2009, WHO, 2006, Toze, 2006a, Onesios et al., 2009,
567 Bergman et al., 2013), relationships have been identified between endocrine
568 disruptors and increased incidences of endocrine-related cancers such as breast,
569 ovarian, prostate, testicular and thyroid cancer (Cizmas et al., 2015, Bergman et al.,
570 2013). Abnormalities, altered immune function and population disruption due to
571 exposure to these pollutants have also been observed in birds, reptiles, mammals,
572 amphibians and invertebrates (WHO, 2006, Colborn et al., 1993, Bergman et al.,
573 2013) .

574 Many EDCs, and PPCPs could persist in the environment and may accumulate in
575 irrigated soils or eventually reach surface water or groundwater leading to human
576 exposure through drinking water (WHO, 2006, Chen et al., 2013a, Chen et al.,
577 2011). From the data available in the literature, soil systems are better equipped
578 than water courses for the degradation of many of these compounds, with
579 mechanisms including microbial degradation or adsorption by soil organic matter
580 (Qadir and Scott, 2010, Chen et al., 2011, Dalkmann et al., 2014, Qin et al., 2015).
581 However, it is still possible that some of them such as PPCPS may be taken up by
582 crops or transferred to the edible surface of crops as a result of irrigation with

583 wastewater or soil that remains on the surface of crops after harvesting (WHO, 2006,
584 Wu et al., 2015). Most of the studies on plant uptake of PPCPs were conducted in
585 greenhouses or the laboratory and data on the accumulation of these chemicals in
586 crops irrigated with wastewater under realistic conditions is limited (Wu et al., 2015).
587 However, research findings reported to date would suggest that the potential for
588 these substances to enter edible parts of crops was low under normal field
589 conditions (Wu et al., 2015, Prosser and Sibley, 2015). The literature also suggested
590 that their effects on the quality of crops could be negligible (Chen et al., 2011, Wu et
591 al., 2015). The major concerns related to PPCPs are the potential development of
592 antibiotic resistance in soil and water microorganisms as result of discharging
593 antibiotics into the environment (Toze, 2006a, Chen et al., 2011, Cizmas et al.,
594 2015). The potential environmental effects of these toxic pollutants as result of
595 irrigation with wastewater is summarised in Table 7.

596 Currently, considerable uncertainty exists regarding the potential risks of PPCPs and
597 their transformation products to agricultural and environmental health.(Qin et al.,
598 2015, Bergman et al., 2013). Although the presence of these substances in the
599 environment and their potential ecological effects are generally alarming, their
600 concentration in water sources and other environmental receptors to date are very
601 low (Qadir and Scott, 2010), in addition, many of these chemicals have potential
602 short environmental half-lives (Toze, 2006a, Chen et al., 2011).

603 **1.4.1. Management options:**

604 Many of the EDCs and PCPs tend to be resistant to conventional and even
605 advanced wastewater treatment (WHO, 2006, Bolong et al., 2009, Fang et al., 2012,
606 Wang et al., 2005). Certainly existing wastewater treatment plants have not been
607 designed for the removal of these pollutants and even if the best available treatment
608 technology is adopted, only a part of a wide range of emerging contaminants can be
609 removed especially by biological treatment (Luo et al., 2014). The reasons for this
610 are numerous and include the fact that these pollutants have a wide range of
611 chemical properties and their successful removal even in advanced treatment varies
612 significantly (Bolong et al., 2009, Yan et al., 2010, Luo et al., 2014). Secondly, there
613 is no existing regulation specifically targeted at wastewater or water treatment
614 criteria for these range of compounds (Bolong et al., 2009, Fatta-Kassinos et al.,
615 2011). Finally the possibility of the existence of other potential unknown chemicals-

616 of-concern makes it difficult to estimate the removal of all these chemicals under all
617 available treatment technologies or environmental conditions (Toze, 2006b,
618 Bergman et al., 2013)

619 Due to the lack of current knowledge on the actual effects of these chemicals on
620 humans and the environment (Bergman et al., 2013), the mitigation measures that
621 could be applied to manage their risks are limited to pre-treatment or segregation of
622 industrial discharges (WHO, 2006, Simmons et al., 2010), the promotion of more
623 clean production in industries and education of society to use less toxic compounds
624 (WHO, 2006, Simmons et al., 2010).

