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Basic underlying assumptions
- Inevitability of time pressure
- Intensive pattern of work
- Desk-based work = ‘real work’
- Taking breaks = organisational waste
- Work as technology-driven
- Formality of work

Espoused values
- Absence of strategic level active challenge to sedentary time
- Health and safety traditional (statutory) definition

Artifacts
(Visible behaviour)
- Behaviour in meetings loaded with meaning: formality and professionalism requires sitting
- ‘Siloing’ discourages collaboration and face-to-face interaction
- Practice of emailing result of fear of interruption; ease of interaction

External environment
E.g. social, political, business, environmental, economic context

Values and belief system

Strategy

Structure

Operations

Operationalisation