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**Table 1. Participant's physical characteristics. Data are presented as means ( $\pm$  standard deviation) with range of scores below in italics**

<b>Age (years)</b>	<b>Right hand gripping force (kg)</b>	<b>Left hand gripping force (kg)</b>	<b>Tongue pressure (kPa)</b>	<b>Bite force average (kg)</b>	<b>D* Right hand</b>	<b>D* Left hand</b>
79.74( $\pm$ 9.57)	39.50 ( $\pm$ 17.86)	24.07( $\pm$ 11.09)	37.52 ( $\pm$ 16.19)	3.76( $\pm$ 2.51)	40.70( $\pm$ 14.78)	40.00 ( $\pm$ 13.40)
<i>67-99</i>	<i>0-75</i>	<i>0-46</i>	<i>3-76</i>	<i>0.01-70</i>	<i>0-68</i>	<i>0-67</i>

Note. Three Participants with partial paralysis in the arms were marked with a 0 as hand grip force, because they were not able to grip the dynamometer

\*D: Counted as number of pieces removed using Kit for Manual Dexterity

**Table 2. Pearson correlation coefficients between age and eating capabilities**

Variables	Age	Right hand gripping force	Left hand gripping force	Tongue pressure	Bite force	D Right hand	D Left hand
Age	1	<b>-0.457</b>	<b>-0.374</b>	-0.219	0.024	<b>-0.438</b>	<b>-0.364</b>
Right hand Gripping force		1	<b>0.871</b>	<b>0.430</b>	0.176	<b>0.475</b>	<b>0.372</b>
Left hand Gripping force			1	<b>0.392</b>	0.185	<b>0.559</b>	<b>0.580</b>
Tongue pressure				1	0.025	0.143	0.305
Bite force					1	0.151	0.214
D Right hand						1	<b>0.811</b>
D Left hand							1

Values in bold are significant at  $p < 0.05$

\*D: Counted as number of pieces removed using Kit for Manual Dexterity

**Table 3. Mean dependent variables (objective and subjective) for EC groups.**

	Number of participants	Age (Years)	Eating capability score	Right hand gripping force (Kg)	Left hand gripping force (Kg)	Tongue pressure (kPa)	Bite force (Kg)	D* Right hand	D* Left hand	Oral residence time gels (s)	Oral residence time food (s)	Number of chews (gel)	Number of chews (Food)	Difficulty score gels (from 1 to 10)	Difficulty score food(from 1 to 10)
EC1	17	82.00 <sup>a</sup> (10.54)	1.53 <sup>a</sup> 0.33	28.85 <sup>a</sup> (13.17)	15.97 <sup>a</sup> (10.07)	29.12 <sup>a</sup> (17.66)	2.29 <sup>a</sup> (2.14)	31.47 <sup>a</sup> (13.54)	31.29 <sup>a</sup> (15.39)	10.12 <sup>a</sup> (5.06)	14.20 <sup>a</sup> (4.08)	15.73 <sup>a</sup> (8.59)	17.95 <sup>a</sup> (4.41)	2.36 <sup>a</sup> (2.50)	2.86 <sup>a</sup> (1.56)
EC2	10	78.11 <sup>ab</sup> (5.91)	2.59 <sup>b</sup> 0.26	42.12 <sup>ab</sup> (16.74)	39.70 <sup>ab</sup> (9.79)	47.90 <sup>a</sup> (12.90)	4.90 <sup>ab</sup> (1.84)	46.40 <sup>ab</sup> (8.73)	48.30 <sup>ab</sup> (9.66)	12.64 <sup>a</sup> (9.74)	15.51 <sup>a</sup> (6.05)	16.32 <sup>a</sup> (10.91)	18.64 <sup>a</sup> (5.22)	3.29 <sup>a</sup> (1.73)	2.64 <sup>a</sup> (1.63)
EC3	3	68.67 <sup>b</sup> (1.15)	3.23 <sup>c</sup> 0.12	70.17 <sup>b</sup> (7.48)	26.97 <sup>b</sup> (8.04)	48.33 <sup>a</sup> (11.68)	6.43 <sup>b</sup> (0.18)	53.00 <sup>b</sup> (16.09)	54.67 <sup>b</sup> (16.65)	14.00 <sup>a</sup> (3.12)	11.67 <sup>a</sup> (5.04)	21.07 <sup>a</sup> (4.80)	15.29 <sup>a</sup> (4.38)	3.67 <sup>a</sup> (2.31)	3.55 <sup>a</sup> (2.21)

Values in parentheses are standard deviations. Means (in the same column) with the same letter do not differ significantly ( $p < 0.05$ ) according to the Tukey test

\*D: Counted as number of pieces removed using Kit for Manual Dexterity,

EC: eating capability

**Table 4. Participant's dental status, average bite force and number of participants included in the group.**

<b>Dental status</b>	<b>Bite force (kg)</b>	<b>Number of participants</b>
Natural	6.08 <sup>a</sup> (1.11)	5
Crowns with natural teeth	3.21 <sup>ab</sup> (1.87)	8
Denture	2.60 <sup>ab</sup> (2.52)	12
Nothing (nude gum)	2.09 <sup>ab</sup> (1.14)	3
Fix implants	6.59 -	1
Missing significant number of teeth	3.69 -	1

Values in parenthesis are standard deviations. Means without a common letter differ ( $p < 0.05$ ) according to the Tukey test.