Table 7 The effects of toxic organic compounds and emerging contaminants in irrigation with wastewater

Implication	Negative effects	Comment	reference
Soil	Adsorbed by soil particles and organic matter may affect soils microorganism and microbial communities	Removal efficiencies are greater in soils rich in silt, clay and organic matter	(Qadir and Scott, 2010, Chen et al., 2011, WHO, 2006)
plants	<p>Their large size and high molecular mass prevent them to be absorbed by plants</p> <p>Many can be uptake by plant soil or transferred to edible surface of crops via irrigation water or soil remain in the surface of crop</p>	<p>There are experimental studies indicate adverse effect on plants growth and biomass particularly by PPCPs</p> <p>There is lack of data related to human health effects through food-crop chain.</p> <p>Their effects on crops health assumed to be negligible</p>	(Qadir and Scott, 2010, WHO, 2006, Chen et al., 2011, Wu et al. 2014)
Ground water	Could reach to ground water under highly permeable and shallow water table conditions or leach from poor organic matter soil, which lead to Groundwater contamination and they may contribute to adverse effect to human health if reach drinking water sources		(Chen et al., 2013a, Chen et al., 2011, WHO, 2006)
Surface water	Can reach to surface water via runoff and affect aquatic ecosystems		(Toze, 2006a, Chen et al., 2011, Qadir and Scott, 2010, Bolong et al., 2009, Muñoz et al., 2009)

626 **1.5. Organic matter and suspended solids:**

627 Wastewater application will increase the organic matter content in soils, which may
628 be considered a beneficial impact. Adding organic matter to soil through wastewater
629 addition improves soil structure and moisture, enhances cation exchange capacity,
630 helps to retain metals and reduce their mobility and bioavailability and adds more
631 nutrients to soils (WHO, 2006, Qadir and Scott, 2010, Chen et al., 2010b). However,
632 high concentrations of organic matter and suspended solids can have an adverse
633 impact on soil porosity and favour anaerobic conditions in the root zone. In addition,
634 if agricultural runoff contains high concentrations of organic matter and this reaches
635 surface water, this may lead to depletion of dissolved oxygen in the water, resulting
636 in hypoxic conditions and increasing the mortality of aquatic species (WHO, 2006,
637 Qadir and Scott, 2010). High concentrations of organic matter and suspended solids
638 may also lead to plugging problems in micro irrigation systems such as sprinklers
639 and drippers (Qadir and Scott, 2010)

640 **1.5.1. Management options:**

641 Reducing the effect of high concentrations of organic matter and suspended solids
642 can primarily be achieved by enhanced removal of suspended solids and organic
643 matter by pre-treatment, Ploughing soils when they are clogged and allowing soils to
644 biodegrade organic matter by reducing the application frequency may also mitigate
645 the potential effects (WHO, 2006).

646 **Ranking the risks from chemical components of** 647 **irrigation with wastewater on arid and semi- arid** 648 **zones**

649 Based on the outcome of the literature review presented above an assessment was
650 carried out to determine the relative environmental risk assessment associated with
651 the use of wastewater contaminated with a range of chemical pollutants in arid and
652 semi-arid zones. The key element for any valid risk assessment is to provide
653 procedures for determining appropriate consequences (the impacts) and the
654 likelihood (the probability of the hazard been realised) of each set of contaminants
655 under a range of environmental conditions as result of irrigation with wastewater. For
656 qualitative assessment, adequate descriptions for each level of consequences and

657 likelihood is required. Based on standards (standards Australia, 2004a, 2004b) each
 658 of the sets has four levels of impact ranging from very low (no obvious and direct
 659 impact with a score of 1) to high (irreversible with a score of 3), with medium (a score
 660 of 2). The qualitative likelihood (Table 8) also has four levels ranging from Rare
 661 (Lack of evidence but not impossible with a score of 1) to likely (expected to occur;
 662 with a score of 4). The Risk value for each set was calculated based on a formal
 663 judgement on the consequence and probability using the mathematical formal of:

664 $Risk = impact\ level \times Likelihood\ level$

665 A simple risk matrix adopted from was used to evaluate the significance of the risk
 666 as illustrated in Figure 1 where risk value of 1-3 (green) are typically perceived as
 667 low risks and it can be accepted, while risk values of 8-16 (red) are perceived as
 668 high risks and should be unacceptable and it is important to manage these risks.
 669 Table 9 and Table 10 summarise the results of the evaluation.

670 **Table 8 Likelihood definitions derived from standards** (standards Australia, 2004a,
 671 2004b)

Level	Score	Descriptor
Likely	4	It is expected to occur
Possible	3	May occur sometimes
Unlikely	2	Uncommon but has been known to occur
Rare	1	Lake of evidence but not impossible

672

		impact			
		High (4)	medium (3)	low (2)	very low (2)
likelihood	likely (4)	16	12	8	4
	possible (3)	12	9	6	3
	Unlikely (2)	8	6	4	2
	Rare (1)	4	3	2	1

673 Figure 1 the method for assessing the environmental risks of irrigation with wastewater

674

675 The analysis shows that in arid and semi-arid zones where surface water and rainfall
 676 are limited the most significant environmental issue with respect to irrigation with

677 wastewater would be salinity and sodicity. As a result of the high evaporation rate
678 and the lack of rainfall, excessive salts are not naturally flushed out and accumulate
679 in the soil profile causing soil salinity and/or sodicity leading to serious environmental
680 problems that contribute to a loss of soil productivity and fertility, and potential yield
681 losses.

682 Excessive nitrogen supply can also be an important concern. Managing appropriate
683 levels of nitrogen could be a challenging task particularly in developing countries
684 where most irrigation rates are designed to match water requirements rather than
685 nutrient requirements, and oversupply of nitrogen may greatly affect the quality of
686 crops and consequently reduce economic yields. Groundwater contamination from
687 excessive levels of nitrate is a further area of concern.

688 Heavy metals present health risks since their impact on the environment and
689 agricultural productivity is long term (from a few decades to a century depending on
690 the type of effluent used). Health impacts associated with their transmission into the
691 food chain are likely to arise long before they have a negative effect on the
692 environment.

693 The potential adverse impact of exposure to emerging chemicals particularly EDCs
694 have mainly been reported in aquatic environments (Qadir and Scott, 2010, Bolong
695 et al., 2009, Toze, 2006a, Muñoz et al., 2009) and animals in direct contact with
696 polluted water (mainly surface water)(WHO, 2006, Toze, 2006a). Whilst the risks
697 associated with emerging contaminants in treated wastewater used for irrigation are
698 still controversial and not fully known, some studies have claimed that these
699 contaminants are unlikely to pose a serious threat to groundwater, soil environments
700 or human health as a result of its agricultural application (Chen et al., 2013a, Chen et
701 al., 2011, WHO, 2006, Wu et al., 2014, Wu et al., 2015). Nevertheless, there is a
702 significant lack of studies concerning the prevalence and fate of emerging
703 contaminants as a result of reusing wastewater for irrigation in terms of their
704 potentially adverse effects on the terrestrial ecosystem, crop uptake and potential
705 health impacts through the food-chain (Qadir and Scott, 2010, Muñoz et al., 2009,
706 Chen et al., 2011, Fatta-Kassinos et al., 2011, Qin et al., 2015, Prosser and Sibley,
707 2015).

708 **Table 9 Assessing the likelihood and the impacts and of chemical pollutants in irrigation with wastewater on related environments:**

Hazards	soil		plants		Groundwater		Surface water		health	
	Likelihood	Impact	Likelihood	Impact	Likelihood	Impact	Likelihood	Impact	Likelihood	Impact
Salinity	Likely	high	likely	high	possible	medium	unlikely	low	unlikely	low
Excessive Nutrient										
• nitrogen	possible	low	possible	high	possible	high	possible	high	possible	high
• Phosphorous	possible	low	possible	low	unlikely	low	possible	high	rare	Very low
Heavy Metal	possible	high	possible	medium	possible	medium	unlikely	low	possible	high
Toxic organic compounds and emerging contaminants	possible	low	possible	low	unlikely	Very low	unlikely	high	unlikely	low
Organic matter & suspended solid	possible	low	unlikely	Very low	unlikely	Very low	unlikely	medium	rare	Very low

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718 **Table 10 Rank of the risks from wastewater reuse in agriculture**

hazards	score of the risk from irrigation with wastewater				
	soil	plants	Groundwater	Surface water	health
Salinity and sodicity	16	16	9	4	4
Excessive Nitrogen	6	12	12	12	12
Excessive phosphorous	6	6	4	12	1
Heavy Metal	12	9	6	4	12
Toxic organic compounds and emerging contaminants	6	6	2	8	4
Organic matter & suspended solid	6	2	2	6	1

719

720 **Conclusion:**

721 Wastewater availability and its nutrient properties make it a valuable alternative
722 water supply for irrigation practice in arid and semi-arid zones. However,
723 inappropriate management of irrigation with wastewater can contribute to serious
724 environmental and health problems. This review was conducted in order to provide a
725 comprehensive overview of the environmental and health risks associated with the
726 chemical components of irrigation with wastewater aiming to evaluate and rank the
727 risks from these constituents particularly on arid and semi-arid zones. Based on this
728 review it can be concluded that salinity and sodicity followed by excessive nitrogen
729 supply are the most significant environmental risks from irrigation with wastewater in
730 arid and semi-arid zones where surface water and rainfall are scarce while heavy
731 metals could be considered as a potential health risk more than an environmental
732 concern. Although there is a substantial range of literature dealing with the
733 environmental and health risks from heavy metals as a result of irrigation with
734 wastewater, more intensive studies are required on the effects of heavy metals on
735 plant nutritional components. There remains a lack of studies that evaluate and
736 quantify the environmental risks associated with PPCPs and emergent contaminants
737 on terrestrial ecosystems due to wastewater and biosolids reuse in agriculture. In
738 addition, further research is needed to understate the influence of soils properties
739 and plant factors on the uptake and translocation of PPCPs and emergent
740 contaminates in plants. The health risks of the exposure to mixture of PPCPs via
741 food crop chain as a result of irrigation with wastewater requires more investigation.

742

743 **Acknowledgments:**

744 Mrs. M Elgallal would like to pay special thanks to Libyan High Ministry of Education
745 for PhD Scholarship.

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